

**CES's PARVATIBAI CHOWGULE COLLEGE OF ARTS AND SCIENCE (AUTONOMOUS)
AQAR 2023-24: CRITERION VII**

**7.1.9- Sensitization of students and employees of the institution / department to constitutional obligations: values, rights, duties and responsibilities of citizens
List the various activities of the department/ unit for inculcating values for becoming responsible citizens as reflected in the Constitution of India**

SN	Title of the activity	Dates	Department
1	International Yoga Day- Uploading creative social media statues	20-06-2023 to 21-06-2023	NSS
2	International Yoga Day	21-06-2023	Physical Education & Sports Management
3	Anti Drug Pledge	27-06-2023	NSS
4	Independance Day	15-08-2023	college
5	Independance Day Walkthon	15-08-2023	Physical Education & Sports Management
6	Independance Day: E-poster Making Competition on the theme 'Nation First, Always First'	10-08-2023 to 14-08-2023	Library
7	World Humanitarian Day	18-08-2023	Sociology
8	National Sports Day Celebration	29-08-2023	Physical Education & Sports Management
9	Celebration of Gandhi Jayanti and Swachhta Hi Seva	01-10-2023	NSS
10	Mental Health Week	06-10-2023 to 13-10-2023	Psychology
11	Cyber Security	18-10-2023	Computer Science
12	Cyber Law & Security	20-10-2023	Computer Science
13	State-level Seminar 'Millets as a Resource'	20-10-2023	Biotechnology
14	'Goan Day'	20-10-2023	English, History & French
15	Celebration of 'Rashtriya Ekta Diwas' and 'Vigilance Awareness Week 2023	31-10-2023	college
16	Vigilance Awareness Week 2023	07-11-2023 to 15-11-2023	NSS
17	'Samvidhan Diwas' (Constitution Day)	24-11-2023	college
18	World Aids Day	1-12-2023 to 2-12-2023	NSS
19	FIT INDIA WEEK'	05-12-2023 to 15-12-2023	Physical Education & Sports Management
20	Goenkarponn	12-12-2023	Sociology
21	Documentary movie on Goa's Freedom Struggle	15-12-2023	College
22	Youth Mental health Festival	16-12-2023	Psychology
23	Goa Liberation Day	19-12-2023	NSS/College
24	National Youth Festival 2024 Talks	18-01-2024	NSS
25	National Voters' Day 2024	25-01-2024	NSS
26	Republic Day	26-01-2024	College
27	Sociofiesta	16-02-2024	Sociology
28	Chatrapati Shivaji Maharaj Jayanti	19-02-2024	Marathi
29	Experientail Learning Netravali Village	23-02-2024 to 24-02-24	Sociology
30	Essay Writing Activity – Provide a safe and secure environment to women	05-04-2024	Marathi
31	Talk on Corporate Etiquettes at Modern Workplace	08-04-2023	Computer Science
32	International Women's Day	03-07-2024	Sociology
33	Community Outreach in Barcem Village	29-07-2023	Sociology



NSS ACTIVITY REPORT

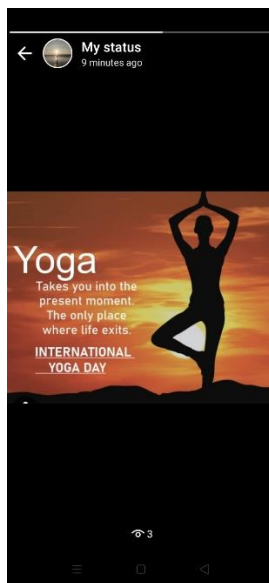
Parvatibai Chowgule College of Arts and Science, Autonomous

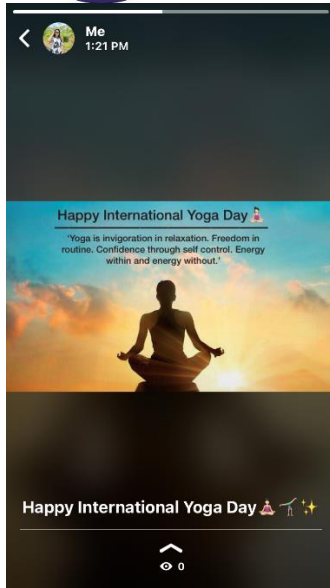
- **Title of the Activity:** Yoga Day 2023
- **Date:** June 20-21, 2023

Report details

As part of International Yoga Day, the NSS organized activities to observe the same. These included the uploading creative social media statuses, essays and even videos and reels. Students and volunteers were also encouraged to participate in the various activities organized by the government on its website such as the quiz and pledge taking. In total there were 24 participants.

Social Media status:





Essay Writing:

Lee-Sania Estibeiro

2201002

SYBA English

Parvatibai Chowgule College of Arts and Science

Yoga and Clean Living

In today's modern society, an increasing number of people are grappling with the consequences of an unhealthy lifestyle. Sedentary habits, poor dietary choices, and a lack of mindfulness have contributed to a growing health crisis. Chronic diseases such as obesity, diabetes, heart disease, and mental health disorders are on the rise, causing a significant burden on individuals, families, and healthcare systems worldwide. However, amidst these challenges, two healthy lifestyle practices have gained immense



popularity in recent years for their transformative effects on overall well-being. These practices are yoga and clean living.

Yoga, with its origins in ancient India, is more than just a form of physical exercise. It is a philosophy and a way of life. The physical aspect of yoga, known as asanas, promotes strength, flexibility, and balance. By engaging in these postures, practitioners enhance their physical well-being and also cultivate a deeper sense of self-awareness. Beyond being a physical exercise, yoga is a holistic approach to well-being that encompasses the integration of the mind, body, and spirit. One of the key components of yoga is breath control, or pranayama. Since the breath is considered the bridge between the body and the mind, by regulating breath, one can influence our state of mind and emotions. Deep and mindful breathing techniques in yoga, help calm the nervous system, reduce stress, and increase mental clarity. By incorporating pranayama into daily routines, we can develop a greater sense of inner peace and resilience in the face of life's challenges. Yoga fosters a sense of unity and inclusivity, transcending cultural, religious, and social boundaries. It celebrates diversity and encourages individuals to honor their unique bodies and abilities. Yoga is not limited to the confines of a studio or a specific time of the day. It is a way of life—an embodiment of mindfulness, compassion, and conscious living that permeates every aspect of our existence. Yoga is not about achieving perfection or comparing oneself to others, but rather about self-exploration, self-improvement, and self-acceptance. Every year on June 21st, the world comes together to celebrate World Yoga Day. This global event, officially recognized by the United Nations, aims to promote the practice of yoga and its myriad benefits for individuals and communities worldwide. World Yoga Day serves as a reminder of the ancient wisdom that yoga brings to our modern lives, emphasizing the importance of unity, harmony, and overall well-being.

On the other hand, clean living creates a lifestyle that supports optimal health and well-being. It encompasses various aspects of our lives, including diet, exercise, and the environment we inhabit. A clean diet consists of wholesome, nutrient-dense foods that nourish the body and promote vitality. It also emphasizes the importance of creating a clean and harmonious environment. By reducing exposure to toxic chemicals and pollutants in our homes and workplaces, we can support our physical health and well-being. Using natural cleaning products, minimizing plastic usage, and incorporating plants into our living spaces can help purify the air and create a more sustainable environment. Clean living extends to the products we use on our bodies and in our homes. Conventional personal care products often contain harmful chemicals, such as parabens, phthalates, and synthetic fragrances, which can have adverse effects on our health and the environment. Embracing clean personal care involves opting for natural and eco-friendly alternatives, including organic skincare, chemical-free cleaning products, and non-toxic



cosmetics. By prioritizing clean and sustainable options, we reduce our exposure to harmful substances and contribute to a healthier planet. Clean living nurtures not only our physical health but also our mental, emotional, and environmental well-being. By embracing these practices, we not only improve our own lives but also contribute to a healthier and more sustainable world.

The integration of yoga and clean living creates a powerful synergy that enhances both physical and mental well-being. While in today's fast-paced and demanding world, yoga serves as a sanctuary, offering individuals a refuge from the pressures of daily life, clean living emphasizes the interconnectedness of our well-being. They guide us towards a heightened sense of self-awareness and interconnectedness, facilitating personal growth and transformation. Through yoga and clean living, we embark on a journey of self-discovery, self-care, and interconnectedness, fostering a profound transformation that extends far beyond ourselves.



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Best Affiliated College-Goa University Silver Jubilee Year Award

REPORT - ON CAMPUS ACTIVITY

(Seminar / Webinar / Expert talk / Workshop / Visit to Incubators on the themes pertaining to Innovation/Entrepreneurship/Intellectual property)

Title of the event*	International Yoga Day
Date and time*	21 st June 2023, 8.30 am
Mode & Venue*	Tiger's Ghol
Organising Department	Department Of Physical Education & Sports Management
Faculty attended	12
Students attended	23
Total Participants*	35
The objectives and description of the activity*	<p>On occasion of International Yoga Day Department of Physical Education & Sports Management organised International Yoga Day 2023 celebration at Tiger's Ghol (Indoor Multi Sports Court) on 21st June 2023. Event attendance recorded was 35 of which 12 were staff members & 23 were students. Mr. Audumbar Tamse was the resource person for this event. National Common Yoga Protocol was strictly followed on this occasion.</p> <p>Dr. Devashish Bagchi addressed the gathering while Mr. Audumbar Tamse conducted the session. Followed by National Common Yoga Protocol which started with the prayer and is followed by loosening exercises, asanas, Pranayama, Dhyana & ended with Shanti Path.</p> <p>This year the theme for International Yoga Day 2023 was 'Vasudhaiva Kutumbakam' which means 'World is one family'.</p>

Photos *





Signature of the Head of the Department/ Incharge* : *S. Singh*

DEPARTMENT OF PHYSICAL EDUCATION & SPORTS MANAGEMENT
INTERNATIONAL YOGA DAY 2023 (21.06.2023)

PARTICIPANTS (students)

SR. NO.	NAME	ROLL NUMBER	SIGNATURE (IN)	SIGNATURE (OUT)
1. ✓	Nehal Darsai	2202188	<i>Nehal</i>	<i>Nehal</i>
2. ✓	Anish P. P. Konkarn	2202127	<i>Anish</i>	<i>Anish</i>
3. ✓	Mohanlal Seewi	2202112	<i>Mohan</i>	<i>Mohan</i>
4. ✓	Purush R. Desai	2202073	<i>Purush</i>	<i>Purush</i>
5. ✓	Frederick Dial	2	<i>Dial</i>	<i>Dial</i>
6. ✓	Vismay Bandekar	2201156	<i>Bandekar</i>	<i>Bandekar</i>
7. ✓	Joel Buntado	2202238	<i>Buntado</i>	<i>Buntado</i>
8. ✓	Aryan Chaudhary	2202236	<i>Chaudhary</i>	<i>Chaudhary</i>
9. ✓	Sijal Sawant	SU 210428	<i>Sijal</i>	<i>Sijal</i>
10. ✓	Ashutosh Uhari	2202057	<i>Ashutosh</i>	<i>Ashutosh</i>
11. ✓	Angel Diosta	2301156	<i>Diosta</i>	<i>Diosta</i>
12.				

DEPARTMENT OF PHYSICAL EDUCATION & SPORTS MANAGEMENT
INTERNATIONAL YOGA DAY 2023 (21.06.2023)

PARTICIPANTS (Students)

SR. NO.	NAME	ROLL NUMBER	SIGNATURE (IN)	SIGNATURE (OUT)
1. ✓	Sanjay Gaikwad	Staff	8:45	
2. ✓	Roopa Beluche	Staff	8:45	
3. ✓	Safa Sheikh	SU2102502	8:45	9:42
4. ✓	Noshin Shaikh	SU2102318	8:45	9:45
5. ✓	Somha Bhongle	SU210310	8:45	9:45
6. ✓	Riya Patro	SU2102276	8:45	9:45
7. ✓	Shiddat Naik	2202007	8:45	Naik
8. ✓	Sara Kriti Marie Pais	2202114	8:45	Pais
9. ✓	Vedika Desai	2101207	8:52	Desai
10. ✓	Siena Diniz	2202124	8:59	9:45
11. ✓	Shelton Fernandes	2202040	8:55	Fernandes
12. ✓	Suveena Tambe	Staff	9:00	
13.	Piyush Raikar		Raikar	Raikar
14.	Pradeep Naik		Naik	Naik
15.	Nehal Desai		Desai	Desai
16.	Saxarshi Duridan			
17.				

DEPARTMENT OF PHYSICAL EDUCATION & SPORTS MANAGEMENT
INTERNATIONAL YOGA DAY 2023 (21.06.2023)

PARTICIPANTS (STAFF)

SR. NO.	NAME	Department	SIGNATURE (IN)	SIGNATURE (OUT)
1.	Malati Dessai	Physics	Malati	Malati
2.	Roopa Beluche	Chemistry	Roopa	Roopa
3.	Poonam M. Joshi	Library	Poonam	Poonam
4.	Yashma Naik	Biochem/Biotech	Yashma	Yashma
5.	Sameer Rawas	Adm	Sameer Rawas	9:40
6.	Xaverina Gomes	Hostel Tour	Xaverina	Xaverina
7.	Suveena Tambe	Admin	Suveena Tambe 9:00	9:40
8.	Shrived Salgar	Admin	Shrived	Shrived
9.	Dr Sanjay Gaikwad	Geography	8:45	9:45
10.	Sudesh Manjekar	Physical Edu	Sudesh	Sudesh
11.	Devashish Bagchi	DPSM	Devashish	Devashish
12.	Audumbal Tank	DPSM	Audumbal	Audumbal
13.				



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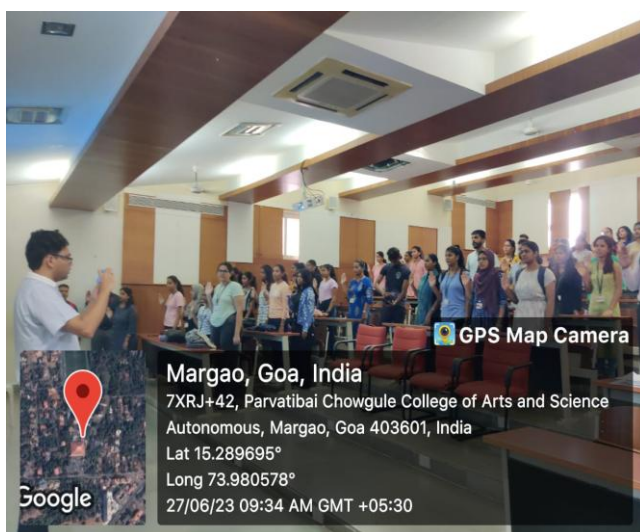
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REPORT ON CAMPUS ACTIVITY

(Seminar / Webinar / Expert talk / Workshop / Visit to Incubators on the themes pertaining to Innovation/Entrepreneurship/Intellectual property)

Title of the event	NashaMukt Bharat Abhiyan Pledge – International Day Against Drug Abuse and Illicit Trafficking
Date and time	June 27, 2023, 9:30 am
Mode	Offline
Organising Department/ School/Directorate/ Section	NSS
Resource Person/s	NA
Participants in house	Faculty: 5, Students: 100
Faculty attended	5
Students attended	100
Total Participants	105
The objectives and description of the activity	Students and teachers took a pledge to work towards making India drug free as part of observing NashaMukt Bharat Abhiyan on International Day Against Drug Abuse and Illicit Trafficking
Feedback	The event commenced on time and ended on time. Students were punctual and disciplined and the event went off smoothly.
Benefit/Key outcome of the event in terms of learning/skills/knowledge	Instill sense of responsibility and accountability in students with regard to making the state and country drug free.

Photos



Signature of the Head of the Department/ Incharge :



Chowgule Education Society's

Parvatibai Chowgule College of Arts and Science Autonomous

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INDEPENDENCE DAY CELEBRATION

College celebrated Independence Day on 15th August, 2023. The National Flag was hosted by the Principal. In her speech she proudly stated that India is heading towards Nation progress and urged all to work together for the progress of College, Society and Nation at large.

Ms. Swaraa Prabhudesai, student of TYBA, Department of History delivered a speech which highlighted India's past and focused on India's present. She shared her vision for India @75 Years of Independence.

This was followed by cultural programme i.e dance performance by the students and patriotic group songs by the students, Teaching and Non-Teaching staff. NCC Cadets administered oath in 'Anti Dowry'.

Photos



Hoisting of the National Flag



Student Ms. Swaraa Prabhudesai delivering the speech



Cultural programme by students and staff



NCC Cadets administering the 'Anti Dowry' oath



Staff



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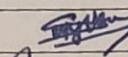
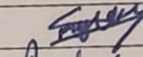
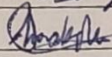
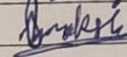
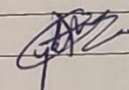

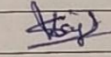
Title of the event*	Independence Day Walkathon
Date and time*	15th August 2023, 7.30 am
Mode & Venue*	Chowgule college to Bolshe circle & back
Organising Department	Department Of Physical Education & Sports Management
Faculty attended	3
Students attended	170
Total Participants*	173
The objectives and description of the activity*	Independence Day Walkathon was organized by Department of Physical Education & Sports management on 15 th August 2023 from college gate to Bolshe circle & back. Event started with welcome address by Dr. Devashish Bagchi. Audumbar Tamse flagged off the event at 7.45 am. The walk came to an end at 8.20am. A total of 170 students participated in this event
Photos *	





Signature of the Head of the Department/ Incharge* : *A. Saychi*

DEPARTMENT OF PHYSICAL EDUCATION & SPORTS MANAGEMENT
INDEPENDENCE DAY WALKATHON (15.08.2023)
PARTICIPANTS

Name	Roll Number	Signature	Signature
Max Macwan	201125		
Sibyl Valanka Rodrigues	2101167		
Sapna Rajpurohit	2101172		
Gulabi Kadam	2101177		
Dhanyata Naik	2101189		
Sonal Mayekar	2101190		
Suraksha Surendra Redkar	2101218		
Vaibhvi Subhash Sukadker	2101224		
Rashmita Pagi	2101244		
Jelcy Meliny Souza	2102267		
Stezia Salome Miranda	2102268		
Leanne Shea Fernandes	2102271		
Velanka Colaco	2102274		
Reya Patra	2102276		
Spica Gama	2102279		
Jimency Treza Colaco	2102280		
Zaheeda Parveen Shaikh	2102281		
Sunil Shetty Naik	2102286		
Analisa Fernandes	2102289		
Ruchi Gorakhanath Gawas	2102294		
Flenby Monteiro	2102298		
Ayesha Kazi	2102305		
Noshin Shaikh	2102318		
Shreya Prashant Borkar	2102329		
Ashira Fernandes	2102358		
Nidhi Karapurker	2102360		
Tice Hanna Saunto	2102375		
Tanvesh Kalangutkar	2102383		
Prajakta Chandekar	2102386		
Sakshi Ravindra Vajrekar	2102390		
Shubham Kelkar	2102412		
Disha Devendra Savant	2102413		
Vifern Macval Crasto	2102427		
HT Akshay Kumar	2102433		
Anjali Rodrigues	2102438		

Maheera	2102448		
Joehan Vaz	2102456		
Neha Rajkumar Chauhan	2102457		
Anouska Falcao	2102458		
Sneha Gauns Desai	2102470		
Earlene Antao	2102489		
Deepak Bind	2102491		
Valois Fernandes	2201006		
Shreeya Palyekar	2201009	<i>Shreeya Palyekar</i>	<i>Shreeya Palyekar</i>
Arya Dina Naik	2201010		
Olga Goes	2201011		
Riddhi Rohidas Naik	2201016		
Shruti Vasta	2201022	<i>Shruti Vasta</i>	<i>Shruti Vasta</i>
Riya Chandrakant Kudalkar	2201025	<i>Riya Chandrakant Kudalkar</i>	<i>Riya Chandrakant Kudalkar</i>
Shanelle Marsha Dias	2201029		
Kate Rebecca Da Costa	2201031		
Saachi Fondekar	2201032	<i>Saachi Fondekar</i>	<i>Saachi Fondekar</i>
Sana Prabhu	2201033	<i>Sana Prabhu</i>	<i>Sana Prabhu</i>
Shambhavi Prabhudessai	2201041		
Vanica Maybelle Fernandes	2201043	<i>Vanica Maybelle Fernandes</i>	<i>Vanica Maybelle Fernandes</i>
Brinda S. Abraham	2201046	<i>Brinda S. Abraham</i>	<i>Brinda S. Abraham</i>
Shlok Bhat	2201048		
Schiffer Fernandes	2201049		
Srishti Dhareshwar	2201060		
Sancha Faria	2201061		
Rutvi Painginkar	2201070	<i>Rutvi Painginkar</i>	<i>Rutvi Painginkar</i>
Gauravi Prabhu	2201073		
Smriti Pai Angle	2201080	<i>Smriti Pai Angle</i>	<i>Smriti Pai Angle</i>
Chenoa	2201082		
Teni Johnson	2201085		
Pranita Prakash Shetkar	2201093		
Shruti Madkaiker	2201095		
Ninoshka Barreto Xavier	2201096		
Paxton Glen Da Cunha	2201097		
Shruti Bandekar	2201105		
Divya Gaonkar	2201111		
Sneha Naik	2201112	<i>Sneha Naik</i>	<i>Sneha Naik</i>
Skylar Fernandes	2201126		
Shaniya Barreto	2201134		
Manjula Badangi	2201146		
Neha Chingali	2201159		
Jairaj Dessai	2201167		
Katja Vaz	2201177		

Komal Joshi	2202004		
Sravani Dessai	2202006		
Saidatt Naik	2202007		
Sai Priti Rasalay	2202013		
Ratika Mhalsekar	2202020		
Ruana Dias	2202021	<u>Ruana</u>	<u>Ruana</u>
Vaibhavi Naik	2202023	<u>Waik</u>	<u>Waik</u>
Gaurav Arawattigi	2202024		
Anushka Naik	2202026		
Zia Ali	2202038		
Kameshwari Waddikar	2202041		
Anvit Borkar	2202048		
Siya Shivkant Naik	2202049		
Om Kurpaskar	2202051		
Darshini Zoraunkar	2202058		
Aakansha Naik	2202061		
Riya Hires Sinai Mauzo	2202064	<u>RiMa</u>	<u>RiMa</u>
Bianca Fernandes	2202068		
Purush Desai	2202073		
Elita Siqueira	2202082		
Khushi Naique Gauncar	2202089		
Vyom Desai	2202105	<u>VDesai</u>	<u>VDesai</u>
Suvidha S. Naik	2202107		
Sania D'silva	2202109		
Annalise Valerie Vaz	2202111	<u>Nex</u>	<u>Nex</u>
Veloskha Diniz	2202115		
Pranjali Prabhu Usgaonkar	2202116		
Simone Gomes	2202121		
Anish Pravin Prabhu Konkar	2202127		
Saloni Sail	2202139		
Yuga Narayan Karambalkar	2202140		
Isaac Azavedo	2202144		
Priyharshini Nalli	2202145		
Anush Naik	2202147		
Arya Om Virnodker	2202157		
Shubra Dessai	2202165		
Keola Joanes	2202168		
Omkar Dattakumar Gaunekar	2202172		
Richa Govind Naik	2202174		
Dhanasvi Tuenkar	2202180		
Aryan Swami	2202182		
Nishi Pandey	2202211	<u>Nishi</u>	<u>Nishi</u>
Sybil Maria Dcosta	2202212		

Samiya Sayyed	2202213		
Prisha Prabhu Mhapne	2202234	<u>Mhapne</u>	<u>Mhapne</u>
Aaron Dsouza	2202241		
Horrace Mascarenhas	2202242	<u>Horrace</u>	<u>Horrace</u>
Saumya Singh	2202245	<u>Saumya</u>	<u>Saumya</u>
Kalpak Joshi	2202249		
Mafran Dias	2202251		
Ravisha Shirodkar.	2202257		
Prachi Shivanand Barshekar	2202258		
Emerico Gomes	2202260	<u>Gomes</u>	<u>Gomes</u>
Harsha Pallath	2301077		
Simone D Souza	2301150		
Shownroy Leitao	2301170		
Artha Sudeep Karmali	2302002		
Vinisha Naik	2302003		
Saisha Chari	2302021		
Vanshika Bhaskar Mhamal	2302034		
Calida De Melo	2302046		
Sagarsha Dinesh Naik	2302058		
Jane Christy Estibeiro	2302059	<u>Estibeiro</u>	<u>Estibeiro</u>
Amanda Fernandes	2302062		
Fiorenza Ruella Dias	2302070		
Snesha Carmen Pinto	2302076		
Riya Gurudas Bandekar	2302094		
Dasha Prema Fernandes	2302096		
Dacia Pereira	2302101		
Abdul Latif Shaikh	2302106		
Velika Rosella Gomes	2302111		
Vaishnavi Dessai	2302117		
Defpne Salome Pereira	2302121		
Kavya Joseph	2302156		
Sneha Surlaker	2302161		
Anaida Pereira	2302181		
Riya Lamani	23020198		
Samarth Dhond			

Sadiyiah Khan	2202108	<u>Sadiyiah</u>	<u>Sadiyiah</u>
Shahid Ali	2302140	<u>Shahid</u>	<u>Shahid</u>
Shawn Bardsdker	2302079	<u>Shawn</u>	<u>Shawn</u>
Renita Jeria Ferrao	2201161	<u>Ferrao</u>	<u>Ferrao</u>
Shreyash Goshwami	2202047	<u>Goshwami</u>	<u>Goshwami</u>
RIVALDO FERNANDES	2202237	<u>Rivaldo</u>	<u>Rivaldo</u>
Racheal Fernandes	2202042	<u>Racheal</u>	<u>Racheal</u>
Antha V. Martins	2302020	<u>Martins</u>	<u>Martins</u>
Praykta Crovekar	2302051	<u>Crovekar</u>	<u>Crovekar</u>
Velia. S. Miranda	2302102	<u>Miranda</u>	<u>Miranda</u>
Meliza Gomes	2302056	<u>Gomes</u>	<u>Gomes</u>

Samiya Sayyed	2202213	<i>Samiya</i>	<i>Samiya</i>
Srisha Prabhu Mhapne	2202234		
Aaron Dsouza	2202241	<i>Aaron D</i>	<i>Aaron D</i>
Horrace Mascarenhas	2202242		
Saumya Singh	2202245		
Kalpak Joshi	2202249	<i>Kalpak</i>	<i>Kalpak</i>
Mafran Dias	2202251		
Ravisha Shirodkar.	2202257		
Prachi Shivanand Barshekar	2202258		
Emerico Gomes	2202260	<i>Emerico</i>	<i>Emerico</i>
Harsha Pallath	2301077		
Simone D Souza	2301150		
Showroy Leitao	2301170		<i>RY</i>
Artha Sudeep Karmali	2302002	<i>Artha</i>	<i>Artha</i>
Vinisha Naik	2302003		
Saisha Chari	2302021		
Vanshika Bhaskar Mhamal	2302034	<i>vanshika</i>	<i>vanshika</i>
Calida De Melo	2302046	<i>Calida</i>	<i>Calida</i>
Sagarsha Dinesh Naik	2302058		
Jane Christy Estibeiro	2302059		
Amanda Fernandes	2302062	<i>Amanda</i>	<i>Amanda</i>
Fiorenza Ruella Dias	2302070	<i>Fiorenza</i>	<i>Fiorenza</i>
Snesha Carmen Pinto	2302076	<i>Snesha</i>	<i>Snesha</i>
Riya Gurudas Bandekar	2302094		
Dasha Prema Fernandes	2302096	<i>Dasha</i>	<i>Dasha</i>
Dacia Pereira	2302101	<i>Dacia</i>	<i>Dacia</i>
Abdul Latif Shaikh	2302106	<i>Abdul</i>	<i>Abdul</i>
Velika Rosella Gomes	2302111		
Vaishnavi Dessai	2302117	<i>Vaishnavi</i>	<i>Vaishnavi</i>
Defphne Salome Pereira	2302121		
Kavya Joseph	2302156		
Sneha Surlaker	2302161		
Anaida Pereira	2302181		
Riya Lamani	23020198		
Samarth Dhond			

<i>Cia Noronha</i>	<i>2201053</i>	<i>Noronha</i>	<i>Noronha</i>
<i>Prasidhi Naik</i>	<i>2202150</i>	<i>Pratik</i>	<i>Pratik</i>
<i>Sayedra Banu</i>	<i>22012141</i>	<i>Banu</i>	<i>Banu</i>
<i>Gleza Fernandes</i>	<i>2302131</i>	<i>Gleza</i>	<i>Gleza</i>
<i>Tannu Bepari</i>	<i>2302064</i>	<i>Tannu</i>	<i>Tannu</i>
<i>Shradha Gawade</i>	<i>2302179</i>	<i>Shradha</i>	<i>Gawade</i>
<i>Stacy V. D'silva</i>	<i>2202100</i>	<i>D'silva</i>	<i>D'silva</i>
<i>Retuja Hawle</i>	<i>2302177</i>	<i>Retuja</i>	<i>Hawle</i>
<i>Rayan Refen Dosta</i>	<i>2101323</i>	<i>Rayan</i>	<i>Dosta</i>
<i>Shamaia Vallani Pereira</i>	<i>2201077</i>	<i>Shamaia</i>	<i>Pereira</i>

DEPARTMENT OF PHYSICAL EDUCATION & SPORTS MANAGEMENT
INDEPENDENCE DAY WALKATHON (15.08.2023)

PARTICIPANTS

Name	Roll Number	Signature	Signature
Max Macwan	201125		
Sibyl Valanka Rodrigues	2101167	<i>Sibyl</i>	<i>Sibyl</i>
Sapna Rajpurohit	2101172		
Gulabi Kadam	2101177		
Dhanyata Naik	2101189		
Sonal Mayekar	2101190		
Suraksha Surendra Redkar	2101218		
Vaibhvi Subhash Sukadker	2101224		
Rashmita Pagi	2101244		
Jelcy Meliny Souza	2102267		
Stezia Salome Miranda	2102268	<i>Stezia</i>	<i>Stezia</i>
Leanne Shea Fernandes	2102271	<i>Leanne</i>	<i>Leanne</i>
Velanka Colaco	2102274	<i>Velanka</i>	<i>Velanka</i>
Reya Patra	2102276	<i>Reya</i>	<i>Reya</i>
Spica Gama	2102279	<i>Spica</i>	<i>Spica</i>
Jimency Treza Colaco	2102280	<i>Jimency</i>	<i>Jimency</i>
Zaheeda Parveen Shaikh	2102281		
Sunil Shetty Naik	2102286		
Analisa Fernandes	2102289		
Ruchi Gorakhanath Gawas	2102294		
Flenbby Monteiro	2102298		
Ayesha Kazi	2102305	<i>Ayesha</i>	<i>Ayesha</i>
Noshin Shaikh	2102318	<i>Noshin</i>	<i>Noshin</i>
Shreya Prashant Borkar	2102329	<i>Shreya</i>	<i>Shreya</i>
Ashira Fernandes	2102358		
Nidhi Karapurker	2102360		
Tice Hanna Saunto	2102375		
Tanvesh Kalangutkar	2102383		
Prajakta Chandekar	2102386		
Sakshi Ravindra Vajrekar	2102390		
Shubham Kelkar	2102412		
Disha Devendra Savant	2102413		
Vifern Macval Crasto	2102427		
HT Akshay Kumar	2102433		
Anjali Rodrigues	2102438		

Maheera	2102448		
Joehan Vaz	2102456		
Neha Rajkumar Chauhan	2102457		
Anouska Falcao	2102458		
Sneha Gauns Desai	2102470		
Earlene Antao	2102489	<u>Antao</u>	<u>Antao</u>
Deepak Bind	2102491		
Valois Fernandes	2201006		
Shreeya Palyekar	2201009		
Arya Dina Naik	2201010		
Olga Goes	2201011		
Riddhi Rohidas Naik	2201016	<u>Naik</u>	<u>Naik</u>
Shruti Vasta	2201022		
Riya Chandrakant Kudalkar	2201025	<u>Kudalkar</u>	<u>Kudalkar</u>
Shanelle Marsha Dias	2201029		
Kate Rebecca Da Costa	2201031		
Saachi Fondekar	2201032		
Sana Prabhu	2201033		
Shambhavi Prabhudessai	2201041	<u>Prabhudessai</u>	<u>Prabhudessai</u>
Vanica Maybelle Fernandes	2201043		
Brinda S. Abraham	2201046		
Shlok Bhat	2201048	<u>Bhat</u>	<u>Bhat</u>
Schiffer Fernandes	2201049		
Srishti Dhareshwar	2201060	<u>Dhareshwar</u>	<u>Dhareshwar</u>
Sancha Faria	2201061	<u>Faria</u>	<u>Faria</u>
Rutvi Painginkar	2201070		
Gauravi Prabhu	2201073		
Smriti Pai Angle	2201080		
Chenoa	2201082		
Teni Johnson	2201085	<u>Johnson</u>	<u>Johnson</u>
Pranita Prakash Shetkar	2201093	<u>Shetkar</u>	<u>Shetkar</u>
Shruti Madkaiker	2201095	<u>Madkaiker</u>	<u>Madkaiker</u>
Ninoshka Barreto Xavier	2201096		
Paxton Glen Da Cunha	2201097	<u>Cunha</u>	<u>Cunha</u>
Shruti Bandekar	2201105	<u>Bandekar</u>	<u>Bandekar</u>
Divya Gaonkar	2201111	<u>Gaonkar</u>	<u>Gaonkar</u>
Sneha Naik	2201112	<u>Naik</u>	<u>Naik</u>
Skylar Fernandes	2201126	<u>Fernandes</u>	<u>Fernandes</u>
Shaniya Barreto	2201134	<u>Barreto</u>	<u>Barreto</u>
Manjula Badangi	2201146	<u>Badangi</u>	<u>Badangi</u>
Neha Chingali	2201159	<u>Chingali</u>	<u>Chingali</u>
Jairaj Dessai	2201167	<u>Dessai</u>	<u>Dessai</u>
Katja Vaz	2201177	<u>Vaz</u>	<u>Vaz</u>

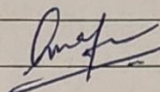
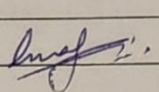
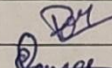
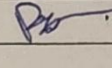
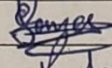

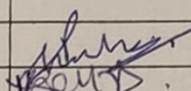
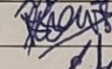
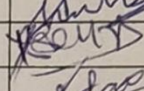
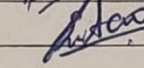
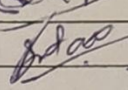
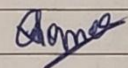
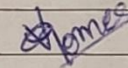

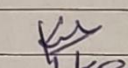
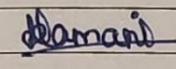
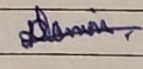
Komal Joshi	2202004	Komal	Komal
Sravani Dessai	2202006	Dessai	Dessai
Saidatt Naik	2202007	S Naik	S Naik
Sai Priti Rasalay	2202013	Sai	Sai
Ratika Mhalsekar	2202020		
Ruana Dias	2202021		
Vaibhavi Naik	2202023		
Gaurav Arawattigi	2202024	Gaurav	Gaurav
Anushka Naik	2202026	Anushka	Anushka
Zia Ali	2202038	Zia	Zia
Kameshwari Waddikar	2202041	Waddikar	Waddikar
Anvit Borkar	2202048		
Siya Shivkant Naik	2202049		
Om Kurpaskar	2202051	Kurpaskar	Kurpaskar
Darshini Zoraunkar	2202058	Darshini	Darshini
Aakansha Naik	2202061	Aakansha	Aakansha
Riya Hires Sinai Mauzo	2202064		
Bianca Fernandes	2202068		
Purush Desai	2202073		
Elita Siqueira	2202082		
Khushi Naique Gauncar	2202089		
Vyom Desai	2202105		
Suvidha S. Naik	2202107		
Sania D'silva	2202109		
Annalise Valerie Vaz	2202111		
Veloskha Diniz	2202115	Veloskha	Veloskha
Pranjali Prabhu Usgaonkar	2202116		
Simone Gomes	2202121	Gomes	Gomes
Anish Pravin Prabhu Konkar	2202127		
Saloni Sail	2202139		
Yuga Narayan Karambalkar	2202140		
Isaac Azavedo	2202144	Azavedo	Azavedo
Priyaharshini Nalli	2202145	Priyaharshini	Priyaharshini
Anush Naik	2202147		
Arya Om Virnodker	2202157		
Shubra Dessai	2202165		
Keola Joanes	2202168	Joanes	Joanes
Omkar Dattakumar Gaunekar	2202172		
Richa Govind Naik	2202174	Govind	Govind
Dhanasvi Tuenkar	2202180		
Aryan Swami	2202182	Swami	Swami
Nishi Pandey	2202211		
Sybil Maria Dcoستا	2202212	Sybil	Sybil

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INDEPENDENCE DAY WALKATHON (15.08.2023)
PARTICIPANTS

Name	Roll Number	Signature	Signature
Max Macwan	201125		
Sibyl Valanka Rodrigues	2101167		
Sapna Rajpurohit	2101172		
Gulabi Kadam	2101177		
Dhanyata Naik	2101189	<i>Dnaik</i>	<i>Dnaik</i>
Sonal Mayekar	2101190		
Suraksha Surendra Redkar	2101218		
Vaibhvi Subhash Sukadker	2101224		
Rashmita Pagi	2101244		
Jelcy Meliny Souza	2102267		
Stezia Salome Miranda	2102268		
Leanne Shea Fernandes	2102271		
Velanka Colaco	2102274	<i>Velu</i>	<i>Velu</i>
Reya Patra	2102276		
Spica Gama	2102279	<i>Gama</i>	<i>Gama</i>
Jimency Treza Colaco	2102280		
Zaheeda Parveen Shaikh	2102281		
Sunil Shetty Naik	2102286		
Analisa Fernandes	2102289	<i>Ades</i>	<i>Ades</i>
Ruchi Gorakhanath Gawas	2102294		
Flenbby Monteiro	2102298		
Ayesha Kazi	2102305	<i>Ayesha</i>	<i>Ayesha</i>
Noshin Shaikh	2102318	<i>Noshin</i>	<i>Noshin</i>
Shreya Prashant Borkar	2102329		
Ashira Fernandes	2102358	<i>Afernandes</i>	<i>Afernandes</i>
Nidhi Karapurker	2102360		
Tice Hanna Saunto	2102375		
Tanvesh Kalangutkar	2102383		
Prajakta Chandekar	2102386		
Sakshi Ravindra Vajrekar	2102390		
Shubham Kelkar	2102412		
Disha Devendra Savant	2102413		
Vifern Macval Crasto	2102427		
HT Akshay Kumar	2102433		
Anjali Rodrigues	2102438		

Maheera	2102448		
Joehan Vaz	2102456	<u>Vaz</u>	<u>Vaz</u>
Neha Rajkumar Chauhan	2102457		
Anouska Falcao	2102458		
Sneha Gauns Desai	2102470		
Earlene Antao	2102489		
Deepak Bind	2102491	<u>DB</u>	<u>DB</u>
Valois Fernandes	2201006		
Shreeya Palyekar	2201009		
Arya Dina Naik	2201010	<u>Naik</u>	<u>Naik</u>
Olga Goes	2201011		
Riddhi Rohidas Naik	2201016	<u>Naik</u>	<u>Naik</u>
Shruti Vasta	2201022		
Riya Chandrakant Kudalkar	2201025		
Shanelle Marsha Dias	2201029	<u>Dias</u>	<u>Dias</u>
Kate Rebecca Da Costa	2201031		
Saachi Fondekar	2201032	<u>Fondekar</u>	<u>Fondekar</u>
Sana Prabhu	2201033		
Shambhavi Prabhudessai	2201041		
Vanica Maybelle Fernandes	2201043		
Brinda S. Abraham	2201046		
Shlok Bhat	2201048		
Schiffer Fernandes	2201049		
Srishti Dhareshwar	2201060		
Sancha Faria	2201061		
Rutvi Painginkar	2201070	<u>RP</u>	
Gauravi Prabhu	2201073		
Smriti Pai Angle	2201080		
Chenoa	2201082		
Teni Johnson	2201085		
Pranita Prakash Shetkar	2201093	<u>Shetkar</u>	<u>Shetkar</u>
Shruti Madkaiker	2201095		
Ninoshka Barreto Xavier	2201096		
Paxton Glen Da Cunha	2201097		
Shruti Bandekar	2201105		
Divya Gaonkar	2201111		
Sneha Naik	2201112		
Skylar Fernandes	2201126		
Shaniya Barreto	2201134		
Manjula Badangi	2201146		
Neha Chingali	2201159		
Jairaj Dessai	2201167	<u>Dessai</u>	<u>Dessai</u>
Katja Vaz	2201177		


Komal Joshi	2202004		
Sravani Dessai	2202006		
Saidatt Naik	2202007	<u>S Naik</u>	<u>S Naik</u>
Sai Priti Rasalay	2202013		
Ratika Mhalsekar	2202020		
Ruana Dias	2202021		
Vaibhavi Naik	2202023		
Gaurav Arawattigi	2202024		
Anushka Naik	2202026		
Zia Ali	2202038		
Kameshwari Waddikar	2202041		
Anvit Borkar	2202048	<u>A Borkar</u>	<u>A Borkar</u>
Siya Shivkant Naik	2202049	<u>Siya Naik</u>	<u>Siya Naik</u>
Om Kurpaskar	2202051		
Darshini Zoraunkar	2202058		
Aakansha Naik	2202061		
Riya Hires Sinai Mauzo	2202064		
Bianca Fernandes	2202068		
Purush Desai	2202073	<u>P Desai</u>	<u>P Desai</u>
Elita Siqueira	2202082	<u>E Siqueira</u>	<u>E Siqueira</u>
Khushi Naique Gauncar	2202089	<u>Khushi</u>	<u>Khushi</u>
Vyom Desai	2202105		
Suvidha S. Naik	2202107	<u>S Naik</u>	<u>S Naik</u>
Sania D'silva	2202109		
Annalise Valerie Vaz	2202111		
Veloskha Diniz	2202115		
Pranjali Prabhu Usgaonkar	2202116		
Simone Gomes	2202121		
Anish Pravin Prabhu Konkar	2202127		
Saloni Sail	2202139	<u>Sail</u>	<u>Sail</u>
Yuga Narayan Karambalkar	2202140		
Isaac Azavedo	2202144		
Priyaharshini Nalli	2202145		
Anush Naik	2202147	<u>Anush Naik</u>	<u>Anush Naik</u>
Arya Om Virnodker	2202157	<u>Arya Om</u>	<u>Arya Om</u>
Shubra Dessai	2202165	<u>Shubra</u>	<u>Shubra</u>
Keola Joanes	2202168		
Omkar Dattakumar Gaunekar	2202172	<u>Omkar</u>	<u>Omkar</u>
Richa Govind Naik	2202174		
Dhanasvi Tuenkar	2202180	<u>Dhanasvi</u>	<u>Dhanasvi</u>
Aryan Swami	2202182		
Nishi Pandey	2202211		
Sybil Maria Dcosta	2202212		

Samiya Sayyed	2202213		
Srisha Prabhu Mhapne	2202234		
Aaron Dsouza	2202241		
Horrace Mascarenhas	2202242		
Saumya Singh	2202245		
Kalpak Joshi	2202249		
Mafran Dias	2202251		
Ravisha Shirodkar.	2202257		
Prachi Shivanand Barshekar	2202258		
Emerico Gomes	2202260		
Harsha Pallath	2301077		
Simone D Souza	2301150		
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Artha Sudeep Karmali	2302002		
Vinisha Naik	2302003		
Saisha Chari	2302021		
Vanshika Bhaskar Mhamal	2302034		
Calida De Melo	2302046		
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Jane Christy Estibeiro	2302059		
Amanda Fernandes	2302062		
Fiorenza Ruella Dias	2302070		
Snesha Carmen Pinto	2302076		
Riya Gurudas Bandekar	2302094		
Dasha Prema Fernandes	2302096		
Dacia Pereira	2302101		
Abdul Latif Shaikh	2302106		
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Defphne Salome Pereira	2302121		
Kavya Joseph	2302156		
Sneha Surlaker	2302161		
Anaida Pereira	2302181		
Riya Lamani	23020198		
Samarth Dhond			

AMISHA KUNDAIKAR

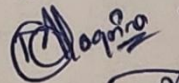
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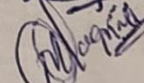




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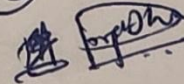
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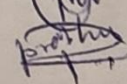




Pooja Prabhu

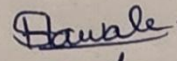
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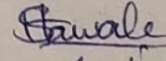




Saurabh Harle


2302176

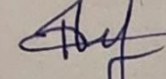




Razak Nadaf

2302182





DEPARTMENT OF PHYSICAL EDUCATION & SPORTS MANAGEMENT
INDEPENDENCE DAY WALKATHON (15.08.2023)
VOLUNTEERS

Name	Roll Number	Signature	Signature
Divya Ramchandra Patlekar	2102266		
Nupur Nargundkar	2102285		
Analisa Fernandes	2102289		
Sakshi Sherlekar	2102303		
Pranita Dhuri	2102307		
Veena Bandodkar	2102320		
Vifern Macval Crasto	2102427		
Saniya Shaikh	2102455		
Aafiya Naikwadi	2102516		
Alia Colaco	2201059		
Angelique Furtado	2201063		
Valerie Shasha Rebello	2201065		
Chenoa	2201082		
Ninoshka Barreto Xavier	2201096		
Ethel Rodrigues	2201103		
Lyona Fernandes	2201139		
Luiza D'souza	2201149		
Kinjal Naik	2202005		
Ratika Mhalsekar	2202020		
Kameshwari Waddikar	2202041		
Tanisha Barbosa	2202056		
Sania D'silva	2202109		
Simone Gomes	2202121		
Anish Pravin Prabhu Konkar	2202127		
Nehal Dessai	2202188		
Disha Rajan Vaidya	2202216		
Shruti Suhas Naik	2202240		
Abdul Latif Shaikh	2302106		
Ayush Naik	2302202		

~~Angelique Furtado~~
Shanelle Fernandes
Crystal Antao
Deepak Bind
Joehar Jaz

~~2201063~~
2201175
2201057
2102491
2102456

~~Angelique~~
F
Ant.



REPORT - ON CAMPUS ACTIVITY

(Seminar / Webinar / Expert talk / Workshop / Visit to Incubators on the themes pertaining to Innovation/Entrepreneurship/Intellectual property)

Title of the event*	E-Poster Making Competition on the theme "Nation First, Always First"
Date and time*	10/08/2023 To 14/08/2023
Mode & Venue*	Online
Organising Department/ School/Directorate/ Section*	Library
Resource Person/s	-
Participants in house*	Faculty:____, Students: 8, Others:____
Participants (External)	Faculty:____, Students: _____, Others:____
Faculty attended	-
Students attended	08
Total Participants*	08
The objectives and description of the activity*	To inspire student's imagination and creativity.
Benefit/Key outcome of the event in terms of learning/skills/knowledge*	Through the theme of "Nation First, Always First," the library can contribute to the preservation and celebration of national heritage and values. This aligns with the library's mission to promote cultural awareness and appreciation among its patrons.
Feedback	-
URL of the event (if any)	-
Social Media posts and links: (if any)-	
Instagram link	-
Facebook link	-
You tube link	-
Photos (minimum 5, geo-tagged) *	
Attach copy of the Flyer event (if any)*	

Signature of the Head of the Department/ In charge* :

Photos:



Flyer:

Chowgule Education Society's
Parvatibai Chowgule College of Arts and Science
(Autonomous)
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COLLEGE LIBRARY ORGANIZES E-POSTER MAKING COMPETITION

THEME: NATION FIRST ALWAYS FIRST
DATE: 10-08-2023 TO 14-08-2023

CLICK ON THE LINK TO PARTICIPATE:
<https://forms.gle/22RfsLYM7qi1wfb7A>

SCAN TO PARTICIPATE

*BEST FIVE POSTERS WILL BE DISPLAYED ON THE COLLEGE WEBSITE.

ATTENDANCE (as per google registration form)

Email (College Email ID):	Name of the Participant:	Class:	Department:
pvk001@chowgules.ac.in	Priyanka bind	F.Y B.sc	Biotechnology
pcg001@chowgules.ac.in	Princy Carol Gonsalves	M.A Part 2	English
sak001@chowgules.ac.in	Sadiyah Khan	S.Y.B.Sc.	Biochemistry
aar029@chowgules.ac.in	Aaron vales	TYBSc	Zoology
zia001@chowgules.ac.in	Zia Ali	SY	Biotechnology
srm001@chowgules.ac.in	Shruti Rammohan Machha	SYBSc	Botany
jaf000@chowgules.ac.in	Janice Faria	FYBA	History
liz005@chowgules.ac.in	Lizel Gomes	TYBA	Hindi

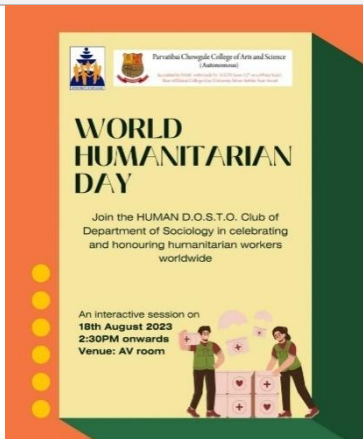



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REPORT ON CAMPUS ACTIVITY

(Seminar / Webinar / Expert talk / Workshop / Visit to Incubators on the themes pertaining to Innovation/Entrepreneurship/Intellectual property)

Title of the event	WORLD HUMANITARIAN DAY
Date and time	18 th July 2023
Mode	Offline
Organising Department/ School/Directorate/ Section	Department of Sociology in collaboration with Human D.O.S.T.O. Club
Participants in house	Faculty: 2, Students: 41
Faculty attended	2
Students attended	41
Total Participants	43
The objectives and description of the activity	The Department of Sociology in collaboration with Human D.O.S.T.O. Club of the Department organized an event on the occasion of World Humanitarian Day for the students, under the supervision of Dr. Sachin Moraes. The hosts of the event were Ishita Desai and Shemaylah Shaik. It was held on 18 th July 2023, in the A.V. Room. A total of 41 students actively participated and contributed to the program.
Attach copy of the Flyer event (if any)	
Photos	
	



Signature of the Head of the Department/ Incharge :



Parvatibai Chowgule College of Arts and Science (Autonomous)

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REPORT - ON CAMPUS ACTIVITY

(Seminar / Webinar / Expert talk / Workshop / Visit to Incubators on the themes pertaining to Innovation/Entrepreneurship/Intellectual property)

Title of the event*	National Sports Day Celebration
Date	29th August 2023
Mode & Venue*	DPSM office & Tiger's Ghol
Organising Department	Department Of Physical Education & Sports Management
Faculty attended	4
Students attended	28
Total Participants*	32
The objectives and description of the activity*	<p>Department of Physical Education & Sports Management organised National Sports Day Celebration on 29th August 2023 on the occasion of Birth Anniversary of Hockey legend Late Major Dhyan Chand.</p> <p>Director of Physical Education Dr. Devashish Bagchi garlanded the portrait of Major Dhyan Chand at the Tiger Activity Centre in the morning session. The Celebration continued at Tigers Ghol from 3.00 onwards with offering of rose petals to portrait of Major Dhyan Chand by Vice Principal Mr. V.C. Kumaresh.</p> <p>A brief talk on Major Dhyan Chand and National Sports Day was given by Mr. Audumbar Tamse.</p> <p>Fit India Pledge was administered to staff and students. Total of 28 students & 4 faculty members attended this celebration.</p>

Photos



At the Tiger Activity Centre



At the Tigers Ghol

Signature of the Head of the Department/ Incharge* :

Department of Physical Education & Sports Management
National Sports Day Celebration
Attendee (29.08.2023)

Sr. No.	Name	Roll Number	Signature (in)	Signature (out)
1.	Mitchell D'Costa	AV2101237	<i>Mitchell</i>	
2.	Safa Shaikh	2301104	<i>Shaikh</i>	<i>Shaikh</i>
3.	Crystal Antao	2201057	<i>Antao</i>	
4.	Pratishtha Shenoy	2301043	<i>Pratishtha</i>	<i>Pratishtha</i> ✓
5.	Prerana N. Naik	2301091	<i>Prerana</i>	<i>Prerana</i>
6.	Kashish K. Naik	2301085	<i>Naik</i>	<i>Naik</i>
7.	Shilton Fernandes	2202040	<i>Fernandes</i>	<i>Fernandes</i> ✓
8.	Nash D Silva	2320013	<i>Silva</i>	<i>Silva</i>
9.	Vansh W. D'wivedi	2320012	<i>D'wivedi</i>	<i>D'wivedi</i>
10.	Gandhi Bannote	2320007	<i>Bannote</i>	<i>Bannote</i>
11.	Deepak Bind	2102491	<i>Bind</i>	<i>Bind</i>
12.	Sharan Furtado	2301065	<i>Furtado</i>	
13.	Cia Noronha	2201053	<i>Noronha</i>	
14.	Angel D'Costa	2301056	<i>D'Costa</i>	<i>D'Costa</i> ✓
15.	Shawn Bandedker	2302079	<i>Bandedker</i>	<i>Bandedker</i> ✓
16.	Anvit Borkar	2202048	<i>Borkar</i>	
17.	Nochit Naik	2201028	<i>Nochit Naik</i>	
18.	Anar Bag	2320020	<i>Bag</i>	<i>Bag</i>
19.	Machin Penrod's	2102275	<i>Penrod's</i>	<i>Penrod's</i> ✓
20.	Mel'ston	2301092	<i>Mel'ston</i>	
21.	Mahony Perera	2302052	<i>Perera</i>	<i>Perera</i>
22.	Jay Gaude	2301018	<i>Gaude</i>	<i>Gaude</i>
23.	Jovan Jones	2301110	<i>Jones</i>	<i>Jones</i>
24.	Sana Sheth	2302190	<i>Sheth</i>	<i>Sheth</i>
25.	Sakshi Singh	2302147	<i>Sakshi</i>	<i>Sakshi</i>
26.	Parachi Jankar	2101204	<i>Jankar</i>	<i>Jankar</i>
27.	Vaishnavi Raikar	2101228	<i>Raikar</i>	<i>Raikar</i>
28.	Sanvi Shirotkar	2101306	<i>Shirotkar</i>	<i>Shirotkar</i>
29.	Saurabh B. Havle	2302176	<i>Havle</i>	<i>Havle</i> ✓
30.	Ritija Havle	2302177	<i>Havle</i>	<i>Havle</i>
31.	Smriti Pinto	2302076	<i>Pinto</i>	<i>Pinto</i>
32.	Dasha Fernandes	2302096	<i>Fernandes</i>	<i>Fernandes</i>
33.	Riya Bandedker	2302094	<i>Bandedker</i>	<i>Bandedker</i>
34.	Samaira Fatani	2302063	<i>Fatani</i>	<i>Fatani</i>
35.	Nelika Gomes	2302111	<i>Gomes</i>	<i>Gomes</i>
36.	Alina Fernandes	2302078	<i>Fernandes</i>	<i>Fernandes</i>
37.	Emerio Gomes	2202260	<i>Gomes</i>	<i>Gomes</i>
38.	Gaureav Arawattigi	2202024	<i>Arawattigi</i>	<i>Arawattigi</i>
39.	Nrishtka Bannote Xavier	2201096	<i>NBXavier</i>	

40.	Shreyanne D'Souza	2302082	<i>D'Souza</i>	<i>D'Souza</i>
41.	Rafael Nadal	2302182	<i>Rafael</i>	<i>Rafael</i>
42.	Ethel C. Rodrigues	2201103	<i>Rodrigues</i>	<i>Rodrigues</i>
43.	Angelique Furtado	2201063	<i>Angelique</i>	<i>Angelique</i>
44.	Joshua D'sa	2301115	<i>D'sa</i>	<i>D'sa</i>
45.	Sena D'wivedi	2202124	<i>D'wivedi</i>	<i>D'wivedi</i>
46.	Raulis Lita	2202158	<i>Lita</i>	<i>Lita</i>
47.	Milchiora Fernandes	2302030	<i>Fernandes</i>	<i>Fernandes</i>
48.				
49.				
50.				



NSS ACTIVITY REPORT

Parvatibai Chowgule College of Arts and Science, Autonomous

- **Title of the Activity:** Celebrating Gandhi Jayanti and Swachhta Hi Seva 2023 with Shramadan
- **Date:** October 1, 2023, 10:00 am to 11:30 am

Report details

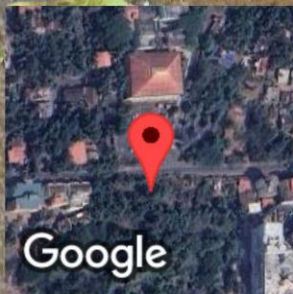
To celebrate Gandhi Jayanti and the Swachhta Hi Seva (SHS) Campaign 2023, the College along with the NSS Unit came together for Shramadan, an hour of selfless service in the spirit of keeping our surroundings clean.

The objective is to strengthen the communitarian spirit among us as Indians through the example of Gandhi by focusing on the simplistic yet vital act of cleanliness of one's surroundings through the act of Shramadan. A total of 136 staff and students participated in the activity. The activity was a success with both students and teachers actively took part in cleaning the areas within and around the campus.

The activity helps the participants to rekindle the connection with the country through the communitarian act of cleaning our surroundings. This not only strengthens the bond with the nation but also helps with the global cause of waste collection and management. Before the actual shramadan, there was a short ceremony honouring the Father of the Nation. Teachers gave speeches in English and Konkani, and a cleanliness pledge was taken. The speech and pledge were ways of promising ourselves of our duty and responsibility of aiding in the nation's progress towards becoming a litter free country by the small action of litter free communities. The activity helps us forget our differences and focus on the fact that we are human and Indian first thereby focusing on larger goals.



 GPS Map Camera



Margao, Goa, India

AS 1, Damodar Arcade, opposite CHOWGULE COLLEGE, near Quadros Suzuki Service, Cupangale Society, Margao, Goa 403601, India

Lat 15.288826°

Long 73.98038°

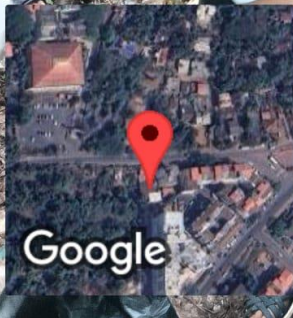
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Novo Vaddo
Margao
Goa



 GPS Map Camera



Margao, Goa, India

7277, near BODY FUEL GYM, Gogol, Margao, Goa 403602,
India

Lat 15.288758°

Long 73.981175°

01/10/23 10:46 AM GMT +05:30



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(Autonomous)**

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REPORT ON CAMPUS ACTIVITY

(Seminar / Webinar / Expert talk / Workshop / Visit to Incubators on the themes pertaining to Innovation/Entrepreneurship/Intellectual property)

TITLE:	MENTAL HEALTH WEEK 2023
Date and year:	6 th October 2023 to 13 th October 2023
Venue:	Parvatibai Chowgule College Campus
Resource person/s:	Dr. Ravindra Agrawal Mr. Aresh Naik Ms. Sanya Pereira
No. of Participants	Indefinite: Students participated while on campus.
Objective:	<ol style="list-style-type: none">1. Create awareness about mental health and its importance.2. Provide means of emotional expression3. Provide ease of locating resources of mental health services in Goa.
Summary of the proceedings	<p>Mental health week was commemorated at Parvatibai Chowgule College from 6th October to 13th October. The commemoration saw offline and online activities which involved students and faculty alike. Throughout the week, for the “Tree of Emotions” activity, the students were encouraged to add a thumb impression to express the emotion they were experiencing at the time. Through the social media platforms there was reels, memes and other awareness building activities that were held. There were posters on the mental health services available in Goa that were put up on various notice board on campus.</p> <p>On 6th October in collaboration with “The Bard by the Mandovi” by the English department, the students of the psychology department organized quizzes on mental health, Shakespeare- inspired poetry and plays to create awareness amongst the participants. On 7th October the council organized a movie discussion of scenes depicting mental health and related issues. Students were seen wearing blue in support of autism awareness on campus.</p> <p>On 9th October, there was a talk on the Mental Healthcare Act 2017, given by Mr. Aresh Naik, Asst. Prof at our college. The students engaged in the session to know more about the legal aspects of mental healthcare in India. The students wore purple to create disability awareness on campus. On World Mental Health Day, the</p>

department organized a talk by Dr. Ravindra Agrawal on “Mental Health for All” for the teaching and non-teaching staff on campus in the Upper auditorium. The council organized a Listening and Meditation activity for the students on the same day. The staff and students were encouraged to wear green to create overall mental health awareness.

On 11th October there was a “Canvas of the mind” activity where students were encouraged to express themselves through art. The students wore pink to increase awareness on Women’s Mental Health. Men’s Mental Health was celebrated on 12th October. All male faculty and students were tied with a green ribbon symbolizing men’s mental health and were told of the importance of self-expression. The students wore a tie and witnessed a street play which was done in collaboration with the “Samatvam” the gender champion student group.

On 13th October there was a workshop organized on “Suicide Prevention”. The students wore yellow to support the cause of suicide prevention. The resource person for the event was Ms. Sanya Pereira from the NGO COOJ. The students learned how to respond to an individual who has expressed suicide ideation. The workshop included role plays and scenarios in which the students participated. The overall commemoration of the Mental Health Week was a success.

Photographs

Tree of Emotions





Students participating in the Tree of Emotions activity on campus



Sir Sachin from the department of Sociology participating in the activity.

Day 1: Awareness building at "The Bard by the Mandovi"



Student performing skit on mental health importance.



Analysis of Hamlet the Shakespeare character



. Quiz for the participants.





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REPORT ON CAMPUS ACTIVITY

(Seminar / Webinar / Expert talk / Workshop / Visit to Incubators on the themes pertaining to Innovation/Entrepreneurship/Intellectual property)

Title of the event	Cyber Security
Date and time	18 th October 2023 at 11:45 to 13:00 hrs
Mode	Online(√)
Organising Department/ School/Directorate/ Section	Training , Internship & Placement (TIP) Cell of Goa State Higher Education Council (GSHEC) and Directorate of Higher Education (DHE) in partnership with IBM and its implementation partner REACHA are conducting a virtual session on Cyber Security.
Resource Person/s	Ms. Nidhi Bansal (Solution Architect) & Mr. Ritesh Mittal (Senior Management Consultant) of IBM India Operations
Participants in house	Faculty: 06, Students: 25
Faculty attended	06
Students attended	25
Total Participants	31
The objectives and description of the activity	Cyber security Session designed by Ms.Nidhi Bansal & Mr. Ritesh Mittal to enhance participants' knowledge and practical skills in the field of cyber security. This workshop is suitable for individuals who want to learn about cyber security best practices & Awareness of cyber-attacks, from beginners to intermediate-level learners.
URL of the event (if any)	https://meet.google.com/stb-izna-mjf
Feedback	Awareness of identifying vulnerabilities, enhancing defences, and staying ahead of evolving threats."
Benefit/Key outcome of the event in terms of learning/skills/knowledge	This session is an essential investment in safeguarding digital assets, protecting privacy, and minimizing the risk of cyber threats.

Report Prepared By: Gauresh B. Tari
(Computer Science Dept.)

Signature of the Head of the Department/ Incharge :



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Parvatibai Chowgule College of Arts and Science Autonomous

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Talk on "Cyber Security" on 18th October, 2023 at 11:45 a.m. in the Auditorium in an online mode on Google Meet.

ATTENDANCE SHEET

Sr. No.	Name of the Student	Department	Class	Roll No.	Signature
1.	Raizel Vas	MSC IT (Part I)	Part I	2364003	Raizel
2.	Prachi Naik Naik	"	"	2364003	Prachi
3.	Tarvi Verdecare	FY BSC-CS	FY	2302129	Tarvi
4.	Komal Bendre	CS	FY BSc	2302100	Bendre
5.	Vinnie Fernandes	FY BSC-CS	FY BSC	2302098	Vinnie
6.	Archana Achari	FY BSC -CS	FY BSC	2302193	Archana
7.	Hrushikesh Kankar	MISC - IT	Part II	2264017	Kankar
8.	Saresh Kharangate	MISC - IT	Part II	2264019	Kharangate
9.	Reha Raikar	MISC - IT	Part II	2264035	Raikar
10.	Shubham Mondal	MISC - IT	Part II	2264043	Mondal
11.	Desiree Fernandes	MISC - IT	Part II	2264015	Desiree
12.	Saba Mulla	MISC - IT	Part II	2260 ⁴ 334	Saba
13.	Sanika Naumenkar	MISC - IT	Part II	2264016	Sanika
14.	Shreya S. Naik	MISC - IT	Part II	2264008	Shreya
15.	Dcep Desai	MISC - IT	Part I	2364001	Desai
16.	Jeni Antao	MISC - IT	Part I	2364047	Antao
17.	Manari Naik	MISC - IT	Part II	2364010	Naik
18.	Clamson Fernandes	MISC - IT	Part I	2364013	Clamson
19.	Kahlil Barreto	MISC - IT	Part I	2364007	Barreto
20.	Eleanora D'Costa	MISC - IT	Part I	2364005	D'Costa
21.	Jesus Roydon Antao	MISC - IT	Part I	2364008	Antao

24.	Preeti Shaema	SY Chem	SY	2202131	<i>P</i>
25.	Diya Pawaskar	BSC chem	SY	2202094	Pawaskar
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Chowgule Education Society's

**Parvatibai Chowgule College of Arts and Science
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Talk on "Cyber Security" on 18th October, 2023 at 11:45 a.m. in the Auditorium in an online mode on Google Meet.

ATTENDANCE SHEET

Sr. No.	Name of the Faculty	Department	Signature
1.	Dr. Sameera Falleis	Computer Sc.	Falleis
2.	Lactina Gonsalves	Chemistry	Lgmat
3.	Shaula Ghanh	Comp. Sc	Selhaok
4.	Gajanan Niral	Comp Sc	Niral
5.	Ganuresh B. Tari	Comp. Sci	Tari
6.	Suchitra Bhat	Comp Sc.	Bhat 18/10/23
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REPORT ON CAMPUS ACTIVITY

(Seminar / Webinar / Expert talk / Workshop / Visit to Incubators on the themes pertaining to Innovation/Entrepreneurship/Intellectual property)

Title of the event	Cyber Laws & Security
Date and time	20-10-2023, 14:00-15:30 Hrs.
Mode	Offline(√)
Organising Department/School/Directorate/Section	Parvatibai Chowgule College of Arts & Science, Computer Science Department.
Resource Person/s	Adv. J.R.Serrao , a Practicing advocate in Civil and criminal law in South Goa including high Court of Bombay at Goa.
Participants in house	Faculty: 04, Students:18 , Others: 0
Participants (External)	Faculty: 0, Students: 0, Others: 0
Faculty attended	04
Students attended	18
Total Participants	22
The objectives and description of the activity	To establish legal frameworks to regulate and protect digital interactions and transactions.
Attach copy of the Flyer event (if any)	-
URL of the event (if any)	
Social Media posts and links: (if any)	-
Instagram link	-
Facebook link	-
Youtube link	-
Photos (minimum 5, geo-tagged)	Photos Enclosed.
Feedback	
Benefit/Key outcome of the event in terms of learning/skills/knowledge	Participating in cyber security session enriches individuals with up-to-date knowledge, practical skills, and legal insights essential for effectively navigating the complex landscape of cyber laws and cyber security.



Chowgule Education Society's

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Encl: 1.Copy of Attendance Sheet of the participants.

2.Geotagged Photographs of the event.

**Report Prepared By: Gauresh B. Tari
(Computer Science Dept.)**

Signature of the Head of the Department/ Incharge :



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PARVATIBAI CHOWGULE COLLEGE OF ARTS & SCIENCE (AUTONOMOUS) ACADEMIC YEAR 2023-2024 COMPUTER SCIENCE DEPARTMENT

Date & Time: 20th October, 2023
Venue: Lower Auditorium
Topic: Cyber Law & Security

Session given by
Advocate J.R. Serrao

Sr. No.	Name	Signature
1.	Murugul Desai	
2.	Deepika Bind	
3.	Sarvo D'Costa	
4.	Rizma Pereira	
5.	SIDDHI NAIK	
6.	Anjali Rodrigues	
7.	Ashay Kumar HT	
8.	Fahid Muzamer	
9.	Maheera Shukla	
10.	Tanvi Verdecare	
11.	Komal Bendre	
12.	Archana Achari	
13.	Eva A. Soares	
14.	James Faria	
15.	Gleba A. Fernandes	
16.	Sanat Raikar	
17.	Velika Gomes	
18.	Riya Bandekar	
19.		
20.		

Sanas Sheikh
Ritika Srosten

Galileo
20/10/2023

20/10/2023



Parvatibai Chowgule College of Arts and Science
(Autonomous)

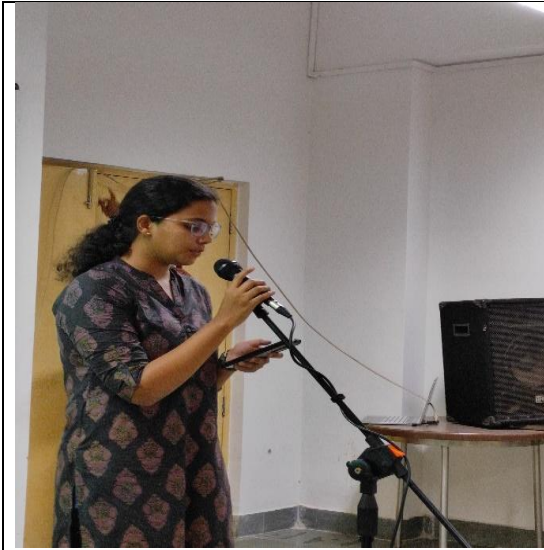
Accredited by NAAC with Grade 'A+'
Best Affiliated College-Goa University Silver Jubilee Year Award



REPORT ON INTERNATIONAL YEAR OF THE MILLETS (IYoM) 2023

Title of the event	SHORT POEM WRITING AND DIGITAL STORY MAKING
Date and time	26 August 2023
Mode	Offline
Organising Department/ School/Directorate/ Section	Department of Biotechnology
Participants in house	05
Faculty attended	02
Students attended	27
Total Participants	05
The objectives and description of the activity	Awareness on Millets and IYoM2023
Attach copy of the Flyer event (if any)	<p>The club of The Department of Biotechnology, Biochrome in celebration of the 'International Year of Millets'(IYoM) 2023 brings you....</p> <p>Digital Story making personify your millets through the means of a story....</p> <p>Short Poem on millets write a short poem on millets using your intellectual creativity !</p> <p>Date: 26-08-23 Timing: 3.15 onwards... Venue: flipped classroom</p> <p>Registration form Submission form</p>

Photos





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REPORT - ON CAMPUS ACTIVITY

(Seminar / Webinar / Expert talk / Workshop / Visit to Incubators on the themes pertaining to Innovation/Entrepreneurship/Intellectual property)

Title of the event*	Goan Day
Date and time*	20 th October 2023. 12.30 – 4pm
Mode & Venue*	Offline- Space between the canteen and computer department
Organising Department/ School/Directorate/ Section*	English Department
Resource Person/s	Dr Sonia Fernandes Da Costa , Dept of English
Participants in house*	Faculty:01, Students:28 Others:more then hundred
Total Participants*	60
The objectives and description of the activity*	<p>The objective of this day are as follows:</p> <ol style="list-style-type: none">1.To preserve and promote Goan culture and traditions through music, dance and cuisine, ensuring that younger generations continue to embrace and appreciate their heritage.2.To bring together the Goan community fostering a sense of unity and shared identity.3.To highlight Goan cuisine and culinary traditions, encouraging the exploration of local flavors and dishes <p>The Department of English in collaboration with the departments of History and French organized Goan Day. The day began with the inaugural session. Traditional Goan Food was displayed and later in the day, the TYBA students presented a Khell (skit), The students also performed various folk dances. It was well attended by faculty and students of other departments.</p>
Benefit/Key outcome of the	Through participating in and observing Goan folk dances, students gain a deeper appreciation for the cultural traditions and

event in terms of learning/skills/knowledge*	heritage of Goa. They learn about the significance of dance in Goan culture and how it reflects the region's history, values, and identity.
Photos (minimum 5, geo-tagged) *	
Attach copy of the Flyer event (if any)*	

Signature of the Head of the Department/ Incharge* :

Sdacosta







Chowgule College
(Autonomous)



etc.
english tygers' club



DEPARTMENT OF ENGLISH
CHOWGULE COLLEGE

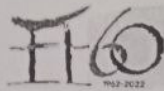
DAY/ DATE: 20-10-23		TITLE: Goan Day Attendance 2023		
DURATION:		LOCATION:	RESOURCE PERSON/S:	
SR. NO	NAME	ROLL NO.	YEAR	SIGN
1	Olga Goes	2201011	SYBA	Olga Goes
2	Amanda Rodrigues	2201042	SYBA	Amanda Rodrigues
3	Danisha Rodrigues	AU2101198	TYBA	Danisha Rodrigues
4	Aulio Menezes	2101328	TYBA	Aulio Menezes
5	ASHISA JADHAV	2101308	TYBA	Ashisa
6	Samaira Furtado	2302118	FYBSc	Samaira Furtado
7	Ethel C. Rodrigues	2201103	SYBA	Ethel C. Rodrigues
8	Delia D'mello	2201150	SYBA	Delia D'mello
9	Ninashka Barreto Xavier	2201096	SYBA	Ninashka
10	Vernon Xavier Madue de Deus	2101201	TYBA	Vernon
11	Jay A. Graude	2301018	FYBA	Jay A. Graude
12	Renzia Fernandes	2201068	SYBA	Renzia Fernandes
13	Aston Fernandes	2102426	TYBSc	Aston Fernandes
14	Noella Dias	2101299	TYBA	Noella Dias
15	Ruth Dias	2101272	TYBA	Ruth Dias
16	Jewel Fernandes	2101194	TYBA	Jewel Fernandes
17	Serena Serrão	2302093	FYBSc	Serena Serrão
18	Sana Prabhu	2201033	SYBA	Sana Prabhu
19	Anushka Naik	2202026	S.Y.BSc	Anushka Naik
20	Shambhari Prabhu Dessai	2201041	SYBA	Shambhari Prabhu Dessai

Remarks:

Name & Signature of In-charge:



Chowgule College
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english tygers' club



#3

DAY/DATE		TITLE		
20-10-2023		Open Day Attendees 2023		
TYPE:				
DURATION:		LOCATION:		RESOURCE PERSON/S:
SR NO	NAME	ROLL NO.	YEAR	SIGN
1	Elisabeth Prakash	AU2101275	TYBA	<i>[Signature]</i>
2	Ashlyn Z. Rodriguez	AU2101270	TYBA	<i>[Signature]</i>
3	Gawri Shasmama	AU2101255	TYBA	<i>[Signature]</i>
4	Noshin Khan	A2101303	TYBA	<i>[Signature]</i>
5	Jeslinda Barreto	AU2101161	TYBA	<i>[Signature]</i>
6	Madisona Fernandes	AU2101321	TYBA	<i>[Signature]</i>
7	Mahima Shet Shirodker	AU2101183	TYBA	<i>[Signature]</i>
8	Diya Padigar	2201030	SYBA	<i>[Signature]</i>
9	Shemaylah Sheikh	2201038	SYBA	<i>[Signature]</i>
10	Neeti Kamat	2201047	SYBA	<i>[Signature]</i>
11	Shefali Madkaikar	2301005	FYBA	<i>[Signature]</i>
12	Lyanne Colaw	2201026	SYBA	<i>[Signature]</i>
13	Penita J. Ferrao	2201161	SYBA	<i>[Signature]</i>
14	Jessica J. George	AU2101265	TYBA	<i>[Signature]</i>
15	Jeslyn Dias	2101262	TYBA	<i>[Signature]</i>
16	Jennifer Fernando	2101310	TYBA	<i>[Signature]</i>
17	Mariel Diasz	2101199	TYBA	<i>[Signature]</i>
18	Shanaya Mascarenhas	202101284	TYBA	<i>[Signature]</i>
19				
20				

Remarks:

[Signature]
Name & Signature of In-charge:



Chowgale College
(Autonomous)



etc.
english tygers' club



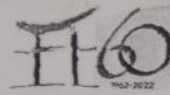
DAY/DATE:		TITLE:		
TYPE:		RESOURCE PERSON/S:		
DURATION:		LOCATION:		
SR. NO.	NAME	ROLL NO.	YEAR	SIGN
1	Tanmay Deshpande	2220012	SYBA	[Signature]
2	Keegan Neil Fernandes	2301057	FYBA	[Signature]
3	Leray James Cardoso	2301011	FYBA	[Signature]
4	Diya Padiyar	2201030	SYBA	[Signature]
5	Shemaylah Sheikh	2201030	SYBA	[Signature]
6	Saachi Kale	2201035	SYBA	[Signature]
7	Leana Janisha Da Costa	2302147	FYBA	[Signature]
8	Valaisha Souza	2301064	FYBA	[Signature]
9	Slyna Fernandes	2201064	SYBA	[Signature]
10	Janisha Naik	2301058	FYBA	[Signature]
11	Keenan Desilva	2301126	FYBA	[Signature]
12	Chinva	2201082	SYBA	[Signature]
13	Pranavi Naik	2201014	SYBA	[Signature]
14	Dhanyata Naik	2101189	TYBA	[Signature]
15	Shefali Kavalekar	2301084	FYBA	[Signature]
16	Vismay Bandekar	2201156	SYBA	[Signature]
17	Kannavi Mishra	2201168	SYBA	[Signature]
18	Rachel Fernandes	T-T	T-T	[Signature]
19	Renita J Ferrao	2201061	SYBA	[Signature]
20	Jewel Fernandes	2101194	TYBA	[Signature]

Remarks:

Name & Signature of In-charge:



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(Autonomous)



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english tygers' club



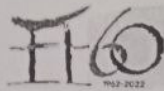
DAY/ DATE:		TITLE:		
TYPE:		RESOURCE PERSON/S:		
DURATION:		LOCATION:		
SR. NO	NAME	ROLL NO.	YEAR	SIGN
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9	Slyna Fernandes	2201064	SYBA	[Signature]
10	Janisha Naik	2301058	FYBA	[Signature]
11	Keenan Desilva	2301126	FYBA	[Signature]
12	Chinva	2201082	SYBA	[Signature]
13	Pranavi Naik	2201014	SYBA	[Signature]
14	Dhanyata Naik	2101189	TYBA	[Signature]
15	Shefali Kavalekar	2301084	FYBA	[Signature]
16	Vismay Bandekar	2201156	SYBA	[Signature]
17	Kannavi Mishra	2201168	SYBA	[Signature]
18	Rachel Fernandes	T-T	T-T	[Signature]
19	Renita J Ferrao	2201061	SYBA	[Signature]
20	Jewel Fernandes	2101194	TYBA	[Signature]

Remarks:

Name & Signature of In-charge:



Chowgule College
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#3

DAY/DATE:		TITLE:		
20-10-2023		Open Day Attendees 2023		
TYPE:				
DURATION:		LOCATION:		RESOURCE PERSON/S:
SR NO	NAME	ROLL NO.	YEAR	SIGN
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3	Gawri Shasmama	AU2101255	TYBA	<i>[Signature]</i>
4	Noshin Khan	A2101303	TYBA	<i>[Signature]</i>
5	Jeslinda Barreto	AU2101161	TYBA	<i>[Signature]</i>
6	Madisona Fernandes	AU2101321	TYBA	<i>[Signature]</i>
7	Mahima Shet Shirodker	AU2101183	TYBA	<i>[Signature]</i>
8	Diya Padigar	2201030	SYBA	<i>[Signature]</i>
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10	Neeti Kamat	2201047	SYBA	<i>[Signature]</i>
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17	Manil Diasz	2101199	TYBA	<i>[Signature]</i>
18	Shanaya Mascarenhas	202101284	TYBA	<i>[Signature]</i>
19				
20				

Remarks:

[Signature]
Name & Signature of In-charge:



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F.42/937

1st November, 2023

Director,
Government of Goa,
Directorate of Higher Education,
S.C.E.R.T. Building,
Alto Porvorim, Goa.

Sub: Compliance Report - Celebration of the National Unity Day on 31st October, 2023

Dear Sir,

With reference to your email dt. 27th October, 2023, on the occasion of Birth Anniversary of Sardar Vallabhbhai Patel, National Unity Day was observed by our staff on 31st October, 2023 by administering the Rashtriya Ekta Diwas Pledge.

Please find enclosed the Geo- tagged Photographs taken on the occasion.

Thanking you,

Yours faithfully,

Prof. (Dr.) Sangeeta G. Sankhalkar
Principal



PARVATIBAI CHOWGULE COLLEGE
OF ARTS & SCIENCE
PRINCIPAL S HONOR ROLL




SMT. PARVATIBAI D. CHOWGULE

PARVATIBAI CHOWGULE COLLEGE
OF ARTS & SCIENCE
ALUMNI HONOR ROLL



SHRI DATTAJI N. CHOWGULE



 GPS Map Camera

Margao, GA, India

Cupangale Society, Margao, 403601, GA, India

Lat 15.290136, Long 73.980377

10/31/2023 10:35 AM GMT+05:30

Note : Captured by GPS Map Camera



Apple Maps



PARVATIBAI CHOWGULE COLLEGE
OF ARTS & SCIENCE
PRINCIPAL'S HONOR ROLL



SMT. PARVATIBAI D. CHOWGULE

PARVATIBAI CHOWGULE COLLEGE
OF ARTS & SCIENCE
ALUMNI HONOR ROLL



SHRI. DATTAJI N. CHOWGULE

GPS Map Camera

Margao, GA, India
Cupangale Society, Margao, 403601, GA, India
Lat 15.289929, Long 73.980210
10/31/2023 10:36 AM GMT+05:30
Note : Captured by GPS Map Camera





PARVATIBAI CHOWGULE COLLEGE
OF ARTS & SCIENCE
PRINCIPAL'S HONOR ROLL




SMT. PARVATIBAI D. CHOWGULE

PARVATIBAI CHOWGULE COLLEGE
OF ARTS & SCIENCE
ALUMNI HONOR ROLL



SHRI. DATTAJI B. CHOWGULE

 GPS Map Camera



Margao, GA, India
Cupangale Society, Margao, 403601, GA, India
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Note : Captured by GPS Map Camera



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EMAILS

On Fri, Oct 20, 2023 at 11:59 AM Establishment Section <estt-dhe.goa@gov.in> wrote:
Sir/Madam,

Please find attached herewith Circular dated 12/10/2023 received from Directorate of **Vigilance** regarding observance of the **Vigilance Awareness week 2023** starting from 30th October 2023 to 05th November 2023 being the Birth anniversary of Sardar Vallabhbhai Patel on 31st October.

In this regards, it is instructed to all the Institutions, to follow the guidelines mentioned in the Circular and to send their Action taken report with photographs of all the activities carried out through email to the Directorate of **Vigilance** at adv-dv.goa@nic.in as soon as the activity is completed with your respective Institutions name under intimation to this Directorate.

Regards
Establishment Section
DHE

Celebration of "Rashtriya Ekta Diwas" and "Vigilance Awareness Week 2023"

Inbox

Search for all messages with label Inbox

Remove label Inbox from this conversation



PRINCIPAL'S OFFICE

Mon, Oct 30,
11:11 AM(2 days
ago)

to College, PRINCIPAL'S, Vice

Dear All,

As per the directives of Directorate of Higher Education and Directorate of Vigilance, the "Rashtriya Ekta Diwas" and "Vigilance Awareness Week 2023", will be observed on Tuesday, 31st October, 2023 respectively.

All non-teaching staff are requested to assemble in the Heritage Hall at 10:30 a.m. for the same.

Rashtriya Ekta Diwas Pledge and Integrity Pledge will be administered.

**Sd/-
Principal**

From: "Addl. Director Vigilance Director of Vigilance Goa" <adv-dv.goa@nic.in>
To: "Dilip Humraskar" <dir-acco.goa@nic.in>, "Director AHVS Goa" <dir-ahvs.goa@nic.in>, "Director of Archives, Govt of Goa" <dir-arch.goa@nic.in>, "Director Archaeology Goa" <dir-archaeology@goa.gov.in>, "Director Dir of Art and Culture" <dir-dac.goa@nic.in>, "Goa State Central Library Goa" <lib-cent.goa@nic.in>, "Dir CSCA Govt of Goa" <dir-csca.goa@nic.in>, "Collector South Goa" <cols.goa@nic.in>, "Quincy Gonsalves" <confo-ng-ga@nic.in>, "South Goa Consumer Forum" <confo-sg-ga@nic.in>, "Chief Electrical Engineer" <cee-elec.goa@nic.in>, "Commissioner Excise Goa" <exci-comm.goa@nic.in>, "Director Environment" <dir-env.goa@nic.in>, "Director Fisheries" <dir-fish.goa@nic.in>, "Dy Conservator of Forest P and S" <dcfops-forest.goa@nic.in>, "FOOD AND DRUGS ADMINISTRATION GOA" <off-dfda.goa@nic.in>, "Goa Gazetteer Department, Govt. of Goa" <eed-gaz.goa@gov.in>, "Principals Office Govt. Polytechnic Panaji" <ppl-gpp.goa@nic.in>, "gpbicholim gov" <gpbicholim.gov@gov.in>, "GOPALKRISHNA RAO" <principal.gcp.goa@gov.in>, "Dean Goa Dental College Hospital" <dean-gdch.goa@nic.in>, dhtcgoa@gmail.com, "HIB SECTION DHS" <ddhibsa-heal.goa@nic.in>, "Director Higher Education Goa" <dir-dhe.goa@nic.in>, "Director Industries Trade and Commerce Goa" <dir-indu.goa@nic.in>, dipgoa@gmail.com, "Director IT" <dir-dit.goa@nic.in>, "Labour Commissioner Goa" <com-labo.goa@nic.in>, "Controller Legal Metrology Goa" <con-lega.goa@nic.in>, "Dir Mines, Goa | dir-mine.goa@nic.in" <dir-mine.goa@nic.in>, "State Registrar Head of Notary Services" <srhns-rd.goa@nic.in>, "Dr. Wilson Nicolau Fernandes" <principal-ine.goa@nic.in>, "Shailesh R. S. Zingde Director of Education" <dir-educ.goa@nic.in>, "adm-ifb goa" <adm-ifb.goa@nic.in>
Sent: Thursday, October 12, 2023 4:17:51 PM
Subject: Oservance of Vigilance Awareness Week 2023

Sir / Madam,

This is for your kind information that Directorate of Vigilance will observe the Vigilance Awareness Week 2023 from 30 October, 2023 to 30 November, 2023 being the Birth Anniversary of Sardar Vallabhbhai Patel on 31st October.

In this regards the necessary details and activities to be undertaken by the Organization is mentioned in the Circular enclosed herewith for further needful.

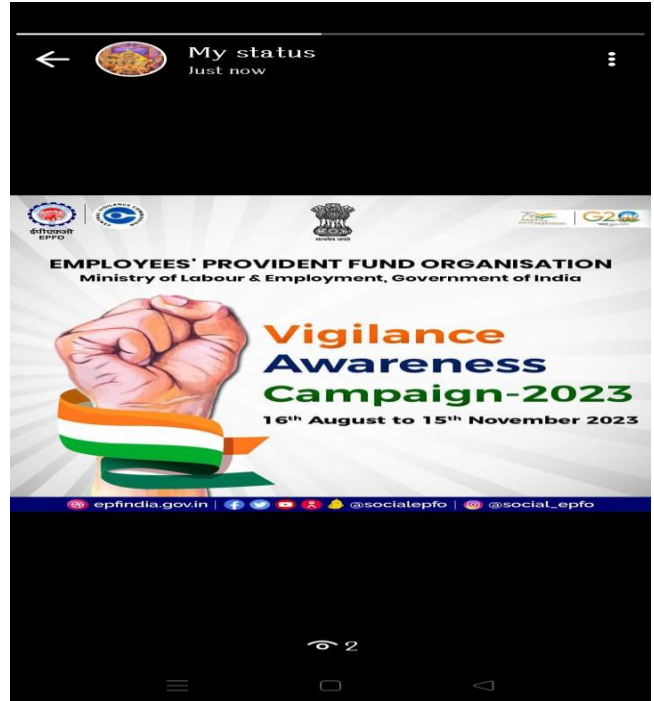
Directorate of Vigilance,
Altinho, Panaji, Goa



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**Parvatibai Chowgule College of Arts and Science
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PHOTOS - POSTERS ON SOCIAL MEDIA



Sample for Essay Writing

Name: Deepika Basavaraj ITI
SYBA, roll no. 2201108

Title: No Corruption: Commit to the Nation

Introduction

Corruption is a global epidemic that plagues societies, undermining the very foundations of trust, justice, and prosperity. In the quest for a better future, it is imperative to commit to a corruption-free nation. This essay delves into the significance of such a commitment and outlines the multifaceted approach necessary to achieve this noble objective.

The Significance of a Corruption-Free Nation

1. **Economic Growth:** Corruption acts as a parasitic drain on a nation's economic potential. When public funds are siphoned away for personal gain, it leaves fewer resources for essential public services, infrastructure development, and investments. A corruption-free nation can redirect these funds toward economic growth, benefiting all citizens.
2. **Trust in Government:** Corruption erodes trust in government and public institutions. When citizens perceive that those in power are corrupt, their faith in the democratic process diminishes. A nation devoid of corruption is more likely to foster trust, transparency, and accountability, ensuring that public officials serve the best interests of the people.
3. **Social Equity:** Corruption exacerbates social inequality. It allows the privileged few to manipulate their positions for personal gain, leaving marginalized communities without access to basic services. A commitment to no corruption is synonymous with a commitment to reducing inequality, thereby improving the quality of life for all citizens.

Steps to Achieve a Corruption-Free Nation

1. **Legal Reforms:** Strengthen anti-corruption laws and ensure their rigorous enforcement. Establish independent anti-corruption agencies with the authority to investigate and prosecute cases of corruption. By implementing such reforms, a strong deterrent is established against corrupt practices.
2. **Transparency and Accountability:** Promote transparency in all government operations and decision-making processes. Initiatives such as open data, whistleblower protection, and participatory budgeting can significantly enhance transparency. In addition, mechanisms must be in place to hold public officials accountable for their actions.
3. **Public Awareness:** To combat corruption effectively, citizens must understand its detrimental effects and their role in its prevention. Public awareness campaigns and civic education programs can empower individuals to resist corrupt practices and demand ethical governance.

4. **International Cooperation:** Corruption often transcends borders, making international cooperation essential. Collaboration with other nations to combat corruption, recover stolen assets, and facilitate information exchange is crucial in the fight against this global menace.

5. **Ethical Leadership:** The key to any successful anti-corruption effort lies in the election and support of leaders who prioritize honesty, integrity, and public service. Ethical leaders serve as role models, setting an example by adhering to the highest ethical standards and promoting a culture of transparency and accountability.

6. **Civil Society Engagement:** Civil society organizations, including non-governmental organizations (NGOs) and community groups, play a pivotal role in monitoring and advocating for anti-corruption efforts. These organizations can serve as watchdogs, holding governments accountable for their actions and promoting good governance.

7. **Technology and Innovation:** Utilize technology and innovation to enhance transparency and accountability. E-government initiatives, blockchain technology, and data analytics can be powerful tools in combating corruption by minimizing opportunities for illicit practices and enhancing oversight.

8. **Whistleblower Protection:** Establish comprehensive whistleblower protection laws and mechanisms to encourage individuals to report corruption without fear of reprisal. Whistleblowers are often the first line of defense against corrupt activities within organizations and governments.

9. **Education and Training:** Introduce anti-corruption education and training at all levels of society, from schools and universities to workplaces and government agencies. These programs can instill a culture of integrity and ethics, which is crucial for combating corruption.

Conclusion

A corruption-free nation is not an unattainable dream but an achievable objective that requires the unwavering commitment of individuals, institutions, and governments. Eradicating corruption is vital for economic growth, trust in government, and social equity. By implementing legal reforms, promoting transparency and accountability, raising public awareness, fostering international cooperation, electing ethical leaders, engaging civil society, utilizing technology and innovation, protecting whistleblowers, and prioritizing education and training, we can collectively work towards building a nation free from corruption.

Such a commitment does not only benefit the present generation but also secures a brighter, more just, and prosperous future for our posterity. It is a commitment to the principles of justice, fairness, and equality, which form the bedrock of a thriving and harmonious society.



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EMAIL

Celebration of Constitution Day - 24th November, 2023

Inbox

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PRINCIPAL'S OFFICE <principalsoffice@chowgules.ac.in>

Thu, Nov
23, 2023,
1:48 PM

to College, PRINCIPAL'S, Vice

NOTICE

Celebration of Constitution Day - 24th November, 2023

Dear All,

The 'Samvidhan Diwas' (Constitution Day) will be celebrated on Friday the 24th November, 2023 at 11:00 a.m. in the Heritage Hall

"Preamble" to the Constitution will be read out at 11:00 a.m. sharp.

All Teaching and Non- Teaching staff who are not on examination duty are required to attend the same.

--

Sd/-

Principal



Parvatibai Chowgule College of Arts and Science (Autonomous)

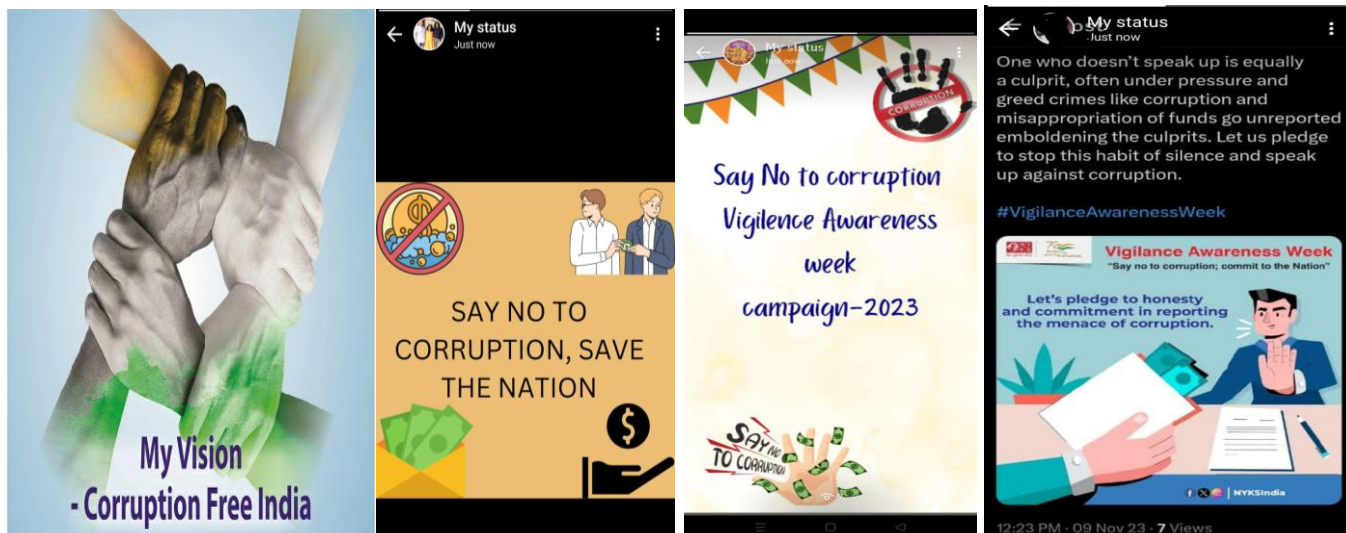
Accredited by NAAC with Grade 'A+'
Best Affiliated College-Goa University Silver Jubilee Year Award

REPORT ON CAMPUS ACTIVITY

(Seminar / Webinar / Expert talk / Workshop / Visit to Incubators on the themes pertaining to Innovation/Entrepreneurship/Intellectual property)

Title of the event	Vigilance Awareness Week 2023
Date and time	November 7-15, 2023
Mode	Online
Organising Department/ School/Directorate/ Section	Government of India, Directorate of Higher Education (Goa), Directorate of Sports and Youth Affairs, National Service Scheme
Resource Person/s	NSS, College Unit
Participants in house	Students: 20
Students attended	20
Total Participants	20
The objectives and description of the activity	The objective is to strengthen the communitarian spirit among us as Indians through awareness and avoidance of corruption, and working towards making the nation corruption free.
Feedback	The activity was an opportunity for students to show their commitment to integrity and nation building, in spite of it being semester end examinations.
Benefit/Key outcome of the event in terms of learning/skills/knowledge	The activity helps the participants to rekindle the connection with the country through the awareness of the ills of corruption. This not only strengthens the bond with the nation but also helps with the global cause of good governance. The creative posters and essays were ways of promising ourselves of our duty and responsibility of aiding in the nation's progress towards becoming a corruption free country. The activities help us focus on our human and Indian identities first thereby focusing on larger goals.

Photos



Signature of the Head of the Department/ Incharge :



NSS ACTIVITY REPORT

Parvatibai Chowgule College of Arts and Science, Autonomous

- **Title of the Activity:** Activities to observe World AIDS Day 2023
- **Date:** December 1-2, 2023

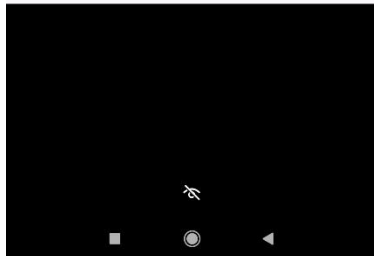
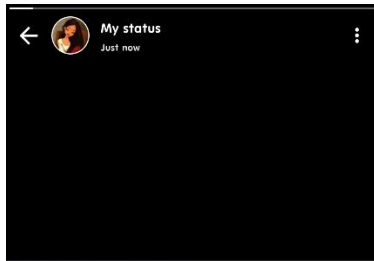
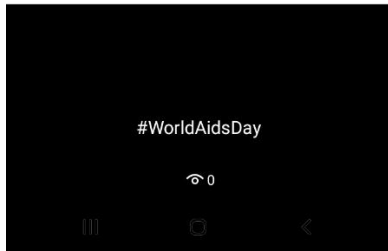
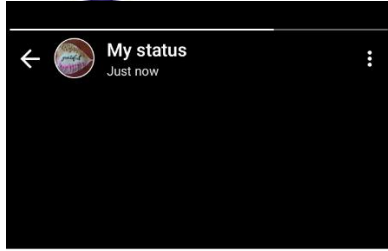
Report details

NSS organized activities to observe World AIDS Day on December 1, 2023, raising awareness regarding the importance of our commitment against the disease. They were as follows:

1. Creative Social Media status - Uploading a screenshot of creative social media status to observe World AIDS Day 2023
2. Pledge Taking – Filming oneself taking the pledge and uploading the video to observe World AIDS Day 2023
3. Essay - Writing an essay of 700-800 words on AIDS Awareness and World AIDS Day, and uploading the Word or PDF document to observe World AIDS Day 2023

Participation	Number of participants
Activity 1	12
Activity 2	4
Activity 3	17

Activity 1





Activity 3

AIDS AWARENESS AND WORLD AIDS DAY

"Imagine a world where a single day can bring hope, solidarity, and a powerful reminder of the ongoing battle against a relentless enemy. That day is World AIDS Day, a time when voices unite, compassion prevails, and the fight against HIV/AIDS takes center stage. In this essay, we will delve into the significance of this global event and explore the progress made and challenges that lie ahead in our collective effort to end the AIDS epidemic."

World AIDS Day is an annual event observed on December 1st. It's a day dedicated to raising awareness about HIV/AIDS, honoring those who have lost their lives to the disease, and showing support for people living with HIV/AIDS. This day serves as a global platform to educate communities, promote understanding, and fight against the stigma and discrimination associated with HIV/AIDS. World AIDS Day holds immense significance as it brings people together, encourages solidarity, and inspires collective action towards the goal of ending the HIV/AIDS epidemic. It's a reminder that we all have a role to play in creating a world free from the impact of this disease.

When it comes to the global HIV/AIDS epidemic, the statistics paint a clear picture of both progress and ongoing challenges. Currently, there are approximately 37.7 million people living with HIV/AIDS worldwide. Although the number of new infections has decreased over the years, it still remains a significant public health concern.

Different regions and communities experience varying impacts. Sub-Saharan Africa continues to bear the greatest burden, with nearly two-thirds of all people living with HIV residing in this region. Vulnerable populations, such as women and girls, young people, and marginalized communities, are disproportionately affected by HIV/AIDS.

However, it's essential to acknowledge the tremendous progress made in the fight against HIV/AIDS. Increased access to life-saving treatment and prevention services has helped reduce AIDS-related deaths. Global efforts have led to more than 26 million people receiving antiretroviral therapy, enabling them to live healthy and productive lives.

Nevertheless, the work isn't complete. We must continue to prioritize awareness, education, and access to comprehensive healthcare services worldwide. By addressing the impact of HIV/AIDS on different regions, communities, and vulnerable populations, we can strive towards a future where the world is free from the burden of this epidemic. Together, we can make a difference! Awareness and education play a pivotal role in combating HIV/AIDS. On World AIDS Day, there are numerous initiatives, campaigns, and events held to promote education and understanding about the disease.

One of the key initiatives is the distribution of information materials, such as brochures, posters, and online resources, that provide facts about HIV/AIDS, prevention methods, testing, and treatment options. These materials aim to increase knowledge and dispel myths and misconceptions surrounding the disease.

Additionally, many organizations and communities organize educational workshops, seminars, and panel discussions to raise awareness about HIV/AIDS. These events often feature healthcare professionals, activists, and individuals living with HIV/AIDS who share their experiences, provide support, and advocate for better access to care.



HIV testing campaigns are also prevalent on World AIDS Day. Mobile clinics, testing centers, and community organizations offer free or low-cost HIV tests, encouraging individuals to know their status and take proactive steps towards prevention and treatment.

Social media campaigns and hashtags are widely used to spread awareness and engage a global audience. People share personal stories, educational content, and messages of support, creating a sense of unity in the fight against HIV/AIDS.

These initiatives, campaigns, and events on World AIDS Day serve as powerful tools to educate and empower individuals, reduce stigma, and promote a world where everyone has equal access to information and resources related to HIV/AIDS. Together, we can make a difference and create a future free from the impact of this disease!

Significant progress has been made in the fields of treatment, prevention, and research when it comes to fighting against AIDS. With advancements in medical science, antiretroviral therapy (ART) has become more accessible and effective in managing HIV infection, allowing individuals to live longer and healthier lives. Additionally, Pre-Exposure Prophylaxis (PrEP) has emerged as a crucial prevention tool, reducing the risk of acquiring HIV for those at high risk. Research has also led to breakthroughs in other prevention methods like microbicides and vaccines, which hold promise for the future. These advancements have contributed to a decrease in new infections and AIDS-related deaths.

However, despite these achievements, ongoing challenges and barriers persist. Stigma and discrimination associated with HIV/AIDS continue to hinder progress, discouraging people from seeking testing, treatment, and support services. Limited access to healthcare, especially in marginalized communities and regions with high prevalence, remains a significant barrier.

Socioeconomic factors, such as poverty and inequality, can also impede progress in the fight against AIDS. Lack of education, gender inequalities, and inadequate funding can further exacerbate these challenges, limiting the reach of prevention and treatment programs.

Addressing these ongoing obstacles requires a comprehensive approach. It involves combating stigma, promoting comprehensive sex education, increasing access to healthcare and prevention services, and addressing social determinants of health. It also calls for sustained investment in research and innovation, ensuring that we stay at the forefront of scientific advancements.

Raising awareness, promoting education, and supporting affected individuals and communities are crucial steps in our ongoing fight against HIV-AIDS. By spreading knowledge about prevention methods, encouraging regular testing, and challenging the harmful stigma surrounding the disease, we can empower people to take control of their health and prevent new infections. It's important to provide support and resources to those living with HIV/AIDS, ensuring they have access to proper care, treatment, and a network of understanding individuals. Together, let's continue our collective efforts to combat HIV-AIDS and work towards a world where no one is impacted by these diseases. 🤝💙



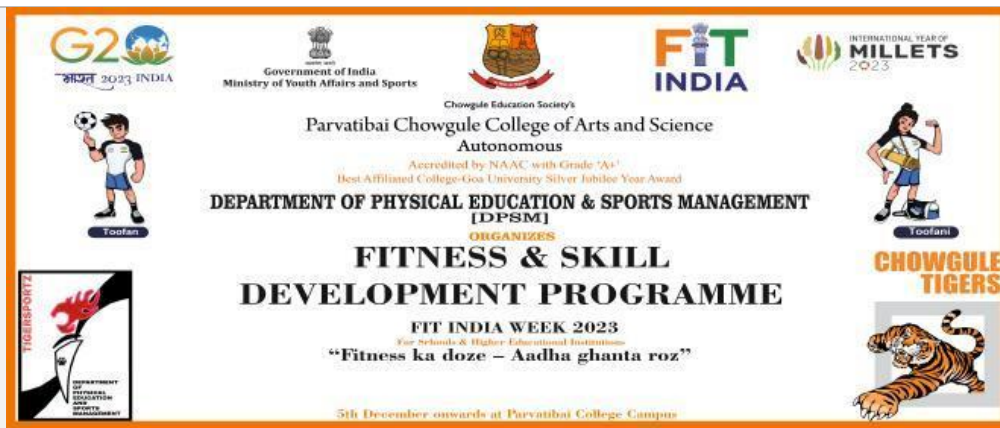
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REPORT - ON CAMPUS ACTIVITY

(Seminar / Webinar / Expert talk / Workshop / Visit to Incubators on the themes pertaining to Innovation/Entrepreneurship/Intellectual property)

Title of the event*	Fit India Week 2023-24
Date and time*	5th December 2023 to 15th December 2023 from 6.00 am to 8.00 am.
Venue	Tiger's Ghol & Multi Purpose Court
Organising Department	Department Of Physical Education & Sports Management
Resource Person/s	Mr. Audumbar Tamse
Students attended	23
Total Participants*	23
The objectives and description of the activity*	<p>On the instructions of University Grant Commission, Principal Prof. (Dr.) Sangeeta Sankhalkar advised the Department of Physical Education & Sports Management to celebrate "Fit India Week" between 15th November to 15th December, 2023. She suggested that during that time, the department can choose a week at their convenience and organise various sports and fitness activities for 4-6 days.</p> <p>Dr. Devashish Bagchi and Mr. Audumbar Tamse attended an online orientation session on 10th November 2023, organised by University Grants Commission (UGC) in collaboration with Sports Authority of India (SAI) and Ministry of Youth Affairs and Sports to provide further details and guidance on the Celebration of Fit India Week.</p> <p>Accordingly, the department organised "FIT INDIA WEEK" from 5th December 2023 to 15th December 2023 from 6 am to 8 am.</p> <p>Twenty three students registered for the Fit India week that included Daily fitness development and sports skills development programme based on suggestions given on Fit India website.</p> <p>Fitness tests as designed in Fit India website were conducted at the start and end of the Fit India week. Physical fitness components such as Endurance, Flexibility, Balance and Strength were included.</p>
Benefit/Key outcome of the event in terms of learning/skills/knowledge*	Fitness development and sports skills development
Photos *	



PARVATIBAI CHOWGULE COLLEGE OF ARTS AND SCIENCE MARFGAO GOA
FIT INDIA WEEK BANNER



Opening Day FIT INDIA WEEK
5th December 2023.



Warming Up



Push Up



Noukasana



2KM Run/Walk



Vrukshasana



Sit & Reach



Cooling Down



Fit India Week Closing Day

Signature of the Head of the Department/ Incharge*:

Asyahi



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REPORT ON CAMPUS ACTIVITY

(Seminar / Webinar / Expert talk / Workshop / Visit to Incubators on the themes pertaining to Innovation/Entrepreneurship/Intellectual property)

Title of the event	GOENKARPONN 2023: A Cultural Extravaganza Unveiled By Parvatibai Chowgule College Of Arts And Science
Date and time	December 12, 2023 9.00 am to 5.00 pm
Mode	Offline
Organising Department/ School/Directorate/ Section	Department of Sociology
Participants in house	Faculty: 4, Students: 55
Participants (External)	Faculty: 8, Students: 60
Total Participants	127
The objectives and description of the activity	<p>Parvatibai Chowgule College of Arts and Science, an autonomous institution, successfully organized the 7th Edition of Goenkarponn 2023 event on December 12, 2023. Hosted by the Department of Sociology in Collaboration with the H.U.M.A.N-D.O.S.T.O Club, this cultural fiesta witnessed vibrant participation from 60 students representing four higher secondary institutions i.e.Harmal Panchakroshi Higher Secondary School-Pednem; St. Alex Higher Secondary School-Curtorim Salcete, S.S. Angle Higher Secondary School-Canacona and Mount Mary's Higher Secondary School-Chichinim accompanied by their esteemed faculties.</p> <p>The Goenkarponn event, held under the theme "Goa Beyond Sun, Sand, and Beaches," celebrated the rich cultural heritage of Goa, portraying it not just as a heritage but as a heartbeat that resonates through the essence of every Goan. The Inauguration ceremony was compared by Ms. Elria Fernandes and Ms. Medora Fernande. The guest of honour for the inauguration of event was Dr. Meghna Devli, Dean of Academics at Parvatibai Chowgule College of Arts and Science Autonomous. She appreciated the efforts of the department to promote Goan Culture and also encouraged each and every student to take pride of being Goan and make the best out of the event. The Inauguration ended with the vote of thanks proposed by Assistant Professor; Ms. Valeska Gracias.</p> <p>The Validatory took place at 4.30 in the Upper auditorium and the Guest of Honour was the Principal of the College; Prof.(Dr) Sangeeta Sankhalkar, she was impressed with the whole days effort by the participating teams as well as the organising department of sociology. She appealed to the youth that untill and unless we are not rooted there would be a chance of getting uprooted in the future. Thus, there was a need to conserve and spread our heritage and culture for the generations to come. The prizes were declared for various events and the overall Winner's was bagged by S.S. Angle Higher Secondary School and the</p>

	<p>Runners-up was bagged by St. Alex higher secondary school. The Goenkarponn 2023 event not only celebrated the diverse cultural mosaic of Goa but also provided a platform for students to express their talents and insights on contemporary issues. The Department of Sociology at Parvatibai Chowgule College of Arts and Science continues to foster cultural awareness and sociological engagement through such initiatives.</p>
<p>Benefit/Key outcome of the event in terms of learning/skills/knowledge</p>	<p>The objectives of this event are:</p> <ol style="list-style-type: none"> 1. Help students understand the Goan Culture of the past and present 2. Create a spirit of competition 3. Unleash the hidden talents of the students 4. Foster Sister/brotherhood among the Goan students

Photos



Signature

Signature of the Head of the Department/ Incharge:

Documentary movie on Goa's Freedom Struggle

Inbox

Search for all messages with label Inbox

Remove label Inbox from this conversation



PRINCIPAL'S OFFICE <principalsoffice@chowgules.ac.in>

Dec 9, 2023,
1:24 PM

to College, PRINCIPAL'S, Vice, Sarita

Dear All,

A documentary movie on Goa's Freedom Struggle named गोंय स्वातंत्र्याचें होमखण produced by Mrs. Jyoti Kunkoliekar will be screened on 15th December from 2:30 p.m. - 3:45 p.m. in Lower auditorium.

Staff is required to attend the screening programme in large numbers and be seated in the Auditorium by 2:15 p.m.

Sd/-

Principal

**PARVATIBAI CHOWGULE COLLEGE OF ARTS & SCIENCE
(AUTONOMOUS) - GOGOL, MARGAO-GOA**

Department of Psychology

(Highlight the appropriate: Workshop/Conference/Seminar/Industry-Academia/Extension activity, etc)

REPORT

Title:	Youth Mental Health Festival
Date and year:	27th August, 2022
Venue:	Lower Auditorium
No. of Participants	124
Objective:	To create awareness and sensitize students about the need to prevent suicide To encourage development of means to impart this information to the general public
Summary of the proceedings	<p>The Sangath Youth Mental Health Group (YMHG) in collaboration with the Department of Psychology organized a Youth Mental Health Festival on the 27th of August. The Festival consisted of 3 competitions; namely, a PhotoEssay competition, a Skit competition, and a Short film competition. The festival witnessed a great zeal of participation amongst the young students of different colleges of Goa. The top 3 winners of all competitions were awarded with certificates, trophies and amazon vouchers. The winners (First Place, Second Place and Third Place, respectively) for each event were as follows:</p> <p>Photo Essay Competition</p> <ol style="list-style-type: none">1. Anisha Sandhi of Dnyanprasarak Mandal college, Assagao, Bardez, Goa2. Khushi Mandrekar of Goa College of Homescience3. Safiya Shaikh of Rosary College of Commerce and Arts <p>Short Film Competition</p> <ol style="list-style-type: none">1. Vineet Aigal of Goa Engineering College for "Hey Tim !!!"2. Harsh Swar, Niraj Gauns, Deepraj Nadar, Gaurish Prabhu, Unmesha Naik, Manjiri Vernekar, Abbigail Vaz , Jonathan Jorge, and Shrinidhi Shanbag of Goa Medical College- Allied Health Science for "To all the Boys who want to die."3. Shreya Khorjuvekar, Rohit Hadapad, and Pooja Alvadkar of Goa Engineering College for "Life is Always Good". <p>Skit Competition</p> <ol style="list-style-type: none">1. Mahira Aga, Kulsum Khan, Aisha Khatri, Simran Pategar, Ratika Lotlikar, Esiya Lopes, Khushi Mandrekar, Sherie Fernandes, and Stenia Palha of Goa College of Home Science2. Aditya Jaiswal, Bhairavi Gaunkar, Prasad Naik, Areia Gernandes, Prapti Naik, Priyanka Sant, Akansha Navti, and Syloney Fernandes of PES's RSN College of Arts and Science, Farmagudi3. Payal Patil, Sneha Kudchadkar, Siddhrath Manjrekar, Dakshat Patil, Raghurama Shanbag, and Dattaprasad Naik of Goa College of Engineering

Photographs



1. Winners displaying their trophy and certificates
2. Skit competition performance



3.



Chowgule Education Society's
Parvatibai Chowgule College of Arts and Science
Autonomous

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GOA LIBERATION DAY

2023-24







NSS ACTIVITY REPORT

Parvatibai Chowgule College of Arts and Science, Autonomous

- **Title of the Activity:** National Youth Festival 2024 Talk
- **Date:** January 18, 2024, 10:00 AM to 11:30 AM

Report details

In celebration of National Youth Festival 2024 to commemorate the birth anniversary of Swami Vivekananda, the NSS coordinated a talk by DHE assigned resource persons on youth centric topics. The ceremony began with the ceremonial lighting of the lamp and floral tribute to Swami Vivekananda. The Principal, Prof. Sangeeta Sankhalkar, welcomed the participants and resource persons. The resource persons included:

1. Dhanashree Kamat – CA who spoke on financial freedom and literacy for youth and soon to be working professionals.
2. Dr. Veena Kantak – therapist who spoke on mental health and stress management for youth.
3. Prajeet Chodankar – Deputy Director with the Department of Information and Technology, Goa Government and Swayampurna Mitra, who spoke on the uses and purpose of the mybharat portal.

The vote of thanks was given by NSS PO, Audrick D'Mello.







Chowgule Education Society's

**Parvatibai Chowgule College of Arts and Science
Autonomous**

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**REPORT OF
NATIONAL VOTERS' DAY PROGRAM:
VOTERS' PLEDGE AND STREET PLAY**

**ORGANISED BY
NSS AND ELECTORAL LITERACY CLUB,
PARVATIBAI CHOWGULE COLLEGE OF ARTS AND
SCIENCE AUTONOMOUS**

On
25th JANUARY 2024, 2:30 PM

Near Canteen area

**Report Prepared by
Ms. Vanessa Barros Colaço, ELC Nodal Officer**

REPORT

NATIONAL VOTERS' DAY PROGRAM: VOTERS' PLEDGE AND STREET PLAY

DATE:	25 th January 2024
TIME:	2.30 PM
VENUE:	Near Canteen area
NO. OF ATTENDEES:	Total 100 (Staff and Students)
RESOURCE PERSON:	Dedicated AERO: Shri. Chetan Jadhav/Trupti Faldessai/ Alka Gawas
ORGANIZED BY:	NSS/ Electoral Literacy Club
ASSISTANCE AND LOGISTIC SUPPORT BY:	Administration Office/ Support staff
PHOTOGRAPHY BY:	Alka Gawas/ Shalaka Naik

INTRODUCTION: With the objective to spread voting awareness among the staff and young students of the college, about the value and importance of voting, NSS and Electoral Literacy Club of Parvatibai Chowgule College Autonomous, organized the commemoration of National Voters' Day.

Invitees for the program were: Shri Chetan Jadhav- Dedicated AERO, Shri. Siddharth Shanke- Election Clerk and Shri. Deepak Sathe- Election Clerk, Fatorda AC,

Principal Professor (Dr.) Sangeeta Sankhalkar, Vice- Principal Shri. Kumaresh V C., Ms. Vanessa Barros Colaço- Election Nodal Officer, teachers, staff and students of Parvatibai Chowgule College, attended the program.

Mr. Audrick D'Mello - NSS Convenor, introduced the objectives of the program, highlighted the significance of National Voters' Day and administered the Voters' Pledge. Shri Chetan Jadhav- Dedicated AERO Fatorda AC, briefed the students and staff about their rights, responsibilities and the value of each vote.

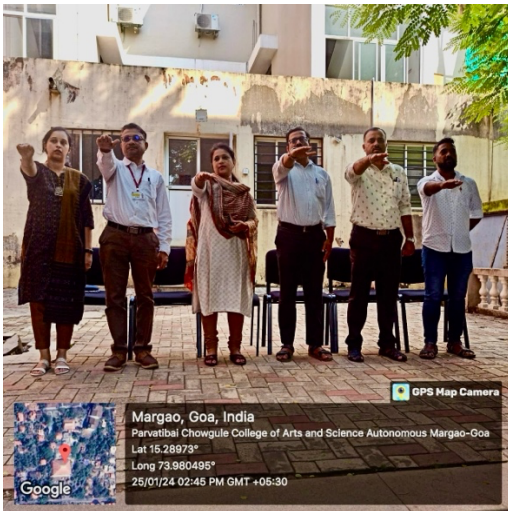
A street play on the theme: 'Voting apathy among youth', was performed by a group of 7 students, scripted by Ms. Trupti Faldessai- Asst. Professor Dept. of Marathi and Ms. Alka Gawas- Asst. Professor Dept. of Hindi. The street play highlighted the apathetic attitude about voting among the youth and also stressed on misguided views about not casting their vote. It further emphasized the value of each vote and the power each vote has to create an impact. It ended with a strong call to all the youth to consciously exercise their right to vote in the upcoming elections. It was well received by the audience.



Pic 1- NSS Convener Mr. Audrick D'Mello addressing the audience



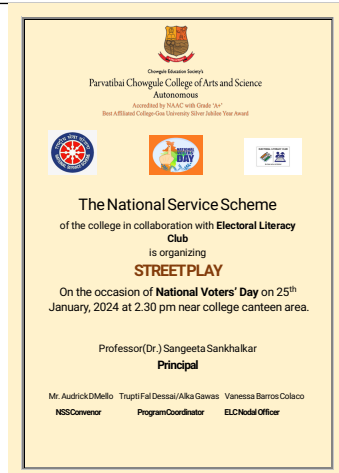
Pic 2- Shri Chetan Jadhav- Dedicated AERO, Fatorda AC addressing the audience



Pics 4 & 5- Voters' Pledge taken by Principal Professor (Dr) Sangeeta Sankhalkar, Vice-Principal Shri Kumaresh VC, Ms. Vanessa Barros Colaço- Election Nodal officer, Shri Chetan Jadhav-Dedicated AERO and other invitees Shri. Siddharth Shanke and Shri Deepak Sathe



Pic 5- Street Play on the theme: 'Voting apathy among youth'



Pic 6- Flyer of the program



Parvatibai Chowgule College of Arts and Science (Autonomous)

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CELEBRATION OF REPUBLIC DAY

College celebrated Republic Day on 26th January, 2024 by hoisting the National Flag by the chief guest Shri. H. S. S. Nadkarni, Former Vice-Principal. He recalled the glorious history of the College and emphasized on working united to maintain the brand name of the college.

Later Mr. Shlok Bhat, student of SYBA-History delivered a speech on significance of our constitution.

This was followed by group patriotic songs by the NSS Volunteers. The programme concluded with the NCC song.



Chief guest Shri. H. S. S. Nadkarni (left) hoisting the National Flag and addressing the gathering (right)



Principal addressing the gathering



Student Mr. Shlok Bhat, delivering the speech



NCC Cadets



Patriotic song by students



Staff and students



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REPORT ON CAMPUS ACTIVITY

(Seminar / Webinar / Expert talk / Workshop / Visit to Incubators on the themes pertaining to Innovation/Entrepreneurship/Intellectual property)

Title of the event	SOCIOFIESTA
Date and time	February 16th, 2024 9.00 am to 5.00 pm
Mode	Offline
Organising Department/ School/Directorate/ Section	Department of Sociology
Resource Person/s	Peter Borges
Participants in house	Faculty: 5, Students: 55
Participants (External)	Faculty: 7, Students: 87, Others: 3
Faculty attended	3
Students attended	55
Total Participants	157
The objectives and description of the activity	<p>On February 16th, 2024, the Department of Sociology, in collaboration with the Human D.O.S.T.O. club, orchestrated the highly successful "Sociofiesta" a one-day State Level Inter-College Event centered around the theme "The Crisis of the 21st Century." Six colleges participated in this intellectually stimulating event: M.E.S. Vasant Joshi College of Arts and Commerce, Shree Mallikarjun and Shri. Chetan Manju Desai College, Rosary College of Commerce and Arts, Navelim, Fr Agnel College of Arts and Commerce Pilar, St. Xavier's College, Mapusa, and Government College of Arts, Science and Commerce, Quepem.</p> <p>Esteemed dignitaries including Principal (Dr) Sangeetha G Sankhalkar, who welcomed the gathering and Dr. Meghna Devli, Academic Dean, graced the occasion. The event's chief guest, Peter Borges, Chairperson of Goa State Commission for Protection of Child Rights and CEO of Human Touch Foundation, delivered an insightful speech on combating crises related to children and abuse, both online and offline. The Vote of Thanks was extended by Assistant Professor Ms. Siana D'Mello.</p> <p>Sociofiesta featured a variety of engaging activities, categorized into Pre-day events and On-the-Day events, designed to stimulate critical thinking and creativity among participants. A total of 87 students from various colleges showcased their talents and insights, with Government College of Arts, Science and Commerce, Quepem, emerging as the overall winner and St. Xavier's College, Mapusa, securing the Runner's Up title.</p> <p>The success of Sociofiesta reflected the collaborative efforts</p>

	<p>of the Department of Sociology, the Human D.O.S.T.O. club, and the dedicated participation of students. It not only provided a platform for talent exhibition but also fostered meaningful discussions on pressing social issues, epitomizing intellectual stimulation and social awareness. Sociofiesta served as an inspiring call for students to actively engage with and address contemporary challenges.</p>
<p>Benefit/Key outcome of the event in terms of learning/skills/knowledge</p>	<p>The objectives of this event are:</p> <ol style="list-style-type: none"> 1. Help students apply the learnings from varied courses to the better understanding of the crisis facing the 21st Century India. 2. Create a spirit of competition 3. Unleash the hidden talents of the students 4. Foster Sister/brotherhood among the Goan students

Photos



Signature

Signature of the Head of the Department/ Incharge :



Chowgule Education Society's

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पार्वतीबाई चौगुले महाविद्यालय (स्वायत्त) मडगाव गोवा

मराठी विभाग

आणि

राष्ट्रीय सेवा योजना

आयोजित

छत्रपती शिवाजी महाराज जयंती

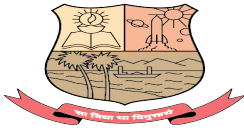


दिनांक - १९ फेब्रुवारी २०२४

वेळ - दुपारी १२. ३५ वाजता

स्थळ - कॉड

सर्व शिक्षक तसेच विद्यार्थ्यांना आग्रहाचे निमंत्रण.



Celebration of Shivjayanti

The Department of Marathi in collaboration with the NSS Unit of the college celebrated Chatrapati Shivaji Maharaj Jayanti on 19th February 2024 at 12.35 pm in the Quad.

The program started with the traditional lamp lighting and floral tribute to the statue of Chatrapati Shivaji Maharaj. This was followed by the welcome and introductory speech by Principal, Prof. (Dr.) Sangeeta Sankhalkar wherein she briefly highlighted the life and work of Shivaji Maharaj. This was followed by Students performances such singing song Zhulva Palna by Ms. Sharvari Vaze, Ms. Uga Sambari & Ms. Vardha Desai, Poetry presentation by Ms. Dnyankala Bhosle, Dance performance by Ms. Vithali Gurav, Shivghoshana by Mr. Ganesh Salunke. Program ended with the vote of thanks delivered by Asst. Prof. Trupti Fal Dessai.



Department of Information and Publicity

Government of Goa

Udyog Bhavan, 3rd Floor, Panaji, Goa, Pin 403 001, India
Telephones: 2223157 / 2422675 / 2226047 / Fax: 2224211
email: dipgoa@gmail.com

No. DI/ Shiv-Jayanti/2024/ 9960

Dated: February 13, 2024

To,
The Director,
Directorate of Higher Education,
Porvorim – Goa.

Dept. of Higher Education
Inward No. 15462
Date. 15.2.24

Sub: Chhatrapati Shivaji Maharaj Jayanti Celebration 2024

Sir,

With reference to the aforesaid subject it is informed that the State Level Committee constituted for the celebration of Chhatrapati Shivaji Maharaj Jayanti at Farmagudi, Ponda on February 19, 2024 in its meeting held on February 12, 2024 has decided to request the educational institutes to celebrate Chhatrapati Shivaji Maharaj Jayanti involving students to pay tributes to the great Maratha warrior.

The meeting was chaired by Hon'ble Chief Minister, Dr Pramod Sawant. The institutions shall conduct various programmes/activities to mark the celebration in their respective institutes on February 19, 2024.

The expenditure towards the commemoration shall be borne by the concerned educational institutes.

Yours faithfully,

(Dipak M. Bandekar)

Director, Information & Publicity

*See
15/2/24*



Parvatibai Chowgule College of Arts and Science (Autonomous)

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Best Affiliated College-Goa University Silver Jubilee Year Award

REPORT ON CAMPUS ACTIVITY

(Seminar / Webinar / Expert talk / Workshop / Visit to Incubators on the themes pertaining to Innovation/Entrepreneurship/Intellectual property)

Title of the event	EXPERIENTIAL LEARNING/FIELD TRIP To NETRAVALI VILLAGE
Date and time	February 23rd and 24th, 2024
Mode	Offline
Organising Department/ School/Directorate/ Section	Department of Sociology
Participants in house	Faculty: 3, Students: 54
Faculty attended	3
Students attended	54
Total Participants	57
The objectives and description of the activity	<p>The Department of Sociology organized an immersive one-day and night field trip to Netravali village on February 23rd and 24th, 2024, with the aim of providing students with firsthand experiences in rural life. Led by faculty members Dr. Sachin Moraes, Ms. Valeska Gracious, and Ms. Siana D'Mello, students engaged in various activities to explore socio-economic dynamics, religious practices, marriage customs, and livelihood strategies prevalent among villagers.</p> <p>The excursion began with students conducting interviews with local inhabitants, gaining insights into their livelihood practices. The following morning, they visited a milk cooperative society, participating in an interactive session with a local farmer, highlighting the importance of cooperative societies in fostering sustainable rural economies. Interactions with farmers and cattle rearer i.e. Mr. Damodar Gaonkar shed light on the challenges associated with milk production and agricultural livelihoods.</p> <p>This experiential learning opportunity deepened students' understanding of rural society, bridging theoretical knowledge with practical realities. The field trip emphasized the significance of inquiry-based learning and provided a</p>

transformative educational experience. Such initiatives are vital in enriching students' academic journey within the Department of Sociology, fostering appreciation for rural complexities and societal nuances.

Benefit/Key outcome of the event in terms of learning/skills/knowledge

The field based learning was centered around 3 courses of Sociology: the course Family, Marriage and Kinship in India-the field-trip aimed at providing the students an opportunity to interact with the villagers and understand the rules of marriage and kinship amongst the Dhangar Community. While on the other hand the course Qualitative research methods aimed to furnish the students with the chance to do participant observation and interviews with the people to understand varied facets of the Dhangar Community and their livelihood strategies. The course of Social Institution in India expected to understand the social and religious institution from the perspective of the stake holders in Netravali.

Photos



A. S. S.

Signature of the Head of the Department/ Incharge :



Parvatibai Chowgule College of Arts and Science
(Autonomous)

Accredited by NAAC with Grade 'A+'
Best Affiliated College-Goa University Silver Jubilee Year Award



REPORT ON CAMPUS ACTIVITY

(Seminar / Webinar / Expert talk / Workshop / Visit to Incubators on the themes pertaining to Innovation/Entrepreneurship/Intellectual property)

Title of the event	Essay Writing Activity – Provide a safe and secure environment to women
Date and time	5 th April 2024
Mode	Online
Organising Department/School/Directorate/Section	Department of Marathi in Collaboration with Internal Committee of Parvatibai Chowgule College of Arts & Science (Autonomous)
Resource Person/s	-
Participants in house	Students - 47
Participants (External)	NIL
Faculty attended	NIL
Students attended	47
Total Participants	47
The objectives and description of the activity	<p>Objective – To Provide a safe and secure environment to Women.</p> <p>Summary - The department of Marathi organized Essay Writing Activity for the students of the college on 5th April 2024. The main objective of organizing the activity was to eliminate violence and discrimination against women and to sensitize the students regarding the topic. The topic given to students for Essay writing was 'महिलांवरील वाढता अत्याचार - एक सामाजिक समस्या'. The activity was organized mainly for the first-year students of the college. Total 47 students participated in the activity.</p>
Attach copy of the Flyer event (if any)	

	 <p>पार्वतीबाई चौगुले महाविद्यालय (स्वायत्त) मडगाव – गोवा मराठी विभाग</p> <p>आयोजित निबंध लेखन</p> <p>विषय – महिलांवरील वाढता अत्याचार : एक सामाजिक समस्या</p> <p>नियम व अटी –</p> <ul style="list-style-type: none"> • सदर कार्यक्रम चौगुले महाविद्यालयातील प्थिरथम वर्षीय AEC विषयाच्या विद्यार्थ्यांसाठी खुला आहे. • निबंध मराठी भाषेतच असावा. • निबंध कागदावर लिहून किंवा टाईप करून पाठवावा. • निबंध पाठवताना त्यावर आपले नाव, हजेरी क्र., वर्ग, विषयाचे नाव आणि महाविद्यालयाचे नाव व्यवस्थित नमूद करावे. • सहभागी विद्यार्थ्यांनी आपला निबंध दिनांक ६ एप्रिल २०२४ पर्यंत गूगल क्लासरूमवर अपलोड करावा.
<p>URL of the event (if any)</p>	-
<p>Social Media posts and links: (if any)</p>	
<p>Instagram link</p>	-
<p>Facebook link</p>	-
<p>Youtube link</p>	-
<p>Photos (minimum 5, geo-tagged)</p>	Copies of Essay are attached below.
<p>Feedback</p>	-
<p>Benefit/Key outcome of the event in terms of learning/skills/knowledge</p>	<ul style="list-style-type: none"> • To sensitize the students regarding the topic. • To eliminate violence against women.



Signature of the Head of the Department/ Incharge :

आजच्या आधुनिक जगात, अधिकांश जण एक
 महत्त्वाची सामाजिक समस्या पुढे लावून नसते. एका
 बाजूला महिला पुढाऱ्यांच्या बाबतचा खरा वेग पाहत आहे,
 आपले अस्तित्व विरुद्ध करण्याचा प्रयत्न करत असली हेच
 आहे. तर दुसऱ्या बाजूला महिला आपले नेह देविले जगताना
 अक्षयिने जखम नाही असा परिचितून जसे लढत आहे
 नैतिक, आर्थिक, वैयक्तिक, सामाजिक असे कोणतेही क्षेत्र
 आहे कि कसा स्थिरता का काय पावणे? नवे नवे तर जसे
 शोध करायचे का? प्रत्येक मुद्द्या हा आपला स्थान अजून
 असतो फक्त त्यांचे विषय बदलताने आपल्या त्या मुद्द्याकडूनच्या
 इतरांच्या का बदलत? जरी त्या बदलत नाही त्या
 जेणेकरून आपल्याकडे अनेक वेळा आत्मनिश्चिंतता हाकडण्या का
 असतात?

पुढे नेहमी आपल्या मिठी मुद्द्यांना शोध देण्यासाठी स्त्रीयोजना आशी
 जाण्याची वृत्ती देतो. त्या स्त्री वा किड्यावापरही तो पुढे
 मिठीही आताच्या पारंपरिक जाण्यात तयार असतो. स्थितीत प्र
 बाजारातून उचलणे, त्यांना आम्हा हाकडून घ्यायचे किंवा
 त्यांच्या दुसऱ्या नका हाकडून त्यांच्या सामाजिक, आर्थिक,
 कौटुंबिक परिस्थितींना फाट्या उचलून त्यांचे किड्या बदलत -
 अकस्मिक कालात ती इतर कोणत्याही तयारी असो, बाजारात बाहेर
 निघताना चार वेळा निवा आपल्या सौंदर्याचा राजकीय कपड्यांचा
 विचार करताना त्यांचे जन्मोत्सव पाहणे बाहेर हिडणे
 मुश्किल होत जात आहे.

आज पुढे इतरांच्या बाबतच्या सामाजिक जग आहे की घरामध्ये
 स्त्रीयोजना देविले नसते बघायचा वाज नाही तयार.
 घरामध्ये लक्ष, लक्षात मुद्द्या आपल्या भाड, काका, वडील यांच्या
 आपल्याताना तशी पडताना अशी जग कौटुंबिक सत्य त्यांना करत
 देविले करत नाही. घरामध्ये सध्यांकरून कोणी सध न किड्यांना
 मुली आत्मनिश्चिंतता घ्यायून वताना त्यांच्या आशी यशस्वी,

नैतिक इतरांना मुद्द्या बाबती लक्षणे, नवते तर जागृकता
 ताशी नवीन शोध करायची योजनाच नसते.

फक्त आर्थिक तसे तर मानसिक दृष्ट्या देविले स्थिती
 ह्यांचे जसे आधुनिक त्या उचलून घ्यायून जाताना, आपल्या ह्या
 स्वतःच्या जगतात किड्या बाजारात आपल्याला निव्वळ करत पाहत
 असताना त्यांना हाकडून मान फेडणे तेव्हा प्रोत्साहन किड्यांना
 नाही मान त्यांना असो नाही तोच त्यांचे जगताना की त्यांची
 काम करायची, का. त्या विरुद्ध करायची इतरांना तय होणे.
 अज अनेक किड्या घेत, किड्या करत वा घरातून घेतानाच
 आपले किड्या हाकडून देविले आहे परंतु सामाजिक खजान्याच्या
 बाबती त्या आपल्या कौटुंबिक वर्तुळातून बाहेर घेऊन बाहेर
 नसते. त्यांना आपले लक्षणे जगात बाजारातून बाहेर देणा
 ऐवजी बाजाराकडे तयारी जसे.

सामाजिक कार्ये घेणे बाजारात रडणे, जेणेकरून जेथी, जेथी कोण
 बाजारात बाजारात बरीच जाण आपल्याकडे आसणे बाहेर
 ज्यांचे फक्त सामाजिक स्थितीताना, त्यांना प्रोत्साहित करायलाच
 आपल्या जीवने रडणे तेव्हा त राते बाजार ताशी फेडायून एक
 प्रतिकारवात सामाजिक नवे तर 'श्रीमान्त नाही' होऊन समाजातुडे
 एक आसणे देवला आहे आज जाण बाजारात समाजातुडे
 स्त्रीयोजना पाहणे आहे फक्त त्या किड्यांचे, स्वतःच आपल्या
 सध्यांकरून बाजारात न त्यांचे काहीही बाजारात आपल्या तर
 नसायत्यांना द्यायचे त्यांना नसाय किड्या देवलायती नसते जसे
 अर्थीय बाबती बाजारी देऊ बाकत नाही अज किड्यांना जग
 घरातून बाजारात आहे तर त्यांची बाजारात चाल पाहणे पुढे जाण
 बाहेर अशी पुढाऱ्यांनी जगाची उशीर स्त्रीयोजना जाण बाजारात
 नसा नसे तर दज पाहणे बाजारात जाणे बाहेर तयार स्थितीताना
 स्त्रीयोजना उचलत आहे.

महिलांवरील वाढता अत्याचार - एक सामाजिक समस्या.

महिला हक्क जगातील सर्व मानवांसाठी आवश्यक मानले जाणारे मानवी हक्क आहेत. या हक्कांना संयुक्त राहणे जगातील प्रत्येक मानवासाठी आठवले आहे, जेणेकरून म्हणजे त्यांना समान वेतनपेशा ते शिक्षणाचे हक्क येतात. महिला हक्कवद्दम निबंध आपल्याला हे सर्व तपशीलाने दाखवेल. अशीच एक माहितीसाठी अधिक समजासाठी आहे. भारतातील महिलांविरुद्ध करता ही तंत्रज्ञानाच्या प्रगतीसह कधीही अदृश्य झालेली समस्या आहे. महिलांविरुद्ध करता हे विविध प्रकारात होते आणि ते घर, सार्वजनिक स्थळ किंवा कार्यालय यासारख्या कोणत्याही ठिकाणी होऊ शकते. ते देशाच्या एका अर्धभागाच्या वृद्धीच्या विरोधात असतात. भारतीय समाजातील महिलांना प्राचीन काळापासून आनंदाच्या गोष्टी समजली जाते. त्यांना सामाजिक संघटनेच्या आणि कटिबीज जीवनाच्या काळापासून लष्करच्या, शोषणाच्या आणि करतेश्या शिकार बनवले गेले आहे. महिलांवरील वाढता अत्याचार हा एक सामाजिक समस्येचा अत्यंत महत्त्वाचा मुद्दा आहे. आजच्या युगात, महिलांच्या सामाजिक स्थितीत होणारा अत्याचार एक गंभीर समस्या आहे, ज्यामुळे समाजातील संततनात त्रास आणि असहायता वाढते. महिलांचा अत्याचार कायमच पातळीकरण, मानसिक व शारीरिक कष्ट, आणि स्वतंत्रतेच्या अधिकारांचा उल्लंघन आहे. अत्याचाराचा कारण सामाजिक, आर्थिक, धार्मिक, कार्यस्थिती, व पारंपारिक भारतीय विचारांच्या

भेदभावात आणि शक्तीच्या भेदात आहे. महिलांच्या अत्याचाराच्या विविध प्रकारांमध्ये सामाजिक अत्याचार, शारीरिक अत्याचार, मानसिक अत्याचार, आर्थिक अत्याचार, वाणिज्यिक अत्याचार, विद्युत अत्याचार, आणि धार्मिक अत्याचार समाविष्ट आहेत. समाजात लोकांच्या मानवी अधिकारांचे आणि स्त्रियांच्या पनर्जागरूकतेचे अनेक मुहूर्तात शिक्षण आणि प्रेरणा देण्यात गंभीरता आहे. समाजात असे विचार आणि अभ्यास आहे की महिला केवळ घरात व खालील कामात बाध्य करण्यात येते. समाजातील तो विचार महिलांच्या स्वातंत्र्याच्या विरोधात आहे. महिलांवरील अत्याचारांना रोखण्यात व समाजातील जागरूकता वाढवण्यात काही महत्त्वाचे पदक्षेप आहेत. सर्वात महत्त्वाचे हा शिक्षण आहे. समाजात शिक्षित महिला अधिक जागरूक आणि सशक्त असते त्यांची सामाजिक स्थिती व सामाजिक अधिकारे सुरक्षित आणि स्थिर होतात. समाजात जागरूकता असलेल्या महिलांना आपल्या अधिकारांच्या विषयी संविदा आणि सुरक्षा अस्वीकार्य करण्याची योजना करण्यात यावी. समाजातील जागरूकतेचा वाढवणे, महिलांना त्यांच्या हक्कांच्या विषयी जागरूक करण्यात सहाय्य करण्याची जबाबदारी समाजाची आहे. अत्याचाराच्या दृष्टीने महिलांच्या सुरक्षिततेच्या सुरक्षितते साधने अत्यंत महत्त्वाचे आहे. सरकारी अधिकारांच्या संरक्षणातील सुरक्षितता, अनशासन, आणि त्यांच्या संघटनेची सुरक्षा काय. अंतर्गत अनेक वर्षात स्त्रियांवर होणारा शारीरिक आणि मानसिक अत्याचार ह्याची प्रमाण दिवसात दिवस वाढत आहे, सर्वाधिकारी आणि सामाजिक स्थिती स्त्रियांच्या अत्याचाराची

जीवत आकडेवारी प्रस्तुत केली आहे. परंतु नोंदलेल्या घटनांपेक्षा अनेक कारणामुळे अंधारात राहणाऱ्या घटनांची संख्या मोठी आहे. ह्या आकडेवारीपासून त्या अत्याचारांच्या वास्तवे परीक्षण केल्यास स्त्रियांच्या अत्याचार/अत्याचारांचे उत्तम कायदेप्रमाणे आणि त्याची कठोर कारवाई आवश्यक आहेत. परंतु ह्या प्रयत्नात सर्वाधिकारी आणि स्त्रियांची सहभागीता अनिवार्य आहे. स्त्रियां/मूलींना मार्गदर्शन अत्यंत महत्त्वाचा आहे. शाळा, कॉलेज, स्वयंसेवी संस्था यांनी ह्या प्रयत्नांमध्ये सर्वाधिकारी आणि सहभागीता आवश्यक आहे. आजकाल प्रेमप्रकरणांमध्ये झालेली वाढांदेखील लक्षात घेता मुलगा आणि मुलगी या दोघांच्या समपदेनाची गरज आहे. प्रेम करणे ही वाईट गोष्ट नाही. परंतु प्रेमाच्या नावाखाली अश्लीलतेचा जो नगानाच चालू असतो, तो फार भयंकर आहे. सामाजिक विनमता ही जात. धर्म आणि लिंग या तीन घटकांवर आधारित आहे. परुषप्रधान संस्कृतीत स्त्रियांना नेहमीच दृश्यमान स्थान मिळत आले आहे. स्त्री ही केवळ उपभोगाची वस्तू आहे अशी पारंपारिक प्रतिगामी मानसिकता आहे. स्त्रियांना शिक्षण, सत्ता, संपत्तीचे सारे अधिकार नाकारण्यात आले होते. धार्मिक कायद्यांचा आधार घेऊन स्त्रियांवर अधिकाधिक बंधने लादली गेली. सतीप्रथा, हंडाप्रथा, बातविवाह यासारख्या अनेक अन्यायकारक चालीरीतिनी लाखो स्त्रियांचे अवघे आयुष्यच करपून टाकले. भायतात बिटीशांचे आगमन होईपर्यंत या निर्देयी प्रथा चालूच होत्या. बिटीशाकाळात जोतीबा फते आणि सावित्रीमाई, राजा राममोहन रॉय यासारख्या भारतीय समाजसुधारकांची स्त्रीस्वातंत्र्याची चळवळ आणि बिटीशांचा स्त्री विषयक पाश्चात्य दृष्टीकोन यामुळे बिटीशानी अनेक वाईट चालीरीती बंद करण्यासाठी कठोर कायदे केले.

महिलांवरील वाढता अत्याचार - एक सामाजिक समस्या.

महिलांवरील वाढता अत्याचार एक गंभीर सामाजिक समस्या आहे ज्यामुळे भारतातील समाजात अनेक विकृती प्रकट होतात. हे अत्याचार सामाजिक, लैंगिक विभेद, अन्याय, असमानता आणि अहंकाराचे प्रमाण आहे. त्यामुळे ही न केवळ एक महिला समस्या आहे, परंतु हे समाजाच्या न्यूनतम आणि आधारभूत मूल्यांवर असलेली दुरिद्रता आणि अनधिकृत विचारधारेत निहित आहे.

प्राचीन काळात, महिलांचे अत्याचार हे एक सामाजिक विधान म्हणून स्वीकारले जात होते. परंतु आजच्या युगात, या प्रथे विरुद्ध क्रांतीची आवश्यकता आहे. महिलांच्या अधिकारांच्या लढाईत असलेल्या अशा उन्मुळीनिर्देशांच्या सामाजिक संघर्षांमुळे आत्मसमावेची महिलांना स्वतंत्रता आणि समानता मिळाली आहे, परंतु अत्याचाराची प्रवृत्ती अजूनही चालू आहे.

भारतीय समाजात महिलांचे अत्याचार किती घटस्वरूपी आणि समृद्धीचे विरोधी आहे हे लक्षात घेण्यासाठी, आपल्या समाजाच्या विविध आणि आधारभूत स्तरांवर समाजाच्या सांस्कृतिक, धार्मिक, आर्थिक, आणि राजकीय बंधनांवर लक्षात घेतल्या पाहिजेत. एक चांगली समाज असल्यास, स्वातंत्र्य महिलांच्या अधिकारांची समानता आणि समान वेगळ्या संश्लेषणाच्या अवस्थेत असलेली दुरिद्रता, अत्याचार आणि लैंगिक विभेद आणि अधिकारांच्या विरोधात निवड करणे आवश्यक आहे. उदाहरणार्थ, सावित्रीबाई फुले ही भारतीय समाजात आणि समाजसेवेत एक अत्यंत महत्त्वाच्या व्यक्ती मानल्या जातात. त्यांनी मूलीसाठी शिक्षण आणि महिलांच्या अधिकारांच्या संघर्षात आपली बृहत् योगदान दिले. त्यांच्या कामांमध्ये महिलांच्या शोषणाबाबतच्या संघर्षांच्या पहारेची अत्यंत महत्त्वाची भूमिका आहे.

सावित्रीबाई फुले यांचे कामांमध्ये महिलांच्या शोषणाच्या विषयातून समाजाला जागरूक करण्याचा विशेष ठिकाण आहे. ह्यांनी अत्यंत अनुभवी असून, समाजातील महिलांना अत्यंत कठीण परिस्थितीतून स्वतंत्रता प्राप्त करण्याच्या मार्गात संघर्ष केले. त्यांचे काम समाजातील महिलांच्या अधिकारांच्या माध्यमातून अत्यंत महत्त्वपूर्ण ठरले आहे. त्यांचे काम आजही महिलांच्या स्वतंत्रतेची, सामाजिक समानतेची आणि त्यांच्या सामाजिक स्थितीच्या प्रतिष्ठाची मान्यता देत आहे.

आधुनिक काळात, महिला अधिकारांची मागणी आणि महिला समाजातील उपस्थितीचा आणि योगदानाचा उद्देश प्रयत्न केला जात आहे. परंतु, या प्रयत्नांच्या निमित्ताने त्यांच्यावर अत्याचाराची दर वाढत आहे. अनेक वेगळ्या क्षेत्रातील महिलांच्या सक्षमतेची मार्गदर्शन केलेल्या असल्याने त्या समाजात महिलांचा अधिकार आणि आत्मसम्मान साधण्याचा प्रयत्न झाला आहे.

महिलांवरील अत्याचारांच्या प्रमुख कारणांमध्ये एक महत्त्वपूर्ण कारण म्हणजे सामाजिक संरचना. समाजातील पुरुष अधिकारांच्या अभावामुळे, महिलांना त्यांच्या अधिकारांच्या विरोधात लढायला कमी आणि अत्याचारात परत मिळण्याची संधी मिळते. स्त्रीच्या स्वातंत्र्याचा अभाव, पारंपारिक मान्यतांच्या बाधेने, आर्थिक अतिरेकी, लैंगिक असमता, धार्मिक आणि सांस्कृतिक मान्यतांचे आधार, आणि शास्त्रीय

संरचनांचे परंपरगत उदासीकरण ह्या समस्यांच्या दाखलेचे असून त्यांची समाधाने करण्यास मात्र सोपी नसते.

आजच्या समाजात, महिलांच्या सामाजिक आणि आर्थिक स्थितीचे सुधारणा, त्यांच्या शिक्षणाची घट आणि सामाजिक सहभागितेचे वाढ ह्या समस्यांवर उपाय करू शकते. महिलांना आत्मनिर्भर बनवण्यासाठी आर्थिक संरक्षणे आणि विविध क्षेत्रातील शिक्षणाची प्राधान्य देणे आवश्यक आहे. सगळी, समाजातील पुरुषांच्या मान्यतांचा विचार करून आणि त्यांच्या सामाजिक दायित्वांचा पुनरावलोकन करून, महिलांना समान अधिकार आणि स्वातंत्र्य मिळवू शकते.

महिलांवरील वाढता अत्याचार - एक सामाजिक समस्या.

आधुनिक जगात स्त्री ही समाजाचा बाबू आहे. मात्र, नारीय, लैंगिक आणि पत्नी अशा विविध भूमिका बजावून त्या समाजाची प्रगती घडवतात. तरीही, भारतासारख्या विकसित होत असलेल्या देशात महिलांवर होणारा अत्याचार हा एक भयानक वास्तव आहे. ही सामाजिक समस्या दिवसेंदिवस वाढत चालली आहे आणि राष्ट्राला ठिकाणाच्या मार्गातील मोठा अडथळा ठरत आहे. महिलांवरील अत्याचार हे केवळ केली घटना नाहीत तर त्यांचा अल्पवयचा एक काळासुद्धा आहे. हे अत्याचार इतके विविध आणि कून आहेत की त्यांचा विचार करणेही थकवणारे आहे.

व्यक्तीगततात्म निर्मितीला पूर्णामुळे सिल्लोला मनावर आणि बरीदार वारसा होतात. ही प्रकृत झाली खोस असते की ती अनुभूत भर घ्या देते. परत राहणाऱ्या स्त्रीही सुरक्षित नाही. परगुडी शिक्षाचर ही आपली एक भीषण वास्तवता आहे. शारीरिक, मानसिक आणि भावनिक अत्याचार सहन करावे लागते परतून घालावण्याची मला होतात. या अत्याचाराचा परिणाम मुलांवरील होतो. हासनापासून शिक्षाचाराचे वातावरण पाहून त्यांच्या मनात तर्कपरिणाम होतो. जेवळ मुलुही तर त्यांचे आणि वरतक लावण्याची प्रथा आहे. तयारचर वयु आणि विषय कुटुंबातच होणार वळत कधी वेळू वयुच्य सुसुप्त होतंय हात हा अत्याचारातच गेले आणि लोभ होत करणय असते. पावेसुतल भुवभुला, लैंगिक वळ, आणि बाळकितवु हे देखील महिलांवर होणारे अत्याचार आहेत. हे सर्व अत्याचार सिल्लोला मूलभूत कुटुंबात ताल्लय आहेत. या सर्व अत्याचारात्मक लैंगिक भेदभास, असमानता आणि चुन्या रुढींचा प्रभाव आहे. समाजात अजूनही सिल्लय पुरुषाधिकता कमी वेळच्या जातार. त्यांच्यावर शिक्षाचारी आणि निर्भय भेड्याची गर्वादा घालण्यात येते. या मानसिकतांमुळे सिल्लय कमकुवत उरतात आणि अत्याचार सहन वनण्याची वेळ त्यांच्यास येते.

महिलांवरील अत्याचार कमी करणाऱ्या समाजातील सर्व सरांवर घालत करणे अपेक्षित आहे. सर्वप्रथम, लैंगिक समानताची भावना समाजात रुजवण्याची गरज आहे. मुलींचे शिक्षण वाढवून त्यांना अधिक स्वातंत्र्य मिळवून देणे गरजेचे आहे. शिक्षित सिल्लय आपल्या हक्कांसाठी लढू शकतात आणि समाजात आणखी स्थान निर्माण करू शकतात. तसेच, लैंगिक शिक्षण हे देखील महत्त्वाचे आहे. घामुळे मुलींना लैंगिक कलाबराबरापण सातते घडवण करणे कटवणे हे निकल येईल. या लढाईत समाजाची

भूमिका महत्त्वाची आहे. अनेकदा सिल्लय अत्याचाराची वळत करण्यात येतात तरत नाहीत. त्यांचे समाजाची आणि कुटुंबात पाठींब मिळणे गरजेचे आहे. अत्याचार झालेनांत त्यांचे मिळवून देण्याची मदात करणे आणि त्यांचा पूर्णतयाची जबाब करणे देखील समाजाची जबाबदारी आहे. सिल्लोला वेळू होणार अत्याचार वेळच्यासाठी वनवामुती आणि सामाजिक परिधान वारीही अपेक्षित आहे. माणसांनी आणि सामाजिक संरक्षणीचा वेळगळ उरणाऱ्या करणे गरजेचे आहे. लैंगिक समानता अधर्मीत समाजाची निर्मिती हा या समस्येवर मात करणयच्य अंतिम मार्ग आहे. वेळय सिल्लय आणि पुरुष समान नवतेने पाहिले जातील, वेळय महिलांवरील अत्याचार थकवणारी वळता आहे.

समाजातील सर्व सरांवर प्रभाव करणय या उरतंत विषयवर मात करणे अपेक्षित आहे. कटवरे जगावारी अत्याचाराकडे, पावेसुतली संवेदनाची मदात करणे, स्त्री वडमीकरण आणि समुपदेक्षण वास्तव्यय उपाययोजनांची अंमलबजावणी करणे गरजेचे आहे. केवळ कटवरे करणय तर प्रश्न सुटणार नाही. कूळधर्मा मानसिकताकडे वळत घडवून आणणेही शिक्षाचर महत्त्वाचे आहे. सिल्लोला वळू सनच्यपावेसुतली अदरुतने वनवते पाहिले. त्यांचा शिक्षाचर भर देऊन त्यांना निर्भय भेड्याची स्वातंत्र्य द्यावी. भरताचय कुरा अर्धन विषयत लेख्यताही महिलांचा सुरक्षित वातावरण प्रदान करणे लास्यक आहे. वेळय सिल्लय प्रसात, कामात्या सिल्लोला आणि समाजात सुाक्षित उरतील, वेळय जरीच्य वर्तनीय शिक्षाचारी आणि वेळयदनाची अपेक्ष करला येणार नाही. एक सुसुतल आणि सक्षम समाजाची निर्मिती करणाऱ्याही मीतवरील अत्याचाराविरुद्ध एकाच वेळय लढा देणे काळाची गरज आहे.

महिलांवरील विरोधता - एक सामाजिक समस्या

आजच्या जगात महिला समस्यांना तोंड देत आहेत, अशी मानसिकता अजूनही आहे की महिलांमध्ये पुरुषाप्रमाणे इच्छाशक्ती नाही. महिलांची आजही पुरुषाशी तुलना केली जाते, त्यांचे लैंगिक शोषण केले जाते आणि घराबाहेर पडण्याची भीती असते. भारतातील अॅसिड हल्ले ही महिला अजूनही सुरक्षित नाहीत ही सर्वात मोठी समस्या आहे. रस्त्यावर लोकांसमोर महिलांवर हल्ला केला जातो आणि लोक पीडितेला मदत करण्यास तयार नाहीत. अशा कृत्यांवर कठोर कारवाई होत नसल्याने दिवसेंदिवस प्रकरणामध्ये वाढ होत आहे.

त्यामुळे गुणिबद्ध सांगायचे तर त्यांना घरातील आणि बाहेरचे काम दोन्ही सांभाळावे लागते. महिलांनीच स्वयंपाक करावा, पुरुषांनी नाही, अशी मानसिकता अजूनही आहे. ती देखील एक माणूस आहे म्हणून हे बदलले पाहिजेत. उत्तर प्रदेश सारख्या राज्यांमध्ये पालक मुलांना 18 वर्षांचे झाल्यावर लग्न करायला भाग पाडतात कारण त्यांना वाटते की मुली काही करू शकत नाहीत। फक्त घरच्या कामासाठी आहेत, मुलींना शिक्षणाचे स्वातंत्र्य देऊ नका आणि त्यांचे जीवन जगू नका असे लोक अजूनही मुलींना ओझे समजातात त्यांच्यावर. इतर प्रकरणामध्ये महिलांना सासरच्या मंडळींकडून हुंड्यासाठी बेदम मारणाय केली जाते.

भारतातील महिलांची सुरक्षा हा सध्या एक मोठा विषय बनला आहे. गेल्या काही वर्षांमध्ये विशेषतः राष्ट्रीय राजधानीत महिलांविरुद्धचे गुन्हे पाहता भारतात महिला सुरक्षित आहेत, असे आपण म्हणू शकत नाही. महिलांना साधारणपणे एकटे बाहेर जाण्याची भीती वाटते. देशातील महिला नेहमीच भीतीच्या सावटात जगतात हे अत्यंत खेदजनक वास्तव आहे. अॅसिड हल्ला, बालविवाह, बालमजुरी, बलात्कार, लैंगिक छळ, तस्करी आणि बरेच काही यासारख्या भारतातील महिलांवरील अन्यायांची मोठी यादी आहे.

महिलांची सुरक्षा ही एक मोठी सामाजिक समस्या आहे जी सर्वांनी मिळून सोडवण्याची गरज आहे. हे देशाच्या वाढीला आणि विकासाला बाधा आणत आहे आणि देशातील अर्ध्या महिला लोकसंख्येला शारीरिक, मानसिक आणि सामाजिक दृष्ट्या सर्व बाजूंनी दुखावत आहे.

घरात, घराबाहेर किंवा कामाच्या ठिकाणी महिलांची सुरक्षितता खूप महत्त्वाची आहे. गुन्हांमुळे महिला असुरक्षित झाल्या आहेत. भारतामध्ये स्वसंरक्षण तंत्र ही पहिली आणि सर्वात महत्त्वाची गोष्ट आहे ज्याची प्रत्येक महिलेला जाणीव देवली पाहिजे आणि त्यांच्या सुरक्षेसाठी योग्य स्वसंरक्षण प्रशिक्षण घेतले पाहिजे. जेव्हा जेव्हा त्यांना समस्या येतात तेव्हा काही धोके कमी करण्यासाठी आणि दहाअव्य देखील एक चांगला मार्ग आहे.

महिलांच्या सुरक्षेसाठी सरकार केवळ जबाबदार नाही म्हणून आपण त्यांना दोष देऊ नये. ही प्रत्येक भारतीयाची जबाबदारी आहे, विशेषतः पुरुषांची, ज्यांनी स्त्रियांबद्दलची मानसिकता बदलण्याची गरज आहे. पुरुषांनी स्त्रियांचा आदर केला पाहिजे जसा ते त्यांच्या स्वतःच्या माता, बहीण किंवा पत्नीचा आदर करतात.

भारतातील महिलांची सुरक्षा हा सध्या एक मोठा विषय बनला आहे. गेल्या काही वर्षांमध्ये विशेषतः राष्ट्रीय राजधानीत महिलांविरुद्धचे गुन्हे पाहता भारतात महिला सुरक्षित आहेत, असे आपण म्हणू शकत नाही. महिलांना साधारणपणे एकटे बाहेर जाण्याची भीती वाटते. देशातील महिला नेहमीच भीतीच्या सावटात जगतात हे अत्यंत खेदजनक वास्तव आहे. अॅसिड हल्ला, बालविवाह, बालमजुरी, बलात्कार, लैंगिक छळ, तस्करी आणि बरेच काही यासारख्या भारतातील महिलांवरील अन्यायांची मोठी यादी आहे.

महिलांची सुरक्षा ही एक मोठी सामाजिक समस्या आहे जी सर्वांनी मिळून सोडवण्याची गरज आहे. हे देशाच्या वाढीला आणि विकासाला बाधा आणत आहे आणि देशातील अर्ध्या महिला लोकसंख्येला शारीरिक, मानसिक आणि सामाजिक दृष्ट्या सर्व बाजूंनी दुखावत आहे.

महिलांवरील वाढता अत्याचार - एक सामाजिक समस्या

महिलांवरील वाढता अत्याचार हा एक सामाजिक समस्येचा मोठा विषय आहे. आजारी आणि अन्धश्रद्धा यांच्यातील कारणांमुळे महिलांना शिक्षा, आरोग्य, आणि स्वतंत्रता याची अधिकार मिळत नाहीत. जेणेकरून त्यांना समाजातील स्थानावर न्याय मिळण्याची संधी नाही. या समस्येसाठी समाजातील जागरूकता, कायदेशीर संरक्षण आणि न्यायालयांची शक्तीपूर्वक वापर हे आवश्यक आहे. त्यासाठी सरकार, सामाजिक संस्था आणि लोकांच्या सामाजिक विचारांची बदलाची आवश्यकता आहे.

महिलांवरील वाढता अत्याचार हा एक गंभीर समस्या आहे. आजच्या काळात, महिलांना समाजात समान अधिकार मिळवण्याची गरज आहे. पण अनेक ठिकाणी, महिलांचा वाढता अत्याचार देखील चालू आहे. ह्या अत्याचारात महिलांना शारीरिक, मानसिक आणि आर्थिक त्रास होतो. महिलांना अपमानित केले, वाधवले, अशा प्रकारांतील वाढता अत्याचार उन्हाळ्याच्या आणि समाजाच्या धडाक्यांना वाढत आहे. या समस्येसाठी समाजातील सभासाठी शिक्षा, जागरूकता, आणि संरक्षण या तीन चार आधारांवर अधिक लक्ष देण्याची गरज आहे. महिलांना आपले अधिकार स्वतंत्रपणे वापरण्याची सामर्थ्य देण्यासाठी समाजाच्या सर्वांगीण विकासाच्या प्रक्रियेत सक्रीयपणे सहभाग घ्यावे लागेल.

महिलांवरील वाढता हिंसाचार व त्यावरील उपाय....!

महिलांवरील हिंसाचार म्हणजे सामान्यतः कोणत्याही व्योघटातील, कोणत्याही जातीच्या आणि जातीच्या महिलांवरील अपराध,गुन्हे कोणत्याही प्रकारचे असू

शकतात;सहसा,त्यात खून, अत्याचार, विनयभंग,बलात्कार आणि बालहत्या,आणि घरगुती हिंसाचार यांचा समावेश असतो.दरवर्षी भारतात महिलांवरील अत्याचाराचे प्रमाण वाढतच आहे.2012 मध्ये भारतातील महिलांवरील अत्याचाराचे प्रमाण 4 % होते,म्हणजे सरासरी तीन मिनिटांतच एक महिला हिंसाचाराला बळी पडते.भारतातील महिलांवरील गुन्हे अनेक रूप धारण करतात.मुख्यतः या गुन्ह्यांमुळे अजीवन,आघात किंवा मृत्यू होतो.हुंडा मृत्यू हे भारतीय महिलांवरील अत्याचाराचे एक उदाहरण आहे.जुन्या भारतीय परंपरेनुसार वधूच्या कुटुंबियांना वारंला बरीच रक्कम दिली जाते.हुंडा ही संकल्पना आहे.शामीण भागात, वधू, सहसा गरीब घराची असते.[हुंडा]पैशासाठी वराची जास्त मागणी पूर्ण करण्यास असमर्थ असतात. ते वरातर्फे मागितलेली रक्कम पूर्ण करण्यात आणि देण्यास अपयशस्वी ठरतात. अशा वेळी बऱ्याचदा वधू वरच्या तोंडी आणि शारीरिक अत्याचाराला बळी पडतात.हुंड्यासाठी तिच्या कुटुंबाच्या असमर्थतेमुळे महिलेला मारहाण केली जाते,शिबी दिली जाते आणि नियमितपणे विनयभंग केला जाते.हुंडा मृत्यू बहुतेक वेळा भारताच्या शामीण भागात पाहिला जातो आणि महिलांवरील अत्याचारासाठी जबाबदार भाग बनतो.बलात्कार आणि असंगटित लैंगिक क्रिया ही भारतीय महिलांवरील हिंसाचाराचा मोठा भाग आहे.आकडेवारीवरून असे दिसून आले आहे की भारतीय उपखंडात महिला सर्वाधिक दुर्मिळ आहेत.आतापर्यंत बलात्काराच्या घटनांशी संबंधित सर्वात धोकादायक देश आहे. बलात्कार म्हणजे सहसा तिच्या संमतीशिवाय महिलेबरोबर लैंगिक संबंध ठेवले जातात.हे खरंच खरं आहे की बलात्काराच्या विषयाबद्दल महिला आता अधिक जागरूक आणि मुक्त झाल्या आहेत.ते त्यांच्या स्वतःच्या लैंगिक अत्याचाराच्या कथांबद्दल उघडत बोलत आहेत. तथापि,भारतात संख्या वाढतच आहे.गुन्हेगारना बऱ्याचदा शिक्षा भोगीवली जात आहे.वैवाहिक बलात्कार हे स्त्रियांवरील हिंसाचाराचे आणखी एक प्रमुख उदाहरण आहे. वैवाहिक

बलात्कार म्हणजे बहुतेक वेळा त्यांच्या संमतीशिवाय आपल्या पत्नीवर लादून आणि त्यांच्यावर जबरदस्ती करतात. यामुळे महिलेच्या शरीरावर मोठ्या प्रमाणात गैरवर्तन आणि शारीरिक छेडछाड होते.महिलांची तस्करी आणि जबरदस्ती वेश्याव्यवसाय हे दोन प्रकारचे हिंसाचार आहेत ज्याचा भारतीय महिलांना बळी पडतो.भारतीय महिलांविरुद्ध केलेल्या हिंसाचाराच्या इतर प्रकारांमध्ये बाल विवाह, घरगुती अत्याचार, लैंगिक तस्करी आणि अपहरण यांचा समावेश आहे.महिलांविरुद्ध केलेल्या प्रत्येक दहा गुन्ह्यांपैकी पुरुष नऊच.यावरून हे सिद्ध होते की महिलांवरील गुन्हेगारीची उत्पत्ती भारतीय पुरुषांच्या मनात खोलवर रुजलेली पुरुषप्रधान विचारसरणीतून कशी निर्माण झाली आहे. पुरुषांपेक्षा पुरुष शारीरिकदृष्ट्या श्रेष्ठ आहे असा त्यांचा विश्वास त्यांना त्यांच्या महिला भागांवर स्वतःला भाग पाडण्यास प्रवृत्त करतो आणि महिला समुदायाला त्रास जात आहे.

जो स्त्रीचा अपमान करतो तो आईचा अपमान करतो,

जो आईचा अपमान करतो, देवाचा अपमान करतो

आणि जो देवाचा अपमान होतो,

त्याचा विनाश निश्चित आहे.

'हिंसाचाराचे प्रकार...!'

महिलांवरील हिंसाचार बऱ्याच विस्तृत प्रकारांमध्ये बसू शकतात. यात व्यक्तींनी तसेच राज्यांनी केलेल्या हिंसाचाराचा समावेश आहे. व्यक्तींनी केलेल्या हिंसाचाराचे काही प्रकार आहेत.बलात्कार, घरगुती हिंसाचार, लैंगिक छळ, असिड फेकणे, पुनरुत्पादक बळजबरी, स्त्री-बालहत्या, जन्मपूर्व लिंग निवड, प्रसूती हिंसा, ऑनलाइन लिंग-आधारित हिंसा आणि जमावटोळी हिंसा. तसेच हानिकारक प्रथा किंवा पारंपारिक पद्धती जसे की हुंडा हिंसा, अपहरण करून लग्न आणि

जबरदस्तीने लग्न करणे. अशा प्रकारच्या हिंसाचाराचे प्रकार आहेत ज्यावर सरकारकडून अत्याचार होऊ शकतात किंवा त्यांच्यावर दंडात्मक कारवाई केली जाऊ शकते, जसे की सामूहिक बलात्कार,लैंगिक हिंसा आणि नसबंदी.सक्तीचा गर्भपात, पोलीस आणि अधिकृत कर्मचाऱ्यांकडून हिंसाचार,दगडमार आणि मारहाण.

स्त्री ही आई, बहीण, पत्नीची भूमिका पार पाडत कौटुंबिक जबाबदारी समर्थपणे पेलत असते. पुरुषप्रधान संस्कृतीत स्त्रिया पुरुषांवर अवलंबून असल्याने त्यांना स्वतःचा निर्णय घेण्याचा फारसा अधिकार नाही. त्यामुळे आजही त्यांचे स्थान नगण्यच असल्याने त्यांच्यावर अन्याय, अत्याचार होताना दिसतो. आधुनिक काळात त्यांना राजकीय, प्रशासकीय व व्यवस्थापन क्षेत्रात पुरुषांच्या बरोबरीने संधी मिळाली पाहिजे, तरच त्यांचा आर्थिक दर्जा सुधारेल व राष्ट्राच्या प्रगतीत त्यांचे योगदान वाढेल. प्रत्येक स्तरातील महिलांच्या समस्या वेगवेगळ्या आहेत. तरी सर्वसाधारण समस्यांचा विचार केला तर पुढील प्रमाणे समस्यांची वर्गवारी करता येईल. कौटुंबिक हिंसाचार, सामाजिक हिंसाचार, शिक्षणाच्या समस्या, आरोग्याच्या समस्या इ.

महिलांवरील वाढता उद्योगाचा :
एक सामाजिक समस्या

महिलांवरील हिंसाचार ही एक व्यापक आणि चिंताजनक, सामाजिक समस्या आहे जी, जगाभरातील समुदायांना त्रास देत आहे. प्रामुख्याने शारीरिक, लैंगिक, मानसिक आणि मानसिक शोषणासह स्त्रियांच्या विरुद्ध निर्दोषित केलेल्या कर्मा आणि कृतीचा मिस्रूत स्थापना आहे. या प्रकारच्या हिंसाचाराचे मुख्य स्वरूप अंतर्गत, हानिकारक किंवा निग्रह आणि असमानता कायम ठेवण्यासारखे असतात. महिलेवरील हिंसाचाराच्या वटवटा म्हणजे महिलांची सुरक्षा, कल्याण आणि मूलभूत मानवी हक्कांना उभारणे. योका निर्माण झाला आहे. हा मुख्य महिलांवरील हिंसाचाराचे मुख्य प्रकार, त्याची मुख्य कारणे आणि त्याचा समूर्ण व्यस्त आणि समाजावर होणारा परिणाम यांना शोध घेईल.

महिलांवरील हिंसाचाराच्या स्वरूपाने सर्वात प्रकार म्हणजे वैयक्तिक हिंसा, जी वारिष्ठ नातेसंबंधांमध्ये आणि घरांमध्ये घडते. कोर्टात, हिंसाचार, शारीरिक शोषण, लैंगिक उद्योगाचा, मानसिक दारुणता आणि आर्थिक नियंत्रण प्रमुख अनेक प्रकार, होऊ शकतात. हे प्रमुख परिणाम असता आणि वर्तमान टिकवून ठेवण्याच्या उद्देशाने पुढे जाण्यास जबाबदारी मिळवणे आणि शोषणाच्या पद्धतीद्वारे वैयक्तिक केले जाते. कोर्टात, हिंसाचाराचे स्वरुपासाठी वादक परिणाम होऊ शकतात, ज्यामुळे शारीरिक, मानसिक, आर्थिक आणि वैयक्तिक मानसिक परिणाम होऊ शकतात.

लैंगिक हिंसाचार हा स्त्रियांवरील हिंसाचाराचा आजूमी एक महत्त्वाचा प्रकार आहे जो गैर-सहमतीने लैंगिक कृत्ये किंवा वर्तणुकेद्वारे व्यक्तिला जेणे श्रांत बनवतात. लैंगिक उद्योगाचा, लैंगिक दहशत आणि मानवी तस्करी यांचा स्वरुपाचा आहे. लैंगिक हिंसाचाराच्या उद्योगा विरुद्ध शक्ती आणि निग्रह, हानिकारक लैंगिक कृत्ये म्हणून स्वरुपासाठी आणि हिंसाचाराचा, नियंत्रण बळकट करणाऱ्यासाठी एक साधन म्हणून केले जाते. महिलांवरील लैंगिक हिंसाचाराचा प्रमाण किमानच आहे, अनेक महिलांना त्याच्या आणखीन केल्यांना नकाराच्या प्रकाराचा लैंगिक दहशत किंवा मानवाणीचा यांच्या तंत्राचा तारासो.

तंत्रज्ञानाच्या वधीमुळे समग्ररूपे वळ किंवा कॅम्ब्रिज मॅथरूम म्हणून ओळखल्या जाणाऱ्या महिलांवरील हिंसाचाराचा एक नवीन प्रकार देखील वाढला आहे. सोशल मीडिया प्लॅटफॉर्म, मेसेजिंग अ‍ॅप्लिके आणि इतर डिजिटल प्लॅटफॉर्म महिलांना कॅम्ब्रिज दहशत घडवून आणणे साधनसंपन्नतेद्वारे शक्तिशालिक तंत्रज्ञाने जात आहे. सामग्ररूपे महिलांच्या सुरक्षिततेवर आणि गोपनीयतेवर गंभीर परिणाम होऊ शकतात, ज्यामुळे शक्ती, वित्त आणि कल्याणाच्या भावना निर्माण होतात. शक्ती आणि वित्त आणि कल्याणाच्या भावना यामुळे महिलांवरील हिंसाचाराचा योका वर बसतो. ज्या स्त्रिया त्यांच्या शोषणकृत्यांवर आर्थिकदृष्ट्या अवलंबून आहेत त्यांना सामान्यतः संबंध सोडणे किंवा आर्थिक अवघणीमुळे मदत केली जाऊ शकते. पत्र डपटारी, वेळ, सामाजिक समर्थन सेवा आणि कायदेशीर संरक्षणांचा अभाव यामुळे शक्ति परिस्थितीतून वाढत पळण्यासाठी महिलांच्या पर्यायांवर मर्यादा घेतात.

विषय, मानसिक आणि मानसिक उद्योगाचा, हे हिंसेचे कसटी प्रकार आहेत ज्यांचा महिलांच्या मानसिक आरोग्यावर आणि आरोग्यावर दीर्घकाल परिणाम होऊ शकतो. शारीरिक शोषणाद्वारे शारीरिक अपमान, व्यसन, धमकावणे आणि हेराफेरी प्रमाणात वर्तनाचा, समावेशी स्वरुपे ज्यांच्या उद्योगा किंवा स्वाभिमान आणि स्वाभिमान कमी करणे आहे. मानसिक शोषणांमुळे शक्ती, वित्त, नैराश्य आणि कमी आत्म-गुल्याशी भावना निर्माण होऊ शकते, ज्यामुळे स्त्रियांना मदत देणे आणि आपल्यावर वरिष्ठतातून बाहेर पडणे कठीण होते.

महिलांवरील हिंसाचाराचा परिणाम वैयक्तिक सारणांमध्ये सुद्धे, समुदाय आणि संघर्ष समाजातून होतो. ज्या स्त्रिया हिंसेचा अनुभव घेतात त्यांना शारीरिक दुर्घटने, मानसिक आरोग्य समस्या आणि वैयक्तिक आरोग्य परिस्थितीचा त्रास होण्याची शक्यता असते. त्यांनी राहून केलेल्या हिंसेचा परिणाम म्हणून त्यांना सामाजिक कलंक, अलगाव आणि आर्थिक शक्यतांही सामने जावे लागू शकते. महिलांवरील हिंसाचाराची संघर्ष स्थापनासाठी म्हणून सामाजिक आणि आर्थिक विकास देणे आहे. महिलांवरील हिंसाचाराला संबोधित करणाऱ्या संस्थांमध्ये आणि बहुसंख्यी वृष्टीकरणे जावू शकते आहे जो त्यांच्या मुख्य कारणांना संबोधित करतो आणि वाढवण्याचा आवाज देतो. शाळा, समुदाय आणि कार्यरत असे अशा कार्यरतानी करून घ्यावे जाऊ शकतात जे वर्तमाना निर्माण



नातेसंबंध आणि समुदायद्वारे हिंसेचे वातावरण

कोर्टात, हिंसाचार, लैंगिक उद्योगाचा आणि महिलांवरील हिंसाचाराचा एक प्रकार आहे. अनेक प्रकारे म्हणून कायदे उद्योगाचा स्वरुपाचा होतो. शक्ती, वित्त आणि कल्याणाच्या भावना यामुळे महिलांवरील हिंसाचाराचा योका वर बसतो. ज्या स्त्रिया त्यांच्या शोषणकृत्यांवर आर्थिकदृष्ट्या अवलंबून आहेत त्यांना सामान्यतः संबंध सोडणे किंवा आर्थिक अवघणीमुळे मदत केली जाऊ शकते. पत्र डपटारी, वेळ, सामाजिक समर्थन सेवा आणि कायदेशीर संरक्षणांचा अभाव यामुळे शक्ति परिस्थितीतून वाढत पळण्यासाठी महिलांच्या पर्यायांवर मर्यादा घेतात.

शेवटी, महिलांवरील हिंसाचार ही एक गंभीर सामाजिक समस्या आहे ज्यासाठी समाजाच्या सर्व स्तरांवर तातडीने कसदाे करणे आवश्यक आहे. त्यांना शून्य कारणांना संबोधित करत, स्त्रियांवर्तल्या हानिकारक कृत्यांना आरंभ देऊन कल्याणांना समर्थन देऊन आणि पुढे जाण्याचा आवाज देऊन, समाज सर्व अवघणीसाठी एक सुरक्षित आणि शक्तिशाली वातावरण तयार करू शकतो. महिलांवरील हिंसाचाराचा हा समस्या समाजाच्या सर्वांमध्ये जाणून घ्यावी आणि समर्थन देणे आवश्यक आहे. समाजाच्या सर्वांमध्ये जाणून घ्यावी आणि समर्थन देणे आवश्यक आहे. समाजाच्या सर्वांमध्ये जाणून घ्यावी आणि समर्थन देणे आवश्यक आहे.



Chowgule Education Society's
Parvatibai Chowgule College of Arts and Science
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REPORT ON CAMPUS ACTIVITY

(Seminar / Webinar / Expert talk / Workshop / Visit to Incubators on the themes pertaining to Innovation/Entrepreneurship/Intellectual property)

Title of the event	Talk on Corporate Etiquettes at Modern Workplace by UMANG Software Group of Technologies.
Date and time	4/8/2023 2.15 pm onwards
Mode	Offline.
Organising Department/ School/Directorate/ Section	The Department of Computer Science
Resource Person/s	Melantha Fernandes
Participants in house	Faculty: 9, Students: 48
Faculty attended	9
Students attended	48
Total Participants	57
The objectives and description of the activity	The Department of Computer Science in collaboration with IQAC of the college put together a talk by The Umang Group of Software Technologies on the topic “ Corporate Etiquettes at Modern” Workplaces. The talk was delivered by HR manager Melantha Fernandes. The event took place in the upper auditorium. This talk served as a valuable resource for the students as they will be entering a workforce that is increasingly digital and globalized and it is important for them to understand the do’s and don’ts of corporate etiquettes.

Attach copy of the Flyer event (if any)

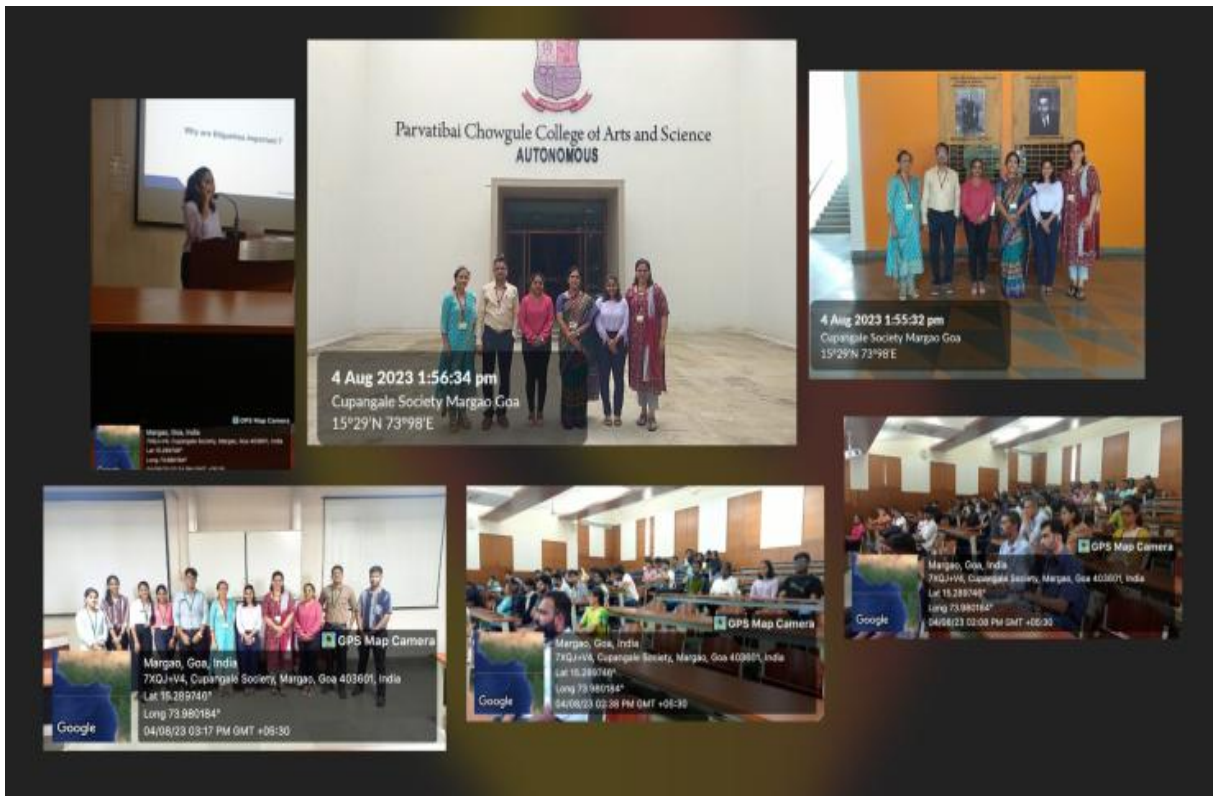


Social Media posts and links: (if any)

Instagram link

https://www.instagram.com/p/Cvr4FqnJbu2/?img_index=1&igshid=YmQ5MjYyNzNkNQ==

Photos



Benefit/Key outcome of the event in terms of learning/skills/knowledge

The students obtained knowledge about different etiquettes to be followed for various modes of communication at corporate level.

Signature of the Head of the Department/ Incharge :



Parvatibai Chowgule College of Arts and Science (Autonomous)

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REPORT ON CAMPUS ACTIVITY

(Seminar / Webinar / Expert talk / Workshop / Visit to Incubators on the themes pertaining to Innovation/Entrepreneurship/Intellectual property)

Title of the event	INTERNATIONAL WOMEN'S DAY CELEBRATION
Date and time	7th March 2024 at 2:15 pm
Mode	Offline
Organising Department/ School/Directorate/ Section	The Department of Sociology's HUMAN DOSTO CLUB and the Gender Champion's Club
Resource Person/s	Ms. Leandra Vaz
Participants in house	Faculty: 05, Students: 38
Participants (External)	Others: 1
Faculty attended	5
Students attended	38
Total Participants	44
The objectives and description of the activity	<p>The Department of Sociology's HUMAN DOSTO CLUB and the Gender Champion's Club organized a vibrant celebration on the occasion of International Women's Day on 7th March 2024. The event aimed to inspire both girls and boys by showcasing the success stories of ordinary women who have made extraordinary strides in entrepreneurship. The theme of the event, aligned with the UN's theme, "Invest in a Woman, Accelerate Progress," emphasized the pivotal role of women in driving societal advancement.</p> <p>Venue and Timing: The event took place in the AV room of the College at 2:15 pm, providing a conducive environment for learning and inspiration.</p> <p>Hosts: Ms. Arya Prabhu and Ms. Sakshi Revodkar kick-started the event with enthusiasm and warmth, setting the tone for an engaging and insightful session.</p> <p>Special Invitees: The event was graced by esteemed guests, including:</p> <ul style="list-style-type: none">• Ms. Leandra Vaz, an ex-student of the sociology batch 2015-16, an entrepreneur, and the founder of PREYA ethnic fashion brand.• Dr. Meghna Devli, the Dean of Academics, who added value with her profound insights. <p>Documentary Screening: The event commenced with a screening of a compelling documentary showcasing the remarkable journey of Ms. Ritu Kaushik. From being a housewife in a patriarchal society to emerging as a successful entrepreneur in the realm of e-commerce, Ritu's story epitomized resilience, determination, and the power of</p>

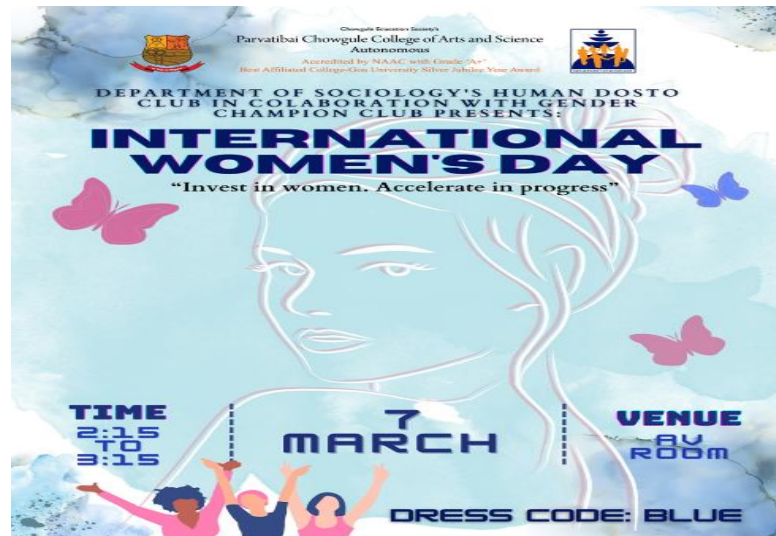
women's entrepreneurship. Her journey underscored how online platforms provided a level playing field for women, enabling them to realize their dreams despite societal constraints.

Life Story Presentation: Following the documentary, Ms. Leandra Vaz shared her inspiring life story. From navigating challenges post-college to embracing entrepreneurship amidst personal milestones such as marriage and motherhood, Leandra's journey resonated with many. She candidly discussed the hurdles she faced and the triumphs she savored along her entrepreneurial odyssey, offering invaluable lessons and insights to the audience.

Coordination and Photography: The event was seamlessly coordinated by Ms. Valeska Gracias, an Assistant Professor, who ensured its smooth execution. Ms. Shenelle Fernandes captured the essence of the celebration through her adept photography skills, preserving memorable moments for posterity.

Attendees: A total of 38 students, along with faculty members including Ms. Siana D'Mello, Dr. Sachin Moraes (Head), and Ms. Varsha, actively participated in the event, contributing to its success.

Attach copy of the Flyer event (if any)



Photos



EVENT ATTENDANCE OF STUDENTS.			
TITLE OF THE EVENT: International Women's day Celebration			
DATE: 7 th March 2024			
Sr No	NAME	ROLL NUMBER/DEPT	SIGNATURE
1	Sare Anup Jain	AU 2101221	Sare Anup
2	Godanani Malagati	AU2101239	Godanani
3	Vallery C. Dias	AU2101219	Vallery
4	Anushka Vaz	AU2101211	Anushka
5	Siya Nark	AU2101212	Siya
6	Jennifer Macarenha	AU2101233	Jennifer
7	Vivian Vaz	2201169 (Psy)	Vivian
8	Medora F. Fernandes	2201072	Medora
9	Dixya Manikyal	2201071	Dixya
10	Marisa Carrissa Menezes	2201127	Marisa
11	Shanelle Fernandes	2201175	Shanelle
12	Johari	2301110	Johari
13	Adarsh	2301118	Adarsh
14	Teni	2201085	Teni
15	Shrme Costa	2201020 / Socio	Shrme
16	Cheria Annabel Fernandes	2201087 / Socio	Cheria
17	Riya R. Nanoskar	2201021 / Socio/Eng	Riya
18	Anisia Costa	2201113 / Socio/Eng	Anisia
19	Kareena Patel	2301100 / Hindi	Kareena
20	Zuberiya Narargi	2301105 / Sociology	Zuberiya
21	Aneta Cardoso	2301127 / Socio	Aneta
22	Vijay Sharma	2302207 / CS	Vijay
23	Satish Moraske	2301013 / Eco	Satish
24	Mabel Monteiro	2301059 / Psy	Mabel
25	Bencia Costa	2201128 / English	Bencia
26	Aaron Rovin Dias	2102380 / Chemistry	Aaron
27	Arjun Chandan	2202236 / Chemistry	Arjun
28	NARITHA HARISH	2101178 / Sociology	Narisha
29	Paxton Da Cunha	2201099 / Sociology	Paxton
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Signature of the Head of the Department/ Incharge :



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REPORT ON CAMPUS ACTIVITY

(Seminar / Webinar / Expert talk / Workshop / Visit to Incubators on the themes pertaining to Innovation/Entrepreneurship/Intellectual property)

Title of the event	Experiential Learning and Community Outreach
Date and time	29 th July 2023 from 8:30 am to 4:30pm
Mode	Offline
Organising Department/ School/Directorate/ Section	Department of Sociology
Participants in house	Faculty: 01, Students: 17
Faculty attended	01
Students attended	17
Total Participants	18
The objectives and description of the activity	The Department of Sociology organized an experiential learning trip for the students of T.Y B. A on the 29 th July 2023 from 8:30 am to 4:30pm to the village of Barcem Canancona accompanied by Assistant Prof. Siana D'mello. The field trip was undertaken as a part of the course, Rural Sociology with the aim to learn about the rural social structure. The students travelled from Margao by a local bus to Canacona. They were guided by Miss Ashwini; a local resident of the village who took the students to the paddy fields where the students helped the farmers sow the crop. The students conducted field-based observation through interviews with the famers regarding the village structure, the social hierarchies present, the governing bodies, occupation etc. The students also helped the women to cook lunch for everyone. The field trip was quite successful and a fruitful experience. The students learnt a lot and gained insight about the lives of the locals.
Benefit/Key outcome of the event in terms of learning/skills/knowledge	The field trip for the Rural Sociology course was designed to give the students an understanding of the fundamental social reality, and changes in the perspectives of rural communities- especially focusing on the second unit: Village Social Structures

Photos



Signature of the Head of the Department/ Incharge :