



Parvatibai Chowgule College of Arts and Science
(Autonomous)

Accredited by NAAC with Grade 'A'
Best Affiliated College-Goa University Silver Jubilee Year Award

FI-60

ACTIVITIES CONDUCTED BY INTERNAL COMMITTEE (2022 - 2023)

The following activities were conducted for staff and students during the academic year 2022 - 2023, to provide a safe and secure environment to women at the workplace.

Sr.No.	Activity	Date	No. of Participants/ Attendees
1	Poetry writing competition on the occasion of 'International Day for the Elimination of Violence' (Organised by Department of Hindi in association with Internal Committee)	25.11.2022	06 students
2	Online Poster – Create and upload an online poster raising awareness about Prevention of Discrimination Against Women and Elimination of Violence Against Women 2022 (Organised by National Service Scheme (NSS) in association with Internal Committee)	2.12.2022 to 8.12.2022	16 students
3	Creative Social Media Status – Create and upload a screenshot of your creative social media status raising awareness about Prevention of Discrimination Against Women and Elimination of Violence Against Women 2022 (Organised by National Service Scheme (NSS) in association with Internal Committee)		20 students
4	Essay Writing - Write and upload the essay (700-800 words) raising awareness about Prevention of Discrimination Against Women and Elimination of Violence Against Women 2022 (Organised by National Service Scheme (NSS) in association with Internal Committee)		11 students
5	Essay Writing on Women Empowerment : Gender Sensitization (Organised by Department of Konkani in association with Internal Committee)	5.12.2022	13 students
6	Workshop on 'The Sexual Harassment of Women at Workplace (Prevention, Prohibition and Redressal)' for the teaching and non-teaching staff (Organised by Internal Committee)	7.12.2022	55 staff members
7	Poetry Writing Activity on Provide a safe and secure environment to Women at the Workplace (Organised by Department of Marathi in association with Internal Committee)	9.12.2022	08 students
8	Gender Equality Pledge was administered to the participants, teachers and student volunteers of Inter-Higher Secondary Event Goenkarponn (Organised by Department of Sociology in association with Internal Committee)	10.12.2022	110 students & teachers
9	Street Play on 'The Sexual Harassment of Women at Workplace (Prevention, Prohibition and Redressal) Act, 2013 (POSH Act)' (Organised by Counselling Centre in association with Internal Committee)	31.01.2023	11 students. Audience attendance not recorded.

Seetha
Dr. Shaila R. Ghanti

Presiding Officer, Internal Committee

11th July, 2023.



**Parvatibai Chowgule College of Arts and Science
(Autonomous)**

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REPORT ON CAMPUS ACTIVITY


(Seminar / Webinar / Expert talk / Workshop / Visit to Incubators on the themes pertaining to Innovation/Entrepreneurship/Intellectual property)

Title of the event	Poetry Writing Competition on the occasion of 'International Day for the Elimination of Violence'
Date and time	25 th November, 2022
Mode	Online
Organising Department/ School/Directorate/ Section	Hindi Department in Association with Internal Committee
Resource Person/s	-
Participants in house	Students: 06
Participants (External)	Nil
Faculty attended	Nil
Students attended	06
Total Participants	06
The objectives and description of the activity	<p>Objective : To raise awareness about Elimination of Violence Against Women.</p> <p>Summary : The Poetry Writing Competition was held on 25th November on the occasion of 'International Day for the Elimination of Violence against Women'. 06 students participated and wrote poems.</p>
Attach copy of the Flyer event (if any)	-
URL of the event (if any)	https://drive.google.com/drive/folders/1nkbluL0fCGJ6hoep96r35-ZTPoHkETIX?usp=share_link
Social Media posts and links: (if any)	
Instagram link	-
Facebook link	-
Youtube link	-
Photos (minimum 5, geo-tagged)	Poetries attached
Feedback	-
Benefit/Key outcome of the event in terms of learning/skills/knowledge	Through the poetries, awareness about Elimination of Violence Against Women was created.

LIST OF PARTICIPANTS

Sr.No.	Name of Participant	Roll No.	Title Of Poem	Class
1.	Suraksha Redkar	AU2101218	महिला (Mahila)	SYBA
2.	Vaibhavi Sukadker	AU2101224	स्त्री (Stree)	SYBA
3.	Sejal Mayekar	AU200011	नारी-शक्ति हो तुम Nari Shakti ho tum	TYBA
4.	Saili Naik	AU200096	नारी- (Nari)	TYBA
5.	Akansha Raikar	AU200101	स्त्री कहती है (Stree kahti hai)	TYBA
6.	Vardini Borkar	AU200112	एक दिन ऐसा आ जाए Ek din aisa aa jaaye	TYBA

Signature of the Head of the Department/ Incharge :


Dr. Pradeep Jatal

अंतर्राष्ट्रीय महिला हिंसा उन्मूलन/ निर्मूलन दिवस



महिला

कोमल फुल जैसी वो,
सुगंध अपना बिखेरती है।
अपने अस्तित्व से,
वातावरण प्रसन्न करती है।

उस कोमल फुल के साथ,
क्यों छेड़छाड़ करते हो?
अपने स्थान पर जो सुखी,
क्यों मार्ग बाधक बनते हो?

उसकी खुबसुरती तुम्हें,
क्यों भोग विलास प्रतित होती है?
पुरुषार्थ दिखाते तुम,
क्या यही तुम्हारी शक्ति है?

घर, विद्यालय, सडक, कार्यस्थल
कहीं सुरक्षित न समझती है।
बुरा कपडों का ढंग नहीं,
बुरी तुम्हारी दृष्टि है।

तुम्हारी यह कुरीति,
उसपर बुरा प्रभाव छोड़ जाती है।
अन्याय-अत्याचार, अपहरण-बलात्कार
उस कोमल फुल को मुरझाती है।

अंत न देखो उसका,
फुल के काटे तुम्हे चुभेंगे।
माँ काली का रूप लेगी तो,
क्रोध की ज्वाला में भस्म होंगे।

----- सुरक्षा सुरेंद्र रेडकर
द्वितीयवर्षकला

AU2101218



“अंतर्राष्ट्रीय महिला हिंसा उन्मूलन/ निर्मूलन दिवस”।

स्त्री

किसी की मां, पत्नी, बेटी,
लेकिन क्यों उसके अकेले अस्तित्व पर,
नहीं पड़ता कोई प्रभाव।
है समाज के लिए पराया धन,
जलद से जल्दी छुटकारापाने का साधन।
तो है भोग की वस्तु

किसकी नियत कब बदल जाए नहीं है
यकीन।

क्यूं उसेशादी के उपरान,
बच्चो या काम के बीच चुनना पड़ता है?

जब रात को काम से घर लौटती है,

पड़ती है उसपर बुरी कुदृष्टि।

क्यूं डर के है जीना पड़ता,

नहीं घूम सकती रात को स्वतंत्रतपूर्वक?

क्यूं जताया जाता उस पर एतराज

जब वह कहे अपने मन की बात।

जमाने के वजह से

सावधानी रखनी पड़ती है उसे दिन रात।

स्त्री के कारण होती है सृष्टि की बढ़ोतरी

फिर भी प्रतिदिन क्यों होते हैं उसपर

अत्याचार?

कहा जाती है वो सब्यता, संस्कृति

किस दिशा में जा रहा है यह समाज?

अगर हम हमारी सोच बदलेंगे,

तो ही ये समाज बदलेगा।

वो अपनी रक्षा करने के लिए स्वतः काबिल
है,

है उस स्त्रीकी एक ही इच्छा,



होरहेअत्याचारोंकेखिलाफआवाजउठानाहै।
सारीबेड़ियोंऔररूढ़ियोंकोतोड़कर
अपनेसपनोंमेंरंगऔरउड़ानभरनाहैऔर
निडरहोकरअपनेकदमआगेबढातेरहनाहै।

सेजल मयेकर

तृतीयवर्ष

Roll No - AU200011

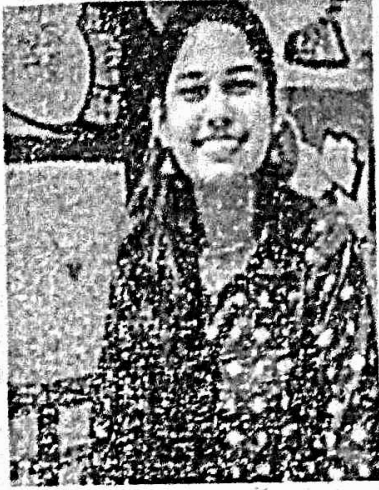
नारी - शक्तिहोतुम

नारीसरस्वतीकारूपहोतुम।
इसपूरीसृष्टिकानिर्माणहोतुम।
प्यार, ममताऔरत्यागकामुजस्माहोतुम।
लक्ष्मीबाईजैसीबहादुर, दुर्गावतीजैसापराक्रमहैंतुममें।
कोमलहोतुम, कमजोरनहींहोतुम।

परकदमकदमपरहोरहाहैनारीकाशोषण।
जन्मलेनाहीबनरहाहैअपराध।
पैदाहोतेहीफेंकदेतेहैंबोजकेनाम।
नआगेबढनेदेतेहैंनआगेपढनेदेतेहैं।
उसकेहरएकसपनेऔरआकांक्षाकोदबादेतेहैं।
चीखेंऔरअत्याचारसमाचारऔरदूरदर्शनमेंदेखतोरहें
।
परन्यायकाहररंगचुपऔरसोरहाहै।

परअबबस !

लड़कीहोतुम, तुमसेनहींहोगा।
यहसारीफिजूलकीबातेंहैं।
हमनारियोंकोअपनेसाहसकेदमपर
अपनेअधिकारऔरसम्मानकेलिएलड़नाहै।



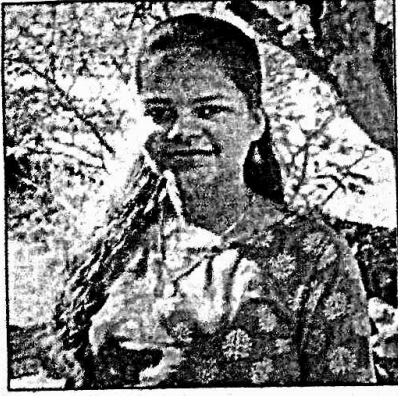
सायली नाईक

TYBA

AU200096

नारी

मैं नारी हूँ कोई खेल नहीं
अबताजती सबलाहूँ मैं
समझो न मुझे कायर
कोमल हूँ पर कमजोर नहीं
नारी हूँ मैं कोई खेल नहीं
शक्ति से भरी ज्वाला भी मैं हूँ
समता से धरी माला भी मैं हूँ
हर पापी का अंत हूँ मैं
हर मनुष्य का आरंभ हूँ मैं
कोई भीरो के मुझे
कोई भीटो के मुझे
मैं पीछे हटने वालों से नहीं हूँ
उड़ना है खुले आसमान में
दौड़ना है उंची भूमि जलों पर मुझे
स्वभिमान है सब कुछ मेरा
यून बिग्वरने दूंगी
कई सवाल उठते हैं मुझ पे
मैं उन सब से लड़ूंगी।



स्त्री कहती है...

समाज ने हमेशा से ही
स्त्री को निम्न स्थान दिया है,
बरसों के नियंत्रण से हमने
अपार दुःख, कष्ट सहाएँ।

मर्दों के अहंकार ने ही
हमें घुटने पर मजबूर किया है,
शारीरिक यामानसिक हो
अब एक भी अंग नहीं बचा है।

गुनाह किसी और का हो
पर दोष सिर्फ हमें मिलता है,
अपराध कोई भी क्यों न हो
हमारा मुंह दबाया जाता है।

अपने समाज ने ही हमें
कमोजर सदादर्शाया है,
ताकद होकर शरनी को
बकरी बनाकर रखा है।

कोई उंगली न उठा सके
इतना काबिल हमें बनना है,

कोई आवाज़ न चढ़ा सके
इतने धड़ल्ले से बोलना है।

गुनहगार को सजा दिलाने
आवाज़ अपनी उठानी है,
प्रेरणा को जगाते हुए
आजादी की चिंगारी जलानी है।

खुद को ही सक्षम बनाकर
अब हर युद्ध को लड़ना है,
सालों से होते इस अन्याय को
आखिर हमें ही तो रोकना है।

किसी कारण-विशेष से नहीं बल्कि
स्त्री का सम्मान सदैव करना है,
इंसानियत के नाते ही सही
उसे जीने का अधिकार दिलाना है।

आकांक्षा रायकर
AU200101
तृतीय वर्ष कला



आदर सम्मान उसकी ओर आ जाए

रोती हुई निर्भया को न्याय मिल जाए
वापस निर्भया की परिस्थिति होई ना जाए

शादी से पहले वह खुद तैयार हो जाए
कभी तो उसकी राय पुचली ली जाएं

उसका हर सपना पूरा हो जाए
बिदाई में बेटी नहीं बेटा जा जाए

एक दिन ऐसा आ जाए

रात में वह अकेली चल जाए
बलात्कार यह शब्द नष्ट हो जाए

दहेज के बिना वह ससुराल आ जाए
देवी सम्मान उसे पूजा भी तो जाए

मारना और पीठना बंद हो जाए
अत्याचार से मुक्त हो जाए

रसोई से ज्यादा वक्त किताबों में बिताए
हर एक अखबार में स्त्रियां समा जाए

सभीको यह पता चल जाए
नारी सबसे दुर्बल हो जाए

वह न साधन भोग का हो जाए

वर्धिनी विजयबोरकर

TYBA

AU200112



REPORT ON CAMPUS ACTIVITY

(Seminar / Webinar / Expert talk / Workshop / Visit to Incubators on the themes pertaining to Innovation/Entrepreneurship/Intellectual property)

Title of the event	Online Poster– Create and upload an Online Poster raising awareness about Prevention of Discrimination Against Women and Elimination of Violence Against Women 2022
Date and time	2 nd to 8 th December, 2022
Mode	Online
Organising Department/ School/Directorate/ Section	National Service Scheme (NSS) in Association with Internal Committee
Resource Person/s	-
Participants in house	Students : 16
Participants (External)	Nil
Faculty attended	Nil
Students attended	16
Total Participants	16
The objectives and description of the activity	Objective : To raise awareness about Prevention of Discrimination Against Women and Elimination of Violence Against Women Summary : As a part of the UGC initiative to improve Gender Sensitization in educational institutions and create awareness about Prevention of Discrimination Against Women and Elimination of Violence Against Women, the National Service Scheme (NSS) along with the Internal Complaints Committee (ICC) organized the Online Poster Competition to raise awareness about Prevention of Discrimination Against Women and Elimination of Violence Against Women. 16 students participated in the same.
Attach copy of the Flyer event (if any)	-
URL of the event (if any)	https://docs.google.com/forms/d/e/1FAIpQLSdjO3QI26yYH3VcuSgWWho3ERswOIhCVHUEDeo5QtKI744aOWg/closedform

Social Media posts and links: (if any)

Instagram link

-

Facebook link

-

Youtube link

-

Photos (minimum 5, geo-tagged)

Photos of Posters attached

Feedback

-

Benefit/Key outcome of the event in terms of learning/skills/knowledge

It was an initiative taken to improve Gender Sensitization in educational institutions and create awareness about Prevention of Discrimination Against Women and Elimination of Violence Against Women. 16 students participated in the same.

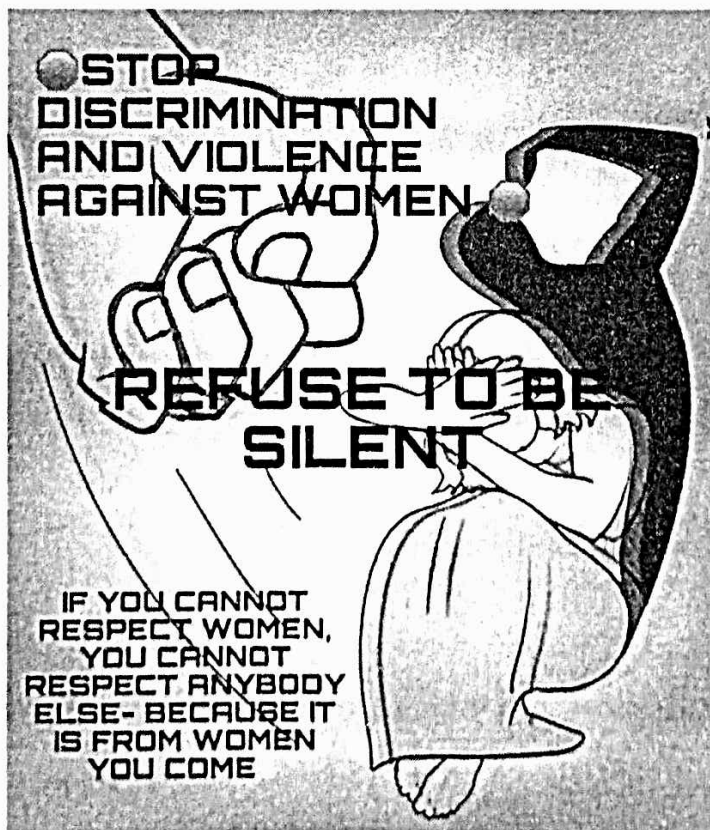
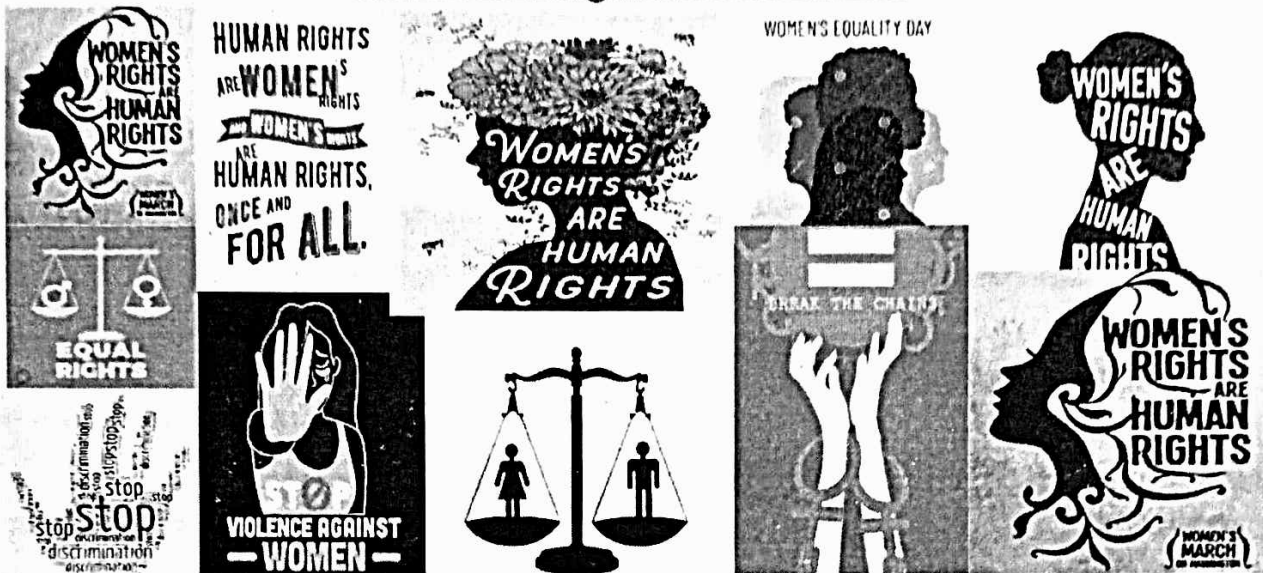
Copy of attendance sheet of the participants attached.

Signature of the Head of the Department/ Incharge :



NSS Programme Officer
National Service Scheme Unit
Parvatibai Chowgule College
of Arts & Science
Autonomous

Discrimination against women and elimination of violence against women.



ATTENDANCE SHEET – ONLINE POSTER

Timestamp	Email Address	Roll Number	Gender	Name (Write in Sentence Case. Do not use CAPS)	Create and upload an raising awareness about Prevention of Discrimination Against Women and Elimination of Violence Against Women 2022
12-2-2022 18:20:00	rms001@chowgules.ac.in	2202257	Female	Ravisha Shirodkar.	https://drive.google.com/open?id=1CxyICr7SNRLx3fYISWMMoDPDX8eKpJ2
12-3-2022 21:39:35	dan007@chowgules.ac.in	2102363	Female	Danya Ainkar	https://drive.google.com/open?id=1hsVc3ntC_I01v0Rw0JWcHYSi2HOeKnb
12-5-2022 19:50:31	srs020@chowgules.ac.in	2202139	Female	Saloni Rajesh Sail	https://drive.google.com/open?id=1RKPSHbYA4radNzx1B2OpBlrAWdFurgA
12-7-2022 18:25:56	fra005@chowgules.ac.in	SU200046	Female	Franzie Casey Andrade	https://drive.google.com/open?id=1W0c_DPvYjwJaktv9ClavIDKTA_Z3pfwV
12-8-2022 8:30:18	gul003@chowgules.ac.in	AU2101177	Female	Gulabi Kadam	https://drive.google.com/open?id=1T1uXSLWIFnz8mY73CMnzV_1KSIUXgICg
12-8-2022 9:06:04	div003@chowgules.ac.in	SU200109	Female	Divya Deepak Prabhu	https://drive.google.com/open?id=1KHucXcSv7KNDXifODly4FaWZl9c7-rq2
12-8-2022 15:45:52	ppn001@chowgules.ac.in	2202150	Female	Prasidhi Pradeep Naik	https://drive.google.com/open?id=12Onr0kROsAgLLyJ-gmP_vwm0ygS9_30Y
12-8-2022 16:37:04	ano000@chowgules.ac.in	SU2102458	Female	Anouska Falcao	https://drive.google.com/open?id=1kSP7JdtAMgSliffeJVYskpLEtPF1Jcs1y
12-8-2022 17:10:52	aar029@chowgules.ac.in	SU2102351	Male	Aaron Vales	https://drive.google.com/open?id=104wF-wwcM0:95EfCGzsNFRGPhXRT148uJQ
12-8-2022 17:14:36	ldi003@chowgules.ac.in	2201149	Female	Luiza Daphne Libia D'souza	https://drive.google.com/open?id=1WQr9kEVLvQsXRraEEqjGwXslJtwWPlc8
12-8-2022 19:23:01	af000@chowgules.ac.in	AU2101203	Female	Afiya Shaikh	https://drive.google.com/open?id=1CdVWGWdDCpXVGSqjuky1Sda07P-GLMP
12-8-2022 19:58:59	sne007@chowgules.ac.in	SU2102421	Female	Sneha Ranganath Gaude	https://drive.google.com/open?id=1SGIGWnOVJNlYDFngN9-PDDRe6czby6lp
12-8-2022 20:13:02	krutikshanaik@gmail.com	2201008	Female	Krutiksha Krishnanath Naik	https://drive.google.com/open?id=1IDoF_YD5ZpdnlxS3f754CjlrRFY99T
12-8-2022 20:54:10	gr004@chowgules.ac.in	SU200082	Female	Grichea Edociana Godinho	https://drive.google.com/open?id=1VnltbNpeiSLKD4bhxk2XV8VmdgUPK2Ev
12-9-2022 11:22:05	siy006@chowgules.ac.in	SU200207	Female	Siya Nikhil Varerkar	https://drive.google.com/open?id=1AhchWGMnrgOOX1MnL2KzaTnd33RY7c5
12-9-2022 11:55:37	sha033@chowgules.ac.in	SU200120	Male	Shashank Sunil Khanolkar	https://drive.google.com/open?id=1IC.rhOrlpBpntbQRACN9NP_keh9chZeq



REPORT ON CAMPUS ACTIVITY

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Title of the event	Write and upload the Essay (700-800 words) raising awareness about Prevention of Discrimination Against Women and Elimination of Violence Against Women 2022
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Resource Person/s	-
Participants in house	Students : 11
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Students attended	11
Total Participants	11
The objectives and description of the activity	<p>Objective : To raise awareness about Prevention of Discrimination Against Women and Elimination of Violence Against Women</p> <p>Summary : As a part of the UGC initiative to improve Gender Sensitization in educational institutions and create awareness about Prevention of Discrimination Against Women and Elimination of Violence Against Women, the National Service Scheme (NSS) along with the Internal Complaints Committee (ICC) organized the online essay competition to raise awareness about Prevention of Discrimination Against Women and Elimination of Violence Against Women. 11 students participated in the same.</p>
Attach copy of the Flyer event (if any)	-
URL of the event (if any)	https://docs.google.com/forms/d/e/1FAIpQLSfj6bdga5bQuVQj2DHz0k4civMwcHBP6W05bNFHiFN19xMYzg/closedform

Social Media posts and links: (if any)

Instagram link -

Facebook link -

Youtube link -

Photos (minimum 5, geo-tagged)


Feedback -

Benefit/Key outcome of the event in terms of learning/skills/knowledge

It was an initiative taken to improve Gender Sensitization in educational institutions and create awareness about Prevention of Discrimination Against Women and Elimination of Violence Against Women. 11 students participated in the same.

Copy of attendance sheet of the participants attached.

Signature of the Head of the Department/ Incharge :



NSS Programme Officer
National Service Scheme Unit
Parvathi Chowgule College
of Arts & Science
Autonomous

Essay

Prevention of Discrimination Against Women And Elimination of Violence Against Women

Gender discrimination is the difference in treatment of a person based on sex that puts the individual at a disadvantage or limits his or her access to opportunities that are available to other members of society. Gender discrimination is a characteristic of most societies, with males on average better positioned in social, economic, and political hierarchies. For more than two decades, gender discrimination continues and still exists in society. The work done by women is not valued and does not get any recognition. It is considered that the main responsibility of women is to do household work and bring up the children. In most families, women do all work related to the home, such as cleaning, cooking, washing clothes, ironing, tailoring, looking after children, etc. Whereas, men go to the office and do outdoor work to earn their livelihood. Although women constitute half of humanity, their role in public life is minimal in most societies.

The primary cause of gender discrimination is illiteracy. People who are not educated continue to follow the old practices in the name of traditions and culture. They are not allowing women to go outside the home and become independent. This mindset of the people can be changed by educating them. Apart from educating the people, there is a need to educate girls and women to become aware of their rights. Girls are not given the opportunity to study. In India, there are few girls who go to schools, and among them, there are fewer who complete their secondary education. Only a few of them get the opportunity for higher education and graduation. Due to a lack of knowledge and education qualifications, girls and women could not find suitable jobs for themselves.

Because of this they have to be financially dependent on the male partner for money. They also don't have power and decision-making capability in their homes. Whatever is decided by the male members of the family, they have to follow that. Women who get the chance to work are underpaid, and they do not get a salary equal to their male counterparts. India is a male-dominated, patriarchal society. So, it becomes crucial that we make special laws and rules that favour women, so they get equal treatment in society. The Government of India introduced various programmes, policies and practices to ensure equal rights and opportunities for women in family, community, workplace and in governance. The Constitution of India also conveys a powerful mandate for equality and the right of women in its preambles, fundamental rights and duties. After so much effort by the government, gender discrimination still continues in many places. It is the responsibility of each citizen to stop gender discrimination wherever they notice it. We should save the girl child and celebrate its birth. Then only the practice of female foeticide will be completely banned in India. We must educate her and teach her to become independent. We should make the environment and surroundings safe for girls and women, whether it is a public place or a workplace. Now, women are seen in every field and sector. They are working as scientists, doctors, engineers, lawyers, managers, college and university teachers, and in various other professions which were earlier not considered suitable for women. So, it's our responsibility to boost their

confidence and help them utilise their full potential. We should provide special facilities such as maternity, child care and menstrual leave to make it easier for them to work.

Prevention is the only way to stop violence before it even occurs. It requires political commitment, implementing laws that promote gender equality, investing in women's organizations, and addressing the multiple forms of discrimination women face daily. The evidence about prevention has evolved considerably over the past decade, including as a result of various initiatives supported by UN Women. UN Women has played a key role in developing evidence-based policy and programming guidance on prevention of violence against women and girls. As part of its prevention strategy, UN Women focuses on early education, respectful relationships, and working with men and boys, especially through, and in, the media, sports industries, and the world of work. UN Women helps conduct research on attitudes, perceptions, and behaviours of men and boys, as well as young people, related to various forms of violence, and supports advocacy, awareness-raising, community mobilization, and educational programmes, as well as legal and policy reforms. In Asia and the Pacific, for example, UN Women works with other UN agencies on the Partners for Prevention programme that aims to reduce the prevalence of gender-based violence in the region through behaviour and attitudinal change among boys and men, as well as increased institutional capacity and policy enhancements. In partnership with the World Association of Girl Guides and Girl Scouts, and with inputs from young people, UN Women has also designed a curriculum—Voices Against Violence—for those aged 5–25 years. The curriculum includes tools to help young people understand the root causes of violence in their communities, and to help educate and involve their peers and communities in preventing violence against women and girls.

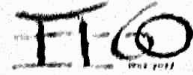
ATTENDANCE SHEET – ESSAY WRITING

Timestamp	Email Address	Roll Number	Gender	Name (Write in Sentence Case. Do not use CAPS)	Write and upload the essay raising awareness about Prevention of Discrimination Against Women and Elimination of Violence Against Women 2022
12-2-2022 18:24:03	rms001@chowgules.ac.in	2202257	Female	Ravisha Shirodkar.	https://drive.google.com/open?id=1RKhKvSiE33gG15NI5OwNr_egweIQ2xeQ
12-3-2022 18:46:23	san035@chowgules.ac.in	SU2102368	Female	Sana Shaikh	https://drive.google.com/open?id=1pPJV7k0zK2j6vn--jyn0Iahwq9ihhmUf
12-7-2022 19:46:20	fra005@chowgules.ac.in	SU200046	Female	Franzie Casey Andrade	https://drive.google.com/open?id=1CpZIGwqXPmjaAbqYX60TJYtpr_bn1JK
12-8-2022 8:02:25	gul003@chowgules.ac.in	AU2101177	Female	Gulabi Kadam	https://drive.google.com/open?id=1n1kCFsNwUbl4UOxo-d6wl7UG9egW1Jp
12-8-2022 10:24:09	ppn001@chowgules.ac.in	2202150	Female	Prasidhi Pradeep Naik	https://drive.google.com/open?id=1Zfs2mKvKyks9atcAshe.JfFTa6unbWW1w
12-8-2022 12:56:48	krutikshanaik@gmail.com	2201008	Female	Krutiksha Naik	https://drive.google.com/open?id=1-DbifMVdU9ST1E_e8TTJG_PmHDpA3s2E
12-8-2022 18:13:51	afi000@chowgules.ac.in	AU2101203	Female	Afiya Shaikh	https://drive.google.com/open?id=1wLEvww-Uqpb7LNUISjtxsZiEXeePPcz
12-8-2022 19:57:47	nos001@chowgules.ac.in	AU2101303	Female	Noshin Khan	https://drive.google.com/open?id=1BVJQ8_F5bEiI0C13Kpue_kFPeboooG-V
12-8-2022 22:57:08	aar029@chowgules.ac.in	su2102351	Male	Aaron Vales	https://drive.google.com/open?id=1Ee5Jcwetbp5nPLS66p01dQQAHbT5IqN
12-8-2022 23:17:43	ama016@chowgules.ac.in	SU200081	Female	Amanda Ashlyn Jaques	https://drive.google.com/open?id=1aue0b2M1gSs7sbJcctJsCNYau2SVXUu
12-9-2022 11:56:28	sha033@chowgules.ac.in	SU200120	Male	Shashank Sunil Khanolkar	https://drive.google.com/open?id=1MdQtQmp6FtJLEyqYh_5C9eU03biCRems



Parvatibai Chowgule College of Arts and Science
(Autonomous)

Approved by MAAC, 2015 (Grade A)
It is a Affiliated College of Government of Maharashtra, Mumbai



REPORT ON CAMPUS ACTIVITY

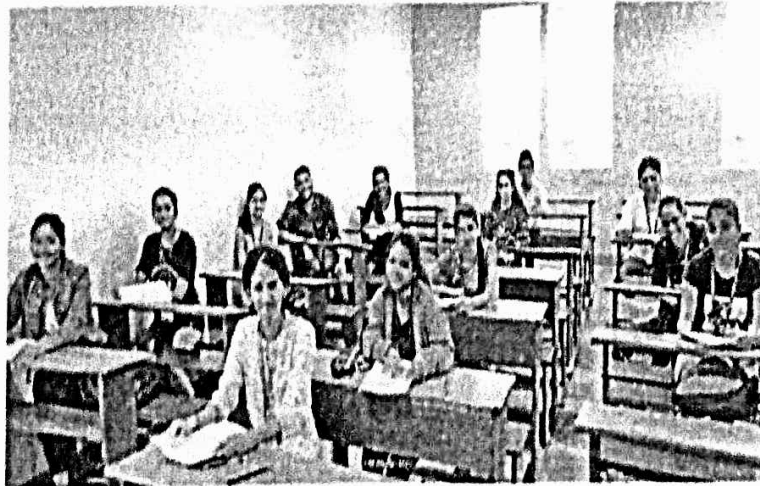
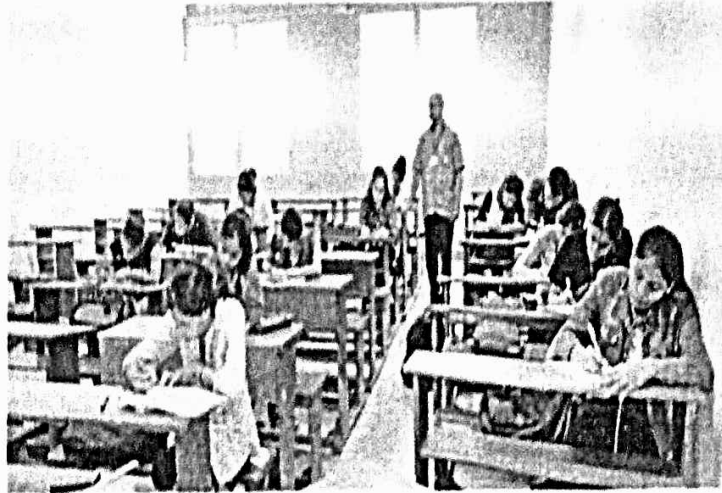
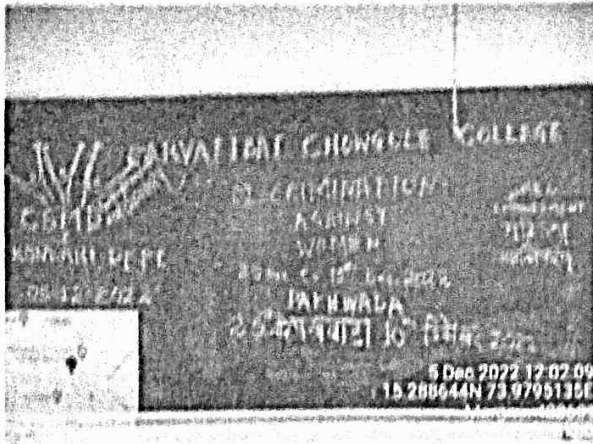
(Seminar / Webinar / Expert talk / Workshop / Visit to Incubators on the themes pertaining to Innovation/Entrepreneurship/Intellectual property)

Title of the event	Essay Writing Competition on 'Women Empowerment : Gender Sensitization'
Date and time	5 th December, 2022
Mode	Offline
Organising Department/ School/Directorate/ Section	Department of Konkani in association with Internal Committee
Resource Person/s	-
Participants in house	Students : 13
Participants (External)	Nil
Faculty attended	Nil
Students attended	13
Total Participants	13
The objectives and description of the activity	Objective : To create awareness about 'Women Empowerment : Gender Sensitization'. Summary : The Essay Writing Competition was organised to create awareness among the students. 13 students participated and wrote essays.
Attach copy of the Flyer event (if any)	-
URL of the event (if any)	-
Social Media posts and links: (if any)	-
Instagram link	-
Facebook link	-
Youtube link	-
Photos (minimum 5, geo-tagged)	Photos attached
Feedback	-
Benefit/Key outcome of the event in terms of learning/skills/knowledge	Through the Essay Writing Competition, awareness about 'Women Empowerment : Gender Sensitization' was created.

Copy of attendance sheet of the participants is attached.

Signature of the Head of the Department/ Incharge :

Photographs



ATTENDANCE SHEET

Dept. of Koutomi

05-12-2022

The following students participated in Essay writing competition held on 5th Dec 2022 as a part of 'Discrimination against women Pakhwada' from 25th Nov to 10th Dec 2022.

Women Empowerment: Gender Sensitization.

<u>Sl. No.</u>	<u>Name & Roll No.</u>	<u>Signature</u>
01.	Anamika Pachigues AU200072	<i>[Signature]</i>
02.	Ciya Fernandes 2101266	<i>[Signature]</i>
03.	Divya Marathe AU200052	<i>[Signature]</i>
04.	Saisha Shirodkar AU2101187	<i>[Signature]</i>
05.	Soham Dhargalkar AU200077	<i>[Signature]</i>
06.	Chitra Vales AU200007	<i>[Signature]</i>
07.	Xavira Gomes AU200099	<i>[Signature]</i>
08.	Shreya Chougashi AU200038	<i>[Signature]</i>
09.	Sakshi Alaik AU200045	<i>[Signature]</i>
10.	Sujata Patil AU200017	<i>[Signature]</i>
11.	Sarmikha Nark AU200076	<i>[Signature]</i>
12.	Arushi C D'Souza AU200118	<i>[Signature]</i>
13.	Teju Patil AU200088	<i>[Signature]</i>

[Signature]
Koutomi
9402965626

The details of PRIZE WINNERS is as follows :

1. Sujata Patil ... First prize
2. Xavira Gomes ... Second prize
3. Saisha Shirodkar ... Third prize



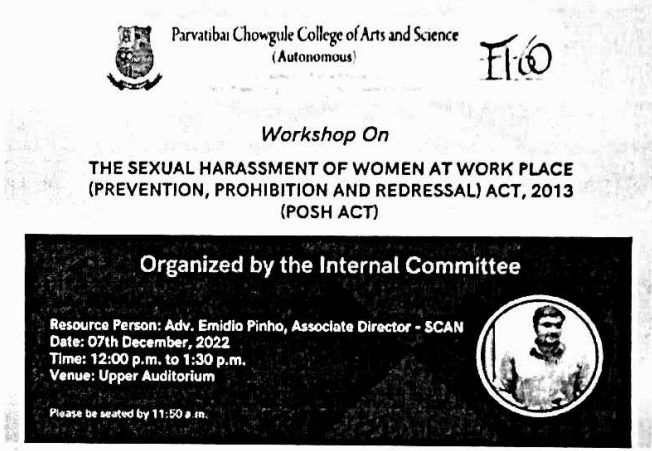
REPORT ON CAMPUS ACTIVITY

(Seminar / Webinar / Expert talk / Workshop / Visit to Incubators on the themes pertaining to Innovation/Entrepreneurship/Intellectual property)

Title of the event	Workshop on 'The Sexual Harassment of Women at Workplace (Prevention, Prohibition and Redressal) Act, 2013 (POSH Act)'
Date and time	7 th December 2022 12.00pm – 1.00 p.m.
Mode	Offline
Organising Department/ School/Directorate/ Section	Internal Committee
Resource Person/s	Emidio Pinho - Advocate
Participants in house	Faculty: 55 (Teaching & Non Teaching)
Participants (External)	Nil
Faculty attended	55
Students attended	Nil
Total Participants	55
The objectives and description of the activity	<p>Objective : To create awareness on Prevention of Sexual Harassment at Workplace and in depth understanding of POSH Act.</p> <p>Summary : The workshop began with the compere Ms. Sumedha More, extending warm welcome to the participants and requesting Dr Shaila Ghanti to escort the dignitaries to the dais. The Presiding Officer of the Internal Committee, Dr Shaila Ghanti introduced the resource person Mr. Emidio Pinho and he was honoured by presenting a bouquet of flowers. The Officiating Principal of the college Dr Ananya Das addressed the gathering. She emphasized on the need of empowering women to build a strong nation. Mr. Emidio Pinho began the workshop by showing a video and requested the participants to identify the first sexual offence committed. He educated the participants on the availability of the helpline</p>

number 112 for any kind of crises. During the workshop, Mr Pinho educated the participants about definition of sexual harassment, definition of workplace, rights of the complainant, rights of respondent, what should the complaint contain, what is the power of IC and LC, timeline of inquiry process Etc in relation to POSH act . He emphasized that details of the IC should be displayed in the campus. The workshop was concluded with a question answer session. The workshop was formally ended with a vote of thanks by Dr. Lactina Gonsalves, a member of Internal Committee.

Attach copy of the Flyer event (if any)

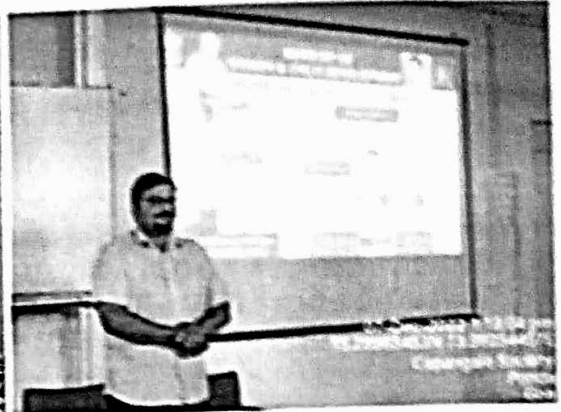
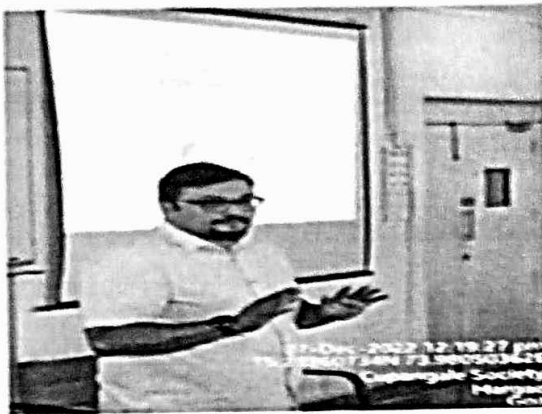


URL of the event (if any)	-
Social Media posts and links: (if any)	
Instagram link	-
Facebook link	-
Youtube link	-
Photos (minimum 5, geo-tagged)	Photos attached below
Feedback	-
Benefit/Key outcome of the event in terms of learning/skills/knowledge	Mr. Emidio Pinho educated the participants on the availability of the helpline number 112 for any kind of crises, definition of sexual harassment, definition of workplace, rights of the complainant, rights of respondent, what should the complaint contain, what is the power of IC and LC, timeline of inquiry process etc in relation to POSH act .

Copy of attendance sheet of the participants enclosed.

Signature of the Head of the Department/ Incharge : 

Photographs





Parvatibai Chowgule College of Arts and Science
(Autonomous)

Accredited by UGC with Grade 'A'
Best Autonomous College Awarded Silver Jubilee Year Award

FI-6

Workshop for Teaching and Non-Teaching staff on
Sexual Harassment of Women at Workplace
(Prevention, Prohibition and Redressal)

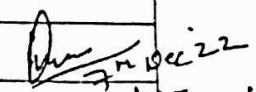
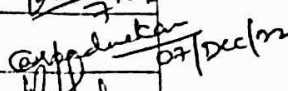
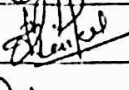
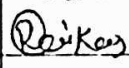

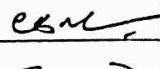
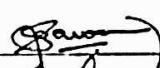
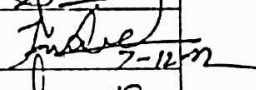
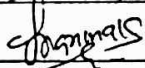
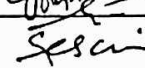

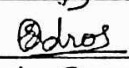
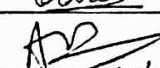
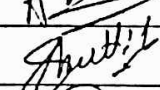
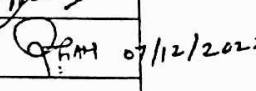
Organised by Internal Committee

Resource Person : Adv. Emidio Pinho
Date : 7th December, 2022
Time : 12:00 noon to 1:30 pm.
Venue : Upper Auditorium

ATTENDANCE SHEET

Sr. No.	Name	Department	Signature
1.	Shaulo Ghosh	Comp Sc	Shaulo
2.	Bhrammati Pilli	Geography	Pillai
3.	Seemadha More	counselor	More
4.	Sneha & Andrade	counselor	Andrade
5.	Anagha G. Parlar	Accounts	Parlar
6.	Lactina Gonsalves	Chemistry	Gonsalves
7.	Shefali S. Antkar	Chemistry	Antkar
8.	Aiswarya M. Babu	Psychology	Aiswarya
9.	CHELSEA M. FEERNANDES	WRITING CENTRE	Chelsea
10.	Swireth Crasto	Geography	Crasto
11.	Poojashree P. Naik	Botany	Naik
12.	Puja Prathu Gaonkar	Accounts	Gaonkar
13.	Aditi Yogesh Malik	Library	Malik
14.	Dakshati R. Gaude	charity	Gaude

Sr. No.	Name	Department	Signature
15	R. Kanchara	Biotechnology	Rhema
16	U. B. Naik	Physiol. & Cabi. Allied	U. B. Naik
17	Jayprakash K. Kharkar	Physics	Jayprakash
18	D. Prabhakar	Botany	D. Prabhakar
19	Prasad Parab	Botany	Prasad
20	Dandeep Velip	Botany	Dandeep
21	Sangita Vindikar	Zoology	Sangita
22	Xaverina Gomes	Hosp. & Accoun	Xaverina
23	Amruta G. S. Konde	Accounts	Amruta
24	Shalini N. Nankar	Zoology	Shalini
25	Siddhesh K. Kulkarni	Phys / Comp	Siddhesh
26	Siddhesh N. Nankar	Admin	Siddhesh
27	Nina Coutinho	Admin.	Nina
28	Deepti K. Naik	Chemistry	Deepti
29	Malini Dessai	Physics	Malini
30	A. S. Patil	Comp. Sc.	A. S. Patil
31	Sachin Moras	Zoology	Sachin
32	Saraj Deshpande	Philosophy	Saraj
33	Deepak Bhandari	Botany	Deepak
34	Deelip T. Satardekar	CHEMISTRY	Deelip
35	Anha Samrao	English	Anha
36	Shubhangi Thakur	English	Shubhangi
37	Loretta Rodrigues	English	Loretta
38	Venkatesh Prabhakar	Informatics	Venkatesh
39	Sanjaya Kumar Swain	Eng / CSE	Sanjaya
40	Madhu Vanaganoli	Psychology	Madhu

Sr. No.	Name	Department	Signature
41	Roopa S. Belukar	Chemistry	 7/12/22
42	Amisha R. Pednekar	Biology	 07/Dec/22
43	Padmini C. Raiker	Chemistry	
44	Ravina R. Raiker	Biochemistry	
45	Samiksha S. Kavlekar	Biotechnology	
46	Caral Gomes B. Nwanda	French	
47	Bowati Ghadi	Ecology	
48	Pradeep R. Jada	Hindi	 7-12-22
49	Sanjay T. Gaikwad	Geography	
50	Gunaji Sadanand Desai	Konkani	
51	G.V.K. Nagarsh	Computer Science	
52	Epifania Quadros	Administration	
53	Audrick D'Mello	Philosophy	
54	Sachit Kuttikan	Geology	
55	Shubhankar Shah	English	 07/12/2022



REPORT ON CAMPUS ACTIVITY

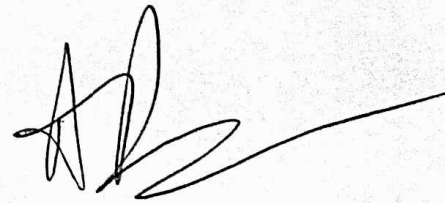
(Seminar / Webinar / Expert talk / Workshop / Visit to Incubators on the themes pertaining to Innovation/Entrepreneurship/Intellectual property)

Title of the event	Creative Social Media Status – Create and upload a screenshot of your creative social media status raising awareness about Prevention of Discrimination Against Women and Elimination of Violence Against Women 2022
Date and time	2 nd to 8 th December, 2022
Mode	Online
Organising Department/ School/Directorate/ Section	National Service Scheme (NSS) in Association with Internal Committee
Resource Person/s	-
Participants in house	Students : 20
Participants (External)	Nil
Faculty attended	Nil
Students attended	20
Total Participants	20
The objectives and description of the activity	<p>Objective : To raise awareness about Prevention of Discrimination Against Women and Elimination of Violence Against Women.</p> <p>Summary : As a part of the UGC initiative to improve Gender Sensitization in educational institutions and create awareness about Prevention of Discrimination Against Women and Elimination of Violence Against Women, the National Service Scheme (NSS) along with the Internal Complaints Committee (ICC) organized the Create Social Media Status activity, to raise awareness about Prevention of Discrimination Against Women and Elimination of Violence Against Women. 20 students participated in the same.</p>
Attach copy of the Flyer event (if any)	-

URL of the event (if any)	https://docs.google.com/forms/d/e/1FAIpQLSd9zVMq9MMOjNwdCAbon2-f3FU-vtmXhS9DFjix0Sro9mAj3Q/closedform
Social Media posts and links: (if any)	
Instagram link	-
Facebook link	-
Youtube link	-
Photos (minimum 5, geo-tagged)	Photos of Social Media Status attached.
Feedback	-
Benefit/Key outcome of the event in terms of learning/skills/knowledge	It was an initiative taken to improve Gender Sensitization in educational institutions and create awareness about Prevention of Discrimination Against Women and Elimination of Violence Against Women. 20 students participated in the same.

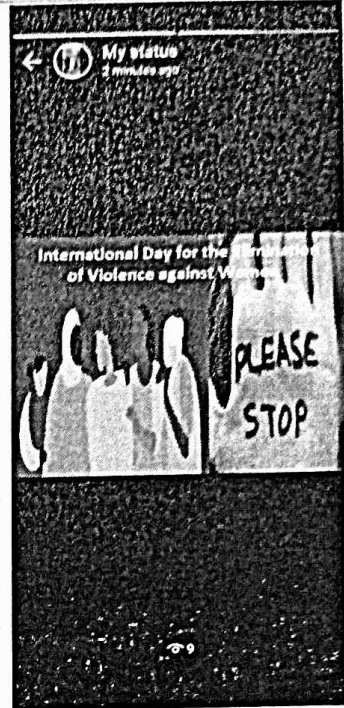
Copy of attendance sheet of the participants attached.

Signature of the Head of the Department/ Incharge :



**NSS Programme Officer
National Service Scheme Unit
Parvatibai Chowgule College
of Arts & Science
Autonomous**

Photographs



av_nation_20

Margão

🎵 Vishal Dadlani, Sachin-Jigar • Kudi Nu Nach...

Violence Against Women

DISCRIMINATION

Women are paid less No Equal job opportunities

Loss of job due to pregnancy

No effective action on sexual harassment

Female infanticide Cases are pending and capitals are free

Sexual harassment at work place **Equal laws?**

Forums Infancy Childhood Adolescence Adulthood

A Women is a MOTHER DAUGHTER WIFE SISTER

A woman from the time of birth to old age has to suffer a lot of harassment and sexual abuse, in their work place, schools, colleges including their own house. The women has to suffer Domestic violence from their husbands.

Let's pledge today to make our earth a beautiful place where women are free from all sorts abuses and discriminations.

Helping women to achieve their goal Equal opportunities

STOP! DISCRIMINATION

RESPECT WOMEN PROTECT WOMEN



👤 Liked by aaron.vales and 3 others

av_nation_20 Let's fight against discrimination and violence against women

ATTENDANCE SHEET – CREATIVE SOCIAL MEDIA STATUS

Timestamp	Email Address	Roll Number	Gender	Name (Write in Sentence Case. Do not use CAPS)	Create and upload a screenshot of your creative social media status raising awareness about Prevention of Discrimination Against Women and Elimination of Violence Against Women 2022
12-2-2022 18:29:03	rms001@chowgules.ac.in	2202257	Female	Ravisha Shirodkar.	https://drive.google.com/open?id=1gx5XPjmgfroP-60YQHYYC8PZkp_zKWl4
12-3-2022 18:59:13	san035@chowgules.ac.in	SU2102368	Female	Sana Shaikh	https://drive.google.com/open?id=1R2CCGLfhQfheP0B1GaztSXmfxyLQja9
12-3-2022 21:38:07	dan007@chowgules.ac.in	2102363	Female	Danya Ainkar	https://drive.google.com/open?id=1QyTuhDUathEaclaagwCaFzG1EOhbmG86
12-5-2022 19:26:41	srs020@chowgules.ac.in	2202139	Female	Saloni Rajesh Sail	https://drive.google.com/open?id=174k5Jo9sozAz44XB0AVov1mdfrNAXoWYI
12-7-2022 18:23:08	fra005@chowgules.ac.in	SU200046	Female	Franzie Casey Andrade	https://drive.google.com/open?id=1dVqPNCOW8VaNcZZ7Fxn-wDOiKUoUY_S
12-7-2022 22:47:57	shu006@chowgules.ac.in	SU2102412	Male	Shubham Kelkar	https://drive.google.com/open?id=1vMW2tjqlTfzSCevpd7-JmneX8x7qMom
12-8-2022 9:40:16	gul003@chowgules.ac.in	AU2101177	Female	Gulabi Kadam	https://drive.google.com/open?id=13ITD0-2FgK1RzhhF4hr-nA6V549_90
12-8-2022 11:39:43	div003@chowgules.ac.in	SU200109	Female	Divya Deepak Prabhu	https://drive.google.com/open?id=1wB1Xffz3FrJ54n6YP00iW8gg6OAN7rNv
12-8-2022 12:50:40	krutikshanaik@gmail.com	2201008	Female	Krutiksha Naik	https://drive.google.com/open?id=11eqI0mO5UjB4xv63h9eEutHp8LZ_JNva
12-8-2022 16:28:02	ano000@chowgules.ac.in	SU2102458	Female	Anouska Falcao	https://drive.google.com/open?id=1aKk7A4gmFv4d-1QpFj5J66yMmo8RqK
12-8-2022 16:31:32	ppn001@chowgules.ac.in	2202150	Female	Prasidhi Pradeep Naik	https://drive.google.com/open?id=1NgiJ3rfz_XwleI55AQ7ovWVRdl-C0NCRZ
12-8-2022 17:16:47	aar029@chowgules.ac.in	su2102351	Male	Aaron Vvales	https://drive.google.com/open?id=1eKUknfalTmBbmNj41hnQKSUZyEkQt3KY
12-8-2022 19:26:15	af000@chowgules.ac.in	AU2101203	Female	Afiya Shaikh	https://drive.google.com/open?id=1PDbhb_dDXHAX5UOIcyRq0ItUaFcnXTut
12-8-2022 19:55:43	sne007@chowgules.ac.in	SU2102421	Female	Sneha Ranganath Gaude	https://drive.google.com/open?id=1XjXNAEdx9OLVuP2unKPV0NBxUitOwrtMIC
12-8-2022 20:16:36	ama016@chowgules.ac.in	SU200081	Female	Amanda Ashlyn Jaques	https://drive.google.com/open?id=1woAbWKKYNufbBmy7VmVs-i8XtOUkh-Jv
12-8-2022 20:32:54	ler002@chowgules.ac.in	SU200247	Female	Lerisa Barreto	https://drive.google.com/open?id=111nmxbfVeOwLrMJ2e0s9m7zmuuXTXVPE
12-8-2022 22:01:25	gri004@chowgules.ac.in	SU200082	Female	Grichea Edociana Godinho	https://drive.google.com/open?id=1Tz7gSuh_BJHIR_1oRiipPENnUg1t1YSKO
12-8-2022 23:21:12	thi001@chowgules.ac.in	SU200184	Female	Thiliny Lissha Gomes	https://drive.google.com/open?id=1NfxQRb48zA3geuB0W5tga7cBv_90A0Q
12-9-2022 11:20:06	siy006@chowgules.ac.in	SU200207	Female	Siya Nikhil Varerkar	https://drive.google.com/open?id=1PqKvHeNxivU_DOr1Tk5Os6coXecP32YH
12-9-2022 11:55:11	sha033@chowgules.ac.in	SU200120	Male	Shashank Sunil Khanolkar	https://drive.google.com/open?id=1wGaFsGiu45B2IX_zkywAQhu0qXZ2TsjE



REPORT ON CAMPUS ACTIVITY

(Seminar / Webinar / Expert talk / Workshop / Visit to Incubators on the themes pertaining to Innovation/Entrepreneurship/Intellectual property)

Title of the event	Street Play on 'The Sexual Harassment of Women at Workplace (Prevention, Prohibition and Redressal) Act ,2013 (POSH Act)'
Date and time	31st January 2023 12.45pm – 1.00 p.m.
Mode	Offline
Organising Department/ School/Directorate/ Section	Counselling Centre in Association with Internal Committee
Resource Person/s	-
Participants in house	Students : 11
Participants (External)	Nil
Faculty attended	Nil
Students attended	11
Total Participants	11
The objectives and description of the activity	Objective : To create awareness on Prevention of Sexual Harassment at Workplace and the role of Internal Committee. Summary : The Street Play began with the performers shouting slogans to attract the crowd. They educated the crowd on what sexual harassment is. They then enacted the play wherein it was depicted how a girl who was being sexually harassed in her college was guided by her friends to file a complaint against the harasser to the Internal Committee. They educated the audience on what Internal Committee is and what are its functions. Through slogans, the performers condemned sexual harassment and expressed their support to victims.
Attach copy of the Flyer event (if any)	-
URL of the event (if any)	-
Social Media posts and links: (if any)	-

Instagram link
 Facebook link
 Youtube link
 Photos (minimum 5, geo-tagged)
 Feedback
 Benefit/Key outcome of the event in terms of learning/skills/knowledge

Photos attached below

Through the street play, the crowd was educated on what sexual harassment is and about the Internal Committee and its functions.

LIST OF PARTICIPANTS IN STREET PLAY

STREET PLAY- POSH ACT

List of Participants in street play on POSH ACT by CPCC & IC Committee

Sr No	NAME	Roll Number	SIGNATURE
1	Kamavi Mishra - FYBA 8159924768	2201168	
2	Jeslinda Barretto - SYBA 9307509129	2101161	
3	Sylvia Lewis - FYBA 9522964081	2201160	
4	Trisha Dene - FYBA 9146190143	2201040	
5	Danisha Rodrigues - SYBA 8468831198	2101198	
6	Deepa - SYBA 9061153990 70111771	2101169	
7	Deepika Itri - FYBA 9120307768	2201108	
8	Shatam Caroloo - FYBA 7721057258	2201135	
9	Diya Padigar - FYBA 897611771	2201030	
10	Tanmay Deshpande - FYBA	2220012	
11	Aadhya 8766927201		

Signature of the Head of the Department/ Incharge :

Photographs





REPORT ON CAMPUS ACTIVITY

(Seminar / Webinar / Expert talk / Workshop / Visit to Incubators on the themes pertaining to Innovation/Entrepreneurship/Intellectual property)

Title of the event	Poetry Writing Activity – Provide a safe and secure environment to Women at the Workplace
Date and time	9 th December, 2022
Mode	Online
Organising Department/ School/Directorate/ Section	Department of Marathi in association with Internal Committee
Resource Person/s	-
Participants in house	Students : 08
Participants (External)	Nil
Faculty attended	Nil
Students attended	08
Total Participants	08
The objectives and description of the activity	<p>Objective: To Provide a safe and secure environment to Women at the Workplace.</p> <p>Summary: The Department of Marathi organised a Poetry Writing Activity for the students of the college on 9th December 2022. The main objective of organising the activity was to eliminate violence against women and discrimination against women and also to sensitize the students regarding the topic. The topic given to students for poetry writing was 'महिलांवरील हिंसाचार : एक सामाजिक समस्या'. The activity was open for the students of the department of Marathi, Hindi and Konkani. Total 08 students participated in the activity.</p>

Attach copy of the Flyer event (if any)

Chougale Education Society
Parvathi Chougale College of Arts and Science
(Autonomous)
HCO

पार्वतीबाई चीगुले महाविद्यालय (स्वायत्त)
महाराष्ट्र - पोबा
मराठी विभाग
कविता लेखन
महिलांवरील हिंसाचार : एक सामाजिक समस्या

निवेदन आहे -

- सादर करण्यात येणाऱ्या पार्वतीबाई चीगुले महाविद्यालयातील सर्व विद्यार्थ्यांसाठी खुला आहे.
- कविता मराठी, कोकणी किंवा हिंदी भाषेमध्ये लिहावी.
- कविता स्वच्छताय लिहावी.
- कविता पाठवण्याची मुदत कविता टाईम करून पाठवावी.
- कविता पाठवण्याची मुदत आपले नाव, इमेल ID, वय, विषयाचे नाव आणि महाविद्यालयाचे नाव स्पष्टपणे नमूद करावे.
- महाविद्यालयी कविता parvathi@chougales.ac.in या ईमेल पत्त्यावर दिनांक १ डिसेंबर २०२२ रोजी पाठवावी.
- सर्व महाविद्यालयी विद्यार्थ्यांना ई-प्रत पाठवण्यात येईल.

URL of the event (if any)	-
Social Media posts and links: (if any)	
Instagram link	-
Facebook link	-
Youtube link	-
Photos (minimum 5, geo-tagged)	Copies of poetries attached
Feedback	-
Benefit/Key outcome of the event in terms of learning/skills/knowledge	08 students wrote poetries in Marathi on the topic 'महिलांवरील हिंसाचार : एक सामाजिक समस्या'. <ul style="list-style-type: none"> • To eliminate violence and discrimination against women. • To sensitize the students regarding the topic.

Copies of Poetries attached.

Signature of the Head of the Department/ Incharge :

पार्वतीबाई चौगुले कला व विज्ञान महाविद्यालय
(स्वायत्त)
नाव - पीर्णिमा परांजणे वर्ग - तृतीय वर्ष (बी.ए.)
हजेरी क्र. - AU200143

विषय- महिलांवरील हिंसाचार: एक सामाजिक समस्या

कविता

डोळ्यात येऊ देऊ नका पाणी
मांगते म्ही जन्माची एक कहाणी

जन्म तिचा तो एका घरी
आईची ती गोड परी
लक्ष्मीच्या पावलाने आली ती
तरीही का नकोशी झाली ती?

कोवळा जीव खेळवत ती
डोळ्यातील अश्रू पुसते ती
आज्ञापालन करते ती
तरीही का नकोशी झाली ती?

विद्येची भूक प्रचंड तिला
कुणी न विचारी बघ तिजला ,
स्वप्न मोठे मनी पाहते ती
तरीही का नकोशी झाली ती?

काळानंतर संसारात रमते ती
चूल-मूलच्या बंधनात अडकते ती
आपल्या पतीची सेविका होते ती
तरीही का नकोशी झाली ती?

आशीर्वाद देते वेळी 'अष्टपुत्रा'
पण कोणी तरी म्हणावं 'इष्टपुत्रा'
नवीन जीवाला जन्म देणारी ती
तरीही का नकोशी झाली ती?

परक्यांना आपलंसं करणारी
त्यांच्या आनंदात सुख मानणारी
दिवस रात्र कष्ट करते ती
तरीही का नकोशी झाली ती?

विषय: महिलांवरील हिंसाचार : एक सामाजिक समस्या।

स्त्री।

किसी की मां, पत्नी, बेटी,
लेकिन क्यों उसके अकेले अस्तित्व पर,
नहीं पड़ता कोई प्रभाव।
है समाज के लिए पराया धन,
जलद से जल्दी छुटकारा पाने का सादन।
तो है भोग की वस्तु
किमकी नियत कब बदल जाए नहीं है यकीन।
क्यूं उसे शादी के उपरान,
बच्चों या काम के बीच चुनना पड़ता है?
जब रात को काम से घर लौटती है,
पड़ती है उसपर बुरी कुदृष्टि।
क्यूं डर डर के है जीना पड़ता,
नहीं घूम सकती रात को स्वतंत्रतपूर्वक?
क्यूं जताया जाता उस पर एतराज
जब वह कहे अपने मन की बात।
जमाने के वजह से
सावधानी रखनी पड़ती है उसे दिन रात।
स्त्री के कारण होती है सृष्टि की बढ़ोतरी
फिर भी प्रतिदिन क्यों होते हैं उसपर अत्याचार?

कहा जाती है वो सब्यता, संस्कृति
किस दिशा में जा रहा है यह समाज?
अगर हम हमारी सोच बदलेंगे,
तो ही ये समाज बदलेगा।
वो अपनी रक्षा करने के लिए स्वतः काबिल है,
है उस स्त्री की एक ही इच्छा,
समाज में समान हक और आधार मिलना।

नाम: वैभवी सुकडकर

आसन क्रमांक: AU2101224

कक्षा: द्वितीय वर्ष कला हिंदी विभाग

पार्वतीबाई चौगुले कला एवं विज्ञान महाविद्यालय (स्वायत्त)

मडगांव- गोवा।

स्त्री कहती है...

समाज नेहमेशा सेही
स्त्री को निम्न स्थान दिया है,
बरसों के नियंत्रण सेहमनें
अपार दुःख, कष्ट सहा हैं।

मर्दों के अहंकार नेही
हमें घटुनें पर मजबूर कि या हैं,
शारीरिक या मानसिक हो
अब एक भी अंग नहीं बचा है।

गनुं वह कि सी और का हो
पर दोष सिर्फ हमें मिलता है,
अपराध कोई भी क्यों न हो
हमारा महं दु दबाया जाता है।

अपने समाज नेही हमें
कमोजर सदा दर्शाया है,
ताकद होकर शरैनी को
बकरी बना कर रखा है।

कोई उंगली न उठा सके
इतना काबिल हमें बनना है,
कोई आवाज़ न चढ़ा सके
इतने घड़ल्ले से बोलना है।

गनुं हगार को सजा दि लाने
आवाज़ अपनी उठानी है,
प्रेरणा को जगाते हुए
आजादी की चिंगारी जलानी है।

खदुको ही सक्षम बनाकर
अब हर यदुध को लड़ना है,
सालों सेहोते इस अन्याय को
आखिर हमें ही तो रोकना है।

क्रिमी कारण-विशेष से नहीं बल्कि
स्त्री का सम्मान सदैव करना है,
इंसानियत के नाते ही सही
उसे जीने का अधिकार दि लाना है।

आकांक्षा रायकर

हिल आंवरील हिंस चर: एक सामाजिक समस्या

AU200101 तृतीय वर्ष कला

विषय:- महिलाएं हिंस चर: एक सामाजिक समस्या
पार्वतीबाई चौगलु मेमोहाविद्यालय (स्वायत्त) मडगाव गोवा.

महिल

कोमल फुल जैसी वो,
मुगंध अपना बिखेरती है।
अपने अस्तित्व से,
वातावरण प्रसन्न करती है।

उस कोमल फुल के साथ,
क्यों छेड़छाड़ करते हो?
अपने तथान पर जो सुखी,
क्यों मागग िधक िनते हो?

उसकी खिसुरती तुम्हें,
क्यों भोग ववलास प्रततत होती है?
पुरुषायग दिखाते तुम,
क्या यहीं तुम्हारी शस्त है?

घर, ववद्यालय, सडक, कायगतथल
कहीं सुरक्षित न समझती है।
िरा कपडों का ढंग नहीं,
िरी तम्ुहारी वृस्टि है।

तुम्हारी यह कुरीतत,
उमपर िरा प्रभाव छोड जाती है।
अन्याय-अत्याचार, अपहरण-लात्कार
उस कोमल फुल को मुरझाती है।

अंत न िखो उसका,
फुल के किो तम्ुहे चुभेंगे।
माँ काली का रूप लेगी तो,
क्रोध की ज्वाला में भतम होंगे।

----- सरुक्ष सुरेंद्र रेडकर

द्ववतीय वषग कला
AU2101218
दहंी व मराठी ववभाग
पावगतीगई चौगुले महाववद्यालय
(नवायत्त) मडगाव-गोवा



Parvatibai Chowgule College of Arts and Science
(Autonomous)

Accredited by SCAA with Grade 'A'
Best Affiliated College/University School/Institute Year Award



REPORT ON CAMPUS ACTIVITY

(Seminar / Webinar / Expert talk / Workshop / Visit to Incubators on the themes pertaining to Innovation/Entrepreneurship/Intellectual property)

Title of the event	Gender Equality Pledge
Date and time	10 th December, 2022
Mode	Offline
Organising Department/ School/Directorate/ Section	Department of Sociology in association with Internal Committee
Resource Person/s	-
Participants in house	
Participants (External)	
Faculty attended	
Students attended	
Total Participants	110
The objectives and description of the activity	<p>Objective: Elimination of Violence against Women and to observe Discrimination against Women</p> <p>Summary: The Department of Sociology organised its annual Inter - Higher Secondary event 'Goenkarponn' on 10th of December to 2022. The department took the initiative to take a Gender Equality pledge that was administered to all the participants, teachers and student volunteers. A total of 110 members took the pledge as :</p> <p>"I believe that everyone is born free and equal. I will take action against gender bias, discrimination and violence to bring the benefits of equality to us all".</p>
Attach copy of the Flyer event (if any)	-
URL of the event (if any)	-
Social Media posts and links: (if any)	
Instagram link	-
Facebook link	-
Youtube link	-
Photos (minimum 5, geo-tagged)	Photos attached
Feedback	-

Benefit/Key outcome of the event in terms of learning/skills/knowledge

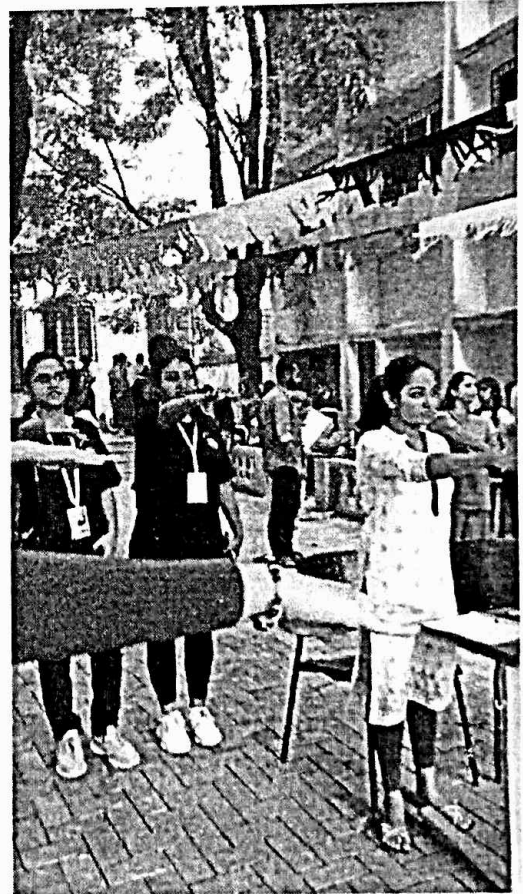
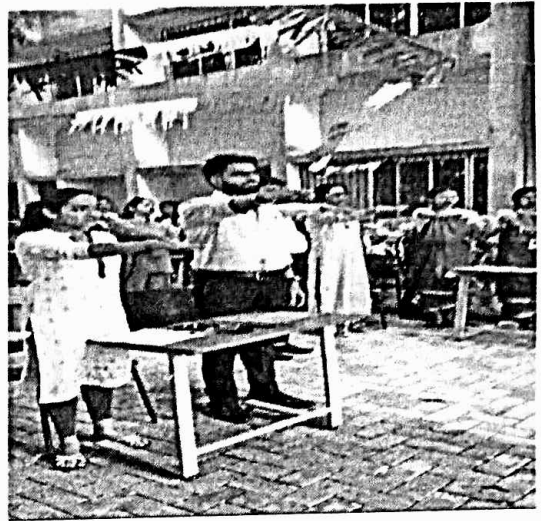
Gender Equality Pledge was administered to a total of 110 members including participants, student volunteers and teachers.

Copy of attendance sheet of the participants attached.

Signature of the Head of the Department/ Incharge :

A handwritten signature in black ink, appearing to be 'S. M. J.', written over a horizontal line.

Photographs



DEPARTMENT OF SOCIOLOGY



GOENKARPONN 2022 REGISTRATION FORM

Team Name: Quepem

Name of HSSC: Loyola Higher Secondary School.

Name of the teacher accompanied: Tr. Precia Barreto, Manjusha Kuade

Sr.No	NAME OF THE STUDENT
1.	Simran Jayesh Tacci
2.	Rakshita Sajjan Satardikar
3.	Minoska Valoua Fernandes
4.	Shruti Uday Kolambkar
5.	Reeti Babu Komarpant
6.	Khushi Pravin Waghchoure
7.	Ricky Eusebio Carvalho
8.	Mithali Ashish Kumar Raikar
9.	Cora Christy Gomes
10.	Naziya Kuasar Gajipur
11.	Raizel Jeanne Dias
12.	Ved Sudesh Bhise

Note 1. Please register the Names with the correct spellings.

2. Maximum number of Participants should not exceed 12.
3. Registration will begin at 8.30 am.
4. Identity proof is a must.
5. Your standing in each competition will fetch you, you least points. Eg. (1st place will fetch you 0 points 2nd place 1 point, so the one with the least points at the end wins Goenkarponn).

Thank you.

DEPARTMENT OF SOCIOLOGY



GOENKARPONN 2022 REGISTRATION FORM

Team Name: *Canacona* .

Name of HSSC: *S.S. Angde Higher Secondary School*

Name of the teacher accompanied: *SAJJAN S GAONKAR*

Sr.No	NAME OF THE STUDENT
1.	SHARV VAIKUNTH PAI KHOT
2.	SWASTIK V. Naik
3.	RACHITA M JOSHI
4.	AUDUMBER N. CHARI
5.	ATHARV S. PRABHU DESAI
6.	RIYA NARAYAN KOMARPANT
7.	TANISHA D. PAJI
8.	SOWMYA V. PAI
9.	BHUMI C. DHURI
10.	MUKUL K. SUDHIR
11.	ARYAN R. KOMARPANT
12.	SHREYA M. PRABHU

Note 1. Please register the Names with the correct spellings.

2. Maximum number of Participants should not exceed 12.
3. Registration will begin at 8.30 am.
4. Identity proof is a must.
5. Your standing in each competition will fetch you, you least points. Eg. (1st place will fetch you 0 points 2nd place 1 point, so the one with the least points at the end wins Goenkarponn).

Thank you.

DEPARTMENT OF SOCIOLOGY



GOENKARPONN 2022 REGISTRATION FORM

Team Name: Ponda

Name of HSSC: Haamal Panchroski Higher Secondary School.

Name of the teacher accompanied: Namrata Naik & Suchita Keekar

Sr.No	NAME OF THE STUDENT
1.	Ha Payal Fadte
2.	Saish Chai
3.	Bhagyashri Tandel
4.	Saloni Batelkar
5.	Sarah Rodrigues
6.	Mitali Naik
7.	Vaishnavi Nhanji
8.	Sanjana Septe
9.	Akshada Shetgaonkar
10.	Pallavi Vast
11.	Purva Shetkar
12.	Sanika Kirdlekar

Note 1. Please register the Names with the correct spellings.

2. Maximum number of Participants should not exceed 12.
3. Registration will begin at 8.30 am.
4. Identity proof is a must.
5. Your standing in each competition will fetch you, you least points. Eg. (1st place will fetch you 0 points 2nd place 1 point, so the one with the least points at the end wins Goenkarponn).

Thank you

DEPARTMENT OF SOCIOLOGY



GOENKARPONN 2022 REGISTRATION FORM

Team Name: Bardez

Name of HSSC: Rosary Higher Secondary School.

Name of the teacher accompanied: Raleeta Cardozo / Iona Almeida

Sr.No	NAME OF THE STUDENT
1.	Akansha Wadekar
2.	Muskaan Shaikh
3.	Tikka Sunar
4.	Lgandra D'cruz
5.	Sasha Pereira
6.	Glenis Fernandes
7.	Ishika Colacco.
8.	Raghunath Bhatkande
9.	Daiwik Dias
10.	Garrison Fernandes
11.	Danielle Sales
12.	Arsha D'costa

Note 1. Please register the Names with the correct spellings.

2. Maximum number of Participants should not exceed 12.
3. Registration will begin at 8.30 am.
4. Identity proof is a must.
5. Your standing in each competition will fetch you, you least points. Eg. (1st place will fetch you 0 points 2nd place 1 point, so the one with the least points at the end wins Goenkarponn).

Thank you.

DEPARTMENT OF SOCIOLOGY



GOENKARPONN 2022 REGISTRATION FORM

Team Name: Salcete

Name of HSSC: Carmels Higher Secondary School.

Name of the teacher accompanied: Manushka Abranches & Yogita Vernekar

Sr.No	NAME OF THE STUDENT
1.	Ann Fernandes
2.	Swincy Vaz
3.	Rachel Dmello
4.	Sancia Fernandes
5.	Alicia Vas
6.	Alicandra Pereira
7.	Manasvi Bandodkar
8.	Gautami Mazgaonkar
9.	Shalomi Tripathi
10.	Tousinbanu Killeddar
11.	Sakshi Singh
12.	Hazel Vaz

Note 1. Please register the Names with the correct spellings.

2. Maximum number of Participants should not exceed 12.
3. Registration will begin at 8.30 am.
4. Identity proof is a must.
5. Your standing in each competition will fetch you, you least points. Eg. (1st place will fetch you 0 points 2nd place 1 point, so the one with the least points at the end wins Goenkarponn).

Thank you.

DEPARTMENT OF SOCIOLOGY



GOENKARPONN 2022 REGISTRATION FORM

Team Name: Tiswadi

Name of HSSC: Multipurpose Government

Name of the teacher accompanied: Tanya Fernandes

Sr.No	NAME OF THE STUDENT
1.	Tanya Krishelle Pacheco
2.	Princy Azevedo
3.	Steffy Colaco
4.	Kaveri Suresh Singe
5.	Jolin Anna Pinto
6.	Sarvadnya Uday Naik Durdhatar
7.	Shivam Kashinath Jadhav
8.	Khyati Kishor Diwani
9.	Aniket Sachin Naik
10.	Giridhar Shanbhag
11.	Vijay Rathod
12.	Kesam Parshuram Jadhav

Note 1. Please register the Names with the correct spellings.

2. Maximum number of Participants should not exceed 12.

3. Registration will begin at 8.30 am.

4. Identity proof is a must.

5. Your standing in each competition will fetch you, you least points. Eg. (1st place will fetch you 0 points 2nd place 1 point, so the one with the least points at the end wins Goenkarponn).

Thank you.

DEPARTMENT OF SOCIOLOGY



GOENKARPONN 2022 REGISTRATION FORM

Team Name: Saltari

Name of HSSC: CTM Higher secondary school

Name of the teacher accompanied: Yogesh S. Dessai, Vidhyarajik, Kavishma Agarwadekar

Sr.No	NAME OF THE STUDENT
1.	Purva Zambaulikar
2.	Shubhrata Bhandari
3.	Khushi Velip
4.	Bhakti Naik
5.	Sejal Shirgaonkar
6.	Brijal Naik
7.	Tanishka Naik
8.	Maisha Fernandes
9.	Snaha Gurav
10.	Sawya Shaikh
11.	Sawya Ab Aldger
12.	Mujun Bhagwadi

Note 1. Please register the Names with the correct spellings.

2. Maximum number of Participants should not exceed 12.
3. Registration will begin at 8.30 am.
4. Identity proof is a must.
5. Your standing in each competition will fetch you, you least points. Eg. (1st place will fetch you 0 points 2nd place 1 point, so the one with the least points at the end wins Goenkarponn).

Thank you.

DEPARTMENT OF SOCIOLOGY



3rd.

GOENKARPONN 2022 REGISTRATION FORM

Team Name: *Pernem*

Name of HSSC: *St-Alex Higher Secondary School*

Name of the teacher accompanied: *Dakshina Moraes and Sarita Fernandes*

Sr.No	NAME OF THE STUDENT
1.	<i>Evila Fernandes</i>
2.	<i>Skyla Travasso</i>
3.	<i>Fazel Fernandes</i>
4.	<i>Anelee Rodrigues</i>
5.	<i>Rhea Valenie Fernandes</i>
6.	<i>Sania Hattewadi</i>
7.	<i>Heena AKshiani</i>
8.	<i>Krusha Fernandes</i>
9.	<i>Swelon Fregon D'Costa</i>
10.	<i>Reguel John De' Cunha</i>
11.	<i>Elden Joy Pereira</i>
12.	<i>Shuhaani Pujari</i>

Note 1. Please register the Names with the correct spellings.

2. Maximum number of Participants should not exceed 12.
3. Registration will begin at 8.30 am.
4. Identity proof is a must.
5. Your standing in each competition will fetch you, you least points. Eg. (1st place will fetch you 0 points 2nd place 1 point, so the one with the least points at the end wins Goenkarponn).

Thank you.

EVENT ATTENANCE OF STUDENTS

TITLE OF THE EVENT : GOENKARPONN

DATE: 10th December 2022

Sr No	NAME	Roll Number
1	AISHWARYA BALKRISHNA GAD	2201074
2	ETHEL CONCHITA RODRIGUES	2201103
3	Maria Carrissa Lourdes menezes	2201127
4	DIVYA RAMESH MANIKYALA	2201071
5	Paxton Glen Da Cunha	2201097
6	SHANAIA VALLANI PEREIRA	2201077
7	Vaidehi Jayant Zarapkar	2201050
8	MEDORA FRENY FERNANDES	2201072
9	Neha Naik	2201137
10	Anushka Sherlekar	2201140
11	Shruti Vasta	2201022
12	Katja vaz	2201177
13	Sheme Costa	2201020
14	Ishita Desai	2201034
15	Shemaylah Shaikh	2201038
16	Quinn Coutinho	2201081
17	Crystal Antao	2201057
18	Cia Mellanie Noronha	2201053
19	Riya R. Nanoskar	2201021
20	Sakshi Revodkar	2201089
21	Celesty Xavler	2201144
22	Neha Chingali	2201159
23	Anisia Costa	2201113
24	Deepika Iti	2201108
25	Raina Fernandes	2201017
26	Shravani Bhat	2201099
27	Sharyu Janodkar	2201024
28	Chevia Annabel Fernandes	2201087
29	Raizel Rodrigues	2201131
30	Shanelle fernandes	2201175
31	Ramziya Shaikh	2201141
32	GAURAVI ALIAS PRANAVI PRAMOD NAIK	2201014
33	Maurya Chari	2201178
34	Nachiket Naik	2201028
35	SANTOSHI R. KEVAT	2201067
36	TERRANCE D'SOUZA	AU2101330

Checked & Approved by : Name & Signature of Faculty Incharge: _____

Please note: Student must sign on the day of attending a club session. Kindly
mb@chowgules.ac.in

EVENT ATTENANCE OF STUDENTS

TITLE OF THE EVENT : GOENKARPONN

DATE: 10th December 2022

Slr No	NAME	Roll Number
37	SAEE ANUP GORE	AU 2101221
38	FREEDA VAZ	AU 2101318
39	NAMITHA HARISH	AU2101178
40	VALLERY CIANA DIAS	AU 2101219
41	GODAVARI MAYAPPA MALAGALI	AU 2101239
42	ABHISHEK MOHAN NAIK	AU 2101181
43	Lhamo Tsering	AU2101332
44	AARYA RAJENDRA PRABHU	AU 2101206
45	Anushka Flomencia Vaz	AU2101211
46	Jolany Swizel Rodrigues	AU2101311
47	Alexis Gertrude Coutinho	AU200050
48	SIYA SADANAND NAIK	AU 2101212
49	Prachi Prasad Janker	AU2101204
50	Jennifer Mascarenhas	AU2101233
51	ELRIA FERNANDES	AU 2101230
52	MANASI LAXMIKANTH BANDODKAR	AU2101210
53	Aivanna Jade Antonia Dmello Miranda	AU2101202
54	VAISHNAVI PARAG RAIKAR	AU 2101228
55	ASHLENTA MEVIFA FERNANDES	AU 2101245
56	Smitha Bose	AU2101319
57	Sanvi Rajesh Shirodkar	AU2101306
58	DIPEEKA SANJAY MORE	AU200081
59	Erika Ameli Martins	AU200014
60	Steffi Souza	AU200128
61	ELSA MIRANDA	AU200130
62	Sadiqa Khatib	AU200131
63	SHAMIYABANU HAWALDAR	AU200145
64	DA COSTA SWELLEN PATRICIA	AU180151
65	Khushi Sawant	AU200142
66	Sanobar Bepari	AU200138
67	Muskan shaikh	AU200140
68	VALANKA CRISTALINA BRITO	AU200008
69	Saziya sheikh	AU200129
70	SHREYA SATYAPAL MORJE	AU200136
71	MELITTA CLYDA ELANCY TRAVASSO	AU190156
72	RUTVIKA VITHALDAS SHIRODKER	AU200124

Checked & Approved by : Name& Signature of Faculty Incharge: _____

Please note: Student must sign on the day of attending a club session. Kindl

EVENT ATTENANCE OF STUDENTS



Chowgule Education Society's
**Parvatibai Chowgule College of Arts and Science
(Autonomous)**
Accredited by NAAC with Grade 'A+'
Best Affiliated College-Goa University Silver Jubilee Year Award



Report on Project POSH Workshop

The college hosted two workshops under Project POSH, An inclusive workplace. The details are as follows.

Workshop title: One day Workshop on the POSH Act for the Internal committees of higher Educational Institutions

Workshop dates: 27/10/2022 and 1/11/2022

Duration of the workshop: 09.00 am to 05.00 pm.

Venue: Centre for Teaching and Learning. Parvatibai Chowgule College

Workshop funding agency: Goa Institute of public Administration and Rural Development.

Workshop arranged by: Directorate of Higher Education. Govt of Goa

Workshop conducted by: V.M. Salgaonkar's Law College, Miramar

Resource Persons: Prof MRK Prasad, Dr. Sandhya Ram, Adv Emidio Pinho

Workshop participants: Internal Committee member from all the colleges in South Goa District.

Number of participants: 27/10/22 ---36 participants

01/11/22---44 participants

Number of sessions: 04

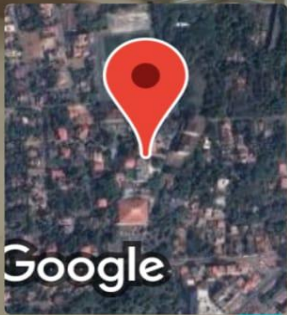
Topics covered in Workshop:

- 1) Equality of Opportunity, Gender Discrimination- Constitutional Facet by Prof MRK Prasad.
- 2) POSH Act- The Background and Objectives: The Law and Procedure; role of Internal Committee by Dr Sandhya Ram
- 3) Procedure to Deal with a Complaint by Adv Emidio Pinho
- 4) Revising the concepts through simulation Exercises and activities by Adv Emidio Pinho.

Faculty Participation from Chowgule College: Dr Shaila Ghanti, Dr Bhanumati Pilli, Dr Sachin Moraes, Dr R Kanchana, Dr. Sobita Kirtani, Dr Lectina Gonsalves, Mrs. Doreen D'Souza, Mrs. Anagha Narvekar

Local Co-ordinator: Dr Bhanumati Pilli





Margao, Goa, India

7XRJ+462, Cupangale Society, Margao, Goa

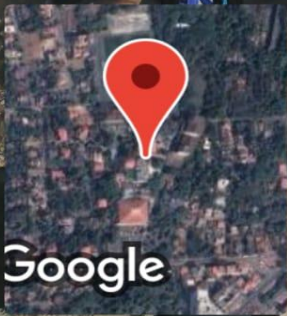
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7XRJ+462, Cupangale Society, Margao, Goa

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Parvatibai Chowgule College of Arts and Science
(Autonomous)

Accredited by NAAC with Grade 'A+'
Best Affiliated College-Goa University Silver Jubilee Year Award



In collaboration with
V.M. Salgaocar College of Law,
Goa Institute of Public Administration and Rural Development (GIPARD) and
Directorate of Higher Education (DHE)

**WORKSHOP ON
TRAINING ABOUT SEXUAL HARASSMENT AT WORKPLACE'**

Date: 27th October 2022

Time: 10:00 - 5:00

Venue: AV Room

ATTENDANCE

SR	Names of Attendees	Department/ Name of the Institution	Signature/s
1	Dr. Bhanumati Pilli	Parvatibai Chowgule College	[Signature]
2	Dr. SACHIN SAHIO MORAES	" " "	[Signature]
3	Dr. Lactina Gomesalves	" " "	[Signature]
4	Sonal G. Naik	G. R. Kare College of Law	[Signature]
5	Ms. Geeta S. Wadvekar	Shree Mallikarjun College	[Signature]
6	Mrs. Pooja G. Prabhudesai	Govt. College Borda	[Signature]
7	Ms. Bindiya M. Naik	Govt. College Borda	[Signature]
8	Jitan Lamani	Govt. College Borda	[Signature]
9	Dr. Jonit F Vaz e Mescaunhes	Carmel College	[Signature]
10	Mrs Kshama Desai	Shree Mallikarjun College	[Signature]
11	Mrs. Nikhita N. Mayekar	Damodar College	[Signature]
12	Dr. R. Kanchana	Biotechnology, Chowgule	[Signature]
13	Tami Kurkani	MES college	[Signature]
14	Sonal Kundaitkar	GIR Kare College of Law	[Signature]
15	Sobita Kintani	PCCAS	[Signature]
16	Sumeetha More	PCCAS	[Signature]
17	Sneha Quency Andrade	PCCAS	[Signature]
18	Dr. IGNATIUS FERNADES	GOV'S. COLLEGE QUEBEM	[Signature]
19	Marita Silver	Carmel College	[Signature]
20	Lata G. Shirodkar	Carmel College	[Signature]
21	Ronni Ann Sequencia	" "	[Signature]
22	Dr. Michelle Fernandes	" "	[Signature]
23	Lily Endro	Govt. College Borda	[Signature]
24	Ms. Divya R Sawant	Mallikarjun College	[Signature]
25	Dr. Anjali Sajjal	Damodar College	[Signature]
26	M. Samiksha Venkatesh	" "	[Signature]
27	Mrs. Melissa Fernandes	Govt. College, Quebem	[Signature]
28	Dr. Meenakshi Bawa	MES College	[Signature]
29	Mrs SAFAL S. NARVERAR	MES COLLEGE	[Signature]

S.	Faculty Names	Departments	Signature/s
30	Gauri Desai	Computer Appl ⁿ	[Signature]
31	D. Semele Soudesai	BBA	[Signature]
32	Ms Andrea D'Souza	Zoology	[Signature]
33	Ms. Celly D. Gortuho	G.C.A	[Signature]
34	Ms Sumerha Naik	Mallikarjun College	[Signature]
35	Ms. Shrutti Faldesai	Mallikarjun College	[Signature]
36	Dr. Elizabetha Menques	Commerce/Economics	[Signature]
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45	Resource Persons :-	1. Dr. M.R.K Prasad,	Coordinator, Project Pos
46		2. Dr. Sandhya Ram S.A	Co-ordinator, Project Pos
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Parvatibai Chowgule College of Arts and Science
(Autonomous)

Accredited by NAAC with Grade 'A+'
Best Affiliated College-Goa University Silver Jubilee Year Award



In collaboration with
V.M. Salgaocar College of Law,
Goa Institute of Public Administration and Rural Development (GIPARD) and
Directorate of Higher Education (DHE)

WORKSHOP ON
TRAINING ABOUT SEXUAL HARASSMENT AT WORKPLACE'


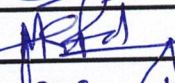
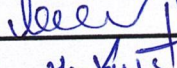

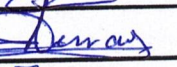
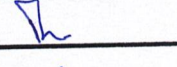
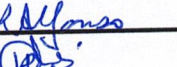
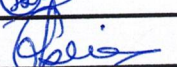
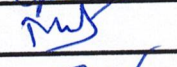

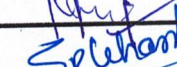
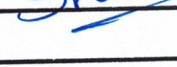

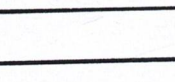
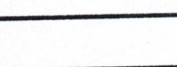
Date: 01st November 2022

Time: 10.00-05.00

Venue: AV Room

ATTENDANCE

SR	Names of Attendees	Department/ Name of the Institution	Signature/s
1	Dr. Marie Raj	VMSIHE, Manora - Roc	
2	Mrs. Nulân Nalk	SRIFIT, college	
3	Mrs. Anagha G. Parkar	Parvatibai Chowgule college	
4	Amit Kabiraj	National Institute of Technology	
5	Dr. Upasana Ratnakaran	Don Bosco College of Agriculture	
6	Dr. Rachana Kolambkar	DBCA, Sulcaona	
7	Ms. Pradixa Gaonkar	DBCA, Sulcaona	
8	Ms. Alethea Barcho	Counsellor VMSIHE	
9	Ms. Kimberly Aplonia Fernandez	Counsellor, Rosary College	
10	Ms. Manila W. D'Amiz	St. Joseph Vaz College	
11	Ms Elaine Dier	Don Bosco College of Eng.	
12	Ms. Valerie Jacques	V.M. Salgaoncar.	
13	Ms. Martha Rebello	V.M. Salgaoncar.	
14	Dr. Bishnu priya	GAM&RC, Shiradi	
15	Dr. Gouta Patil	GAM&RC - Shiradi	
16	Dr. Anuradha Mudliyan	GAM&RC - Shiradi	
17	Dr. Rijuta v. Patil	GAM&RC Shiradi	
18	Ms. SULOCHANA XETE DESSAI	DON BOSCO COLLEGE OF AGRICULTURE	
19	Dr. POOJA SHANBOUGH	GAM&RC Shiradi	
20	Mrs. Smeta Pawar	Henn / NIT Goa.	
21	Ms. Bhavana Sawardekar	PCCAS	
22	Ms. Preenita V. Kalangutkar	SVM's college, Borim	
23	Ms. Nikita Ryonkar	" " "	
24	Ms. Janet Pereira	Rosary College, Navelim	
25	Dr. Jayalomas Devab	PCCB, Verna	
26	Mrs Nisha A Gonsalves	PCCE Verna	
27	Ms. Shreya P. Sawant	PCCE Verna	
28	Ms. Maithilli Sawant	PCCE Verna	
29	Ms. Saiyaad Khan	PCCE Verna	

S.	Faculty Names	Departments	Signature/s
30	Anisha Mozia Gatta	Don Bosco College of	
31		# Engineering	
32	Manisha fal Desai	"	
33	Dr. Shweta P	" "	
34	Yashodhan Kharade	SVVM's College of Commerce	
35	Fr. Bolmar Pereira	St Joseph Vaz College	
36	Ms. Angela P. Suroo	St. Joseph Vaz College	
37	Mr. FRANCY VAZ	St. Joseph Vaz College	
38	Ms. Pooni Alencar	DBCA, Mulcarma	
39	Ms. Harsha Chai	SRIET, Shiroda	
40	Ms. Grizel Pereira	SRIET, Shiroda	
41	Mrs. Manjusha Sanke	SRIET, Shiroda	
42	Dr. Damodar Reddy F	VIT Coa	
43	Dr. Ravi Raghav	VIT Coa	
44	Dr. Shale Gharhi	Comp-Sc	
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NSS ACTIVITY REPORT

Parvatibai Chowgule College of Arts and Science, Autonomous

- **Title of the Activity:** Online Talk about POSH Act
- **Date:** April 21, 2023, 3:00 pm

Report details

The NSS cell of Parvatibai Chowgule College organized a one-hour online session for the students on the POSH Act; namely the Sexual Harassment of Women at Workplace (Prevention, Prohibition and Redressal) Act, 2013. The session was held on April 21, 2023 at 3:00 p.m. The resource person for the session was the college counsellor, Ms. Sumedha More who spoke at length on the different provisions of the Act and its applications. A total of 35 attendees were present for the session. The activity was coordinated by programme officer, Aresh Naik.

PARVATIBAI CHOWGULE COLLEGE OF ARTS AND SCIENCE (AUTONOMOUS)
Sexual Harassment of Women at Workplace (Prevention, Prohibition and Redressal) Act, 2013.

- * Meeting code: nxq-rxfs-epy
- * Created on 2023-04-21 14:56:36
- * by <https://chrome.google.com/webstore/detail/google-meet-attendance-li/appnhiefcidclcdjeahgklghihfok>

SN	Full Name	First Seen	Time in Call
1	Alishka Loretta Fernandes	21-04-2023 14:59	00:29:57
2	Amisha Atmaram Kundaikar	21-04-2023 15:24	00:01:58
3	Anish Pravin Prabhu Konkar	21-04-2023 15:12	00:17:53
4	Au21 1255 Gauri Dhasmana Sm Eng	21-04-2023 15:19	00:10:49
5	Au21 1296 Adelle Cezal Loudes Chettiar Sm Eng	21-04-2023 15:19	00:10:44
6	Au21 1303 Noshin Khan Sm Eng	21-04-2023 15:18	00:11:32
7	Amisha Kundaikar	21-04-2023 15:11	00:01:14
8	Aresh Naik	21-04-2023 14:58	00:31:09
9	Audrick Agnelo Augusto D'mello	21-04-2023 15:08	00:20:32
10	Chenoa Borges Rodrigues	21-04-2023 15:11	00:17:59
11	Dhanyata Naik	21-04-2023 15:24	00:05:19
12	Eli G	21-04-2023 15:08	00:11:15
13	Gulabi Tan Aji Kadam	21-04-2023 15:29	00:00:50
14	Izadora F Ernandes	21-04-2023 15:02	00:27:06
15	Jowill Agnelo Dias	21-04-2023 15:28	00:00:24
16	Lee-Sania Claire Estibeiro	21-04-2023 15:09	00:01:07
17	Luiza Daphne Libia D'souza	21-04-2023 15:08	00:20:48
18	Mrunal Gaja Nand Mahale	21-04-2023 15:15	00:02:43
19	Muriel Cassey Gomes	21-04-2023 15:03	00:25:11
20	Pranjali Laxman Prabhu Usgaonkar	21-04-2023 14:57	00:32:27
21	Prasidhi Pradeep Naik	21-04-2023 15:10	00:19:27
22	Pranita Surlakar	21-04-2023 15:09	00:19:54
23	Prutha Pras Ad Gaunkar	21-04-2023 15:10	00:18:54
24	Riddhi Praweej Naik	21-04-2023 15:23	00:05:56
25	Sainaj Nadaf	21-04-2023 15:10	00:19:20
26	Sania Queenie D'silva	21-04-2023 15:11	00:07:46
27	Shalaka Devendranath Naik	21-04-2023 15:21	00:00:24
28	Shifa Noro Ddin Sayed	21-04-2023 15:12	00:17:08
29	Sibyl Valank A Rodrigues	21-04-2023 15:09	00:20:06
30	Srisha Vijaykumar Prabhu Mhapne	21-04-2023 14:57	00:31:45
31	Sumedha More	21-04-2023 14:56	00:33:21
32	Trixanne Leena Fernandes	21-04-2023 15:13	00:15:14
33	Vanessa Pereira	21-04-2023 15:00	00:19:13
34	Vedika Pra Sad Desai	21-04-2023 15:09	00:00:19
35	Zaheeda Parv Een Shaikh	21-04-2023 15:28	00:01:20



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REPORT ON CAMPUS ACTIVITY

(Seminar / Webinar / **Expert talk** / Workshop / Visit to Incubators on the themes pertaining to Innovation/Entrepreneurship/Intellectual property)

Title of the event	Awareness Talk on 'Safety of Women'
Date and time	8 th March 2023 (10:30am)
Mode	Offline
Organising Department/School/Directorate/Section	Women's Welfare & SC/ST Students Welfare Committee
Resource Person/s	1. Sudiksha Naik (Police Inspector) 2. Mira D'Silva (Police Inspector, State Police Control Room and Pink Force)
Participants in house	Faculty: 16 Students: 109 Others: NIL
Participants (External)	Faculty: NA Students: NA Others: NA
Faculty attended	16
Students attended	109
Total Participants	125
The objectives and description of the activity	<p>On the occasion of International Women's Day on 8th March 2023, Women's Welfare Committee and SC/ST Student Welfare Committee organized an Awareness Talk on the Topic 'Safety of Women'.</p> <p>The main objective of the safety awareness talk was to inform and acquaint women regarding methods and programmes implemented to improve women's safety. Understanding approaches to stay protected from malicious and harmful elements of society was also an important objective.</p> <p>Ways to tackle the barriers encountered in women's wellbeing and comfort were also discussed.</p> <p>Creating a safe working/living environment through the police initiated Pink Force and imparting relevant information regarding the</p>

	<p>same was reviewed by the Resource Persons.</p> <p>Associate Professor (History) Sarita Naik Tari began the event through her Introductory Speech and welcomed the Pink Force with plants and flowers. Dr. Uma Masur (Botany), Convener of Women's Welfare & SC/ST Student Welfare Committee briefly introduced the key note speakers Police Inspector Sudiksha Naik and Police Inspector Mira Dsilva. Officiating Principal Prof (Dr.) Sangeeta Sankhalkar welcomed the Pink Force Team in our college and addressed the gathering.</p> <p>Thereafter, Police Inspector Sudiksha Naik spoke on the different types of crimes faced by women including Eve Teasing, Sexual Harassment, Molestation, Rape, Trafficking, Cyber Crimes etc. She also instructed the students not to share their personal photographs with anyone and to inform their guardians when they step out of the house. She also informed the audience of the legal provisions and their appropriate use when necessary.</p> <p>State Police Control Room and Pink Force In-charge Mira Dsilva showcased two videos of the Pink Force in action through which the audience could understand how the Pink Force actually works. A distress call is received from women. She also shared Emergency Helpline Numbers with the students which they can use to contact the authorities when in trouble. She informed the audience that the Pink Force was started in December 2021.</p> <p>As a whole, the talk was very effective and informative in communicating safety measures implemented for women. The compering of the programme was done by Assistant Professor Glynis Dias while the Vote of Thanks was given by Assistant Professor Alka Gawas (Hindi).</p>
<p>Attach copy of the Flyer event (if any)</p>	

	
URL of the event (if any)	-
Social Media posts and links: (if any)	
Instagram link	-
Facebook link	-
Youtube link	-
Photos (minimum 5, geo-tagged)	
Feedback	
Benefit/Key outcome of the event in terms of learning/skills/knowledge	<ul style="list-style-type: none"> • Students gained information about various Types of Crimes and Legal Provisions that can be used to safeguard their rights. • Students were informed about the importance and relevance of the Pink Force • Students also gained knowledge regarding Emergency Helpline Numbers that can be used in times of need.

Signature of the Head of the Department/ In-charge:



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WOMEN WELFARE AND SC/ST STUDENTS WELFARE
COMMITTEE

TOPIC: Awareness talks on 'SAFETY OF WOMEN'

DATE: 10.30 AM TO 12.30 P.M

TIME: 8TH MARCH 2023

VENUE: LOWER AUDITORIUM

Attendance Sheet - Students

Sr.No.	Name of the students	Class	Roll No	Signature
1.	Cristina Vales	TYBA	AU200009	
2.	Xavira Gomes	TYBA	AU200099	
3.	Anamika Rodrigues	TYBA	AU200072	
4.	Azmeunnisa Nissaunaie	TYBA	AU200041	
5.	Khushi Shaikh	TYBA	AU200060	
6.	Sakshi Malik	TYBA	AU200045	
7.	Priyadarshini Mali (Chemistry Dept)	F.Y.BSc	2202145	
8.	Teju Patil	TYBA	AU200088	
9.	Tulsi Tupe	TYBA	AU200153	
10.	Anisha D'souza	TYBA	AU200118	
11.	Shifa Sayyod	TYBA	AU200149	
12.	Sonam Panandikar	TYBA	AU200079	
13.	Sanjana Magundhwar	TYBA	AU200073	
14.	Esther Carvalho	TYBA	AU200074	
15.	Suzabhan Chauhan	TYBA	AU200084	
16.	Shereen Miranda	TYBA	AU200102	
17.	Katellyn Vaz	TYBA	AU200089	

Sr.No.	Name of the students	Class	Roll No	Signature
18.	Grisha Sakhardande	TYBA	AU200095	<i>Grisha</i>
19.	Kim Lady Rodrigues	TYBA	AU200025	<i>Kim</i>
20.	Roxanna Pinheiro	TYBA	AU200111	<i>Roxanna</i>
21.	Saravi Fernandes	TYBA	AU200037	<i>Saravi</i>
22.	Venera Fernandes	TYBA	AU200105	<i>Venera</i>
23.	Diandra Pebello	TYBA	AU200040	<i>Diandra</i>
24.	Tavanya Coutinho	TYBA	AU200069	<i>Tavanya</i>
25.	Gabriella De Souza	TYBA	AU200020	<i>Gabriella</i>
26.	Nincehka Barreto Xavier	FYBA	AU2201096	<i>NBXavier</i>
27.	Angelique Furtado	FYBA	AU2201063	<i>Angelique</i>
28.	Riddhi Naik	Syba	AU2101184	<i>Riddhi</i>
29.	Anjali Pordalkar	Tyba	AU200043	<i>Anjali</i>
30.	^{shubh} Laxmi Athwekar	Tyba	AU200092	<i>Laxmi</i>
31.	Muskan Muzawar	Tyba	AU200039	<i>Muskan</i>
32.	Swancy Souza	TYBA	AU200012	<i>Souza</i>
33.	Arantxa Rosario	TYBA	AU200080	<i>Arantxa</i>
34.	Ashlesha Redkar	TYBA	AU200148	<i>Ashlesha</i>
35.	Jannes var	TYBA	AU200067	<i>Jannes</i>
36.	Shreya Chaugasbi	TYBA	AU200038	<i>Shreya</i>
37.	Lizel Gomes	SYBA	AU2101251	<i>Lizel</i>
38.	Fanaaz Shaikh	SYBA	AU2101162	<i>Fanaaz</i>
39.	KEDAR V. NAIK	SYBA	AU2101179	<i>Kedar</i>
40.	Slavio S Dias	TYBA	AU190196	<i>Slavio</i>
41.	Vaibhvi Sukadker	SYBA	AU2101224	<i>Vaibhvi</i>
42.	Ravene Iliger	SYBA	AU2101253	<i>Ravene</i>
43.	Gulabi Kadam.	SYBA	AU2101177	<i>Gulabi</i>
44.	Sapna Rajpurohit	SYBA	AU2101172	<i>Sapna</i>
45.	Rashmita Pagi	SYBA	AU2101244	<i>Rashmita</i>
46.	Dhanyata Naik	SYBA	AU2101189	<i>Dhanyata</i>

Sr.No.	Name of the students	Class	Roll No	Signature
47.	Saili Naik	TYBA	AU200096	S. Naik
48.	Ruksar Sayyed	TYBA	AU200119	Ruksar
49.	Jyoti Senapati	TYBA	AU2000006	Senapati
50.	Ramziya Shaikh	FYBA	AU2201141	Shaikh
51.	Mulla Nailah Shantrel Muzumdar	FYBA	2201142	Mulla
52.	Azmatulla Khan	FYBA	2201086	A. Khan
53.	Cheristy Crystal Costa	FYBA	2201123	Costa
54.	Beitney Fatima Amozin	FYBA	2201120	Amozin
55.	Sharvati Sharad Vage	FYBA	2201122	Vage
56.	Anushka Gaikwad	FYBA	2201052	Gaikwad
57.	Saisha Shet Shirodkar	SYBA	2101187	Shet
58.	Mahima Shet Shirodkar	SYBA	2101183	Shet
59.	Rhyu Daniel Cota	FYBA	2201036	Cota
60.	Jonathan Jyoti Korgaonker	FYBA	2201132	Korgaonker
61.	Keziah Dias	SYBA	2101220	Dias
62.	Shivani Singhal	TYBA	AU200046	Singhal
63.	Sejal Panchwadkar	TYBA	AU200556	Panchwadkar
64.	Sheraya D'Costa	FYBA	2201136	D'Costa
65.	Siddhi Bostekekar	T.Y.B.A.	AU200093	Bostekekar
66.	Akanksha Raikar	T.Y.B.A.	AU200101	Raikar
67.	Vardini Borker	T.Y.B.A.	AU200112	Borker
68.	Keziah. c. De silva	S.Y.B.A.	AU2101248	De silva
69.	Asvini Naik	SYBA	AU2101297	Naik
70.	Sana Antony	SYBA	AU2101268	Antony
71.	Vedika Desai	SYBA	AU2101207	Desai
72.	Anushka Meelekar	FYBA	2201140	Meelekar
73.	Netwish Khan	FYBA	2201039	Khan
74.	Sana Mansoori	FYBA	2201145	Mansoori
75.	Amisha Khandekar	FYBA	2201116	Khandekar
76.	Riddhi Naik	FYBA	2201016	Naik
77.	Saachi Kale	FYBA	2201035	Kale
78.	Shariya Boreto	FYBA	2201134	Boreto
79.	Sameeya Mathur	FYBA	2201129	Mathur

80) Sonal Sawant	FYBA	2201114	Sawant Sawal
81) Shalaka Naik	FYBA	2201007	Naik
82) Renzia Fernandes	FYBA	2201068	Fernandes
83) Archana	FYBA	2202111	Archana
84) Rutvika Shindekar	TYBA	AU200124	Rutvika
85) Khushi Sawant	TYBA	AU200142	Sawant
86) Saziya Sheikh	TYBA	AU200129	Sheikh
87) Swellen D'Costa	TYBA	AU180151	D'Costa
88) Erika Martins	TYBA	AU200014	Martins
89) Shreya Morje	TYBA	AU200136	Morje
90) Sazia Gomes	FYBA	2201138	Gomes
91) Sunaksha Redkar	SYBA	AU2101218	Redkar
92) Nivedi Naik	FYBA	AU2001015	Naik
93) Purnima Paranjape	T.Y.B.A	AU200143	Paranjape
94) Sonal Mayekar	SYBA	AU2101190	Mayekar
95) Komal Halwai	FYBA	AU2201066	Halwai
96) Smriti Pai Angle	FYBA	2201080	Angle
97) Rhea Barrios	TYBA	AU200137	Barrios
98) Brinde S. Abraham	FYBA	2502201046	Abraham
99) Vanica Fernandes	FYBA	AU2201043	Fernandes
100) Sarinya James	FYBA	2201045	James
101) Dalu Fernandes	TYBA	AU200052	Fernandes
102) Nafisa Dias	TYBA	AU200024	Dias
103) Rhea Dias	TYBA	AU200083	Dias
104) Marilla Viegas	FYBA	2201104	Viegas
105) Sanya Fernandes	FYBA	2201075	Fernandes
106) Shaili Hangal	FYBA	2201074 2201101	Hangal
107) Shlok Bhat	FYBA	2201048	Bhat
108) Koutiksha Naik	FYBA	- 2201008	Naik
109) Mausie Colaco	FYBA	- 2201009	Colaco



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Attendance Sheet - Faculty

Sr.No.	Name of the Faculty	Department	Signature
1.	Prof (Dr) Sangeeta Sankhalakar	offg. Principal	[Signature]
2.	Dr. Bhanumati Pilli	Geography	[Signature]
3.	Meghana S Doshi	Geology	[Signature]
4.	Aika Gawas	Hindi	[Signature]
5.	Trupti Taldeesai	Marathi	[Signature]
6.	Aditi Yogesh Malik	Library	[Signature]
7.	Sanita Naik Tari	History	[Signature]
8.	Glynis Dias	Konkani	[Signature]
9.	Sangeeta More	Philosophy	[Signature]
10.	Jaraj Vagaskar	Philosophy	[Signature]
11.	Arya Prabudessai	History	[Signature]
12.	Sachin Morces	Sociology	[Signature]
13.	R. Kanchara	Biotechnology	[Signature]
14.	Shreya B. Patil	Accounts	[Signature]
15.	Dr. Mayuri Naik	Chemistry	[Signature]
16.	Ms. Shalma Mascarenhas	Zoology	[Signature]
17.			

8/03/2023