

meraki

fashion
fun
rollic

Meraki - to leave a piece of yourself -your soul, creativity, or love- in whatever you do.



Chowgule College
(Autonomous)



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under the aegis of the
WRITING FOR THE MEDIA
COURSE

DEPARTMENT OF ENGLISH

COURSE INSTRUCTOR

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GOA

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INSIDE!

pg. 13

indie comix fest

STEP BY STEP
GUIDE
TO BECOMING
A WITCH

pg. 6

fashion



pg. 10 comiccon

pg. 24



spotlight



pg. 18

review!

pg. 16

sun at the
beach



editorial

It was suggested by the Professor of the Writing for Media course that students must initiate a supplement for the Aether newsletter. The Editors decided to have a separate magazine for the same. The first task was naming the magazine. The Professor came up with a couple of names, I came up with Eureka and Rachel came up with Meraki. The word 'Meraki' was an instant hit. No other word was as strong and powerful as Meraki and so we decided to name our magazine Meraki. The word Meraki means doing something, a task using one's soul, emotion, passion, creativity and love. In other words, it's when you put yourself into whatever task you're doing. It's putting the essence and spirit of yourself in your work. Meraki is a modern Greek word which is derived from the Turkish "Merak" which means 'labour of love or to do something with pleasure'. The word Meraki has a deep meaning which enlightens and encourages the students to try their best and give it their all. It inspires them to put their heart and soul in whatever project they are working at. So, 'one day your life will flash before your eyes. Make sure it's worth watching'.

In the long term I feel that Meraki will inspire students to brighten their horizon and master skills in creativity. This magazine could be a stepping stone for students in which greatness could be in the making. Meraki serves as a medium for students to share their thoughts and opinions.

Jeff D'cruz

Taking over from Jeff, my co-editor, Meraki was indeed born from a conversation with our Writing for Media professor, Mr. Andrew Barreto. It was decided that this magazine styled edition would be a supplement for our monthly newsletter, Aether.

As elucidated by Jeff, the meaning of the word 'meraki' has an extensive meaning; it is not simple to decrypt the meaning. Creativity is an innate quality. When nurtured it can lead to the production of grander masterpieces. The art of writing is one such articulate skill that compels a writer to perceive the world in different ways. Thus, as has been rightly said before, creativity is intelligence having fun.

The aim of the magazine is to allow the writer to freely express his or herself, such that an essence of the writer is left back in the written work. Therefore, the soul of the writer is forever connected to the written word. In this manner, Meraki is a platform for writers to explore various styles of writing and to hopefully find their own style.

What lies ahead for Meraki is unknown. I do hope that it is taken forward, and can have a rich legacy of its own.

Rachel D. Dias





stand in style

The world is undergoing an illimitable fashion transformation. Every passing year brings in new trends and style. Fashion decides ones way of dressing as they want to be updated to the latest trends. For every season, the designs and trends are in constant change. With so many varieties in college apparel available, you can always keep looking stylish. But one should not forget that college accepts everything casual, descent, comfortable yet stylish. Here are some pants you can wear to keep yourself stylish and yet comfortable in college during different seasons.

One thing that every person has in their closet is a pair of jeans. Whether

you are a fashionista or someone who likes to keep it casual, jeans are preferred by all. Rugged jeans are one of the most popular fashion looks nowadays. You can wear them in any season and it never go out of style.

Monsoons: Though denims do not go too well in the monsoons, you can't completely abandon them. So try to avoid the full-legged jeans and stick to anything shorter than ankle length. You could also go for chinos, capris or three- fourths. Choose trousers that can dry out easily and which do not stick to your body. You would not want to land up being wet and cold the entire day.

Skirts, shorts and dresses could be a good alternative. Also give a try to loose bottoms such as palazzos, culottes, slim pants and wide leg trousers as they will dry out easily.

Summer: It is advisable to wear light and comfortable apparels in summer. There are various pants to choose from including printed silken versions, cropped styles, ankle-length designs and wide leg trousers. You could stick to lightweight jeans or opt for knee-length cotton shorts. A pair of chinos would also go well. Avoid wearing artificial tights and slacks. Prefer cotton pants as it is the ideal fabric to keep you cool and prevent from infection. Tight and dark pants absorb the heat and keep it trapped. Swap them out for some breezier boyfriend pants. Palazzo pants are long trouser with loose and wide leg flaring out from the waist. They are rife in summer as they are comfortable and light. They not only uplift your mood but also give you a stylish and chic look.





Winter: During the cold weather it is important to choose a pair that will keep you warm and look elegant. Give a try to pleather pants which are said to be super warm. Pair of stretchy jeans is perfect in winter. Brighten up the dull days by picking a pair of legging as it provide the perfect balance between comfy and style. Also a pair of corduroys can be a swap for daily denims.

Being veritable and unique is the best part of the season style. One must not only dress well but also smart. Most importantly, don't forget to wear your confidence. Some day you may not look up to the mark but confidence will put every thing into place.



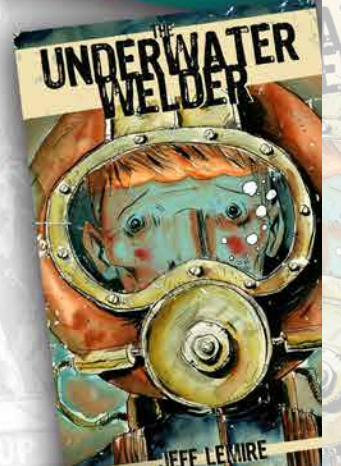
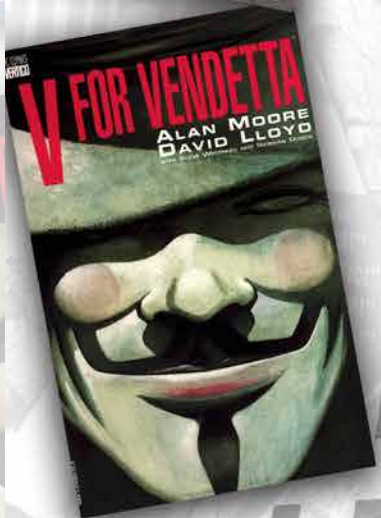
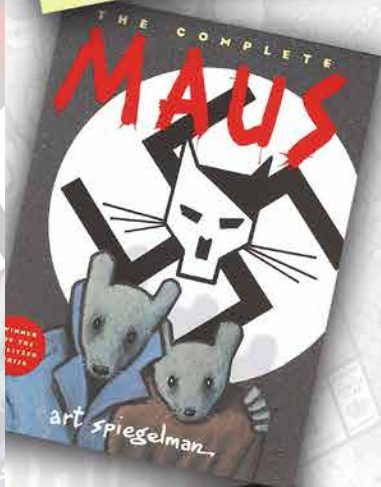
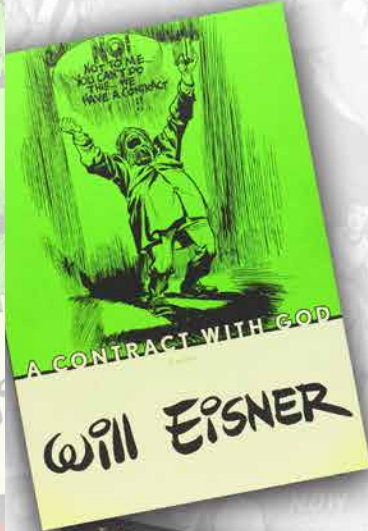
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COMIX DAY!

DEPARTMENT OF ENGLISH
PARVATIBAI CHOWGULE COLLEGE



**EXPLORE
THE WORLD OF
GRAPHIC NOVELS
WITH US!**

**FRIDAY,
28 FEBRUARY
2020
11.30 AM - 2.30 PM
OUTSIDE THE CANTEEN**

**A VISUAL LITERATURE STUDENTS'
EXHIBITION/PRESENTATION**

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LETTERING

for partial fulfillment of course requirements

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JEFF LEMIRE

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5 THINGS TO DO AT COMIC CON!

Comic Con Mumbai is the Ultimate pop culture event in India, it draws participants and creators from all over the country. It is a two day program held in the Maruti Suzuki Arena Goregaon.

5. Buy Merch!

There are a lot of Merchandise from various fandoms, there are also original comic and graphic artists who have really creative and interesting items, such as badges, pins, mugs, stickers, t-shirts etc.

team induverse at comiccon mumbai



4. Attend On Stage Events

There are programs going on all throughout the day, so when you are tired walking around meeting artists and creators, take a chill pill and sit and watch a show, they have comic and web series launches, you get to be a part of interviews with the creator themselves. Also there is a ton of free merchandise.



3. Support New Comic Artists

There are a range of comic artists with a variety of original works. Comics in India is still a budding concept, most of the population still thinks it is for kids. Among all this there are still artists and writers who strive hard to make comics a more versatile and creative world. I bought the boxed set of comics by Induverse, which held three comic books.



2. Meet Artists

This year round I met Alicia Souza from whom I bought and got signed a 2020 planner which I will never use, because I'm 'that' person. My friend also got her a little canvas painting which she was so excited to have. At Comic Con you can meet your favourite artist and also show them your own works, get it signed or give them gifts.

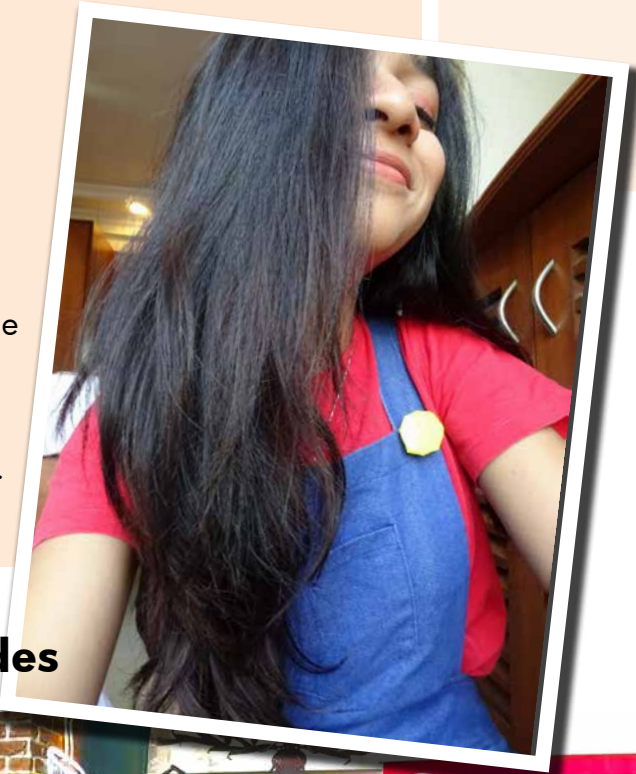
pic credits: Liza Vaz, Elaine Noronha, Jesselyn Fernandes



#1.

COSPLAY!

Dress up and participate in the Cosplay competition on the second day. There are people from all over Mumbai and even all over India. There are various categories in the competition, so one may win when you least expect it to. There is no limit to the characters around, you may also meet your favourite character and get a picture with them.



Jesselyn Fernandes

english tygers be F.R.I.E.N.D.S goals!



The Indie Comix Fest took place in Goa for the first time on December 14 2019 at ESG, Panjim. Artists from all over India exhibited their artworks and comics. Among these, four of the artists were from our college. Professor Delilah Pacheco and I collaborated on a small comic book as well. The experience of taking part in a fest like this is truly different so I spoke to Assistant Professor Delilah and S.C. Jashmi, an MA student of English Literature

who also displayed her work. Both of them spoke about their individual experiences of the fest and I thought I could share them with you. I spoke to Professor Delilah about her experience

of exhibiting our comic book. She first spoke about how it is based on a story that I had written for my Creative Writing class, the story was centred around a cat named Milo. Once I had sent her the story, she mapped out the progression of the story and did a frame

INDIE COMIX FEST

An Inspiration for Budding Talent



english tygers at Indie Comix Fest!

by frame breakdown. We later discussed about what the visual for each part of the story should be. The next step was to draw it, pen it down, and colour it in if possible. Sadly, colouring was not possible. The printing process was a bit of a hurry because we were running out of time. After printing the book, we were not able to staple it but ended up using a ribbon to tie it together.

We priced the comic at a 100 rupees each and the response was really good. We believe that a lot of people picked it up because people identify with pets and enjoy cute visuals in general. It was



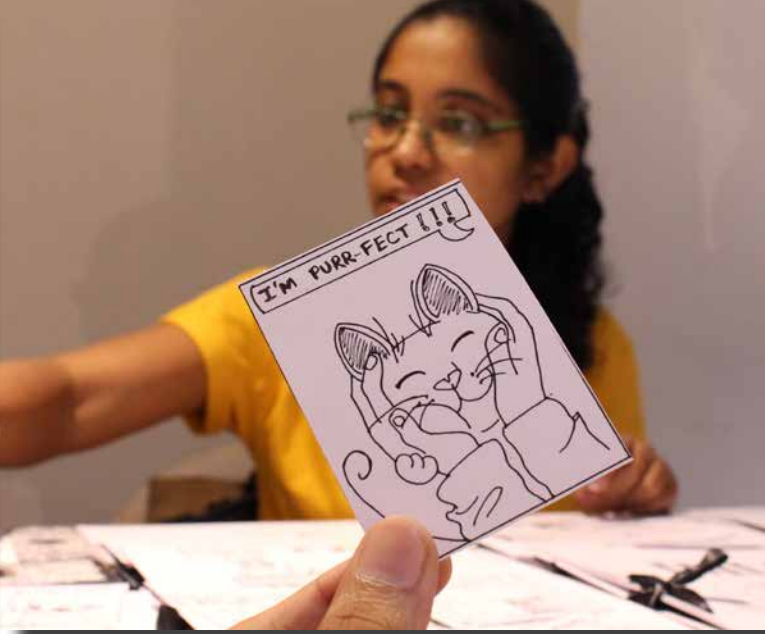
a great experience, we got to interact with our customers and also interacted with other comic artists and found out what they lean towards when it comes to storytelling.

S.C Jashmi aimed at not only exhibiting her work through the

pic credits:Delilah Pacheco. Ray Gomes, Rucha Prabhudesai



Comics by students!



and bookmark designs. The appreciation and feedback she received has definitely pushed her to keep working further. She really looks forward to being a part of Indie Comix Fest Goa in 2020 with new work and a better collection at her table. I hope this article has inspired you to start exhibiting your own talent.

platform of Indie Comix Fest but she also aimed at meeting established and upcoming creators, showcasing her interests, and earning a bit during her vacation. Her main work was her collaboration with Father Carlos Luis as an artist. Besides this, she sold original stickers

RUCHA PRABHUDESAI



Students with their caricatures



There are places in the world that can leave an everlasting impression in your heart and mind; they are unforgettable. Palolem beach is like one of those.

This beautiful piece of art is located in a tiny village in the heart of the Canacona Taluka known for not only for its breathtaking gorgeousness but also its belongingness and familiarity. Despite being highly crowded during the season, it is undoubtedly one of Goa's most beautiful beaches. It is absolutely alluring how the coast of palm-fronted sand facing the boundless blue sea transforms into an aesthetic stretch of colors and lights with timber and bamboo huts and palm-roofed restaurants.

Palolem is the go-to place for the amateur travellers as it is kind the place, though touristy, isn't very town-ish. There are no hotels, but huts. Most of the restaurants don't have websites and the one's which have, and can be booked online are mostly the pricy and fancy ones. Therefore, even if you have come undecided and apprehensive you are never lost. In fact that is the best way to find a cheap and affordable accommodation. The locals are very friendly and indulging too.

As the beach is long spread, you can walk for miles enjoying the scenic trail of the beach. It is the best place for photography because of the captivating mountains on both the ends, wide-spread of coconut and palm trees and the dancing bouncy waves. The beach is also very clean and also considerably shallow which adds to the fun. It is generally one of the safest swimming spots in Goa and you can comfortably kayak and paddleboard. There are the guards always on the watch. There are boat rides which ferry you upto the Butterfly Beach and back, giving you a glimpse into the untouched coastline along the way.

It has amazing cafes and restaurants which serve really appealing Sea-food, Goan traditional

PALOLEM BEACH

to continental, to almost all cuisines. The coast is always bustling with people who can be locals as well as foreigners, blending together. If the mornings at the beach are refreshing, Palolem in the evening is a paradise. There are tables with comfortable chairs lining up along the coastline with small lanterns and candles to give a pleasurable aesthetic sight. The ambience is set with music and aromatic food. It lifts up your spirits and pulls you into the cheerful and happy atmosphere.

It is a great place to be and very popular with backpackers, who are always ready for an adventure, as well as those people who want to take a break from their busy lifestyles. It is very popular among the youth and a must go to place at least

STACY DIAS

once in your lifetime. A place which makes you fall in love with it in just a day, imagine growing up in such a place and experiencing all the joys and adventures it provides. I would say that I'm extremely fortunate to have spent all of my life blossoming in this paradise.



UNFORGETTABLE & INTRIGUING



THE KITCHEN

For the longest time, I've longed for good, not too over-the-top North Indian food in Margao and I've always found that every time I want to have it, I have to travel to Panjim and though I enjoy spending a day in Panjim,

Restaurants-to-Visit list for a while and I must say, this place definitely exceeded my expectations. The of this place honestly impressed me a lot. I'm the kind of person who prefers places with a limited



kababs

it's frustrating to have to travel 30kms for good Kebabs, Naans and Butter Chicken. I had actually given up hope on finding such a restaurant until one afternoon, I finally checked out 'The Kitchen on Top'; it's a gastropub located just a little further from the Arlem Circle. This restaurant had been recommended to me by some of my friends and had been on my

first time I tried it out, I visited the place with my family and I was impressed by the ambiance the moment I entered the restaurant. It's not something that is over-the-top or something too fancy but it's extremely cozy. Every table is designed in a different way, clearly indicating that a certain amount of thought has gone into designing this place. Amongst the more important things, the menu

menu because more often than not, restaurants with a wide menu don't really excel in a lot of dishes. The most fascinating aspect about the menu was the naming of the dishes. Almost every dish is named in a different way and when I asked the owner of the restaurant, Mr. Yudhik Guglani, he said that he was inspired by restaurants such as 'SodaBottle-OpenerWala', which has unique

ON TOP

names for some its dishes and the design of the menu card is also similar to that of 'SodaBottle-

place touches the bar for me. I tried one of their food platters, 'Mughal Khansama': this is a

proportion of spices they had added to the parantha. However, if you are a person who enjoys spicy food, then this particular dish might not be for you. On one Sunday, they told me that they have 'Tangdi Kebab' as a



chicken wiken

OpenerWala'. One of the dishes in 'The Kitchen on Top' is named after a movie - 'Tiger Zinda Hai' and some other names are - 'Awara Pagal Murga' & 'Haddipa Mushrooms'.

As for the food, I thoroughly enjoyed it. I've tried out so many popular North-Indian restaurants such as Punjab Grill, Copper Chimney, Sigree Global Grill, etc. and I must say, this particular

platter which has both vegetarian and non-vegetarian dishes, which I honestly found surprising because many restaurants offer separate platters. The platter was served in a huge aluminium vessel and they were generous with their quantities. Their paranthas are a must-try; I tried their chicken parantha, called 'Chicken Wiken' and I was happy with the amount of stuffing and the

special and I was delighted because this is one of my favourite kebabs and I must say, though I have had richer and more tender 'tangdi kebabs' in the past, the one at 'The Kitchen on Top' was also good - the drumsticks were cooked perfectly and the marinade was very close to the typical one used for the dish. I have not tried any of the oriental



dishes from their menu since I visit this place only for their North-Indian and Mughlai cuisine. The one thing that disappointed me was the choices in the dessert section. They have only two desserts: 'Gajar ka Halwa' and 'Moong Dal ka Halwa' and I've tried both of

them; I prefer their 'Moong Dal ka Halwa' but this is a personal preference. If you have a sweet tooth, you'll like their 'Gajar ka Halwa' too; I found it to be too sweet but like I said, this might just be only my opinion. After speaking to the owner, who is a Delhite himself, I realised that the reason he opened this restaurant is because he found that there is no restaurant in Margao that offers good North-Indian, Mughlai food, which is similar to the reason I was excited about this place too. He caters not to the tourists but to the locals and if you ever feel like having good North-Indian food, then this place is definitely worth a try.

gajar ka halwa



RUCHIRA KAGITA



pic credits: Ruchira Kagita

CAFÉ MILKY WAY

Hey guys, I had gone to this amazing cafe near the green amaze open Air venue in Gogol, Margao just five minutes away from our college. This café has a variety of food available and is quite tasty. They have one special item per week for example last week they had hot chocolate and well this week they had Maggi- plain, egg, and sheqwan. The owners name is Bipin Mishra and he started this initiative on the 10th November 2019.

Some special items are his milkshakes, over night oats, ice tea, grilled chicken sandwich and smoothies. The most sold items are grilled chicken sandwich, fries- masala, oreo shakes, s'mores, chocolate shakes, ice tea, tuna melt sandwich. Some of the owners favourite avocado egg, peanut shakes. In future he intends to start cupcakes, and smoothie bowls.

Maria Adalin
Colaco



When it's cold and dark in the morning, dragging yourself out of bed can take forever. Next thing you know, you've hit snooze and you're running out the door with no time for breakfast. But breakfast is the most important meal of the day, and without it comes low energy throughout the day. A strong breakfast is crucial to keep you up and going for the entire day, especially if you don't have a lunch break. To help make your mornings easier, I've compiled a list of quick and easy breakfast recipes that can be prepared in under 10 minutes (did someone say avocado toast?) Many of these can be prepared the night before, allowing you to sleep in a little longer.

MARIA LIZA VAZ



3. PEANUT BUTTER & HONEY ON TOAST

Toast two slices of bread and spread one tablespoon of peanut butter on the bread. Add sliced banana on one slice of bread and drizzle honey to make it yummiier and wholesome.

5IVE QUICK AND EASY BREAKFAST RECIPES

1. FRESH FRUIT MILKSHAKE

This is one of the most convenient and easy breakfast ideas because you can sip it while you're getting ready. Blend together any fresh seasonal fruit with milk and a teaspoon of sugar and you've got yourself a nutritious drink. Sleepyheads will savour this milkshake.



2. FRUIT SALAD

You only need a few cups of different fruits, some sugar and lemon juice to make this super quick and easy fruit salad. To save even more of your time, cut up the fruit and pop it into the fridge the night before. Drizzle the cut fruits with lemon juice and sugar.



4. A CLASSIC OMELETTE

Nothing says "Good Morning" like a good omelette. Whisk together two eggs with a pinch of salt and pepper and pop it onto an oiled, heated pan. Garnish with grated cheese. The cheese is recommended, but not necessary. (Okay, that's up for debate)

5. BANANA PANCAKES

This is a very easy recipe. Combine three fourth cup of flour, one egg, a teaspoon of sugar and a pinch of salt. Add milk to obtain dropping consistency. Fry the pancakes on a well heated pan with a little oil. Dried fruits and nuts can also be added to the mixture to increase the nutritional value.





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THIRD EDITION



Latin American Day

**COME IMMERSE
YOURSELF IN
THE CULTURE,
FOOD & GAMES
OF EIGHT LATIN
AMERICAN
COUNTRIES**

**Friday, 28th February 2020
From 11.30-4.00 PM
Near the Canteen**

**Visit Mexico, Brazil, Cuba, Argentina, Columbia, Peru, Chile,
Puerto Rico**

Completed as part of Course Assessment

spotlight

LOVE OF BAKING TO ENTREPRENEURSHIP: *Featuring Valusha Fernandes*

When did you start baking?

I started baking at the age of 18. After watching cake making videos on YouTube, I used to get inspired and talk about baking stuff. Because of this my dad gifted me an oven to get me started. My 1st cake was a simple chocolate cake which happened to turn out great.

How did baking become from just a hobby to a small business?

I wanted to help my parents by adding my little bit of extra money towards the

expenses. Also, I had free time of which I wanted to make use of through my passion for baking. Initially, I started baking cakes for my family birthday parties. Later, one of my cousins suggested me to post the pictures of my cakes on Instagram and WhatsApp, so that people can look at my cakes and place their order if they wished to do so. That's how I started getting more bake orders.

What problems did you face while starting up with it?

Everything did not happen magically in one month or so, it took me almost a year to make baking my part time job. At the beginning you get enormous amount of orders because everyone wants to give it a try. Later the bake sale might get reduced a bit but you need to getting going and stay positive and trust your decision of starting up a small business.



What are different kinds of cakes you bake?

The Cakes that I bake are chocolate cake, marble cake, pineapple cake, vanilla and red velvet cake. Also, I bake cupcakes which are actually more popular among my customers. My cupcakes come in different varieties such as strawberry, chocolate, vanilla cupcakes with chocolate ganache or buttercream, red velvet cupcakes with cream cheese frosting.

How is the response of people towards your baking?

The response from people that I've received so far is really amazing. In 2019, I started selling cupcakes to 'Cafe Lovi' which is situated in our Chowgule college. Thanks to Vasant sir (owner of Café Lovi) who gave me this opportunity. It feels great to get positive comments from the college staff and students too.



What is your advice to young entrepreneurs?

If you have great passion towards something, you should trust yourself and give it a try. It may be anything from baking to handicrafts and art, home-made items etc; nothing is too small to start a business.



RUKMA KANOLKAR



Annular Solar Eclipse

26th December 2019

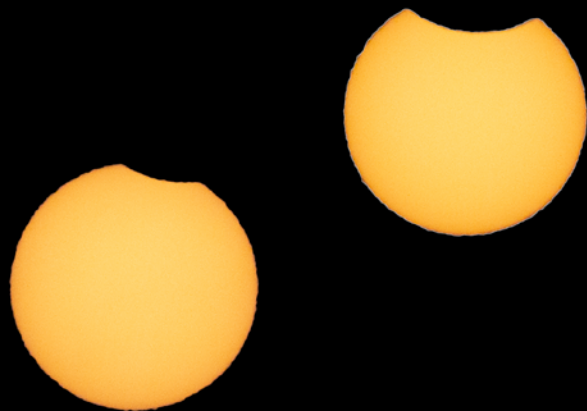
FROM GOA TO MANGALORE: THE SOLAR ECLIPSE

Millions of people gathered around on 26 December 2019 to witness the Annular Solar Eclipse around the world. The Annular Eclipse in its totality was visible from Saudi Arabia, Oman, Southern India and parts of Indonesia. The eclipse was partially visible in most parts of Asia, parts of North and East Africa and North and West Australia. A Solar Eclipse occurs when the Moon passes in between the Earth and the Sun, totally or partially obscuring the Sun for a viewer on Earth. This happens when the Sun, Moon and Earth are aligned.

Members of the Association of Friends of Astronomy (AFA), Goa went all the way to Mangalore to see this astronomical wonder. We sat out early on Christmas morning and met at Karwar. From there we drove to Mangalore stopping at a few temples and forts along the way.

We reached Mangalore in the evening the same day. We checked into our hotel and checked our equipment. We charged our batteries and headed in for the night.

We woke up at 5:30 am the next day, freshened up, had our breakfast, picked up our stuff and headed to St. Aloysius College, Mangalore. After setting up our telescopes and cameras we waited for the show to begin. By 8 o'clock, the drama started to unfurl. We prayed that the weather gods would bless us with clear skies throughout the duration of the Eclipse. I stood there in awe, feeling like a grain of sand on a beach, as I watched the Eclipse unfold before my very eyes. As the Moon approached the first contact a sense of wonder filled us all who were present. As the clock struck 9:30am on that fateful day, the mercury levels dropped, the animals and birds



became restless, the sunlight became unnerving and along with all of this, a handful of amateur astronomers felt their adrenaline levels spiking and goosebumps made their presence felt. In a matter of minutes, the second contact took place and there it stood

before us, the Ring of Fire. To say that it was a breath-taking site, the likes of which rarely occur would be an understatement. I still can remember the feeling, the memory is still afresh in my head, as if I just saw it. I was transfixed as I stood there, I felt everything melt around me, all the chaos, sadness suddenly disappeared. I stood there in communion with the sky and nature as I watched the dance

of the celestials. All I could feel was pure absolute bliss. Words will never be able to describe that feeling; it is a union of man and nature in its truest form; a feeling that only those who have experienced it will know; and yet it cannot be described. It is only felt; a memory that one cherishes for the rest of one's life. It empowers one while at the same time reminding one of his/her place in the mighty Universe. It makes you feel small and insignificant but at the same time powerful and exhilarated.

Soon the clock 11 o'clock and the Ecllipse came to an end. We packed up our telescopes and cameras and made our way back home, feeling exhilarated to say the least. Months of planning had paid off and yes, it was Totally worth spending Christmas day travelling to see it.



Nathan Colaço
AFA Goa



Cosplay in Motion: *Delilah Pacheco*