



Parvatibai Chowgule College of Arts and Science (Autonomous)

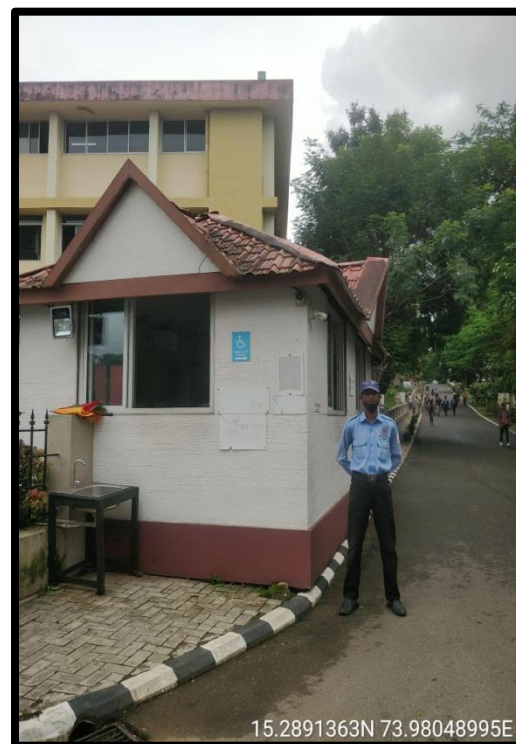
Accredited by NAAC with Grade 'A+'
Best Affiliated College-Goa University Silver Jubilee Year Award

SPECIFIC FACILITIES PROVIDED FOR WOMEN

A. Safety and security:

Institution creates an environment that prioritizes safety of women by providing

- Well trained guards with security personnel at the entrance gate. They check the ID cards and register unknown entrants/visitors with their ID card.
- Institution also has surveillance cameras installed in the campus at various locations such as corridor, QUAD, etc and is being monitored to avoid any untoward incidents and provide safety to all.
- Fire extinguishers are placed at important points within the campus to ensure safety during fire accidents.



Security guards at the entrance of the Institution



CCTV cameras installed in the campus



Fire hose box placed outside the Quad area in A-block and water facility

B. Counselling

The Counselling Center conducted a total of 267 counselling sessions, for a total of 55 students, out of which 44 were female students and 11 were male students. Some of the main issues tackled during therapy include stress management, emotion regulation, self-esteem building, academic and career related concerns and body image issues. Resolving of these issues will lead to empowerment, confidence and the ability to survive and be successful in the real world.

The Counselling Centre organised a talk for the students on Self-Awareness and Confidence Building on 15th September 2023 in the Flipped Classroom. The resource person for the event was Ms. Jofira Gonsalves, the College Counsellor. The workshop was organized to create self-awareness and confidence among young adults.



The Counselling Centre in collaboration with the Internal Committee organised an E-Poster-Making Competition on the topic "Provide a safe and secure environment to women at the workplace". The event was conducted to spread awareness among students regarding the hardships women face when they are not provided with a safe environment at the workplace. The students have now become more sensitized to the issue.

C. Common rooms :

Institution has designated two common rooms in the main staff room in Block 'B' one for male staff and another for female staff. Common rooms serve as a hub to relax and have casual conversations to connect with peers.

Ladies Common room is furnished with two beds, a dressing table with mirror and cabinets, chairs, cupboard along with basic amenities such as fan, sanitary pad vending machine, incinerator for sanitary pad disposal and water filter. The common room has attached washroom facilities. Regular maintenance and cleanliness of these spaces are taken care of by the housekeeping staff to create a welcoming environment.





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Sanitary Napkin Vending Machine inside ladies washroom

D. Any other relevant information

- 28 students from the Department of Sociology and 29 students of SYBA, Department of Psychology along with Ms. Siana D'Mello, Assistant Professor, Department of Sociology and Dr. Sobita Kirtani, In-charge & Assistant Professor, Department of Psychology attended a programme on awareness of women's rights and Employment titled '**Nirbhay Bharat-Sashakt Nari**' organized by the Goa State Commission for Women in association with the National State Commission for Women at Ravindra Bhavan, Margao on 30th June, 2023.



Students along with the faculty attending the programme on 'Nirbhay Bharat-Sashakt Nari'



- Dr. Sachin Savio Moraes, Assistant Professor, Department of Sociology from our college was invited to participate in a **State Consultation on "Online Child Sexual Abuse"** as a panellist on 7th September 2023. It was organized by Goa State Commission for Protection of Child Rights in association with India Child Protection Fund.
- Ms. Siana D' Mello, Assistant Professor of Department of Sociology attended a session conducted by Goa Chamber of Commerce and Industry on "**Inclusivity, Women and India@2047**" at Taj Cidade De Goa Heritage (Grande Sala) Dona Paula, on 13th September 2023.



- Ms. Sharanya Ravindranath, Assistant Professor, Department of Economics attended a '*Streechi Asthik Zhep Womens Financial Literacy*' panel discussion hosted by Lokmanya Multipurpose Society Limited at Ravindra Bhavan, Fatorda Margao on 2nd December, 2023.
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- The Counsellor attended 'World Day against Human Trafficking 2023' on the 31st of July 2023 in Margao which was organised by Arz NGO in collaboration with Anti Human Trafficking Unit-South Goa, Goa Police. The event spread awareness on this global menace of Human Trafficking and urged support of the youth to help combat trafficking.

