



Parvatibai Chowgule College of Arts and Science
Autonomous

Accredited by NAAC with Grade 'A' (CGPA Score 3.41 on a 4 Point Scale in 3rd cycle)
Best affiliated College-Goa University Silver Jubilee Year Award

6.3.3

***Professional Development /
Administrative Training Programs
organized by the Institution
For
Teaching and non teaching staff***

2017-2018

REPORT ON WORKSHOP ON ‘STRESS MANAGEMENT’

Dean, Faculty of Languages and Literature organized a Workshop on “Stress Management” for our college faculties on Thursday, 12th October 2017 from 10.00 a.m. to 01.00 p.m. Resource Person was Mr. Clifford De silva, Goa Institute of Counseling. Total 20 faculties attended this workshop.

A warm welcome was given by Dr. Sonia Fernandes to all faculties and the dignitaries along with a brief introduction about Mr. Clifford De silva. Dr. Nandkumar N. Sawant, Principal of the college encouraged faculties to make best use of the time and take best benefit from the workshop.

The workshop was very effective, self motivating and relaxing with lot of interactive sessions. Many useful tips and techniques were shared like meditation, time management, developing right attitude and life views, dealing with negative emotions and so on.

Finally vote of thanks was given by Dr. Hanumant Chopdekar.



*Dean, Faculty of Languages and Literature
felicitating the Resource Person in the
Workshop on “Stress Management”*

Feedback by attendees in general:

1. How was the activity?
All faculties have liked the workshop
2. Did the techniques provided were useful?
Every one found it useful.
3. What was the outcome from this activity?
Everyone has acquired some useful techniques.
4. How will it make a difference in you?
Many have reported of implementing these techniques.
5. Would you like any more such activities? If yes, please specify (not all mentioned)
All most all have said ‘yes’.
Some jottings:-
 - Need workshop on time management
 - Workshop on similar lines
 - Any workshop that will develop for the betterment....etc.
6. Any suggestions (not all mentioned)
Some specific suggestion only taken that is –
Required more time for this workshop
Prefer two days workshop on same topic and same resource person.

PHOTOGRAPHS



Dean, Faculty of Languages and Literature
organizes

WORKSHOP ON "STRESS MANAGEMENT"

12th October 2017

Time: 10.00 am - 01.00 p.m.

Venue: Upper Auditorium

Attendance

S.N.	Attendees	Departments	Signatures
1	Liesel M.C. De silva	Biotechnology	<i>[Signature]</i>
2	Aswathi R. Jagadish	French	<i>[Signature]</i>
3	Andrew Barreto	English	<i>[Signature]</i>
4	Sonia Fernandes	English	<i>[Signature]</i>
5	Neeta Dhopeswar	Computer Sci.	<i>[Signature]</i>
6	Shaila Ghanti	Com. Sci.	<i>[Signature]</i>
7	D. Prabhakaran	Com. Sci.	—
8	Suchitra Bhatt	Com. Sci.	<i>[Signature]</i>
9	Madhavi M. Motankar	Biotechnology	<i>[Signature]</i>
10	Shravani Korgaonkar	Botany	<i>[Signature]</i>
11	Mitra Borkar	French	<i>[Signature]</i>
12	Carol B. Miranda	French	<i>[Signature]</i>
13	Sonia Sawant	Marathi	<i>[Signature]</i>
14	Amisha Pednekar	Botany	<i>[Signature]</i> 12-10-17
15	Divyprani Revankar	Botany	<i>[Signature]</i>
16	Vidya Balekai	SSS Career Counsellor	<i>[Signature]</i>
17	Rajashree Desai	English	<i>[Signature]</i>
18	Anurag Naik	Chemistry	—
19	Sonika Advilkar	Marathi	—
20	Pradeep Jatal	Hindi	—
21	Hanumant Chopdekar	Konkani	<i>[Signature]</i>
22	Delilah Dominica Pacheco	English	<i>[Signature]</i>
23	Rakhi Karapurkar	Mathematics	<i>[Signature]</i>
24	Lee Anne D Costa	Biotechnology	<i>[Signature]</i>
25	Bhavana M. Sawardekar	Administration	<i>[Signature]</i>
26	Suchitra Bhat	Com. Sci.	—
27	Pradeep R. Jatal	Hindi	<i>[Signature]</i>
28	Garigi Bhat	English	<i>[Signature]</i>
29	Rajashree Desai	English	<i>[Signature]</i>
30	Mitra D S Borkar	French	<i>[Signature]</i>
31	Delilah	—	—

Submit to Secretary to Deans



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RESEARCH COMMITTEE (PCCAS-RCEA) & IQAC

REPORT ON WORKSHOP ON RESEARCH DATA MANAGEMENT – ORCID	
Title:	Workshop on “Research Publication Data Management(ORCID)
Date and year:	25/10/2017
Venue:	Auditorium
Resource person/s:	Dr. Nandini Vaz Fernandes
Organizing Committee	Research, Consultancy and Extension Activity Committee (PCCAS-RCEA) and Internal Quality Assurance Cell (PCCAS-IQAC).
No. of Participants	16 Faculty members.
Objective:	<i>The Hands-on workshop was conducted to facilitate faculty members to :</i> <ul style="list-style-type: none">- Connect Achievements and Contributions on Global Registry” – Register with ORCID
Summary of the proceedings	<p>The Research Committee and IQAC organized Hands-on Workshop " Research Data Management' for facilitating faculty to give a global platform to their research works. The workshop was held on 25th October 2017 in the Auditorium. Dr. Nandini Vaz Fernandes, gave a introductory session on Research data management, followed by demonstration of how to upload data transfer on ORCID .</p> <p>The Faculty members we explained the procedure of registering for ORCID and the significance of doing the same.</p>



WORKSHOP – “RESEARCH PUBLICATION DATA MANAGEMENT”-ORCID

25th October 2017

BY

DR. NANDINI VAZ FERNANDES

PARVATIBAI CHOWGULE COLLEGE
MARGAO GOA
EMAIL:nvf001@chowgules.ac.in



ORCID – Glue for all your research services

- You can connect your ORCID account with websites including:
 - Web of Science
 - Figshare
 - ,Impactstory
 - Researcher ID etc.
- ORCID record will allow you to automatically import the same information to multiple places.



Dr. Nandini Vaz Fernandes, Parvatibai Chowgule College. 25-10-2017



How it will help you

- Over 1000 journals, (**PLOS, Nature, and Elsevier etc**) are using ORCID for manuscript submission systems.
- It can also aggregate author-level metrics for you.
- ORCID helps connects you with your professional affiliation and enables other institutions track your work.



Dr. Nandini Vaz Fernandes, Parvatibai Chowgule College. 25-10-2017



Chart of nutrition requirement according to age was given to each house.

- vi. **Sanitary Hygiene (13/04/18):** The program aimed to create awareness about the importance sanitary hygiene. A questionnaire was prepared and put forth to the women with an aim to understand the present scenario of the sanitary hygiene. The women were explained about care and hygienic practices during menstruation.
- vii. **Garbage Segregation (13/04/18):** The program aimed to create awareness about the importance garbage disposal and segregation. Methods of disposal of organic and inorganic wastes were explained.
- viii. **Importance of Immunization (14/04/18):** The community outreach activity aimed to collect information regarding the vaccines taken by children and to provide information with respect to importance of immunization. The students explained the parents the consequences of not receiving a vaccine and the long term complications associated. The checklist of the immunization chart was also provided.

III. FACULTY ACHIEVEMENT:

1) Dr. Nandini Vaz Fernandes

As Resource Person:09

- 1. 'Faculty Orientation Programme' conducted by the college for newly recruited Faculty members on 11th July 2017. She spoke on "Research Culture of Chowgule College".
- 2. 'Lecture Series' on 'Birding and Bird Conservation' on 21st July 2017.
- 3. 'Research Publication Data Management' Two workshops were held on 25th October, 2017 and 07th November, for the faculty

members of Chowgule College.

- 4. Delivered series of lectures on: Chromosomal disorders, Genetic mutations, Prenatal Diagnosis and Newborn screening of disorders, for the UG and PG students of Biotechnology Gogate college, Ratnagiri.
- 5. "Problem Based learning as Teaching methodology" for Science teachers of Gogate Joglekar on 15th September 2017. Dr. Fernandes presented her findings on 'Multiple Mode of teaching', Blooms Taxonomy and Problem based Learning.
- 6. Spoke on Role of IQAC under autonomy' to Delegation from Annasaheb Dange College of Engineering and Technology, Sangli-Maharashtra who visited our college on 19th July 2017 to understand the functioning.
- 7. As the chief guest for the workshop organized by Psychology department on 5th August 2017. Spoke on the need for preparing a good questionnaire for data collection and briefed the students on the prospective research areas for good research in social sciences.
- 8. Resource person for National Conference on "Coastal Wetlands of India" under the auspices of 'Mangrove Cell Maharashtra' and 'Mangrove Society of India' and BNHS Mumbai at RP Gogate College of Arts and Science, Ratnagiri Maharashtra on 17th and 18th March 2018.
- 9. Resource person for session on "Funding Bodies for research grants" organized for faculty of Parvatibai Chowgule college.

Faculty attended seminars/ workshops:

- 1. Dr. Nandini Vaz Fernandes along with of students of zoology attended the Carl Memorial Lecture on 20th August 2017. The guest lecture was delivered by





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WORKSHOP ON CONFLICT MEDIATION

**By Prof. Patrick McNamara, Director of International Studies and Programme,
University Of Nebrasaka, Omaha**

03rd January 2018

The College organized a workshop on “Conflict Mediation” for the staff of our college on 3rd January, 2018.

The Resource person for the workshop was Prof. Patrick McNamara, Director of International Studies and Programme, University of Nebrasaka, Omaha.

The workshop was attended by 19 staff.





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RESEARCH COMMITTEE (PCCAS-RCEA) & IQAC

REPORT ON WORKSHOP ON RESEARCH DATA MANAGEMENT – RESEARCHER ID	
Title:	Workshop on “Research Publication Data Management(RESEARCHER-ID)
Date and year:	07/11/2017
Venue:	Auditorium
Resource person/s:	Dr. Nandini Vaz Fernandes
Organizing Committee	Research, Consultancy and Extension Activity Committee (PCCAS-RCEA) and Internal Quality Assurance Cell (PCCAS-IQAC).
No. of Participants	16 Faculty members.
Objective:	<i>The Hands-on workshop was conducted to facilitate faculty members to :</i> <ul style="list-style-type: none">- Connect Achievements and Contributions on Global Registry” – Register with RESEARCHER-ID
Summary of the proceedings	<p>The Research Committee and IQAC organized Hands-on Workshop " Research Data Management' for facilitating faculty to give a global platform to their research works. The workshop was held on 11th November 2017 in the Auditorium.</p> <p>Dr. Nandini Vaz Fernandes, gave a introductory session on Research data management, followed by demonstration of how to upload data transfer data from ORCID to Researcher-ID.</p> <p>The Faculty members we explained the procedure of registering for Researcher-ID and then linking it with ORCID.</p>

Photographs



Parvatibai Chowgule College of Arts and Science
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WORKSHOP – “RESEARCH PUBLICATION DATA MANAGEMENT”-RESEARCHER ID 7th November 2017

BY
DR. NANDINI VAZ FERNANDES
PARVATIBAI CHOWGULE COLLEGE
MARGAO GOA
EMAIL: nvf001@chowgules.ac.in



How do I register?

Login to <http://www.researcherid.com>
– Fill the form 


REGISTER »
LOGIN »
SIGN UP »

Dr. Nandini Vaz Fernandes, Parvatibai Chowgule College, 07-11-2017



Transferring Data from ORCID to RESEARCHERID

Link ORCID with RESEACHER- ID.
– Then add all your publication details:

- No need of adding the publications again.
- But use option of transferring data from ORCID.

– Today add of 3 calendar years.
– Later can add all your publications.
– You can rearrange the publications year wise automatically.



Dr. Nandini Vaz Fernandes, Parvatibai Chowgule College, 07-11-2017



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PARVATIBAI CHOWGULE COLLEGE OF ARTS AND SCIENCE
(AUTONOMOUS)

REPORT

SHARING MULTIMEDIA INNOVATIVE TECHNIQUES /
TECHNOLOGY USED IN TEACHING METHODOLOGIES

Dean, Faculty of Languages and Literature organized a session on “Sharing Multimedia Innovative Techniques / Technologies used in teaching methodologies” for all languages and literature faculties on 22nd February 2018 in Upper Auditorium.

Ms. MitraBorkar welcomed all the faculties and thereafter a faculty from each language and Literature department presented their innovative techniques/technologies implemented in teaching their subject.

Some of the techniques /technologies shared were as follows:

1. Video camera being used to do recordings of class activities enabling students to review their progress in an activities/session and work on its improvement.
2. Audio video used in class activities either for the assignments or grasping the language phonetics, pronunciations and understanding the language/s.
3. Online sites being made available to students to acquire more knowledge of their subject and even latest information about general knowledge. Some of the regularly used technologies are You Tube and Google classroom.
4. Typing devnagari is also taught.
5. Power point presentation and projector displays are the most commonly used techniques.

Finally Vote of thanks given by Ms. MitraBorkar and the session came to an end at 4.50 p.m.

Logistics Support by Ms. Bhavana M. Sawardekar

Photography by Tiger Studio



REPORT ON FACULTY ORIENTATION PROGRAMME ON “ENTREPRENEURSHIP”

Dean, Faculty of Science organized a half day Faculty Orientation Programme on “Entrepreneurship” on Thursday, 15th February 2018 from 09.00 a.m. to 02.00 p.m. in teaching learning centre. The resource person was Mr. B.S. Rivonkar, Ex-Director of Centre for Entrepreneurship Development of Karnataka (CEDOK) & IIT, Suratkal.

An brief introduction of the resource person was given by Ms. Shaila Ghanti in the start of the session. Thereafter Mr. B.S. Rivonkar started with an ice breaker session wherein five group were made each one had to tell something about oneself that would include SWOC and later on each group come forward and one group member introduces other group member.

There were some nice motivational real incidences were informed they are as following:

1. **Shoe Laundry:** Young person after college wanted to start his own business. Parents didn't support. After a while he was thrown out of house. He had only Rs. 7000/-. Rented a space of Rs. 2000/-. Few days just walked in one direction thinking. One day observed a pile of shoes outside the hospital. Approached the admin personnel that he has opened his own Shoe Laundry. Admin personnel agreed to given 100 pair of shoes to see his work. Next day it was delivered and checked of his services. He signed his first agreement. Thereafter hired one person to work under him and also went another hospital for similar services. Now he has his own business spread all over and even aboard.
2. **Chapatti maker:** The girl observed her mother taking effort to prepare chapattis every day. In her college project invents a chapatti maker. She patented her invention. Initially whatever no. of product was developed were sold in no time. Thereafter she came up with a company.
3. **Pan Parag:** A family man earned his leaving by selling his desi pan by travelling from one location to other. He usually had an half hour lunch break before a hotel and always observed that other panwala selling his product would be crowned with people. From there he came up with an idea of pan mix and he used to invent various favours and that's how he invented Pan Parag.
4. **Mouth/tooth washer instrument** in only 10 seconds to clean ones teeth.

Similarly many more examples were mentioned. He further informed that about communication is a very vital term and one needs to understand what is said / told and what is understood by the other person. An real example informed was on a well to do family daughter suffered from a rare disease were in she lost sight of one eye and if not removed immediately would lose her other eye sight too. A best doctor was hired from aboard to operate. The doctor operates and leaves back. On attending consciousness by the girl, she realises complete blindness as she is being operated with wrong eye sight. The fault took place by a nurse writing the report wherein instead of writing Left eye i.e. the Term 'L' it was written as 'R' i.e. right eye. There was a complete lack of communication and mistake as well.

A session on self rating was exercised by answering a questionnaire and scoring done through answering this questionnaire.

Another session was on idea generating conducted for all faculties where they were asked to generate any innovative ideas for starting their business.

Later on how the ideas could be generated was informed by analysising and observing the day to day activities.

Basic questions were inquired on the ideas mentioned that is can you make it?, can you sell it? is there a market for it? what costing is required etc.

Students need to know the following was informed i.e. technical feasibility, demand feasibility financial feasibility.

Faculties need to motivate, generate /take ideas, guide the students and if it works and is innovative patent it through CIBA.

He also mentioned that whatever mentioned is motivational but there are many difficulties faced as well, lot of homework to be done, self determination and commitment to do something is required.

Finally a vote of thanks was given by Aresh Naik.

Following 20 faculty members attended the orientation programme:

Yatin Dessai, Ashish Desai, Lactina Gonsalves, Amisha Shirodker, Soccorrinha DCosta, Malcolm Afonso, Danielle Monteiro, Shaila Ghanti, V. Prabhakaran, Judith Dias Barreto, Neeta Dhopeswar, Sanjay Gaikwad, Samantha Coutinho, Aresh Naik, Sachin Moraes, Bhavana Sawardekar, Sharmila Menezes, Kailas D. Gokhale, Sarah Mesquita and Monica Patil.

Administration logistics were provided by Bhavana Sawardekar and Photography was done by a student Nareema Usma.

Feedbacks by faculties are as follows:

1. Was the programme useful?
Very useful - 11 useful – 7
2. How was the programme duration?
Most found it short or trailer
3. How was the programme content?
All found it Appropriate
4. How was the deliverance?
Most found it very good.
5. Do you think it will be useful for you students?
All found it useful.
6. Do you want further training on the same?
All said yes
7. Will you be in a position to motivate your students to take up entrepreneurship?
All said yes
8. Suggestions by attendees:
 - i. Detailed workshop on the process of entrepreneurship
 - ii. Want to know how to motivate Arts and Social Science student?
 - iii. More motivational real stories along with difficulties counted in its ways and more depth to be mentioned.
 - iv. Organize sessions for students along with success stories, videos and examples from local region could be effective.
 - v. Similar orientation / workshop for students by same resource person.
 - vi. Resource person to interact with the students.
 - vii. Need more follow up programmes to address other issues that may come up for entrepreneurs.
 - viii. Workshop can be schedules and informed atleast two days inadvance so that alternate arrangements can be made.

ix. Could be conducted during non class hours.





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RESEARCH COMMITTEE (PCCAS-RCEA) & IQAC

REPORT ON SEMINAR ON PLAGIARISM AND ACADEMIC WRITING	
Title:	Seminar on Plagiarism and Academic Writing Sessions: 1) Plagiarism 2) Academic Writing
Date and year:	23/04/2018
Venue:	Auditorium
Resource person/s:	Dr. Gopakumar, Librarian Goa University.
Organizing Committee	Research, Consultancy and Extension Activity Committee (PCCAS-RCEA) and Internal Quality Assurance Cell (PCCAS-IQAC).
No. of Participants	19 Faculty members.
Objective:	1) To sensitize faculty members on Avoiding plagiarism 2) Academic writing – Enhance your writing using Mendeley
Summary of the proceedings	<p>To address the need of avoiding plagiarism in academics, the Research Committee of the college organized a session on “Plagiarism and Academic writing” on 23rd April 2018.</p> <p>The resource person for the session was Dr. Gopakumar V., Librarian at Goa University.</p> <p><i>Session 1: Avoiding Plagiarism</i></p> <p>The session included a talk on the concept of plagiarism, how to avoid plagiarism and methods of detecting plagiarism in Academic writing. This session also included demonstration of softwares used to avoiding plagiarism.</p>

Dr. Gopakumar also demonstrated the use of anti- plagiarism software "URKUND" recommended by UGC for detecting plagiarism in academic submissions made by students/faculty.

Session 2: Academic Writing – Use of Mendeley

As a professional research tool Dr. Gopakumar demonstrated the use of "Mendeley" software which also helps in academic content writing of thesis or research papers, and eases reference writing and in-text citation.

He also demonstrated various features of "Mendeley" which can help the researcher to search scholarly contents from the web, arrange and format references in specific styles, and search for specific content pertaining to the planned research paper.

Photographs



Dr. Gopakumar V. delivering a talk on
"Plagiarism in Academic writing"

UNDERSIGNED STAFF HAVE ATTENDED A TALK ON 'PLAGIARISM IN ACADEMIC WRITING'

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