



Ms. Jofira Gonsalves

COUNSELLOR

CONTACT

✉ counseling@chowgules.ac.in

✉ jng000@chowgules.ac.in

SKILLS

- Empathetic
- Active listener
- Non-Judgmental
- Patient
- Approachable
- Good Communication Skills

LANGUAGES

English
Hindi
Konkani

EDUCATION

Goa University

Masters in Psychology (Counselling)

TRAINING

- Practitioner course in Cognitive Behavioral Therapy
- Practitioner course in Solution Focused Brief Therapy
- Practitioner course in Dream Analysis

WORK EXPERIENCE

Arz NGO, Vasco- Counsellor
October 2021- December 2022

Rosary Higher Secondary School,
Navelim-Counsellor
February 2023- July 2023