



Parvatibai Chowgule College of Arts and Science  
(Autonomous)

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Best Affiliated College-Goa University Silver Jubilee Year Award



<b>REPORT OF “MILLET MADE” COOKING COMPETITION ORGANISED BY THE DEPARTMENT OF ZOOLOGY</b>	
<b>Title:</b>	“Millet Made” Cooking competition organised by the Department of Zoology
<b>Date and year:</b>	15 <sup>th</sup> March 2023
<b>Venue:</b>	A-202 (Zoology )
<b>Organising Committee</b>	Faculty members of the Department of Zoology: 1. Prof.Dr.Nandini V. Fernandes – Professor and Head, Department of Zoology. 2. Ms. Filomena Pereira – Birders Club Coordintaor and Asst. Professor- Department of Zoology. 3. Ms. Mithali Halarnkar - Asst. Professor- Department of Zoology. 4. Ms. Shalma Mascarenhas- Asst. Professor- Department of Zoology 5. Ms. Pratibha Tripathi- Asst. Professor- Department of Zoology 6. Ms. Sonia Morajkar- Asst. Professor- Department of Zoology
<b>No. of Participants</b>	Open to Zoology Students of FYBSc, SYBSc & TYBSc.
<b>Objective:</b>	The objective of the activity was to create awareness on the health benefits of millets in our diet
<b>Summary of the proceedings</b>	<p>The United Nations (UN) General Assembly at its 75th session declared 2023 the International Year of Millets (IYM2023). With the aim to create awareness and increase production &amp; consumption of millets, United Nations, at the behest of the Government of India, declared 2023 the International Year Millets.</p> <p>The Department of Zoology organised a cooking competition ‘Millet-Made’ on 15<sup>th</sup> March 2023 to commemorate “International Year of Millets (IYoM) 2023” by United Nation. The objective of the activity was to create awareness on the health benefits of millets in our diet. The participants prepared dishes using millets and displayed them with a pamphlet of its nutritional value.</p>

The winners of the competition were,

- 1) Ms. EarleleAntao(first place) – Millet pudding
- 2) Ms. Sayeda Banu (second place) –Millet momos
- 3) Ms. LyzaD'Costa (third place)- Millet Cake

### PHOTOGRAPHS



Group of Education Societies  
Mavazhi College of Arts and Science  
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Mavazhi College of Arts and Science  
Mavazhi College of Arts and Science

**Department of Zoology**  
Organizes  
*"Millet Made"*  
A Cooking Competition on 15th March 2023

**General Rules:**

- Compulsory use of Millet as the main ingredient in the recipe
- Participants should get the prepared dish
- Only one entry per participant is allowed
- The participant should mention the ingredients and recipe
- Food item to be displayed in the Zoology lab by 10:15 AM
- Judging criteria: Taste, Creativity, nutrient content, overall presentation

Date: 15th March 2023  
Venue: Zoology Lab  
Time: 10:30 AM



**Brochure**

**Winners along with the Faculty members of the Department of Zoology**

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