

ACTIVITIES FOR THE PROMOTION OF GENDER EQUITY

2020-21

- **A talk on “Personal Counselling – An Overview of Academic Years 2019-2021”:**

This talk was organized by the Mentoring Committee on 9th April, 2021. The aim of this talk was to sensitize faculty about the types of issues faced by our students and also to provide a comparative analysis of cases handled prior to the pandemic, during the lockdown and after the lockdown. A total of 21 faculty participated for the same.

Stages of Counseling

1. Initial Assessment
2. Evaluation
3. Intervention
4. Follow-up

When you encounter a low performing / unmotivated student

- Use helpful or encouraging words with students.
- Encourage goal setting and reflection.
- Provide individual feedback on academic performance.
- Have a support group with colleagues to share issues or difficulties faced.
- Be non-judgmental while analyzing any situation / issue.

Cases Handled

Sl. No.	Month	Total Cases	Follow up sessions	Total sessions
1.	December (2019-2020)	40	75	115
2.	April - May (2020) Lockdown	10	30	40
3.	August (2020-2021)	20	35	55

Ms. Prianka Sardinha, College Counsellor, addressing the participants on the objective, stages and importance of counselling.

Ms. Pooja Parab, College Counsellor, highlighting the various cases handled by the counsellors

- Mr. Pramod Pawar, faculty from the Department of Marathi, was invited as resource person for a National level webinar on “Image of woman in modern Literature” jointly organized by Department of English, Hindi and Marathi of Yashwantrao Chavhan Mahavidyalaya, Satara, Maharashtra on 11th February 2021.
- The College counselors Ms. Prianka Sardinha and Ms. Pooja Parab were invited to participate in a forum group discussion on “Exploring the association between dating violence and mental health among young people in India” by Sangath on 11th February, 2021 at Porvorim.

- Mr. Aresh Naik, Assistant Professor, Department of Psychology, participated in the Second Intervention Development Group Workshop held to develop an Adolescent Mental Health Program, on the 20th March, 2021, at Sangath, Porvorim, Goa.
- Aiswarya M Babu, Assistant Professor, Department of Psychology, completed an online course of 16 hours of training in 'Acceptance and Commitment Therapy' conducted by Dr. Gitanjali Natarajan, Head, Department of Clinical Psychology, AIIMS Kochi & Dr. Urmila Pilay, Chartered Clinical Psychologist, London held in March, 2021.
- The department of Psychology organized its Annual Intercollegiate Competition 'Mindkraft 2021 - the Pandemic Edition' from 4th to 13th March 2021. The theme of this year's event was 'Mental Health for All: Greater Investment - Greater Access'. A total of 4 teams (38 participants in total) - Rosary College, Navelim, Goa; Carmel College, Nuvem, Goa; Goa College of Home Science, Panaji, Goa and MES College, Zuarinagar, Goa, participated in this event. Carmel College for Women were declared the Overall Winners while Goa College of Home Science were declared the Runners-up.
- Considering the current lockdown situation, the college counsellors provide 'Tele-counselling' to the students for which a flyer has been designed and circulated amongst students and faculty on various platforms.
- In the month of May, 2021, the Career and Personal Counselling Centre witnessed a total of five 'Tele-counselling' sessions, which included one new student who approached the counsellors. The sessions were conducted for students of B.A. and B.Sc. discipline. The issues addressed were in regard to personal problems.
- Career and Personal Counseling Centre organised a webinar on – "Positive Mental Health and Suicide Prevention" for the Students, Teaching and Non- Teaching staff on Wednesday 28th October, 2020 from



2:30 p.m to 4:00 p.m. The speaker was Mrs. Prachi Manerikar (Supervisor at GEDC). The webinar was attended by a total of 31 participants.

- Department of Sociology along with an NGO, ARZ conducted a webinar on 'Human trafficking in Goa' on 25th Sep 2020. A total of 50 students were present for the same. The webinar aimed at awareness on Human Trafficking in Goa which has become serious issue over the time. The main speaker for the webinar was Ms. Juliana Lohar, General Manager of Swift was and Coordinator of NGO ARZ.

HUMAN TRAFFICKING IN GOA


SPEAKER



Ms. Juliana Lohar
Coordinator, Arz

ATTENDEES:
STUDENTS OF SOCIAL SCIENCE
DEPARTMENT OF PARVATIBAI
CHOWGULE, COLLEGE OF ARTS AND
SCIENCE

MODERATOR



Dr. Sachin Moraes
Sociology Department

DATE: 25TH SEPTEMBER
TIME: 2:30 TO 3:30 PM

WEBINAR LINK:
<https://us02web.zoom.us/j/82021115646>

- Three Days Workshop on “Building Confidence” was organized on 16th, 17th and 19th February, 2021 for students of FY, SY and TY in the Flipped classroom. Ms. Pooja Parab, Personal Counsellor, Career and Personal Counseling Cell of the college, was the resource person for the same.



Glimpses of the workshop on 'Building Confidence'

2019- 2020

Title:	World Population Day: Theme on “Investing in Gender Equality and Reproductive Health for achieving Sustainable Development”
Date and year:	11 th July 2021
Venue:	Upper Auditorium, Parvatibai Chowgule College
Resource person/s:	Dr. Ruchika Verneker, M.S. in Obstetrics and Gynecology, a consultant at Mother Care Hospital, Borda-Margao
No. of Participants	55
Objective:	Investing in Gender Equality and Reproductive Health for achieving Sustainable Development.
Summary of the proceedings	The theme for the programme was “Investing in Gender Equality and Reproductive Health for achieving Sustainable Development.” Dr. Ruchika Verneker, M.S. in Obstetrics and Gynecology, a consultant at Mother Care Hospital, Borda- Margao, was the Chief Guest for the event. An Essay writing and Painting competition was held for the students of Geography on the topics “Does Gender Inequality Still Exist in India?” and “Women’s rights to reproductive health.” The event was coordinated by Mr. Adrian Ferro.



Dr. Ruchika Vernekar speaking on Reproductive Health and Gender Equality

Title:	Women in Gandhian Satyagraha
Date and year:	1 st February 2020
Venue:	Lower Auditorium, Parvatibai Chowgule College
Resource person/s:	Prof. Vidhya Shah
No. of Participants	85 students
Objective:	a) Help students understand the woman's problems in 19 th Century. b) Understand the role of women in Gandhian Satyagraha Movement.
Summary of the	The Department of Sociology organised a talk in association with Goa University Directorate of Visiting Research Professor Programme NanaShirgoankar Chair in Indian Music. Shirgoankar Chair in Indian Music. On the topic "Women in Gandhian Satyagraha" on 1st February 2020 in the lower Auditorium from 11:00 am to 12:30pm by Prof. Vidhya Shah. There were 85 students present in total from the college.



Participants at the talk on Women in Gandhian Satyagraha

Title:	International Women's Day: Menstrual Hygiene Programme and Awareness for Tribal Women of Marle Village in Cotigoa Wild life sanctuary
Date and year:	7 and 8 th March 2020
Venue:	Marle Village in Cotigoa Wild life sanctuary- Canacona Goa
Resource person/s:	Dr. Sachin Moraes, Ms. Sayali Gaunkar and Students
No. of Participants	90
Objective:	a) Help students play a constructive role in the welfare of women b) Propagate welfare of Tribal women through menstrual hygiene practices
Summary of the proceedings	The Department of Sociology undertook a field trip to Marle Village in Cotigoa Wild life sanctuary- Canacona Goa. As part of our community outreach the students and teachers interacted with the Tribal village women. During the course of interaction through house visits, students and teachers created awareness of menstrual hygiene. The students and teachers then had a common programme for the women in the village headman courtyard and celebrated International Women's Day for the first time in the History of the Village. The students and teachers propagated the use of sanitary pads and also distributed the same by talking about the benefits.



Students along with Tribal Women of Marle Village in Cotigoa Wildlife sanctuary

Title:	International Women's Day Celebration–Awareness talk on “PCOS and Menopause”
Date and year:	9 th March 2020
Venue:	Upper Auditorium
Resource person/s:	Dr. Sawani Hegde Surlakar, Gynaecologist Ms. Mavis Henriques, Psychologist
Organising Committee	Department of Career and Personal Counselling Centre
No. of Participants	57 Students 24 staff members
Objective:	The main objective was to create awareness and wellbeing among teaching, non-teaching staff and students about PCOS and Menopause.
Summary of the proceedings	<p>“Do not live someone else's life and someone else's idea of what womanhood is. Womanhood is you” – Viola Davis.</p> <p>International Women's Day is celebrated on 8th March, 2020 every year around the world. It is focal point in the movement for women's rights. Career and Personal Counselling Centre, celebrated International Women's Day on 9th March, 2020 by organising awareness talk on PCOS and Menopause for students, teaching and non-teaching staff.</p> <p>The attendees and the resource persons were asked to colour and write their views regarding the theme ‘Each For Equal’ on the sketch of the women that was displayed outside the auditorium on the notice board. International Women's Day celebration began at 2.30 p.m. with an introduction by Mrs. Sharmila Menezes (Career Counsellor) followed by lighting of lamp by student support services team and resource persons. Resource persons were introduced to the audience by Ms. Pooja P. Parab (College Counsellor) followed by a token of appreciation to the resource persons.</p> <p>The awareness talk on PCOS and menopause was given by resource person Dr. Sawani Hegde Surlakar a Gynaecologist by profession. She focused on the precautionary measures to be taken in order to prevent/control PCOS. She also addressed the audience regarding various ways to modify habits in order to curb the adverse effects of menopause. Eventually, the talk was followed by the next speaker Mrs. Mavis Henriques a psychologist by profession. She spoke about the wellbeing of the women during PCOS and Menopause. She also addressed ways to tackle the same.</p> <p>The talk was followed by question answer round which were tackled by the resource person. The winners of the poster competition (Theme: #EachForEqual) were declared during this talk. Before the vote of thanks by Ms. Rimpa Sharma student of TY.BSc on “Dard Uss Ladki Ka” for which she was awarded first place at Goa University. The talk ended at 4.00 pm with a vote of thanks by Ms. Prianka Sardinha (College Counsellor). The comparing of the awareness talk was</p>

done byMs. Sabrin Shaikh student of TY.B. A



Inauguration



Dignitary addressing to the audience

Title:	International Women's Day: "Poster Making Competition"
Date and year:	Monday 9 th March 2020, 10:30 am
Venue:	Student Support Service
Organising Committee:	Writing Centre
No. of Participants:	27
Objective:	The main objective of conducting the Poster Making competition as a part of International Women's Day Celebrations was to make the students actively involved by using their knowledge, awareness and understanding to raise other students' or people's knowledge and awareness about the significant theme. It had a positive effect on the process of learning wherein the students were able to visually represent their views and key points through attractive posters.
Summary of the proceedings:	<p>Art and craft activities have always been a favoured medium to stimulate and develop creativity within students. Poster making and poster presentation is one such activity that encourages students to display their talent. The best advantage of poster making is that it facilitates team work and understanding along with facilitating creative thinking. A total no. of 27 students participated in pairs. The theme for the competition was "Each for Equal". The criteria for judging the poster were: Creativity, Relevance, Originality, Explanation and Overall Visual impact. The event began at 10:30 am at the Student Support Service.</p> <p>The event was judged by Mrs. Aisha Shaik and Mrs. Sharmila Menezes. It was a herculean task for the judges to choose the top three positions as the competition was fierce. The first place was bagged by Shania Gracias and Gavin Periera of F.Y.B.Sc, the second prize was a tie between two pairs Asmeeta Chari, Shreyanka B.D from F.Y.B.Sc and Prathamesh P. Shetgaonker from F.Y.B.Sc and the third place too had a tie between Stena Rebello, Franzila Crasto from F.Y.B.Sc and Rimpa Sharma and Krupa Manerkar from S.Y.B.A. The event culminated with Prize distribution in the Upper Auditorium in the college premises.</p>



Poster designing



Judging



Prize distribution

Winner

Title:	Street Play: Satyamev Vijayte
Date and year:	26 th January 2020
Organizer:	Department of History
No. of Participants:	17 students (9 Girls, 8 Boys)
Objective:	To create awareness among the audience and highlight the ill practices carried against democratic setup.
Summary of the proceedings:	On the occasion of 71 th Republic Day, The Department of History, Parvatibai Chowgule College performed a street play on Awareness of citizen rights and misuse of Democratic rights. The street play was titled as “Satyamev Vijayte” directed by Noel Goes. The street play was performed in the college premises. The street play started with suicide by women who never receive justice from our Indian judiciary. The play also focused on Male rape issue. As the play continues we understand how difficult it is to get justice due to corruption and how corruption is destroying our Country. The second important topic focused in the street play was the breach of ethics by our fourth pillar of democracy “Press/ Media”.




Students performing Street play

Title:	Talk on “Women in Goa: Turning Challenges into Opportunities.”
Date and year:	8 th March 2020
Organizer:	NSS Unit of Parvatibai Chowgule College
Resource Person:	Muskan Sheikh, Diksha Dasa, Afilda Matos, Synthia Fernandes and Maizel Dias (TYBA Students)
No. of Participants:	16
Objective:	To understand the challenges faced by the women in Goa and overcome these challenges by making it as an opportunity to rise and tackle such challenges positively.

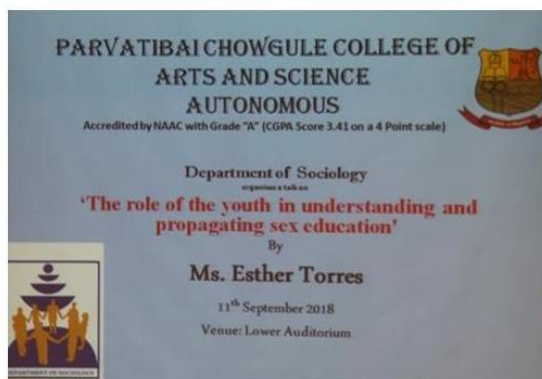


Participants at the Talk

2018- 2019

Title:	World Population Day: theme on “Family Planning is a Human Right”
Date and year:	11th July, 2018
Organizer:	Department of Geography and Research Center
Organized for:	College students and other college students from the State
Objective:	To reach out to more students in understanding the importance of family planning as one of the most important human right.
Summary of the proceedings:	<p>The hosts for the day, Ms. Radhika Raikar and Ms. Sarina Bagali (MA Geography Students) welcomed the gathering and gave a brief introduction about the day. Dr. Nandkumar Sawant, Principal of the college was the Chief Guest and he delivered a special lecture related to the theme. He highlighted on the empowerment of women and reducing poverty in developing nations. To mark the day, a short documentary on family planning was projected. Towards the end, the vote of thanks was proposed by Ms. Vijaya Patil (MA Geography Student). After the program, an inter-collegiate quiz competition was held where students from other colleges participated. The quiz was hosted by Mr. Dwayne Fernandes (MA Geography Student). The theme of the quiz was based on Population of India with special reference to Goa based on aspects like migration, population distribution and growth.</p> <p>The team from Government College Khandola, emerged First Prize Winners, while Government College Sanquelim and Shree Mallikarjun College, Canacona won second and third place respectively. The World Population Day was coordinated by Mr. Adrian Ferro and Mr. Kiran P. Naik, Assistant Professors.</p>
 <p><i>Winners receiving the prize from Dr. Nandkumar Sawant</i></p>	

Title:	The Role of Youth in Understanding and Propagating Sex Education
Date and year:	11th September 2018
Venue:	Lower Auditorium, Parvatibai Chowgule College
Resource person/s:	Ms. Ester Torres, independent researcher alumni of Tata Institute of Social Sciences
Organizer:	Department of Sociology
No. of Participants	64
Objective:	1. Understanding the Nature of Sex education. 2. The scope of Propagation. 3. The Role of Youth in Propagation of Sex Education
Summary of the proceedings	Ms. Torres spoke on the nature of sex education and its scope of propagation. She also stressed and highlighted the various strategies the youth could adopt.



Participants at the Talk


Title:	Talking Tree Series: Gender and Sexuality
Date and year:	01 st October 2018
Venue:	AV Room, D Block, Parvatibai Chowgule College
Resource person/s:	Dr. R. Raj Rao., eminent scholar and nationally acclaimed gay-rights activist
Organizer:	Department of English, Parvatibai Chowgule College of Arts & Science
No. of Participants	74 (06M/63F, 3 teachers)
Objective:	The objective of the workshop was to reacquaint the students regarding this topic so as to prepare them for their forthcoming Elective paper on the same.
Summary of the proceedings	Dr. Rao addressed the gathered audience on the differences between the four main categories used to denote Gender, namely: male, female, man and woman. He went on to elucidate the definition of Sexuality. He illustrated his theorization with tales from his personal experience as a queer individual. Addressing the stereotypes and myths surrounding LGBTQ, his recounting of his personal life allowed the students to clarify any possible misconceptions that they could have had regarding the topics of Gender and Sexuality. Before the event ended questions, queries or doubts were cleared of the students with an address of gratitude by Dr. R. Raj Rao. Feedback regarding the event was majorly positive as it resulted in encouraging the students to contemplate the knowledge they recently acquired and continue the discussion in their respective classrooms.

Photographs



Event Poster

Title:	Special Lecture On “Role of Women in Rural Transformation In Rajasthan”
Date and year:	07 th December 2018
Resource person/s:	Prof. Monika Kanna, Head, Department of Geography, Sophia Girls College, Ajmer, Rajasthan
Organizer:	Department of Geography
Organized for:	M.A. Geography students
No. of Participants	-
Objective:	To understand the geographical situation or the role of the women in development of rural transformation specifically in Rajasthan.

Title:	Talk on “Menstrual Hygiene and Organic Pads”
Date and year:	12 th January 2019
Venue:	Lower Auditorium, Parvatibai Chowgule College
Resource person/s:	Ms. Sulochana Pednekar
Organizer:	Gender Cell
No. of Participants	67 (Female-58(Faculty members: 11, Support staff: 09, students: 38); Male-9 (Students))
Objective:	To sensitize students and staff about the process of maintaining hygiene during the menstrual and the benefits and use of organic pads.
	 <p><i>Resource person delivering talk</i></p>

Title:	Street Play on Voting Rights Awareness Among Women
Date and year:	26 th January 2019
Organizer:	Department of History
Organized for:	The staff and students
No. of Participants	15 students (10 Girls, 5 Boys)
	<p>On the occasion of 70th Republic Day, The Department of History, Parvatibai Chowgule college performed a street play on importance of vote and role of women in politics. The street play was titled as "EK MATH- amcho , tumcho, sagleancho", directed by Noel Goes. The street play was performed in the college premises.</p> <p>The main objective was to create awareness among the voters and give a wakeup call to the women of Goa who are not considered important in politics or rarely used as proxy by male in politics. The street play started with students carrying dead body of their respective votes. They give various reasons as to how their votes are dead due to their selfish motive. As the play continues we understand how we sell our votes to greedy politicians and later we are helpless as our mother land destroyed due to town greed. The second important topic focused in the street play was role of women in politics and voting. The women are shown as proxy of her husband where she is brought into politics by her husband only to fulfill 33% reservation criteria in local body election.</p> <p>The street play ended on a note where goddess "Constitution" punishes the corrupt politician and gives a message to voters not to sell their votes and also to women not to be proxy of their husband in politics. Nari shakti can change the face of Indian politics.</p>

Title:	National Interdisciplinary Conference on “Women Empowerment and Society in India (With Special Reference to Goa): Prospects and Challenges”
Date and year:	22nd & 23rd February, 2019
Venue:	Lower Auditorium, Parvatibai Chowgule College
Organizer:	Departments of Sociology and Geography
No. of Participants	51 (Female:39; Male:13)

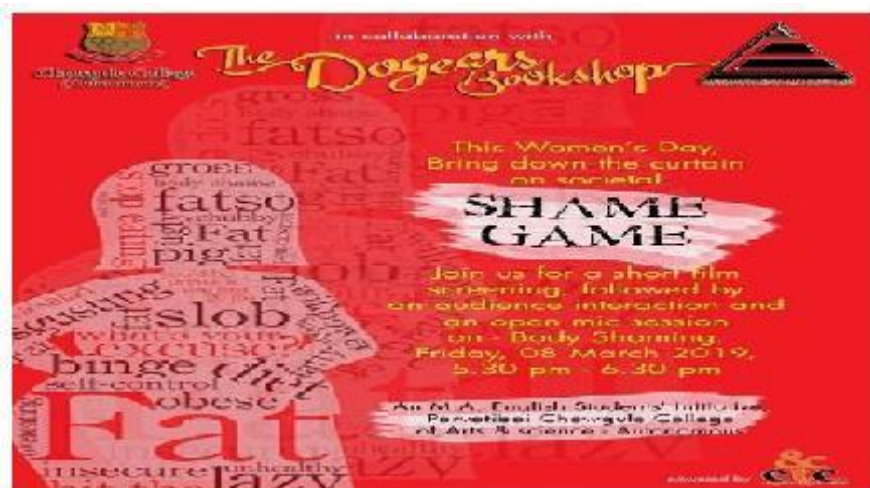


Participants at the conference

Title:	Women's Day: Shame Game
Date and year:	8th March 2019
Venue:	Dogears bookstore
Resource person/s:	Ms. Gauravi Keni
Organizer:	Department of English in collaboration of Dogears bookstore
Summary of the proceedings:	<p>This Women's Day, the students of MA Department of English along with the teachers did something different. Under the guidance of Ma'am Gauravi Keni, the students shot a small video in the college campus itself where the students spoke about the concept of "Body Shaming", societal issues of body shaming, and how social conditioning causes it and the effects it has on people. The video took about a week to be shot and edited, which was very much appreciated by everyone who watched it. The students designed bookmarks and made posters for the screening which was held on 8th March 2019 beginning at 5:00pm. The screening took place at Dogears bookstore which was followed by a panel discussion by three panelists. The panelists were Ms. Siddhi Parodkar, Asst. Professor in Law, G.R. Kare College of Law. She conducts sessions on issues concerning women, across the state and at national level. She has also presented papers on challenges faced by women in gender-based discrimination for national and international conference and has been a coordinator for Legalforum (legal counseling at present liti gati on stage). The second panelist was Krishnakant Hegde Desai, who is a lawyer and assistant professor at Karecollege. The third panelist was a nutritionist. There was a healthy discussion between the panelists and the others who attended the screening. The event started with a student welcoming everyone, followed by the screening and later two students moderating the panel. The event ended with an open mic session which was open for everyone. People sang, played the guitar and performed slam poems. The bookmarks were distributed along with chai and other delicacies which were delightful.</p> <p><i>Watch Video on Shame Game:</i> https://www.youtube.com/watch?v=9CN9hRh4GdE&t=39s</p>



Participants at the event



Poster of the event

Title:	Women's Day Celebration
Date and year:	8 th March, 2019
Resource person/s:	Anagha Bicholcar, Ananya Das, Rupali Tamuly, Varsh Prabhudesai, GretaAlmeida
Organizer:	Women Welfare Committee
No. of Participants	50-60 students and staff
Summary of the proceedings:	<p>The committee organised various competitions like soap and vegetable carving, Rangoli, poster making and slogan, hair style, make up and fashion show. A discussion on “Sharing and Caring” on the topic, “Challenges of working women” was organised in the upper auditorium, which was in house family function of Chowgule Family. The speakers were student's representative, Ms Sherian Coutinho from TYBA who spoke about challenges of women in Goa from historical time till today; Dr Anagha Dicholkar highlighted the tight rope on which woman has to walk to meet the needs of workplace and at home front; Mrs Greta Almeida highlighted the fact that woman have to struggle to make their presence feel in the man's world, Rupali Tamuly spoke about the woman who influenced her and her struggle as a working woman , Varsha Prabhu Goankar highlighted the need to reduce stress by meditation and yoga, Dr Ananya Das brought out her own personal struggle about her health and how sheovercame the same as an inspiration for all of us. Dr Shaila Ghanti concluded the session by highlighting the importance of equal participation of woman. On this occasion students displayed the posters and explained the theme with slogans. Ms Chelsea Dias of FYBA from Economics Dept and Ms Roshani Tari FYBA from Konkani dept bagged the second prize, Ms Rukma Khanolkar of FYBA (Hindi and English) bagged the first prize. This is the first time such an initiative was taken on Women's Day</p> <div data-bbox="515 1435 1337 1704" data-label="Image"> </div> <p><i>Resource Persons sharing their experiences</i></p>




Fashion show by the Staff

Title:	International Women's Day: Talk on Women's Health, Hygiene and Nutrition
Date and year:	8 th March 2019
Resource person/s:	Dr. Ruchika Vernekar and Dr. Hameeda Marchant
Organizer:	-
No. of Participants	63 students, faculty and Guests



Participants at the event

Title:	Talking Tree Series: Classification of Gender and Sexuality Under Popularly Used Tags of Self Expression
Date and year:	9 th March, 2019
Resource person/s:	Prof. Raj Rao, eminent scholar and gay-rights activist
Organizer:	Department of English
No. of Participants	14 students and 3 faculties
Summary of the proceedings:	The Department of English organized a Guest Lecture under “Talking Tree Lecture Series” on the topic “Understanding Judith Butler’s concept of Performativity and coming out of the closet in India” to supplement its current “Reflection of Gender and Sexuality” course in our college.

Title:	Talk on “Handling Abusive Relationships”
Date and year:	31 st July 2018
Venue:	Upper Auditorium, Parvatibai Chowgule College
Resource person/s:	Dr. Ravindra Aggrawal, Goa’s renowned psychiatrist
Organizer:	Department of Psychology
No. of Attendees:	88 (Girls-78, Boys – 10)
Objective:	To increase awareness, empower and sensitize the youth towards this very much rele`oday’s milieue.
Summary of the proceedings	The Department of Psychology of Parvatibai Chowgule College of Arts and Science (Autonomous), organized a talk on the topic of “Handling Abusive Relationships” on 31st July 2018 at the upper auditorium of the college. In accordance with the topic of the WHO for the year 2018 i.e., “Youth and Mental Health”, this talk was organised to increase awareness, empower and sensitize the youth towards this very much rele`oday’s milieue. Goa’s renowned psychiatrist Dr. Ravindra Agrawal had kindly consented to be the guest speaker for the talk. Students from the department of psychology as well as other departments of the college along with their teachers walked in to witness this highly illuminating session.
	 <p style="text-align: center;"><i>Participants at the event</i></p>

2017- 2018

Title:	World Population Day: Family Planning is a Human Right
Date and year:	11 th July 2017
Resource Person:	Dr. Nandkumar Sawant, Principal of the college
Organizer:	The Department of Geography and Research Center
Objective:	As a part of the curriculum the students are given an insight on this very sensational topic.
Summary of the proceedings	The Department of Geography and Research Center observed World Population Day. Every year on this day the faculty and students gather and observe the day. This year the theme was “Family Planning: Empowering People, Developing Nations.” Dr. Nandkumar Sawant, Principal of the college was the Chief Guest and he delivered a special lecture related to the theme. An instrumental piece was played by Adrel Gomes (MA Geography) and group. Apart from the program there were two events conducted for the students and they were, essay writing competition and poster competition. Mr. Adrian Ferro, Assistant Professor, coordinated the programme.
	<div data-bbox="557 994 1294 1413" data-label="Image"> <p>A photograph of Dr. Anagha Bicholcar, a woman with dark hair wearing an orange and maroon sari, standing behind a wooden podium with a microphone. Behind her is a large projection screen displaying the event details: 'WORLD POPULATION DAY', 'Department of Geography and Research Center observes', '11th July 2017', and the theme 'Family Planning: Empowering People, Developing Nations'.</p> </div> <div data-bbox="635 1417 1216 1453" data-label="Caption"> <p style="text-align: center;"><i>Dr. Anagha Bicholcar welcoming the audience</i></p> </div> <div data-bbox="557 1494 1294 1935" data-label="Image"> <p>A photograph of a group of seven students performing a mono-act. They are standing in a line on a stage, dressed in casual clothing. The students are looking towards the camera with various expressions, some smiling and some looking serious.</p> </div> <div data-bbox="790 1939 1059 1977" data-label="Caption"> <p style="text-align: center;"><i>Mono-act by students</i></p> </div>

Title:	Guest Lecture on Menstrual Exclusion: A Sociological Discussion
Date and year:	07 th August, 2017
Venue:	Upper auditorium, Parvatibai Chowgule College
Resource Person:	Ms. Anwesha Singbal
Organizer:	Department of Sociology
Organized for:	Sociology Students
No. of Participation:	57 students
Objective:	To sensitize students about the sociological impact regarding the menstrualexclusion.



Participants at the event

Title:	Workshop On “When Does It Hurt? Justice, Difference and Inclusion?”
Date and year:	12th September, 2017
Venue:	Block “G” 201
Resource Person:	Ms. Gayathri Konkar Counsellor at Goa Institute of Management and NirmalaInstitute of Education
Organizer:	Department of Sociology
Organized for:	Sociology Students
No. of Participation:	45
Objective:	To sensitizing students to the issues faced by women and reserved castes groups in education and understanding remedial measures.



Ms. Gayathri Konkar interacting with the participants

Title:	“Sociofiesta” on The Theme "Resurrection of Woman Sociologist”
Date and year:	19th January 2018
Venue:	Upper Auditorium, Parvatibai Chowgule College
Organizer:	Department of Sociology
Organized for:	Sociology Students
Summary of the proceedings	The Department of Sociology organized the 9th edition of inter collegiate event “Sociofiesta” on the theme "Resurrection of Woman Sociologist”. The Chief Guest for the event was Dr. Shaila Desouza, Head of the Department of Women’s Studies at Goa University.



2016- 2017

Title:	World Population Day: "Little Girls with Dream Become Women with Vision"
Date and year:	11 th July 2016
Organizer:	Department of Geography and Research Centre
Objective:	The planet and its resources are finite, but if men, women, and children are empowered with health, human rights, and information about the environment - population dynamics will change, improving the health and prosperity of people, families, and the earth.
Summary of the proceedings	The department observed the World Population Day by celebrating the spirit of women and formulized its theme as "Little Girls with dream become Women with vision". The event began at 10:30a.m with a speech by Dr. Nandkumar N. Sawant, Principal, which enlightened on the influential young ladies of the world, their role in building up a good society; the current issues faced by women and recommended solutions for the same. The speech was followed by on-stage and offstage competitions; namely Just - a - minute, Quiz competition, Debate, Poster making, and Photography. The motive behind the competitions was to appreciate the empowered women who with their hard work and determination changed the outlook of the society towards women. Our college students from various departments enthusiastically participated and the bestperformances were rewarded. The awardees are: Amol Patil and Trupti Chavan (PGDGIS) for Quiz, Delcia D'Souza (MA Geography) for Poster, Siddhi Gaonkar (MA Geography) for Just-A-Minute, Shreya Jain and Yusra Sayed (TYBA) for Debate and Apurva Gauns Desai (MAGeography) for Photography.



Dr. N.N. Sawant addressing the audience Dr. Sachin Moraes with the winners of Quiz Competition



Title:	Guest Lecture on Gender And Sexuality for Transgenders"
Date and year:	31 st August 2016
Venue:	college hall B - 303, Parvatibai Chowgule College
Resource Person:	Ms. Diana Dias, founder President of "Wajood NGO"
No. of Participation:	50 students
Organizer:	Department of Sociology
Objective:	<ol style="list-style-type: none"> 1. The scope of the Wajood NGO 2. Need to start an NGO for Trans-Gender
Summary of the proceedings	<p>The Department of Sociology organized a guest lecture on 31st August 2016 at 2.00 pm in the by Ms. Diana Dias, founder President of "Wajood NGO" for the elective paper entitled NGO Management. Wajood NGO is the first transgender organization in Goa. She enlightened the crowd on their aims and objectives of the organization. She also stated the hardships she faced to form such NGO. She informed the students the problems, gender stereotyping, gender discrimination and psychological trauma faced by the third genders. She also spoke on hierarchical organized traditional structure of Chelas and Gurus and Nayak, the rituals and customs to be identified as hijra and clear-cut distinction between hijra community and transgender community. Dr. Sachin Moares, Head of the Department of Sociology gave vote of thanks.</p>



Sociology Students attending the Guest lecture on Gender and Sexuality

Title:	Talk on 'Cancer Awareness Amongst Women and Teenagers'
Date and year:	5 th October 2016
Venue:	Upper Auditorium, Parvatibai Chowgule College
Resource Person:	Dr. Rutuja Vernekar
No. of Participation:	06
Organizer:	College
Objective:	To make lady staff and students aware of the ailment.
Summary of the proceedings	The college had organized this talk for support staff of the college (ladies) at 03.30 p.m. to make the lady staff and students aware of the ailment and how one has to keep observing oneself.

Title:	Talk on “Prevention of Sexual Harassment at Workplace”
Date and year:	01 st March 2017
Resource Person:	Adv. Prassanna Timble
No. of Participation:	45
Organizer:	Department of Sociology along with a faculty from Department of Economics
Objective:	To make students aware about the sexual harassment at workplace and how they can prevent such harassment.
Summary of the proceedings	Under the Awareness Talk Series wherein different topics under Equal Opportunity Center funded by University Grants Commission (UGC) that benefited students from minorities, SC, ST and girl students in the month of March 2017, the first talk on “Prevention of Sexual Harassment at workplace” by Adv. Prassanna Timble was organized.

Title:	International Women's Day: Resurrection of Woman Sociologists
Date and year:	8 th March 2017
No. of Participation:	45 students
Organizer:	Department of Sociology
Objective:	To revive the work of those women Sociologist that are often neglected in recent times
Summary of the proceedings	<p>The programme was organized to commemorate the International Women's Day. This is the second time in row that the department celebrated International women's Day in the college. Last year the department had organized paper presentation competition. This year the event was titled as "Resurrection of Women's Sociologist". The event was open to all the Sociology student of the College. It was an intra-class competition. There were competitions like Monologue, Lights camera action (Role Play) and Live Telecast (T.V Show). The competition Monologue required participants to become any women Sociologist and talk about her works and express her opinions, next Lights Camera Action was a role play competition that had the participants to act a role of any womenSociologist on her works or/and life. Live Telecast was like a TV Show e.g., kofee with Karan and in this competition participant/s had to depictan interview with the "resurrected" women Sociologist giving her a chance to express her opinions in the 21st century.</p> <div style="display: flex; justify-content: space-around; align-items: flex-end;">   </div>

Gender Audit report



Parvatibai Chowgule College of Arts and Science Autonomous

Accredited by NAAC with Grade A' (CGPA Score 3.41 on a 4 Point Scale 3rd cycle)
Best affiliated College-Goa University Silver Jubilee Year Award

GENDER EQUALITY AUDIT ON CAMPUS 2018-19

INTRODUCTION

“Gender” refers to the cultural, economic and social attributes; therefore role and opportunities associated with being male and female. Traditionally both men and women are expected and socialized to behave, dress, and work in a particular way.

“Equality” refers to the state of being equal, especially in status, rights or opportunities.

Gender + Equality = “Gender Equality” it means the state in which access to rights or opportunities is unaffected by gender.

In the present time, Gender Equality is a much discussed topic around the world. The UN Conventions, Human Rights Commissions, the various global platforms on gender studies, Government policies and legislations, Non- Governmental Organizations have given more weightage to achieve gender neutrality and to transcribe the idea that Gender Equality is a Fundamental Human Right. The educational sector is not behind to understand and recognize that the disadvantages in education translate into lack of access to skills, limited opportunities in the labour force and unsustainable development of society.

Recently in various Indian prestigious universities there were an uproar over the gender inequality towards the female students. The basic right to movement in the college campus, to access library, to dress as per ones choice is been curtailed therefore it is necessary to access and understand gender equality on campus.

This paper aims at trying to figure out the opinion of students on 15 set questions on gender equality and to come up with possible solutions if any rights are violated.

Basic College Information

Parvatibai Chowgule College founded in 1962, is a pioneer of educational reforms in the state of Goa.

When Chowgules was founded, the Goa liberation movement was at its peak. People had come out on the streets to fight against the Portuguese army. During that period there was another freedom movement going on in the other part of Goa.

Vishwasrao Chowgule, an industrialist and philanthropist, had been negotiating with the newly formed government to get a plot of land to build a college. Finally, in 1962 Chowgule House got permission to house a college in the military barracks setup near Arlem. Founded in memory of his mother, the college was inaugurated by the then External Minister Smt. Lakshmi Menon on 23 June 1962.

In 2008, Chowgules was accredited with 'A' Grade by NAAC and in 2010, won the Goa University Silver Jubilee Year Award for "Best College."

Objectives

- 1) To understand gender equality on campus
- 2) To analyse gender equality in the class

Analysis

- 1) There are no restrictions or particular dress code that needs to be followed in the college campus. Students are free to dress as per their choice. The norm of the institute is to have a student- friendly environment.
- 2) Students are encouraged to interact freely with the faculty members not only in the classroom but also in the staffroom without any prejudice.
- 3) This institute doesn't obstruct anyone from interacting with another fellow being. This institute aims at always encouraging free and healthy discussions among the students.
- 4) As per the institutes knowledge, the non- teaching staff are humble in their behaviour, co-operative and approachable.
- 5) The institute has an online system of library. Whosever place demands for books are given the service without much delay and without any biases. Even books which are only for reference purpose are made available to any student unconditionally.
- 6) As per the understanding there is free access for girls and boys with regards to the laboratories facilities. Both can avail whenever they want to work on any experientment.

- 7) There are equal number of boys and girls who participate in the sports activities at the college and it is a joy for the college that both are equally shouldering each other when it comes to sports.
- 8) As the institute promotes the spirit of gender equality, students are allowed to sit as per their choice. In any condition they are not compelled to change their seats.
- 9) Seating arrangement in the campus is open to all students. They are not prohibited to seat anywhere in the corridor.
- 10) The institute has created enough seating arrangements throughout the campus. The students make use of seating arrangements for their study purpose or for recreational activities.
- 11) The canteen has seating, standing arrangements and self-service facility. The seating and standing arrangements are not reserved for one particular gender. The eatables are provided on self-service basis to everyone, no particular favours are done on anyone.
- 12) The various departments of the college conduct regular events or programmes. The tasks or activities are assigned as per individual's expertise or as per their choice. Important to mention like boys, girl students are also involved in important decision making process of the event.
- 13) College takes part in almost all the activities conducted by various colleges in Goa. As stated earlier girl students are involved in various activities like that of their male counterpart. Rather we can say girls are in majority number in any college event thus overpowering boys.
- 14) There are a high percentage of girl students staying back on campus beyond lecture hours. Reasons may vary for instance some stay to attend add on classes, others for assignment/study purpose, some stay back to utilize library, computer lab, some for spending their time. Staying back in campus is possible because college provide strong security in the campus by deploying more bodyguards, strong inquiry check at the entrance, college have installed CCTV cameras all around to monitor the condition.
- 15) The college implements a fair exam assessment system. Each and every student is assessed on their capabilities and understanding of the subjects that they display in the assessment process. No student is discriminated or rated negatively based on their gender.

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a) Activities conducted by Safety Disaster Management

Mock drills conducted by the Disaster Management Cell

The institution has Disaster Management committee for handling emergency situation and mock fire drills are conducted periodically. Equipments available are:

- ✓ 85 fire extinguishers including Dry Chemical Powder & Co2 type cylinders
- ✓ Fire hydrants with water under pressure
- ✓ Three stretchers
- ✓ Three wheel chairs
- ✓ 12 megaphones
- ✓ Jackets with florescent stickers
- ✓ Eight display boards for volunteers

Displays board indicating diagram & escape route are also placed at different locations of corridors during the mock fire drill.

Procedure followed for Mock drill

Siren of more than 15 seconds duration rings as an indication of emergency. The main gates of institution are sealed and no one is allowed to leave the campus until the 'All clear Siren'. Students and staff are instructed to move to the allocated safe area upon hearing the siren, by following the management committee members who will have megaphones and/or will be directing the flow of the crowd. Emergency escape routes with necessary instructions are displayed on each floor in every block.

Yearly Mock Drills on campus

2016 - 17: 23rd September 2016, 24th February 2017

2017 - 18: 28th July 2017, 16th January 2018 and 10th February 2018

2018 – 19: 13th July 2018, 21 Feb 2019

2019 – 20: 14th August 2019, 2nd December 2019, 20th February 2019



Hands on training in fire fighting

WORKSHOP ON DISASTER MANAGEMENT

Title of the Workshop: 'Disaster Management'

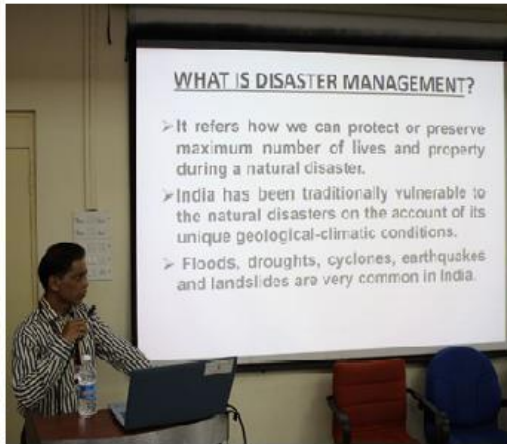
Date: 6th December 2018

Participants: 40 Non- Teaching staff of college

Objectives: To impart hands-on training with use of Carbon dioxide & Dry chemical powder extinguisher and Practical firefighting on Fire pit.

Proceedings of the workshop:

The workshop started with lecture delivered by Shri. Sanjaya Swain. Then hands on training on use of Carbon dioxide & Dry chemical powder extinguisher and Practical firefighting on Fire pit were demonstrated.



Lecture by the Convener of the Disaster Management Cell

Self Defense Training Programme

NSS unit in collaboration with Goa Police Department organized a 'Self Defense Training Programme' for the girl students on 6th February 2016 on the campus. Around 80 girl volunteers participated in the training.



F.15/46

25th January, 2018

To,
The Deputy Director (Five)
Directorate of Fire And Emergency Services
Government of Goa, South Zone,
Margao - Goa

Sub: PERMISSION TO CONDUCT A MOCK DRILL ON 10th February, 2018

Dear Sir,

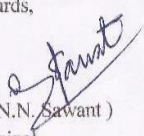
The committee members of Disaster Management committee of our College are organizing a Mock drill on 10th February, 2018 to bring awareness among the staff & students on Disaster Management/ fire fighting in case of any mishap.

The Mock drill will start at 11:00 a.m. with alarming a siren at College premises. Our volunteers will be manning the fire exercise drill and escape route.

We request you to witness the mock drill and guide us for correcting the standard operating procedure.

Thanking you.


Regards,


(Dr N.N. Sawant)
Principal

CC:

1. Sanjaya Kumar Swain, Convener, Disaster Management Committee of Parvatibai Chowgule College, Gogal, Margao - Goa.

2. Mr Sameer Dessai, Estate Manager, Parvatibai Chowgule College, Gogal, Margao - Goa.

 5/2/18
DESPATCHER
DIRECTORATE OF FIRE & EMERGENCY SERVICES
SOUTH ZONE, MARGAO-GOAP-301

Authority letter for conducting mock drill by staff of Fire & emergency services, Govt of Goa



Government of Goa
DIRECTORATE OF EDUCATION

Alto - Porvorim, Bardez - Goa

Email:- dir-educ.goa@nic.in

Tel:-0832-2416023,2416033 Fax:- 0832-2416136

No. Acad/Misc/Pt.fileIII/2014-15/2401

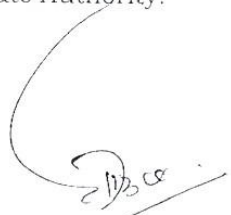
Dated:- 30/10/2017

C I R C U L A R

**Sub: Regarding National Disaster management Guidelines
Safety Policy.**

The National Disaster Management Authority (NDMA) formulated the National Disaster Management Guidelines on School Safety Policy in 2016 with a vision of safety of school children. This is a mandatory statutory requirement to be implemented in each of the schools in the country.

It is therefore, enjoyed upon all the Heads of the Government/ Government-Aided/Unaided Educational Institutions in the State of Goa are hereby requested to take measures necessary for prevention of disasters, mitigation, preparedness and capacity building in accordance with the guidelines laid down by the National Authority and the State Authority.


(G.P. Bhat)
Director of Education

To,
The Heads of all Govt./Govt. aided/Unaided Secondary and Higher Secondary Schools in Goa.

Copy to :-

1. The Dy. Director of Education, North/South/Central Educational Zone , Mapusa/Margao/Panaji.
2. The A.D.E.'s of all the Talukas.
3. The Nodal Officer IT, for uploading on website of this Directorate.