

विद्या

PARVATIBAI CHOWGULE COLLEGE OF ARTS & SCIENCE - AUTONOMOUS

Vol. No. LVIII, 2019-20



"What we think - we become"... Gautam Buddha

विद्या

Annual College Magazine  
2019-2020

**PARVATIBAI CHOWGULE COLLEGE OF ARTS & SCIENCE**  
**AUTONOMOUS**  
MARGAO - GOA



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 : Positivity

### Front Cover Artwork : Mr. Prathamesh Sawant

Positivity is not avoiding negative things or not experiencing negativity but it's how one can take things in an optimistic way. Optimism is a worry-free state of mind for living happy life with a brighter side even in the complete darkness. Positivity is not a compulsion. It's a choice. In short, Positivity is a mindset which can make marvels.

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## FOUNDER'S DAY







Painting by  
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# **Parvatibai Chowgule College of Arts & Science**

## **(AUTONOMOUS)**

Accredited by NAAC with Grade 'A' with a CGPA score of 3.41 on a 4 point scale

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GOGOL, MARGAO, GOA. 403 602

Fax : 0832-2759067

Tel.: 0832-2759504, 2759231

[www.chowgules.ac.in](http://www.chowgules.ac.in)

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**Annual College Magazine 2019-20**

**Vol. No. LVIII**

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### **Vision**

"To be among global leaders in imparting relevant education to highest standards in a disciplined and conducive environment"

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### **Mission**

"To continue to be pioneer of change using cutting edge education inputs and technology, providing equal opportunities to all and inculcating social and moral values that will transform society and nation at large"



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## Editorial

It is believed that positive thinking evokes more energy, more initiative and more happiness. When the Vidya magazine 2019-20 team met for the first time, there was great excitement and enthusiasm and we decided to take up the theme for this magazine as **“Positivity”**. Happy people are always beautiful and we resolved to be always happy and positive as we took up the task of collecting information and putting it all together in a creative way.



Well begun is half done. We started well and things went rather smoothly. In a short time, we had most of the matter in place and then the unfortunate Corona Virus Pandemic struck. With the pandemic, everything came to a standstill and printing of the magazine had to be kept on hold for some time. But as they say, tough times don't last but tough people do.

Our team riding on the theme of positivity, kept working with grit, determination and enthusiasm and completed the task at hand. The young and energetic Ms. Trupti Faldesai deserves special mention for her never say die attitude and her dedication and enthusiasm. And the same is true for our entire team, who kept up their zeal, enthusiasm and positivity despite the

travails of the pandemic.

Because positive thinking is not only about expecting the best to happen but it is also accepting that whatever happens is for the best. With this positive mindset, we took the pandemic in our stride and marched ahead.

As Winston Churchill said “The positive thinker sees the invisible, feels the intangible and achieves the

impossible”

So, as I sign off, I would like to request each one to stay positive and happy, work hard and not give up.

Be open to criticism, keep learning and most importantly surround yourself with happy, warm & genuine people.

Ultimately it is important for all of us to become so happy and positive that the happiness and positivity rubs off on everyone. Hope you all enjoy the contents of this magazine. On behalf of Vidya magazine 2019-20 team, I wish all of you a wonderful journey ahead.

**Dr. Roopa S. Belurkar**

Chief Editor

Vidya Magazine 2019-20



# Principal's Report

Greetings from the Principal's Desk.

The Academic year 2019-20, started with aspirations and higher thought process, only to encounter with global pandemic COVID-19, where every sector, including education suddenly came to a standstill. This changed not only the path of teaching-learning and evaluation but also the perspective of education. Inspite of the COVID situation, the spirit of the faculty did not deter, we were able to excute teaching, learning and evaluation in an online mode seamlessly, probably due to our faculty being technology enabled and systems being in place .

However during the academic year 2019-20 , here are some of the achievements and highlights. At the institutions level, a step taken was to introduce social credits as part of the non - evaluative credits. There was some initiatives taken in this direction and spectrum of activities were undertaken like the Colva Beach Clean Up campaign, paper making by department of sociology ,

Dr. H. C. Chopdekar received the prestigious 'T. M. Pai Foundation Literary Award 2019' a National Award for his book 'Sahitya Dara' by T. M. Pai Foundation, Manipal, Karnataka and Dr. Gunaji. S. Desai, Associate Professor was honoured with an Award and Recognition by Office of the Collector and District Election Officer, South Goa District felicitated on National Electoral day 2020 for the recognition of work rendered as Best Nodal



Officer for South Goa District for the year 2019 - 2020. He was also awarded the "Director General NCC" Plaque for the meritorious work rendered as Associate NCC Officer. This special Award was for creating Awareness in health, hygiene and sanitation among the NCC cadets in the State of Goa. Dr. Nandini Vaz Fernandes was awarded the First place for Best paper presentation

for her research work "Cytogenetic and Fluorescent In-Situ Hybridization evaluations in Prognosis of Chronic Myeloid Leukemia" at the National seminar on 'Current trends in Identification and Diagnosis' held in Goa .Professor. Sangeeta G. Sankhalkar, Faculty from the Department of Botany, was been awarded the Indian National Science Academy (INSA) visiting Scientist Fellowship 2020-21 for three months to undertake research work in a reputed Indian Institute/University.

During the year, there was significant increase in the number of research grants received by the faculty. The college received 10 research grants, Professor Nandkumar Sawant received major research project from Indian Council of Social Science Research (ICSSR), New Delhi, under the scheme IMPRESS (Impact Policy Research in Social Science). He was granted a fund of 9 lakhs and the remaining staff were granted minor research projects from various research funding agencies



In the context of student's Performance, two of our students represented Goa in the National level sports event 'Khelo India Khelo' wherein, Saskshi Gramophadye and Kiran Shet Nariyekar bagged silver and bronze medal in swimming. Truly, a very proud moment for the college. During the COVID-19 times, the student of Biotechnology created social awareness through cartoons, and contributed in the book "Science toons – Bye Bye Carona", the world's first science toon book. Overall, the college emerged as winners intercollegiate event "Plexus" organized by GMC college. We were also the winners of "Noesis" for the 4th Consecutive year held in Rosary College, Navelim and the Department of Chemistry emerged Overall Winners at Intercollegiate event "CHEMAURA" organized by Government College of Arts, Science and Commerce, Khandola, Marcela-Goa. The department was also Overall Runners Up at Inter collegiate event "Chemtalsea 3.0" organized by Dnyanprassarak Mandal's College and Research Centre Assagao, Bardez – Goa.

In sports, the college women swimming team won second place in the inter college university championship. Saachi Gramopadhye won gold medals in 100 meters freestyle and 50 meters back stroke events while Kiran Shet Narvekar won silver medals in 100 meters freestyle and 50 meters. College men tennis team won second place in the inter college championship while the College men table tennis team won third place in the inter college championship and the colleges cycling team secured third position in the inter college Cycling championship.

Steve Jobs, stated "Join the dots of the past to connect to the future. You can't connect the dots looking forward; you can only connect them looking backwards. So you have to trust

that the dots will somehow connect in your future". So it is a high time that a reflection as an autonomous college on its completion of five years in this status, would be prudent to radar to a new direction.

Parvatibai Chowgule College resonances with quality in education and therefore since its inceptions, it has always been at the forefront of education, experimenting and exploring new ventures in the field of education. Autonomy was one of it. Being the first college as an autonomous college in the State of Goa, the ownership of developing process and systems was absolute needed. On its completion of five years under this system, now its time to look back and review its achievements, challenges and opportunities.

Being autonomous college, was like a ship that leaves the harbor to discover new destinations with preparedness to face the roughness of the sea and sail of over the ebbs. In the similar context, the philosophy of taking on autonomy was to explore and add a new perspective to education through Choice Based Credit System. The structure of the Choice Based Credit System for Chowgule college was an outcome of churning for more than a year, with serious deliberations and discussions across with stakeholders. The various department designed unique Courses and Programmes that stand unique to Goa enabling the students to get an extra edge than the other graduating students of the other colleges. A course in Academic writing, Research writing, Statistics would be uniqueness of this college and Post graduate programme like the Master in Child psychology and development or masters in Geoinformatics would be one of its in the State in Goa. Moreover, we were the pioneers to initiate B.Voc educational Culture in Goa, a programme with the intent of skill development of the students. Over all, there



has been judicious use of autonomy by providing the students an opportunity to have enriched learning experience of their choice and also choose programmes on based on their interest and career path ways.

In the pursuits of evolving global outlook and developing global competencies amongst the students, the college espoused multi-dimensional approach. On one side, some of the best practices of International Universities were adopted like the e-content development and Online teaching was adopted from MIT, USA while Sussex University, UK model was adopted for Chowgule Tiger's Club System. Simultaneously, On the other side, persistent efforts were made to collaborate with foreign educational Institutions for the Faculty - Students International Exchange Programme. The college also invited foreign faculties on campus for short term or long term teaching assignment and to conduct Faculty Development Programmes. The two highlighting features were a) Academic credit transfer : an opportunity for the students to get international learning experience by studying in a foreign university while you are still a student of the college and continue your academic progression. In last two years, seven students studied at Porto University - Portugal, Kansai University - Japan and Waseda University - Japan. b) Erasmus Programme funded by European Union for faculty exchange between Chowgule college and an European University. The outcome was faculty exchange programme with Porto University, Portugal and La Réunion University, France.

Yet another effort was to develop specialized centers to cater the diverse needs of the faculty and students. Center for Teaching-Learning, Central Research Lab, Translation Center and Center for South Asia studies,

Center for International Exchange Programme, The Writing Centre, Career and Counseling Centre would be looked as broadening the scope of an educational institutions. The idea was to provide a support system and also create spaces of specialisations within the disciplines.

The IQAC played a pivotal role in re orienting the academic perspective, every department wrote their mission statement which became the basic guiding principle for the programme outcomes and for the creation of LOCF document (Learning Outcome Based Framework) as per the UGC guidelines. The core of autonomy is teaching- learning, evaluation and research. I would say this was well planned and executed. A shift from teacher-centric to students-centric with focus on self learning and create logical opinions was through the teaching-learning process. Multiple modes like Problem Based learning (PBL) Process Oriented Guided Instructional Learning (POGIL), Flipped Classroom, Portfolio method integrating the Blooms taxonomy were a few of the methods practiced. The method of evaluation was more oriented towards continuous multiple modes of assessment than Semester End. The fact that 12 research papers on this aspect were published is indicative of experiments conducted by faculty in teaching – learning. Similarly, substantial efforts were putting in enhance research. Apart from creating infrastructure, research policies were formulated, workshops were conducted with focus of publication in quality journals, research funding and academic integrity. The outcome was at an institutional level, DBT (Department of Biotechnology, Government of India) funding was received by six departments. In last five years, 20 research projects granted by various funding agencies, including an International Collaborative Research Project: ICSSR, India and NRC, Thailand.



So, In the last five years, there have been certain milestones/landmark that the college reached, which we need to be proud of. The students enrollment increased from mere 900 to 1700 plus. The college also was one of the 74 colleges selected at the all India Level for funding to promote Science under the “DBT Star Scheme”. The college was sanctioned a grant of 1.25 crores under this scheme, is the only college in Goa to receive this grant so far. Our college was honoured with the 'Best Internship Partner' award by Goa Rugby Union at the Goa Rugby Awards 2018 and the College figured in 100-150 band in NIRF ranking in the year 2017-18. Our College is rated as '4.5 Star' out of 5 stars for undertaking various activities prescribed by Innovation Cell, Ministry of Education, Govt. of India during the IIC Calendar Year- 2019-20 and Last year, the college was categorised as “Band A” Institution (rank between 06-25) in category of “Institutes and Colleges (Government and Government Aided)” in Atal Ranking of Institutions on Innovation Achievements (ARIIA-) 2020.

There have been some disappointments. Not all ventures were successful, especially the performance of some of our self finance programmes have been unsatisfactory. There is a need for deeper thinking and re-brand these programmes. Likewise, there was a broader vision for the student support services, but somewhere it has narrowed down and has ceased to vibrate as thought and same applies to the school of foreign languages and the translation center but I am sure the stakeholders – the government, the employers, the parents and the students appreciate the efforts of the college and understand there is a certain level of issues that emerge during the teething phase.

At this juncture, the step ahead would be to initiate more skill enhancement Programme

and specialized courses, short as well as long term, a greater investment in human resource training and skills development especially in curriculum designing, Research and Consultancy, a greater impetus to augment and upgrade infrastructure to meet the changing needs of higher education, enhance industry - academia linkages and wider alumni connect. There has to be certain level of conscious efforts to improve the public image of the college. We at Chowgule College are experimenting and carrying out genuine quality work in the field of tertiary education, that needs to be spoke across the boards on a broader canvas.

To conclude, As we sail through the rough waters, the future course of action lies in preparedness that will cater to the needs of higher education, in line with the NEP (National Education Policy). This should be one of the prime focus of the college.

As my tenure of five years of Principal comes to an end, it gives me immense sense of satisfaction that the snowballing effect has commenced. My final word would be, not everything seems to be successful, but the experience and learning from the mistakes should strengthen the processes of growth and propelled towards higher aspirations. Every individual has immense potential, only need to give direction and work with positivity. We cannot rest back on the laurels, but our efforts have to be stronger and better to continue to be the pioneers of change.

Wishing the College, Very best for the future!

**Professor Nandkumar Sawant**  
Principal



## Chairman, Sports Council Report

Henry Ford once said "Coming together is a beginning. Keeping together is progress. Working together is success". True to this quote, the student council of 2019-20 has had numerous challenges and hurdles, all of which were survived together, a team that stood united through it all.



For the rest of the students, it all began in August.

There was chaos in the campus about the elections and the forming of a new council. But for me, I had dreamt about it from the very first day when I set foot in the college for admissions. To head a council as the Chairman was a dream come true. I could see before my eye's students from all classes, especially the freshers eager to witness their first college election process. On the 27th of August the new student's council of Parvatibai Chowgule College was officially inaugurated in the hands of principal Dr. Nandakumar Sawant, faculty advisor Dr. Devashish Bagchi and the chief guest of the ceremony Yugank Naik. It was on this day that the 16 members of the new council stood before the students and the faculty, pledging their duty towards the college and its betterment for the next academic year. Being the first event organized by the student's council, it proved to be a huge success benchmarking all other upcoming events against itself.

The first event organized by the student's council for the students of Chowgule College was the Funfest on the 18th to the 21st of December. Seeing the months passing before our eyes with academics at their peak, we all needed a stress buster. Little less for us, the organizing team with it being the first major event we were hosting, but a lot more fun for our peers. It was their

active participation, them taking an initiative, their help and support that helped us big time. H.E. Luccock had quoted "no one can whistle a symphony. It takes a whole orchestra to play it". And we are utterly grateful to have our very own, multi-talented orchestra playing our symphony with us. The event was spread across three days, each day a new color, a new theme, a new you. Whether it was retro on day 1, Characters on day 2 or formals on day 3, beneath the façade there lay the students of Parvatibai Chowgule College, determined to have a great year and outdo all the previous years with determination.

This was just a trial run before the big success. What the students were eagerly waiting for was the 29th of February and the 1st of March. Tathastu 2020- Ekvot: Unity in Diversity was the theme of the event, an idea that preceded the council from the very first day. While the event lasted for two days, it was the months before



that, the journey that was most important. Faculty as well as students showed eager participation in the event. The event turned out greater than we imagined because this year Tathastu 2020 became a national event with colleges from Karwar participating as well. Considering the dates that were chosen for the event because of matters out of our reach, we got a fair response from participants especially with exams around the corner. But what was really a pleasant surprise was the crowd that turned up. 4000+ students came in through the gates of the campus to enjoy and spectate the event. The cultural, art as well as the sports competitions were a major hit. Like Nelson Mandela said "it always seems impossible until it done". Organizing a major event and heading it was a huge responsibility. Till the very last day I was nervous and worried. My dream was about to come true. It seemed impossible. Due credit to the faculty, the non teaching staff, our peers and friends and of course the student's council Tathastu happened with a bang outdoing every single year before.

Heading a council comes with major responsibility. Being the chairman of the student's council not only gave me a platform to put my ideas into action, it taught me things I consider to be life lessons. (With great work comes great responsibility.) Our advisors have continuously told us that to keep us on our toes. Accepting responsibility for the upcoming events, I learnt, is as important as accepting responsibility for one's own mistakes and past events. Planning in advance and time management are two other virtues this year has taught me. Whether its events, academics, participation in activities or otherwise time management has helped the team a lot. Administration work and documentation is also something I learnt over the span of this year. As a leader, I also learnt that sometimes its difficult to

trust another person with an important task. But a leader's duty is to lead and help the team be better and more efficient. Delegation is the key to building trust and for a successful teamwork. But what this year's biggest lesson has been is perseverance and dedication. We kept climbing up the stairs with our efforts only to realize that they weren't enough. This taught us to be better. Many a times, as frustrating as it was, we all learnt something new through this process.

Coming to the intercollegiate events this year was a great success we started and ended the year with a bang. It was hard work of our team late night practice and specially time management. I have to appreciate each and every participant for their dedication and patriotism towards college. We were the winners of Goa's first and the most important event of the year Plexus organized by GMC college. Around 20 colleges had participated. It was a precious moment when the name of my college was on top and the feeling of lifting the trophy was amazing. The entire credit goes to our team. We stood 3rd in the Konkani cultural event URBA which was followed by YUVA mohotsav where we got 3rd place for Naman and 5th place for dance there were around 35 groups. We were the winners of Avigna which was organized for the first time by Damodar college and ended the year by winning the runners up position in the event Savyas by NIT college.

The most important person who stood by my side throughout the year, who shared each and every task responsibility and victories are miss Sindiya Faldessai, General Secretary of the student council. We had planned about the elections and all the events in the Fys and Sys and we successfully made it possible. I still remember staying up till late and completing our work. In all these beautiful achievements there were ups and downs, agreements and



disagreements but our unity and dedication crossed all the hurdles. I thank Miss Sindiya Faldessai for her support without which this wasn't possible. Secondly our cultural secretary Varad Kamat Elekar who was always available and never left any work incomplete. I am very lucky to have a person like him in my council. This trio was strong and bold to face all the problems and tough situations.

Last but not the least, I believe the most important thing to do is to give credit where it is most needed. My team Shweta Mahajan, Shubham Shirodkar, Deepraj Dessai, Aishwarya Thorat, Neha Pai Duple, Varad prabhugaonkar, Akash Gaonkar, Saiprasad Naik, Pranita Khanolkar, Santoshi Singh, Anish Agni, Garry Roque Killa Aka Garry Fernandes, Vandana Amerkar for their presence, hard work and support. We had fights and struggles, within ourselves or with others. What truly appreciate about them though is that they never backed away from responsibility. Whether the task was so difficult they were drowning in work, or when it was so miscellaneous it seemed to be only a waste of energy none of them have ever backed away. The support that Sindiya Faldessai and I needed as the general secretary and the chairman respectively has been given by the team, our peers as well as the faculty. With them as our backbone, we knew there was no chance at failure, that whatever it was we would endure it together and celebrate it together. Pre-event or post, the team has stood together. Through disappointments and joy rides, through enthusiasm and frustrations, through hard work and success, when one sees the team on the outside one sees us gliding through, never showing the bumps and hurdles along the way. Mr. Andrew Baretto always helped us his cabin was always open for me from the silliest to the toughest questions he always showed us a path and made sure that everything is running

smoothly. I thank our Principal Dr. Nandkumar Sawant for his utmost support which was needed he was always available and attended all the meetings and gave proper suggestions from his busy schedule. Mrs Deepa Chowgule always had great ideas in her mind I learnt how to be well organized from her. She being so busy always had time for us gave various suggestions regarding events and the intra college activities. I thank the management of Parvatibai Chowgule College for always supporting. Both the Vice Principal Mr. Harish Nadkarni and Mrs Shaila Ghanti for their support and presence throughout the year. All the members of the tiger's studio for helping us throughout the year and its team for clicking beautiful memories. I thank all the students who actively participated without which this wasn't possible. I thank Mr. Sandeep Jadhav (ex General Secretary) for being available throughout the year and for being with us during our tough times. Sankalp Mahale for remaining in touch and for guiding us regarding events. Miss Vaishnavi Prabhu (ex chairman) who always solved our queries even though she was out of state. Finally, it's time to thank this one person who is the backbone of the student council Mr. Devashish Bagchi most energetic and 24/7 available to help all our queries. His guidance and support for not only the council but for all the students is great. His door is always open to each and everyone and he makes sure to solve all the queries I thank him for supporting me for all three years before and after college hours and for always standing by our side.

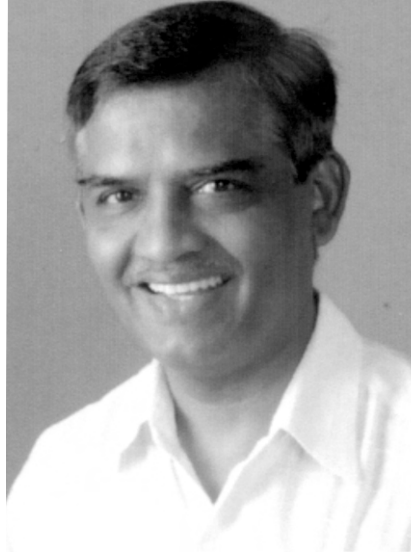
**Shubhankar Sinai Khandeparkar**  
Chairman, Students Council





## प्रा. श्रीकृष्ण अडसूळ : एक बहुआयामी व्यक्तिमत्व

प्रा. श्रीकृष्ण अडसूळ यांनी ३० वर्षांपूर्वी पार्वतीबाई चौगुले महाविद्यालयामध्ये सहाय्यक प्राध्यापक म्हणून काम करायला सुरुवात केली. तेव्हापासून अगदी सेवानिवृत्त होईपर्यंत व्रतस्थपणे त्यांनी या महाविद्यालयाच्या आणि मराठी विभागाच्या उत्कर्षासाठी स्वतःला झोकून दिले होते. त्यांच्या या अथक परिश्रमामुळेच पार्वतीबाई चौगुले महाविद्यालयाचा मराठी विभाग आज एक उंचीवर विराजमान झालेला आपल्याला दिसतो.



प्रा. अडसूळ सर म्हणजे एक बहुआयामी व्यक्तिमत्व. महाविद्यालयीन जीवनामध्ये मराठी विषय निवडल्यामुळे वडिलांच्या रोषाला पात्र होऊनही आणि त्यामुळे वडिलांकडून एका पैशाचाही आर्थिक सहाय्य मिळणार नसल्याचे माहित असूनही न डगमगता, न घाबरता त्यांनी आपल्या मायमराठीप्रती असलेले प्रेम जिवंत ठेवले आणि मराठीतूनच शिक्षण घेतले. हे खरोखरच एका सच्च्या भाषाप्रेमीचेच लक्षण होय. मराठीतून अध्यापन करण्याबरोबरच त्यांनी विद्यार्थ्यांचा सर्वांगीण विकास व्हावा या उद्देशाने 'संतांचिया भेटी', 'नवांकुर', 'श्रावणधारा' या सारखे अनेक उपक्रम सुरू केले, ते आज ही अविश्रांत सुरुच आहेत.

प्रा. अडसूळ सरांचे विशेष म्हणजे त्यांनी गोमंतकीय मराठी साहित्याप्रती केलेले कार्य. 'संगतसोबत', 'इरसाल', 'साथसोबत', 'गोमंतकीय मराठी साहित्य : आशय आणि आविष्कार', 'अष्टवेध', 'गोमंतकीय मराठी साहित्य स्वरूप आणि चिकित्सा', 'बावनकशी', 'ओळी नंतरच्या ओळी', 'त्रिवेध', 'मधुघट', 'पाटलांचा फड : समग्र' 'समीक्षा', 'प्रा. भिकू पै. आंगले यांचे साहित्य : स्वरूप आणि समीक्षा', 'गजानन रायकर यांचे साहित्य : स्वरूप आणि मीमांसा', 'ऐसा मी विष्णुदास', 'आनंदपर्व : तौलनिक साहित्य आणि संस्कृती समीक्षा', 'आठवणी', 'उषःप्रभा', 'माणिकमोती', 'अघोरपंथी', 'मातुश्री सरुबाई अडसूळ उर्फ 'नानी अडसूळ स्मृती विशेषांक' यासारखे महत्त्वपूर्ण ग्रंथ लिहून प्रा. अडसूळ यांनी गोमंतकीय मराठी साहित्य आणि समीक्षेला एक

वेगळ्या उंचीवर नेऊन ठेवलेले आहे. एवढेच नव्हे तर अगदी निरपेक्ष भावनेने अनेक गोमंतकीय स्वातंत्र्यसेवक आणि समाजसेवकांकडून त्यांच्या चरित्रांचे आणि आत्मचरित्रांचे लेखनही त्यांनी करवून घेतलेले आहे. त्यांनी मराठी भाषेच्या केलेल्या या सेवेमुळेच गोमंतकीय मराठी साहित्य आणि समीक्षेमध्ये त्यांचे नाव आज सन्मानाने घेतले जाते.

प्रा. श्रीकृष्ण अडसूळ केवळ साहित्यिक क्षेत्रातच नव्हे तर विविध संस्थात्मक कार्यातही नेहमीच अग्रेसर राहिलेले आहेत. 'अनुबंध प्रतिष्ठापन' (पुणे)

याचे ते अध्यक्ष होते. 'समाजक्रांती दल' (पुणे) याचे सदस्य व प्रसिद्धी विभाग प्रमुख म्हणूनही त्यांनी कार्य केलेले आहे. गरजू विद्यार्थ्यांप्रती त्यांना नेहमीच कळवळा वाटे. त्यामुळे त्यांनी अनेकदा अशा गरजू विद्यार्थ्यांना आर्थिक सहाय्यही केलेले आहे. तसेच त्यांनी अनेक शैक्षणिक संस्थांना लाखो रुपयांच्या ग्रंथभेटीही दिलेल्या आहेत. तसेच विविध संस्थां द्वारे १२० व्यक्तींना त्यांनी सन्मानितही केलेले आहे. या त्यांच्या ग्रंथसेवेबद्दल आणि समाजसेवेबद्दल त्यांना 'शंकरराव किलोस्कर समाज विकास लेखन पुरस्कर', 'कै. सिंधुताई पोतले स्मृति गोदारत्न पुरस्कर', 'साहित्य पुरस्कर-गोमंत विद्या निकेतन - मडगाव' यासारख्या असंख्य पुरस्कारांनी सन्मानित करण्यात आलेले आहे. २०१० मध्ये चौगुले एज्युकेशन सोसायटी मडगाव तर्फे आदर्श शिक्षक पुरस्कार ही त्यांना प्राप्त झालेला आहे.

एकूणच अशाप्रकारे विद्यार्थ्यांच्या आणि समाजाच्या हितासाठी सतत क्रियाशील असलेले प्रा. श्रीकृष्ण अडसूळ सर २०१९ मध्ये सेवानिवृत्त झालेले आहेत. परंतु असे असले तरीही पार्वतीबाई चौगुले महाविद्यालयाचा मराठी विभाग त्यांचा नेहमीच ऋणी राहील.

प्रा. अडसूळ सर यांना त्यांच्या भावी आयुष्यासाठी मनःपूर्वक शुभेच्छा.

- तृप्ती फळदेसाय  
मराठी विभाग

# Our Slight but Fierce Lady

By the English Department

Mrs Rajashree Desai has been a familiar face in Parvatibai Chowgule College of Arts & Science since the 1990s. While she joined the English department of the Higher Secondary Section, it did not take long for her to rise up to the College section from 1994 onwards. As HOD of the English department from 2008 to 2017, she has shaped many bright minds and contributed to the world view of others around her. Being a brilliant learner in her student days, she was well-versed with anything related to literature, be it English literature or the literature of vernacular languages. Her specialty though was poetry. 'She was known for her dramatic and profound interest in explaining the finer nuances of poetry,' reminiscences our HOD Dr. Prof. Sonia Fernandes da Costa. As the years pass by, students may not always remember all the texts they have studied. But no student of Ma'am Rajashree has ever forgotten her skill in teaching poetry and the eloquence that accompanied it. 'Mm Rajashree brought Poetry to life!' says our very own Prof. Andrew Barreto. 'I remember how she modulated her voice while teaching us and her eyes danced with the words' recalls Prof. Sobita Kirtani. But that's not all. During her teaching career, ma'am Rajashree taught courses such as Linguistics, Criticism and Ancient Indian Literature. But she was always more than a teacher. Her kind-heartedness and concern for her students was evident in her behaviour. 'Her intermittent advice and encouragement went a long way in shaping the mindset of



her students. I will always cherish the philosophical musings ma'am and I used to have,' says Shubhankar Shah. Known for her "magical tiffin", Delilah Pacheco recalls 'I'll always remember her generosity and kindness during the long days at work when she would whip out her tin container with goodies.'

An erudite teacher, a generous friend and a slight but fierce lady. There's no better way to conclude than through the words of Prof. Kavita Borkar, "...this lady, doe-eyed, with a fragile physical frame, has an exterior that could mislead you into believing it to be her actual self-till one comes across her tough persona. On interacting closely, one who would leave you with admiration for this great knowledgeable teacher... a gold medallist who instilled love for the English language and influenced the career of so many; someone who touched their lives, to remember and respect her for a lifetime."

**- Subhankar Shah**

Asst. Prof. Department of English



## AU REVOIR ..... FAREWELL!!

***A Teacher takes a hand...opens a mind.....touches a heart...***

♪♪♪ **Unforgettable,  
that's what you are.....**

**Unforgettable, though near or far  
Unforgettable, in every way....**

**Unforgettable, that's how  
you'll stay ♪ ♪♪**

The above lyrics of the heart-warming song by Nathalie Cole came flooding to my mind the moment the onerous task of penning a farewell message to a proficient Teacher with an indomitable passion for knowledge, landed upon my frail shoulders. The name '**Madame Mitra Borker**' is almost synonymous with the department of French at Parvatibai Chowgule College. Having walked the broad and narrow alleys of the college and closely watched as it metamorphosed into its present stage of magnanimity and grandeur for over three decades, Mme Mitra left no stone unturned to engrave her indelible marks in the hearts and minds of her students and colleagues alike.

"Among the few people I consider as my close friends, I would definitely count Mitra as one. She has a great sense of humour, is extremely well read, a conscientious teacher, very trustworthy and will not compromise on her principles. The bond of friendship we share remains strong" reminisces Madame Cora Coelho Abreu, ex-French Lecturer of PCC.

As the saying goes 'Teachers are like candles, they burn themselves out to light up the lives of others', Mme Mitra joined Chowgule College in the early 80's and offered yeoman service to the department of French and the college at large until her retirement in the year 2019. She has donned many hats throughout

her pedagogical career spanning over three decades. From holding the post of 'Head of the Department of French' to serving as 'Dean of



Languages', Mme Mitra has carried out the responsibilities entrusted to her with sheer dedication and sincerity.

According to Prof. Anand Masoor from the department of Mathematics, "Mitra!! She makes you feel like ... ``No problem! someone is there who can tell me whether I am right!' She Never behaves in an artificial way that people should like her. She was very particular about discipline!! Always enjoyed talking to her and discussing music"

It is said that '**The best teachers teach from the heart and not from the book**'

I was fortunate to have interacted with Mme Mitra Borker on three levels : A Student, a Colleague and a Friend. Walking down memory lane, I vividly remember Madame bringing to life the characters and scenes of French literature, like an ardent painter lost in a world of artistic creativity, passionately painting the portraits of French literary stalwarts such as Molière and Rousseau and Voltaire ..... using words for brushes,

expressions for colours and proverbs and idioms for shades to successfully create a magnificent canvas of literary delight.

Mme Mitra never resorted to fancy modern tools to impart education to her students. Instead she unflinchingly pursued her pedagogical goals and strummed the intellectual cords of her pupils with the melody of her voice, the rhythm of her gestures, the modulation of her facial expressions and the beat of animated interactions..... her words either waltzed or jived or tangoed to the tempo of the literary piece in question.. Imparting the rules of savoir-faire and savoir-vivre formed an integral part of everyday teaching.

The hallmark of Mme Mitra's passions is that of an avid book-lover. Her insatiable appetite for reading crosses the boundaries of French and English literature and extends to the realms of vernacular literature. A true polyglotte in the real sense of the word, Mme Mitra spoke upto 7 languages if not more, with fluency and eloquence. She could switch between languages with the agility of a gymnast leaving her interlocutors spell-bound. What needs special mention is her love for writing Poetry - candid, simple, sincere. Creating meaningful verses on the spur of the moment was a piece of cake, so there's no wonder why Mme Mitra's poems have featured as study material in the French Textbooks for school children.

**“A good teacher can inspire hope, ignite the imagination and instill a love for learning”**

There's not a shred of doubt that every student who has passed through the portals of the French Department would unanimously agree that Mme Mitra Borker has been a beacon of inspiration in their academic and intellectual endeavours. She has played a vital role to influence and shape the dreams and aspirations of her students. With her unfailing

guidance, endless patience, motivation, and persistence. As fondly expressed by Natasha Gomes, Assistant Professor in French at Goa University “It is a blessing to have teachers who can inspire and encourage you to excel in all spheres of life, by setting an example of being well-read, industrious, punctual and above all empathetic. I am deeply indebted to Mme. Borkar, for helping me understand the finer nuances of the French language, for encouraging me to discover the treasures in vernacular literature, and for enabling me see in the words of Antoine de Saint-Exupéry that "The essential things in life are seen not with the eyes, but with the heart."

**“Teachers affect eternity; No one can tell where their influence stops”**

Having spent twelve delightful years working under the guidance and tutelage of a 'Chef de Département' par excellence, I can proudly say to a wonderful teacher, a fantastic colleague and an awesome BOSS that your compassion and dedication towards this noble profession have motivated me to keep the flag flying high!! Mme Mitra, you may leave our turf, but you leave behind a legacy of ethics, good values, and a myriad of enlightened minds! I would like to conclude with the following verse:

**Vous êtes tellement unique  
Et votre genre est impossible à remplacer.  
Je vous souhaite une bonne retraite  
ensoleillée...  
Un ciel bleu sans nuages et de toute  
beauté.  
Que la suite ne soit que BONHEUR et  
SÉRÉNITÉ  
Que votre retraite ne soit que JOIE !!!**

**- Carol Barreto Miranda**  
Asst. Professor Department of French



## **Dr. M. P. Shivalli** **- A Librarian Par Excellence**

Dr. (Smt.) M.P. Shivalli joined Parvatibai Chowgule College of Arts & Science on 4th June 1985 in the College Library as a Librarian.

Dr. Shivalli is helpful and hardworking, ever smiling and an extroverted person who likes to talk a lot. Dr. Shivalli has a liking for books and she cared for the books with warmth and care that a mother displays towards her kids. She had love for reading and her passion for books had made her a "Good Librarian". Because of this passion, she had gathered knowledge of a variety of books, and due to which, she also expanded her horizons and discovered new books that were useful in educational programs, and these were added to the collections of the college library.

When discussing about her with Mr. Mohandas Naik, Mr. Dayanand Vasta and Mr. Vishnu Kavlekar, the Library staff who were closely associated with her, they described about how the library was well organized and maintained with her great dedication. Dr. Shivalli displayed great interest in collecting Books, Magazines and Newsletters. She paid attention to every detail as well as to cleanliness and maintenance. For example, she helped to put in place, the classification system in the library, helped to correctly alphabetize the various items, and helped to keep requested items on hold for faculty. There are a number of library organization systems, which she was updating herself and implementing with understanding and care.



Besides her passion, Dr. Shivalli showed a strong commitment to her career and her work. She is considered as a librarian par excellence mainly due to her discipline and focus on various tasks, such as re-shelving books, Cataloguing, and updating of new book arrivals.

Dr. Shivalli is also an animal lover. She cared for all the dogs in the campus and always fed them. We often saw these dogs responding to her with love. She was always seen talking to them affectionately.

A warm and affectionate person, we wish Dr. Shivalli the best in her future endeavours.

**- Dr. Rupa S. Belurkar**





# भूमंडलीकरण और सोशल मीडिया



‘समाज माध्यम’ को हम अंग्रेजी भाषा में SOCIAL MEDIA इस सार्वभौमिक नाम से जानते हैं। यह सूचनाओं का आदान-प्रदान करता तो है ही परंतु उसका क्षेत्रफल विस्तृत एवं व्यापक है। आज के इस आधुनिक युग में सोशल मीडिया या समाजी माध्यम का प्रयोग कौन नहीं करता? यह मानो आज के इस भूमंडलीयुग की शान हैं।

समाज माध्यम अंतरजाल के माध्यम से एक विशिष्ट प्रकार की कृत्रिम विश्व का निर्माण करता हैं जिसके प्रयोगी इसे सोशल मीडिया प्लैटफ़ार्म इस नाम से संबोधित करते हैं। भूमंडलीकरण, आधुनिकता, पूंजीवाद के उद्भवन से समाजी माध्यम मनुष्य का अविभाज्य भाग बन चुका हैं।

अब ऐसी स्थिति आ पड़ी हैं कि मनुष्य भोजन किए बगैर भी जी लेगा पर अगर उसका मोबाईल जिसपर समाजी माध्यम कार्यरत है वह खो गया तो वह बिन पानी के मछली के समान फड़फड़ाने लग जाएगा।

सोशल मीडिया आवश्यक सूचनाओं का आदान-प्रदान करने की सक्षमता रखता हैं। जनमानस का मनोरंजन करना, उनके भीतर हास्य को उत्पन्न करना इसका मुख्य कार्य हैं। स्पष्ट रूप से कहा जाए तो सोशल मीडिया एक ‘अपरम्परागत माध्यम’ हैं।

अपरम्परागत माध्यम इसलिए कहा गया हैं क्योंकि इसकी कोई परंपरा नहीं हैं यह भूमंडलीकरण का फल हैं जिसके उद्भव का इतिहास नहीं हैं। यह आधुनिकता, पूंजीवाद, औद्योगिकी जीवन और भूमंडलीकरण का फल हैं।

उल्लेखित हैं कि सोशल मीडिया का क्षेत्र अत्यंत विस्तृत एवं व्यापक हैं। अगर हम इस संकल्पना को प्रतीकात्मक शैली का प्रयोग कर समझने का प्रयास करें तो यह बरगत के पेड़ के समान हैं। जिस प्रकार से बरगत का पेड़ अपनी जड़ें भूमि में फैलाए रहता हैं उसी प्रकार सोशल मीडिया

एक विशाल नेटवर्क हैं जो कि भूमंडलीकरण के कारण समग्र विश्व को एक दूसरे से जोड़े रखता हैं। यह मानवीय संचार का सशक्त, अत्यंत प्रभावी, एवं दृढ़ अभिव्यक्ति का माध्यम हैं। यह द्रुत गति से सूचनाओं का आदान-प्रदान करने का कार्य करता हैं।

जिस प्रकार से किसी भी सिक्के के दो पहलू होते हैं उसी प्रकार से सोशल मीडिया के सकारात्मक तथा नकारात्मक पहलू दृष्टव्य हैं। सोशल मीडिया किसी भी व्यक्ति, संस्था, समूह तथा देश आदि को आर्थिक, सामाजिक, सांस्कृतिक और राजनैतिक रूप से सक्षम एवं दृढ़ बनाने की तत्परता रखता हैं क्योंकि यह जनता-जनार्दन को अति-शीघ्र रूप से अवगत कराने का कार्य करता हैं।

समाज माध्यम के माध्यम से ऐसे कई सर्जनात्मक कार्य हुए हैं जिनसे लोकतन्त्र अबाधित रहा हैं। लोकशाही में बोलने तथा अभिव्यक्ति की स्वतन्त्रता का पूरक सोशल मीडिया बना हैं। सोशल मीडिया समाज के सामाजिक विकास की अनुमति देता है और कई व्यवसायों में भी मदद करता है। यह सोशल मीडिया मार्केटिंग जैसे उपकरण प्रदान करता है जो लाखों संभावित ग्राहकों तक पहुंच सकते हैं। हम आसानी से जानकारी तक पहुंच सकते हैं और सोशल मीडिया के माध्यम से समाचार प्राप्त कर सकते हैं।

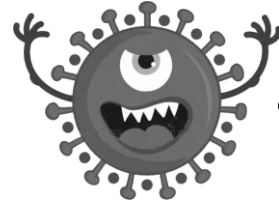
किसी भी सामाजिक कारण के बारे में जागरूकता पैदा करने के लिए सोशल मीडिया एक बेहतरीन उपकरण है। नियोजित संभावित नौकरी तलाशने वालों तक पहुंच सकते हैं। यह कई लोगों को बिना किसी अड़चन के दुनिया के साथ सामाजिक विकास और बातचीत करने में मदद कर सकता है। परंतु कुछ बेईमान, धूर्त, अपने स्वार्थ की प्राप्ति करने हेतु इच्छुक स्वार्थ-परायण लोग इस स्वतन्त्रता का गलत इस्तेमाल करने में पीछे नहीं हटते। जैसे कि किसी भी राजनैतिक परिवेश से संबन्धित गलत जानकारी

फैलाकर जनता-जनार्दन को गुमरा करने का प्रयास कर सकता हैं। समाज में किसी भी धार्मिक, सामाजिक तथ्य को लेकर अस्थिरता प्रतिपादित करना अत्यंत घातक एवं विनाशकारी हो सकता हैं। कई भौतिकविदों का मानना है कि सोशल मीडिया एक सबसे बड़ा कारण है जो लोगों में अवसाद और चिंता फैलाता है। यह बच्चों में खराब मानसिक विकास का भी सर्जन करता है तथा उन्हें भीतर क्रूरवृत्ति उत्पन्न करता हैं। सोशल मीडिया के बढ़ते उपयोग से सोने के खराब तरीके हो सकते हैं। कई अन्य नकारात्मक प्रभाव जैसे साइबर बदमाशी, शरीर की छवि के मुद्दे आदि भी हैं। सोशल मीडिया के कारण युवाओं में हर समय उच्च स्तर पर कर्ण और नेत्र की बीमारी पायी जाती हैं।

हम ऐसे समय में जी रहें हैं जहां सभी सुख-सुविधाएं केवल एक बटन या क्लिक दूर हैं। हम युवा-पीढ़ी होने के नाते हमें इस पर ध्यान केन्द्रित करना अनिवार्य हैं चूंकि सोशल मीडिया का एक पोस्ट शांति प्रस्थापित करने की सक्षमता रखता हैं तो दूसरी ओर अस्थिरता, हिंसा, हिंसात्मक गतिविधियां दुराचार, आतंकवाद को बढ़ावा भी दे सकता हैं। कोई भी स्वार्थपरायण व्यक्ति किसी की भी भावनाओं से खिलवाड़ करने से पीछे नहीं हठता।

उल्लेखित हैं कि समाज माध्यम के सकारात्मक एवं नकारात्मक पहलू द्रष्टव्य हैं। हमें इसके सकारात्मक गुणों पर ध्यान केन्द्रित करना चाहिए और संभवतः नकारात्मक गुणों का बहिष्कार करना चाहिए। आज सोशल मीडिया के बिना जीवन की कल्पना करना असंभव हैं। हम इसके अत्यधिक उपयोग के लिए कीमत भी चुकाते हैं। समग्र रूप से सोशल मीडिया के प्रभावों के बारे में बहुत बहस है। कुछ विद्वानों का मत है कि समाजी माध्यम एक प्रकार से आधुनिकता का वरदान है जबकि अन्य इस विचार पर अटल हैं कि इसका दुष्प्रयोग मानवजाति के लिए घातक साबित हो सकता हैं।

**सुविद्य धारवाडकर**  
द्वितीय वर्ष कला  
हिन्दी विभाग



## “कोरोना”

कोरोना, कोरोना ओ कोरोना,

इतना भी परेशान न करोना।

न जाने पुराने जमाने मे क्या पाप किये थे

जो आज ऐसे पड़ोसी मिले।

एक जो हत्यार से काम चलाता है और दूसरा

एक वायरस तयार कर पूरे दुनिया को नचाता है।

आया कोरोना, आते ही लेकर गया सुख चैन दुनिया का।

कोरोना के अनलिमिटेड प्यार से

दुनिया हुई परेशान, वैज्ञानिक ढूंढ रहे है

इससे ब्रेकअप के इलाज।

थे वो दिन जब हाथ मिलाकर घुमा करते थे।

परंतु अब सब की बोल एक ही है ‘नमस्ते’ ही ठीक है

नही तो कोरोना नही छोड़ेगा।

भले २९ दिन भारत हुआ बंद, सबको मिली छुट्टी, लेकिन

कोरोना कब करेगा तो भारत से कट्टी।

बंद हुए मंदिर, मज्जिद के दरवाजे, बंद हुए मोर्चा और

आंदोलन।

रह गए सब घर, नज़र आते देखे अपने परिवार को वक्त।

पूरे दुनिया मैं इसने एक्शन हीरो की तरह काम किया,

और भारत में टिकटोक, और मैन्स के जरिये इसे

कॉमेडियन का दर्जा दिया।

सब कहते रहे कौन है ये, क्या बिगाड़े गा अपना

लेकिन आखिर कोरोना ने दिखा ही दिया अपना जलवा।

खुद की रक्षा करना कर्तव्य है हमारा,

हर तरफ स्वच्छता रखना यही समाधान है अब इसका।

**प्रेरणा वेलिंगकर**

प्रथम वर्ष कला







पिछले कही दिनों  
से हम सब घर में  
हैं। ऐसे लगता है

कि किसिने हम सब को किसी पिंजरे में बंद करके बाहर से ताला लगाया है। न मिलता है घुमने को, ना मित्रों से मिलने को और नही पसदीदा खाना खाने को। मिलती है तो सिर्फ कोरोना की अप्पेट्स। घर से बाहर निकले तो माँ बाप की डाट और रास्ते पर गए तो पुलिस की लाठी चार्ज। कोरोना ने हिलाया सारा जग, इसका इलाज क्या है किसीको नही पता। आज हमारा जीवन किसी पिंजरे में कैद हुए पक्षी की तरह बन गया है जिसे हमेशा छूट चाहिए होती है। कोरोना भले ही एक खतरनाक विमारी है परन्तु हम मनुष्यों के लिए सबसे बड़ी सिख है। आज कोरोना ने मनुष्य को जीना सिखाया है। आज पूरा परिवार एक साथ आकर एक दूसरे को समय दे पाता है वरना व्यस्त जिंदगी में समय मिलता किसको है। आज लोगो को अन्न शब्द का महत्व पता चला है, वरना दिन प्रति दिन कितना खाना हम कचरे के डिब्बे में फेक देते हैं, खराब कर देते हैं। आज अगर हम अपने घर के खिड़की के पास खड़े रहे तो हमें किसी पेड़ के कोने में बैठकर सुंदर गीत गाने वाली पक्षियों को आवाज़ सुनाई देती है। वरना पूरे दिन शोर से कान पक जाते हैं। हर तरफ माहौल कितना शांत हो गया है। प्रदूषण की तो आजकल तस्वीर ही देखने को नही मिल रही है। मुझे तो लगता है कि कोरोना इंसानो को उसका पर्यावरण के प्रति कर्तव्य बताने के लिए आया है, धरती माँ की रक्षा करने आया है।

एक कवि अपने कविता में कहते हैं कि 'आज मनुष्य को पर्यावरण के सामने उसकी क्या किम्मत है यह पता चली है।' दरअसल कोई भी जीव पर्यावरण के बिना नही जी सकता। पर्यावरण के सामने मनुष्य एक मनुष्य ही रहेगा। दुनिया में चाहे कितने भी जाति धर्म हो परन्तु भगवान का फैसला आखरी फैसला होता है और उसके आगे किसीकी नही चलती। आज हम सब स्वच्छता को अपनाते हैं वरना खाने से पहले हम हाथ कब धोया करते थे? अपने आलसी

# कोरोना.....

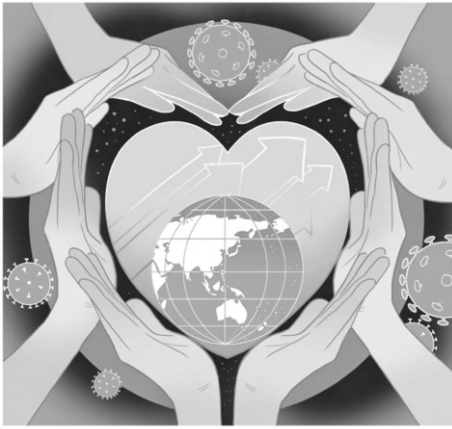
## एक अनदेखा आतंकवाद

स्वभाव के वजह से हम गंदगी को ही ज्यादा अपनाते थे परंतु अब इसको भी हमने बदल डाला। कोरोना ने इंसान को जीना सिखाया है। असली आतंकवाद क्या है ये आज कोरोना ने दिखाया है। मिटाकर सारी जाति अत्याचार, आंदोलन की बातें सबको एक साथ जुड़कर रहना सिखाया है।

हमारी सुरक्षा हमारे हाथ में है और देश के शासन का पालन करना हमारा कर्तव्य है। तो अपनी सुरक्षा करने के लिए घर के दरवाजे बंद करने में क्या हर्ज है? आखिर हमें जाना कहा है? सरकार ने जो किया हमारे भले के लिए ही तो ये फैसला लिया है। परंतु हमारे देश में कुछ ऐसे पढ़े हुए नागरिक जो अनपढ़ की बातें करते हैं इन्होंने तो कोरोना को कॉमेडियन समझकर रखा है जो टिकटोक और मेम्स द्वारा कोरोना का मज़ाक उड़ाते फिरते हैं। समाज में अफवा फैसाने में माहिर होते हैं जिससे माहौल कुछ और बिगड़ जाता है। कुछ लोगो ने तो यह भी कहा कि दारू और गांजा से नही होगा कोरोना। अरे भाई तुम लोग क्या बेवइों को रीज़न दे रहे हो? और 'फिर आते हैं महान इंसान जो शासन का पालन नही करते' ऐसे लोगो के लिए तो रास्ते पर अजगर और साप छोड़ने चाहिए फिर देखना कैसे घर पे पड़े रहेंगे। कोरोना कोई आम बीमारी नही है ये ऐसी बीमारी है जो एक साथ पूरे परिवार को खत्म कर सकती है। इटली, यूनाइटेड नेशन, जैसे कही पॉवरफुल देश आज बरबादी के रास्ते पर चल रहे हैं। इस बीमारी से बचने का एक ही उपाय है कि हम शासन का पालन करें, कुछ दिन के लिए घर में ही रहे, स्वच्छता अपनाये तभी कोरोना अपने भारत से चला जायेगा वरना ये हमारे देश की बरबादी का कारण बन जायेगा। और हमें थोड़ा धीरज रखना है कि समय के साथ सबकुछ ठीक हो जाएगा। ये दिन भी जाएंगे बस अपना ख्याल रखना।

**प्रेरणा वेलिंगकर**  
प्रथम वर्ष कला





## कोरोना वायरस को अगर हम सकारात्मक दृष्टि से देखें तो?

अरे भाई अब कितनी देर तक घर में बैठे रहना होगा? खाने-पीने के लिए कुछ मिलेगा भी या नहीं? इस कोरोना ने तो नाश मार कर रखा है। 'सारे देशभर से सभी घरों में यही बातें सुनाई दे रही है। क्यों? घर पर नहीं बैठ सकते? इस देश को बचाने के लिए क्या हम इतना भी नहीं कर सकते? मैदान में जाकर युद्ध थोड़ी लड़ने के लिए कहा है। घर पर ही तो बैठना है। दो-तीन महीने घर पर बैठ जाएंगे तो क्या बिगड़ जाएगा? लेकिन हमें आदत नहीं है ना। हमें तो आदत है हर दिन अच्छे-अच्छे पकवान खाने की, बड़ी-बड़ी गाड़ियों में बैठकर घूमने की। आजाद हैं हम। लेकिन अब ऐसा वक्त आ गया है कि हमें आजादी में भी कैदी बन कर अपने घरों में बैठना पड़ रहा है। लेकिन सोचा है उन गरीब लोगों के बारे में जो भूख से मर रहे हैं, जिन्हें दो वक्त का खाना तक नसीब नहीं होता है। सोचा है उन जानवरों पर क्या बीतती होगी जो पिंजरे में बंद है? हमें कैसे पता होगा उनका दर्द? जब तक हम खुद संकट में नहीं पड़ते तब तक दुसरो का संकट हमारे लिए बस एक मजाक होता है।

लोगों की मानसिकता यह है कि कोरोना वायरस जानलेवा है। उनकी बात भी सही है। लेकिन जब उनको बताया जाता है कि घर से बाहर न निकले तब भी वह किसी की बात नहीं सुनते। घर से बाहर निकल कर खुद इस बीमारी को अपने घर आमंत्रित करते हैं। कोरोना वायरस ने न केवल भारत में तबाही मचा रखी है, विदेश में भी कोरोना से पीड़ित लोगों की संख्या बहुत ज्यादा है।

हम मानते हैं किस बीमारी की वजह से देश का बहुत

नुकसान हुआ है लेकिन उतना ही फायदा भी हुआ है। आप पूछेंगे कैसे? पूरा देश बंद हो जाने की वजह से रास्ते पर गाड़ियों का आना-जाना बंद हो गया है। इस वजह से वायुमंडल में प्रदूषण की मात्रा अब कम हो रही है। ओजोन छेद की मात्रा सुधर रही है। प्राणवायु भी निर्मल हो रहा है और पर्यावरण में सुधार होता नजर आ रहा है।

इतना ही नहीं रास्ते पर हर दिन कोई ना कोई दुर्घटना घटती थी और दूसरे दिन अखबार में लोगों की मौत की खबरें हमें पढ़ने के लिए मिलती थी। पूरा देश बंद होने के कारण अब तक ऐसा कोई हादसा नहीं हुआ है। हर दिन झगड़े, गुंडागर्दी, चोरी, बलात्कार जैसी हादसे होते रहते थे। उन पर अब जैसे रोक सी आ गई है।

हमारे महाऋषियों द्वारा एक प्रथा बनायी गयी थी। वे सब एक कतार में बैठकर भोजन करते थे और उन्हें खाना परोसने वाला कोई और होता था। यह प्रथा क्यों बनाई? ताकि खाना परोसने के चम्मच को कतार में बैठे लोगों का हाथ न लगे और हाथ पर लगे कीटाणु अन्य के द्वारा उनके शरीर में प्रवेश न करें। लेकिन आज के बुफे सिस्टम ने उस प्रथा को ही मार दिया है। पुरातन युग में किसी के मिलने पर हाथ नहीं मिलाते थे, बल्कि हाथ जोड़कर उनको प्रणाम करते थे ताकि एक दूसरे के हाथ मिलने पर कोई बीमारी ना फैले। यह प्रथाएँ बहुत सालों पहले वैज्ञानिक दृष्टि से बनायी गयी थी, जिन्हें अब हमने तोड़ दिया है।

कोरोना वायरस के चलते पशु-पक्षियों की मृत्यु कम हो गई है। पता है कैसे? शाकाहारी जो हो गए ना हम। मछली नहीं, मुर्गी नहीं, कुछ नहीं। शाकाहारी भोजन करने से हमारा शरीर भी सुधर रहा है। अन्य का पचन शीघ्र ही हो जाता है। मांसाहार का पचन होने के लिए घंटों लगते थे।



वात, पित्त और कफ इन तीनों चीजों का संतुलन बन रहा है। शरीर की प्रकृति सुधर रही है क्योंकि इस कोरोना के चक्कर में हम खुद का कुछ ज्यादा ही खयाल रख रहे हैं।

पुरातन काल में लोग बड़ी मुश्किल से अपना गुजारा किया करते थे। खेतों में काम करना ही उनकी रोजी-रोटी का साधन था। औरतें चूल्हे पर लकड़ियाँ जलाकर खाना पकाती थी। वे लोग बिजली के बिना गुजारा करते थे। कभी-कभी भूखे पेट ही सो जाते थे। एक गाँव से दूसरे गाँव जाने के लिए साइकिल, बैलगाड़ी या घोड़ागाड़ी जैसे साधनों का प्रयोग करते थे। कम दूरी की जगह पर पैदल जाते थे। उनका संघर्ष हमने कभी नहीं देखा इसलिए घर पर बैठना और आलीशान खाना-पीना त्याग करना आज हमें मुश्किल काम लग रहा है।

एक समय हुआ करता था जब घरों में बिजली नहीं हुआ करती थी, फोन नहीं हुआ करते थे, मनोरंजन के साधन नहीं हुआ करते थे। तब घर के सभी लोग एक साथ आकर बातें करते थे। एक दूसरे का हालचाल पूँछते थे। अपना मनोगत व्यक्त करते थे। आज के जमाने में किसी को एक दूसरे के लिए समय कहाँ मिलता है? अरे, यहाँ तक कि खाना भी साथ नहीं खाते। अपनी कामकाजी जिंदगी में व्यस्त रहते हैं। लेकिन कम से कम अब कोरोनावायरस की वजह से सभी को घरों में एक साथ समय बिताने का मौका मिला है। एक साथ बातें करने का, खाना खाने का और भाई-बहनों के साथ खेलने का अवसर मिला है।

पृथ्वी तंग आ गई है और अपना इलाज खुद कर रही है। शायद भगवान से देखा नहीं गया और उसने इस वायरस को पृथ्वी पर भेज दिया। क्या कोरोना वायरस को हमें बुरी चीज मानकर नकारात्मक दृष्टि से देखना चाहिए? क्या अब भी आपको लगता है कि कोरोना वायरस के आने पर हमें शोक मनाना चाहिए? बताइए।

**देविका सुदिन सिनाय सांबारी**

प्रथम वर्ष कला  
हिंदी विभाग



## एक पल की जिंदगी

चलो चलें  
चुनले कोई राह अनजानी;  
सुकून की साँस लिए,  
कैद हो जाए इस समा में।

सिर्फ एक लम्हे के लिए  
मिले खुद से ही,  
करे गुफ्तगू खुद से ही,  
कह दे वह सारी दफ्न बातें,  
खुद को ही।

हसैं, रोये  
करें वह सब कुछ;  
बस एक लम्हे के लिए,  
चलो चलें  
जिये जिंदगी,  
सिर्फ एक लम्हे के लिए।



**रुक्मा कानोलकर**

द्वितीय वर्ष कला



## काशीनाथ के नामवर सिंह

आज से कई साल पहले जब हम हमारे पिता एवं उनके पिता को देखते हैं तब हमें महसूस होता है कि वे कितने नैतिक तौर-तरीकों से पेश आते थे। अपनी बड़ी बहन को माँ तथा अपने बड़े भाई को पिता का दर्जा दिए उनके सामने उसी तरह बर्ताव करते जिस तरह अपने बड़ों के सामने करते। यही नैतिकता और मूल्य हमें काशीनाथ जी और नामवर जी जैसे दिग्गज व्यक्तित्वों में दिखाई देता है, जहाँ उनके बीच विचारों का भेद तो है परंतु एक-दूसरे के प्रति आदर तथा स्वतंत्रता भी हैं।

अपने एक मुलाकात में काशीनाथ कहते हैं- 'मैं मानता रहा हूँ कि सिद्धांत सूखे होते हैं और जिंदगी हरी होती है। मैंने किताबों से कम, व्यक्तियों के उदाहरणों से ज्यादा सीखा। मैंने किताबें कम पढ़ीं, आदमी ज्यादा पढ़े।' और इन्हीं वाक्यों से यह पता चलता है कि वे उनके करीबी व्यक्तियों को कितनी निकटता से निहारते होंगे। स्वाभाविक रूप से उन्होंने अपने गुरु और बड़े भाई से जितना सीखा, उससे काफी ज्यादा उन्हें पढ़कर ही सीखा होगा।

काशीनाथ कहते हैं, 'यह कहते हुए मुझे गर्व हो रहा है कि वे मेरे बड़े भाई ही नहीं, कथागुरु भी हैं। मुझमें जो भी थोड़ा-बहुत कथा-विवेक है, उन्हीं से अर्जित है। अगर मैं कहानी से संस्मरण की तरफ गया और फिर संस्मरण से कथा-रिपोर्ताज की ओर- तो इसके पीछे कहीं-न-कहीं वे भी हैं। उनके सिवा और कौन समझ सकता है मेरे कथाकार की कमजोरियों और उसकी रचनात्मक ताकत को? लम्बे-चौड़े मैदान में एक ही स्थान पर खड़े रहकर जिन्दगी भर 'बाएँ-दाएँ' करते रहने से बेहतर है अपनी संभावनाओं और क्षमताओं के लिए नए क्षितिज खोजे और किसी ऊसर पड़े खेत को हरा-भरा बनाना!'

काशीनाथ अपने भाई को गुरु मानते थे। उनकी हर एक सलाह मानो उनके लिए ब्रह्मवाक्य थी। वे यह भी मानते हैं कि वे एक अच्छे लेखक हैं जो काशीनाथ को लेखन के क्षेत्र में प्रोत्साहित करते थे। जैसे, एक बार जब नामवर जी ने

अपने भाई काशीनाथ को पत्र लिखा तब उनसे एक बात कही जो काशीनाथ जी ने गांठ बांध ली। पत्र के अन्त में उन्होंने दो वाक्य लिखे थे- 'तुमने 'राष्ट्रवाणी' के मुक्तिबोध विशेषांक में छोटे भाई शरत मुक्तिबोध का निबंध पढ़ा? पढ़ लेना, कौन जाने कभी तुम्हें भी लिखना पड़े तब याद रखना कि गद्य ऐसा ही हो- बल्कि इससे भी ज्यादा खुशक!' मैंने वह संस्मरण पढ़ा था लेकिन ऐसा कुछ खास नहीं लगा था। इस चिट्ठी में मेरे मतलब की सिर्फ एक चीज थी- कि गद्य कैसा हो? खुशक! यानी गीला न हो, भीगा न हो- कपड़े की तरह उसे निचोड़ कर, पानी निधार कर सूखा लो और जब हल्का, कड़कड़ हो जाए, उसमें चमक आ जाए तब इस्तेमाल करो! राग-विराग मुक्त गद्य! यह मेरी समझ थी; उनकी क्या थी, नहीं मालूम!' इससे यह भी साबित होता है कि वे अपने बड़े भाई को इतने वर्षों से जानते हुए भी उनसे अपरिचित ही रहे।

काशीनाथ जी ने अपने संस्मरण 'घर का जोगी जोगड़ा' में जीयनपुर गाँव के बारे में लिखा है जहाँ उनके गुरु समान भाई नामवर जी का जन्म हुआ था। इसी गाँव में नामवर जी ने आरंभिक शिक्षा प्राप्त की। इसी में वे अपने बाप-दादा का वर्णन देते हैं। अपनी माँ का भी वर्णन उन्होंने दिया है जो हर किसी के सुख में शामिल तथा उनके दुख में शामिल होने का कर्तव्य निभाती रही।

अपनी माँ और नामवर जी के स्वभाव की तुलना करते हुए वे कहते हैं, 'जिन्होंने उसे (माँ को) देखा था और बातें की थी वे नामवर के नामवर होने का श्रेय माँ को देते हैं। उसने अपने बेटों की पढ़ाई के लिए अपना गहना-गरिया सारा कुछ बेच डाला था।'

उनके पिता एक प्राइमरी स्कूल के मास्टर थे। वे नामवर को भी उन्हीं की तरह मास्टर बनाना चाहते थे। वे चाहते थे कि 'बदके जाने' (जीवन भर उनके मुँह से यही सुना, कभी 'नामवर' नहीं) मिडल पास करने के बाद नार्मल की ट्रेनिंग करें और गाँव के आस-पास किसी स्कूल में मास्टर

हो जाएँ। खेती-बारी भी संभाले और पढ़ाएँ भी। यह नामवर को स्वीकार न हुआ और इस मामले में माँ बेटे के साथ थी।

नामवर जी और काशीनाथ जी के बीच दस साल का अंतर था। उन्हें कभी भी अपने बड़े भाई के बचपन को प्रत्यक्ष रूप से जानना नसीब नहीं हुआ। बल्कि उन्होंने केवल दूसरे लोगों से बाल नामवर को जाना है। जैसे वे पढ़ने में तेज थे, कादिराबाद की लाइब्रेरी में अक्सर जाते थे, कॉलेज की पत्रिका 'क्षत्रिय मित्र' में कविता छपने के सबसे पहले उनकी एक कहानी छपी थी- 'कहानी की कहानी', कॉलेज में निराला और जानकीवल्लभ शास्त्री ने खुश होकर उन्हें पैसे देकर पुरस्कृत किया था। काशीनाथ जी यह भी कहते हैं कि उनके मास्टर उनकी तुलना अक्सर नामवर के साथ किया करते थे, 'कहाँ एक भाई इतना तेज और कहाँ यह गधा! अरे कुछ तो लाज रखो नामवर का भाई होने की?' करीब-करीब छः साल होने तक काशीनाथ जी अपने बड़े भाई से परिचित नहीं थे।

काशीनाथ जी के संस्मरणों में नामवर जी के मित्रों से भी उनकी तारीफें प्राप्त होती हैं। 'नामवर के झक्कड़ बाबा' में उन्होंने नामवर के मित्र नगेन्द्र, जो पेशे से वकील थे, उनकी जबान से नामवर के बारे में बात की है। नामवर जी की मित्रता को जताते हुए वकील साहब कहते हैं, 'और जहाँ तक नामवर का सवाल है, उनका दुनिया में किसी से लगाव नहीं। लगाव हो ही नहीं सकता। क्यों? क्योंकि वे किसी से कुछ माँग नहीं सकते। माँगता वह है जो देना जानता हो, त्याग करने का माददा रखता हो। जो किसी से कुछ ले नहीं सकता, वह दे भी नहीं सकता। इसलिए नामवर से दोस्ती नहीं हो सकती।' इससे यह पता चलता है कि अपने भाई को ठीक से न जानते हुए भी (काशीनाथ जी के विचार में) उन्होंने हर किसी की जबानी तटस्थता से प्रस्तुत की है। चाहे कितने भी कठोर हो, उनके संवादों को जहाँ तक संभव है, वैसे ही प्रस्तुत किया है, जो सच्चाई है।

'गरबीली गरीबी वह' में काशीनाथ जी नामवर जी के चुनाव के बारे में लिखते हैं। नामवर उन दिनों काशी विश्वविद्यालय के हिन्दी विभाग में 'लोकप्रियता' के शिखर

पर थे। कम्युनिस्ट पार्टी के चुनाव के लिए उन्होंने दो-ढाई महीनों तक किताब भी नहीं पढ़ी, जैसी उनकी आदत थी। ऊपर से एकजुट होकर चुनाव लड़ने की तैयारी करने लगे। ठीक से न खाते न पीते। इसके बावजूद वे जब चुनाव हारे तब कोई गम उनके चेहरे पर नजर न आया। 'चुनाव हारने और अच्छी-खासी नौकरी जाने का सियापा घर में हो और वह आदमी खरटों ले रहा हो या कमरा बन्द करके किसी लेख की तैयारी कर रहा हो या पढ़ी गई किताब से 'नोट्स' ले रहा हो।'

इसी चुनाव के लिए उन्हें विश्वविद्यालय से निकाला भी गया। उनमें आत्मविश्वास भर-भर के था। उन्होंने कई सारी कसमें खाई थी जैसे कि वे काशी विश्वविद्यालय की चहार्दिवारी के अन्दर कभी भी कदम नहीं रखेंगे। एक घटना में उनकी माँ की जाँघ की हड्डी टूट गई। तीन-चार महीनों तक उसे अस्पताल में भर्ती रहना पड़ा। नामवर जी आए पर गेट पर रुककर ही उन्होंने उनके आने की खबर माँ को देने के लिए काशीनाथ जी से कहा। वे कभी अंदर नहीं गए। काशीनाथ जी को जब १९६४ में विश्वविद्यालय के हिन्दी विभाग में अस्थायी लेक्चरशिप मिली, तब नामवर जी ने अपने भाई से विश्वविद्यालय में मिलने के लिए अपनी कसम तोड़ दी। परंतु उन्होंने पढ़ने के स्थायी जगह होने पर भी वहाँ पढ़ना नहीं चाहा। उनकी और एक कसम यह थी कि वे कभी भी कई भी नौकरी के लिए अप्लाई नहीं करेंगे।

एक संवाद में काशीनाथ लिखते हैं-

'मैंने जिज्ञासा की- 'आप कभी कहानी या उपन्यास लिखने के बारे में नहीं सोचते?'

'नहीं लिख सकता। लिखूंगा तो असफल हो जाऊँगा।'

'मुझे तो ऐसा नहीं लगता।'

'वातावरण शायद दे लूँगा, लेकिन डायलोग नहीं बनेगा मुझसे।'

'जबकि मेरा ख्याल इसके उल्टा है। आप डायलोग ही अच्छा लिख सकते हैं।'



‘यही तो। मेरे डायलोग पात्र के डायलोग होंगे ही नहीं, मेरे हो रह जाएंगे। स्वाभाविकता नहीं आएगी। जैसा गोर्की में था। बड़े बनावटी लगते हैं उनके संवाद।’ वे गोर्की को पसंद नहीं करते थे। परंतु तोल्स्तोय की प्रशंसा हरदम करते।

काम करने का ढंग उनका अलग ही था। पढ़ते समय वे हमेशा पेंसिल लेकर पढ़ते। साथ ही, नोट्स भी लिख लेते। अगर कुछ लिखना होता तो वे उस दिन सैर करने या घूमने बाहर भी न जाते। उनकी और एक आदत यह थी कि अगर उन्हें किसी चीज़ पर लिखना है तो उसपर बहुत अभ्यास करते थे। लेकिन ठीक से अभ्यास न हो पाए तो वे अस्थिर रहते, उलझन में रहते। उलझी हुई चीज़ सुलझने के बाद ही वे लिखते थे। उनके लिए सबसे मुश्किल होता पहला वाक्य। उन्हें जितना भी वक्त लगता, पहला वाक्य लिखने में लगता.... और अपना लेख लिखने के बाद सबसे पहले वह सुबह उठकर उनकी पसंद के किसी समझदार आदमी को ही पढ़कर सुनाते थे।

काशीनाथ जी लिखते हैं- ‘सुनाने के बाद मैंने कभी भी उन्हें ‘रिवाइज़’ करते हुए या संशोधित करते हुए नहीं देखा। वे अपने पक्ष पर हमेशा तर्कों और प्रमाणों के साथ अडिग रहते। आप सहमत हों, न हों, आपकी मर्जी। हाँ, इतना जरूर मुझे लगता था कि थोड़े ही वक्त के लिए सही, लेकिन असहमत होनेवाला आदमी उन्हें ज्यादा काम का लगता था। वे ‘विरोध’ और ‘असहमति’ को अलग-अलग मानते थे, विरोध का मतलाब विचारों की असहमति। इस अर्थ में ‘विरोध’ का उनके लिए कभी कोई मतलब नहीं रहा।’

नामवर जी का मानना था कि लेखक को अपने विषय में ‘ईन्वोल्ड’ नहीं होना चाहिए। उन्हें बाहर रहकर चीजों को टटोलना चाहिए। एक कथाकार न होते हुए भी उन्होंने काशीनाथ जी की कहानियों में गलतियाँ सुधारना, शीर्षक देना, तथा आरंभ या अंत को बदलकर नयापन लाने में हमेशा सहायता की।

काशीनाथ जी कहते हैं- ‘किसी भी मामले में उनके निर्णय

भी उनके होते थे जिसे कोई बदल नहीं सकता था। जब भी कोई उनका पुराना परिचित दोस्त-मित्र उनसे काम-धाम के बारे में जानना चाहता तो बड़ी दृढ़ता के कहा करते थे कि बहुत नौकरी कर ली, अब मुझे नौकरी नहीं करनी है। बनारस में लोग इसका यह प्रचार करते कि दो जगह से निकाले जाने के बाद नौकरी देगा कौन?

नामवर जी कभी भी किसी पर भी निर्भर न थे। अपने भाई की सहायता करने के लिए जब एक बार काशीनाथ ने उनके कुर्ता में एक रुपया रखा, तो वो भी उन्होंने लौटाया। और उतने ही माँगे जितने उन्हें काम आते थे। जब वे अध्यापक थे, तब लगभग सारा पैसा वे किताबें खरीदने में ही खर्च कर देते। उनकी पत्नी इसीलिए बार-बार अपने मायके ही रहती। अपने भाई रामजी और काशीनाथ जी को उन्होंने हमेशा सराहा, और सही रास्ते पर चलने की सलाह दी।

एक लेखक होना उन्हें इसलिए शोभा देता है, क्योंकि वे बहुत पढ़ते थे। किसी वस्तु की आलोचना करते समय उन्हें संतोष तभी होता जब वे उस पर आवश्यकता से ज्यादा अभ्यास करते। काशीनाथ जी की गलतियों को भी उन्होंने ही सुधारा।

काशीनाथ जी के संस्मरणों से यह स्पष्ट रूप से चित्रित होता है कि नामवर एक निस्वार्थी मनुष्य थे। अपने निर्णय खुद लेते और उस निर्णय का जो भी निष्कर्ष निकलता उसका गुण एवं दोष खुद पर ही थोपते। पैसों की उन्हें कभी आशा न हुई। लेकिन जितना ज्ञान प्राप्त हो उतना ही वह उनके लिए कम साबित होता था। काशीनाथ अपने बड़े भाई को गुरु तो मानते ही हैं, पर शायद इसी निस्वार्थी बड़े भाई को आराध्य व्यक्ति के रूप में देखकर, उनकी तरह बनना भी चाहते हैं।

**सवी नायक**  
एम.ए. हिन्दी  
द्वितीय वर्ष





## क्या इंसानियत - सबसे बड़ा धर्म है?

कहते हैं, जिंदगी में हमेशा अच्छे कर्म करो वही आपका परिचय देगी जिसकी नीति अच्छी होगी तो हमेशा उन्नति होगी कोई भी व्यक्ति किसी के पास तीन कारणों से आता है भाव से, अभाव से या प्रभाव से यदि भाव से आया है तो उसे प्रेम दो अभाव से आया है तो उसकी मदद करो और यदि प्रभाव से आया है तो प्रसन्न हो जाओ की परमात्मा ने तुम्हें इतनी क्षमता दी है, क्योंकि जब कोई दुविधा में होता तब उन्हें उन्हीं लोगों का खयाल आता है जो किसी भी संकट में उपस्थित होकर उनके अंधकारमय जीवन में प्रकाश भर देगा। किसी भी स्थिति में उस व्यक्ति का खयाल पहले मस्तिष्क में आता है।

नेत्र दृष्टि प्रदान करती है परंतु हम कहाँ क्या देख पाते हैं। लेकिन सब हमारे मन पर निर्भर होता है कि हम क्या सोचते हैं। क्या कर्म करते हैं उसी का ठीक फल प्राप्त होता है। हा, लेकिन इस बात पर निर्भर करता है कि क्या सोचते हैं हमारे विचार सही हैं या गलत। कर्म करने में मनुष्य स्वतंत्र होता है लेकिन कर्म करने के पीछे हमारी मनशा कैसी है वह भी हमारे कर्म पर निर्भर करता है लेकिन दोष किसी और का करना मनुष्य का स्वाभाविक गुण है। हम ईश्वर को कोसते हैं कि वह हमारे साथ हमेशा गलत करता है। लेकिन क्रिया पर क्या प्रतिक्रिया होगी इसमें ईश्वर का जरूर हाथ होता है। अगर हम उदाहरण के साथ समझे तो एक चोर के हाथ में छुरी है और एक डॉक्टर के हाथ में छुरी है एक व्यक्ति चोरी करते वक्त पकड़े जाने पर छुरे से हमला करता है और एक डॉक्टर मरीज का छुरे से ऑपरेशन करता है कार्य में कोई भेद नहीं है लेकिन दोनों का कार्य करने का उद्देश्य मनशा अलग है। महत्त्वपूर्ण है हम किस कार्य को किस ढंग और कैसे करते हैं।

आज के बदलते आधुनिक समाज में संवेदनाएँ कहाँ रह गयी हैं। कहते हैं इंसानियत और मानवता सबसे बड़ा धर्म है। लेकिन क्या यह शब्द आज के समय में लोगों के लिए मायने रखता है? आज अपने अपनों के नहीं रहे तो परायों से क्या उम्मीद रखी जा सकती है। माँ-बाप दस बच्चों को

पाल सकते हैं लेकिन दस बच्चे अपने एक माता-पिता को नहीं संभाल पाते। दुनिया में कोई ऐसी शक्ति नहीं है जो इंसान को घिरा सके। लेकिन इंसान, इंसान द्वारा गिराया जाता है। अपनों से संबंध नहीं रहे। इंसान से बड़ा खुदगर्ज मनुष्य प्राणी और दुनिया में कोई नहीं हैं। आज मनुष्य अपने और अपने स्वार्थ के लिए जीता है, जैसे अपना स्वार्थ पूरा हुआ फिर उस व्यक्ति को पहचानने से भी इनकार कर देते हैं। किसी की किए अच्छाई को कभी भी याद नहीं रखा जाता। दूसरे को दुख से उन्हें कोई फर्क नहीं पड़ता, किसी के दुख को देखकर हँसने वाले बहुत मिलेंगे। इंसान की इंसानियत उसी समय खत्म हो जाती है, जब उसे दूसरों के दुख में हँसी आने लगती है। आज दुनिया चलती है तो सिर्फ अपने मतलब से जैसे अपना मतलब निकल गया वैसे पहचानने से इनकार कर देते हैं। भले हम आज पढ़े-लिखे हो लेकिन पेपर के पन्ना सिर्फ डिग्री नहीं होती हमारे व्यवहार से किस व्यक्ति के साथ हम कैसे पेश आते हैं उस पर हमारी डिग्री का पता चलता है। हम किसी के आँखों के आँसू के मोहताज न बने तो किसी के चेहरे के हँसी का मोहताज बने। किसी के आँखों में आँसू लाना बहुत आसान है लेकिन उसके परिणाम बहुत घातक होता है। क्योंकि दूसरों को दुख देने वाला व्यक्ति खुश भला कैसे रह सकता है? लेकिन आज किसी की निंदा करने में लोगों को जो आनंद मिलता है वह उन्हें आनंद किसी और वस्तु में नहीं मिलेगा। हम किसी की निंदा करते थकते नहीं निंदा करते-करते हम यह भूल जाते हैं कि हम कितने अच्छे हैं हममें क्या बुराई है।

मन का खोट कुए के पानी की तरह होता है। जितना भी निकालो खत्म नहीं होता। मन में दूसरों के प्रति सिर्फ द्वेष, घृणा और तिरस्कार होता है। मन में सुबह से लेकर शाम तक बस यही चलता रहता है कि मेरा भला कैसे होगा और दूसरों का बुरा। अपने जीवन से ज्यादा दूसरों के जीवन में क्या चल रहा है यह जानने की सबसे बड़ी उत्सुकता रहती है। दूसरों की जिंदगी से अपने जीवन को कैसे बेहतर

बनाए जिससे कुछ लोगों के बीच सम्मान पा सके। लेकिन कोई कभी यह समझ नहीं पाता कि दूसरों को सम्मान देने से खुद सम्मान पाते हैं। आज सबसे बड़ी दुर्दशा यह है कि आदमी सड़क पर तड़प-तड़प कर मरता है, लेकिन उस समय कोई उनकी मदद के लिए नहीं दौड़ता इंसान पशु से भी बर्तार होता जा रहा है क्योंकि पशुओं को एक खूटे से बाँध दिया जाए तो वह अपने आप उसी अवस्था में ढाल लेता है जबकि, मानव परिस्थितियों के मुताबिक गिरगिट की तरह रंग बदलता है। पशु प्राणी कभी संचय नहीं करता लेकिन मनुष्य हमेशा संचय करने में लगा रहता है। रात-दिन मेहनत करता है, लेकिन जानवर कभी भूखा पेट नहीं मरता। चेहरे पर मुखौटा लिए लगाए घूमते हैं व्यक्ति के मन में क्या चल रहा है वह समझ नहीं आता। घाव के बिना शब्दों से गंभीर घाव दिया जाता है। जानवर जब सामने आता है तब पता चलता है कि वह हम पर हमला करेगा, लेकिन मनुष्य सामने से कैसे वार कर सकता है इसका आकलन लगाना बड़ा मुश्किल है।

जीवन में खाली पेट और खाली जेब जो सीख सिखाती है वह बात शिक्षक नहीं सीखा सकता। क्योंकि कठिन परिस्थिति में कैसे जीना और उस स्थिति से कैसे उभरना है वह समय ही बताता है। चौरासी लाख यौनियों में से मनुष्य ही धन कमाता है, लेकिन मनुष्य का पेट कभी नहीं भरता। मनुष्य अपना संपूर्ण जीवन सब कुछ पाने के लिए गवाता है। जीव, जन्तु, प्राणी, पशु, पक्षियों को कभी कमाते नहीं देखा फिर भी जीवन में संतुष्ट रहते हैं। जीव कभी भूखा नहीं मरता और मनुष्य का कभी पेट नहीं भरता। अपने जीवन में जितना है उससे अधिक पाना चाहता है। श्रेष्ठता का भाव मनुष्य के अंदर हमेशा विद्यमान रहता है। बस थोड़ी सी जीत पर मनुष्य ऐसे घमंड करता है। जैसे रेस में जीतने वाले घोड़े को यह पता भी नहीं होता कि जीत वास्तव में क्या है वह तो अपने मालिक द्वारा दी गयी तकलीफ की वजह से दौड़ता है।

आज हम अपनों से ही कट रहे हैं, प्रकृति से हमारा संपर्क नहीं रहा बस जीवन जी रहे हैं, भाग रहे हैं लेकिन रुकना कहा है यही नहीं पता, धिरते को उठाना भी हम आज भूल गए हैं। रोज एक खौफ के साथ बीत रही है जिंदगी न जाने

किस मोड़ पर जा रही है, जिंदगी बेबस है, इंसान बेबस है, साँसे कितनी सस्ती हो गयी है इंसान की साँसे न जाने कल जो साथ हँस रहे थे। अब किस हाल में होंगे ये आगे। समाज में जानवरों की प्रताड़ना, शारीरिक दुष्कर्म बढ़ते जा रहे हैं। हमने अपने साथ अपनी सोच को भी कैद कर लिया है। डिजिटल दुनिया में हम भी डिजिटल यानी मशीन हो गए हैं। मनुष्य की जान बहुत सस्ती हो गयी है। उसी प्रकार रिश्ते ही सिकुड़ गए हैं आज बाते दिल से नहीं सिर्फ दिमाग से होती हैं। आज हृदय का स्थान मस्तिष्क ने लिया है क्योंकि आज लोग दिल से ज्यादा दिमाग का इस्तमाल कर रहे हैं।

आज हम कहने के लिए इंसान रह गए हैं लेकिन इंसानियत खत्म हो चुकी है जहाँ किसी का स्वार्थ समाप्त होता है वहीं से इंसानियत आरंभ हो जाती है। जीवन में किसी की मदद करना किसी के बारे में बुरा नहीं सोचना यही सच्ची मनुष्यता है। इसमें कभी स्वार्थ नहीं होता जो भी किसी के लिए कुछ किया जाता है वह दिल से किया जाता है। उसमें लेन देन नहीं होता। और जहाँ लेन-देन है वहाँ प्रेम नहीं हो सकता। जीवन में हर एक की सुनो और हर एक से कुछ न कुछ सीखो क्योंकि हर कोई सब कुछ नहीं जानता लेकिन हर एक कुछ न कुछ जरूर जानता है। रिश्तों की सिलाई अगर भावनाओं से हुई तो रिश्ता टूटना मुश्किल है और अगर स्वार्थ से हुई है तो टिकना मुश्किल है अगर लोग अच्छाई को कमजोरी समझते हैं तो वह उनकी समस्या है आपकी नहीं आप जैसे हैं वैसे बने रहिए। क्योंकि लोगों को अच्छाई में भी बुराईयाँ धुंधने की आदत होती है। जब तक इंसान आँखों के सामने होता है तब तक इंसान का मूल्य समझ में नहीं आता। कोई जीवन में आगे बढ़ता हुआ किसी से देखा नहीं जाता वह उस व्यक्ति को पीछे लाने के लिए तत्पर खड़ा होता है। न कोई किसी का हालात समझता है न जज़्बात।

**पूजा सचिन धारगलकर**

एम.ए. हिन्दी

द्वितीय वर्ष





# ‘सकारात्मकता’ - एक कौशल देन



मानव यह हमेशा द्वंद्व की जिंदगी जीने में अपना योगदान देता है। चाहे कोई भी परिस्थिति हो, उसे मात देने के लिए वह अपने सहनशीलता को किसी कोने में बंद कर देता है और सिर्फ अहंकार, घुस्सा, या घृणा, इन स्वभावों से उस परिस्थिति का अंत करना चाहता है। मनुष्य कितना भी विद्वान क्यों न बन जाए परंतु उसके पास अगर ‘सकारात्मकता’ का कौशल नहीं होगा तो वह अपनी जिंदगी में यशस्वी पद को कभी हासिल नहीं कर पायेगा। भगवान श्रीकृष्ण ने भी कहा है- ‘विनाशकाले विपरीत बुद्धि’, यानि, जब पांडव और कौरवों के बिच महायुद्ध हुआ था तब, कौरवों की विनाशकाली बुद्धि ने उन्हें मृत्यु के दरवाजे पर लाकर खड़ा कर दिया था, परंतु, जो पांडव थे उन्होंने इस विपरीत परिस्थिति में भी सकारात्मक सोच को बढकरार रखा इसलिए वे विजय के सिंहासन पर विराजमान हो गये थे।

‘सकारात्मकता’ यह शब्द प्राचीन काल से लेकर वर्तमान काल तक एक महत्वपूर्ण भूमिका अदा कर रहा है। भगवान ने संसार की रचना की साथ ही मनुष्य जाति एवं प्राणी जातियों की भी रचना की लेकिन, सकारात्मकता का अनमोल भाग सिर्फ मनुष्य को ही ‘तोहफे’ के तौर पर दिया, जिसका मूल्य हीरों-जवारातों से भी बढकर है। मनुष्य जिंदगी में सुख के साथ-साथ दुःख के अनुभवों को भी जीता है, लेकिन, इन कठिन स्थितियों में वह स्थायी भाव से अपनी सकारात्मक बुद्धि को बनाये रखता है तो, वह अपने जिंदगी का बादशाह कहलाता है। जो मनुष्य सिर्फ नकारात्मक सोच को अपनाकर दूसरों पर भी उसे थोपने का काम करता है, वह हमेशा निराशा का स्वाद ही चकता रहता है। उसे अच्छाईपन की अपेक्षा अपना ही नहीं पाती। सकारात्मक सोच रखनेवाले मनुष्य हमेशा कामयाबी के स्तर पर अपना झंडा बुलंद रखते हैं। वह किसी भी परिस्थिति में अपने सकारात्मक सोच रखनेवाले

मनुष्य को जिंदगी जीने का सलीका बताते हैं और अपने अच्छाई के उसूलों को समाज में लाने के लिए निरंतर प्रयत्नशील रहते हैं।

समाज में हर विचार से प्रभावित होनेवाले मनुष्य का समूह होता है, उनमें या तो विद्यार्थी पद होता है, या तो संगीत कला में निपुण पद हो, या फिर, समाजहित में सक्षम मानव का पद हो, हर एक की सोच उनके स्वाभाव और परिस्थिति पर लागू होती है विद्यार्थी पद में कामयाब विद्यार्थी वहीं होता है जो, सकारात्मक सोच को अपनाकर शिक्षा को प्रगति के स्तर पर आगे ले जाता है। वहीं समाज सुधार के कर्ता भी सकारात्मक सोच से समाज को एक सभ्य समाज बनाने का सफल प्रयास करते हैं। सकारात्मकता के साथ नकारात्मकता का भी समावेश होता है, तभी मनुष्य के दिलों-दिमाग पर नकारात्मक विचारों का ज्यादा प्रभाव पड़ सकता है। उदा: के तौर पर, जाति व्यवस्था की बात की जाए तो ‘लता मंगेशकर’ यह एक प्रसिद्ध गायिका के रूप में है, वह असल जिंदगी में ‘कलावंत-जात’ की होने के कारण, नकारात्मक सोचवाले लोगों द्वारा उनको समाज में बहिष्कार होना पड़ा था लेकिन, उन्होंने अपनी सकारात्मकता को निरंतर बनाये रखा इसलिए, वह आज संगीत क्षेत्र में एक यशस्वी ‘गायिका’ के तौर पर जानी जाती है।

एक देश की सुरक्षा को बनाये रखने के लिए ‘सकारात्मक-सोच’ का होना आवश्यक माना जाता है। घटना के तौर पर - १८ सितंबर २०१६ में जब पाकिस्तान के आतंकवादियों ने भारत देश पर हमला बोल दिया था, तो, उन्हें प्रतिउत्तर देने के लिए सकारात्मक सोच को अपनाकर २९ सितंबर २०१६ को भारतीय सेना ने

पाकिस्तान अधिकृत कश्मीर में आतंकवादी लांच पैड्स पर 'सर्जिकल-स्ट्राइक' किया था। भारत देश द्वारा उठाया यह कदम, सकारात्मक दृष्टि से अन्य देशों को 'भारत की शक्ति' का एहसास दिलाने का एक ठोस कार्य करता है। यह सफलतापूर्वक उठाया कदम भारत के इतिहास में एक स्मृतिपूर्वक चिह्न की तरह सदैव बना रहेगा।

सकारात्मक सोच को स्वभाव में लाने के लिए मनुष्य को सहनशील भी बना रहना चाहिए, जिससे वह अपने ऊपर आए संकटों का सामना सही विचार-पद्धति से कर सकेगा। जैसे की आज-कल दुनिया में 'कोरोना-वाइरस' का कहर मचा हुआ है, जिसने पूरी सृष्टि को अपने कहर से हिला कर रख दिया है। यह विषाणु चीन में पैदा हुआ जिसने बाकी सभी देशों को अपने चपेट में ले लिया है। जिस देश ने सकारात्मक सोच न अपनाकर इस विषाणु को हल्के में लिया उन देशों में मनुष्यों की मरने की संख्या बढ़ती ही जा रही है, लेकिन, भारत जैसा देश जहाँ समुह के तौर पर ज्यादा आबादी है, वहाँ पर भी 'कोरोना-विषाणु' का कहर मचा हुआ है लेकिन, भारत के माननीय पंतप्रधान 'नरेंद्र मोदी' जी ने इस विषाणु पर भारत का दरवाजा खटखटाने से पहले ही उपाययोजना शुरू की जिसके तहत २२ मार्च २०२० को पूरा भारत देश 'लौकडाउन' किया गया जिससे, मनुष्य का संपर्क कम होने के कारण कोरोना-विषाणु का असर अन्य देशों की तुलना में जल्द ही काबू में लाया गया है। यह भारत देशवासियों की सकारात्मक सोच का प्रभाव है।

सकारात्मकता का मनुष्य में होना सफलता का मंत्र माना जाता है और नकारात्मकता का होना मनुष्य के अवगुणों को कुंठित सोच द्वारा दर्शाने का विफल प्रयास माना जाता है। जिंदगी के मार्ग को सफल एवं आनंदमयी बनाने के लिए 'सकारात्मकता' शैली का अत्यंत आवश्यकता के स्तर पर उचित प्रयास माना गया है।

**अपेक्षा अशोक फोवकांडे**  
एम.ए. द्वितीय वर्ष (कला)



## रिश्ते



अजीब है यह रिश्तों के खेल  
जहां हर इमोशन हो जाते हैं फेल।

कौन है अपना, कौन पराया  
यह भेद आज तक समझ न आया,

जिसे हमेशा समझा अपना  
उसने तोड़ा हर सपना,

जिसे झुठलाया समझ पराया  
उसने मुश्किल में बन सहारा  
सही गलत का बोध कराया।

धरे रह जातें हैं रिश्ते सारे,  
जब कोई हो मुसीबत में  
और वह जिंदगी की बाज़ी हारे।

बदलते समय के साथ बदले रिश्तों के मायने  
और बदले रिश्ते निभाने के कायदे,  
क्योंकि टूटते हैं सभी हर रिश्ते में अपने फायदे।

अजीब है यह रिश्तों के खेल,  
जहां हर इमोशन हो जाते हैं फेल।

आज रिश्ते निभाये नहीं झेलें जाते हैं,  
अपनों के खिलाफ ही खेल खेलें जातें हैं।

**आयेशा यादव**  
तृतीय वर्ष कला



# कुछ खेरंगा लम्हे



ठहर गयी कुछ इस तरह से ज़िन्दगी मेरी  
जिस दिन से तुम्हे देखा है  
उस दिन से तुम्हे पाने की  
हसरत सी जगी है

ये वक्त का खेल है  
न जाने कितने इसकी  
आड़ में आएंगे  
खुद को नशे की जाम में डूबा कर  
दूसरों को नशा करने से  
रोक रहे हैं

हवाओं ने भी अपना रुख बदल दिया  
अपनों ने भी अब मेरा साथ छोड़ दिया  
फ़िज़ाओं ने भी अपना मुंह मोड़ लिया  
लफ़्ज़ों को बयां करना  
कुछ इस कदर मुश्किल हो रहा है  
जिस तरह से किसी  
बंजर ज़मीन पर फसल उगाना

ताजगी का एहसास हमें उस वक्त होता है  
जब मन के अंदर की सारी परेशानियां  
मिट जाती है  
जिस तरह से ओस की बूंदें  
एक अच्छी सुबह का एहसास देती है  
उसी तरह से एक नया रिश्ता  
एक नया एहसास देता है

**आसमा पटेल**  
द्वितीय वर्ष कला





# भारत की बेटी

माँ, जब जब घर की चौखट के बाहर कदम रखती हूँ,  
तब तब जीते जी मरने का गम सहती हूँ।  
भूखे दरिद्रों की भीड़ में अपने आप को अकेला पाती हूँ,  
घर से बाहर क्यों निकली इसी बात पर पछताती हूँ।

माँ, जब भी मेरा मन अपने पंख  
फड़फड़ा कर उठना चाहता है,  
मेरी आजादी को दुनिया की नजर न लग जाए  
बस यही सोचकर पिंजरे में ही रहने का मन करता है।

माँ, बाहर निकलने पर मुझे कोई क्यों टोक देता है?  
ऊँचाइयों को छूने से मुझे कोई क्यों रोक देता है?  
माँ, मेरे मेकअप मेरे कपड़े मेरे गहनों पर  
क्यों उठते बड़े सवाल हैं,  
आज राह चलते गुंडों की क्यों इतनी बढ़ गई मजाल है।

माँ, जब भी दौड़ी-दौड़ी तेरे पास आती हूँ,  
तेरे आंचल की छाँव की जगह  
सवालियों का कहर क्यों पाती हूँ?  
माँ, तूने मुझे चलना क्यों सिखाया इस बात का रोज  
मैं मातम मनाती हूँ,  
मुझे चलना ही नहीं आता  
इसी बात से अपने आप को समझा लेती,  
अंधेरी कोठरी को ही अपना घर बना लेती।

पर बस माँ, अब हमने बहुत सह लिया,  
इस अत्याचार वाले आग में खुद को बहुत जला लिया,  
अब आजादी हमसे दूर नहीं  
कसम भारत माता की उसकी बेटी कमजोर नहीं।

हाँ, अब वक्त आ गया है सीता और द्रौपदी की  
विवशता छोड़ दुर्गा का रूप धरने का।

**स्वाती कुमारी मिश्रा**  
प्रथम वर्ष विज्ञान





## सड़क किनारे बच्चे

चलो उस शहर में, जहाँ हवाएँ कई राज छुपाती हैं,  
जहाँ नम पलखे गीत कई गुनगुनाती हैं  
फिर भी आंखों की चमक राज कई बतलाती हैं ।

वहाँ फिक्र नहीं है कल की ।  
नाही कल का पछतावा है,  
उन नन्ही आंखों में तो देखो जरा,  
जहां पूरे विश्व का साया है ।  
शिकायत नहीं उन्हें कोई ,  
ना ही किसी झूठी आस में जीते हैं,  
मरते नहीं वे मगर जहर हर रोज ही पीते हैं ।

घर का पता मत पूछो उनसे,  
दो वक्त वक्त की रोटी पर दिवाली,  
नन्हे कंधों पर बोझ कुछ यूँ टंग जाते हैं,  
बोतल की टनटन बोरियों से,  
मानो उनका हाल बताते हैं ।

स्कूल नहीं उनकी नसीब में पर पढ़ने के सपने हैं  
पाव हैं उनकी जमीन पे,  
पर आसमान में उड़ने के सपने हैं ।  
बदनसीब और गरीब है ना वह,  
नहीं खुदा के भी अपने हैं ।

गलती नहीं उनकी बेहक बदनाम हो जाते हैं,  
बंदूक, चरस, गांजा उनकी ही गलियों से होकर जाते हैं,  
लोग जुर्म कहीं और हैं करते दोष उनके ही भाग्य जाते हैं ।

राजनीति में भी पीछे नहीं,  
राजनेताओं के पसंदीदा खिलवाड़ हैं ।  
यहां ढोल है इनकी बजती  
किसी और आंगन त्योहार है ।

मौसम भी है वक्त से बदलता,  
पर उनकी किस्मत में वह बात कहाँ,  
है गर्मी में झुलसने, वर्षा में फिसल जाते हैं,  
है उनकी यही कहानी यूँ ही दफन हो जाते हैं

तुम्हारी आंखों में वे कहीं खटकती तो नहीं?  
उनकी किस्मत पर तुम कहीं हंसते तो नहीं ?  
उन्हें दो रोटी देने को तुम कहीं झिझकते तो नहीं?

स्वाती कुमारी मिश्रा  
प्रथम वर्ष - विज्ञान



# सीख

सरहद पर तैनात हर वीर जवान  
चिल्ला चिल्लाकर कहता है  
किस्मत तू क्यों खफा हो गई?  
भारत तेरी क्या दुर्दशा हो गई?

राजनीति के सब यहाँ आशिक हैं  
तेरे आंचल को क्यों संभाले ?  
बस तेरी याद में राजगद्दी के प्यार में,  
छल प्रपंच सब रचना है ।

अरे वो वोट के सौदागर हिमालय के छाँव में जाकर देखो,  
ठंड नहीं तीव्र तपन से मर जाओगे,  
अब हिमालय के अंक में बर्फ नहीं अंगारे हैं ,  
वीर सपूतों की चिता की अगन अभी शांत नहीं हुई ।

हिमालय पर इतना खून गिरा कि,  
अब हिमालय सूर्य की लालिमा से घबरा जाता है,  
हिमालय से बहने वाली नदियाँ,  
जल नहीं अश्रु भरकर लाती हैं,

बस एक ही प्रश्न दोहराती हैं,  
'क्या अपने स्वास्थ्य के लिए,  
अपनी माता को ही नोच कर खा जाओगे?'

सीख लो किसी से भी सीख तो कोई तुच्छ नहीं ,  
तुच्छ तो बस हमारी सोच है  
वरना अपने कार्य के प्रति समर्पण  
आतंकी भी दिखलाते हैं,  
दूसरों के अहित के खातिर अपना सुख-चैन  
भूल कर अपनी जान तक गवाते हैं ।

है प्रार्थना हर जीवो से, अपनी शक्ति व्यर्थ ना गवाएँ ।  
प्रति युद्ध अटल है फिर भी अपनी शक्ति  
भारत की प्रगति में लगाएँ ।  
गरीबी, भ्रष्टाचार, अत्याचार का अस्तित्व जड़ से मिटाएँ,  
संविधान के प्रति अपना कर्तव्य निभाते हुए भारत की प्रगति  
को अंतरिक्ष तक ले जाएँ ।

**स्वाती कुमारी मिश्रा**  
प्रथम वर्ष विज्ञान







## बेकरार दिल

न जाने क्यों ये दिल बार बार तुम से ख़फ़ा हो जाता है  
न जाने क्यों ये दिल बार बार तुम्हे देखना चाहता है  
झुकी हुई नज़रों से देख लेना  
अब मेरी आदत सी बन चुकी है  
जीन झुकी नज़रों से तुम्हे सरहाना अच्छा लगता है

बड़ी मुश्किल लगी तुम्हारा ध्यान अपने तरफ़ लाने को  
क्या करूँ कमबख्त ये दिल मानता ही नहीं  
तुम से दूर रहने को  
मजबूरी है मेरी तुम से बात न करने की  
फितरत नहीं है मेरी तुमसे मुह फेरने की

ज़ालिम हो तुम ना समझ हो तुम  
न जाने क्यों मुझे इतना तड़पा रहे हो तुम  
एक बार कह भी दो क्या चाहते तुम  
नहीं चाहते हो तुम के मैं गर हमसफ़र न बनू तुम्हारी  
एक बार कह भी दो  
मैं रास्ते का कांटा भी नहीं बनूँगी तुम्हारे

अगर मिल जाओँ तुम्हे कभी किसी भी मोड़ पर  
एक बार मिलकर हाल ज़रूर पूछ लेना  
कब से बेकरार बैठा है ये दिल  
कब से बेकरार बैठा है ये दिल

आसमा पटेल  
द्वितीय वर्ष कला





## सकारात्मक सोच

ना जाने हम बिना वजाह नकारात्मक चिजे क्यो सोचते है ?  
हमे नकारात्मक सोचने से मिला ही क्या है ।  
बिना कुछ मिले ही हम नकारात्मक सोचते है ।  
और परेशान होते है ।  
अगर मिलते तो कितना नकारात्मक सोचते ?  
सोचो कुछ ऐसा जिससे आप सफलता की ओर जाओ ।  
सोचो कुछ ऐसा जिसे आप खुश रह सके और औरोको  
भी खुश रखना सिखो ।  
सकारात्मक सोचोगे, कोशिश करोगे  
तो जिंदगी मे आगे बढोगे ।  
नकारात्मक सोचोगे तो जहा थे वही रह जाओगे ।  
उम्र बिना रुके सफर कर रही है ।  
जिंदगी बहुत कुछ सिखाती है,  
कभी हसाती है, तो कभी रुलाती है ।  
पर जो हर हालत मे सकारात्मक सोच कर  
कोशिश करते है ।  
वह हर हाल मे खुश रहते है ।  
और जिंदगी उनके आगे सर झुँकती है ।

नाजरिन बानु



## हम कोरोना नहीं, इंसान है।

दुनिया ने क्या करिश्मा दिखाया,  
कई अपनों के दुखों से वाकिफ़ कराया ।

किसी ने अपनों को खोया,  
तो किसी ने उनके दुखों को महसूस किया ।

आखिरकार दोनों ने रिश्तो के एहमियत  
पर ही ला खड़ा कर दिया ।

सिपाई और डॉक्टर, साथ हमेशा रहेंगे हम  
लेकिन इस साथ में कई अपने हो न जाएं कम ।

साथ मिलकर चलेंगे हम, कई हौसले पड़ न जाएं कम ।  
साथ तुम्हारे है हम,

चाहे रहते बॉर्डर पार हम । साथ मिलकर निभाएं गे कर्म,  
देश के लिए कुर्बान हम ।

अनिशा कंबले  
तृतीय वर्ष छात्र





## ‘काल रात्री मी आभाळ बरसताना पाहिलं’



‘काल रात्री मी आभाळ बरसताना पाहिलं’  
राजा होऊन सिंहासारखं गरजताना पाहिलं  
जोर धरत वाऱ्यासोबत धुसफुसताना पाहिलं  
फुरगटून सुर्यावरती रुसताना पाहिलं  
डगाआड गुडूप होऊन मुसमुसताना पाहिलं  
काल रात्री मी आभाळ बरसताना पाहिलं  
वेड होऊन गडगडाटी हसताना पाहिलं  
येरे येरे पावसा म्हणता फसताना पाहिलं  
गढूळ पाण्यात कागदहोडयांत बसताना पाहिलं  
काल रात्री मी आभाळ बरसताना पाहिलं  
गच्च हिरव्या शेंड्यांमधून उंडरताना पाहिलं.  
अल्लड विद्युल्लतेसंगे हुंदडताना पाहिलं  
नागडं होऊन अंगणभर दुडुदुडताना पाहिलं  
काल रात्री मी आभाळ बरसताना पाहिलं  
मी काल रात्री आभाळाला डोळे मिटून पाहिलं  
क्षणभर माझ्या मुठीत घेऊन अलगद स्पर्शून पाहिलं  
माझ्यापुरतं माझं माझं आभाळ होऊन पाहिलं  
काल रात्री आभाळाला मी ‘आभाळ’ होऊन पाहिलं

श्रिया टेगसे  
तृतीय वर्ष, कला



## हे नाते!

अनोळखी अशा वाटेवर चालत सुटलो दोघे  
वाट चुकू नये म्हणून हात हातात घेतला  
अजाण वय, अनोळखी चेहरा

पण क्षणभर वाटलेला विश्वास!

मनात खोलवर असतात त्या आठवणी  
आणि त्या आठवणीत दरवळणारा तो सुगंध  
क्षणोक्षणी विचार चालूच

पण क्षणभर वाटलेला विश्वास!

प्रश्न एकच पडतो की का घडलं हे सारं?  
का तुझी सोबत हवी हवीशी वाटली?

मनात आहेत अनेक प्रश्न

आणि त्यांची न पटणारी उत्तरं!

तुझ्यावरचा विश्वास हाच माझा श्वास!

तुझी सोबत अशीच राहावी हीच इच्छा!  
हातातला हात कधीही सोडणार नाही

तुझ्या मनातली मी कधीच पुसली जाणार नाही!

जग अनोळखी, पण फक्त मला हवी  
तुझी साथ! नेहमी!

मी अपूर्ण तुझ्याशिवाय अन्

तू माझ्या अस्तित्वाशिवाय!

खूप खूप प्रेम!

शर्वरी भावे



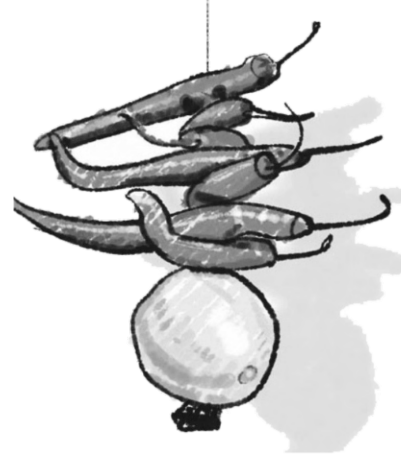


## आंधळ्या श्रद्धेला मिटवावे

मानवतेच्या मंदिराला  
सर्वप्रथम पुजावे  
तुम्ही-आम्ही साऱ्यांनी  
आंधळ्या श्रद्धेला मिटवावे

भुकेल्याला न देता दूध  
पिंडीवर का असे ओतावे ?  
मनातल्या अशांतीला  
का त्या शनिवर लादावे ?  
का जुन्या परंपरेसाठी  
बुरख्याला त्या ओढावे ?  
श्रद्धेच्या नावाखाली  
नाहक बळी ते टाळावे  
तुम्ही-आम्ही साऱ्यांनी  
आंधळ्या श्रद्धेला मिटवावे

कुंडलीतल्या दशेमधले  
राहु-केतू कधी सापडावे ?  
का त्या शापित कावळ्याने  
आत्म्याचे ओझे वहावे ?  
न जमणाऱ्या लग्नासाठी  
मंगळाला मध्ये का घालावे ?  
काहीही विधी न करता  
काळाच्या सर्पाने जावे  
तुम्ही-आम्ही साऱ्यांनी  
आंधळ्या श्रद्धेला मिटवावे



का त्या नैसर्गिकतेला असे  
विटाळ म्हणून हिणवावे ?

केलेल्या झालेल्या दुष्कृत्याला  
पावन गंगेने का धुवावे ?  
का आपल्या पापाचे ओझे  
देवाच्या पुत्रानी वहावे ?  
का धर्माच्या संकल्पनांना  
कोवळ्या मनांनी भरावे ?  
तुम्ही-आम्ही साऱ्यांनी  
आंधळ्या श्रद्धेला मिटवावे

देवाच्या दिखारु श्रीमंतीला  
का म्हणून आपण भुलावे ?  
अपराधी अशा मनाला  
का देणगीखाली पुरावे ?  
परंपरांच्या गोंडस नावाखाली  
भोंगळ सण ते टाळावे  
वेड्या खोट्या श्रद्धेपाई  
देवाचे अंश का तरंगावे ?  
तुम्ही-आम्ही साऱ्यांनी  
आंधळ्या श्रद्धेला मिटवावे.

प्रथमेश पांडुरंग सामंत



## सावित्रीची लेक तू ! स्त्री शक्ति



सावित्रीची लेक तू!

आत्मसन्मानाची ज्योत  
हाती घेऊन  
अडथळ्यांना लाथाडून  
सदैव पुढे जा तू

सितेची उपेक्षा  
तू लाव आता धुडकावून  
नको हतबलता त्या द्रौपदीची  
विचार जाव तू खडसावून

अबला तू, सबला तू  
नको अडकवूस स्वतःला  
आता त्या विशेषणात तू  
झाशीच्या राणीची शक्ती तू  
मिराबाईची भक्ती तू  
वात्सल्याची सिंधुताई तू  
घराघरातली मुक्ताबाई तू  
ओठांवरची जना तू  
बहिणाबाईच्या मनात तू  
शान्ताबाईच्या हृदयात तू  
लतादिदींच्या सुरात तू

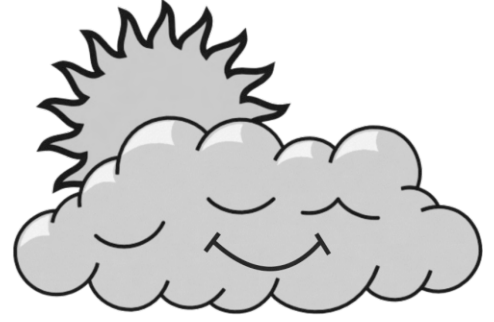
घे भरारी तू कल्पनेची  
घे जगण्याच्या शर्यतीत धाव  
स्फूर्ती घे त्या उपेची  
स्पर्धेच्या संग्रामात  
टिकण्यासाठी

शपथ तुला त्या रझियाची,  
अहिल्याबाईचं रूप तू  
जिजामातेचं स्वरूप तू  
तुझं आईचं काळीज  
घेऊन जाताना  
पडलेल्या मुलाच्या वेदनेने  
हळहळणारी माता तू  
मानवतेची जननी तू  
पण रहा सदैव मानिनी तू.

- प्रथमेश पांडुरंग सामंत



## निळ्या नभाचे वेडसर चाळे



निळ्या नभाचे वेडसर चाळे  
निळसर अम्बर क्षणात काळे  
निळ्या अंगणी उनाड खेळे  
विश्वपाळ त्या रूप सावळे

या अंबरा तीट काजळी  
दृष्ट काढते छटा सावळी  
नटखट लीला हळवी आई  
ममतेने तान्हुल्या हाळी

धरा यशोदा सादवताना  
दाटून येई अम्बर कान्हा  
वात्सल्याने कुशीत शिरता  
वसुंधरेला हिरावा पान्हा

श्रिया टेंगसे  
तृतीय वर्ष, कला



# पिंजरा



का दुसऱ्यांच्या विचारांच्या पिंजऱ्यात स्वतःला  
अडकवावं?  
का त्या बंद पिंजऱ्यातच स्वतःला बंदी बनवावं?

का व्यक्त करू नयेत समाजाच्या भयाने विचार स्वतःचे?  
का दाबून ठेवावे स्वतःला कोणी काय म्हणणार या  
भयाने?

‘मी काय बोलावे; कधी घरी यावे’ हे दुसऱ्यांनी का मला  
सांगावे?  
माझ्या आयुष्याचे निर्णय मी समाजाच्या कायद्याप्रमाणे  
का घ्यावे?

कोणत्या ह्या ‘समाजाला’ एवढे आपण भितो?  
विसरू नका आपल्यामुळेच तर समाज हा बनतो.....

नका निवडू समाजाचे कायदे; निवडाच जर निवडायचे  
विचार स्वतःचे  
उडा त्या मुक्तफुलपाखरासारखे आणि निवडा स्वतःच,  
फूल स्वतःचे

विचार करा जरा, दूर समाजाच्या पिंजऱ्याच्या राहून  
घ्या आकशभरारी अशी, स्वतंत्र विचारांचे पंख लावून.

मयुरी वेलेंकर  
प्रथम वर्ष, विज्ञान



## भावना मनाच्या.....

का कुठून असे मनात विचार येतात?  
का मनाला असे हळवे करून जातात?  
वाटते आतून कधी कधी, खूप खचून गेल्यासारखे,  
बोचते, सलत राहते, कधी कुणीतरी बोलून गेलेले. ....

तुला का वाटते, समजणार नाहीत मला तुझे कावे?  
का उमजणार नाहीत, तुझे ते अस्वस्थ चाळे?  
लाख ठरवते असेच कैकदा,  
न अडकायचे आता तुझ्यात पुन्हा?  
का मग असे फसून जाते जाळयात पुन्हा,  
समज ना मना माझ्या मनाची भावना.....  
माझ्या मनाची भावना

प्रणाली नाईक  
द्वितीय वर्ष - कला



## माणूसकी संपली काय?

भूकेने व्याकुळलेल्या त्या जीवाला  
आशा आम्हीच दाखवली  
आणि शेवटी त्या जीवांचा विश्वासघातही आपणच केला  
भयंकर इतके दोन जीवांचे शोषण केले  
तडफडून शेवटी दोघेही मेले

का माणूस एवढा स्वार्थी असतो?  
का फक्त स्वतःचाच फायदा बघतो?

ती बिचारी हळहळली  
पाण्यात स्तब्ध उभी राहिली  
अननसाच्या आशेने बिचारी जीवाला ती मुकली  
कळून चुकलं असेल तिला की,  
माझे हे चुकलेच  
माणसावर विश्वास टाकला  
भूकेसाठी.....  
पण त्या आतल्या जीवाचं काय?

परत एकदा आपली वृत्ती आपण दाखवून दिली  
प्राणीमात्रांचा विश्वास संपेलच असं कृत्य केलं  
पण तिला मात्र आता पश्चाताप नाही त्याचा  
उलट तिला आनंद झालाय की,  
अशा जगात तो जीव जन्माला आला नाही त्याचा

हे जग खोटे आहे, असत्य आहे, भयावह आहे  
तिचे भाग्य आहे खरे म्हणजे की,  
निदान ती तरी इथे नाहीए  
ती वर स्वर्गात आहे.....  
सत्याच्या दुनियेत  
माणसांपासून दूर!



माणूस खूप शिकला  
निसर्गाला आव्हान देऊ लागला  
पण प्रगत प्रगत म्हणवणारा तो  
त्या जीवाला परत कुठे आणू शकला?

काय मागितलं होतं त्या जीवानं?  
काय चूक होती यात तिची?  
भूक लागणे हे पाप का असतं?  
त्याची शिक्षा म्हणून आपण हेच फळ का त्याला द्याव?

शेवटी आपणही जनावंरच!  
पण आपल्यात आणि त्यांच्यात खूप अंतर आहे.  
आपण मर्यादा ओलांडल्या  
उन्मत्तपणा दाखवला  
श्रेष्ठत्व गाजवलं  
सूड घेतला त्या जीवांचा!

जिंकलो असू आपण स्वतःसाठी  
पण देवाच्या दरबारात मात्र आपण सर्वस्वी हरलो  
माणूसकीला मुकलो  
चुकलोच आपण

शर्वरी भावे  
द्वितीय वर्ष - कला







## कोणते हे स्वप्न माझ्या अंतरी स्वप्नाळले

कोणते हे स्वप्न माझ्या अंतरी स्वप्नाळले?  
काल माझ्या उंबऱ्याशी चांदणे रेंगाळले

सांजभेटी पावसाळी भिनवले तू काय त्या?  
गीत श्वासांतून माझ्या का तुझे गंधाळले

रंग कुठला ओढणीला, तू दिला होता तुझ्या?  
चित्त माझे त्याच रंगी आजही रेंगाळले

घेतला तू कोणता आहे व्रताचा वारसा  
बघता ह्या जन्मगाठी घर असे तेजाळले

श्रिया टेंगसे  
तृतीय वर्ष, कला



## शर्यत ही जीवनाची

स्वप्नांना नसते लांबी-रुंदी  
स्वप्नांना असते उंची  
पूर्तीसाठी हवी स्फूर्ती  
अन् जिद्द हवी ती मनाची

उपयोगाचा नाही तो  
नुसताच पोकळ ध्यास  
यश मिळवायचे असेल  
तर हवा मग अभ्यास

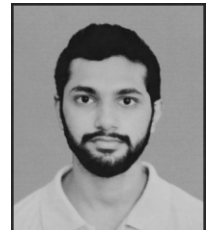
प्रामाणिकपणे आपण  
करत रहायचे प्रयत्न  
यश मिळेल नाही मिळेल  
नाही करायची खंत

प्रयत्नांत नको धरसोड  
हवे नेहमी सातत्य  
भान नाही हरवायचे  
नाही सोडायचे तारतम्य

का पडावे कधी आहारी?  
फसवे ते मार्ग भ्रष्ट  
आनंदी मनाने सोसावेत  
जितकेही पडतील कष्ट

जिवनाच्या ह्या शर्यतीला  
नसतो कधी अंत  
उघड्या डोळ्यांनी पहावं  
अन् मन ठेवावं शांत.

प्रथमेश पांडुरंग सामंत



## हे सूर्यपुत्रा.....

हे सूर्यपुत्रा,  
तूच पचवलेस असंख्य पेले,  
अपमानाचे, निंदेचे, दुःखाचे, यातनांचे  
जोडलेस अमाप 'मैतर' जीवनाच्या काव्यहोत्रातून

ज्ञानचक्षू उघडे ठेऊनच  
घूमत राहिलास  
लोकवेदातून, अध्यात्मातून, पुस्तकांच्या पानापानातून  
'अक्षर' शब्द विश्वाच्या विद्वानातून  
मन अंतरंगाचा वेध घेणारा तूच खरा रे आदित्यचक्षू

समाज मनाचे उघडे-नागडे वास्तव  
आत्मभानाचा वेध घेत तूच आणलेस जगासमोर  
कधी उच्चारलेल्या शब्दा शब्दांतून 'अक्षर' लेखणीतून  
आणि कुंचल्याच्या फटकाऱ्यातून!

अनंत अंगाची ज्ञानसाधना अनेकरूपी ग्रंथसंपदा  
तुझीच होती ताकद आणि श्रीमंती!  
उच्चारलेल्या शब्दातून प्रकट व्हायचा बृहस्पती. ....  
न जन्मूनही ब्राम्हणाघरी तूच प्राप्त केले 'ब्राम्हण्य'  
मराठी वाणीला देववाणी करून!

तुझ्या शब्दांना मातीचा वास आहे,  
मातीचा ध्यास आहे  
आध्यात्माची कास धरून लोकवेदाचा साज आहे  
आता काव्यक्षेत्रात नाही रे खळाळत दूधसागर  
सह्याद्रीच्या मुखतून,  
नाही रे मांडवी सूर धरत  
सागराच्या लाटातून

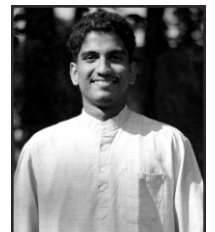
हे सूर्यपुत्रा,  
तूच मांडलास उभा दावा,  
जातीपातीविरुद्ध,  
तुझ्या शब्दा शब्दातून  
उच्चारलेल्या वणव्यातून  
तूच चेतवलेस विझलेले अंगार  
उधळलीस फुले साहित्यप्रांगणात  
पण अजूनही बंद आहेत रे  
गर्भकुडीची दारे!

विश्वात निर्मिलेली अनंत उर्जा  
नाही पेलवली ब्रम्हांडाला  
ती विस्तारत गेली तुझ्यातच  
शब्दा शब्दांचे अंगार बनत  
म्हणूनच  
मराठीचा मानदंड उंच उभारून  
तूच पुकारलास ललकारत  
शब्दा शब्दांचे सामर्थ्य गाजवत

लोकसदन दुमदुमून सोडलेस  
तो मायमाऊलीचा मराठी गजर  
तूच केलास रे सूर्यपुत्रा

तुझ्या जाण्याने थरथरला वर्तमान  
भूत आणि भविष्यकाळ  
निर्मितीच्या उदरात काय दडले असेल नवनिर्माण?  
तुझ्याच आदित्यचक्षुने पाहिले तर  
निर्मिती आकरत असेल  
बहुजनांच्या उद्धाराचा मूलमंत्र  
सूर्यपुत्राच्या रूपाने!!

कृष्णा पालयेकर  
द्वितीय वर्ष कला शाखा





## CANNOT IMAGINE MY LIFE WITHOUT ART

“Every child is an artist. The problem is how to remain an artist once we grow up,” said Pablo Picasso. From my fantasy of organizing art exhibitions under cashew trees to curating two refined exhibitions successively giving a platform for professional, amateur, and budding artists is a dream come true. “Art is a whisper of an era of life,” says Subodh Kerkar, director of Museum of Goa. Art, therefore, includes anything that deliberately and inadvertently describes the past. Art is an expression of one’s emotions through creative activities like painting, music, literature, and dance. Art allows me to create pieces that heal and perfect me. I cannot imagine my life without art.

Therefore I started this journey of curating art exhibitions by attending them hosted by prominent artists like Vinaya Suvarna a retired teacher from Bangalore who paints as her retirement plan, Sandilya Theuerkauf from Kerala, Subodh Kerkar and Mohan Naik from Goa. To observe the variety displayed I visited art galleries like Kynkyny – Contemporary Art Gallery, Peepletree Art Gallery, Karnataka Chitrakala Parishath, Carpe Diem, Museum of Christian Art, Museum of Goa, and Sunaparanta: Goa Centre for the Arts. This gave me the momentum to go forward and curate the two exhibitions. The first exhibition was held in 2019 titled as, “Passion for Christ” which was held during the lent season, and the second was held in February 2020 titled, “See the Sea.” Both these exhibitions were thematic and had a storyline of their own.

The first exhibition was more of a Christian Art exhibition with a passion for Christ displayed by four artists. The second exhibition was a collection of the blend of colours with their peculiar style by seven artists Rev. Fr. Peter

Mendes, Rev. Fr. Lodovico Godinho, Uzma Khan, Avril Vaz, S. C. Jashmi, Kelly Noronha, and Isaac Hussain displaying their rumination on the sea. Each of the artists used challenging mediums to create masterpieces that struck a chord in every art lover.

Savia Viegas (renowned author and artist) had consented to be the Chief Guest for the inaugural of the exhibition and she stated that this was a wonderful initiative giving a platform for Goans and Indians at large, artists and non-artists to come together engaging in creative thinking especially when the Indian society is in these troubled times. She believes that all of us are artists but we need to hone the talent to get better. Isaac Hussain was happy to engage with people of the same interests which he felt opened up new opportunities for him. Fr. Peter was enforced to study in his younger days saying that formal education is vital. But his passion to paint got him to unearth it and he liked the process. He has participated in four exhibitions to date and he says, “I cannot believe my eyes.” For S. C. Jashmi it was the first exhibition that she participated in which gave her the opportunity to meet talented artists from Goa.

The art lovers who came to view the displayed artwork felt that the exhibition was unique and contained variety. Namisha Pinto (Fashion designer based in Goa) believed that “many artists do not get to exhibit their artworks and this exhibition was a stepping stone for the developing self-taught artists to make a mark.”

Apart from curating the exhibitions, I am also passionate about writing and therefore the present lockdown has been quite enriching for me so far as my writing is concerned. I can reflect and reason on various issues and contribute my ideas for change. The journey has just begun; the best is yet to be.

**Carlos Luis**  
M.A. Literature





# Positive Mindset #Lockdown

Since the month of December 2019, human race has been threatened by a microvirus which has been now termed as COVID-19. The inception of this disease began in a city in China and has now spread across the global claiming the lives of many and separating loved ones. On the 11<sup>th</sup> March 2020, WHO declared the outbreak as a pandemic and by then almost every country began to enforce a lockdown for the welfare of the citizens.

As a citizen of Goa, your dominant emotion could have been anger that is towards the unpredictable

decisions made by the government without considering the needs of lay people. Moreover, the extension of the lockdown must have triggered worries and frustration in your mind. Living in the midst of your home with rationed vital food and restricted human contact leaves you with no choice rather to befriend **social media**. The bright side of this is that it creates a platform to share contributions that can edify and encourage others. For example, I came across few of my friends who using their skills such as painting positive quotes, writing blogs, covering songs etc. and shared it in the form of



videos or images on different platforms such as Instagram, Facebook and WhatsApp. These in turn encouraged me and gave me a way to spread positivity through such posts. Hence, choosing information that is helpful and uplifting can be helpful to maintain the well-being of your mind and body. However, as it is said that too much of anything is not good therefore, too much time spent on social media can negatively affect emotions and moods.

Apart from that, frequent and drastic changes in your routine such as sleep and eating patterns, work and study schedules for a longer period

time not only decreases your productivity but also affects your emotions, thoughts and immune functioning. Uncertainty or worries about career prospects,

jobs, internships, exams, economy and other such concerns further leads to more frustration. '**Stress**' a term given by Selye (1956), it is an outcome of anything that threatens homeostasis such that the individual perceives that the resources for coping are unhelpful in the presence of the stressors (Lazarus & Folkman, 1984). According to evolution, the response towards an immediate stressful event is beneficial for survival but, if the intensity and duration of stress lingers on, it takes a toll on the mind and immune system indirectly making one an easy target for disorders and diseases

(Segerstrom, S. C., & Miller, G. E., 2004).

Having said that, the psychological stress response includes negative thoughts and emotions (Cohen, S., Tyrrell, D. A. & Smith, A. P, 1991) and in the face of these crises, we are prone to prolonged and uncontrollable psychological stressors, the best we could do is fall back on our *protective factors* such as immediate family ties, talents or skills or activities such as dance, singing, art, cooking, gardening, exercise or sports, pray etc.

The first step to handling stress is, forming a timetable or routine for each day making sure of 5 to 8 hours of sleep, nutritious diet and consistency in eating patterns, integrating work, studies and other such recreational activities mentioned above. The WHO (2020), suggests some coping strategies for the stress caused due to the pandemic, one of which is reducing and limiting time given for watching news updates and making sure that the sources of news are authentic.

As the mind and body are interconnected, changes in one have an influence on the other. Research has proven that optimism improves physical and mental well-being hence ensures healthy living (Suzanne C. Segerstrom, et al., 1998). Cherry, K. (2017) has beautifully described positive attitude in the face of adversity, *“Positive thinking actually means approaching life's challenges with a positive outlook. It does not necessarily mean avoiding or ignoring the bad things; instead, it involves making the most of the potentially bad situations, trying to see the best in other people, and viewing yourself and your abilities in a*

*positive light.*” I think this is the best way to enjoy the lockdown and encourage others. Grabbing the moment and diving deep into your strengths and potentials, exploring and pursuing the interests and talents you most desired of is the first step.

Making the best use of every opportunity in order to reach out to people through simple gestures of kindness, appreciating people and good things in life, spending quality time in pray, with family members, pets and nature are few ways that I am using to be in a positive frame of mind. Thinking positive and detaching oneself from those people who are a source of negative stimulation is a conscious decision I make every day.

Lastly, this lockdown has helped me to be more productive than ever. I always wanted to learn the electronic keyboard but could not because of my studies. So, as I was seeing all kinds of online courses I thought why not search for a music course and so, thankfully God made a way through Udemy. Don't wait for the right moment to come but make every moment meaningful and productive by choosing positive thoughts even in the midst of stressful situations.

**Dias**



## BOOK DISCUSSIONS BREAKING BOXES

Sometimes it takes a book chat to make us realize that life is more than what we think it is. The 14<sup>th</sup> Book Chat by Parvatibai Chowgule College, English Tygers' Club, was held on *Funny Boy* by Shyam Selvadurai. Shyam Selvadurai is a Sri Lankan Canadian novelist who won the Lambda Literary Award for this fiction. *Funny Boy* is a tale about Arjie and his journey discovering his sexual identity. Although we celebrated proudly, the Pride Month, we are still to see a lot more happening concerning providing equal rights and recognition for the LGBTQ+ community.

If we did not take this book for discussion, perhaps we would have not attempted to understand what it is for people like Arjie, the protagonist of the novel, to discover their sexuality or identity. Society as we discussed, fashions us according to its norms. It shapes our thinking; it provides us ideas as to what we should aim at becoming and what we must be as male and female persons as rightly pointed out by Anupama Mehra, Principal of Navy Children School, Dabolim. The society nurtures and shapes us, and we become its humble yet proud products that we do not want to mould ourselves further.

We categorize people and their sensibilities into certain labels that victorious histories or powerful people have created in the past. The book opens our horizons to understanding that there is a lot more to life, than the already known categories of male and female. We cannot restrict gender to just these two categories. And if we limit ourselves to these two only, then we lack imagination as noted by Shubhaangi Thakur, an assistant professor of Chowgule College. Sadly, we do not want to think beyond our comfort zones nor allow others who want to think and live freely. Free in their ways of understanding and expressing their sexualities. Religions, for instance, have always

boxed human beings into categories. And religious leaders have sometimes been rigid to ideas related to sexuality and marriage.

Although many schools in Christian thought deny homosexual activity and orientation. Pastorally, the Catholic Church believes that we need to handle homosexual persons with more love and affection. Taking them into consideration and not ostracising them. Apart from its view of marriage being restricted to and between, male and female gender, the Church is very supportive of homosexual persons. No one's sexuality is invulnerable to sin, all of us are susceptible to sin, but what matters is that we dedicate ourselves, our friendships, and companionship to the muse of our lives. Homosexuality, the Church considers, is just an adjective that describes one facet of the person, one part of his or her whole human person. So we cannot stigmatize a person because he or she is a homosexual. The more we can, we need to understand this fact gradually and accept everyone as they are.

Loretta Rodrigues, a student of Chowgules, felt it was irrelevant of the homophobic people to ask the homosexual persons in the relationship as to who was a male or female in the relationship. The confusion or dilemma experienced by Arjie as he said, "I would be caught between the boys' and the girls' worlds, not belonging or wanted in either" (Selvadurai 38). And the rigid mentalities that he and the like of him face on day to day basis.

Our bodies are homes to us, but when we face internal and external conflicts, this home gets distorted. Individually we strive to understand ourselves and make efforts to reconcile with the world. But the world is ready to pounce and create all the more conflicts. Jude Fernandes, a student of MES College, Zuarinagar, said that what made him realize towards the end of the book is that nothing is permanent. For Arjie, he had everything; a house, parents, friends, and relatives. His father owned a luxurious hotel, but because of the Civil War in Sri Lanka between the Sinhala majority and Tamil minority, everything shattered. Unfortunately,

the society's rigidity and hard-heartedness have still left us handicapped.

Reading and discussing this book opened our horizons and left us thinking beyond the book. Devanshi Sharma, a bestselling author from Delhi, said that we ought to break from the stereotypes that we have lived with, created by the cinema that we watch, social media that influences us, music, television, and so on.

How shall we break through this? Finoshka Rodrigues, a student of Chowgules, felt that homosexuality, especially in Bollywood, is used as a comic relief until recently. Its representation is becoming authentic now. There is a dire need to present homosexuality in a more mature manner. Kimberley Monteiro, a counsellor of Rosary College, said just like Arjie, who grew from his beliefs in contrast to Radha Aunty in the novel, we need to grow from our beliefs. We need to learn to accept homosexual persons as they are and the homosexual persons should accept themselves as unique, which is difficult but not impossible, said Ryle Souto, a student of Chowgules. We are doing a lot to encourage students to express themselves, but a lot more has to be done. A lot of awareness has to take place among the students, teachers, etc. We must develop empathy and learn to accept rather than alienate the other person who feels different than us. Rujuta Borkar, an assistant professor of Chowgule College, said discussions such as these must be encouraged because they empower us, and the people around us. Finally, we may have concepts in our mind that we are clear about, but we ought to remain open to add and subtract our ideas and beliefs.

**Carlos**  
MA - Literature



## HAND SANITIZING - EVER THOUGHT IT COULD BE SO IMPORTANT?

One of the major issues these days in the society is sickness and diseases. The best way to reduce these



disease is to protect ourselves by keeping our hands clean. Parents also make sure their children sanitize or wash their hands after playing or touching any dirty objects before they have a meal or when they are at school. Adults too practice the same thing of using a dab of sanitizers when required to eliminate the germs causing sicknesses and practicing this will keep families healthier. To decrease the chances of getting sick, sanitizers are now found at the entrances of hospitals and health departments, providing an alternative for hand washing and reducing the transmission of germs and are hence used importantly and majorly in medical fields and offices.

Hand sanitizers are liquids having a gel like nature and are generally used to sanitize hands by rubbing. Sanitizers are used appropriately by taking a coin sized amount or less depending on the size of your hands and rubbing them together on to your entire palm and fingers until it turns dry which takes of about 20 seconds. Alcohol is the main content with the highest percentage in sanitizers along with other contents such as Vitamin-E or Aloe vera extract

to moisturize hands since alcohol can be skin drying and can cause irritation. Alcohol works immediately and effectively to kill the bacteria and viruses. They are used as a replacement in the absence of soap and water but are not as effective as soap and water washing because not all sorts of dirt or blood can be washed away with sanitizers only! We often use hand sanitizers while we are traveling, at office or may be during an outing with friends and family before having meals. Consuming food with clean hands is an important aspect of being health conscious if not then it may cause negative effects to one's body and lead to illnesses and infections due to the germs present on our hands.

Currently due to the pandemic caused by COVID-19, using hand sanitizers has become an utmost important step to be taken by individuals as suggested by health experts, along with other precautions to tackle the epidemic. Never thought sanitizers could be so important towards the prevention of this disease. Keeping hands clean and avoiding to touch eyes, nose or mouth is one of the main steps for preventing this. The cough droplets or sneezes from a corona positive person or any other disease affected person can mainly spread the disease into a normal person. If the hands containing bacteria are sanitized properly before eating or touched accidentally or unknowingly into the oral, optic or mouth mucosa can cause this disease. Hand sanitizers are not cleaning agents and are not exactly meant as a replacement for soap and water, but as a complementary habit.

Sanitizers are most effective when used in conjunction with diligent hand washing. Therefore, it is advised to use hand sanitizers by every individual to be on a safer side to keep all of us exposed to a fewer germ and thereby decrease the chance of illness. All sanitizers are

not created equally since the alcohol concentration in each variety of sanitizers varies. In the content label of sanitizer bottles, the acceptable forms of alcohol used can be ethanol, ethyl alcohol or isopropanol. If the concentration is between 60 to 90% then the sanitizer is considered effective but if it is less than 60% then, is it not effective to be used. Sanitizers are also hassle free – can be carried easily when you are out of your homes. Keeping a sanitizer for use these days when you are out for emergency or important purposes like buying medicines, groceries or pet food or visiting the hospital is vital to maintain a good hygiene. Sanitizers being quite handy also have some limitations, they can quickly reduce the number of germs on hands in many situations however, sanitizers do not get rid of all types of germs, may not be as effective when hands are visibly dirty or greasy. They might not remove harmful chemicals from hands like pesticides and heavy metals. They can also cause alcohol poisoning in children if swallowed more than a couple of mouthfuls.

If sanitizers were absent then the condition would probably be bad because if it happens so then everyone would be carrying soaps and handwashes along with a separate bottle to wash hands. Even finding a proper place for you to wash your hands would have been difficult. Thanks to sanitizers because of their existence, transmission the various flus and viruses, germs simply decreases.

**Ms. Priyanka Shanke**  
S.Y. B.Sc. Biotechnology



## Indispensable Effort by Teachers to Teach

Teachers are always known to adapt to situations. They are quick to learn as much as they are zealous to teach. While students are missing on learning, teachers are missing on teaching in the classroom. The personal interaction that the teachers would hold disciplining and guiding the students is being missed. Mustafa Atatürk the first President of the Republic of Turkey said, “A good teacher is like a candle – it consumes itself to light the way for others.” And our teachers are doing their every bit to impart knowledge to every child. For some, it might just be a profession but to those I know it is a passion.

The lockdown and the pandemics' traumatic impact have made it difficult for the teachers to think differently but some of them haven't stopped. From employing new techniques to making it easier and fun learning for students, the teachers have gone a long way.

If a student wants to learn the student usually employs every technique she or he has unless and until the student has some untoward situations and difficulties. The tech-savvy students have checked for the best of courses on the internet and registered themselves. “It is time for learning by doing,” said Rolita Judy Pires (Rosary Higher Secondary School, Navelim) recommending further that, “The students can make use of Open Educational Resources (OER) like Diksha, Khan Academy, Patshala, TedEx and lots more.”

Others have taken to reading books intensely. “Reading is to the mind what exercise is to the body,” wrote Joseph Addison, an essayist, playwright, and poet. I remember reading the boy who harnessed the wind William Kamkwamba, he would sneak into the library, read and learn even after having been barred

from school. Thanks to the librarian. He learnt to build a windmill by reading books. Ofcourse he didn't remain with just reading books he went out and then started to build it. But the process began from his effort to learn by reading books.

Teachers encourage reading these days like Delilah Pacheco (Parvatibai Chowgule College, Margao) by holding online book discussions introducing readers and students to new genres and perspectives. It also encourages healthy discussions, building, and maintaining a network of readers all over Goa at large. The lockdown and the pandemic have pushed the teachers nonetheless in a very uncanny situation.

Teachers across India have started to prepare videos more intensively than before. “Online classes are good and can enhance learning and pedagogy. It could also be very creative and enjoyable for both, the students as well the teachers,” said Michelle D'Mello (MES College of Arts & Commerce, Zuarinagar - Goa). Online teaching has become the normal. Those who didn't know how to present themselves in front of a camera found it difficult but they mastered the art. Preparing the schedule and organizing the online classes wasn't difficult as the teachers would prepare the structure and plan for teaching. After having prepared the video tutorials, the task was to see that it reaches to the potential students.

Some teachers were not convinced with holding classes on social media platforms like Google meet or Zoom because it doesn't facilitate learning. A large group of students would not allow better interaction or teaching. “There are connectivity issues adding to not all students having access to the internet or the devices,” said Audrey Desouza (Mother of Mercy English High School, Vasco). Some employed the technique of providing study material to students assigning them for self-study.

Evaluation became difficult despite the internet being the saviour. But Andrew Barreto

(Parvatibai Chowgule College, Margao) suggests the key is to keep it simple and being flexible when it comes to assessment. His advice to the students is to allocate time to complete the assignments and concept learning while using technology smartly. He further expresses to students, "Teachers are here to help, but they need to know the issues you are facing. Also, understand that teachers may or may not be tech-savvy, so you can help them when you know of better applications /software, etc. Most importantly, it's ok if you are unproductive! Tell your teacher that!! But keep at it - a little step forward is still progress!"

Some of the teachers apart from providing online feedback to students, made themselves available for telephonic and WhatsApp communications like Pratibha Pradhan (Fr. Agnel Higher Secondary School, Pilar) saying, "I made myself available to provide morale-boosting, career and health tips to my students." Every effort is being made to engage students to study. Now the responsibility to enhance the study lies in the parents who can better monitor the habits of learning of their children. It is not an easy task though. "It would require the parents to maintain a schedule for classes online and in a way incorporate it in the daily routine of their ward," said Subhash Kamalkar (Dnyanprassarak Mandal's College, Assagao). The friends' circle also plays a significant part. Encouraging one another to study and having healthy discussions regarding the subjects studied could be motivational.

All of us are learning, learning to adjust to the pandemic, and all that it has to offer us. Learning is never exhausted. We need to keep learning until we reach our grave. We must salute the teachers for their indispensable effort to continue teaching, even with the discouraging distance between the teacher and the students.

**Carlos Luis**  
M.A. Literature



## Life of Hope...

These days I find myself engrossed in deep thoughts, worrying about life and getting disturbed. I try to be focused and attentive at my present but I cannot. There's something that keeps me distracting and creates confusion in my mind. I wonder how these negative thoughts are trying to build a nest around my head. They come running to me and try to trap me in their net. I try my best and keep running away from them.

By now I have realised that the world is not a happy place where everything comes with a cherry placed on top. There are always spicy turns waiting to be tasted. Life throws difficulties to you every now and then. Sometimes I feel like giving up and running away from the reality. But you know, "what's the reason that fuel my hopes?" It is because I know that there may be happiness waiting for me somewhere, someday. It might be tomorrow and if not tomorrow, then may be the day after. So I chuck off all those small voices that don't really matter. I try to build and love myself. And I can bet you, it won't be luck but you writing your own destiny.

Question yourself, dig deep for answers, fight all the fears and live a life of your own pleasure. Life is not happening to you, you are creating it. So stop being a puppet and be a warrior. Fight with the negative thoughts and bring out the power of positive living. Learn to live with hope, have faith and belief in yourself. Life is always mysterious and adventurous. All we have to do is accept everything and keep moving forward no matter how worse the situation is. Find something good in everyday and sooner or later you will definitely find best things of your life.

**Sneha Umarye**  
(TYBA)

# Side Effects Of Lockdown During Covid-19 Pandemic

It's been several months since this coronavirus outbreak started in the world. Many people got affected and some even died. It is indeed a deadly virus. If a person's immune system is well strong, then he/she can easily fight this virus. Talking about our own country India, the first case reported was in the month of January or February. And till date there are more than 30,000 cases reported in our country. Initially govt of India announced home quarantine for 30-40 days. So that people remain indoors and do not go out of their house. After that, nationwide total lockdown was announced by our honorable Prime Minister Narendra Modiji, wherein all transport systems, non-essential and essential services, shops, schools, malls, etc. were closed. This was done so that we could break the virus spread chain. But during this lockdown we observed many benefits and some side effects. Let us see how this lockdown affected us.

First thing arises soon after lockdown was purchase of grocery items and vegetables. Some people had stock of these items at their home, whereas some did not. Several social media post popped up asking what to do, how to get groceries and so on. After few days, online grocery shopping and home delivery of the same was introduced. Secondly, people who travelled to other states for vacation got stuck. Since transport system was closed, they could not

go back to their home. It is difficult to stay away from our home and loved ones for a very long time. People are getting the fear of loss of job, some have already seen pay cuts. The COVID-19



crisis and the ongoing lockdown has left employees feeling anxious and worried about their future, prompting many corporates to look for ways to keep the staff motivated. Next, we observed an increase in domestic violence during this lockdown. The reason for this could vary. All the businessmen are severely affected by this lockdown. Many resort owners are in loss as tourism is reduced in the country. Several e-commerce companies such as Flipkart and Amazon are badly affected by this lockdown. Many smart phone companies are linked with these e-commerce

companies for the sale of their smart phones. And, also, they cannot launch their products and smart phones due to this current situation. From hotel businesses to exports to poultry sectors, losses are being witnessed everywhere. Our national economy has also significantly reduced, which can lead to certain problems in future.

So, to conclude with, this nationwide lockdown has affected our lives in every aspect and ratio. But this was needed to prevent the spread of coronavirus. If this lockdown was not initiated, then the situation of our country would be worst. So, everyone please stay home and stay safe.

**Master Sahil Chawan**  
F.Y. B.Sc. Biotechnology



# LOCKDOWN AND THE ENVIRONMENT

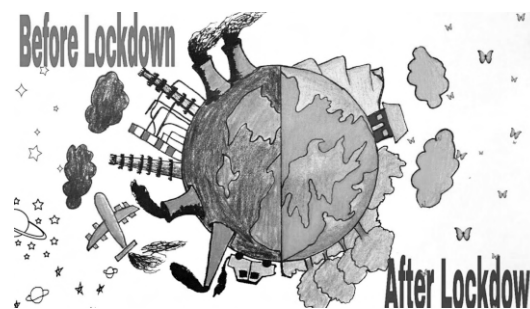
The World Environment Day (WED) is celebrated on June 5<sup>th</sup> every year to create awareness and build in us the sense of responsibility for the protection of the environment. Pope Francis in *Laudato Si* (on care for our common home) said, "The human family has received from the creator a common gift: Nature." So not just every time we celebrate WED but otherwise we need to introspect and see if we are doing enough to protect our environment. The more awareness we create seem to fall on deaf ears. Thinking of profit some have turned a blind eye to the harm we do to our mother nature. We celebrated the positive impact of lockdown on our environment, but has it taught us any lessons for the future?

The lockdown provided us with clean air which was very evident to our brethren in Northern India who were stunned to see the Himalayan mountain range. The shutting down of the offices and factories, less vehicular traffic, less burning of fossil fuels, and the drop in the emission of carbon has been the biggest boon for the environment.

Sparkling clean water was a result of the lockdown. The absence of industrial waste and the lack of human activity at the rivers and other water bodies have proved it beneficial. The Ganga river water, for instance, according to the Pollution Control Board (PCB) could be fit for drinking, after it has undergone filtration.

We have also noticed liberated wildlife during this lockdown. The wildlife which was caged for a very long time experienced freedom as it were after the human race was confined to their homes.

The lockdown has given the freedom to many to carry on their corrupt activities with no



eyeballs to object. The hills are being ravaged, deforestation on the rise, and projects are being passed, whether it is in Saligao, Ponda, Ucassaim, or Mollem. The biggest project that is being carried out is at Bhagwan Mahaveer Wildlife Sanctuary and Mollem National Park. The following are the projects: NH-4A highway project, 400 KV transmission line, and railway project. These projects have estimated to lead to chopping down of 12097, 4146, and 20758 trees respectively. The indigenous trees including 'Matti' the state tree is also going to be felled. If these projects happen they are going to invite an abundance of trouble to us. 238 species of birds are going to lose their safe shelter. Our waterways will be affected as there will be soil erosion and water pollution, air pollution is going to rise because of the coal that will be transported through the route, and disturbance to 722 species of mammals like tiger and others.

These projects and ventures of a similar kind will disintegrate us in the near future. What happens then to all the promises we made to safeguard our environment? On June 18<sup>th</sup> we will celebrate the fifth anniversary of *Laudato Si* wherein we pledged to fight against consumerism and irresponsible development carried on by individuals and authorities. Late Pope John Paul II said, "The earth will not continue to offer its harvest, except with faithful stewardship. We cannot say we love the land and then take steps to destroy it for use by future generations."

Like the group of 149 scientists and students who joined hands to write to the National Board of Wildlife and The Ministry of Environment, Forests and Climate Change regarding the

environmental concerns due to the clearance at the wildlife sanctuary and national park we ought to rise to the occasion and fight injustice done to our environment. Let us join hands with 'Save Green Goa' and 'Let India Breathe' project.

In the encyclical, *Laudato Si* Pope Francis invited us to think and listen to the cry of the earth. Which he says will enable us to listen to the cry of the poor in society. He wants us to undergo a conversion, meaning putting on clean clothing as Pablo Neruda in his poem, 'Keeping Quiet' would tell us. 'Keeping Quite' insists on being silent, not inactive. Making us aware that there have been many instances where we have caused hatred, harm and conflicts. And by pausing we will be able to spot those moments and think for ourselves and be fruitful for the future. Putting on clean clothes thus would mean that we become people who embrace love and kindness towards humanity and nature at large.

Raising our voices against the harm caused to the environment or celebrating environment day would not help much, unless and until we act out in person by planting trees and encouraging people around us to do the same. The loss of jobs has led many to till their fields and sow seeds. The long uncultivated land could now be put to use back again. The younger generation needs to be made aware of the ecological beauty around us. They ought to be taught to love and respect nature. The authorities more than ever, need to live up to their promises which they make on every celebration of the WED. What we need are examples and not fake quotes on environment protection. All of us need to stand our ground and promise to be stewards of creation, not its bosses. "As stewards of God's creation, we are called to make the earth a beautiful garden for the human family," said Pope Francis.

**Carlos Luis**  
M.A. Literature



# COVID-19 Boon or Bane

COVID-19 is caused by a new strain of virus. Most of the people that fall sick due to the virus with experience symptoms like cold, fever, headache, sore throat, difficulty breathing, etc. This virus spreads through droplets from an infected person (when he/she coughs or sneezes) to a normal person. There have been more than 200000 deaths worldwide.

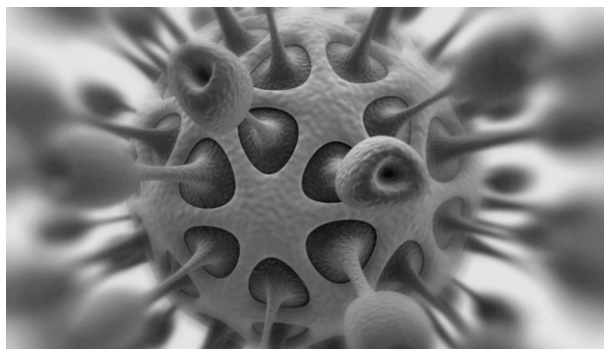
The COVID -19 virus has some serious physical, mental and economic effects on several people. People may not go out during the quarantine. This could increase their chances of obesity. They may also have severe cases of depression, stress and anxiety building up in them. Some people had to face tragic losses due to their families and friends.

The poor people are at a major disadvantage during this lockdown. Some of them have no access to unemployment insurance. Those who live paycheck to paycheck and those who do not have social safety nets bear the economic brunt of the crisis.

There has been a tremendous amount of stress on families due to economic insecurity and income loss. All the children who have never had access to education will be affected greatly. These children might not have the privilege of online technology or learning. After their quarantine they might have to resort to child labor and work harder to restore their financial stability.

People working abroad and also seafarers cannot come to see their families. This virus has put a lot of people under stress and has also made many people homesick. Many children in





immigration detention and other such facilities are in close proximity with each other. They have limited access to water and sanitation and also lack of medical facilities and healthcare which is most important during this time. Not having access to these services could risk the children's lives if they fall ill.

A major segment of stray dogs that were dependent for food from restaurants are at an enormous disadvantage as they do not have anyone to feed them. However, there have been kind people who have been distributing food to them.

The COVID-19 virus has a lot of positive effects on the environment. There has been a significant decline in traffic and vehicles on the road. The transportation sector has a major contribution in the carbon emissions. But due to the lockdown there is a decrease in vehicles on the streets. This has led to a substantial decrease in noise and air pollution. The sky has turned blue and the stars are visible clearly from afar. The people from Jalandhar have to say that this is the first time in 20-30 years that the air is so clean. They also have to add that the Himalayan peaks are visible from Jalandhar in Punjab situated 140 kilometers away.

Because the numbers of vehicles on the streets have declined there has also been a decrease in nitrogen dioxide levels. The WHO claims that at a concentration greater than 200 micrograms per cubic meter of nitrogen dioxide could result in inflammation of the airways.

One of the most harmful forms of air pollution is Particulate matter 2.5 (PM 2.5). PM 2.5 is so bad that it is placed in the Class I carcinogenic category. The WHO states that every year more than 4 million people die due to PM 2.5. It can cause respiratory problems, heart attacks and also premature death. Due to this lockdown there has been a substantial decrease in PM 2.5. In fact, this is one of the reasons as to why we are able to see the clear blue sky.

There has also been a good improvement in the water bodies. Raghav Chadd, the Delhi Jal Board Vice Chairman says that due to stoppage of industrial waste the water quality of the Yamuna and Ganga rivers have drastically improved.

Due to the lockdown, although the economy is very bad at the moment, family members are getting to spend more time with each other. During this lockdown, students can use their time to polish their skills and work on things they feel are relevant and to their liking and interest.

There is also a positive impact on wildlife. There was a video that was trending a few weeks ago about the animals that have reclaimed their space in nature. The dolphins returned to Italy's coast and there have been swans swimming in the canals of Italy which are normally populated by tourists. In Singapore otters were seen roaming freely as there were empty public spaces. Annie and Edward, the two penguins were seen roaming freely in the Chicago aquarium as there were no humans to interfere with them.

It has been observed over the years that a decrease in economy benefits nature. We humans believe in survival of the fittest. But it seems that many of us have used that as an excuse for exploiting the resources in nature. This is one of the factors that have increased the gap between the rich and poor. We have been so blinded by greed and power that we have forgotten that we share this planet with other flora and fauna. During the quarantine there

was a meme circulating that said “What if humans are the virus and corona is the vaccine?”

The answer to this question is subjective. For many years in spite of having knowledge about a wide variety of things we have failed to use it wisely. Albert Einstein once said “Those who have the privilege to know have the duty to act.” We must utilize this time to think about the mistakes that we have made in the past. The damage has already been done but we could still make amends. We must utilize this time to find solutions to problems like pollution and animal cruelty.

For example, petrol is a non-renewable resource that causes pollution. We could find an alternative to it. Animal farming is responsible for producing 15% of the world’s carbon emissions. It takes 16 kilograms of grain in order to produce 1 kilogram of beef. Due to this there has been a negative impact on the environment, has also contributed to world hunger and is also not ethical as animals are sentient beings. Together we have to look for sustainable alternatives to these problems. This is the time that we can all utilize to make this world a better place for all of us to live in.

**Ms. Scimran Maria Da Costa**  
S.Y. B. Sc. Biotechnology

## USE OF EMOJI IN DIGITAL CONVERSATIONS DURING A LOCKDOWN

On 13th March 2020, GVM’s Dr. Dada Vaidya College of Education organized a National Conference on ‘Transforming Education for the 21st Century: Problems and Concerns’ and my paper was selected to be presented at the conference. I did a research on how emojis could transform the classroom choreography and how their usage could help make the classroom atmosphere emotionally connecting. The Oxford Dictionary in the year 2015 declared “Face with Tears of Joy” emoji the word of the year. There are 3.80 billion social media users as of January 2020, which is 60% of the world’s population. And more than 90% of social networking users use emoji to communicate. Thus, it is evident that emoji as a language has something unique.

Especially when we are locked up, the use of emoji in our digital conversations could give wings to our non-verbal communication. What is an emoji? emoji is a character in picture form in Japanese, through which emotion is displayed. Emojis include signs like facial expression, items, places, objects and activities potentially used all over the world and have social relevance. Although emojis are enjoying a slow semiotic evolution, they have fluidity in their syntactical structure. The emojis do not have a proper syntactic structure as against the written or spoken English language. But emojis work on a distributional hypothesis using an algorithmic tool called word2vec i.e. word to vector. Emojis are visual and textual. They make us think and feel through the thought pictures represented. And therefore it is a different visual language that mankind could have.

According to neuroscientist Dr. Owen Churches, emojis are filling the void left by the facial expressions. He says that these emojis activate some parts of our brain and therefore we can





connect with them. There is a facial mimicry response to the pictorial form that we see on our screens. Even our mood changes to find similarity with that of the emoji. In other words, emojis are performing emotional communication.

We are not born with set grammar structures in our minds we learn it as we grow by listening, speaking, reading and writing. Neither are we born with digital messaging cleverness but our constant use of digital platforms turns us into communication experts on the digital platform. Emojis are creating a new brand pattern in our minds. A pattern, that can help us associate with the emojis and emote particular emotion when we see an emoji. Emojis are becoming diverse and inclusive that one can socially and culturally relate to them.

You must be familiar with the games that are being played on social media platforms which involve emojis, quarantine quizzes like guessing the name of the hero or heroine, guessing the name of the countries etc. we do not need to break our heads on them. The response or answer comes to us as we look at the picture and try guessing. Emojis could be used in three different ways; adjunctive, substitutive and mixed. When emojis are used adjunctively, they are not a part of the sentence but are used to add colour, feeling, and emotion to the text. In

other words, the text can exist without emoji. The presence of the emoji makes it possible for the extra non-verbal cue. When an emoji is used as substitutive it becomes part of the textual content. It replaces the text and becomes part of the sentence. So, the emoji in this case if removed, it will render the sentence incomplete and meaningless. When an emoji is used as mixed i.e. adjunctive and substitutive, it can amplify the value of our communication. So whether you are present before the person you are communicating or not, it doesn't matter. Because your emotional cue is present in the text.

Marcel Danesi a semiotician who has written, 'The Semiotics of Emoji' says that there is no special training necessary to learn emoji use. As we see the emoji it creates a mental picture in our mind, it tells us what it denotes, it generates the sense that it deals with and we are therefore desired to utilize it in our digital conversations.

As you chat with your friends when you are virtually active these days use emojis in your tête-à-tête or otherwise. Your dialogue could get more creative creating mental pictures and delivering emotional response to your discussion. As humans, we need to emote, and as social beings we need to relate and stay connected, emojis help us do those better. Social distancing may create the classist behaviour in us yet again, but let us reject the thought with our ingenious intelligent usage of emojis. Age is not a barrier to learn this language and the utilization of an emoji doesn't render your thought weightless. The use of emoji doesn't hamper the use of language too, rather it enhances the way we think and articulate ideas. So be resourceful under the lockdown. Don't put your mind on a lockdown, use emojis and set your mind on a riot.

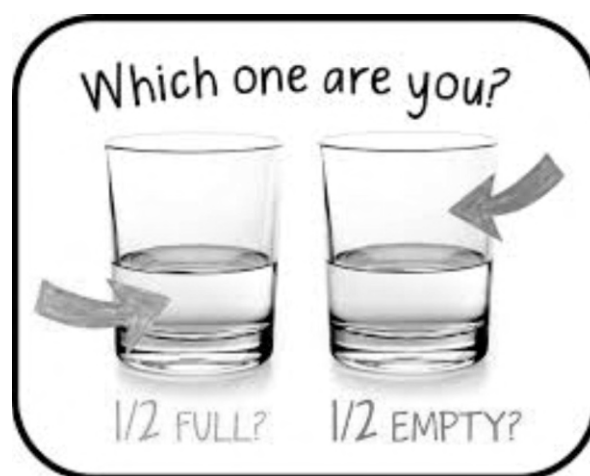
**Fr. Carlos Luis**  
M.A. Literature



# Do you see the glass as half-full or half-empty?

Times are testing with the slowdown of economy, banks going out of business, companies closing down. Some of the top world leaders continue to turn a deaf ear to climate change and its repercussions. Also, we didn't get the Game of Thrones finale that we all deserved. It has been an undeniably tough year and to be optimistic through all of this seems like an impossible feat. But expecting only terrible things to come our way will only kill the opportunities that could make us happier. Optimism is an art. Shifting your perspective and cultivating a positive outlook may not be as easy as it seems but the results are definitely worth it.

Everything that you experience is shaded by your perception and is a projection of what is held deep within your mind. You shape personalities for the people around you. This may happen without your own conscious awareness, and you end up criticising people for shortcomings that are merely a reflection of your own paucities. External situations are not the cause, but rather a reflection of the emotions we harbour within our mind. Understanding that the world is a mirror will help rearrange and filter our thoughts. The subconscious mind has enormous power but it cannot discriminate between what is fictional and factual. If you tell yourself, "How can I be so stupid?", your mind will rewind and put forth situations in your life to make you believe that you are indeed stupid.



Though the mind has the power to think and create, it needs guidance without which it cannot serve any positive cause.

Positivity can empower us to create our own reality. It supports a positive self-image which sets the boundaries of individual accomplishments and defines what you can and cannot be. Positivity defines adversity as a trial and not a punishment. It leads us to develop higher resilience. The truth is we cannot see the glass as half-full at all times. There are situations in life which makes us see it otherwise. But if you hold the glass of water for too long your hand will start to pain although the weight of it remains unchanged. In moments of pain, we grieve and cry and eventually let it go but if we carry the baggage of negative emotions in our mind for too long it will hold us back from living our lives to the fullest. Life is too short to ruin it with stress. It is time to put the glass down.

**Ms. Srinidhi Pawar**



# Corona

Tension! Tension! Tension!  
 Corona has become a tension!  
 Let us take proper action  
 This issue needs more attention  
 This is the right occasion  
 To make a resolution!  
 Narendra Modi has made a supplication  
 Our Prime Minister has given this assertion  
 All citizens, Lets follow  
 these rules and regulations!

This is the only option  
 Lets suppress our temptations  
 of visiting different destinations!  
 Strictly follow the suggestions  
 Lets start with the preparation  
 Lets all committedly begin  
 and establish an association  
 so that one day we all can  
 get rid of this detention  
 This is not only our assumption  
 Lets begin with home demonstration!

This unity will be a depiction  
 of persons with determination!  
 Lets begin with demolition  
 of this world-wide tension!

Therefore lets start with isolation  
 This is the only solution!  
 Lets create vibrations  
 This will be a sensation!  
 Everyone lets begin with devotion  
 This tension is a big risk  
 and therefore engage in self-preservation!



Next is illumination!  
 So lets start each ones contribution!  
 And this will be our restoration  
 of building a true nation!  
 Each one who contributes  
 will achieve self-satisfaction!  
 Therefore lets start each day with a resolution!  
 Lets spread awareness  
 to others about not leaving our location!  
 Lets begin to change the world  
 for self-preservation!  
 Finally, this will be the resultant of a true nation  
 and resurrection  
 of its true citizens!  
 As I made mention  
 Lets get rid of this  
 so called "Tension"!



**Ms. Sharvari Bhave**



# COVID-19 Boon or Bane

Well, the saying goes like this, 'not all wars are fought with weapons', and covid-19 is just very good example of that. Our earth has seen many wars and bloodshed since the time mankind was born. The loss of human lives, property and precious resources can never be compensated by the technological advancements of the prosperity. Added to this the agony of the families of the deceased and the terrible state of the defeated nation in the aftermath of the war is the deadly nightmare. The picture that appears in the mind is depressing and spine chilling. War wastes the national resources, kills people and put a break on industrial development and above all promotes inequality, cruelty and violence in the minds of individual. Looking at these characteristics of War how someone can deny the fact that covid-19 is not a war? Millions of orphan dead body lying in garbage bag waiting for proper funeral is asking humanity just one question, 'have we gone too far with our needs and greed and hatred that we went on destroying nature and never stop even when we saw poison flowing into the river, environment turning gas chamber. Definitely this was not enough and people were waiting for some great destructor. Finally dream came true and covid-19 was created into the labs of mankind. Covid-19 is a new strain of corona virus. This Monster has done nothing good than pushing thousands of life into ultimate darkness with negligible or no space to escape. The development of countries has been pushed behind by several years. Humans are forced to leave a in self build cages and no one knows till when giving rise to depression, anxiety, job insecurity, domestic violence and other serious mental illness. Covid-19 has crippled the world economy with negligible recovery state for



coming several years. Youths job opportunities have been dumped into garbage and few small daily wage workers from the unorganised sector are almost on verge of losing their identities into ultimate darkness of their hunger. Despite government policies to feed 2 sq mealsto poor is failing to reach their burning stomach and all this is not ending just here. Many economists estimated that world should plan for negative growth rate. F.Y. FITCH rating scale cut the 2020-2021 growth projection for India to 0.8% from 2 % projected on April 3rd and global economy from 6.7% to 3.9% in 2020. It may bring Asia's 2020 growth to halt for the first time in 60 years. Major commercial sectors like Cinemas, malls etc. has been shutdown today.

Covid-19 has forced people to live in ultimate fear of losing the jobs. Many companies have already sent their employees to unpaid leave giving rise to depression and anxiety. One cannot deny the very fact that along with covid-19 mental illness is also on rise and will continue to do so long after covid-19 is gone. Small industrialists are finding it hard time to stand and they are forced to see the present and future in the ultimate darkness. The backbone of many start ups has been paralyzed. This treacherous Predator has brought sunset to the lives of small industrialists, shop owners and vendors. One should note that this is not the story in every case there is always chances of exception, the medicine companies, companies manufacturing soaps, antiseptics, hand wash, sanitizers, masks other medical equipments are flourishing like never before. Small shops selling grocery items, vegetables and other items catering basic needs are witnessing an upward surge on the profit scale. On the other hand companies providing power, fuel for vehicles, automobiles are in loss. It is understood fact that economy and development of any country is closely related to the youth power. Today future of our youth is in darkness. The very education system which is



supposed to turn our youth into valuable asset contributing to development is shaking today. The entire education system is on halt today. It's very good thing that many educational institutions have come up with innovative ideas of online teaching. Also, it is important to know that only students with good internet connection are able to benefit themselves. Poor are still at the mercy of their luck, forget about the net pack families are not even able to fill their empty stomach of their children. Moreover online classes are doing no good than harming students in few scenarios. Rising from the fear of the Covid-19 students are constantly complaining about poor concentration to a never ending online assignments and submissions leading to depression and anxiety. Covid-19 is corrupting our youth mind.

It is very unfortunate that where government and media is talking about work from home, stay home stay safe, this lockdown has given rise to crime against women and children around the globe. On 17th April 2020 the reported cases of domestic violence went up to 587. Unfortunately the unreported cases will surely be in thousands. Women and children are sexually harassed by their close family members, relatives and neighbours. Squeeze into small little place for 24X7 have adversely affected people physically and mentally. Elderly people and other who are on continuous medication are also finding it difficult to cope up though the government has made concession in lockdown rules for the people who are sick but the terror of covid-19 is such that people are choosing to suffer and die at home then going out and dying of covid-19. Covid-19 has made minor health issues turn into a serious one. Also the lockdown was so sudden that people did not get time to return to their homes and are caught in dingy hostels, in other cities away from home, at friends or relatives house.

Today when more than 50 percent of the human population is behind the doors and almost all the industrial almost all the industrial work are at halt, the nature has decided to re-establish itself. It is astonishing surprise that the

chirrup of the birds, singing of the nightingale which had gone long ago could be heard now. It is proof that humans tried their level to destroy the mother nature, never understanding the fact that they are putting their own life in grave danger. Due to covid-19 the nature is healing like never before and headlines like 'dolphins have returned to Ganga', 'birds have flooded the river in Maharashtra has become quite common. Himalaya which had decided to hide its existence from the humans due to never ending pollution has once again showed itself to remind humans that they are allowed to admire its beauty only if they control their greed and reduce pollution. Many places have started gaining their shine which was once lost. Covid-19 has brought back human instinct which was almost at the verge of extinction. Suddenly people have become more concerned towards each other. From love to money people are ready to shower everything. This virus has brought the enemy together. From rich to poor everyone is busy serving the nation. We cannot ignore the sacrifices made by our medical team, police and our three forces, army, navy and air force.' They have turned out to become the barrier between the people and covid-19. Day and night they are busy in selfless service.

Surely these days of darkness will end very soon. A cheerful dawn is all waiting with lovely surprises. It is just the time of examination which is demanding sheer determination and a lot of patience. Sitting at home is not as easy task when people have so many dreams to catch on. But one should remember that even when student has not been studying as hard as the teachers and parents wanted, the fact that he goes to the next class is immensely reassuring. We don't have proper equipments; vaccine is yet not invented, in this situation people just need to keep cool and carry lots of hopes because all is well that ends well and this all will end soon.

**Ms. Swati Kumari Mishra**  
F.Y. B. Sc. Biotechnology





The world around us is filled with so much chaos that finding our voice amidst it seems to be a tough task. There are so many things that are being said and done at the same time, such that it is hard to choose what to listen to and react to. The time seems to be pacing so fast, everything moving by the side and there I am standing still unable to decide. I look around just to find nothing. Waves seem to rise and fall in my mind, the anxiety knocking in. I shout but no one hears a word. They are all just busy passing by.

I'm 19 years old who would be 20 in just a few months. The 2 digit in tens place makes me worry more that it should. Seems like the moment I turn 20, my life would flip and I'll fade away into nothing. The thought of growing brings along a thousand different emotions and I really can't get through them all at once. Somewhere in the corner, something says, "Everyone grows old and that's how the world works". But the problem was never growing old but growing up.

Closing my eyes for a moment, I imagine myself being like every other adult. But all I see is someone who's stressed upon work, tapping into the screen and sighing over something that isn't working up. It seems as if turning 20 would do that to me. It seems like a punishment imposed on an innocent kid. And the kid is no one else but me. However hard I try, I can't get away from that kid. The kid has dreams in her eyes, galaxies painted and birds flying high. She cries over the balloon that left her hands. She hugs her mom whenever she is sad. She plays with her father, going high up in the air and landing again into the safe hands. Her laugh is contagious. Thinking of her makes me smile. But the kid has grown silent with time. She has seen the world play ruthless games, seen those canines hiding behind the façade. Knows that

the sound of its laughter is metallic and they are all maniacs draped in human skin. Yet again, the light from her eyes hasn't faded much. Maybe her hopeless hope makes her believe in life.

Turning 20 scares me more than I imagined. It seems as if the world is unnecessarily caving in, handing over responsibilities into these tiny hands and increasing the amount of baggage on my back. The list of responsibilities is handed down to me in a scroll with no map of how to go about. Someone placed a sword in hand and asked me to fight. But there's no one around. Here I am stuck in the maze of my mind.

Then as I take a breath and let myself calm, I realize that it isn't just me and that thousand other kids are leaving behind their "teens" and starting towards "becoming". There is no clarity as such but a slight sense of understanding. I understand that maybe I'm not wrinkling and withering but blooming. The things that are handed down to me are the tools that would guide me through my journey. But I am the one to decide my destination and routes will form accordingly. I know that we are hanging on the fragile ropes of uncertainty, one wrong move and we might end up falling down the dark valley. But what if you are destined to fly? The possibilities are endless and that's the thing about life. I believe that we all are given roles that we might not know about. It's about exploring yourself, digging into that enormous potential and tuning in to the right frequency. It's about taking chances, failing and then again rising high. It's about discovering things that you were unaware about. And all of this doesn't have fixed methods. It's mostly trial and error and believing into something hopeless and striving to make it survive, to live. So let's try hard to find our destinations and not give up. Let's fight together to make it ours. Leaving behind all the insecurities, let's believe that someday we are going shine and soar high. So to all those turning 20, fighting!!! Let's get it.

**Ms. Vaishnavi Naik**

# Band Aquastix and My life



Band Aquastix, a band for all occasions is a Goan based Band which has changed my life forever. The band was formed in the year 2018. The name Aquastix has been derived from the words water and sticks since music keeps on flowing like water and sticks. Music is something which people enjoy a lot. This band has performed at a lot of places and is quite famous in goa. This band has different forms like duo, trio and full piece for all different types of occasions.

The band consist of the keyboardist vocalist Drummer guitarists. I am the vocalist for the band. And as you know the singer plays an important role. Music is the most important thing but music without the lyrics feels quite incomplete. Some songs don't have meaning but most do and thus the vocalist is the one who creates the atmosphere beautiful and divine.

Music is something which brings joy to everyone's life. Be it in whatever condition. We mostly have shows during the evenings and afternoons we mostly get private parties. So it is quite convenient for me to attend my classes at college and the shows. Sometimes we have in north and sometimes during the day. But the band provides good music services to the people and till date we haven't received any bad comments but only good ones.

Even though I have some odd College timings I try to manage and maintain for my academic work the practices and events. When we have our practice sessions the band mates consider my college schedule and then schedule the practice accordingly because even the other band mates do work and study in their own area of interest. But when there is an event all the band mates sacrifice their time and make the event joyous. Its not that any one from the band hates events but actually they wait for bookings and events.

The band gives out their best and yes. Everyone enjoys the best. Groove in to the tunes of this charming young band the AQUASTIX!!

For details & reservations;  
contact :  
+91 98901 32749



**Ms. Maria Adalin Colaco**

# HUMANS OF CHOWGULES WINNERS COMING THROUGH!

On 16th of August, 2019, Nicia Fernandes and Marlon D'Souza, finally received the well-deserved fruits of their labour. They sang day and night and by that, I mean they won the exceeding coveted prize, in the Duet Category in Goencho Awaz, an annual singing competition in Goa

hosted by Ulhas Jewellers at Ravindra Bhavan, Margao. This was such a huge accomplishment in their lives and so it was only natural that she readily said yes when I asked for an interview with her as it gave her a reason to gush about her win and I, well, I just needed the inner scoop.

Though born in Goa to Maria and Newton Fernandes, she spent her childhood years growing up in Dubai but came back to Goa when she was 13 and has been here ever since. Singing, according to her, was something that she had never really given much thought to but as she started participating in various talent shows, she started to take it more seriously. When we finally met up for some much needed tete-a-tete, we talked about things right from where it all started to her inspirations and what was in store for her future. Here are the excerpts:

## **How do you feel about winning Goencho Awaz?**

*Firstly it is unbelievable but at the same time we are very happy and super stoked about winning the competition. Also we are very excited to see what happens next in our future.*



## **Tell me how you first got involved in singing?**

*I started singing when I was 6 or 7 I think. At that time it was very random. But when I got into Presentation Convent High School, we made this group and called ourselves "The Nightingales" and that was the*

*time I started taking singing seriously. So we started participating and winning competitions and yeah singing has continued ever since.*

## **What is your first memory of singing to a live audience?**

*My first memory would be of singing at my aunt's wedding where I was just 7 years old. I had to sing a toast song for her wedding.*

## **Who influenced you the most to take up singing?**

*I think it would be Tr. Katia from Presentation Convent High School and then definitely my father and my partner Marlon D'Souza.*

## **What did you think of the competition and what was the most challenging thing about being in it?**

*It is one of the most challenging competitions I've participated in. Goencho Awaz is not at all easy and we had to practice a lot and do so much hard work in order to get the desired outcome. The most challenging thing for me was I think to get my accent correct.*

**What kind of accent did you have while singing and did people criticize you a lot for it?**

*I tend to adapt the English accent while singing Konkani songs which isn't good at all and as I didn't have the proper Konkani accent, it was very difficult to get it right. A lot of people did tell me to get my accent correct so I guess yeah.*

**Is there any particular memory or moment that stood out for you throughout the competition?**

*There are a lot of memories but one that stands out are of the practices. Practising would mean that I would get to meet the band and Marlon everyday accompanied with a lot of laughter and fun. And onstage, it would be about performing with the band.*

**How were practices like? Did you sacrifice anything because of it?**

*Truth be told, practices didn't really feel like practices. I say that because half of the time we fought and fooled around a lot instead of practising and the other half was spent laughing, chatting, and eating unnecessary food but the two hours that we did practice, we gave our 100 percent. It was really a surprise that we won so I guess it's a good thing to live by. I was specifically asked not to eat or drink anything cold and considering the fact that I practically live on cold drinks, it was pretty much difficult to abstain from it.*

**You're a college student right? So how did you juggle between the competition and college?**

*I think everything had its own time. We had a very dedicated time for practices that would be from 6-9 p.m. But most times I had to miss a lot of lectures and sometimes I wouldn't even go to college for 3 to 4 days if I had a performance the next day or an audition for something because it was very important for me to give my vocal chords some rest because it makes my singing better.*

**How and why did you and your partner**

**decided to pair up? Was it planned or simply a co-incidence?**

*You know the funny thing is that we were both looking for partners for each other in the first place so I was searching for Marlon and he was doing the same thing for me. But then we weren't really getting good partners to sing with and that is when we decided to pair up and we did and we won. So it's neither a planned thing nor a co-incidence for that matter, it just happened.*

**What was your rapport with Marlon like?**

*It was very good I would say because we've known each other since 4 years now and building a rapport with him was not that difficult.*

**How did you find out about Goencho Awaz?**

*Goencho Awaz is not something that people wouldn't know about but for me I think I know it since 2014 because a very close friend of mine participated in it and then ever since I was very excited to take part in the competition but was just waiting for the right time and the right partner to sing with.*

**What do you think about the Goencho Awaz franchise?**

*Okay to begin with I think it is a great platform and basically we are very thankful to them for giving us this amazing stage to showcase our talents and you know letting us to bring out the best in us.*

**What is it like to be a winner of Goencho Awaz?**

*The feeling is surreal. I mean coming first in this competition this year out of all those pretty amazing singers in all of Goa, it of course feels great and I'm very thankful to all those who supported me throughout this amazing journey.*

**Being a singer yourself, you must have some favourite ones in your playlist. Tell us about them.**

If we're talking about Konkani singers then it's definitely Lorna and Mark Revlon but otherwise it's every single member of One Direction. \*proceeds to fangirl over them\*

**Have you ever been compared to any Konkani singers? Do you accept that comparison?**

I've been compared to Lorna so many times that I've lost count and I actually don't like it because I feel like there's no point in being a second somebody. There is great joy and pleasure in being the first person known for something. Like you know you are known by your name for something that you love to do. So no, I don't like the comparison.

**What inspires you the most?**

It's actually a who. Anslem Fernandes from Colva, who won Goencho Awaz in 2015, I'd say inspires me the most.

**What achievement are you most proud of and why?**

My biggest achievement so far is winning this title and I'm proud of it because personally it's a great deal to come first in all of Goa and it's no small feat to achieve.

**Are your parents happy with this win?**

They are definitely happier than I am, for sure because they have been my biggest supporters from day 1 and getting to see their child win such a title surely made them the proudest parents.

**How was your life before Goencho Awaz?**

Umm, I don't think there hasn't been any drastic improvement in my life since Goencho Awaz but there have been minor changes like getting more shows to perform now. Earlier it would be just singing to a small crowd or to the walls in my bedroom but now it's like an upgraded version of singing shows with a bigger stage and an even bigger crowd.

**Now that you have won, what's next?**

Now that I've won Goencho Awaz, this itself is a

big opportunity for me to broaden my horizons and make myself known in order to get more performances and more shows that could further help me in my singing career.

**What is the most interesting thing about your journey?**

Everything. Right from the very first practice we had before the audition to the very last performance and then winning the title with a special person beside me will be the most interesting and cherished memory about this journey.

**What did you learn from being in this competition?**

The most important thing I've learned while participating in this competition is that, this might sound so cliché but hardwork is the only thing that gets you there, it just gets you to your desired goal. How to be patient and calm is also another thing that I learned there because I was a nervous wreck most of the time and if not for those things, I would've lost it all. Another thing I've learnt from being there, and this is the most important thing for some reason, is that apparently you have to sing with your chest voice and not your head voice because that is what people like to hear. \*makes a weird face\*

**Lastly, what message would you want to give to people who want to take part in this competition in the future?**

I think they definitely should take part no matter what provided they have proper people to guide them because some people just come there for the sake of it and then end up making a fool of themselves. But there are talented singers out there that should experience this great opportunity to build themselves and to be better so yeah, I would absolutely ask them to go for it.

– Afreen Balkundi





## Letters from Porto: Prologue

Srushti Prabhudesai, Amanda D'Costa

Srushti and I, decided to complete three semesters here in Chowgule College, Complete two Semesters at the University of Porto (via the academic exchange programme offered) and come back to Chowgules for our Sixth semester...

To all of you planning on going for the academic exchange, one piece of Advice, **DON'T DO IT.**

Well, I'm not there yet, but here's a time lapse of the past 8 months...

Decided to go, told Sharmila, waited a while for the online application, filled in (pretty elaborate online application), Wrote letters to our BOS, printed, xeroxed, semi approved. Waited a month, fingers crossed for the application to get accepted. A month later: got an email saying it was accepted... Yay! Wrote a counter email saying we will be joining the course. Printed the application, Scanned our marksheets, passports, got recommendations, applied for scholarships, got the attested copies from the college, notified the Vice Principle and the Principal \*inhale\* went to the police station, applied for a residence certificate, applied for police clearance, booked an appointment, went to Panjim, formally applied for police clearance, waited for a week, received police clearance, booked tickets, got back acc. details, got a Bonafide certificate from college, got an MOU from college, got a letter from college confirming we have been selected for the exchange...you'd think we'd be done, but pfft, buckle up. Compiled all these documents, along with the attested copy of our acceptance letter and application document, and an SEC, and then, booked an appointment at the Portuguese consulate in Panjim, back in the first week of JULY. We still haven't, received our visas, although we're set to leave in a week's time. Did I mention all the Cas we need to complete before we leave, all in a week's time simultaneously? Well I also forgot to mention the fact that we need to work for the attendance for the few days of the third semester we won't

be attending!

Let's just hope it's all worth it... stay tuned! find out what happens in our next Aether Issue, exclusively.

### Letters from Porto #2 Well... more or less....

So! We're finally here... after six long months of crossing our fingers and hurriedly completing CAs! you know the back log of how we applied for it... here's how we got there... physically.

We left Goa on the night of the 12th of September 2019. The flight was pretty nice, if of course you exclude the fact that a guy almost died... breathing issues, they gave him oxygen, he's fine now. Our flight from Mumbai to Istanbul was amazing... delayed, but amazing. We had movies at our disposal, free drinks, and amazing food. It was great! Well, until we reached the airport that is. We reached the airport and figured we had less than an hour to catch the next flight and then we just ran all through the huge Istanbul airport, only to find the flight had taken off. That's right, we had missed the flight to Porto and were stuck in Istanbul with no currency, no internet and no way of getting word to our parents. \*cue the panicking\* We ran from pillar to post, asking for help, wondering where to go. We went to one information desk which informed us we'd have to pay 200 USD as penalty for missing the flight, but later on, we found the right desk which gave us free new boarding passes and a stay at a five-star hotel, because apparently it wasn't our fault. So, we randomly went out to Istanbul and lived there for a day, after which they took us back to the airport, from where we caught the flight to much awaited Porto. The flight was long but nice and we made a friend on the flight too who helped us get in touch with our landlord. We then dropped Charmaine off to the university and then retreated to our room, which also happens to be an attic.

**Coming up next:****Who are our flat mates...? &Porto University****Letters from Ports #3**

Dear Tigers,

It's been a while since we got in touch with you, but here's what happened in the past few days. We found out that we have two roommates, Christopher from Brazil, who is doing his PhD in Psychology at the University and Anastasia from Russia, who is doing her Masters in Business Studies at the University.

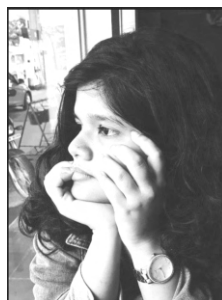
Parties for international students have begun full swing. If you happen to be in Porto on a Wednesday or on a Friday, going to one of these is a must. Everyone drinks and dances like there's no tomorrow, and as long as you stay away from a few guys (that happen to be total creeps), you're good to go.

Srushti decided to attend a rehearsal held by the 'Tuna Feminina do Faculdade de Letras da Universidade do Porto' which happens to be an academic group solely made up of girls that sing and play traditional Portuguese songs and the occasional Spanish songs too. It consists of multi-talented girls studying various languages in our Faculty and belonging to different degrees. It truly is a very beautiful experience. One of the seniors asked me to sing for her, after which she decided to put her in the 'alta' (voice with the higher part of the harmony).

On the whole, life here is very hectic as we are still auditing different classes in order to finalise our papers for the semester. The Professors are very nice and are always willing to help. When they realise the fact that we are from Goa, there is no end to their joy. The people of Porto are amazing human beings, always willing to help and ever so polite. We already feel at home here.

Check out our letter in the next edition for some juicy details on J. K. Rowling's inspiration for her world renowned 'Harry Potter' series!!!

Until then, Ciao!!!

**Lots of love, Amy and Sru.**

(Check out English Department's Aether for the rest of their letters!)

**Ms. Amanda D' Costa & Ms. Srushri Prabhudesai****I walked away**

I tried to speak up my mind,

But you suppressed me, stifled me, Made me silent and tame,

You made every effort to put off the flame. I flickered, but you didn't care.

Emerging from light, I battled the darkness, Illuminated my life

And brought an end to the strife.

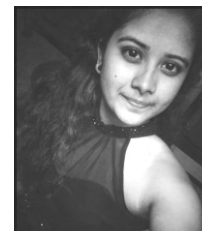
You tried to extinguish the little hope left in me, But I didn't give up

Fought every storm that came my way. We can't move forward from here, Not anymore,

Freed by truth,

Even though I wanted to stay, I walked away.

I walked away from the fears,  
I walked away from the tears,  
I just walked away...

**Ms. Ashwini Sequeira**



## My Mother, My Hero

I can't think of any representation of beauty,  
Than someone who is unafraid to be herself.  
My mother is my hero:  
of unconditional love and inspiration.  
She is a woman that amazes,  
not only me but my father too.  
She is like a tea bag,  
you can't tell how strong she is,  
Until you put her in hot water.

She may raise her hands,  
which she does with love.  
Her experiences are a learning curve for me,  
She is the solution to any problem.  
She is a super-woman,  
managing home and her passion to teach.  
She never quits until a solution is sought.

Her labour brings countless bounties  
the year round.  
Her love is endless and ceaseless.  
Out of her hands come out  
many scrumptious dishes,  
That are licked clean by my dad and I.  
She is the magnet of attraction  
that holds the family together.

She is an ocean of forgiveness  
that one must not misuse.  
She inspires me to be virtuous  
and wish well for others.  
She's my shield from birth  
and will protect me till her last breath.

A noble mentor, a compassionate friend:  
My mother, my Hero.

## Celebrating Republic Day at a Farm

On the day of the tri-colour,

When the whole nation was celebrating.  
My family planned an outing.  
We were to visit our old friends at the farm.  
Our family of three were to meet,  
The family of four, not forgetting the dogs,  
the hens, The pigs and the cows.  
We reached a late, my dad forgetting the road.  
We carried a huge load,  
Fish, Chicken, Chips and Drinks.  
While the ladies cooked,  
The men enjoyed a game of cricket  
which ended, With my dad's broken bones.  
Just Kidding, dad retired early for a drink.  
He drank his usual Feni.  
The game ended with my arm in two.  
I retired unhurt.  
Hungry were we.  
It was time for some Barbecue.

We tore through the flesh  
and licked the bones clean.  
We ate it all and so did the dogs.  
Our dinner was traditional fish curry rice  
and vegetable.  
My tummy burst out with all the food that I ate.  
I cried in pain; I couldn't walk.

I heaved a sigh of relief  
when it was time to return back home.  
We said our goodbyes  
Hugs and vegetables to take home.

Ah!!!! What a day to celebrate our Republic Day.

**Mr. Jeff D' Cruz**



# The Executioner

"What beautiful weather this is", said Halston, leaning against the balcony. It was a pleasant morning to look down upon the city; the snow was just beginning to melt, and the two detectives were having their customary case closure coffee, having recently cracked a particularly dicey one. Sounds of the midmorning traffic bustling below were borne up by the gusty spring winds, as the sleepy town rose from its slumber.

"I do feel a little bad for our murderer, I wonder what must have pushed him to act as he did" said Rowan. A recent addition to the Force, she'd been recruited just a few months ago. She had no family, and lived alone. It had always been her dream to serve with the Police.

"Don't call him a murderer, that's so pathetic", snorted her partner. In his mid-thirties, Halston was a grizzled veteran of the Police Force, and had served for a long time.

"What do you suggest I call him instead? An assassin? The Executioner? Mr Cutthroat?" she laughed.

"The Executioner seems appropriate, he is executing his master plan, but he knows not of all his flaws, which are showing aplenty. There is no such thing as a perfect murder." Halston remarked matter of factly as he savoured his coffee. The calm was not to hold long though, and they both gave off a collective groan when Alison the receptionist came rushing up in a tizzy.

"Sir! Sir! I'm so sorry to disturb you, but he's back again, the psychic. And he is causing a commotion like no other".

The two hustled back inside. Frank, the town "psychic", was pacing across the room with short, darting steps, staring up at the ceiling as he mumbled to himself. A former Policeman himself, he had had a rather ignominious exit



after he started displaying signs of wracked nerves. However, his presence at the station was tolerated because of the distinguished service he had put in over the years, although their patience had started wearing a bit thin as his antics increased. Even as the detectives approached him, Frank's frenetic pacing did not cease.

"Frank, what's all this going on? Didn't we tell you we don't need your help anymore?" Frank, jerked out of his contemplation, seemed to just now notice the duo standing there. Scrambling to Rowan, he grabbed her by the shoulders, a frenzied look about him.

"I saw her dead, up in the mountains, near the valley, she is dead." Frank looked positively hysterical, his eyes bloodshot, his hands furiously drumming against his sides.

"Who died now?"

"A lady, she lies somewhere, mountains, and lake." "And how do you know this? Let me guess, you had a v-

"Vision, I saw it, I saw her, please you have to believe me, and nothing like this has ever happened before, please, we have to go there, if we don't find anything, I promise you, you will never see me again in this building."8

His hands tapped out a rhythmic beat on his legs as he spoke. However, far from evoking a sense of urgency, all around him came sounds of vexation and annoyance.

"Could you stop the tapping, man?" said an

irritated Halston. "What do you think sir? Should we go check it out? The place

he talks about seems difficult to get to, what if there actually is someone there, no one would ever find out. I know it seems vague, but there's nothing wrong in trying", Rowan said in a cajoling tone.

"Fine! Let's make it a day out in those hills, fresh air could do us some good."

There was a sharp bite in the air but the Sun was out, and it looked like it might snow again later in the day. Sleet kept sliding off the branches of the trees, of which there were many, and onto the heads and shoulders of the walking posse. Icicles hung low over most of the branches, their sharp tines glinting in the pale sunlight. The trio trudged up the hill slowly, the crunching of snow loud for the silent hills, Frank leading the way to where he thought he saw the body.

Rowan walked not far behind, keeping a close eye on his movements and Halston brought up the rear, keeping a lookout for evidence in case Frank's vision turned out to be something substantiated.

"How much further?" grumbled Halston, craving a cup of coffee and the warmth of the van they had driven up in.

"Just a little bit further, it's just over the rise there."

"I wouldn't be surprised if he tried to kill us up there." remarked Rowan, who was quite enjoying being outdoors.

"So Rowan, how's it going with that guy you're seeing?" "Wait, what? How do you know about this?! Alison really can't

keep anything to herself, if you know then it means the entire office does too?"

"You didn't answer the question, Ro. How's it going with him so far?"

"It's going good sir, but although I'm not sure yet, he seems like he could be ideal. How's it going with the girl you met at the convention?"

"She's a fine lady, but she's always bugging me to get myself more organised and be on time and the like, and it's starting to get on my nerves."

"Years of living with criminals around does that to a person sir. But you have to settle down some day, you can't keep on rejecting girls because of such tiny flaws."

"Maybe I won't when I find someone like you."

"Sir!" exclaimed Rowan, blushing and a little embarrassed.

There was a slight clearing ahead, with shrubs and trees in close proximity. The bushes covered their view, you had to be standing right inside the dell to look around. Much to Frank's chagrin, there was nothing there.

"So this is what we walked all the way for, Frankie? Bushes and the view of the lake?"

"She was right here, laying on the ground looking up at the sky!" exclaimed Frank, flailing his arms.<sup>10</sup>

"Frank, this is the fifth time you've done something like this, we really don't have the luxury to run around like this every time. Just because you worked for the force back in the day does not mean you need to see a murder around every nook and corner." Said Rowan, growing concern in her voice.

"Let's go back home, I've had enough cases for today, I need to rest and be ready for what life has in store tomorrow. I'm going to take the rest of the day off." Halston was evidently not pleased.

"But, but it was not a hoax, there was actually someone, I will prove it, I will prove it to you." states Frank.

Frank took out his hipflask and swilled it around before chugging down a massive gulp, as he paced around looking around as though he had lost something. Rowan looks at him with concern and says,

"What's that you're drinking?"

"It's my meds, just for when I'm getting a bit  
\_."

"Can we leave now, I have a lot of work to catch up on." grumbled an annoyed Halston.

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The next day, Rowan, punctual as usual, sat down at her desk and looked through all the paperwork from the past week. She went through all her drawers and sorted through all the papers, as was her daily ritual. She then walked to the break-room and put the coffee maker ready. She grabbed a couple of extra cookies from the jar and stood waiting for the ding of the kettle, humming softly to herself. As she waited, Halston walked in, nodded his greetings to everyone as he did every morning and took his place at the table, looking a little bedraggled. Rowan grabbed an extra cup of coffee, put a bunch of cookies on a plate and went over to him.

"Good morning sir, what happened? What are you searching for?"

Halston was rummaging haphazardly through the things strewn on his table, looking underneath the pile of paper and even underneath the table, evidently searching for something.

"What are you looking for? Do you need help?"

"No! I think I dropped my keys at the site yesterday, I'll need to head up there again. You coming?"

"Two sets of eyes are better than one. Sure thing!"

Hopping into their cruiser, they drove back along the way to the little valley. It was far more difficult trekking up now than the previous day, as the snow was melting, making the trail extremely slippery. After 30 minutes of clambering over rocks and under branches, they noticed the opening to the dell. Looking over the rise,

Rowan said

"Look Sir, we'r - Gasp!" There, in the middle of the thicket, lay the body of a woman, with multiple stab wounds in the stomach. Calling for backup immediately, Halston signalled Rowan to go check out the corpse. They walked to the body, noted her lifeless eyes looked straight up into nothingness, the strange bending of her limbs signifying that Rigor Mortis had already set in.

"She's dressed really well, comfortable warm cardigan and she's wearing sports shoes," Said Rowan, bending down to look at them.  
13

"Yes, look at the scuff marks. They seem used. I suppose that means she walked over here and was killed after."

"Hiker you think?"

"A hiker wouldn't be wearing eyeliner and mascara for a hike." "She might have been out here with someone."

"There's no footprints around the body. I suppose the melting snow took care of those."

"There is nothing around at all, the place looks practically untouched."

"Wait, it seems like she was trying to get away, look, she's moved a little after being stabbed"

"Yeah, look at the trail. She must have tried dragging herself away from the stabber, the poor thing."

"Oh, what if she was not trying to get away, but she was trying to point something out? That's possible, isn't it? Look at the direction her arm is pointing. That's no crawling posture."

"Isn't there a lake on that side? Maybe the killer walked that way." 14

Realization dawned on them and they ran towards the lake. As they ran, Rowan stumbled on something, perhaps a rock, which turned under her ankle. Scrambling back to her feet, she looked down to spot the errant stone and exclaimed. Halston, turning around, saw that



she had picked up a familiar looking hipflask.

"Oh my Goodness, that's Frank's!"

"His 'vision' might have had a delayed reaction, remarked Halston drily."

They continued running at an even faster pace, and reached the lakebed. Unfortunately for Rowan, the very sight she had been dreading was there to greet them. There, floating in the rippling lake, was Frank, very dead and perfectly buoyant, with a gaping hole in his skull.

"Dammit!"

"He must have killed her,-"

"-and the poor fool might have been overwhelmed and slipped on the snowmelt and hit his head as he ran from the scene."16

As they were postulating theories, the Forensics team arrived and began examining the body of the woman. A few of them got into the lake and, with a reluctant Halston's help, fished Frank's body out. Facial recognition revealed that the woman was Nicole Diaz. Nobody could quite believe that Frank had gone to such drastic lengths to verify the veracity of his visions.

Back in the Station, the pair began typing out their case report. As far as anyone was concerned, it was an open and shut case.

"Did you find your keys sir?"

"No, I didn't guess they are somewhere around the house."

The rest of that day, all Rowan thought of was how there was no murder weapon around, since if the murderer was Frank then the weapon should have been somewhere around the area, near one of the two corpses at least. According to the coroner, both the deaths occurred at around the same time last night. Rowan went home thinking how no one could crack the murder. They'd spent the entire day thinking about it, there seemed to be something they had missed, all she needed to know was, what the murder weapon was. After that it

would be a step closer. She sat in front of the television with her icles she picked up on her way back from the store. Suddenly she had an idea,

"Yes! Of course how could I"

She dressed up and left for the location, she immediately called up Halston, it went straight to voicemail.

"Sir I figured it out, can we talk?"

She drove all the way, she called him back, voicemail again. She walked up the hill holding her flashlight. She went to where the bushes were, and where Frank hid, there was an obvious depression in the soil where he must have sat in wait for the killer to come. The killer might have spotted him. She called up Halston and sent him another voicemail.

"Sir I figured it out, it's the icles we saw on the branches, the ice, he used it to stab her and as the sun rose, the ice melted, there is no murder weapon."

"Sir I figured it out, it's the icles we saw on the branches, the ice, he used it to stab her and as the sun rose, the ice melted, there is no murder weapon."

She could hear her own voice played back to her over a device behind her!

Rowan turned around. Someone was standing in the shadow of a nearby tree, a sinister expression on his half hidden face, playing a recording of her voice,

"Who is that? Who are you? Show yourself!"alston slowly stepped out of the gloom, the remnant of that same evil smile playing around the corners of his mouth.

"Two may keep a secret if one of them is dead." \*\*\*\*\*

**Mr. Jesselyn Fernandes**



## They

They tell me to sit,  
Not do jobs that are men's bit.  
They judge me with their eyes  
And convey to me relentlessly  
that I am weak

They advise me  
That it's wrong to have strong opinions  
After all, I am just a woman

They declare  
That my ideas should stay in the kitchen  
And that my efforts would never  
surpass that of men's

All this makes the voice inside me scream  
Wanting to silence their talks  
Wanting to sense a just treatment  
Wanting to move forward courageously  
Telling them that they are wrong

But then I stay silent  
As 'They' are my own people  
'They' are my family  
'They' are my friends.

### Reflection:

I had written this poem for our 'Carpe Diem' session. This particular session was held in A.j's and I was very nervous about it. This was my first session and I thought of writing something simple. So I wrote a poem focusing on the everyday discrimination a woman faces in her own house and with her own friends. This was based off some experience I had in the past.

**Ms. Mizia Dias**



## Something a Jess Would Do

If you touch even one person.

It's worth it to be vulnerable.

Just know,  
It is okay,  
If the person you make deeply known,  
Simply seen,  
Is yourself.

I am an amalgamation of so many things  
All these years I've been trying to put myself  
in a template

A clear set definition  
A basketball player, a taekwondo player, a  
dancer, a singer, a writer, a poet (?)  
I thought not having a definition was a  
weakness  
As if choosing to be "this" or "that" was the  
way

And

Wavering from my ideal choice would be un-  
genuine.

When you're graceful, you lack personality  
When you're calm, you're boring  
When you're confident, you're arrogant  
When you're feminine you're too girly  
When you climb trees, you're too much of a  
tomboy.

With every day I get on this planet,  
I realized the most genuine thing I can let  
myself be is honest,  
With what I like and how I feel even if it  
seems like a paradox.  
Because that's something,  
Jess will do.



**Ms. Jesselyn Fernandes**

## STUDENTS SHOWCASE THEIR TALENT AT CARPE DIEM

A lively crowd, delicious food, a variety of performances, live music, a room full of people and laughter- The Carpe Diem Club of Parvatibai Chowgule College in collaboration with AJ's Restaurant held its first outdoor open mic session this year at AJ's in Fatorda on 7 February 2020. Carpe Diem is an initiative by the students of the Department of English of Parvatibai Chowgule College. The Carpe Diem session was an evening filled with entertainment. The event had riveting performances by youngsters who exhibited their flair for poetry, comedy, storytelling and music. The students, accompanied by their Professor Andrew Barreto ensured the crowd had a great time. The entire room was packed with youngsters who were present with their friends and family. With new talent taking the stage, this open mic proved to be a popular event.

The groovy music had everyone humming along while musicians Leander, Joshua, Jeff and Ray enthralled the crowd with their performances. Rachel, Liza, Jesselyn, Nathan, and Ray, all students of the Creative Writing course of Chowgule College entertained the audience with live performances of their original poetry and short stories. Aaron and Anisha shared amusing anecdotes of their life experiences. Leander who was at this event says, "Carpe Diem is an amazing platform for me to showcase my talent. These sessions help me to get better at performing my originals in front of an audience. Everyone was so talented. I hope I can see a lot more of this!". Club Carpe Diem held another session on 21 February 2020.

**Ms. Maria Liza Vaz**



Anisha tries standup



Leander Sings



Jess shares her poems



Jeff, Ray, Joshua belt out some songs



Aaron shares his stories

# The Making of 'Lynchisthan'

**"There has been no incident of mob lynching in Uttar Pradesh."**  
- UP CM Yogi Adityanath



And you thought our former oppressors were rude? Tsk tsk. What's more? The bullies refuse! And oh, so indignantly! How dare you raise your voice, you minor, oppressed child?

India's Independence Day is here. So people,

get out your tricolored bandanas, slap your faces (and more) with the colours of our motherland, enjoy a nice, big cup of steaming hot chai as you listen to our Prime Minister's soul stirring call. A call to the nation not to get down on its knees for terrorists, parading how far we have come, and how far ahead we can go. However, the question is: "How independent are we?" Mob lynching, vigilante groups unabashedly lashing out at minorities in certain areas, statements being thrown around to kick people out of the country, on the pretext of living in peace. Beloved Prime Minister, have we really come far? Are we really independent in 'Independent India'?

There has been an enormous rise in the cases of mob killings in India. It may not have reached all states yet, but boy, it's spreading like the Plague. It may be happening in the villages of your state right now, but who knows? This epidemic is prevalent in many more states now. A letter written by 49 eminent citizens of the country sent to the Prime Minister, which emphasised the gruesome, horrifying reality in our country.

Earlier this month, the state of Rajasthan introduced a bill that proposed a tough, new law to deal with the increase in lynching incidents. The bill makes it more difficult for those who indulge in these crimes to get away with them. The legislation calls for life imprisonment if the victim dies, and a

conspiracy to lynch will also be treated as a crime equal to lynching itself.



It is unfortunate that in the 21st century India, as we call ourselves a rising power, yet we debate on the subject of mob killings. Factchecker.in shows that in 2018 there were 93 attacks reported, motivated by religious bias. In 75% of these incidents, minorities were the victims. Over the last week, however, the discourse has been dominated not by the law in Rajasthan, but by the open letters on different sides of the ideological divide of the entire lynching issue. It seems like the outrage over the lynching itself is less than the outrage over those who protest against it. It is important to note that those who wrote the letter didn't write it as intellectuals, they wrote it as concerned citizens. As a democracy, we have a right to write a letter to the Prime Minister. When ministers themselves are accused with such gruesome killings, the cases are suddenly closed – due to threats to not sentence the accused for the crime. "If someone is doing something you think is bad, kill them there and then, we can worry about the law later". "If he died due to the beating and the police couldn't admit him soon enough, then no individual is responsible for his death" These are some of the most ridiculous statements put across by village heads when questioned about their views regarding these killings in an exclusive feature by the BBC. In a recent interview to Times Now, UP CM Yogi Adityanath boasted, "There has been no incident of mob lynching in Uttar Pradesh." Of course, the lynching in Hapur is a figment of our collective imagination, right? Isn't it ironic how we're turning into a country that resembles something that could be termed as a 'Mega-Lynchisthan'?



**Ms. Maria Liza Vaz**

# Earthquake

It was 7 in the clock.  
And my father listened,  
to the wise old bearded man,  
on the television speak;  
"India can be the richest country.  
But it chooses to make,  
it's gods richer than its people.

We build huge sculpted structures,  
for the unknown and undefined.  
While its people remain squabbling,  
Though with an identity,  
Yet homeless and lost."

"While we wait and dream,  
of the great eternal escape;  
They face the reality.  
And struggle each day,  
in the hope to live!"

When the wise old bearded man,  
finished talking;  
his words echoed,  
in the deep hollows of my mind.  
The spark in his eyes,

Though from the studio lights;  
Enlightened a flame inside me.  
What species of man he must have been?  
To raise thoughts that could shake you up,  
Like an earthquake.

**Reflection:** The above poem is written on the theme of Republic day. I thought of writing a poem based on the news telecast on Republic day. The speaker is an observer in this poem and the poem is more of a commentary on what she is observing and what she is thinking.

**Ms. Rukma Kanolkar**



# The New Life

Glancing through the flimsy red  
 veil I saw the crowd doused in  
 merriment The shehnai hitting  
     it's notes high  
     I felt the joys of every  
     heart The pandal was  
     decorated with Exquisite  
     and fragrant flowers But  
     they made sure that  
     I was the beautiful one.  
 The beats played by the loud  
 rhythm Of my changing life  
 My parents showed mixed  
 emotions Of sadness and joy  
     The groom's hand  
     holding my hand in  
     comfort  
 Consoling me about our journey forward  
     With a silent prayer in my  
     Heart to be valiant  
     To fight a storm inside me  
 To stay connected with the old  
 me As I now adjust and adapt  
     As a newlywed Indian  
     bride To a new life.

## Reflection:

This poem communicates the excitement and anxiety of an Indian bride, observing everything on her marriage day. The bride narrates everything that is happening in the hall and worries about her future. By the end of the poem the bride calms down and decides on being hoping for the best.

I had thought about this poem when I attend a Hindu wedding. I was mesmerized by the whole set up of the wedding. The bride looked very pretty but nervous. I wanted to capture this moment through a poem.

**Ms. Mizia Dias**





## LET'S GO SOMEWHERE

Let's Go Somewhere,  
Where The Sun Meets The Sea  
Where The Winds Run Free;  
And The Leaves Dance In The Rain  
Where The Storms Rage In The Night

Let's Go Somewhere,  
Where The Waves Don't End,  
Where The Sand Entwines Us  
Like Sickness And Medicine

Let's Go Somewhere,  
Where The Moon Kisses The Night Sky  
Where Orion Watches Over Us  
Like Our Parents Did;

Let's Go Somewhere,  
Where We Can Be Ourselves  
Where One Can Be Anything;  
Where Society Is A Family  
And Not A Bloodthirsty Butcher

Let's Go Somewhere,  
Where Humanity Is A Way Of Life  
Where Everyone, No Matter What Faith They Follow Is Equal,  
Where Humans Live Like Humans  
And Not Like A Couple Crabs In A Bucket  
Let's Go Somewhere, Where Peace Is A Way Of Life,  
Where People Cry Tears Of Joy  
And Not Tears Of Tears Gas;  
Where Someone Gets Hit With A Pat On  
The Back For Doing A Good Job  
And Not With A Lathi For Being A Minority

### REFLECTION :

The story of this poem is an interesting one. I was editing some pictures one day and one picture caught my eye. There was something about this picture; I can't describe it in words, it gave rise to this weird feeling. Next thing I know, I'm typing out this poem in Word. This picture was clicked sometime back on a trip through the Western Ghats. The beauty of the Ghats is one of those things that cannot be described. One has to experience them first hand.

**Mr. Nathan Colaco**



# THE SILENCE



My being, stripped to nakedness  
While half-dead, half-alive.  
The coverings uncovered.  
I was a terrible disaster  
Submerged in isolation  
An eternal lagoon  
Of infinite despair.

The endless seas  
The roaring waves,  
To be me, is to not be me  
But to fall and drown in  
Society's notions of being me.  
He cannot see me happy,

Amalgamating negativity within.

To be nothing,  
Constitutes to nothingness.  
A want to escape  
But am chained,  
The unrelenting anger gnaws  
Provoking me to be imprudent  
And be one of those inhumane humans.

When nightmares make you scream  
When I can't hold on to sanity;  
To lose hope and feel eternal numbness  
My phlegmatic responses are ridiculous.  
To be alive, yet dead before dying

## Reflection:

People are often ignored because they remain silent. They are labeled as 'calm' and 'without a worry' - they are taken for granted. Society dictates the norm of their behaviour, and thus, they often feel imprisoned. Although silent, the mind is loud, screaming. I too, have been in such situations. I think I was going through such a phase when I wrote this poem.

All he craves is for me

To be subservient,  
An ever-growing insensitivity  
Looms overhead, engulfing my surroundings.  
I am I, behind prison bars  
Lashing out, hoping to latch on to something  
Till realizations dawns upon me  
Darkness grips me, pulling me to reality.

I can never be me.  
Only a me trapped inside of me  
Distorted by the image the world wants me to wear.  
Once beamish  
My mind, now berserk,  
The countenance gives no hint of the  
To be six feet under, halfway  
Journeying through life that brings nothing but ruin.  
The exhaustion overwhelming,  
I can barely move.

The magniloquence  
An understatement to my enslaved soul,  
I yearn for the  
Sweet repentance To free myself  
From the abundance of tacenda.

The silence  
Is screaming,  
Loud enough to shatter glass.

**Ms. Rachel Doris Dias**

# LOST CHILDHOOD

You can be what you want to be what you want to be.

You are what you dream,  
The world's your playground  
And you are the star of  
The night...  
This is what I was told  
By every one around me.  
Hopes, dreams, and aspirations  
The magic I believed in

Vanished from my grasp.  
I held on, tightly  
Clutching it with despair  
Never wanting to let go.

You are what you dream...  
I wanted to be what I dreamed about

Every night under the splendid starry sky;

But the moment I turned five  
I was put in this unknown cell

With piles of bundled paper all wrapped in brown.

I was allowed to use a pencil  
And colours, only when I was instructed to.  
Colours! I wanted colours  
I dreamed in colours  
I protested, threw a tantrum,  
But all I got was dull boring lead  
And halfwritten sentences that  
I had to fill with words

None of them my own.

You can be what you want to be  
You are what you dream.  
I dreamt and dreamt and dreamt  
But they were just dreams.  
I wanted to be a knight;  
But since I was a girl  
Society told me to be a princess,  
Adainty timid being.

I wanted to draw and write poetry  
But all I got was formulae and numbers  
I wanted to sing and dance and play  
And thoroughly enjoy myself  
But in all of this wanting  
All I can remember is  
homework—assignments  
Homework and assignments!

O how I long for that  
Sweet essence of innocent childhood....  
Where all are equal and no one is judged,  
Where I could freely express myself  
And sparkle,  
Glowing like fire flies in the night.

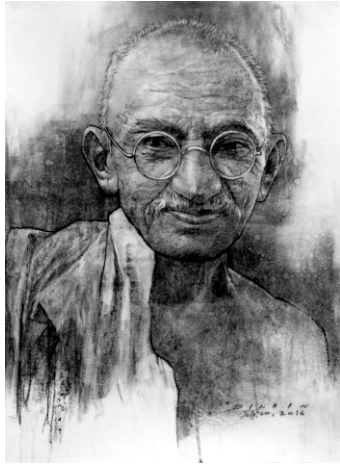
But my childhood was lost,  
In the midst of  
All the ambiguity and exigency,  
There's still this glimmer of hope  
There's still this unspoken voice  
Of this child in me.....  
Still searching Still dreaming  
Still wanting to find That lost  
childhood  
That was once mine.



**Ms. Rachel Doris Dias**

## Reflection:

This poem was written for an intra-college competition, 'Fun-Fest'. The topics was given by the organizers, and each participant had to write an original poem within one hour, after which we had to perform the poem before the judges. From the numerous topics, I was attracted to this particular topic. The reason for the attraction is evident in the poem. I also won the first place in the competition. The poem deals with the lost elements if childhood, and how as an adult one still yearns for childhood innocence.



# Dialogue with Gandhi

## SCENE

Bahanalal and Maskalal were two middle-aged men walking along a dirt road early in the morning. Bahanalal worked in the fields, while Maskalal owned a shop in the city. They were talking about life, problems with their wives, and other simple everyday matters. The sun was struggling to make an appearance through the early morning haze. They easily missed the apparition of a man cloaked in white linen standing beside the road. He called out to them:

**Man:** Good morning! How do you do? Isn't it a fine morning? What a pleasant day to enjoy and relax! I'm new here. Could you please help me out by showing me around town? I'm sure we'll have fun.

Bahanalal and Maskalal burst into a fit of laughter.

**Bahanalal:** Pleasant day to relax, you say? There's no time for us to while around. Come along Maskalal, we should get going.

**Man:** Why are you in such a hurry? It's still early in the morning.

**Maskalal:** Do you not know the crisis we are in? We cannot waste a single moment. With all the currency change, budget law, this law that law, tax amendments going on, people like us don't have time to spare. We need to make as much money as we can.

**Man:** What are you saying? Do people have no money?

**Bahanalal:** Oh no! All the 'top' people have money, if you know what I mean. Farmers are all dying. The other day, my friend's friend jumped to his death. He couldn't pay his loans, and couldn't even give his children food. He asked for help, but no one could help him.

**Man:** Why couldn't anyone help him?

**Maskalal:** Arre, are you blind or what? Can't you see what's happening? The farmers don't receive sufficient payment for their crops. Then they can't pay loans. We also can't help. We're struggling to feed our families. Oh, and paying taxes.

**Man:** What are these Taxes you're talking about?

**Bahanalal:** Even I don't know what it is! People keep saying some PST, DST, JST... something like that.

**Maskalal:** How would you know? I'll tell you. It's GST. And there's something called slabs. If a commodity falls in that slab, you have to pay that amount of tax. You have to ....

The two men were engrossed in their own conversation of how everything is expensive, and that they were walking today because they wanted to save fuel in order to use it for an emergency. The **Man**, shocked and lost for words, decides to change his location hoping for something better.

## SCENE II

The **Man** goes to a cinema hall. He fondly remembers the time they used to screen movies on a white cloth, and how the community would gather to watch films. He's quite astounded with the structure of a theatre. He enters and sits with his tub of popcorn. While waiting for the movie to start and munching on

his popcorn, he notices that people are beginning to stand. Unaware of what's to happen, he keeps munching. Suddenly, the theatre is filled with the sound of a very familiar song:

'Jana gana manna ...'

Startled, the **Man** jumps to his feet and spills all his popcorn.

After the movie he approaches a boy.

**Man:** Hello. Could you tell me why we sing the National Anthem before watching a movie?

The boy puzzled, stares at him for a while. Concluding that he must not be Indian, he puffs his chest out proudly and says:

**Boy:** It is an order passed by the Supreme Court. Everyone must sing the Anthem before watching the movie. It is a way of showing our spirit of patriotism.

And he walks away.

The **Man** too exits. Outside the cinema halls there's a poor old lady sitting with a child, begging for alms. The boy doesn't look twice, and walks away. The **Man** seeing this, wonders if singing the National Anthem before watching a movie is patriotic, so patriotic that it was an order passed by the Court. And helping this woman is ...

### SCENE III

The **Man** decides to visit one of the most beautiful places in India, extreme north, near the border of India. Strolling one morning:

**Man:** Such a beautiful, serene place. Brings back memories. Maybe I was wrong – they must have worked something out eventually. Finally, peace in this land.

Hears distant chattering. It sounds urgent, serious. People seem to be filing out of hotels in a hurry, bags packed. They look scared, frightened. He meets a family with two young children. Approaching them:

**Man:** Why are you in a hurry on such a beautiful morning?

**Mr. Chandra:** Haven't you heard the news? We're all told to vacate and return home as soon as possible!

**Man:** (utterly perplexed) But why? By whom?

**Mr. Chandra:** (anxiously) The Government!!! There's a crisis here! You should go back too. There's a bomb threat. We're all going to die.

**Man:** But I just got here! Is this beautiful valley always in such turmoil?

**Mr. Chandra:** Are you crazy? There's never peace here. It even has special laws. Or, maybe not anymore. But who cares? It's such a delicate place.

**Young Rama:** Papa, I'm getting scared. Let's go home.

**Mr. Chandra:** Ha beta. We're going. (To the **Man**) Take care Mister. I suggest that you go home too. It's not safe out here.

The **Man** is utterly disappointed. He walks slowly to a nearby bench and heaves himself onto it. For the first time since arriving there he takes a good look at the place. He feels helpless, lost. It's been over 70 years, but the land still looks war-torn.

He mumbles to himself, 'I knew it was a bad idea'.

*(The Man is Gandhi, who has returned from the other side to see how his beloved country has progressed. No one even recognises him. He doesn't know what to do and returns to the world yonder.)*

**Rachel Doris Dias**



## Beach Cleaning Drive at Colva

Parvatibai Chowgule College of Arts and Science Autonomous, in association with Kafmar Environmental Services, Benaulim, joined Afroz Shah and his team of volunteers to start regular beach clean-up drives and awareness programme about circular economy at the beach. This started on 28th of May 2019 and went on till this movement could motivate, and make all locals and communities in Goa act against plastic pollution to preserve water bodies. Colva beach was decided as the clean-up venue for this initiative.

Afroz Shah is a lawyer from Mumbai, who started cleaning Versova beach in the year 2014 and since then, he has become internationally recognised for his work. He was awarded 'Champions of the Earth' award by the United Nations in the year 2016. He has been associated with Kafmar Environmental Services

since 2018 who also provided him with machinery to clean the Mithi river in Mumbai. "This initiative is not just a clean-up of the beach, but of our inner selves itself" Afroz said.

Mr Vasant Hede who was in charge of this initiative from the college, when asked about his views on this drive, said that there are millions of marine animals in water bodies that die everyday due to plastic pollution, and thus it is our responsibility to sensitize people towards this and create awareness. They also talked to the restaurant owners and other vendors at the beach, and make them understand the importance of collective effort towards this aim. On being asked how the waste collected is handled, he said that all the waste collected, is segregated in to different garbage bags and the panchayat sends a truck to take the garbage to the dumping site. "Being a part of this, gives me a great sense of satisfaction and makes me feel good about myself" he added.

This beach cleaning drive has it's facebook page, and is also promoted on other social media sites with all updates. Anyone interested to be a part of this, directly joined them. The next few clean-ups went on for a couple of months.

**Ms. Ramya Warriar**



Students participating in the clean-up



Mr. Vasant , with others, carrying the waste collected



The team of volunteers after the clean-up



## ***Amanda and Srushti: Awaiting Great Adventures in Portugal !!***



Our college has Cultural Exchange Programmes to Sweden, Japan, and, Portugal. These Exchange Programmes only last two weeks and the students don't get to explore as much as they would like to. However, our college also has Exchange Programmes with Waseda University, Japan and the University of Porto, Portugal for a year. Through this Programme, the students that are selected get to go to the place for a year and study there at their University. This way, they get to not only learn about the culture but also understand their education system and pick up great knowledge on the way. Two students from SYBA were selected for the Portuguese Exchange Programme. Amanda D' Costa and Srushti Prabhudesai are Major-Minor students with English as their Major and Portuguese as their Minor. They will be attending classes at the University of Porto from 9th September 2019 to 31st July 2020. One of the great aspects of Programme is that their fees for the University are exempted. However, they have to carry the costs for their travel and stay.

Amanda loves to read, watch TV, write, and play the piano and hopes to get into scriptwriting when she's done with college. When she joined Chowgule College, she was hoping to take up the History and English combination but lucky for her; it was not available. Having taken it in school as a third language and knowing there is a lot of scope in a language degree, she took up Portuguese! When Amanda first heard of the Exchange Programme, she didn't consider applying, but Srushti came up to her and told her that they could apply together. After careful consideration, Amanda realised that she would get to learn a lot and explore new cultures. She

also realised that it was a great opportunity since the fees are exempted; this was something that she just couldn't resist. When Amanda found out she got in, she was thrilled and told her mother and sent a message to their Portuguese WhatsApp group to find out if Srushti had gotten in.



Srushti has a great passion for singing, playing the piano and the guitar, Bharatnatyam, cooking, and reading. One day, when Srushti was walking home with her mother, they met a neighbour and struck up a casual conversation. When the neighbour told them that she had taken up Portuguese in school, Srushti found it interesting and decided to take it up herself. When she learned the language, she really enjoyed it, this and her love for languages is what drove her to take up Portuguese in college as well. When Srushti heard about the Programme, she realised that this would give her great exposure to the language, especially since she sings the Fado and decided to sign up. When Srushti received Amanda's message, she was travelling back by train from a wedding in Chennai and could not check her email. She was anxious to know whether she had gotten in or not. When her email finally loaded, she was excited and celebrated with her cousins on the train. Srushti can't wait to get to Portugal. She hopes to take up a part-time job and travel a lot while she is there.

Srushti and Amanda are now busy with their preparations to go to Portugal and are getting more excited day by day.



**Ms. Rucha Prabhudesai**



## The Constitution

It must have been a marvelous day  
When we declared our Constitution great.  
Beautifully calligraphed,  
I wonder what it would say today.

It's our monarch.  
It judges and it grants,  
It frees and it binds.  
It'll always leave its mark.

Hear my plea,  
O ruler of my land,  
Heed my advice.  
I want your decree.

Greedy eyes leer at you,  
They want you dethroned  
And your chair usurped!  
It's time that you stand true.

Let your spirit rise,  
Drowning all who protest,  
Silencing all who betray.  
It's time for the sun to rise.

Everything seems forlorn  
With this storm raging with a scorn.  
I can only watch from the inside  
Because I have my access denied.

I wish, that I could be like the sea,  
Fierce, beautiful, ungirdled and free!

Alas, I can only watch from the  
inside  
Because I have my access  
denied.

**Ms. Ruchira Kagita**



## Voice

The land of the divided, Stands today.  
For its time to cut the silence.  
And raise your voices;  
So that justice,  
Can finally hear you if not see.

Protest!  
Even if they deny.  
For you know the truth Rebel!  
Even if they say 'No'  
For its your nation too.  
Don't just watch, be the one.  
The one who brings the change.

### Reflection:

The above poem is based on the theme of the CAA /NRC protests. This poem was written by me to encourage people to voice their thoughts regarding the protests going on all over the country. The poem has a provoking touch to it. I have kept the length of the poem short so that the message is clear and to the point to the readers.

**Ms. Rukma Kanolkar**





## To Fight Or Not To Fight?

Let shouts loud rise from voices many,  
Let more cries of freedom echo!  
Let larger crowds gather  
And more people resist!  
Let songs of independence flow,  
Let the students fight!  
Let law reign supreme! Let love pour out.

Blood flowed freely from his veins,  
His broken smile matched his broken nose,  
There was symmetry between his broken arm  
and leg.  
The cast around his neck made him speak.

Let more cries of freedom echo! Let injustice be  
heard!  
Let more love pour out!

Shyam or Fazal?  
One was hurled into vans of safety and justice,  
The other was left alone in the mayhem.  
One was safe while the other hung by a thread.

Let more people resist!  
Let shouts loud arise from voices many!  
Let the students fight!

Masked enemies barge into buildings,  
Young men and women hide in their own  
rooms.  
Innocent stones are swung at innocent lives  
And protection waits beyond the walls.

Let larger crowds gather!  
Let songs of independence flow!  
Let law reign supreme!

Bombs flung at you force your tears out,  
Strong jets of water wash you clean,  
The ruling rods make your blood run pure  
While your zeal spreads as slogans through your  
land.

Let shouts loud rise from voices many,  
Let more cries of freedom echo!  
Let larger crowds gather  
And more people resist!  
Let songs of independence flow,  
Let the students fight!  
Let law reign supreme!  
Let love pour out.

**Ms. Ruchira Kagita**





# Halo

There are trenches in the human heart which could only be filled with love. She understood that. She knew the feeling of craving for the attention of someone and never getting it. She also recognized a similar struggle in Rehaan, in the way he pushed people away and maintained his aloofness. Since the first day of classes, he was always the

one who caught her eye. However, she never approached him, afraid that her amiable step forward would be misunderstood. This was until the Monday after three weeks of classes that she was able to gather the courage to take a seat beside him.

He glanced in her direction for only a moment before turning away and looking into his textbook again. She clears her throat and puts on a friendly smile before addressing the stranger beside her, "Hey. Since we're going to be studying together for the rest of the year, I thought I'll just introduce myself. I'm Zoya"

She puts out her hand, and he blinks at her for a split second before shaking her hand with a small smile on his lips, "That's nice of you. I'm Rehan"

Instead of going back to her usual bench at the front, Zoya stays with him at the back of the room. It's different for her, but she doesn't mind the change. People always seem to think that the 'back-benchers' are ones who aren't interested in their academic pursuits, but even though the trend seems to be changing now, stereotypes never bothered Zoya. She has grown beyond those, albeit through the hard way.

Rehan pulls out his notepad just as her favourite professor steps into the classroom. Both of them are History majors, and Zoya loved studying the Medieval World. The antiquity of the matter seems almost mystical to her, just like the fantastical worlds she appreciates. History to her is just fantasy as truth. Professor Ahuja doesn't teach; he tells a story. He manifests the

details, and makes it seem to her as if she isn't present to study, but to gain some more incredible knowledge about these lost civilisations. The professor takes the roll call as usual, and in the meantime, Zoya takes a peek at her benchmate's personal notes. Her eyes widen at the intricacy of his flow-charts.

Rehan pushes his book toward her when he notices her glancing at his book. Zoya looks up at him, and smiles. "Thank you," she says. Rehan ignores her gratitude, and instantly becomes critical of his actions. It wasn't in his nature to willingly share his notes with somebody else, but he figured that it was the least he could do to return Zoya's kind gesture.

"Can I look at your notes?", he asks her.

Zoya instantly gives him her notebook, and unlike her, Rehan doesn't thank her. He turns through the pages, quickly scanning through what she had written. Zoya was used to scribbling anything she found interesting, and important. More often than not, it doesn't look tidy. Rehan doesn't mind the messiness. It had an odd appeal to him, because even though all that she had jotted down looked unintelligible and disorganised, it made perfect sense.

Professor Ahuja begins to speak about the rise of the Roman empire, and immediately, Zoya and Rehan exchange their books. The class soon comes to an end, and instead of instantly going out of the room, he decides to wait for her.

Zoya smiles warmly, and they walk out together into the corridor, slowly falling into step with each other. They soon reach the end of the building, and Zoya is first to speak up, "It was good to talk to you. See ya tomorrow". Rehan repeats the gesture, and they part ways in opposite directions. Rehan looks back at her for a mere second, and smiles to himself, before making his way home.

The next day, Rehan is already in his usual back seat in his class of Indian History of Independence. This time, Zoya walks in and after sending a friendly wave in Rehan's direction, settles in the first seat. The next class, in Medieval Literature again, Zoya joins Rehan.

For reasons not understandable, Zoya felt that she had to explain herself, "I think this class should be our class"

Both Zoya and Rehan made this class their routine, and continued the same way for the following week. There was a connection between them that she couldn't quite fathom, and she couldn't resist it for long. Rehan felt it too. She felt that it was important to always chase after what you want; this meant that she was willing to take all the steps she could to get to know a person she wished to. At the end of the class, they walked back to the end of the corridor when Zoya asks him, "Do you wish to do our term paper together?"

Rehan instantly agrees and without wasting any time, they get to discussing their topic. It had been a while for him to sit down with someone, and he welcomed the opportunity like he always did, but unlike all the other times, he genuinely felt excited for this. It wasn't new to her but she knew that he needed this, and she was adamant on guiding him out of his shell. Both of them spend some more time discussing their plans, and at the end of an hour, Zoya gets up, "I think I should leave now"

Rehan follows suit, "Yes, I must too"

They quiet down again, and walk in silence till the end of the gate when Zoya starts to speak again, "May I ask you something?"

Rehan nods. "Why're you so aloof? You're depriving others of such great company," Zoya says, grinning. Rehan joins in her laughter too, "Thank you," he soon loses his smile, becoming more mellow, "I feel like it's better if I stay to myself"

Zoya frowns, "Why?" She doesn't ask him too many questions, because these past couple of days have given her the impression that he doesn't like to share anything about himself, and she didn't want to push him but Rehan had eased out a lot round her, and she wonders about how a few hours with the right the person really change you.

Rehan stays silent for some time, but then opens up about himself but the response he gives was not what she was expecting, "I ended up hitting

someone, and injuring them pretty badly when in my last school. I don't want myself to be provoked. That's why I stay alone" He gives her a small smile and looks down at the ground.

Zoya sighs, finally gaining an understanding. Just like the last time, she didn't ask him why. "It's okay to be guilty, but remember this. I don't know why you did what you did, but a mistake only makes you realise your flaws. You needn't hide away, Rehan"

The lack of judgement in her tone and words takes him by surprise. He was always taught that violence is bad, and that the violent are to be stayed away from. Zoya didn't go away. Just as he's thinking this, Zoya shifts slightly closer to him and intertwines their fingers together. The warmth of her skin seeps into his cold flesh, and Rehan feels his chest well up with emotion. "Thank you," a whisper escapes his lips.

The second the words escape his mouth, light shines surrounds him, and he sees that the girl who was just beside him, now has brightness radiating from within her. She appears the same, except for the supernatural light. Rehan's jaw drops, and it takes a few moments, but she gathers the courage to speak, "Who are you?"

Zoya smiles, "I didn't realise who I was, either. But now, I do. I was sent with a purpose with memories I didn't truly have and it turns out that I have fulfilled what I came for. It's you"

Rehan couldn't comprehend this incredible sight. He rapidly blinks his eyes, and when he tries to stare at again, he sees her slowly vanishing into thin air. Her words echo in his head, "It's you".

His shoulders slump as he holds his head in his hands for some time. He wondered if he lost her, he questioned himself if he was the reason. Not for the first time in life, he blamed himself for his misfortune, but not for long. It dawned on him that he was her purpose. He realised that he didn't lose anything, but had in fact gained something priceless. Love.

**Ms. Ruchira Kagita**



# The Girl

Am no one. I am a girl,  
A girl who has no name.  
Who was lost for the others,  
In winterfell and the seven realms.  
I am the sinner and the saint;  
In a flip of coin I change.  
I am the protector,  
The keeper of justice,  
In the devil den of the Lanisters.

My list is long,  
I have to no mercy.  
My needle is just enough,  
to slit your throat.  
Or pierce a hole,  
For blood to spill out in pools.  
Nothing can stop me.  
I'm not afraid,  
To watch the whole bloody scene.  
For I am no kid.  
I enjoy killing;  
For Pain is a blessing for me.

The time seemed slow before,  
When I wandered like a shadow;  
In distant lands of rivers and greens.  
Living with people and Gods,  
Of Changing masks and faces.  
They tried to kill me,  
But I said straight faced,  
to the God of death,  
Not today!



The times weren't merry,  
the winter arrived.  
And It grew very harsh;  
but the lone wolf didn't die.  
The girl survived.  
I, Arya of house stark survived.

In this battle of throne, I won.  
No not the throne, But justice;  
for women and little girls like me.  
To say Valar Morghulis.  
And you to obey, And say  
Valar Dohaeris.

Reflection: The above poem is written on the theme of women. I decided to take up "Arya Stark" who is my favourite character from the "Game of Thrones" series –as the speaker of my poem.

**Ms. Rukma Kanolkar**





## Words Have Power

To the people who believe words don't have  
power,  
and actions don't lead to consequences,  
Tell that to my friend who,  
8 years later  
Still frowns and flinches  
When I pass by.  
Tell that to my brother  
Who takes the long way home  
Just to avoid the cemetery  
Where his best friend lies.  
Tell that to my best friend  
Whose parents spend more time working  
Than with her.  
Tell that to my cousin  
Who will leave the room  
EVERY SINGLE TIME  
Someone jokes about rape  
To avoid being seen crying.  
Tell that to parents  
Who spend their whole lives  
In the hospital  
Only for the doctor to say  
There's nothing we can do.  
Tell that to the boy down the street  
Whose mother puts her addiction first  
Before her own children  
Tell that to my roommate  
Who skips a meal  
Every time she's told  
She looks so much healthier now.  
Tell that to the guy at the gym  
Who lifts weights twice his own  
To prove he isn't weak.

Oh so please,  
Don't just sit there,  
And tell people to get over it,  
Because words cause thought,  
Thoughts cause action  
And

Actions definitely have  
consequences.

**Ms. Jesselyn Fernandes**



## A Carnival Of Introvert

Carnival is colour Carnival is people  
Carnival is fun and joy But I'm an introvert  
Khaya  
Piya  
Moja mara  
And all that stuff

By a man called momo Can all be done  
In a single go

In my comfy home. Oh Sushegad  
The one Goan trait

Which is so inbuilt within me.  
I bear it with pride.

Who am I to critic such a great thing?

I am just an introvert, who hates socializing.

### Reflection:

The above poem is based on the theme of Carnival. This poem describes the introvert's perspective on carnival. I myself being an introvert do not like to do much of the outgoing activities like attending parties or large gatherings.

**Ms. Rukma Kanolkar**



## Student status: In Relationship with Google Classroom

Unlike other colleges in Goa Chowgule college has a different study system. It has a different evaluation method of the student's work. The college faculty makes extensive use of Google Classroom for uploading notes and study material, accessing student's class work and putting up classroom activities. As a student my major task is to keep myself updated in order to not miss any of the google classroom activities. Many a times there are multiple submissions on the same due date. With so many activities happening in the college, the students have to undergo a lot of stress in order to submit their work on time. Most of the students end up uploading their work right before the due time which is 12am at night. But frankly telling the satisfaction you get after submitting the google classroom work just a few minutes before the deadline of 12 am is worth experiencing. It's the same level of happiness and satisfaction what Cinderella might have experienced when she left the ball dance right in time before the fairy godmother's magic disappeared, as palace clock struck 12am in it.

In order to have smooth and efficient functioning of the google classroom you need to have a good network and sufficient data net

pack. For students who live in remote areas, it at times becomes difficult to access the google classroom material because of the bad network or range problem. There are also times when all day long you work hard completing the required work file but your work does not get submitted due to the restricted MB of your attachment or file. Since we never had Google classroom or any such e-platform for learning, we still do not know much about google

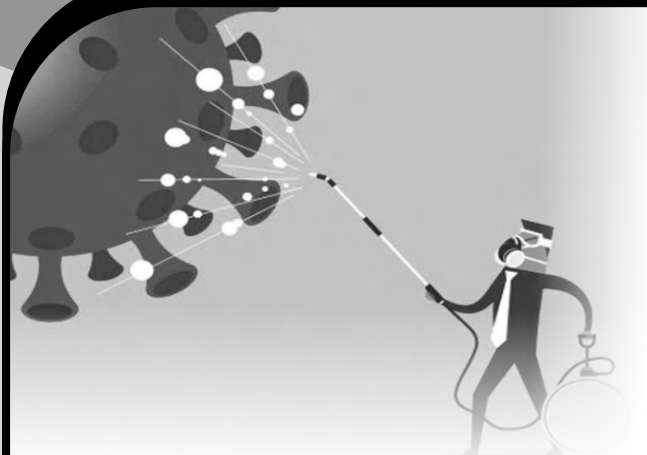
classroom and how to tackle problems associated to it. From the perspective of the faculty and the students, Google classroom is an excellent platform for sharing study material in the form of pdf, ppts, videos and documentaries. It is a good thing that we are becoming more technologically advanced as compared to the students of other colleges but sometimes it seems that you are caught up in a never-ending whirlpool of deadlines. You almost feel as though you are drowning in the sea of google classroom submissions. According to me there should be an equal division of the actual classroom work and that of the Google classroom. This will balance the work which is required to be done by the

students. In this way the students will enjoy learning and they won't feel burdened about the work which needs to be completed.



**Ms. Rukma Kanolkar**





# Pandemic: A Time to Change Perspectives

A year ago, we asked for a break from our daily lives and the universe gave us a pandemic!

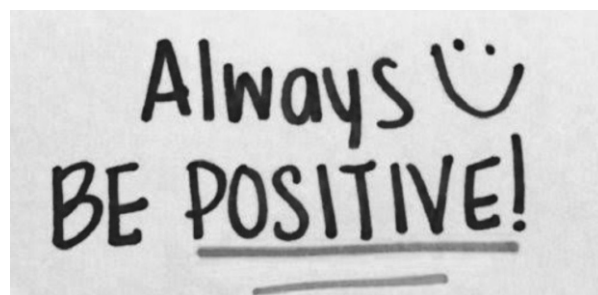
“Be so positive, that negative people don’t want to be near you.” Well, that has a different meaning now.

There are hundreds of news and articles related to the horrors of the virus. It is difficult to find good amidst the global turmoil and sufferings. Still, there are some good things we can focus on that came out of the pandemic. Here are a few:

1. **Experiencing nostalgia :** One of the ways that helped us cope with the unpleasant situations was being nostalgic for the good old days. Simple things such as going through old photographs in old albums, watching TV series and cartoons we used to watch as children, reading old diaries, and listening to music from the ‘90s and early ‘00s. Reliving happy memories gives us a sense of comfort along with building hopes for the future.
2. **Expressing more love and care than usual:** In pre-covid times, most of us hardly conveyed love to our family and friends.

However, the virus has taught us to constantly show warm affection and let them know we are here for them. This also helps us in nurturing relations and feel connected to each other.

3. **More time with family :** The quarantine period has given us a chance to refresh our relationship with our family. Personally, I think I understand my family better after the lockdown. Prior to lockdown, all the family members were busy in their own world and rarely even sat together for meals. But during quarantine, we made sure we spent quality time with our family by restarting the tradition of eating together, playing board games, singing karaoke, and watching mythology TV soaps like Mahabharata and Ramayana together.
4. **Picking up new hobbies :** Having a lot of time in our hands gave us an opportunity to refine our pre-existing skills and master them. At the same time, it allowed us to explore new interests and pick up new hobbies. I took up gardening, cooking, singing, and carpentry while some of my friends took up painting, baking, photoshop, and coding during the first wave of the pandemic.
5. **Recognizing mental health to be as important as physical health :** We have been anxious and overwhelmed since last year as the situation took a toll on our mental health. But the good news is, we started acknowledging the significance of mental well-being and began taking care of



the same.

6. **More time for self-care :** Practicing self-care has become a need of the hour for emotional well-being amid the pandemic. It is of utmost importance to preserve mental as well as physical health and thus, many of us have started exercising regularly, eating healthy food, getting enough sleep, journaling, meditation, skincare and reading books.

Hopefully, we will continue doing the same even after the world comes back to normal.

7. **Introspection :** The lockdown was a perfect time to slow down and think about our thoughts, experiences, and actions as well as the reasons behind them. It led me to know myself better and how changing certain aspects can have a huge impact on our daily lives. Change is not easy, but we can take one step at a time to better ourselves. Introspection is the key to increase self-awareness. Although, its important to not confuse it with overthinking and self-criticizing.

8. **Appreciating human contact :** Social distancing has definitely changed our perspective towards human interaction. We think about how we took those moments we spent with our loved ones for granted. Video calls are nothing compared to the hugs we got from them. There will be much more gratefulness for interaction and communication with each other.

What gave me extra motivation to write this article was the fact that I was tested positive for Covid a month ago and I wanted to share what that experience was like firsthand. It is scary to get the results as positive with all the awful news around. You think you might die, given how much we overthink as young adults. But the fear subsides in a day or two. Once you accept the fact that the virus is inside you, you feel free. Because now you can decide- either spend the

14 days of isolation in worry and anxiety or be happy and positive to recover faster. During my quarantine, I made sure I say positive affirmations and strengthening words every day to reduce stress and prevent negative thoughts from taking over. I decided to shift my focus to being grateful. I realized it's healthier to put my energy into believing than worrying. We often sabotage ourselves with self-deprecating thoughts which decreases our functioning efficiency leading to a continuous downward spiral. Behaviors such as procrastination, stress eating, and finding distractions in phones are more likely to happen during a lockdown as we are not motivated and less excited about doing tasks. However, identifying the patterns and taking steps to control such behaviors are necessary before they become a part of your lifestyle. We certainly don't want to waste the most productive years of our lives by doing nothing. I overcame these shortcomings by making mindful decisions about how I spend my time. I learned that those decisions will determine how my future will look like. Besides, procrastinating and stress eating just made me feel worse after the short-term pleasure they gave. So, I suggest to all the readers to use your time in the lockdown consciously. Stay off social media as much as you can and engage in things you love to do. Don't let the pessimistic situation get the best of you. Be a semi-permeable membrane, allow only good things inside.

The lockdown has been a roller coaster ride. However, it taught us many things along the way. Reliving happy memories made us embrace good things in life and appreciate the little moments. Instead of brooding about how things were before, its best to cherish them and look forward to a joyful future. The pandemic, overall, has improved social and personal relationships and helped redefine the meaning of life.

**Ms. Shreesiddhi Bhomkar**  
TY BSc Biotechnology



## एन. सी. सी कॅम्प

दर वर्सा गोंयांतल्या वेगवेगळ्या महाविद्यालयांनी शिकपी विद्यार्थी एका एन. सी. सी. कॅम्पाखातीर मुजरत वतात. देखून हांव लेगीत एक न्हय तर दोन कॅम्पांखातीर हजर आशिल्लें. हातूंतलो चड यादींत उरलो म्हजो दुसरो कॅम्प. दुसऱ्या वर्साक शिकतना हांव ह्या कॅम्पाक गेल्लें. नोव्हेंबराच्या म्हयन्यांत उत्तर गोंयच्या म्हापशेंच्या पेडें खेळां मैदानार हो कॅम्प जाल्लो. ह्या कॅम्पाचो म्हजो खूब बरो अणभव आसा. जितली मजा, ट्रेनींग आनी शिक्षण हांवें ह्या कॅम्पातल्यान प्राप्त केलें तितलें ट्रेनिंग हेर कॅम्पांतल्यान जावंक ना.

हो कॅम्पाखातीर आमची रावपाची वेवस्थाएका शाळेंत जाल्ली. चल्यांक शाळेच्या वर्गांनी आनी चल्यांक टेन्टांत रावपाची वेवस्था केल्ली. सदां सकाळीं ५.३० वरांचेर आमी उठ्ठालीं कारण ७ वरांचेर गांवडार एकठांय जावंचें पडटालें (फोलीन) आसतालें. सकाळचें एक वर पि.टी. आसताली आनी उपरांत नाश्तो. उपरांत दीस भर आमकां मार्चींग तशेंच मदीं मदीं लॅक्चरां आसतालीं. वेग-वेगळें गिन्यान दिवपी विशयांचेर डॅमॉस्ट्रेशनां-देखीक काराटे, जिवाणी धरप, फायर फायटींग, वेपन ट्रेनिंग, फायरींग आदी...आसतालें.

कॅम्पाच्या दुसऱ्या दिसा दोन दोन कॉलेजी एकठांय करून आल्फा, ब्रावो, चार्ली, डेल्टा अशे ग्रुप केल्ले. आमची कॉलेज एम.ई.एस. कॉलेजी कडेन विलीन करून आमच्या कम्पनीक डेल्टा नांव पडिल्लें. कम्पनीक धरून वेग-वेगळ्यो सर्ती आसताल्यो आनी हातूंतल्यान कम्पनीक गूण मेळटाले. तशेंच निमण्या दिसा कम्पनी मदीं मार्चींग सर्त जाली. सदां रातचे वेग-वेगळे सर्तीक धरून कार्यक्रम आसताले. एका-एका दिसाक एक-एक कम्पनीक फायरींगेक व्हरताले. ह्या कॅम्पांत हांवें खूब मजा केली, खूब शिकलें, नवे इश्ट मेळयले. अशे तरेन आमचे १० दीस केन्ना सोपून गेले कांयच कळ्ळें ना.

- स्मायरा द्रावासो  
तिसरें वर्स कला

## खरो मोग कोण करता?



खरो मोग कोण करता? तो जाणा जावन घेवचे पयलीं आमी खरो मोग म्हणल्यार कितें तें जाणा जावन घेवप गरजेचें. तर खरो मोग म्हणल्यार दुसऱ्या मनशांक वा हेर खंयच्याय प्राण्याक तो वा तें आसाच तसोच ताका आपणावप आनी

आपलो फायदो पळयनासतना ताचो मोग करप, ताचें रंग-रूप पळोवप न्हय तर ताचें काळीज आनी ताचो स्वभाव पळोवप होच खरो मोग.

आयच्या काळांत अशें सुंदर काळीज कोण पळयतात? आतां मोग म्हणल्यार फकाणां. आतां सुंदर काळीज न्हय तर थंय लोक भाट-भेंस, पयशे पळोवन भुलतात. तर कांयजाणां मोगाचीं फकाणां करतात. आपल्या सांगात्याक फट मारतात, तांकां फटयतात आनी कोणाचे चड बॉइफ्रेंड्स, गर्ल फ्रेंड्स आसात तें वा तो मनीस ही सर्त जिखतल्या परीं एकापरस चड गर्ल फ्रेंड्स वा बॉइफ्रेंड्स करतात.

कांयदीस फाटीं म्हज्या एके इश्टिनीन म्हाका फोन केल्लो, तें हड्डें बोडोवन रडूंक लागलें. हांवें कितें जालां काय म्हूण ताचे लागीं विचारलें. ताणें म्हाका सांगलें की आपल्या वांगडा एक चलो खेळटा म्हण. खेळप म्हणल्यार फूटबॉल वा हेर कसलोय खेळ न्हय, तरदुसऱ्यांच्या भावनां वांगडा, जिविता वांगडा खेळप. तुमीच सांगात हाका मोग म्हणपाचो... हाका दुसऱ्यांच्या जिविताविशीं खेळप म्हणल्यार जाता.

ह्या पुराय संवसारांत खरो मोग करता तो मनशां परस जनावरांय करतात. ह्या संवसारांत वेग-वेगळीं जनावरां आसात. तातूंतलीं कांय आमी आमच्या घरांत पोसतात

तांकां आमी पाळीव जनावरां म्हणटात. आनी हेर जनावरां रानांत रावतात तांकां रानवटी जनावरां अशें म्हणटात. घरांत आमी सुणीं, माजरां, गोरवां आनी कांय फावट कांय लोक रानवटी जनावरां लेगीत पोसतात. जशे माकड आनी हत्ती. तीं मनशाचो रंग-रूप न्हय तर मनशाचें काळीज पळयतात. तीं केन्नाच दुसऱ्यांक फटयनात, दुसऱ्यांक रडयनात, तांकां पयशांची वा गिरेस्तकायेची कसलीच आशा तांच्या दोळ्यांत दिश्टी पडना, फकत मोग दिश्टी पडटा.

आमकां मनशांक पळयात, आमी मनशां कितलीं सुवार्थी आसतात तीं. मनशां इतलो स्वार्थी ह्या पुराय संवसारांत आनीक खंयचोच प्राणी आसचोना. आमी भाट बेसाक वा पयशांक लागून स्वताची आवय-बापूय केन्ना हो संवसार सोडून वयर वतलीं हाची वाट पळयतात. आपल्या सुवार्थाक लागून आयज मनीस मनशांचोच दुस्मान जावन मनशांकूच मारुन उडयता. कांय लोक तर रेड्यांचे गॅर लायतात आनी रेडो जिखलो जाल्यार लाखांनी पयशे लायतात. झगडून-झगडून रगतां काडटात आनी लोक सागळो हें पळोवन खुशाल जातात. गॅर पळोवंक जितले लोक एकठांय जाता तितले कोण रस्त्यार पडून मेल्यार लेगीत जायनात.

संवसारांत आशिल्ल्या वेग-वेगळ्या जनावरांतलो सुणो हो मनशाचो खरो इश्ट म्हणल्यार जाता. एकदीस एका प्रॉफेसराक कामांतल्यान घरा परतताना रेल्वे-स्टेशनाचेर एकल्हानसो सुण्या पिलो मेळ्ळो. ताणें तो सुण्या पिलो कोणाचो तो विचारुन परत दितलो ह्या विचारान ताका आपल्या घरांत व्हायलो. ताका ‘हाचिको’ नांव दवरलें.

तो १० नोवेंबर १९२३ ह्या वर्सा जल्माक आयिल्लो. ‘हाचिको’ आनी प्रॉ. दोगूय एका वांगडा उदक न्हांवतालें, एका वांगडा खाताले-पिताले आनी एकाच वांगडा खेळटाले-न्हिदताले. ‘हाचिको’ प्रॉफेसराचो इतलो मोग करतालो की प्रॉफेसर शिकवपाक वचपाक भायर सरता तेन्ना ताचे फाटल्यान वचून ‘हाचिको’ रेल्वे-स्टेशनाचेर दीस भर थंयच बसून रातचो परतून

येयीसर ताची वाट पळयतालो. ‘हाचिको’ आनी त्या प्रॉफेसराचें नातें सगळ्या लोकांक दिश्टी पळटालें. सदांभशेन ‘हाचिको’ प्रॉफेसराच्या फाटल्यान वचून रेल्वे-स्टेशनाचेर बसून ताची वाट पळयतालो. पूण एक दीस अकस्मात प्रॉफेसर शिकोवपाक गेल्लेकडेन थंयच भायर पडटा. पूण ‘हाचिको’ प्रॉफेसर केन्नाच परत येवचोना हें मात समजना. तो थंयच बसून आपले दोळे सदांकाळ बंद जावंसर १० वर्सा ताची वाट पळयत रावलो. पूण तो केन्नाच येयलोना. ‘हाचिको’ ८ मार्च १९३५ ह्या वर्सा भायर पडलो. ‘हाचिको’ जंय बसतालो थंय लोकांनीं इमानदार सुणो म्हूण ‘हाचिकोचो’ पुतळो करुन दवरिल्लो आसा आनी तो पुतळो आयज पासून जपान नांवाच्या देशांत आमकां पळोवपाक मेळटा. हाचेर फिल्म लेगीत तयार केल्लें आमकां पळोवंक मेळटा.

वेग-वेगळ्या जनावरांमदलो एक मनशाचो खरो मोग करता तो म्हणल्यार सुणोच. कांय फावट घरांतल्या मनशाचेर कसलेंय दुयेंस वा मरण येवपाचें आसल्यार सुणीं तें मरण आपल्याचेर घेतात आनी आपूण मरतात अशें जाणटेलीं गोंयांत आयज पासून मानतात. पूण खऱ्यानीच सुणीं हीं आपल्या घरांतल्या मनशांचीं खूब बरेतरेन राखण करतात .

एक दीस एका घरांत सोरोप आयिल्लो. त्या घरांत सुणें आनी ताची मालकीण रावताली. आनी तो सोरोप आपल्या मालकीणीक घांस मारुंक वता म्हण त्या सुण्यान त्या सोरपाक घांस मारुन ताका मारुन उडयलो. सोरपाक मारता आसतना त्या सोरपान सुण्याक घांस मारल्याकारणान सुणो मरता. ह्या सुण्यान आपली परवा करिनासतना आपल्या मालकीणीचो प्राण वाचयलो. खरो मोग म्हणल्यार होच आसा.

- सेलोसिया डायस  
दुसरें वर्स कला







# म्हजें अस्तित्वच सोपयलें

म्हजें मन,  
तुजेच विशीं चित्तालें  
फकत तुकाच आशेतालें  
करी तें तुजोच विचार  
सपनां ताणें पळयल्लीं साबार  
पूण शेवटाक तें निशेलें  
तुवें म्हजें मन दुखयलें

म्हजें काळीज,  
तुज्या पासत धडधडतालें  
खूब मोग तुजो करतालें  
वेंगेंत तुका घट्ट धरी  
काळजी तुजी तें खूब करी  
पूण शेवटाक तें निशेलें  
तुवें म्हजें काळीज तुटयलें

म्हजें अस्तित्व,  
तुकाच ओंपिल्लें  
तुज्या बगर हांव कांयच नाशिल्लें  
तूं आसल्यार हांव आसतालें  
तुज्या विणें सगळेंच पिसडिल्लें  
पूण शेवटाक हांवूच निशेलें  
तुवें म्हजें अस्तित्वच सोपयलें

- स्वेता पालकर  
तिसरें वर्स कला





# मन

मन म्हजें  
 केन्ना अशें चिंतता  
 केन्ना तशें चिंतता  
 केन्ना हांगा वयता  
 केन्ना थंय वयता  
 दीसभर सगळो संवसार भोंवता  
 तरीय जायना ताका थार  
 अशें कशें काय म्हजें मन?

म्हजें मन  
 म्हजेकडेन उलयता  
 दुसऱ्या विशीं बडबडटा  
 फाटीं जाल्ली गजाल  
 घट्ट याद दवरता  
 दुख्ख आपूण सोंसता  
 आपलो मोग मात पसरयता  
 अशें कशें कायमन म्हजें?

- स्वेता पालकर  
 तिसरें वर्स कला



# किती जाय?

बेश्टेंच गिन्यान आसून उपकारना...  
दुसऱ्याक जाता तितली मदत करपाची  
इत्सा जाय...  
गिन्यानाचो फावो सो आनी फावो तो  
उपेग जावंक जाय...  
गिन्यानाचो गर्व नासताना  
अभिमान दिसपाक जाय...

बेश्टेंच गिन्यान आसून उपकारना..  
जाका लागून तें फाव जालां ताची  
जाणविकाय जाय...  
गिन्यानाचो देशाचे उदरगतीक उपेग  
करपाची इत्सा आसपाक जाय...  
ताचो उपेग दर दिसा करपाची  
संद मेळपाक जाय...  
जांणी हें भरभरून दिलां तांची  
याद आसपाक जाय...

बेश्टेंच गिन्यान आसून उपकारना...  
ताचे मदतीन किती तरी नवें घडोवपाची  
इत्सा आसपाक जाय...  
गिन्यान दिल्यार वाडटलें म्हणून  
दुसऱ्यांक मदतीचें दान दिवपाक जाय...

मनशाक बेश्टेंच गिन्यान आसून उपकारना  
तर, मनांत घट्ट भावना आनी देशप्रेम जाय!

- शर्वरीभावे  
तिसरें वर्स कला





## एकूच उजवाडाची वाट

रातचें वेळार अशेंच न्हिदिल्ले कडेन  
 आयलो मनांत एक विचार  
 कोण आसा दुखांत  
 तर, कोण आसा सुखांत  
 काळखाची पूजा करतात  
 काळखाच्याच कडेन मागतात आदाराचो हात  
 चार-चौगां मदीं हांसपाचीं नाटकां करून  
 कोणशाक येवून रडटात.  
 घरांतल्या वाडत्या भुरग्यांचेर येयलो काळ  
 आनी सोंपलो तो अचानक अपघातान  
 तर कोणाचें नुकसान जावून  
 बुडलो तो बाबडो रिणान  
 साबार अरिश्टां म्हजेर कित्याक?  
 असो आयलाच आसतलो तांच्या मनांत विचार  
 तरी आसतना कित्याक यत्न करुनात काय  
 सोदपाक देवाची ती एकूच उजवाडाची वाट...

- श्रुती शा. नाईक  
 दुसरें वर्स कला



## तडवीं ल्हारां हुपतना....

मनांत चल्ला भंवर...  
 काळजां मोगा चंवर....  
 दिसता मळबां इंद्रधनू  
 परिभुंयेर फुलां परजळटना....  
 सुर्य हांसता चोरु-चोरुन  
 मोगा पिशें सवरतनां.

मळबाक वेंग मारुंक दिसता  
 नखेत्रां जोखतना....  
 चंद्र म्हाका हांसता पळय  
 चान्यान धर्तरी तोखेताना....  
 ओंठांर ओंठ ओडटा दर्या  
 तडवीं ल्हारां हुपतनां!

-आकाश गांवकार  
 दुसरें वर्स कला





## मरण येता बुरखो मारुन

जल्म घेता  
रडूं - रडूंन....  
जीण सारता  
मरुंक - मरुंक....  
मरण भोगता  
कर्म करुन....  
दुख सोंसता  
माराण मारुन....  
सुवाळो जाता  
चिमटे काडून....  
मन धादोस  
बोब मारुन  
मरण येता  
बुरखो मारुन....

आकाश गांवकार  
दुसरें वर्स-कला



## शिक्षण

‘शिक्षण’ खूब म्हत्वाचें एका मनशाच्या जिवितांत  
आदल्या काळार शिक्षण एके वेगळेच तरेचें  
उपराशिल्ल्यान गरीब नांवांच्या वळवळ्यान  
मनशांनी जायते काडले त्रास, शिक्षणाक लागून  
हेंच शिकप एक समाधानी व्यक्ती करतालें

आतांच्या काळार बदलिल्ले मेळटात शिक्षणाचे नेम  
आतांच्या काळार दिसून येता शिक्षणाचें म्हत्व  
आतां बदलिल्ली आसा परिस्थिती गरीबांची  
आतांच्या काळार चड त्रास भुरग्यांक नात शिक्षणांत  
सगळें सोंपेपणान मेळटा पूण लागता त्रास काडपाची  
उमळशीक

आदलें शिक्षण, आतांचे शिक्षण जावं  
अखेरेक शिक्षण सगल्या मनशांची गरज भागयता  
काम आसल्यार पोटाची भूक भागयता.  
समाजांत तर एक नांव आसता  
शिक्षणांतल्यान देशाची,  
समाजाची उदरगत जावंक पावता.

- सिमरन कोस्ता  
पयलें वर्स-कला



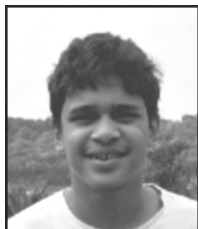


# Os Festivais de Goa

Os festivais são celebrados em todo o mundo para comemorar pessoas importantes ou dias gloriosos. Muitos festivais são religiosos por exemplo: Natal, Divali, Eide outros são culturais. Os dias nacionais como Dia de independência, Dia da república entre outros, também são festivais na Índia.

Em Goa também celebramos muitas festas. Tal como outros países lusófonos, Goa celebra a festa de Carnaval, que é celebrada quatro dias antes de começo de quaresma. A festa de Carnaval em Goa é celebrada com desfile dos carros alegóricos e nas aldeias esta festa é muito animada. Cada aldeia em Goa tem um Santopadroeiro cuja festa é celebrada naquela aldeia cada ano. Nove dias antes de festa, começa a novena e no décimo dia, a gente celebra a grande festa. As festas têm sempre uma feira onde vendem doces, grãos, brinquedos e mais. Uma grande festa que celebramos em Goa é a festa de São Francisco Xavier no dia 3 de dezembro, todos os anos. Os hindus de Goa também celebram muitas festas. No mês de março celebram a festa de 'Gulal' para comemorar o dia em que o Deus 'Damodar' ou 'Dambab' foi transferido de Margão para Zambaulim. Cada ano os devotos põem 'Gulal' ou pó cor de rosa e gritam 'Har har Mahadev'. Em Shirgão e em Bicholim celebram o 'Lairai zatra', a festa de Deusa 'Lairai', à noite de 'Zatra' os devotos que se chamam os "Dhonds" correm em cinzas. Essas são apenas algumas festas importantes de Goa.

**Aaron A. Andrade**



Beleza feita de praias,  
Natureza cheia de árvores.  
É a idade de "Goa Dourada"  
Ponderada com as viagens portuguesas.

Além de sua beleza, o Patrimônio Goês  
Vem com suas histórias únicas.  
Que são ligadas com as fortalezas e igrejas.

Chegando ao destino dos sonhos, para muitos  
turistas.

Sempre te deixa espantado.  
Ó ! Que lugar lindo é Goa!

**Fátima Myriam Barreto**





## A Sombra do Amor

Eu ainda vejo suas sombras no meu quarto  
 Não posso recuperar o amor que eu lhe dei  
 É ao ponto em que eu amo e odeio você  
 E eu não posso mudar você,  
 então devo substituí-lo  
 Mais fácil falar do que fazer  
 Eu pensei que você era o único  
 Ouvindo meu coração em vez de minha cabeça  
 Você encontrou outro, mas  
 Eu sou o melhor  
 Eu não vou deixar você me esquecer

**Siegfred Ernest Mesquita**

"Choose to be optimistic, it feels better."

- Dalai Lama



Try to be a rainbow in someone's cloud.

- Maya Angelau



## Aprender Português

Na vida, é importante aprender novas línguas. Quando aprende uma língua, é importante ser paciente e trabalhar arduamente. Também é importante praticá-la todos os dias. Se fizer isso, conseguirá falar uma nova língua facilmente.

Eu decidi escolher a disciplina Portuguesa porque esta língua tem muita importância em Goa. Goa era uma colônia portuguesa há mais de 400 anos e por isso a cultura goesa era influenciada pela cultura portuguesa.

Eu acho que é fundamental conhecer a história e a cultura do seu local de nascimento. Por isso, é importante que todas as pessoas de Goa aprendam Português.

Em 7 meses, eu aprendi Português muito bem. No início, era difícil porque a língua era nova para mim. Mas, com a passagem do tempo, eu comecei a gostar esta língua interessante. A minha professora também ensina bem. O meu método de estudar é fácil. Eu tento pensar em Português usando tudo o que eu já aprendi e tento traduzir as frases de inglês a português. E assim, adquiri confiança e amor para a língua Portuguesa.

Português e Espanhol são línguas semelhantes. Portanto, eu também consigo compreender algumas palavras da língua Espanhola. Isso me ajudou muito quando alguns amigos vieram à Índia da Suécia. Eles falavam em Espanhol e nós tentávamos compreender uns aos outros. Eu gostei de aprender Português e eu gostaria de aprender ainda mais.

**Escrito por Hrishikesh Chanekar**



## As Lágrimas Invisíveis

As nossas lágrimas podem ser invisíveis  
para aqueles que se importam muito menos  
se preocupar com uma única alma  
quem tenta dar o seu melhor

Essas lágrimas contam uma história  
dos segredos que mantemos  
no fundo, no canto mais escuro  
das nossas almas ninguém pode alcançar

Às vezes devemos ser altruístas  
e empáticos em relação a outro  
porque sempre parecemos nos importar menos  
quando outro está em trauma silencioso

Então aprenda a não odiar  
as lágrimas dos outros  
Só porque as lágrimas deles parecem  
ser invisíveis  
tente entender o medo de outra pessoa  
de ser muito vulnerável.

**- Esther Rodrigues**

## Querida vida estudantil,

Eu li tanto sobre ti nos livros e filmes para adolescentes. Parecias bastante legal e assustadora ao mesmo tempo. Eu estava tão nervosa de te experimentar, mas ao mesmo tempo eu estava pronta.

Ainda me lembro do meu primeiro dia na faculdade; Entrei pelo portão e vi todos os rostos novos e afirmei : "É hora de experimentar algo novo e diferente... Uma nova fase da minha vida." No início não era fácil e como eu pensava, mas eu comecei a acostumar-me com a nova vida. Eu comecei a entender tudo lentamente quando primeiro fiz novos amigos, em seguida, faltei algumas aulas, alguns eventos, trabalhos de última hora, brincadeiras, CA's e PA's assustadores e às vezes também dormir durante as aulas . Eu percebi que és mais ou menos o mesmo como tinha visto nos filmes, mas menos dramática.

Eu desejo que os próximos anos na faculdade sejam uma montanha-russa maravilhosa para mim porque não há diversão sem altos e baixos na vida. Espero que minha vida estudantil na Faculdade de Chowgule seja a minha favorita pois as coisas boas da vida não são aquelas que duram para sempre, mas são aquelas que deixam boas recordações.

Um grande abraço,  
Aluna do Primeiro Ano

**Gloria L. Carneiro**



# PROVÉRBIOS PODEROSOS

1. “Quem vê cara não vê coração.”  
 Literal meaning: “Who sees face does not see heart.”  
 Meaning: Do not judge a book by its cover.
2. “Quem não arrisca não petisca.”  
 Literal meaning: “Those who do not risk, do not have a snack.”  
 Meaning: If you do not take a risk, you will not get the benefits.
3. “Aqui se faz, aqui se paga.”  
 Literal meaning: “Here it is done, here it is paid.”  
 Meaning: Bad actions lead to bad karma.
4. “Cada macaco no seu galho.”  
 Literal meaning: “Each monkey to its own branch.”  
 Meaning: Each person should be responsible for a particular task, function or topic, and not interfere with other people’s work or life when they are not asked to.
5. “Mais vale um pássaro na mão do que dois voando.”  
 Literal meaning: “It is worth more to have one bird in hand than two flying.”  
 Meaning: It is better to successfully retain one good thing than to lose two or more options due to being greedy.
6. “Quem ri por último ri melhor.”  
 Literal meaning: “He who laughs last laughs best.”  
 Meaning: Watch out for the consequences of your bad actions.
7. “Cão que ladra não morde.”  
 Literal meaning: “Dog that barks does not bite.”  
 Meaning: Usually, the people who are the loudest, most obnoxious, threatening or arrogant are the ones who do not have the guts to actually take action.
8. “É melhor prevenir do que remediar.”  
 Literal meaning: “It is better to prevent than to mend.”  
 Meaning: It is always better to avoid a problem by being careful than having to solve it afterwards.
9. “A mentira tem pernas curtas.”  
 Literal meaning: “The lie has short legs.”  
 Meaning: Lies do not go far—they are easily discovered and exposed.
10. “Para bom entendedor, meia palavra basta.”  
 Literal meaning: “To a good ‘understander,’ half a word is enough.”  
 Meaning: Clever people do not need everything to be told directly to them—they are sensible enough to realize and understand situations without an obvious explanation.



**Meliza Maria Souza**

*Winning doesn't always mean  
being first.*

*Winning means you're doing  
better than you've done before.”*

**- Bonnie Blair**



# A Vida em meio do Pandemônio

A única coisa que podemos esperar da vida, é o inesperado! A vida é assim, um dia tudo é normal e no outro, nada é o mesmo. Ela pode mudar drasticamente num piscar de olhos deixando todos perplexos com mil e umas perguntas sem respostas. Isso foi o que aconteceu cinco meses atrás com o surgimento e a propagação do coronavírus e a ameaça contra toda a humanidade. Não desejo discutir nenhuma informação técnica sobre esse assunto pois sei que todos já devem saber. Afinal, não se fala de outra coisa no momento.

Gostaria apenas de mencionar alguns fatos necessários, que darão ênfase à adaptação ao novo estilo de vida. Quando saio de casa as poucas vezes, parece que o mundo parou e que o país inteiro está num impasse. Os trens circulam vazios, há um silêncio absoluto nas ruas, o que é muito estranho. Nas cidades, somente as filas enormes para comprar alimentos, pois o medo maior é ficar confinados sem ter o que comer. As prateleiras dos supermercados estão vazias, as escolas sem alunos e as companhias aéreas fechadas.

Nunca poderíamos imaginar que isso fosse um dia possível acontecer, nem mesmo por uma semântica. Muitas pessoas perderam o emprego e estão a passar fome. Empresas famosas e poderosas. Sem falar dos numerosos assustadores de mortes causadas por esse vírus tão poderoso que desafia a ciência, e está a devastando a humanidade pelos quatro cantos do mundo.

Se tudo o que está a acontecer tem um objetivo maior, para nós é um mistério. Por que estamos a viver nesta pandemia? Será que é pela ganância do ser humano? Pelas consequências de suas ações? Ou será que é devido ao crescente ateísmo? A humanidade já não valoriza a criação divina que é perfeita. Só sabemos

destruir tudo ao nosso redor sem media as consequências em todos os aspectos imagináveis. Então talvez isso seja castigo ou (Carma) que atraímos sobre nós ou um chamado para que possamos refletir sobre o que realmente importa em nossas vidas. O que você acha? Seja o que for, se estamos aqui hoje temos que ser gratos por ser tão afortunados. Talvez esta seja uma oportunidade para refletirmos, uma segunda chance para tornarmos uma versão melhor de nós mesmos, e para reconectar com o todo e analisar o nosso propósito aqui na terra, e para devolver algo à natureza que tanto nos deu. Seria lamentável se voltássemos a fazer exatamente o que sempre fazemos, e sermos as mesmas pessoas que fomos. Pois é preciso aprender a se adaptar, desenvolver e crescer. Sei que muitas coisas ainda vão mudar. A pergunta maior seria se para o melhor ou para o pior??

**Escrito por: Jaqueline Dias Pereira**  
TYBA

*The great thing  
in this world is  
not so much where you stand,  
as in what direction  
you are moving.*

**- Oliver Wendell Holmes**



## O Meu Anjo no Céu

Todo o mundo acredita em anjos.  
Todo o mundo acredita em guardiões  
Alguns acreditam no amor e alguns acreditam na fé.  
Eu acredito em tudo porque tenho um anjo a olhar por mim.

Dia ou noite  
Nublado ou Tempestuoso  
Lá em cima, no céu, sempre cintilante e a brilhar.  
Tentando procurar na bruma das estrelas.  
E quando te encontro, sinto mais a tua falta.

Dia e noite me pergunto,  
por que a distância é alta no céu?  
Sinto-te a olhar por mim.  
Sinto a sua presença ao lado de mim.  
Mesmo quando a minha sombra me deixa  
No escuro, tenho-te a segurar-me nos teus braços.

Na brisa suave posso sentir o amor e a presença  
do meu anjo  
No fundo do meu coração, eu chamo-te esó rezo  
Que um dia veja teu lindo rosto.  
Os meus medos e as minhas lágrimas são lavados  
Porque Deus abençoou-me com um anjo  
A quem chamo minha mãe,  
O meu anjo no céu.

**Aloma Perpetual Da Silva**



# O Vazio

Sabecomo é  
quando perde alguém tão próximo de você  
e o pequeno mundo em que vive, de repente, tem parado?  
Sabe como é  
ficar congelado num momento de perda  
Todo chocado e abalado?  
Todavia, as pessoas à sua volta estão em movimento  
Eles não sesentem o mundo a desacelerar?  
Eles não se sentem o mundo a tremer?  
Também ouvem os pensamentos partidos na sua cabeça?  
O nome, a cara, as inúmeras memórias  
Sentindo vazio, nunca senti tão pesado  
Talvez você espera que o mundo fiquequieto  
Para o universo a partilhar a sua tristeza,  
Mas o mundo continua amover  
Acha que é um sinal para si também começara mover?

**Sydelle F Rodrigues**







# Report Section

## DEPARTMENT OF BIOTECHNOLOGY



The Department of Biotechnology is credited with 96% pass results from final year students at the Semester End Examinations held in April 2019 with outstanding grades. Happy to share that they have now moved on for pursuing further education of Masters in Biotechnology at various institutions like St. Xaviers College Autonomous, Mumbai; Symbiosis International University, Pune; Masters in Microbiology at Mangalore University; Masters in Biomedical Sciences at Nitte (Deemed) University, Mangalore; MSc. Medical Biotechnology, DY Patil Medical College Kolhapur, Masters in Food Technology at Carmel College for Women, Goa and Masters in Biomedical Sciences at National University, Ireland. Our students have been employed as Production Manager at Molbio Diagnostics, Verna, Goa; Microbiologist in Medizest Pharmaceuticals Ltd, Verna Goa; Intern at Mazumdar Shaw Centre of Translational Research, Bangalore, etc.

### HEARTIEST CONGRATULATIONS....

- ◆ Ms. Jayashree Sanzgiri for her outstanding performance in successful completion of B.Sc. Biotechnology with a CGPA score of 4.76 out of 5 and having scored the highest marks under Science stream in our college under Autonomous Curriculum.
- ◆ Ms Fauzia Shaikh is pursuing MSc in Biotechnology at the University of Edinburgh, Scotland. Her course is fully funded through a scholarship given to her by the British Council.
- ◆ Ms. Jayashree Sanzgiri is pursuing MSc. Molecular Medicine, University of

Sheffield, United Kingdom.

- ◆ Ms. Sakshi Ahluwali is pursuing MSc. Biomedical Science, National University of Ireland, Ireland.
- ◆ Ms. Joans Pires is pursuing M. Sc. Biomaterials and Tissue Engineering, University College London (UCL), London, UK.
- ◆ Ms. Fauzia Bi Shaik, an alumnus of this department has a research article publication as follows; Ravidas Krishna Naik, Milind Mohan Naik, Priya Mallik D' Costa, Fauzia Shaikh (2019). Microplastics in ballast water as an emerging source and vector for harmful chemicals, antibiotics, metals, bacterial pathogens and HAB species: A potential risk to the marine environment and human health. Marine Pollution Bulletin, Volume 149, available online 27 August 2019. (Elsevier publication) Impact factor: 3.782 Read the article at : <https://www.sciencedirect.com/science/article/abs/pii/S0025326X19306630>
- ◆ Ms. Inoska Xenia Mendes secured 3rd rank at the Goa University entrance exam for Master of Science in Biotechnology for the AY 2020-2021.

### FACULTY ACHIEVEMENTS

#### Dr. R. Kanchana

- ◆ Attended a two-days state level workshop on 'Green Audit of College Campuses' organised by DyanprassarakMandal's College and Research Centre, Assagao, Bardez on 29th to 30th August 2019.
- ◆ Research paper publication: Kanchana R

and Fernandes A. (2020) Biogenesis of silver nanoparticles from agro-waste. Asian J Pharm Clin Res, 13 (1): 53-57.

#### **Ms. Madhavi M. Motankar**

- ◆ Oral paper presentation on 'Comparative analysis on value-added cancer preventive ice-creams' at the World Congress on Biotechnology and Health Care Summit 2019 for the "International Conference on Biotechnology and Healthcare Summit" held on 28th and 29th August 2019 at Indian Institute of Science, Bangalore.
- ◆ Participated in the International Sweden Exchange Programme for faculty and students, having accompanied 9 students of various disciplines from our college participated in the International Sweden Academic and Socio-cultural Exchange Programme at Tullinge Gymnasium and Bromma Gymnasium in Stockholm from 1st to 14th September 2019, wherein they carried out interdisciplinary research projects and had visits to Nobel museum, Vasa Museum, HiPer Labs, etc.
- ◆ Successfully completed the Faculty Induction Programme in Life Sciences and secured an overall Grade A+ in the continuous assessments conducted organized by the Center of Excellence in Science and Mathematics Education under the aegis of MHRD's Pandit Madan Mohan Malviya National Mission Trust on Teachers and Teaching Scheme at Indian Institute of Science and Education Research, Pune from 30th October to 23rd November 2019.

#### **Ms. Vallanka Dias**

- ◆ She was the resource person for a session on 'Hands-on preparation of wine' on 24th February 2020 for the workshop on 'Entrepreneurial opportunities in fermentation technology' sponsored by

DHE and organised by Department of Biotechnology and Biochemistry of Parvatibai Chowgule College of Arts and Science.

#### **Ms. Hashma Mujawar**

- ◆ She was the resource person for a session on 'Yoghurt v/s Curd' workshop on 27th February 2020 for the workshop on 'Entrepreneurial Opportunities in Fermentation Food Technology' sponsored by DHE and organised by Department of Biotechnology and Biochemistry of Parvatibai Chowgule College of Arts and Science.

#### **Dr. Starlaine Mascarenhas**

- ◆ She was awarded the Doctoral degree in Biotechnology from BITS Pilani K K Birla Goa campus (BITS Pilani university) in the month of September 2019. The topic of her thesis was "Environmental toxins responsible for the development of Chronic Kidney Disease of unknown etiology (CKDu) in Canacona Taluka, Goa".
- ◆ Participated in a two days workshop on "Membrane Processes for Application in Food, Water and Health Sector" conducted at the BITS BIRAC BioNEST Incubator, BITS, Pilani K.K Birla Goa Campus on 31st January and 1st February, 2020.

#### **FACULTY AND STUDENT ACTIVITIES**

- ◆ Four Third year B.Sc. Biotechnology students, Ms. Inoska Mendes, Ms. Shravani Shet Parker, Ms. Shreya Arundekar and Ms. Abigail Antao under the guidance of Ms. Madhavi M. Motankar presented a Poster on 'Comparative analysis of hand washes efficacy of the most trusted brands in India' at the World Congress on Biotechnology and Health Care Summit 2019 for the "International Conference on

Biotechnology and Healthcare Summit” held on 28th and 29th August 2019 at Indian Institute of Science, Bangalore.

- ◆ Three Second year B. Sc. Biotechnology students, Master Atharva Karde, Ms. Kate Cabral, Ms. Coutinho Simran and two Third year B.Sc. Biotechnology students, Ms. Jyothi Poonia and Ms. Neha Gauncar under the guidance of Dr. R. Kanchana and Ms. Vallanka Dias respectively, participated in the Innovative Idea Competition on ‘Green initiatives for Sustainable Development’ held at Dayan prassarak Mandal’s College and Research Center, Assagao, Bardez Goa on 29th and 30th August 2019 and presented on ‘Biodegradable cups - An alternative to plastic cups’ and ‘Aquagarden: An alternative farming system for future’ respectively.
- ◆ The First- and Second-year B.Sc. Biotechnology students won the Runners-up trophy on 11th and 12th December 2019 at ‘Chiasma’, an Intercollegiate event organised by the Department of Biotechnology at Dhempe College, Miramar, Goa.
- ◆ Third year B.Sc. Biotechnology students, Ms. Shravani Parker, Ms. Kora Barreto, Ms. Shawna Correia, Ms. Shreya Arundekar and Ms. Shreya Verlekar participated in the Poster presentation under the guidance of Ms. Madhavi M. Motankar on ‘Comparative sensory analysis of various types of Graviola ice-creams prepared using medicinal properties’ on 13th and 14th February 2020 in the UGC-SAP National Seminar on New Vistas in Botany held at Goa University.
- ◆ Third year B.Sc. Biotechnology students, Ms. Abigail Antao and Ms. Trusha Naik Shirodkar under the guidance of Dr. R. Kanchana presented a poster titled ‘High Protein Low Glycemic Index Noodles’ for

the All Goa Exhibition entitled ‘Kalpak’ from 26th to 28th February 2020 organized by the Directorate of Higher Education, Goa at Adil Shah Palace (Old Secretariat), Panaji Goa.

- ◆ Three Oral presentations were made by the following Third year B.Sc. Biotechnology students at the Two Days National Seminar ‘Combating Malnutrition through Dietary Diversification: Strategies and Challenges’ organized by the Goa College of Home Science in association with the Directorate of Higher Education, Government of Goa and NABARD, Panaji on 13th and 14th March 2020;
  1. ‘High protein low glycemic index noodles’ Ms. Divya Reddy, Ms. Abigail Antao, Ms. Trusha Shirodkar and Ms. Surthi Ravedar under the guidance of Dr. R. Kanchana, Assistant Professor in Biotechnology.
  2. ‘Probiotic chocolate’ - Ms. Myla Pereira, Ms. Aliya Sayed, Ms. Kimberly Carvalho, Ms. Saina Patel & Ms. Ashwini Naik under the guidance of Dr. R. Kanchana Assistant Professor in Biotechnology.
  3. ‘Redefined Goan Traditional Pao with health benefits’ - Ms. Shravani Shet Parker, Ms. Shreya Verlekar, Ms. Shrey Arundekar, Ms. Kora Barreto & Ms. Shawna Correia under the guidance of Ms. Madhavi M. Motankar, Assistant Professor in Biotechnology.

## DEPARTMENTAL ACTIVITIES

### 1. Study Trip to Bangalore-Mysore in December 2019:

Ms. Vallanka Dias and Ms. Hashma Mujawar, along with Third year B.Sc. Biotechnology students visited Central Food Technological Research Institute (CFTRI), Mysore and Institute of

Bioinformatics and Applied Biotechnology (IBAB) & Monsanto Research Centre, sustainable agriculture company at Bangalore from 19th to 22nd December 2019 to know about the higher education, current research and career prospects in the field of Biotechnology.

## **2. Hands-on training workshop on Mushroom cultivation :**

On 31st August 2019, a Hands-on training workshop on Mushroom cultivation was organized as part of the General Elective Course (GEC). The speaker was Ms. Gauri Prabhudessai, Zonal Agriculture Officer, Sanguem. The main objective was to make the students aware about the health and medicinal benefits of mushrooms, the global mushroom market, total cultivable and edible mushrooms and success stories of some mushroom cultivators in Goa and in India. Secondly, to indulge the students in mushroom cultivation activities by providing a hand-on training experience and act as a prerequisite for the potential mushroom market in Goa.

## **3. National Workshop on Scientoons on the theme 'Clean India':**

Organised two days 'National Workshop on Scientoons' on the theme of 'Clean India' sponsored by Department of Science and Technology, Goa in our college on 12th and 13th February 2020. The resource persons were Dr. Pradeep K. Srivastava, Father of Scientoons and Scientoonics, Senior Principal Scientist in Medicinal and Process Chemistry Division, Former Deputy Director of Central Drug Research Institute, Lucknow and Mr. Vishal Muliya, Scientoonist and Visiting faculty in Govt. Physiotherapy College Jamnagar, Gujarat.

## **4. Entrepreneurial Opportunities in Fermentation Food Technology :**

The Department of Biotechnology and Biochemistry organised the Directorate of Higher Education, Goa sponsored Short-term training course on the "Entrepreneurial Opportunities in Fermentation Food Technology" from 24th to 29th February 2020. Various resource persons were invited to deliver lecture and hands on training in their expertise such as; Art of fruit wine making, Chemistry of bread making, Production of fermented products from Cashew and Coconut, Yogurt v/s Curd, Probiotic product development, Food Safety Compliance, Entrepreneurial opportunities in food sector and Intellectual Property Rights.

## **5. Biochrome Activities**

- ◆ As the department believes in having fun learning subject related activities that assists the students in adopting a more scientific mindset and critical thinking, enhances the student's pragmatic approach to current issues is one of the most vibrant and influential clubs in the college. All the Biotechnology students are Biochrome members and the Co-committee team for 2019-20 were as follows;

President: Ms. Shravani Kanakdas Shet Parker, Third year Biotechnology student

Vice President: Ms. Amanda Delilah Vas, Second year Biotechnology student

Secretary: Ms. Shruthi Mahadev Ravedar, Third year Biotechnology student

Treasurer: Master Angio A. Fernandes, Second year Biotechnology student

Biotechnology Class Representatives were -  
Third Year: Ms. Sarah Rupesh Khandekar;  
Second Year: Master Manjunath Gadiyar  
and First Year: Master Stanford Lloyd Fernandes

- ◆ Celebrated 'Vana Mahotsav' on 15th August 2019 on the occasion of 73rd Independence Day celebration by planting 50 saplings of Gulmohar, Neem, Almond, Flame tree, Ornamentals and flowering plants sponsored by the Forest Department, Quepem Goa in the college campus with the theme 'Planting trees: A stride towards Green Goals'. Students, faculties and non-teaching staff from various departments participated in this event.
- ◆ 'Biotechnology Crossword Competition' was conducted on 10th August 2019 with a total number of 36 participant students from Biotechnology as well as Biochemistry department. The winners were as follows; First prize: Master AtharvaKarde, Second year Biotechnology; Second Prize: Master Stanford Lloyd Fernandes, First year Biotechnology; Third prize: Ms.Simran B. Coutinho, Third year Biotechnology and Ms. AshneyTresa Rodrigues Second year Biotechnology; First Consolation prize: Ms. Rutuja R. Shirodkar, and Ms. Kate Mel Cabral, Second year Biotechnology; Second Consolation Prize: Ms. Amanda Delilah Vas, Second year Biotechnology and Third Consolation Prize: Ms. Inoska Xenia Mendes, Third year Biotechnology
- ◆ 'Biotechnology Painting competition' was conducted on 5th October 2019 with the theme 'Innovations in Biotechnology'. The winners were as follows: First Prize: Ms Priyanka Shanke, Second year Biotechnology; Second Prize: Ms. Swati Kumari Mishra, First year Biotechnology and Third Prize: Ms. Melita Rebello, First year Biochemistry.
- ◆ 'Biotechnology Debate Competition' was conducted on 20th December 2019 on 'Test tube baby – Boon or Bane?' wherein the winners were Team A – Master Stanford Lloyd Fernandes and Master Ankit Naik, first year Biotechnology and the Runners-up were Team B – Master Prathamesh Shetgaonkar, Ms. Fizza Aboobakar and Ms. Nisreen Calcuttawala, First year Biotechnology students.
- ◆ 'Eco-friendly cooking competition' was conducted on 11th January 2020 wherein interesting novel ideas of healthy dishes cooked without fuel were presented. The winners were as follows; First Prize: Ms. Ashney Rodrigues and Ms. Vedika Phal, Second year Biotechnology; Second Prize: Ms Swati Mishra and Ms. Melisha Cardozo, First year Biotechnology; Third Prize: Ms. Simran Coutinho and Ms. Selcea D'Costa, Second year Biotechnology; Consolation First prize: Master Prajay Prabhu C. and Ms. Devika Arsekar, Second year Biotechnology and Consolation Second prize: Ms. Rutuja Shirodkar and Ms. Kate Cabral, Second year Biotechnology
- ◆ Also, the Sixth Biotechnology Alumni meet was organized on 1st February 2020.



## DEPARTMENT OF BOTANY



The following activities were held in the Botany Department:

### 1. Awareness on 'No Single Use Plastic' (No SUP), Date 13 July 2019

An awareness programme on No Single Use Plastic (No SUP) was organized by the Department of Botany of Parvatibai Chowgule College of Arts and Science, Autonomous, in association with Arannya Environment Research Organization (AERO) on Saturday, 13th of July 2019 in the Lower Auditorium. Mr. Vignesh Shinde, content designer and outreach person of Arannya ERO, was the speaker for the same. Mr. Shinde, emphasized on how we need to reduce the use of plastic especially single use plastic.

### 2. Herbal Cosmetology workshop held on 28th August 2019.

The two speakers for the workshop were Dr. Sonal Sawant and Dr. Rashmila Chindarkar. Dr. Sonal Sawant spoke on the topic "Hair and its types, Ayurvedic management of hairfall, dandruff and premature greying". Dr. Rashmila Chindarkar. Gave an informative lecture, along with practical demonstrations, on the topic "Concept of Skin, skin types and metabolism. Ayurvedic guidelines about diet and nutrition for healthy skin". A total of 92 participants participated.

### 3. Kitchen Gardening Workshop held on 11.12.2019 and 12.12.2019

A two-day workshop on Kitchen gardening was held. A total of 74 participants attended the workshop. The resource persons were as follows:

- i. Dr. Thangam, Principal Scientist (Vegetable Science), ICAR
- ii. Ms. Maneesha S. R., Scientist (Fruit Science), ICAR
- iii. Mr. Viplav Prabhugaonkar, Entrepreneur, GHK Sprouting Dreams
- iv. Ms. Bhagyashree Shaikh, Co-founder of EASE ECO Goa
- v. Ms. Richa Dessai, Block Technology Manager, Department of Agriculture, Government of Goa

Principal Dr. Sawant giving token of love to our Chief guest Dr. Thangam, Principal Scientist, ICAR.

### 4. Lecture Series on Plant Animal Interaction held on 15.01.2020

The Department organized a lecture series on Plant Animal Interaction on 15th January 2020.

The resource persons were: Dr. M K. Janarthnam, Professor, Department of Botany, Goa University, Mr. Parag Rangnekar, State Co-ordinator for Goa, Indian Bird Conservation Network (IBCN) and also the Founder President of Goa Bird Conservation Network (GBCN)

and Ms. Andrea D Souza, Assistant Professor, Carmel College for Women. The first Lecture was delivered by Dr. M K. Janarthanam on Plant Animal Interaction in the Context of Pollination. The second lecture was by Mr. Parag Rangnekar on the topic 'Creating a Butterfly Friendly Habitat' followed by a lecture on Plant Animal Co-evolution by Ms. Andrea D Souza.

#### **5. 'Medicinal Plants Exhibition cum Lecture series' held on 28th January 2019**

'Medicinal Plants Exhibition cum Lecture series', was organized by, Department of Botany, Parvatibai Chowgule College of Arts & Science, Margao - Goa (Autonomous) in collaboration with Goa State Medicinal Plants Board, Goa Forest Department, Forest Complex, Aquem, Margao- Goa, on 28th January 2020.

This exhibition was open for all. School, higher secondary schools, colleges from around Margao were invited. Also the exhibition was open for general public.

The guest lecture was delivered by Dr. Satyavan D. Naik, Principal and Professor, Shree Kamaxidevi Homeopathic Medical College, Shiroda- Goa. The topic of his talk was 'Importance of medicinal plants in Homeopathy'.

The department of Botany Participated in the Following events:

1. The Staff and students at Agriculture Skill training Programme at Govt. College, Khandola, Marcel on 29th August 2019. Ms. Amisha R. Pednekar and Ms. Eldrika D Costa attended the lecture along with the students.
2. Student participation in Floral Arrangement Competition at DM College, Mapusa on 30th August 2019. Students won the third place in the competition.
3. Ms. Amisha Pednekar and Ms. Jocelyn Makasare attended National Conference 'Frontiers In Biopesticides And Biofertilizers' Of Department Of Microbiology, P.E.S.'S R.S.N. College Of Arts And Science, Farmagudi, Ponda – Goa.
4. Dr. Sangeeta Sankhalkar, Ms. Amisha Pednekar and Ms. Divyarani Revankar participated in the National Seminar on New Vistas in Botany, Botany Department, Goa University on 13th and 14th February 2020. The faculty participated in poster presentations along with the Third year Botany students.

#### **EXPERIENTIAL VISITS**

1. Visit to TERI (The Energy Resource Institute) with second year Students on 4th October 2019. Ms. Amisha Pednekar Ms. Divyarani Revankar and Ms. Jocelyn Makasare had accompanied the students.



2. Visit to Pascoal Spice Farm, Khandepar on 20th February 2020. Dr. Sangeeta Sankhalkar and Ms. Jocelyn Makasare accompanied the third year Botany students.
3. Visit to ICAR-CCARI, Ela farm, Old Goa on 29th January 2020. A total of 66 bonafide students of the college along with three faculty members, Ms. Amisha Pednekar Ms. Divyarani Revankar and Ms. Jocelyn Makasare were a part of the visit.

### BOARD OF STUDIES MEETING:

The Board of Studies meeting of Botany Department was held on the 31st of January 2020.

**TALK ON CAREER GUIDANCE:** Career guidance talk was organised by Botany Department on 6th February 2020. The Alumni of the department were the resource persons for the same. Mr. Brijesh Naik, Ms. Janice Rodrigues and Ms. Sankrita Goankar were the resource persons.

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*Keep your thoughts positive because your thoughts become your words. Keep your words positive because your words become your behavior. Keep your behavior positive because your behavior becomes your habits. Keep your habits positive because your habits become your values. Keep your values positive because your values become your destiny.*

- Mahatma Gandhi

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## DEPARTMENT OF CHEMISTRY



### ACTIVITIES ORGANISED BY CHEMISTRY DEPARTMENT

#### 1. WELCOME FUNCTION FOR FIRST YEAR B. Sc. STUDENTS

**Date: 20.07.2019**

A welcome function was organized for First Year B. Sc. students by the Chemistry Department. Second year and Third Year B. Sc. Students along with the Faculty. The Welcome Function involved interaction of First year students with the Faculty and senior students, games and entertainment programme.

#### 2. "STIMULUS – INTERSCHOOL COMPETITION FOR SPECIAL KIDS"

**Date: 24.08.2019**

The Department organized Stimulus-Interschool event for special kids of 2 invited schools. The event was conceptualized by the Head of the department, Dr. Manjita R. Porob and she received immense support from the Coordinator Padmini C. Raiker and the students of T. Y. B. Sc. Few students of FY and SY also enthusiastically supported the event. Dr. N. N. Sawant and Shri. H. S. S. Nadkarni graced the event as Chief Guest for the Inaugural and Valedictory ceremonies respectively.

The event started with traditional lighting of lamp and inspirational speeches from the Chief Guest and HOD cum convener of the event. Ms. Padmini Raiker also briefly explained the motive behind such innovative event.

The TYBSc students marked the event by giving an animated talk on save water and save life followed by a beautiful and emotional Hindi dance which marked a welcome to all those kids. Various competitions such as duet dance, fancy dress, wealth out of waste and painting were organized. Department also organized

display and sale of the items prepared by such students. There was a cake cutting ceremony organized to commemorate their talent. Shri Harish Nadkarni gave away the prizes. The event ended by much awaited campus walk organized for such students. The event was attended by 9 faculty members, 90 students, 20 20 special kids of invited schools and 5 teachers of special schools.

### **3. TALK ON “SOCIAL SCIENCE STORIES FOR INNOVATIVE SCIENCE TEACHING”**

**Date: 21.09.2019**

Dr. Narendar Bhojak, Associate Professor, Department of Chemistry of Dungar college was the resource person for the Talk. The Speaker emphasized upon the importance of developing new teaching methodologies by the teachers. He highlighted the benefits of it. He enlightened teachers on how to use social studies to make their teaching impactful and interesting. The Talk was attended by 35 Faculty members of various Departments of the College.

### **4. TALK ON “GREEN RESEARCH METHODOLOGY FOR GREEN CAMPUS-INNOVATIVE THINKING FOR BEGINNERS”**

**Date: 21.09.2019**

Dr. Narendar Bhojak, Associate Professor, Department of Chemistry of Dungar college was the resource person for the Talk. The speaker spoke about the importance of green chemistry today. He encouraged students to take up projects which involve the 12 principles of green chemistry. He showed how his college campus has been converted into a green campus and gave ideas to students how they can go for a green campus. The Talk was attended by 19 faculty members and 53 students of various Science Departments of the College.

### **5. TALK ON “HOW TO LEARN AND REMEMBER PERIODIC TABLE”**

**Date: 13.12.2019**

Dr. Shrivallabh P. Kamat, Former Professor of Organic Chemistry, Department of Chemistry, Goa University was the resource person for the Talk. The speaker enlightened the students on the importance of periodic table in chemistry i.e. the most important unifying principle in describing the chemistry of the elements is that the systematic increase in atomic number and the orderly filling of atomic orbitals lead to periodic trends in atomic properties. The speaker also spoke about the recent advancements in chemistry e.g. discovery of new allotrope of carbon (polyyynes). The Talk was attended by 7 Faculty members and 104 students.

### **6. TALK ON “INTELLECTUAL PROPERTY RIGHTS: ITS RELEVANCE IN ACADEMICS”**

**Date: 16.01.2020**

Dr. Lactina R. Gonsalves was the Resource Person for the Talk. The Talk was conducted for S.Y.B. Sc. students of Chemistry so as to bring an awareness on the need and importance of intellectual property rights in today's society irrespective of their educational background. The talk focused on explaining what is IPR, types of IPR, its benefits and how it is relevant to chemistry and academics. The students were also informed about how the College promotes IPR through its policy. It was attended by 55 students.

### **7. ONE DAY WORKSHOP ON “SPECTROSCOPIC TECHNIQUES”**

**Date: 14.02.2020**

Shri. R. Girijan, Product Consultant, Toshvin India Pvt. Ltd., with 44 years of experience in Analytical Chemistry and Mr. Prathamesh Desai, Consultant Engineer, Toshvin India Pvt. Ltd., Goa Centre were the Resource Persons for the Workshop. The Workshop started with the

inaugural function, Principal Dr. N. N. Sawant was the chief guest, Dr. Lactina R. Gonsalves gave the Welcome address, Dr. G. K. Naik introduced the resource person and Dr. Sachin B. Kakodkar proposed the vote of thanks. The inaugural session was immediately followed by the session on Basics of uv-vis spectroscopy and its applications by Shri. R. Girijan which was followed by Session on Instrumentation and uv-vis accessories. Post lunch, the program continued with Practical session by Mr. Prathamesh Desai, who demonstrated the handling of the UV-Visible spectrophotometer and some experiments were conducted. It workshop concluded with the Q/A session. The Workshop was attended by 9 Faculty members and 54 students.

#### **8. ONE DAY WORKSHOP ON “THERMAL ANALYSIS TECHNIQUES”**

**Date: 15.02.2020**

Shri. R. Girijan, Product Consultant, Toshvin India Pvt. Ltd., with 44 years of experience in Analytical Chemistry was the Resource Person for the Workshop. The Workshop started with the inaugural address by the Vice-Principal Shri. H.S.S. Nadkarni, Dr. G. K. Naik introduced the resource person and Dr. Sachin Kakodkar proposed the vote of thanks. The inaugural session was immediately followed by the session on thermal methods in analysis followed by the session on Applications of thermal analysis to Pharmaceutical products, by Shri. R. Girijan until lunchtime. Post lunch, a practical session on Simple experiments and calculations based on TG/DSC curves was taken by Shri. R. Girijan and Dr. G.K. Naik. The workshop concluded with the Q/A session and distribution of Certificates to the participants. The Workshop was attended by 8 Faculty members and 54 students.

#### **9. KYNESIS 2020- AN INTERCOLLEGIATE EVENT**

**Date: 26.02.2020**

The Department of Chemistry successfully organized Intercollegiate Event “Kynesis 2020”. Total 6 colleges from Goa registered with 66 students and 9 teachers. The Inaugural function was held in presence of the Chief Guest Dr. Rahul Mohan, Group Director & Scientist-F, National Centre for Polar & Ocean Research, Dr. N. N. Sawant, Principal, Dr. Sachin Kakodkar, In-charge, Department of Chemistry, Dr. Mayuri M. Naik, Convener, Kynesis 2020, Dr. Roopa Belurkar, Co-convener, Kynesis 2020, Dr. Kashinath Dhumaskar, Member, Kynesis 2020 and Ms. Navita Naik, Member, Kynesis 2020. Dr. Mayuri M. Naik welcomed all the guests, teachers and students present for the function. Principal Dr. N. N. Sawant addressed the gathering. Ms. Navita Naik introduced Chief Guest. Dr. Rahul Mohan in his address shared some of his experiences and motivated students to work hard and achieve the set goal in life. Dr. Sachin B. Kakodkar presented the Vote of Thanks. The Chief Guest declared “Kynesis 2020” open. Kynesis 2020 activity comprised of several competitions such as Kynesis 2020 Groupfie Contest (Photograph on Instagram page #KYNESIS\_2020), Alchemist (Chemistry Oral Presentation), Drop the base (Instrumental Music), Chromophore (Rangoli competition), Chem-Orator (One-minute talk), Brush the coat (Labcoat painting), Picasa (Photography), Dress like a Chemist (Cosplay), Chem-sketch (Mehendi competition) and Uncage your Fashion (Fashion show).

Kynesis 2020 activity also had two Chowgule Tigers Special competitions: Chowgules got talent and Minute to win it (Task in a minute) which were exclusively for the first, second and third year students of Chemistry Department of College. 7 students participated in Chowgules got talent, and 15 students participated in Minute to win it. Dr. G. K. Naik, Associate professor, Department of Chemistry was the Chief Guest for Valedictory function. He shared

some of his experiences and encouraged students for higher studies and research. Dr. Roopa Belurkar presented Vote of thanks. Carmel College for Women were the winners and Government College of Arts, Science and Commerce, Quepem-Goa were the runners-up.

### **FACULTY ACHIEVEMENTS**

- Dr. Roopa S. Belurkar and Ms. Padmini C. Raiker attended National Conference on "Green Chemistry for Better Sustainability" organized by Department of Chemistry, Dyanprassarak Mandal's College and Research Centre, Assagao-Goa in association with Syngenta Biosciences Private Limited, Corlim – Goa on 27th September, 2019. Ms. Padmini C. Raiker also presented a poster entitled "Iodine Mediated On-water Synthesis of 2-PhenylHimidazo[1,2-a]pyridines".
- Dr. Lactina R. Gonsalves attended 18th International Entrepreneurship Forum (IEF) Conference "Art, Technology, Design and Sustainable Entrepreneurial Transformation" organised by IEF in partnership with Directorate of Higher Education, Goa, held at Sanskruti Bhavan, Goa on 16th to 18th December, 2019.
- Ms. Padmini C. Raiker attended a National Conference on "New Frontiers in Chemistry-From Fundamentals to Applications" at the K. K. Birla BITS Pilani, Goa Campus from 20th December 2019 to 22nd December 2019. She presented a poster entitled "An Efficient and Green Synthetic Route to 2-Substituted Quinazolines in Aqueous Micellar Media".
- Dr. Roopa S. Belurkar attended National Conference on "Frontiers in Medicinal Chemistry & Nanotechnology" organized by Department of Chemistry, Dyanprassarak Mandal's College and Research Centre, Assagao-Goa in association with Directorate of Higher Education, Government of Goa on 14th and 15th February, 2020.
- Dr. Roopa S. Belurkar, Ms. Padmini C. Raiker, Dr. Lactina R. Gonsalves and Ms. Navita D. Naik attended the Annual ACT convention

held at Dyanprassarak Mandal's College and Research Centre, Assagao-Goa on 22nd February 2020.

- Dr. Mayuri M. Naik, was awarded Ph. D degree in Chemistry on 24th February 2020 at the hands of Prof. Varun Sahani, Vice-Chancellor, Goa University at the Goa University 32nd Annual Convocation ceremony held at Dinanath Mangeshkar Kala-Mandir, Kala Academy, Campal, Panaji – Goa. She completed her Ph. D in Chemistry on research topic "Synthetic studies in oxygen heterocycles" from School of Chemical Sciences, Goa University under the guidance of Prof. Vijayendra P. Kamat and Prof. Santosh G. Tilve, School of Chemical Sciences, Goa University.

Dr. Mayuri M. Naik received Ph. D degree at the hands of Prof. Varun Sahani, Vice-Chancellor, Goa University at the 32nd Annual Convocation ceremony

- Ms. Padmini Raiker attended a Talk "Education and Socio-Economic Reforms" at the event KALPAK organized by the Directorate of Higher Education on 27th February, 2020.
- Ms. Padmini C. Raiker and Dr. Lactina R. Gonsalves attended "International Conference on Photo-irradiation and Absorption based Novel Innovations for water treatment (PANI-WATER)", organized by BITS-Pilani, Goa Campus on 3rd and 4th March 2020. Dr. Lactina Gonsalves presented a research paper as a poster entitled "Nanoparticle metal oxides for photodegradation of industrial dyes and water remediation" co-authored by T. Y. B. Sc. (Chemistry) students.
- Dr. G. K. Naik, Dr. Sachin B. Kakodkar, Dr. Roopa S. Belurkar, Dr. Lactina R. Gonsalves, Ms. Padmini C. Raiker, Dr. Mayuri M. Naik and Ms. Navita D. Naik attended "Regional workshop on Research Based Pedagogical Tools (RBPTs) for Undergraduate Science Teachers", from 5th to 7th March 2020, sponsored by the Department of Science and Technology (DST), Govt. of India and co-organised with the MHRD-supported Centre of Excellence in Science and Mathematics

Education (COESME) at IISER Pune and organised as an Interdisciplinary activity under DBT Star College Scheme of Chowgule College.

- Dr. Roopa S. Belurkar, Dr. Mayuri M. Naik, Ms Navita D. Naik and Dr. Kashinath L. Dhumaskar attended 14th Annual One Day Symposium on the theme, "Fascinating World of Chemical Sciences" organized by School of Chemical Sciences, Goa University on 14th March 2020.
- Ms. Padmini C. Raiker attended Master Class IX, of the Master Class Series on the topic "Would Technology help in making students better Learners?" on 13th February 2020 organised by Directorate of Higher Education in association with State Project Directorate of Rashtriya Uchcharitar Shiksha Abhiyan (RUSA).
- Ms. Padmini C. Raiker published a research publication entitled "Iodine Promoted Efficient Synthesis of 2-Arylimidazo[1,2-a]pyridines in Aqueous Micellar Media: A Comparative Study Between Micellar Catalysis and an "On-Water" Platform" in ACS Omega (Publishers: American Chemical Society) in the month of May 2020.
- Ms. Padmini C. Raiker published a research publication entitled "A Simple and Efficient Route to 2-Arylimidazo[1,2-a]pyridines and Zolimidine Using Automated Grindstone Chemistry" in Journal of Heterocyclic Chemistry (Wiley Publications) in the month of July 2020.
- Dr. G. K. Naik participated in the National level webinar on 'Chemical and Laboratory Safety' on 22nd July 2020 organised by Carmel College of Arts, Science and Commerce for women, Nuvem, Goa.
- Dr. G. K. Naik participated in Online Interactive Session for School Teachers on Importance of Metrology in Day to Day Life organized by Council for Scientific and Industrial Research (CSIR) and CSIR-National Physical Laboratory (CSIR-NPL) in association with Vijnana Bharati (VIBHA) held on 20th May, 2020 presented by Vidyarthi Vigyan Manthan.
- Dr. G. K. Naik and Dr. Sachin B. Kakodkar provided Valuable support as Evaluator of Story/Poster/Photo/Video section of entries received for competition Me and my Environment: A lockdown experience organized as a part of World environment day 2020 celebration, 5th June 2020.
- Dr. G. K. Naik, Dr. Sachin B. Kakodkar, Dr. Roopa S. Belurkar, Dr. Mayuri M. Naik and Ms. Navita D. Naik Dr. Kashinath L. Dhumaskar and Priyanka P. Kavalekar attended Expert Webinar FDP Series on "Effective Online Teaching Learning Evaluation" organised by Centre for Teaching Learning, powered by IQAC, Parvatibai Chowgule College of Arts and Science, held on 23rd and 24th June, 2020.
- Dr. G. K. Naik, Dr. Sachin B. Kakodkar and Dr. Mayuri M. Naik worked as Evaluator for Science based Experiment / Demonstration video making competition in Masti Se Mastishk Tak: Lockdown Activity-I of Vidyarthi Vigyan Manthan (VVM) 2019-20 a joint venture of Vijnana Bharati (VIBHA); Vigyan Prasara, Department of Science and Technology, Govt. of India and National Council of Educational Research and Training (NCERT), Ministry of Human Resource Development, Govt. of India held online from 07 May, 2020 to 17 May, 2020.
- Dr. Roopa S. Belurkar participated in National level seminar on Chemical and Laboratory Safety on June 22nd June 2020 organised by Carmel College of Arts Science and Commerce.
- Dr. Roopa S. Belurkar participated in International Webinar on "Emerging trends in energy and Environmental Chemistry" organized by department of Chemistry Marudhar Kesari Jain College for Woman Vaniyambadi in collaboration with Thiruvalluvar University Vellur from 25th June 2020 – 27th June 2020.
- Dr. Roopa S. Belurkar participated in the Webinar on "How to write a great research paper, and get it accepted by a good journal"

organized by the Directorate of Higher Education, Goa in collaboration with ELSEVIER on 3rd June 2020.

- Dr. Roopa S. Belurkar participated in National Webinar on “Chromatography, multifaceted analytical technique” held on 14th and 15th July 2020.

- Dr. Roopa S. Belurkar participated in Webinar on “Mind Achieves what it Conceives” organized by G.T.N Arts College Dindigul on 4th July 2020.

- Dr. Roopa S. Belurkar participated in the Webinar “The art of writing a project proposal” organized by Research department of business administration, APSA College Tiruppattur on 20th June 2020.

- Dr. Roopa S. Belurkar participated in 1-day interdisciplinary International E-conference on “Importance of Physical and Mental health for carving self-reliant personality” organized by Narayanrao Rana Mahavidhyalaya, Bednera, Amravati, held on 29th June 2020.

- Dr. Roopa S. Belurkar participated and successfully completed the 7 day international FDP on ‘Research methods and analytical techniques’ organized by Khalsekar College Nallasopara in association with Parul University, Vadodra, Gujrat from 17th June to 23rd June 2020.

- Dr. Roopa S. Belurkar participated in the online workshop on “Assessment and Accreditation process of NAAC” jointly organized by internal quality assurance cell Sangameshwar College, Solapur, Rashtriya Uchchatar Shiksha Abhiyan and Department of higher and technical education Government of Maharashtra held on 20th June 2020.

- Dr. Manjita R. Porob and Dr. Mayuri M. Naik participated in National Webinar on “Scintillating Chemistry (SC-2020)” organized online by ASSOCIATION OF CHEMISTRY TEACHERS on 28th June 2020 during 5.00 pm to 8.00 pm.

- Dr. Manjita R. Porob participated in One Day National Webinar entitled “HOW TO CONDUCT ONLINE TEACHING-LEARNING IN COVID TIMES?” organized by Guru Angad Dev Teaching Learning Centre, SGTB Khalsa College, University of Delhi under the Pandit Madan Mohan Malaviya National Mission on Teachers and Teaching (PMMMNTT) of MHRD on 22nd July 2020. This is equivalent to a regular National Seminar.

- Ms. Padmini C. Raiker and Dr. Mayuri M. Naik completed a One Week Online Certificate Course on “Influenza Pandemics: Yesterday, Today and Tomorrow” from 22 to 26th April, 2020 by Dnyanprassarak Mandal’s College and Research Centre Assagao, Bardez-Goa college’s Research, Development and Innovation Cell in association Unnat Bharat Abhiyan.

- Dr. Lactina Gonsalves attended a webinar on “IP Protection through patents, copyright and trademarks” which was organized by the Technology Information Forecasting and Assessment Council (TIFAC), an autonomous body of Department of Science & Technology, Govt of India, New Delhi in association with Goa State Council of Science & Technology (GSCST), Bardez, Goa during 23-26th June, 2020.

- Dr. Lactina Gonsalves attended an International E-Conference on “Strategies & Challenges in Higher Education during COVID-19 Lockdown Period in India with reference to the World” organized by Government Vidarbha Institute of Science & Humanities, Amravati, India on 15th - 17th May, 2020.

- Dr. G. K. Naik, Dr. Sachin B. Kakodkar and Dr. Lactina Gonsalves attended an online Workshop on “Managing Inquiry-Based Learning in Online Classrooms” organized by Orange Slate.com on 11th July, 2020.

- Dr. Lactina Gonsalves attended “Training in OBS Software” conducted by D.H.E, Alto-Porvorim, on 03rd July, 2020

- Dr. Mayuri M. Naik completed a course –

“104th Orientation Programme” organized by UGC-HRDC, Goa University held from 30/07/2019 to 26/08/2019.

- Dr. Mayuri M. Naik completed the online course – “Basics in CHROMATOGRAPHY” jointly organized by DIPAM Foundation & Sheth M. N. Science College, Patan between 07-16th May 2020.

- Dr. Mayuri M. Naik participated in “Online Short Term Course in Research Methodology” held from 13th and 16th July 2020 organised by the Berar General Education Society’s Shri R. L. T. College of Science, Akola in association with Ph. D. Cell, S. G. B. A. U. Amravati, Amravati University Chemistry Teachers Association & Microbiologist Society India

- Dr. Mayuri M. Naik attended a Virtual Conference on “Materials for Energy Harvesting and Catalysis” organized by TIFR, Mumbai and IISER, Kolkata from 1st-3rd May 2020 via Zoom (11 am to 12.30 pm and 4 to 5.30 pm).

- Dr. Mayuri M. Naik participated in the two days International Level Web Conference on ‘New Pathways in Chemistry’ organized by the Department of Chemistry of N. G. Acharya & D. K. Marathe College of Arts, Science & Commerce, on 23rd & 24th May 2020.

- Dr. Mayuri M. Naik attended and presented Poster on “Molecular iodine: A green catalyst for synthesis of Heterocycles” in the International Web Conference on – “Chemistry and Environment Interface 2020” organized by IQAC and Department of Chemistry of Arts, Commerce and Science College, Lanja held on World Environment Day, 5th June 2020.

- Dr. Mayuri M. Naik participated in the International Virtual Conference on “INNOVATIVE RESEARCH IN CHEMICAL SCIENCES (IRCS-2020)” organized by the Department of Chemistry, SRM Institute of Science and Technology, Ramapuram Campus, Chennai-89 during 29th to 30th June 2020

- Dr. Mayuri M. Naik participated in the one

day Swachhta Action Plan Online Workshop conducted on 20 June 2020 for Goa state organized by Mahatma Gandhi National Council of Rural Education in collaboration with National service scheme.

- Dr. Mayuri M. Naik participated in National Online Workshop on Chemistry Practical organized by Department of Chemistry in collaboration with IQAC cell of Shri. R. L. T. College of Science Akola on 5th June 2020.

- Dr. Mayuri M. Naik completed the workshop on: How to Publish with Oxford Journals on 13th May 2020.

- Dr. Mayuri M. Naik participated in the National workshop on “Google Apps for Education & Moodle” organized by IQAC and Department of Commerce, Rajaram College, Kolhapur held on 2nd and 3rd July 2020.

- Dr. Mayuri M. Naik participated in One Day Workshop on PERFORMANCE BASED APPRAISAL SYSTEM (PBAS) - ACADEMIC PERFORMANCE INDICATORS (API) FOR TEACHERS organized by IQAC & Library, Bharatiya Mahavidyalaya, Amravati held on Thursday 23 July 2020.

- Dr. Mayuri M. Naik participated in the National Level Workshop on “Learning in New Reality COVID-19” organized by Sri Vasta College of Education and jointly organized by Bharathiya Shikshan Mandal Dhakshin, Tamil Nadu on 17 June 2020

- Dr. Mayuri M. Naik participated in the National Level Workshop on “Google Forms & Addons” organized by Sri Vasta College of Education and jointly organized by Bharathiya Shikshan Mandal Dhakshin, Tamilnadu on 13 June 2020.

- Dr. Mayuri M. Naik participated in Faculty Development Programme on “Research Methodology: Tools & Techniques” organized by IILM College of Engineering & Technology from 18/05/2020 to 22/05/2020 (05 days).

- Dr. Mayuri M. Naik participated in the six



days' short term Faculty Development Programme "ERUDITION 2020" organized by PG department of chemistry, IQAC & Chemistry Alumni Association of Payyanur college in association with the Kerala state higher education council from 23/05/2020 to 28/05/2020.

- Dr. Mayuri M. Naik participated in the five-day online Faculty Development Programme from 30/05/2020 to 03/06/2020 on the topic "Evolution from Offline to Online Teaching" organized by Satish Pradhan Dnyanasadhana college, Thane, IQAC and Faculty Development Programme Committee in association with Department of Information Technology University of Mumbai Yashwantrao Chavan Maharashtra Open University, Mumbai Regional Centre and Microsoft.

- Dr. Mayuri M. Naik participated in One Week Online International Faculty Development Programme on "Skilling Teachers for Online Education" organised by UKA TARSADIA University held from 2nd to 6th June, 2020

- Dr. Mayuri M. Naik participated in One Week Online Faculty Development Program on "E-Content Development in Teaching" organised by Saraswati Kala Mahavidyalaya, Dahihanda, Akola in collaboration with PG department of Computer Science, Sant Gadge Baba Amravati University, Amravati held from 4th to 10th June, 2020.

- Dr. Mayuri M. Naik participated in the Online FDP on "Effective Online Teaching Strategies" held on 6th June, 2020 hosted by Marian International Institute of Management, Kuttikkanam, Kerala.

- Dr. Mayuri M. Naik completed the One Week Online Faculty Development Programme on "Professional E-Content Creation" organised by Raje Dharmarao College of Science Aheri in association with Gondwana University Gadchiroli held from 7th to 12th July 2020.

- Dr. Mayuri M. Naik completed National Level Five Day faculty development program

on "Scilab"" in Association With IIT-Bombay (Remote Learning Through Spoken Tutorial),"from 15th to 19th June 2020 organized by the Department of Science & Humanities.

- Dr. Mayuri M. Naik completed the One Week Online International Faculty Development Program on "Innovations in Drug Delivery Systems" organised by Department of Pharmaceutics, Bapatla college of Pharmacy, Andhra Pradesh, India in association with Institute of Pharmaceutical Technology, Sri Padmavati Mahila Visvavidyalayam (Women's University), Tirupati and Indian Pharmaceutical Association (IPA) – Education Division held from 31st May to 5th June 2020.

- Dr. Mayuri M. Naik participated in the webinar on 'Use of Elsevier Tools for developing Research Workflow and Academic Writing' organized by the Directorate of Higher Education, Goa in collaboration with ELSEVIER on 18th May 2020.

- Dr. Mayuri M. Naik participated in the IIC Online Sessions conducted by Institution's Innovation Council (IIC) of MHRD's Innovation Cell, New Delhi to promote Innovation, IPR, Entrepreneurship, and Start-ups among HEIs from 28th April to 22nd May 2020 during COVID-19 nationwide lockdown.

- Dr. Mayuri M. Naik participated in the Faculty Development Programme National Webinar entitled "Challenges and Opportunities in Higher Education in India for the 21st Century" jointly organized by Guru Angad Dev Teaching Learning Centre SGTB Khalsa college, University of Delhi under the Pandit Madan Mohan Malaviya National Mission on Teachers and Teaching (PMMMNTT) of MHRD and IQAC, Hindu college, University of Delhi held on 8 May 2020.

- Dr. Mayuri M. Naik participated in One Day National Webinar entitled "ICT Enabled Science Education in India" jointly organized by Guru Angad Dev Teaching Learning Centre,

SGTB Khalsa College, University of Delhi under the Pandit Madan Mohan Malaviya National Mission on Teachers and Teaching (PMMMNMTT) of MHRD and Telangana Academy of Sciences, Hyderabad held on 28th June 2020.

- Dr. Mayuri M. Naik participated in One Day National Webinar entitled “Teaching during and Post Corona Times” organized by Guru Angad Dev Teaching Learning Centre, SGTB Khalsa College, University of Delhi under the Pandit Madan Mohan Malaviya National Mission on Teachers and Teaching (PMMMNMTT) of MHRD held on 12th June 2020.

- Dr. Mayuri M. Naik participated in the webinar on ‘How to Write a Great Research Paper, and get it accepted by a Good Journal’ organized by the Directorate of Higher Education, Goa in collaboration with ELSEVIER on 3rd June 2020.

- Dr. Mayuri M. Naik participated in the National Level Webinar Digital Transformation: eClassrooms & Learning Management System on 03rd July 2020 organised by Ainpur Parisar Shikshan Prasarak Mandal’s Sardar Vallabhbhai Patel Arts & Science College Ainpur, Tal. Raver, Dist.– Jalgaon Maharashtra Affiliated to Kavayitri Bahinabai Chaudhari North Maharashtra University, Jalgaon.

- Dr. Mayuri M. Naik participated in a Webinar on the topic “Population and Health in the Present Context” organised by Parvatibai Chowgule College of Arts & Science, Autonomous in collaboration with Sophia Girls College, Ajmer, Autonomous on 11th July 2020.

- Dr. Mayuri M. Naik participated in a International Webinar on “Energy and Environment” held on 13th and 14th July 2020 organised by Govt. Maharani Laxmi Bai Girls P. G. College, Kila Maidan, Indore, M.P., India.

- Dr. Mayuri M. Naik attended an Online Lecture on “A SYSTEMATIC APPROACH TOWARDS MOLECULAR DOCKING AND

DRUG DESIGN” organized by the Department of Chemistry, SRM Institute of Science and Technology, Ramapuram Campus, Chennai-89 on 15th May, 2020.

- Dr. Mayuri M. Naik participated in One Day Online National Seminar on “COVID-19: Chemistry Perspective” organized by Department of Chemistry, HSNB Board’s Smt. Chandibai Himathmal Mansukhani College, Ulhasnagar – 3 on 15th June 2020.

- Dr. Mayuri M. Naik participated in the International Webinar-DOCTRINA-13 organized by the Department of Chemistry & IQAC, Sir Syed College, Taliparamba, Kannur, Kerala, titled, “The art of synthesizing organic compounds: A Researcher’s Perspective”, on 04th June, 2020.

- Dr. Mayuri M. Naik participated in online webinar titled “The Value of Values” a talk by Dr. Snehalata Deshmukh (Former Vice Chancellor, University of Mumbai) on 08th June, 2020 organised by Vedanta College.

- Dr. Mayuri M. Naik participated in the National Level Webinar on Designing New Chiral Molecules for Asymmetric Organocatalysis organised by the PG & Research Department of Chemistry, V. O. Chidambaram College on 11th June 2020.

- Dr. Mayuri M. Naik participated in One Day National Level Webinar on “Documentation for Data Verification & Validation (DVV) and Peer Team Visit (PTV) NAAC” organised by Internal Quality Assurance Cell (IQAC) of Mahatma Phule Mahavidyalaya, Kingaon on 15th June 2020.

- Dr. Mayuri M. Naik participated in the National Webinar on “Catalysis for Environmental Remediation (CER-2020) on the occasion of World Environment Day on 5th June 2020 Organized by Department of Chemistry, Sardar Vallabhbhai Patel Arts and Science College, Ainpur, Tal. Raver, Dist. Jalgaon, Maharashtra.

- Dr. Mayuri M. Naik attended a one Day

National Webinar on “Reinventing Nanotechnology for Covid-19 jointly organized by Department of Chemistry & Internal Quality Assurance Cell, Mahatma Phule Arts, Science & Commerce College, Panvel, Dist. Raigad held on Friday 29th May 2020.

- Dr. Mayuri M. Naik participated in National Webinar on "Online Teaching Learning and Online Accreditation" Organized by Department of Commerce & IQAC Cell, K. K. Wagh Education Society's K. K. Wagh Arts, Commerce, Science & Computer Science College Nashik on 4th June 2020.

- Dr. Mayuri M. Naik attended a One Day National Webinar on “COVID 19 Pandemic from Chemistry's Perspectives” jointly organized by Department of Chemistry & Internal Quality Assurance Cell, Mahatma Phule Arts, Science & Commerce College, Panvel, Dist. - Raigad on Friday 22nd May 2020.

- Dr. Mayuri M. Naik participated in A National Webinar on “An Intellectual Property Rights and Behavioural Safety” Organized by Department of Chemistry, Government Degree College Sadasivpet through ZOOM meeting on 30th May 2020.

- Dr. Mayuri M. Naik completed Online Webinar on “Role of Teachers in Teaching, Learning and Curriculum Enrichment with Modern Technology” Organized by Maharashtra's Union of Secular Teachers (MUST) on 14th May 2020.

- Dr. Mayuri M. Naik participated in the One Day National Webinar on "Impact of Polymer-Based Bio-materials on Human Health" organised by Department of Chemistry, Smt. Kasturbai Walchand College (Arts and Science), Sangli on 27th June, 2020.

- Dr. Mayuri M. Naik participated in the International Webinar, DOCTRINA-5 organized by Department of Chemistry & IQAC of Sir Syed College on 26th May 2020.

- Dr. Mayuri M. Naik participated in online webinar titled “First Aid – Get Equipped to Save

Life” organised by NSS Unit & Disaster Management Cell of Vedanta College, Vithalwadi in collaboration with NSS Unit University of Mumbai on 03rd June 2020.

- Dr. Mayuri M. Naik participated in National Webinar entitled Research Publication: Skills, Ethics and Misconducts organized by the Department of Chemistry (S&H), Kumaraguru College of Technology, Coimbatore held on 15th May 2020.

- Dr. Mayuri M. Naik participated in National Webinar on “Achieving Excellence in Higher Education in India in the 21st Century: Challenges and Opportunities” organised by School of business studies & IQAC, Sharda University on 3rd June 2020.

- Dr. Mayuri M. Naik participated in One Day International Webinar on “Nanomaterials for Smart and Sustainable Energy Solutions” organised by Department of Physics in association with Internal Quality Assurance Cell held on 8th June 2020.

- Dr. Mayuri M. Naik participated in One Day Multidisciplinary National Webinar on ‘Issues and Challenges of Online Teaching’ organized by IQAC of Vidyawardhini Sabha's Arts, Commerce and Science College, Dhule on 4th June 2020.

- Miss Priyanka P. Kavalekar attended a Leadership Talk with Dr. Nilesh N Oak, Expert (Indian Civilization & History) held on 30th May, 2020. by MHRD's Innovation Cell.

- Miss Priyanka P. Kavalekar attended online Workshop on “Managing Inquiry-Based Learning in Online Classrooms” held on 11th July 2020.

- Miss Priyanka P. Kavalekar participated in the webinar on ‘Academic Publishing-Dos and Don'ts’ organized by the Directorate of Higher Education, Goa in collaboration with Clarivate Analytics on 12th June 2020.

- Miss Priyanka P. Kavalekar attended Webinar on "Accelerating drug discovery using

Knowledge tools" on 16th June, 2020.

### STUDENT ACHIEVEMENTS:

- Miss Sweta S. Thakkarkar attended National Conference on "Green Chemistry for Better Sustainability" organized by Department of Chemistry of Dyanprassarak Mandal's College and Research Centre, Assagao-Goa in association with Syngenta Biosciences Private Limited, Corlim – Goa on 27th September, 2019 and presented a poster entitled "Need for Green Chemistry".

- Miss Sweta S. Thakkarkar and Mast. Sachin S. Salunke students of T. Y. B. Sc. Chemistry attended One Week Certificate Course in Industrial Analytical Techniques from 18th to 25th November, 2019 organised by PESRSN College of Arts and Science, Farmagudi-Goa. They were trained in theoretical as well as practical knowledge of various techniques and also visited various industries.

- Miss Sweta S. Thakkarkar attended National Conference on "Frontiers in Medicinal Chemistry & Nanotechnology" organized by Department of Chemistry of Dyanprassarak Mandal's College and Research Centre, Assagao-Goa in association with Directorate of Higher Education, Government of Goa on 14th and 15th February, 2020. - Participated with Dr. Roopa S. Belurkar & presented poster on "Ferrocenyl ionic liquids as Lysosome targeting potent Anti-Breast cancer agents".

- Department of Chemistry emerged Overall Winners at Intercollegiate event "CHEMAURA" organized by UG department of Government College of Arts, Science and Commerce, Khandola, Marcela-Goa, on 19th February, 2020. Ten students from T.Y. B. Sc. participated in different competitions of the event. They clinched prizes in the 3 competitions out of the maximum 6.

Rosaline Albuquerque & Sangeeta Bikoundi won 1st prize for "Action Reaction" (Visual Reaction).

Adriel Antao, Apeksha Naik, Sarita Kattimani, Alicia Menezes, Rani Bhatt won 1st prize for "Eureka" (Skit) .

Adriel Antao "Mr Chemaure" Title

They also won the Title of Early Bird. Thus by clinching maximum prizes our students emerged Overall Winners. The students were accompanied by Faculty members, Ms. Navita D. Naik, and Miss. Priyanka Kavalekar.

- Miss. Apeksha Hiru Naik secured First Rank in GU-ART entrance test conducted by Goa University among 499 students.

- Miss Apeksha H. Naik and Rosaline Albuquerque won Third Place in Intercollegiate Quiz organized by ACT Goa at the Annual ACT convention held at Dyanprassarak Mandal's College and Research Centre, Assagao-Goa on 22nd February 2020.

- The students of Department of Chemistry made Oral Presentation of their T. Y. B. Sc. project for "SCIENCE MEGAFEST" 2019-2020 on 25th February, 2020.

- Four students of the Department Mast. Aman Pednekar, Miss. Rani Naik Gaonkar, Miss. Shanti Mayekar and Miss. Akshata Gotadki attended a talk "Education and Socio-Economic Reforms" on 27th February, 2020 at the event KALPAK organized by the Directorate of Higher Education.

- The students of Department of Chemistry made Poster Presentation of their T. Y. B. Sc. project for "PRERNA DIWAS" 2019-2020 on 28th February, 2020.

- Department of Chemistry emerged Overall Runners Up at Intercollegiate event "Chemtalsea 3.0" organized by Dnyanprassarak Mandal's College and Research Centre Assagao, Bardez Goa on 5th March 2020. The Team clinched prizes in 8 competitions out of the maximum 10. The Team was awarded a Runner-up trophy and a cash prize of Rupees 5000/-. The students were accompanied by Faculty member, Miss. Priyanka Kavalekar.

Pereira Rachel, Albuquerque Rosaline D'Costa, Rochelle, Antao Adriel, Heikham Micky, Devi, Rani Bhatt, Hardikar Saloni, Kajjidoni Ankita, Naique Ulaksha, Correia Shania, Naik Manthan, Menezes Alicia, Kasia Cifa Dias, Thakkarkar Sweta, Naik Apeksha won 1st prize in ChemClick [Click to Capture] (Selfie Contest)

Antao Adriel won 1st prize in MasterChem [Perfect Chemist] (Monologue)

Kasia Cifa Dias, Thakkarkar Sweta won 1st prize in ChemAnalyst [Brainstorming] (Literature Search)

Albuquerque Rosaline, Pereira Rachel won 1st prize in Stereodesign [Artistic Chemistry] (Mehendi).

Heikham Micky, Devi Rani Bhatt, D'Costa Rochelle, Hardikar Saloni, Kajjidoni Ankita, Naique Ulaksha, Correia Shania, Naik Manthan, Menezes Alicia, Naik Apeksha won the 2nd prize in Fashionable Chemicals [Flow of Chemical Trends] (Fashion Show)

D'Costa Rochelle, Antao Adriel, won 2nd place in Surflame (Bonding Tunes).

Hardikar Saloni, Kajjidoni Ankita, Heikham Micky Devi Rani Bhatt, Correia Shania won the 2nd prize in Dancing Molecules [Moving Bonds] (Dance).

Naique Ulaksha, Menezes Alicia won 2nd place in ChemWizard [Crosslinkage] (crossword).

- Ten students of T. Y. B. Sc. (Chemistry) attended 14th Annual One Day Symposium on the theme, "Fascinating World of Chemical Sciences" organized by School of Chemical Sciences, Goa University on 14th March 2020.

Ms. Shweta Thakkarkar presented a paper entitled "PVC Membrane potentiometric sensors".

Ms. Neenika Rebello presented a poster entitled "Nanoparticle metal oxides for photodegradation of industrial dyes and water remediation".

- Mast. Adriel Meston Antao, T. Y. B. Sc. (Chemistry) won the First Prize at the State Level Online Elocution Competition organized by the Department of Chemistry of SRSNPES College of Arts and Science, Farmagudi, Ponda-Goa, held on 20.02.2020.

### STAFF ACHIEVEMENTS

- Ms. Dakshata R Gaude and Mr. Mangaldas S. Kerkar, Laboratory Assistants of Department of Chemistry attended Six-Day Skill Enhancement Workshop for Laboratory Assistants organized by the Directorate of Higher Education, Government of Goa in collaboration with Dhempe College of Arts & Science, Miramar, Goa from 24th – 29th June 2019.

- Mr. Mangaldas S. Kerkar, Laboratory Assistant of Department of Chemistry attended training programme organized by USIC, Goa University on 24th January, 2020.



"Mind is a flexible mirror,  
adjust it,  
to see a better world."

**- Amit Ray**



"Thousands of candles can be lighted  
from a single candle, and the life of the  
candle will not be shortened. Happiness  
never decreases by being shared."

**- Buddha**



"The true measure of success is how  
many times you can bounce back from  
failure."

**- Stephen Richards**

## DEPARTMENT OF COMPUTER SCIENCE



The Department of Computer Science was established in 1986. The department has played a major role in contributing to the academic community and society at large. Currently it offers four different programmes at UG and PG level. They are: B.Sc. (Computer Sc.), B.Voc. (Software Development), Post Graduate Diploma in Computer Applications (PGDCA) and M.Sc. (IT).

Following is a brief report of activities carried out during the academic year 2019-20.

### STUDENT'S ACHIEVEMENTS: (2019-20)

- Result of M.Sc. IT examination conducted in April 2019 examination was 86.67%. Mr. Ankur Kankonkar topped the examination.
- Result of PGDCA examination conducted in April 2019 examination was 100%. Ms. NaikKirti topped the examination.
- Mr. Praveen Adithya V topped B.Sc Computer Science examination held in April 2019.
- Students of department of Computer Science won the Second place at the Tech event, "Inspirus" which was held in Don Bosco college of engineering, Fatorda, Goa on 19th and 20th of September. 13 colleges from all across Goa including 4 engineering colleges participated in this event. There were many competitions held such as debugging, video editing, blind coding, Scavenger hunt, Razzmatazz and designer's paradise. Students from FY/ SY BSc (Computer Science), SYB. Voc (Software development) took part in various competitions.
- Noesis, a national level tech event was held by Rosary College of Arts and Commerce, Navelim on 7th, 8th & 9th December 2019. Team I-rixers consisting of ten students from the department participated in 36

competitions across. These 36 competitions were divided into nine different categories, which were brainy beings, prodigy playoffs, net nerds, code crunchers, web weavers, media masters, creativity knights, aced acers and puzzle plexus. Our team won 6 categories out of nine and were declared winners of Noesis for the 4th Consecutive year.

- Following students participated and gave a demonstration of software in the SCI-FAIR organized as a part of Science Megafest under DBT star college scheme on 25th Feb 2020.
- Ms. Naik Vaidehi and Ms. Sangita Mastiholi : GIMP software
- Mr. Dessai Chaitanya Rajendra and Mr. Bhat Akhil Suresh : Powtoon software.
- Mr. Dhiraj Mahale, Mr. Sanlee Ramanus, Mr. Felix Furtado, Mr. Varad Prabhugaonkar : Mobile Application for Science and Maths.

Ms. Anjali Gudamani, Ms. Manisha Bogoto, Ms. ParvinKhan : Powtoon software.

### STUDENT'S PARTICIPATION:

"PARIVARTAN KARO NA" was an initiative undertaken by GDP foundation, Goa, in order to bring out the unique entrepreneurial skills that may in turn help, reverse the ill-effects of the Covid-19. By understanding this current situation in Goa, Ms. Shreya Naik's Team has decided to work up on the project "MedGuard Goa" to help the frontline workers bring out some normalcy in treating patients with varied conditions. Her team has cleared PHASE-I and is selected as "Hi-Potential Idea".

### FACULTY ACHIEVEMENTS: (2019-20)

- Following staff members were involved in the orientation program conducted by college for F.Y. B.A /B.Sc / B.Voc from 19th June 2019 to 21st June 2019:
- 1) Dr. Shaila Ghanti (Programm Structure)
  - 2) Mr. Ian Barreto and Mr. D. Prabakaran (Examination)

- 3) Mr. V.C. Kumaresh (Timetable)
- 4) Mr. D. Prabakaran (B. Voc Program Structure)
- 5) Mrs. Suchitra Bhat (Internal Complaints Committee orientation and GEC courses)
  - Mr. Castor Godinho, Assistant Professor, delivered a lecture on "Staying Safe on the Internet" at Rosary College of Commerce and Arts, Navelim Goa on 14th August 2019. This lecture was directed towards the students of Commerce.
  - Mr. Mahesh Matha, Assistant Professor, MSc IT authored a book titled "Struts - A Comprehensive Study" and published it on Kindle Direct Publishing platform. It is available on all Kindle stores worldwide from 6th September, 2019.
  - Mr. Mahesh Matha, Assistant Professor, MSc IT delivered on talk on the topic "Usage of Java Frameworks in IT industry" on 10th September, 2019 at Damodar College of Commerce and Economics, Margao. The audience consisted of the BCA students of Damodar college, Margao.
- Ms. Dikshita Vishram Aroskar, Faculty from the Department of Computer Science, cleared the NET examination conducted by NTA in December, 2019.
- Mr. Mahesh Matha, gave a talk on 'Career Guidance' on 15th January, 2020 for students of T.Y.B.Sc. He provided important information about higher studies and job opportunity options after B. Sc. in Computer Science.
- Mr. Gajanan Nial, Assistant Professor, successfully completed the SWAYAM course on 'BlockChain Architecture Design and Use Cases' and cleared the certification exam conducted by NPTEL. This course is listed as FDP for which the concerned faculty for FDP certification.

- Mr. Gajanan Nial, Assistant Professor has been issued Pass Certificates with scores for three of the NPTEL courses. Since NPTEL exams have been cancelled due to covid19, Completion/Pass Certificates have been issued based on assignment scores. The list of courses as follows:

1. Programming, Data Structures And Algorithms Using Python (8 Weeks, Jan-Mar, 2020) with score: 100/100
2. Python for Data Science (4 Weeks, Jan-Feb, 2020) with score: 73/100
3. Data Analytics with Python (12 Weeks, Jan-Apr 2020) with score 95/100
- Dr. (Ms.) SameenaFalleiro has successfully completed the SWAYAM ARPIT Online Course Certification for CAS promotion in "Curriculum, Pedagogy and Evaluation for Higher Education" in the proctored examination held on 16th February, 2020 by the Central University of Kerala. The results were declared on 30th June, 2020.

#### **FACULTY PARTICIPATION AND ACTIVITIES: (2019-20)**

- Dr. Shaila Ghanti, Vice Principal, attended the 'Master Classes Series' on topic 'Are Teachers Redundant in the Age of MOOCs: A Teacher's View' by Prof. Sridhar Iyer, Dept. of Computer Science & Engineering, and IIT Bombay on 11th July, 2019 in the Multi-Purpose Hall, Sanskruti Bhavan, Directorate of Art and Culture, Panaji-Goa organized by Directorate of Higher Education for teaching faculties of Universities and Colleges. The purpose is to build capacity and to enhance the quality of higher education in the State of Goa through exposure to new thoughts and ideas.
- Dr. Shaila Ghanti, Vice-Principal and Shri. V.C Kumaresh, Associate Professor attended



the Workshop on ' NAAC Accreditation', held at Dhempe college of Arts and Science, Miramar on Thursday, 18th July 2019.

- Dr.Shaila Ghanti, Vice Principal participated in the National Level Workshop on "Evaluation Reforms in Higher Education" organized by University Grants Commission, Western Regional office, Pune on 19th and 20th August 2019 at Sir C.V. Raman Auditorium, Indian Institute of Science Education and Research (IISER), Pune.
- Mr. D. Prabakaran, Associate Professor, Ms. Mahalaxmi Badiguir, Assistant Professor along with 8 Students visited the Incubation centre, FIIRE, Donbosco Engineering College, Margao on 12th September 2019 from 10.30am to 12.30pm.
- Dr. Shaila Ghanti, Vice Principal & Associate Professor, and Mr. D. Prabakaran, Associate Professor, participated in the Faculty Development Program, conducted by the Goa State Innovation Council on "INNOVATION, CREATIVITY & STARTUPS" supported by Centre for Innovation, Incubation and Entrepreneurship(CIIE) at BITS Pilani, K.K. Birla Goa Campus held on 13th, 14th, 20th and 21st September 2019.
- Mrs. Suchitra Bhat, Associate Professor, Dr. Sameena Fernandes e Fallerio, Associate Professor and Ms. Vidya Nadagaddii, Assistant Professor, attended "COMPUTE 2019" conference at the International Centre, Goa from October 10th to 12th, 2019. The focus of "COMPUTE 2019" was towards improving the quality in some of the core subjects that are taught across all Computer Science, Engineering and Applications program.
- Miss. Ashweta A. Fondekar, Assistant Professor, attended two days state level workshop on "Data Science and Digital Analytics" at DCT's S. S. Dempo College of Commerce & Economics Cujira, Bambolim-Goa from October 18th to 19th, 2019.
- Ms. Ashweta Anand Fondekar, Assistant Professor attended The 10th International Conference on Technology For Education (T4E) 2019 at Goa University from 9th to 11th December 2019.
- Mr. Gajanan Nial, Assistant Professor, along with two MSc. IT part I students Mr. Mangirish Naik and Mr. Akshay Dhargalkar, participated the two days conference on 'Entrepreneurship as a Social Movement organized' on December 13th & 14th 2019 at Sanskruti Bhavan, Goa organized by Department of Higher Education, Goa in collaboration with International Entrepreneurship Forum, UK. The conference focused on how entrepreneurship can be profit making activity while bringing about social changes, environmental awareness, sustainability and poverty eradication.
- Ms. Ashweta Anand Fondekar, Assistant Professor attended '16th International Conference on Natural Language Processing' LTRC IIIT Hyderabad from 18th to 21st December 2019.
- Dr. Shaila Ghanti, Vice Principal and Mrs. Suchitra Bhat, Associate Professor attended 3 days online Workshop on "Education 4.0" organized by IQAC, Atharva College of Engineering held on 28th to 30th April 2020.
- Dr.(Ms).SameenaFalleiro participated in the National Webinar on 'Biodiversity Status in context of COVID-19' conducted on May 26, 2020 organized by Department of Botany, Guru Nanak Khalsa College of Arts, Science & Commerce, Autonomous, Mumbai.
- Dr.(Ms).SameenaFalleiro, participated in an online webinar session on "ICT Enablement in Higher Education for the Betterment of Academic Content Delivery and Statutory Adherence –NAAC Preparedness" conducted by Parvatibai Chowgule College of Arts & Science (Autonomous) Gogol

&MasterSoft ERP Solutions Pvt. Ltd. Nagpur dated. 4th June 2020.

- Dr.(Ms).SameenaFalleiro successfully completed training on " Effective Teaching in Online Environment" from 1st June to 11th June, 2020 by EdExpert Educational Training & Consultancy, Mumbai. She also delivered a session as a Resource Person on "LMS Characteristics" during this training programme.
- Dr.(Ms).SameenaFalleiro successfully participated in the 7 Day Faculty Development Programme on "Institutional Benchmarking of Best Practices" organized by 10 premier Institutes of India from 8th June to 14th June, 2020.
- Ms. Suchitra Bhat, Associate Professor attended 7 days FDP on "institutional Benchmarking of Best Practices 8th-14th June 2020 " organised by Mallikarjun College, Cancona.
- Dr.(Ms).SameenaFalleiro delivered a technical session on "Teaching-Learning & Evaluation" on 9th June, 2020 in the 7 Day Faculty Development Programme on "Institutional Benchmarking of Best Practices" organized by 10 premier Institutes of India from 8th June to 14th June, 2020.
- Dr.(Ms).SameenaFalleiro delivered two sessions on "Effective Use of ICT in the Teaching - Learning" for the Open Day Webinar of ParvatibaiChowgule College of Arts & Science, Autonomous, Margao,Goa on 19th June,2020.
- Mr. Abhishek Gudekar- Associate Professor, M.Sc (IT) successfully completed the "The BodhiTree and SAFE Tools for Effective Online Teaching: A Hands-On Workshop" dated. 21st June 2020. It involved 3 days of video lectures and hands-on work. This training was organised by the Teaching Learning Centre (ICT) at IIT Bomby, funded by the Pandit Madan Mohan Malaviya National Mission on Teachers and Teaching (PMMMNTT), MHRD, Govt. of India.
- Ms. Suchitra Bhat, Associate Professor attended 2 days Expert Webinar FDP Series On Effective Online Teaching, Learning and Evaluation organized by CTCL of Chowgule College, Margao Goa on 23rd and 24th June 2020.
- Ms. Ashweta Fondekar attended "EXPERT FDP Webinar Series on Effective Online Teaching, Learning & Evaluation" On 23rd and 24th June 2020 organized by Centre for Teaching and Learning (CTL) ParvatibaiChowgule College of Arts & Science, Autonomous.
- Dr.(Ms).SameenaFalleiro attended a Webinar on "Strategies for Student Motivation" By Dr.John Keller, on 25th June,2020 organised by Wadwani Foundation, Mumbai.
- Ms. AshwetaFondekar attended House Faculty Training Series on "E-portfolio" on 25th June 2020 organized by Centre for Teaching and Learning (CTL) ParvatibaiChowgule College of Arts & Science, Autonomous.
- Mr. Mahesh P. Matha, Assistant Professor, Department of Computer Science attended a webinar on "IP Protection through patents, copyright and trademarks" that was organized by Technology Information Forecasting and Assessment Council (TIFAC), an autonomous body of Department of Science & Technology, Govt of India, New Delhi in association with Goa State Council of Science & Technology (GSCST), Bardez, Goa during 23 to 26th June, 2020.
- Dr. (Ms). SameenaFalleiro and Ms.AshwetaFondekar of the Department of Computer Science along with Mr.RovanVaz Faculty from the Department of Mathematics, worked and submitted a report on "Economic Revival Plan for the Village of Macazana". They were deputed by the Government of Goa, DHE & GIPARD.

- Dr.(Ms). Sameena Falleiro, participated in a Webinar on the topic "Population and Health in the Present Context" organized by ParvatibaiChowgule College of Arts & Science, Autonomous, Margao, Goa in collaboration with Sophia Girls College, Ajmer (Autonomous) on 11th July, 2020.
- Dr.(Ms). Sameena Falleiro, attended the DHE meeting and workshop with respect to E-Content creation and Guidelines to be followed on 9th July, 2020 and 19th July, 2020.
- Dr.(Ms). Sameena Falleiro, participated in Webinar on "How to Submit a Winning Project Proposal" organized by IQAC of St.Joseph College, Autonomous, Irinjalakuda, Thrissur, Kerala and Morning Star Home Science College, Angamaly, Ernakulam, Kerala on 20th July, 2020.
- Dr.(Ms).Sameena Falleiro, has successfully completed the National Online Faculty Development Programme on Virtual Labs: EDUCATION 4.0 on July 23, 2020 organised by Virtual Labs Nodal Centre-MIT Art, Design & Technology University, Rajbaug, Pune in association with V-Labs, NMEICT-MHRD, SOLVE-NITK, and Centre for System Design.
- Dr.(Ms). Sameena Falleiro, attended the ACM India Webinar Series on Education: Computational Thinking in the Mathematics Classroom on 25th July, 2020.

#### **DEPARTMENT ACTIVITIES: (2019-2020)**

Workshop on Statistical Computing and Data Visualization using R was organized by the Department of Computer Science, under the DBT Star College scheme on 10th August 2019. It was attended by students and faculty of Computer Science and Mathematics department. Mr. Mahesh Matha, Assistant professor, was the resource person for the same.

#### **Industry – Academia Interaction**

Department of Computer Science organized "Techweek 2019" under DBT Star college scheme from 26th August 2019 to 31st August 2019 for faculties and students (M.Sc IT, T.Y. B.Sc, B.Voc students). This is an Industry-Academia interaction initiative where experts from Software industry are invited to give hands-on session on current trends from IT field. Mr. Chetan Borkar, Founder of DreamlogicInfosystem delivered a hands-on session on "Node js express" on 26th and 27 August 2019. Ms. ShrutiP, Software Engineer, from Persistent Systems, Verna gave a hands-on session on "Spring framework" on 28th and 29th August 2019. Mr. SedrickPires, Software Developer from Numadic delivered a hands-on session on "ReactJs" on 30th and 31st August 2019. Techweek 2019 was also attended by students and faculties from different colleges in Goa. Mrs. Suchitra Bhat, Head and Department co-ordinator for DBT Star College Scheme, Mr. Abhishek Gudekar Assistant Professor and Ms. Ashweta Fondekar Assistant Professor, were co-ordinators for Techweek 2019.

'Scratch Programming' was organized under the DBT Star College Scheme on 4th and 5th December 2019 as a Community Outreach Program. Faculty and students of Multipurpose High school, Margao and Ravindra Kelekar Dnyanmandir School, Margao, attended this programme. 18 participants benefitted from this programme. Mrs. Suchitra Bhat, HOD and Department DBT coordinator welcomed the gathering. Mr. D. Prabakaran, Associate Professor, was the coordinator of the event. Ms. Ashweta Anand Fondekar, Assistant Professor, was the Resource person. Three student volunteers Miss. Gautami Samant, Miss. Soniya Tirvir, Mast. Iranna Henganalli from F.Y. B.Sc took active part in assisting school children during hands on sessions.

Mr. Castor Godinho & Mr. Wendham Gray, Members of FOSS Club, organized Coding Competition for Students of Department of Computer Science on 14th February 2020 in

Lower Auditorium. 37 Students participated in the competition. Following are the winners:

1st Place – Mr. Tamang Dipesh, Mr. Naique Shubham Govind B.Voc- Software Development. 2nd Place – Mr. Mangirish Naik, Mr. Muzaffar Sheikh M.Sc(IT) - Part I

3rd Place – Mr. Valdo Fernandes, Mr. Vedank Naik M.Sc. (IT) - Part I. 4th Place – Mr. Qaiser Basha, Mr. Deepraj Dessai (B.Voc Software Development).

FOSS club has developed 'Department Management System' and it is available on college website for storing all the department, Faculty and students related activities such as workshops, conferences, paper publications, alumni details, internship details etc in a database. It can generate reports in different format required by college for various purpose. This software has been developed by Mr. Shubhan Govind Naique, Mr. Dipesh Tamang, Miss Manisha Bhavarlal Solanki and Mr. Qaiser Basha (students of T.Y. B.Voc (SD)) using Open Source Software. Students received the guidance of Mr. Castor Godinho, Assistant Professor.

### **SEMINARS, WORKSHOPS & ACTIVITIES ORGANIZED: (2019-20)**

- Dr.(Ms). Sameena Falleiro, associate professor, conducted a seminar for the S.Y. B. Sc. students of the department on 7th May 2019 from 9.30am to 12noon on "Project Management and Research Writing". 20 students attended the workshop. They were taught techniques on how to identify projects, write project proposals and then given an overview on the various stages of software project development. They were also given orientation on how to write review of literature.
- Ms. Suchitra Bhat, Head of the Department, and Ms. Neeta Dhopeshwarkar gave the orientation to the First year B. Sc. students on 25 June 2019 regarding the department and the various activities carried out in the department.

- Ms. Dikshita Vishram Aroskar organized Two days Hands on Workshop on Automated Software Testing using Selenium and jmeter under DBT Star College Scheme for the students and faculties of Department of Computer Science on 22nd February 2020 and 24th February 2020. The main aim of this workshop was to give exposure to various software testing tools used in the industry. Resource person for the Workshop was Ms. Purvi Keny, Module Lead, Persistent Systems-Goa. There were total 50 student participants for this Workshop. The department of Computer Science organized workshop on automation testing for the students to provide them with the hands on experience of using testing tools used in software industry for automation testing. Resource person discussed the careers opportunities in Software Testing.

- Mrs Neeta Dhopeshwarkar, Assistant Professor, was given a farewell on 31.07.2020 in M.Sc (IT), Seminar Hall.

- Miss Ashweta Anand Fondekar Asst. Professor conducted Hands on training on Google Forms for Administrative Staff and Lab Assistants of Parvatibai Chowgule College of Arts and Science, Margao, on 17/08/2020. Training was given to the staff on the following:

1. Creating and setting up form on Google Drive.
2. Creating Professional Looking Forms.
3. Collect data using forms.
4. Storing data in Spreadsheet on drive.
5. Form Validation.

**Ms. Suchitra Bhat**

HOD Dept of Comp Sc.

## DEPARTMENT OF ECONOMICS



### FACULTY PARTICIPATION

- Ms. Rupali Tamuly, Associate Professor, Department of Economics presented a research paper titled 'Illness, disability and consumption expenditure in India: Evidences from IHDs I and II' on the occasion of Statistical day at central library organized by NSSSO, Goa on 29th June 2019.
- A faculty from the Department of Economics, Mr. Ramu P. Pagi attended Five-Days State Level Short Term Course on 'Data Analysis and Statistical Techniques using R-software' from 12th December – 17th December 2019 organised by the Department of Economics, G.V.M's College of Commerce and Economics, Ponda-Goa, in association with the Directorate of Higher Education (DHE), Government of Goa, Porvorim Goa. This course was designed to provide the basic tools to work with data using R-software. Some of the topics covered were introduction to R and R studio, Data import and export, correlation, multiple regression, multicollinearity, etc. The resource persons were Dr. Amiya Bhowmick, Assistant Professor, Department of Mathematics, Institute of Chemical Technology, Maatunga Mumbai and Shri Venkata Reddy, Data Scientist, Machine Learning Trainer, Co-founder of Statiner and Visiting faculty at Institute of Chemical Technology, Maatunga Mumbai.
- Ms. Mahalaxmi Badiguir, Assistant Professor, Department of Economics participated at the tenth biennial international conference on "Climate change and disasters: challenges, opportunities and responses" organized by

Indian Society for Ecological Economics (INSEE) from 3rd - 8th November 2019 at CESS, Hyderabad. The conference consisted of panel and plannery sessions. The papers presented included sessions on behavioural economics and its importance, adapting climatic change in south Asian cities, climatic resilient growth in India: strategies and measures, low carbon strategy for inclusive growth etc. The certificates were distributed to all the participants.

### STUDENT ACHIEVEMENT AND PARTICIPATION

- Fr. Agnel College of Arts and Commerce, organized an inter collegiate News Supplement competition, which was held on the 10th August 2019 in the college premises. The theme of the competition was "New Ideas to Promote Tourism in Goa" Five students from our department participated in this event. The names are as follows: Ms. PriyaBhanushali, Ms. Micah Fernandes, Ms. Lyzenn Rodrigues, Ms. Vanessa Colaco and Ms. Heloise Fernandes.
- The Department of Economics of Dnyanprasarak Mandal's College Mapusa had organized an Inter-Collegiate event "ARTHAANG" on the 17th September 2019. Four students from the Department of Economics of our college participated in this event. Chelsee Fernandes (SYBA) and Heloise Fernandes (TYBA) participated in wealth out of waste competition and won the 1st place. Lyzenn Rodrigues (TYBA) and Micah Fernandes (TYBA) participated in poster competition and won the 3rd place.
- The Department of Tourism and Travel of MES College had organized All Goa Inter-Collegiate presentation competition on the 28th September 2019, to celebrate the World Tourism Day. The theme of the event was "Tourism and Jobs: A Better Future for all." Two students from the Department of Economics of our college participated in

this event. Heloise Fernandes and Lyzenn Rodrigues (TYBA) participated in the presentation competition and won the 1st place.

- The Department of Economics Carmel College had organized Panel Discussion on 27th September 2019. The theme of the event was "Current State of Indian Economy- Is it headed for a crisis?" Five students from the Department of Economics of our college participated in the Panel Discussion. Manshi Nagar, Leander Fernandes (FYBA), Mavish Banducda, Krupa Manerkar (SYBA), Dhritiman Sarma (TYBA) participated in the Panel discussion.
- The NSS Unit of Carmel College organized the health and fitness fair on 21st January 2020. The on stage events were 'dance it out and 'grandma's remedies', and the offstage events were 'say it in a poster' and 'what's on your plate'. The following students from the Department of Economics participated in these events; Mavish Banducda, Rahmat Shaikh, Chelsee Dias, Rehanshaikh, Preeti Papishetty, Heloise Da' Costa and Lyzenn Rodrigues. Overall our college won the second place in Health and fitness fair.
- The Department of Economics, Government College Quepem organized inter collegiate event 'Trends 2020' on 17th February 2020. A total of 10 students from the department of economics namely FY- Shaikh Rehan, SY- Rahmat Shaikh, Mavish Banducda, Chelsee Dias, TY- Heloise Fernandes, Shubankar Sinai, Siya Malekar, Priya Bhanushali, Sonia Rajai and Lyzenne Rodrigues participated in the event .The events held were The mirror, Wealth out of waste, Remonetisation, Rhythmic, Eco walk and Ecogram. The overall winners of the TRENDS 2020 were Parvatibai Chowgule College.
- The department of women studies of Goa university organised an event on 6th March

2020 at Goa University, Bambolim titled M.E.A.R (Making Equality a Reality) to celebrate International Women's Day. The following students from department of economics had participated namely FY- Shaikh Rehan, Diksha Mishra, Skyla Bernard SY- Rahmat Shaikh, Mavish Banducda, Ashwin Parate, Rimpa sharma, Chelsee Dias, Enoch abraham, Avinash Almeida, Almas Taj, Manasi Talaulikar and Anjali John. The following sub events were held: Bro you can do it, Kaaviman, Be an activist, Open mic, Aawaz do hum ekhai, Streetplay, Painting , Gaana toh ek bahana hai. Overall our college won the second place in Health and fitness fair.

### DEPARTMENT ACTIVITIES

- "Eco Feud"- a debate inter class competition for the students of economics was organised by the department on 3rd August, 2019 at 2:30pm. For the first round, the topic given was "Is Tourism a Blessing or Curse". Out of 19 groups, six groups got selected for the competition. In each group there were total three members from the FY, SY, and TY. Two teams were selected for the final round and topic given was "Is Hostility or Hospitality treatment should be given to tourist". The winners were Vasu Gupta (TYBA), Dhritiman Sarma (TYBA) and Krupa Manerkar (SYBA) and the runners up were Mavish Banducda, Sraddesh Kenkre and Anjali John from SYBA.
- An Inter - higher Secondary School event "ECO VISION" was organised on 23 August 2019 at 8.30 am. The main theme of the event was "Indian Economy and Current Affairs". The aim of the event was to inspire the young students and give them an insight of the Department of Economics. Two Higher Secondary Schools participated in the event, St. Xavier's Higher Secondary School, Mapusa and Rosary Higher Secondary School, Navelim. The

competitions held were Marketing mix, Quiz; Turn the table, Short film presentation etc. In the event both the schools were given a team name St. Xaviers H.S.S was team O.P.E.C and Rosary H.S.S team name was team A.D.B. The overall winners were St. Xaviers higher secondary school, Mapusa and the runners up was rosary higher secondary school, Navelim. Winners were facilitated with the certificates and trophies and the runners up were awarded with medals and certificates. A small memento was also distributed to teachers and students as well. All the participants were given participation certificates.

- Department organized community outreach program, “Skill Building: Personality development for children age 6 to 14”. This initiative was started in August 2019 and around 35 students age 6 to 14 residing near Chowgule College enrolled themselves. Every Tuesday there was a class conducted on personality development and included modules like singing, dancing, chess, public speaking, hygiene, storytelling, handwriting etc. The valedictory function of this program was conducted on 14th December 2019. 25 students participated in various events like drawing competition and handwriting competition, Chess etc. trained by 15 volunteers from first year BA, Economics.
- Mr. Ramu P. Pagi conducted a certificate course in Gretl (Free Software for Statistical Package) which was scheduled from 13th September 2019 to 14th October 2019 for all the Undergraduate and Postgraduate Social Science Students, Researchers and faculties of the college. This course was designed to provide the basic tools to work with data using the open source package gretl. Altogether 18 students from different departments registered for this course. A fee of Rs. 1000/- were charged and certificates were provided to the students after completion of the course.
- The Department of Economics organized their annual Inter collegiate event “Revelations 2020” on 4th of February 2020. The coordinator of the event was Assistant professor Mahalaxmi Badiguir. 12 colleges participated in the event namely, P.E.S. College (Ponda Education Society), Dhempe college of Arts and Science, Vidya Prabodhini college of Commerce, Education, Computer and Management, Shree Mallikarjun College of Arts and Commerce, Rosary College of Commerce and Arts, VVM’s Shree Damodar College of Commerce and Economics, Dnyanprassarak Mandal’s College and Research Centre, GVM’s Gopal Govind Poy Raiturcar, College of Commerce and Economics, Government College of Arts, Science and Commerce, MES College of Arts and Commerce, St. Xavier’s College and Government college, Borda. The events held are Clash of Eco minds, Teach Eco, Eco Parody, Eco Wiz, Mister/Miss Finance Minister of Goa, Critics of Economics, Eco Unveil and Entrepreneur. The overall winners for Revelations 2020 was Dhempe College of Arts and Science, Panjim and the runners up were GVM’s college of Commerce and Economics, Ponda.
- State Level Student Seminar for Young Scholars to the Postgraduate and Undergraduate student of Economics was organised on 6th March 2020 in the lower auditorium at 10.00 am. The aim of the seminar was to acquaint students to present the research findings from their final year projects/dissertation and understand the manner of data presentation for conferences. The program began with the welcome address and introduction by Miss Mavish Banducda, student from second year Economics. The Key Note Speaker on this occasion was Prof. Nicolas Moreau, University of La reunion. He addressed the function, which was then followed by the paper presentations. Two colleges



participated in the seminar. They were MES College Zuarinagar and Rosary College Navelim. Altogether 8 presentations were held. At the valedictory of the seminar the certificated were given to all the participants. Ms. Rupali Tamuly, Head, Department of Economics gave her concluding remarks and applauded the paper presenters for their choice of topics and the efforts taken.

- The department had organised eco day on 14th March 2020 from 9.00 am to 5.00 pm. It included three main events ecoprenuer, ecosphere and equilibria. The objective of this events was to apply classroom learning to real life situation. Ecoprenuer involved students making items and selling it. It was organised to instil the entrepreneurial skills in students. Students also learn the process of setting up new business and gain an experience on how to venture for partners and funds. Ecosphere was an inter class competition which included many events like street play, quiz, ecotok and presentation. The aim was to help the students to implement the various concepts learnt in class. It broadens the perspective economically about various events and develops a clear communicating ability and argumentative skills. The overall winners for the Ecosphere were first years.



*"Don't be a reflection of your depression, your dark, or your ugly. Reflect what you want. Your light, your beauty, & your strength. Aspire for greatness - reflect who you are; not which deficits you maintain. Showcase the hidden treasures."*

*- Tiffany Luard*

## DEPARTMENT OF ENGLISH



The Department of English held its Orientation Programme for F.Y.B.A. students on 25rd June, 2019 in C201 Classroom from 9 am – 10.30am. At the very outset the First Year Students were welcomed and the faculty members were introduced. The session was conducted by HOD of the English department, Dr Sonia Fernandes Da Costa along with Mr. Andrew Barreto, Assistant Professor of the Department of English. During the orientation, the students were informed about the Vision and Mission of the department, course structure of BA Programme, non - evaluative credits, internship and departmental activities, careers etc.

### Fresher's party (July)

The Department of English held its Freshers' party for F.Y.B.A and MA (I) students on 19th July 2019 in the upper Auditorium. The theme for Alpha 2019 was 'The Villains'. Accordingly, the SY, TY and MA part 1 students of the department dressed up as antagonists of various books, comics, movies, T.V. series, and so on, while the students of FYBA and MA part 2 were instructed to dress up as the protagonists (or Heroes') of their choice.

### Seminar (August)

The third year students of the English department along with Dr Sonia Fernandes Da Costa, attended a two-day Seminar on 'Damodar Mauzo and his contribution to Literature & Konkani Writing' on 2nd & 3rd of August 2019 held in , Ravindra Bhavan, Margao

The seminar was organized by the Department of Konkani, Government College, Quepem in collaboration with Department of Higher Education, Porvorim .

### Workshop (August)

The Department of English organized a one day Creative Writing Workshop on "Travel

Writing". The guest lecture was delivered by, none other than Ms. Jessica Falerio, who is internationally well-known as a Novelist and a Short Story Writer. The workshop was held on Thursday, 22nd August, 2019.

### **Talking Tree Series (August)**

The English Department organized a talk under the 'Talking Tree Series' on 30 August, 2019. Graphic Artist and author, Ms. Vidyun Sabhaney was invited to share her expertise on the graphic novel industry and supplement the course of 'Visual Narratives: Perspectives'. 49 students attended the talk. The talk was coordinated by the faculty member Ms. Delilah Pacheco.

### **Panel Discussion**

The Post graduate students of the department of English, under the guidance of Ms. Shubhangi Thakur organized a Panel discussion on 31st of August 2019. The discussion took place at The Dogears Bookstore, from 4- 5pm. The topic of the discussion was "Should English Literature be taught at the School level". The discussion took place wherein the students were enlightened by two panellists, namely Ms Savia Viegas (well-known writer) and teacher Analiza Pinto.

### **Shakespeare Festival (September)**

The department recently concluded its annual Shakespeare festival - 'The Bard by the Mandovi 2019', on 13th Sept 2019, which has completed ten years, this year. There were 12 institutes participating from all over Goa – from Mapusa to Margao. There were over 200 participants and around 100 organizers, with members of the public also coming in and enjoying the literary atmosphere, along with the college students.

### **Talking Tree Series (December)**

Under the Talking Tree Series, the Department of English in association with the Goa Arts & Literature Festival, held a lecture on 5th Dec 2019, on the need for youngsters to read more. Author and translator, Mr. Jerry Pinto and art

critic and poet, Mr. Ranjit Hoskote conducted the lecture as a part of the 'Outreach Program' by the Goa Arts & Literature Festival. Assistant Prof. Ms Delilah Pacheco organised the talk.

### **GALF**

The English Department organized a visit to the 'International Centre Goa', Dona Paul, to witness the 'Goa Arts & Literature Festival'(GALF). A total of 24 students from the FY, SY, TY, MA I and MA II attended the event on the 6, 7 December 2019 respectively. The students participated in the various sessions held during the following two days.

### **Comic Con (December)**

Students of the English Dept, Parvatibai Chowgule College visited Mumbai Comic Con on the 07 and 08 of December 2019. 13 students were led by Asst. Prof. Andrew Barreto and Asst. Prof. Delilah Pacheco to Cosplay. They interacted with Indian and foreign graphic artists, as well as met up with other aficionados, and fans of comics and pop culture. 4 students participated in the open Cosplay competition (Amateurs group), a consolation prize was won by Ms. Krystal Fernandes, Cos playing as the Enchantress (Suicide Squad).

### **Pegasus**

The English Department held its annual intercollegiate event Pegasus on the 13th and 14th January 2020. And the theme this year was Apocalypse. There were a total of five schools that participated. The event began with the welcome by Dr Sonia Fernandes da Costa, the HOD of the English Department, followed by a short speech by the Guest of Honour, our very own Principal, Dr N. N. Sawant. This was then followed by a video presentation of last year's performers and winners.

The décor this year was all wealth out of waste, students made a "bottlefall", which was a waterfall with plastic bottles collected around Chowgule College, over the span of just one month. Even the decor used inside was everything waste, recyclable and

biodegradable. The winners of Pegasus 2020 were Goa University, i.e. Team Trinket and the first runner up was MES College of Arts and Commerce.

### **STUDY TOUR TO KALA GHODA ARTS & LITERATURE FESTIVAL 2020**

Eight students of the Department of English from the Undergraduate and Postgraduate courses went on a Students Study Tour to Mumbai for the Kala Ghoda Arts & Literature Festival between the dates of 01st Feb – 4th Feb. The event featured a number of areas like Arts, Literature, Theatre, Stand-up, Music and Film amongst other things. The students were encouraged to attend at least two sessions of any of the events of their choice and thereafter try to engage with the performers/ artists. Assistant Professor Delilah Pacheco and Assistant Professor Shubhaangi Thakur accompanied the students during the study tour. 8 students from UG and PG went for the study tour.

### **Words Up**

The students of English Department, Parvatibai Chowgule College won the first place at WORDS Up (the fourth edition) organized by the English Department of St. Xavier's College, Mapusa, from 13th February to 15th February 20. Words Up is an intercollegiate competition organized yearly to help students to learn more about Literature. The theme for this year was 'Fantasy'. There were a total of twenty-six events, out of which, eighteen were off-stage events and eight were on-stage. A total of fifteen colleges participated in this event. Students of Parvatibai Chowgule College secured the first place at Words Up. The team of students consisted of thirty-five participants along with a team of seventeen volunteers.

### **Solo Singing**

Ms. Salome Fernandes, student from the dept of English participated a solo singing event held on 15th Feb 20 at GVM's Dr. Vaidya College of Education, Farmagudi, Ponda-Goa, whose main idea was to propagate values through songs.

The competition saw a total of 20 participating colleges from across Goa.

### **Women's Day Celebration**

Club Carpe Diem, under the aegis of english tygers' club (etc.), run by the department of English organized their third open-mic poetry, story and music session at AJ's Restaurant (linkage partner), their host for their open-mic series. Organized by Asst. Prof. Andrew Barreto, this session held on 08 March 2020 was dedicated to Women's Day titled - Women's Day Sunday.

### **National Seminar at DMC (March)**

Nine PG students of English department, Part I & II attended and presented papers at a two-day National Seminar held on the 6th and 7th of March 2020, organized by the department of English of Dnyanprassarak Mandal's college and research Centre Assagao, Bardez, Goa. The theme of the presentation was "Assimilating the Change: Assessing the Role of Gender and Culture in the Post- Colonial World". Ms Loretta Rodrigues won the award in the student category for the best paper at the seminar.

### **REPORT OF STORYTELLING SESSION**

As a part of Children's Literature course, PG part II students of English department, Parvatibai Chowgule College along with Assistant Professor Ms Shubhaangi Thakur held a story telling session for kindergarten kids on 16th March 20. The story telling session was held in parallel for four divisions of kindergarten class. The young kids along with the Masters students enjoyed the stories thoroughly. The kindergarten kids also narrated a few of their favourite stories to the MA students. It was a very fun and enjoyable experience overall.

### **Dr. Sonia Fernandes da Costa**

H.O.D

English Department

## DEPARTMENT OF FRENCH



*To learn a language is to have one more window from which to look at the world*

—Anonymous

The Department of French at Chowgule College, is a pioneer and leading department in the State of Goa offering a wide range of specialized courses in French at the Under Graduate Level and one of its kind in South Goa. Students have a wide range of courses to choose from which they can pursue either as 'French Major' or 'French Minor'. The syllabus has been carefully structured so as to facilitate the acquisition of both, written and spoken French, for the major as well as the minor courses. The immersion method is used where all courses are conducted in French and have a very steady upward learning progression as the students advance from one semester to another.

The small but vibrant department of French undertook the following activities during the academic year 2019-2020.

- Assistant Professors of the department of French, Ms. Carol Barreto Miranda and Ms. Rosanne Barreto, attended an all Asia workshop 'Université régionale d'été, Inde 2019' from 20th to 24th May 2019 organized by the French institute in India in collaboration with Department of French & Francophone Studies, Goa University Centre de Linguistique Appliquée, Université de Franche-Comté and Alliance Française- Inde.

The modules of learning included:

- Teaching and Learning grammar using innovative methods.
- Encouraging creative learning in class with music and dance.

- A gathering to mark the induction of new students into the department, was held on the 21st month of June, 2019.
- The National Day of France was celebrated on 14th July, 2019. A cultural programme was held to showcase the talent of the students in speech, drama, music, culture and Indo-French cuisine.
- The students of the department of French had an interactive session with Dr. Beatrice Moppert, Faculty, Department of Geography, University of Reunion Island on 20th January 2020. Dr. Moppert replied to queries regarding the prospects of carrying out higher studies in the Reunion Island, and the availability of scholarships for students of foreign origin.
- A workshop on 'Creative Writing' was conducted by the in-house faculty for the students of the department of French in the first week of February 2020. The students were offered valuable tips on how to express themselves articulately and more effectively in French.

The department of French continues to intensify its efforts towards the spread of the acquisition of spoken and written French with a vivacious and motivated action plan for the next academic year.



*Don't worry about failures, worry about the chances you miss when you don't even try.*

**- Jack Canfield**



## DEPARTMENT OF GEOGRAPHY AND RESEARCH CENTER



The Department of Geography offers Under-Graduate, Post-Graduate and PhD Programme to develop future Geographers who have basic and advanced knowledge of Geography that can be applied in various fields of employment. The Department conducted various activities for the students and the faculty during the academic year to enhance their subject knowledge as well as research skills. Therefore this year's report is a reflection of the achievements and activities of the department signifying engagement of the faculty and students beyond class room curriculum through various activities and events. It needs to be emphasized, the department has been persistently achieving new milestones; this year is not an exception to this.

**(A) HIGHLIGHTS:** The following are the achievements of the faculty and the students for the academic year 2019-20.

### Faculty Achievements:

#### Professorship

- i) Dr. Nandkumar Sawant was designated as Professor by the Goa University and Directorate of Higher Education (DHE), Government of Goa on 24th June 2020. With this he is the first and the most senior Professor of Geography in Goa University as he has been designated to this position from 2009.

#### Awards:

- i) A Certificate of Appreciation including Cash Prize of Rs. 15000/- was awarded to the team consisting of Dr. Nandkumar Sawant, Mr. Deepak Kumbhar, Mr. Venkatesh Prabhugaonkar and Mr. Castor Godinho for their Sustainable Solution on 'GIS based approach - Essential Services Supply during Disaster' presented under Challenge 4 :

Simple, Smart and Superior Disaster Management System for the State at the 'Parivartan Karo Na' - a contest-cum-internship initiated by Growth and Development Platform (GDP) Foundation Goa, in June 2020.

### Students Achievements:

- i. At the Third Year B.A. in Geography, Ms. Alicia Fernandes (Single Major) stood first with a CGPA Score of 8.68 and Aaron Rodrigues of Third year B.Sc (Single Major-Geography) scored a CGPA of 8.20. While, at the Postgraduate level, Mr. Dwayne Fernandes (Grade A+ with CGPA 9.36) stood first at MA II and Ms. Upama Sawant (81.75%) was the top-scorer at Postgraduate Diploma in Geoinformatics.
- ii. Ms. Alicia Fernandes and Mr. Dwayne Fernandes were awarded the 'Pratima Naik Memorial Award' for highest scoring students respectively at Undergraduate and Postgraduate Geography examinations, April 2019.
- iii. The following ex-students of the department passed the National and State Eligibility Tests as follows:
  - Ms. Priti Gosavi (MA Geography Batch 2011-12) – passed both State Eligibility Test held in June 2019 and National Eligibility Test held in December 2019
  - Ms. Tanvi Deshpande (TYBSc Geography Batch 2015-16) – passed State Eligibility Test held in June 2019
  - Mr. Vishal Gaonkar (MA Geography Batch 2017-18) passed the National Eligibility Test held in December 2019
- iv. Mr. Naushad Arleshwar and Mr. Pallesh Velip, students of MA Geography won the Runners-Up Trophy in the all Goa 'Inter-Collegiate Quiz on Life and Times of Chhatrapati Shivaji Maharaj' organized by Department of Information and Publicity, Government of Goa on 19th February 2020.

**Placements:** The following students have been placed in various organizations.

### **M.A. Geography (2018-19)**

- Hema Sawant - Assistant Professor, Ganpat Parsekar College of Education, Arambol, Pernem
- Apurva Gauns Dessai placed in Adarsh School Ponda.

### **PGDGIS (2018-19)**

- Three students of PGDGIS (2018-19) have been selected at IGenesys, Mumbai and 11 at Hard Castle GIS Ltd., Pune
- Seven students of PGDGIS are placed at Ceinsys, Nagpur
- Sarvesh Gaonkar – Geo Info Services, Ghansoli, Mumbai
- PGDGIS (2019-2020)

Out of the 23 students, 19 students have been placed in Deduce Technology, Bangalore as Digital Cartographers, one student has been selected in Maharashtra State, Agricultural Department while another student has been selected as GIS Analyst in Forest Department, Government of Goa. Two of the students have sought admission for M.Sc in Geoinformatics.

### **(B) COURSES ATTENDED AND COMPLETED:**

The faculty of the department have been persistently upgrading their knowledge in the domain of geography through various faculty development programmes and completion of certificate courses

- i) Dr. Anagha Bicholcar , Assistant professor and departmental incharge, completed Two Weeks Faculty Development Programme on 'Managing Online Classes and Co-Creating MOOCS:2.0' from May 18 - June 03, 2020 organized by Ramanujan College, University of Delhi
- ii) Dr. Sanjay Gaikwad, Assistant professor, completed five online courses. The details are as follows:

- completed a 8 week NPTEL Online Certification Course in 'Remote Sensing and GIS' organized on the Swayam Platform.
  - completed a 4 week NPTEL Online Certification Course on 'Geospatial Analysis in Urban Planning' on the Swayam Platform during January-February 2020
  - completed a 12 week NPTEL Online Certification Course on 'Geomorphology' on the Swayam Platform during January-April 2020
  - completed an online course on 'Remote Sensing & GIS Technology and Applications for University Teachers & Government Officials' conducted by Indian Institute of Remote Sensing (IIRS), ISRO Dehradun, from 13th June to 1st July 2020.
  - Completed the ARPIT Course for Career Advancement Scheme(CAS) promotion Pedagogical Innovations And Research Methodology with a "A" Grade in the proctored examination held on 16.02.2020 Guru Jambheshwar university of Science & Technology Hisar, Haryana
- iii) Mr. Ashish Ashwini, Assistant professor, completed the following courses
    - Online Annual Refresher Programme in Teaching (ARPIT) on 'Climate Change – A Guide for Teachers of all Disciplines' organized by Ministry of Human Resource Development, Government of India from 1st September 2019 to 16th February 2020.
    - completed a 12 week NPTEL Online Certification Course on 'Geomorphology' on the Swayam Platform during January-April 2020
    - completed Seven Days Faculty Development Programme on 'Institutional Benchmarking of Best Practices' hosted by Shree Mallikarjun and Shri. Chetan Manju Desai College, Canacona in association with 10 premier institutes of India from 8th – 14th June 2020.

- iv) Mr. Rahul P.S., Assistant professor, completed a course on 'Ocean, Climate, Society: Instabilities and Mobilities on the Climate Change Frontline' at University of Bergen, Norway in June 2019.
- v) Mr. Adrian Ferro, Assistant professor, completed Two days Online Faculty Development Programme on 'Academic Writing' organized by Siddhi PG College, Sagwara (Dungarpur) & Vally Institute of Professional, Jodhpur on 21st & 22nd June 2020.
- vi) Ms. Ashlesha Saxena, Assistant professor, completed the following courses
  - an online course on 'Remote Sensing & GIS Technology and Applications for University Teachers & Government Officials' conducted by Indian Institute of Remote Sensing (IIRS), ISRO Dehradun, from 13th June to 1st July 2020.
  - an online course in 'The Complete Digital Marketing' in June 2020 through Udemy

**(C) RESEARCH GRANTS, PUBLICATIONS, PRESENTATIONS, CONSULTANCY AND EXTENSION ACTIVITIES**

**i) RESEARCH GRANTS (02)**

- a) Dr. Nandkumar Sawant was granted a Major Research Project 'Revealing the (In)visible cultural landscape and Heritage : Amalgamation of Goa's Urban Transformation and Identity' by the Indian Council of Social Science Research (ICSSR), New Delhi, under the scheme IMPRESS (Impact Policy Research in Social Science). The grant sanctioned is 9 lakhs.
- b) Dr. Nandkumar Sawant & Dr. Nandini Vaz Fernandes (2020) received a Grant of Rs 2.49 lakhs towards Development of Wildlife Management Plan for Bondla Wildlife Sanctuary funded by Goa Forest Development Corporation Limited, Goa.

**ii) Paper Publications (04)**

- a) Sawant N N (2020) Framework For

Curriculum Designing For Higher Education in the proceedings, peer reviewed journal , Knowledge Resonance, pp36-48( ISSN - 2231-1629)

- b) Sawant N N & Fernandes N V (2019) Institutional Strategies for Making Graduates More Employable - Case Study, International Journal of Educational Science 241(1-3)34-42 (Taylor & Francis)
- c) Ferro A. & Sawant N. N. (2020): Urban Growth: Issues and Challenges in Margao Town of Goa: Peoples Perspective, Juni Khyat , 10(6), 107-116 (UGC Care Group I Listed Journal), ISSN: 2278-4632.
- d) Sawant N. N. (2019): Mining in Goa: Environmental Issues and Challenges – Post Ban on the Path of Recovery. In H.S. Sharma & S. Padmaja (Ed.). Land Resources, Processes, Degradation and Evaluation (pp262-271). New Delhi: Concept Publishing Company Pvt. Ltd & National Association of Geographers, India. ISBN-13: 978-93-88937-53-5

**iii) Resource Persons:**

**Dr. Nandkumar N. Sawant (13)**

- Resource person for 104th Orientation Program conducted by the UGC-Human Resource Development Centre, Goa University is from 30th July to 26th August, 2019. He spoke on 'Academic design thinking for Teachers'.
- Resource person for one day State workshop on Outcome Based Education using Blooms at Carmel college for Women, Nuvem- Goa on 19th October, 2019
- Chief Guest and Key note speaker at the 'Naturopathy Camp – Gandhiji and Nature Cure' organized by Indian Institute of Naturopathy in Association with Indian Red Cross Society on 17th November, 2019. He spoke on 'Gandhian Approach & Practice of Naturopathy: Understanding in a Modern Perspective'.
- Resource person on the topic 'Demography



and Ageing Population in India' at GIPARD (Goa Institute of Public and Rural Development) on 13th December 2019 on Maintenance and Welfare of Parents & Senior Citizens Act, 2007.'

- Resource person for the National Level 2 day workshop on 'Autonomous Colleges in India: The Road Ahead' organized by B. K. Birla College (Autonomous), Kalyan and Indian Institute of Advanced Study (IIAS), Shimla (under its UGC-IUC Centre) on 7th & 8th January 2020. He spoke on 'Best Practices in Teaching Learning in Parvatibai Chowgule College.'
- Resource person at the Two Day State Level Seminar on 'Accreditation and New Initiatives Taken by Autonomous Colleges towards Excellence' organized by Internal Quality Assurance Cell (IQAC) of Ramniranjan Jhunjhunwala College, Ghatkopar (West), Mumbai on 5th and 6th March 2020. He spoke on 'Initiative in teaching – Learning – Evaluation in Parvatibai Chowgule College.'
- Resource Person for the session on 'Changing Role of Teacher in Higher Education and Challenges' at National Level Webinar on 'Changing Role of Teacher in Higher Education and Challenges' organised by Baba Naik Mahavidyalaya, Kokrud (Maharashtra), on 29th May, 2020
- 'ICT Tools for Effective Teaching – Learning & Administration', Key note speaker for the National Level Faculty Development Workshop, organized by Department of Electronics, Yashavantrao Chavan Institute of Science, Satara ( Autonomous ) Satara, under RUSA Scheme on 26th May 2020.
- 'Global Outlook of the College' at the National Level Faculty Development Programme on 'Institutional Bench Marking of Best Practises', organised by Shree Mallikarjun and Shri. Chetan Manju Desai College, Canacona, Goa in Collaboration

with Parvatibai Chowgule College, Margao – Goa from 8th – 14th June, 2020.

- 'Rejuvenating the Coastal Landscape' at the International Webinar on 'Time for Nature, Post COVID-19 Challenges to Environmental Challenges', organized by CHEC – INDIA, Jaipur on 5th June, 2020
- 'Accelerating Education amongst rural students', at Webinar organized by Annasaheb Dange College of Engineering, Ashta ( Maharashtra)
- 'Academic Planning for Student Centric Learning', organized by IQAC, Guru Nanak College, Mumbai on 9th June, 2020
- 'Perspectives of Sustainable Tourism', at the Webinar on 'Redefining our Common Future: Safe and Secure Environment for All', organised by Shristi Club, PES College, Farmagudi on 9th June 2020.
- 'Perspectives and challenges of tourism in the south Asia in post COVID 19 scenario' at the International Webinar on 'Post COVID-19: Development and Challenges in South Asia' organized by Social Science Research Association of India (SSRAI); Department of Politics and International Relations, Central University of Jharkhand, Ranchi; Centre for South Asian Studies, Savitibai Phule Pune University and Department of Geography, Sophia Girl's College, Ajmer, Rajasthan on 27th & 28th June 2020.

#### **Dr. Anagha Bicholcar(01)**

- Resource Person for the Content Enrichment Programme for Trained Graduate Teachers in Science of Jawahar Navodaya Vidyalayas organized by Navodaya Leadership Institute, Canacona on 24th May 2019 and 18th July 2019. She delivered sessions on 'Earthquakes' and 'Wind Storms & Cyclones'

#### **Dr. Anil Yedage (04)**

- Resource Person for lecture on 'GIS, GPS and Remote Sensing: Career Opportunities'

at Uma Mahavidyalaya, Pandharpur, Maharashtra on 26th December 2019.

- Chief Guest and Resource Person for the Inaugural Function of One Day University Level Workshop on 'Application of GPS and GIS for Field Survey' organized by Dahiwadi College, Dahiwadi, Satara, Maharashtra on 27th December 2019.
- Guest Speaker on 'Job Opportunities in GIS' under MoU between Karmaveer Bhaurao Patil Mahavidyalaya, Pandharpur, Maharashtra and Parvatibai Chowgule College (Autonomous), Margao, Goa on 30th December 2019.
- Chief Guest and Resource Person for the National Seminar on '21st Century: Literature, Society and Environment' organized by Abasaheb Marathe Arts & New Commerce, Science College, Rajapur, Ratnagiri on 14th March 2020.

#### iv) Paper/Poster Presentations: 03

- a) Dr. Nandkumar Sawant, (Associate Professor & Principal), attended and presented a research paper framework for 'Curriculum Designing for Higher Education' at the 21st All India Conference of Principals (AICP) on the theme 'Rejuvenating Higher Education' organized at Nagpur from 6th – 8th February, 2020.
- b) Mr. Rahul P.S. (Assistant Professor), participated and presented a Poster on 'Arctic Tamils: A New Chapter in the Anthropocene of the Far North' at the '2nd Summer School of Computational Humanities: Mixed Methods in the Making', organized by Heidelberg Graduate School for the Humanities and Social Sciences, Ruprecht-Karls-Universität, Heidelberg, Germany from 15th – 19th July, 2019.
- c) Mr. Adrian Ferro participated and presented a paper on 'Urban Growth: Issues and Challenges in Margao Town of Goa: Peoples Perspective', at the One Day Online

International Interdisciplinary Conference on 'Our Earth - Our Resources' jointly organized by Department of Geography, K.L.E. Society's Gudleppa Hallikeri College, Haveri Karnataka, India and Konkan Geographers Association of India on 31st May, 2020.

#### v) Seminars/ Workshops/ Training Programmes attended: (15)

- a) Mr. Rahul P.S. participated in the Summer School Session on 'Ecology and Society: Frontiers and Boundaries' organized by COTE, Cluster of Excellence, University of Bordeaux, France from 3rd- 7th June 2019.
- b) Dr. Nandkumar Sawant, (Associate Professor & Principal), attended an 'Assessor's Orientation Programme' conducted by National Assessment and Accreditation Council on 2nd August, 2019 at Savitri Phule University, Pune.
- c) Nandkumar Sawant (Associate Professor & Principal) attended the 7th International Conference on 'Issues and Challenges in Doctoral Research (ICICDR-2019)' at Goa University, Goa organized by ITM University, Gwalior on 25th & 26th August, 2019.
- d) Dr. Nandkumar Sawant (Associate Professor & Principal) attended a workshop on 'New Higher National Education Policy (NEP)' organized by DHE, Government of Goa and Forum & representative of Management of Non Government Colleges, Goa on 21st September, 2019
- e) Dr. Anagha Bicholcar (Incharge & Assistant Professor, Department of Geography), Dr. Sanjay Gaikwad, Mr. A. Ashish, Mr. Deepak Kumbhar, Ms. Ashlesha Saxena (Assistant Professors, Department of Geography), Dr. Meghna Devli, Mr. Malcolm Afonso and Ms. Swati Ghadi (Assistant Professors, Department of Geology) attended One Day Training Programme on 'Awareness Raising Campaign' under National Hydrology Project (NHP) on 10th December 2019 at

Goa Science Centre, Miramar, Goa

- f) Mr. Adrian Ferro participated in a National Webinar on 'Transfusing the Originality in Research: Avoiding Plagiarism with Tools and Technologies' organized by IQAC Cell MMH College, Ghaziabad on 6th June 2020.
- g) Mr. A. Ashish participated in a National Level Webinar on 'Research Methods' organized by IQAC, Govindram Seksaria Science College, Belgavi on 7th June 2020.
- h) Mr. A. Ashish and Mr. Adrian Ferro participated in a State-level Webinar on 'Academic Publishing-Dos and Don'ts' organized by the Directorate of Higher Education, Goa in collaboration with Clarivate Analytics on 12th June 2020.
- i) Mr. Adrian Ferro participated in an International Webinar on 'Urban Environmental Strategies in Pandemic Period' organized by Seshadripuram Evening Degree College, Bengaluru, Karnataka on 19th June 2020.
- j) Mr. A. Ashish attended Online Webinar on 'Intellectual Property Rights', organized by IPR Cell of St. Xavier's College, Mapusa-Goa, supported by Goa State Council for Science and Technology - Government of Goa on 22nd June 2020.
- k) Mr. A. Ashish has participated in the webinar on 'How to Write a Great Research Paper, and get it accepted by a Good Journal' organized by the Directorate of Higher Education, Goa in collaboration with Elsevier on 3rd June 2020.
- l) Mr. A. Ashish attended the Expert Webinar FDP Series on 'Effective Online Teaching Learning Evaluation' organised by Centre For Teaching Learning, Parvatibai Chowgule College (Autonomous), Margao, Goa, powered by IQAC, held on 23rd and 24th June, 2020.
- m) Mr. A. Ashish attended Online National Webinar on 'Geography in Covid and Post-

Covid India', organized by St. Xavier's College, Ranchi, Jharkhand on 3rd July 2020.

- n) Mr. A. Ashish participated in a Webinar on 'Population and Health in the Present Context' organized by Parvatibai Chowgule College (Autonomous), Margao, Goa in collaboration with Sophia Girl's College (Autonomous), Ajmer, Rajasthan on 11th July 2020, on occasion of World Population Day.
- o) Mr. A. Ashish attended the Training Session on 'Open Broadcaster Software (OBS)' organized by the Directorate of Higher Education (DHE), Government of Goa on 2nd & 3rd July 2020.

#### vi) Research, Consultancy and Extension Activities:

- Dr. Nandkumar Sawant - Member of the TSG (Technical Support Group) of the Goa State Biodiversity Board (GSBB), Saligao, Goa, to assist local community to prepare PBR (People's Biodiversity Register) for the villages of Molcornem, Xeldem, Avedem, Bhatti, Ugem, Barcem, Morpila, Cavrem and Benaulim for the amount of 5.85 lakh. Other faculty members are Dr. Nandini Vaz Fernandes, Dr. Uma Masur, Dr. Sanjay Gaikwad and Mr. Deepak Kumbar.
- Adrian Ferro – CRYO Times E-Newsletter of the Kolhapur Oxygen & Acetylene Pvt. Ltd., Kolhapur (2 issues)

#### (C) ACTIVITIES ORGANIZED AND OTHER ASPECTS:

- i. Activities organized under MoU
  - a) MoU with Lal Bahadur Shashtri College, Satara, Maharashtra
- 15 students accompanied by two faculty of Department of Geography of Lal Bahadur Shashtri College, Satara, visited our institute on 3rd February 2020 as a part of MoU activity between the two institutes.

- Dr. Anil Yedage and Mr. Venkatesh Prabhu Gaonkar (Assistant Professors, Department of Geography, Parvatibai Chowgule College) engaged lectures on GIS and Remote Sensing for the students of Lal Bahadur Shastri College
- Dr. Pravin Jadhav (Faculty, Lal Bahadur Shastri College) engaged lectures on Tourism for students of PGDGIS of our college.

## **ii. Departmental Activities Organized under the DBT Star College Scheme**

### **a) Intercollegiate Event**

- The Department hosted its eight edition of the intercollegiate event “Geographize” on 31st January 2020. Four institutes from Goa and one from Pune participated in this event. Government College, Khandola emerged winners while Government College, Quepem, Goa, were the Runners-Up for Geographize 2019-20. A total number of 86 students and 7 faculty participated in this event.

### **b) Conferences/Seminars/Workshops/ Training Programmes Organized**

- A Training Programme on ‘GPS – Basics & Field Applications’ was organized for the students of Skill Enhancement Course on Participatory Rapid Appraisal Techniques and SYBSc Geography students on Friday 12th July 2019.
- One-Day Workshop on Field-based Training - On Site Use of Current Meter, And Field Testers to Test Water for SY & TYBSc Students and Teaching and Non-teaching Staff of Geography organized on 16th December 2019.
- One-Day Workshop on Hands on Training in Water and Soil Testing - Water and Soil Testing Lab Techniques for SY& TYBSc Students and Teaching and Non-teaching Staff Of Geography organized on 17th December 2019.

- Basic Training in GIS was organized for students of Geography on 10th & 11th January 2020 under DBT Star College Scheme. Dr. K. R. Badiger, Associate Professor, Government College Sanquelim, Mr. Deepak Kumbhar, Mr. Venkatesh Prabhu Gaonkar and Ms. Ashlesha Saxena, Assistant Professor, Department of Geography, Parvatibai Chowgule College, were the Resource Persons.

- A National Seminar on ‘Landscapes Evolution and Transformation’ was organized on 23rd January 2020 under the DBT Star College Scheme. Dr. Beatrice Moppert, Faculty, Department of Geography, University of Reunion Island, delivered the Key Note Address. 45 delegates participated in this seminar.

- Workshop on Mobile GIS Epicollect 5 was conducted for the students of Geography on 17th February 2020 under DBT Star College Scheme. Prof. Anil Karambelkar, Vice-Principal, Government College, Sanquelim, Goa was the resource person for the workshop.

### **c) Short Term Courses conducted:**

A Short-Term Certificate Courses for the students of PGDGIS ‘Page to Stage’ was conducted from January to March 2020. 23 students attended the course. The resource persons were Dr. Nandkumar Sawant, Mrs. Aisha Shaik and Ms. Anila K.P. The objective of the course was to develop English speaking skills and self-confidence. The course was coordinated by Dr. Nandkumar Sawant and 21 students successfully completed the certificate course.

### **d) Special Lectures**

- Special Lecture on Research Methodology was conducted for students and teachers of Geography on 17th January 2020 under the DBT Star College Scheme. Dr. Vinod Bhardwaj, Nodal Officer, Innovation & Skill Development Programme, Commissionerate of College Education,

Government of Rajasthan, Jaipur, was the Resource Person.

- Dr. Beatrice Moppert, Faculty, Department of Geography, University of Reunion Island, visited the Department of.

Geography of our college from 20th to 24th January 2020. During this time she interacted with faculty of the department, conducted series of lectures for students of Geography and also conducted a field survey at Canacona, Goa.

#### **e) Other activities: Awareness Programme**

- Gender sensitiveness: World Population Day was observed on 11th July 2019. The theme for the programme was 'Investing in Gender Equality and Reproductive Health for achieving Sustainable Development.' Dr. Ruchika Verneker, M.S. in Obstetrics and Gynecology, a consultant at Mother Care Hospital, Borda-Margao, was the Chief Guest for the event. An Essay writing and Painting competition was held for the students of Geography on the topics 'Does Gender Inequality Still Exist in India?' and 'Women's rights to reproductive health.' The event was coordinated by Mr. Adrian Ferro.
- Environmental awareness: Club GLOBE (Geographers' Loving Our Beautiful Environment) organized a Monsoon Trek to Mainapi Waterfalls, Netravali, on 4th August 2019. 35 students accompanied by three faculty members participated in the trek. Mr. A. Ashish coordinated the event. During the trek students were made aware of Biodiversity and conservation of the Eco-system.
- Peace and Humanity: Hiroshima Nagasaki Day was observed on 9th August 2019 in remembrance of the atomic bombings of Japanese cities of Hiroshima and Nagasaki in 1945. Mr. Prasanna Uttagi was the Chief Guest for the event. The programme was coordinated by Ms. Delcia D'Souza and Mr. Venkatesh Prabhu Gaonkar (Assistant

Professors).

#### **Other:**

- Dr. Nandkumar Sawant contributed an amount of Rs. 6400/- towards the 'Dr. N.N. Sawant & Dr. S. S. Hiremath Scholarship for GIS Students' initiated by Dr. S. S. Hiremath during the year 2018-19.
- Prof. Nandkumar Sawant was appointed as a Member of International Editorial Board (2020-2025) of the 'Konkan Geographer' – Journal of the Konkan Geographer's Association of India, Sindhudurg, Maharashtra.
- Dr. Sanjay Gaikwad and Mr. A. Ashish conducted survey and prepared report for Raia Panchayat towards the fulfillment of a Joint Project of Directorate of Higher Education (DHE), Government of Goa and Goa Institute of Public Administration and Rural Development (GIPARD), Goa on 'Economic Revival Plan for the Local Bodies in the State of Goa', from 5th May to 19th June 2020.
- Mr. A. Ashish participated in an online 'Geography Quiz' organized by Department of Geography, Ahmednagar College, Ahmednagar on 29th May 2020 and secured 72%.
- Mr. A. Ashish successfully qualified in the Online Quiz on 'Goa-Jharkhand' organized under 'Ek Bharat Shreshtha Bharat' by CES College, Cuncolim, Goa on 13th June 2020.
- Mr. A. Ashish qualified in the International E-Quiz conducted by Mata Gujri College, Fatehgarh Sahib, Punjab on the occasion of World Population Day on 11th July 2020.
- Mr. Adrian Ferro participated in a National Level Online Quiz Competition organized on occasion of Environment Day Celebration on 5th June 2020 by Department of Geography, KLE Society's Lingaraj College, Belagavi.

## DEPARTMENT OF GEOLOGY



1. A Student-Expert cum Alumni interaction session was organised on 23rd July 2019, to enlighten the budding undergraduate students with the avenues available in the field of Geology. The interaction was between the students and Akshay Kelkar who is currently a Trainee Scientific Officer at the Atomic Mineral Division in Hyderabad. The activity was organised under DBT College Star Scheme and Club Nebulites, A students venture, Department of Geology.
2. Poster presentation on the topic Coastal Zone Management Plan was organized on 6th August 2019. The judges were Alumni Dr. Antonio Mascarenhas, a retired scientist from NIO and Mr. Abhijeet Prabhudessai, member of the NGO – Rainbow Warriors. The aim was to create awareness among students about the Coastal Regulation Zone Notification and Coastal Zone Management Plans. The activity was organised under DBT College Star Scheme and Club Nebulites, A students venture, Department of Geology.
3. Seminar of the topic of Coastal Regulation zones was organized on 6th August 2019. The guest speakers were Dr. Antonio Mascarenhas, a retired scientist from NIO and Mr. Abhijeet Prabhudessai, member of the NGO – Rainbow Warriors. The aim was to highlight the several issues with regard to Coastal Zone Management and its significance to local communities and to discuss the shortcomings in the current draft of CRZ. The activity was organised under DBT College Star Scheme and Club Nebulites, A students venture, Department of Geology.
4. “Nebula 2020” Intra Departmental Geology Events was organized on 10 February 2020. The student activity involved Geological Quiz, Geological Treasure Hunt, Geo-Spelling Bee, Geo-Dumb Charades. The activity was organised under DBT College Star Scheme and Club Nebulites, A students venture, Department of Geology.
5. Career Guidance talk in Geology for students of undergraduate and higher secondary students was given by Alumni, Kiran Sawant, Proprietor of Dip Direction, Goa on 11th of February 2020. The activity was organised under DBT College Star Scheme and Club Nebulites, A students venture, Department of Geology.
6. Geological Exhibition for Students of Higher Secondary Schools from Across Goa was organized on 11th of February 2020 in order to promote geology subject and generate interest for geology among the higher secondary students. The activity was organised under DBT College Star Scheme and Club Nebulites, A students venture, Department of Geology.
7. Student Presentation on Internship Activities was organized by the Students of the Department of Geology on 11 February 2020 in order to share their experiences and knowledge gained during their internship. A session called "THE INTERNSHIP CENTER" was organized during which some of the students presented about their internships that they had been a part of and how others can apply for that particular internship. The students spoke about internships at institutes like National Institute of Oceanography, National Center for Polar and Ocean Research, Dip Direction Company Ltd., Terra HydroTech Solutions etc.
8. Lecture-cum demonstration series on “Geometrics, kinematics and dynamics of rock deformation” and “Identification and

Interpretation of Deformation Structures and their Variation from Field Observations” on 17th and 18th February, 2020. The guest speaker was Dr.Mrinal Mukherjee, Department of Geology, IIT, Indian School of Mines, Dhanbad.The activity was organised under DBT College Star Scheme and Club Nebulites, A students venture, Department of Geology.

9. On 24th July 2019 visit to ONGC, Institute for Petroleum Safety, Health and Environment Management, Ispahem at Betul, Goa was organized as part of the curriculum in Petroleum Geology, for the third year Geology students. The activity was organised under DBT College Star Scheme and Club Nebulites, A students venture, Department of Geology.
10. Harish S S Nadkarni and Meghana S Devli attended the e-training Course on “Micropaleontology and C14 dating” organized by Geological Survey of India, Regional Training Division, NR, Lucknow, Government of India from 21st to 31st July 2020.
11. Assistant Professor, Magnolia Miranda, was granted minor research proposal by Department of Science and Technology and Education (DSTE), Government of Goa to work on the topic “Study of Microstructures of Canacona Granite”.



*Winning doesn't always mean being first. Winning means you're doing better than you've done before."*

**- Bonnie Blair**

## हिन्दी विभाग



हिन्दी विभाग की पहचान मुख्य रूप से बी.ए., एम.ए. एवं पी.एच.डी. शोध केंद्र के आधार पर है। विभाग का मुख्य लक्ष्य है- अधिक से अधिक छात्रों में वाचन और लेखन कौशल को बढ़ावा देते हुए हिन्दी के प्रति रुचि पैदा करना। साथ ही उच्च शिक्षा एवं पी.एच.डी. शोधकार्य में संलग्न करना। वर्ष २०१८-१९ में बी.ए. एवं एम.ए. की परीक्षा के परिणाम १०० % रहें।

### स्वागत समारोह :

७ जुलाई २०१९ को द्वितीय एवं तृतीय वर्ष बी.ए. के छात्रों द्वारा प्रथम वर्ष बी.ए. के छात्रों के लिए बड़े हर्षोल्लास के साथ स्वागत समारोह का आयोजन किया गया।

### तुलसीदास एवं प्रेमचंद जयंती :-

२३ जुलाई २०१९ को 'तुलसीदास एवं प्रेमचंद जयंती' मनायी गयी। इस सुअवसर पर तृतीय वर्ष कला से अमित च्यारी तथा आयेशा यादव ने सूत्र संचालन किया। प्रथम वर्ष कला के विद्यार्थियों द्वारा तुलसी वंदना प्रस्तुत की गई। इस कार्यक्रम में तृतीय वर्ष कला की विद्यार्थिनी रिया रामोजी ने प्रेमचंद के 'गबन उपन्यास का समीक्षात्मक अध्ययन' इस विषय पर प्रपत्र प्रस्तुत किया। द्वितीय वर्ष कला से संस्कृति गांवकर ने 'तुलसीदास का जीवन परिचय एवं साहित्य', आसमा पटेल ने 'प्रेमचंद का जीवन परिचय एवं साहित्य' एतथा सुविध्य धारवाडकर ने 'तुलसीदास कृत अरण्यकांड की समीक्षा' आदि पर प्रपत्र प्रस्तुत किए। स्नातकोत्तर छात्रों द्वारा 'बेटों वाली विधवा' इस कहानी पर नाट्य प्रस्तुतिकरण किया गया। मुख्य अतिथि के रूप में पोंडा से अवकाश प्राप्त प्राध्यापक सुरेन्द्रकुमार तिवारी जी उपस्थित थे। महाविद्यालय की उप-प्राचार्या डॉ. शैला घंटी जी ने कार्यक्रम की अध्यक्षता की। विभागाध्यक्ष प्रा. प्रदीप जटाल ने प्रास्ताविकी एवं स्वागत भाषण किया। प्रथम वर्ष की छात्रा मुस्कान शेख द्वारा धन्यवाद ज्ञापन किया गया।

**लोकमान्य तिलक पुण्यतिथि :**

पार्वतीबाई चौगुले महाविद्यालय में 9 अगस्त २०१९ को लोकमान्य तिलक पुण्यतिथि कार्यक्रम का आयोजन हुआ। प्रस्तुत कार्यक्रम मराठी, हिन्दी और कोकणी विभागों के संयुक्त तत्वावधान से आयोजित किया गया था। मुख्य अतिथि के रूप में सावित्रीबाई फुले पुणे विश्वविद्यालय, पुणे के मराठी विभाग प्रमुख प्रा. डॉ. तुकाराम रोंगटे जी उपस्थित थे। उन्होंने अपने भाषण में लोकमान्य तिलक जी के विचार प्रस्तुत किए और छात्रों का मार्गदर्शन किया। तीनों विभाग के विभागाध्यक्ष एवं छात्रों ने पूरे मनोयोग से सहयोग दिया।

**आमोद यात्रा :**

२९ अगस्त २०१९ को हिन्दी विभाग द्वारा वर्षा विहार हेतु पाली में एक दिवसीय आमोद यात्रा का आयोजन किया गया। इस आमोद यात्रा में बड़ी संख्या में विभाग के छात्र सहभागी हुए। वर्षा ऋतु में प्रकृति के सान्निध्य में सभी अध्यापक एवं छात्रों ने इस यात्रा का आनंद लिया।

**विशेष व्याख्यान का आयोजन :**

३१ अगस्त २०१९ को हिन्दी विभाग द्वारा 'हिन्दी भाषा उच्चारण तथा लेखन में होनेवाली त्रुटियाँ' विषय पर स्नातक एवं स्नातकोत्तर छात्रों के लिए अर्ध दिवसीय कार्यशात्रा का आयोजन किया गया। इस अवसर पर डॉ. प्रमोद पांडे (मुंबई) ने अपने विचार और सुझाव व्यक्त किए।

**हिन्दी में रोजगार के अवसर पर कार्यशाला****का आयोजन :**

२ दिसम्बर २०१९ को पार्वतीबाई चौगुले महाविद्यालय के हिन्दी विभाग तथा कोंकण रेलवे के संयुक्त तत्वावधान में 'हिन्दी के क्षेत्र में रोजगार के अवसर' इस महत्वपूर्ण विषय पर कार्यशाला का आयोजन किया गया। इस अवसर पर, न्यू इंडिया इंश्योरेंस कंपनी में राजभाषा विभाग के प्रमुख डॉ. अमरीश सिन्हा ने हिन्दी के माध्यम से विभिन्न क्षेत्रों में रोजगार प्राप्त करने के बारे में अपने विचार दिए। कोंकण रेलवे विभाग की आधिकारिक भाषा

के प्रभारी श्री. सतीश धूरी ने एक विशिष्ट वक्ता के रूप में छात्रों का मार्गदर्शन किया।

**पार्वती वाचन मंदिर :**

२२ फरवरी २०२० को पार्वती वाचन मंदिर का आयोजन किया गया जिसमें छात्रों ने 'हिन्दी साहित्य में गांधीवादी मूल्य' इस विषय पर अपने प्रपत्र प्रस्तुत किए। इस कार्यक्रम का सूत्र संचालन एम.ए. की विद्यार्थिनी अनीता ने किया। प्रथम वर्ष से देविका सांभारी ने गांधीजी तथा उनके मूल्य, द्वितीय वर्ष से सुविध्य धारवाडकर ने रंगभूमि उपन्यास में गांधीवादी मूल्य, एम.ए. द्वितीय वर्ष की विद्यार्थिनी अपेक्षा फोवकांडे ने जैनेन्द्रकुमार के 'सुनीता' उपन्यास में गांधीवादी मूल्य तथा एम.ए. प्रथम वर्ष की छात्रा समरीन बेलारी ने 'प्रेमचंद के रंगभूमि उपन्यास में गांधीवादी मूल्य' इस विषय पर अपना प्रपत्र प्रस्तुत किया। कार्यक्रम का धन्यवाद ज्ञापन प्रथम वर्ष की विद्यार्थिनी विश्वानी पड़ियार द्वारा किया गया। हिन्दी विभागाध्यक्ष प्रा. प्रदीप जटाल ने 'हिन्दी साहित्य में गांधीवादी मूल्य' इस विषय पर छात्रों के समक्ष अपने विचार प्रकट कर उनका मार्गदर्शन किया।

**राज्यस्तरीय अंतर महाविद्यालयीन भाषण प्रतियोगिता :**

२५ फरवरी २०२० को विभाग द्वारा 'राज्यस्तरीय अंतर महाविद्यालयीन भाषण प्रतियोगिता' का आयोजन किया गया था। इस प्रतियोगिता में गोवा के विभिन्न महाविद्यालयों एवं गोवा विश्वविद्यालय-हिन्दी विभाग के छात्रों ने सहभाग लिया था। कार्यक्रम में मुख्य अतिथि के रूप में महाविद्यालय के भाषा संकाय के अधिष्ठाता प्रा. हनुमंत चोपडेकर जी उपस्थित थे। प्रतियोगिता का परीक्षण गोवा विद्यालय के प्राध्यापक आदित्य सिनाय भांगी तथा कार्मेल महाविद्यालय की प्राध्यापिका विजयश्री सातपालकर ने किया।

**भाषण प्रतियोगिता के विषय :**

- १) नागरिकता संशोधन कानून।
- २) ..... और कितनी निर्भया।
- ३) बदलते भारत की चुनौतियाँ



**प्रतियोगिता में विजेताओं के नाम इस प्रकार हैं-**

- १) प्रथम पुरस्कार- दुरिता पेड़नेकर (गणपतराव पार्सेकर महाविद्यालय, आरंबोल गोवा)
- २) द्वितीय पुरस्कार- अपूर्वा नाईक (सेंट जेवियर्स कॉलेज, म्हापसा- गोवा)
- ३) तृतीय पुरस्कार- गायत्री कदम (विद्या प्रबोधिनी महाविद्यालय, पर्वरी)
- ४) उत्तेजनार्थ- दिवेश भोसले (विद्या प्रबोधिनी महाविद्यालय, पर्वरी)

**प्रेरणा दिवस :**

दि. २७ फरवरी २०२० को पार्वतीबाई चौगुले महाविद्यालय कला एवं विज्ञान में प्रेरणा दिवस का आयोजन को किया गया। छात्रों ने अपने प्रकल्प पर आधारित पोस्टर बनाकर अन्य विभागों के छात्रों एवं अध्यापकों के समक्ष प्रस्तुत किए। हिन्दी विभाग के अंतर्गत तीन प्रकल्प किए गए- 'हिन्दी कहानियों का फिल्मांकन', 'तीन कुंवार्डी' एकांकी संग्रह का भाषिक रूपान्तरण तथा 'असगर वजाहत के नाटक साहित्य का मूल्यांकन' (इन्ना की आवाज़ एवं गोडसे@गांधी.कॉम के संदर्भ में)

**विद्यार्थी विशेष :****छात्र गौरव :**

१. आदित्य सिनाय भांगी की हिन्दी विभाग, गोवा विश्वविद्यालय में सहायक प्राध्यापक के रूप में पूर्णकालिक नियुक्ति हुई। (मार्च २०२०)
२. आदित्य सिनाय भांगी, हिन्दी विषय में नेट परीक्षा उत्तीर्ण। (दिसम्बर २०१९)
३. विजयश्री सातपालकर, हिन्दी विषय में सेट परीक्षा उत्तीर्ण। (अक्तूबर २०१९)

**बी.ए. स्तर :**

१. सुविध्य धारवाडकर ने (द्वितीय वर्ष कला, हिन्दी) विश्व हिन्दी परिषद, नई दिल्ली नगर पालिका परिषद एवं राजभाषा विभाग, गृह मंत्रालय, भारत

सरकार द्वारा आयोजित बहु आयामी गांधी विविध परिदृश्य विषय पर दो दिवसीय अंतराष्ट्रीय सम्मेलन २०१९ में उत्साहपूर्वक भाग लिया तथा गांधी के पहले और गांधी के बाद का भारत इस विषय पर प्रपत्र प्रस्तुत किया।

२. सुविध्य धारवाडकर (द्वितीय वर्ष कला) ने इक्कीसवीं शताब्दी के हिन्दी उपन्यास: नई संवेदनाएँ इस विषय पर हिन्दी विभाग, संत सोहिरोबानाथ आंबिए शासकीय कला एवं वाणिज्य महाविद्यालय, पणजी, गोवा तथा उच्च शिक्षा निदेशालय, गोवा सरकार, पर्वरी, बार्देश गोवा के संयुक्त तत्वावधान में आयोजित एक दिवसीय राष्ट्रीय संगोष्ठी में सहभाग लिया।

३. सुविध्य धारवाडकर (द्वितीय वर्ष कला) ने ० जनवरी २०२० को श्री पंचम खेमराज महाविद्यालय सावंतवाडी में आयोजित राष्ट्रीय संगोष्ठी में 'ओमप्रकाश वाल्मीकि की कथा एवं काव्य साहित्य में दलित चेतना' इस विषय पर प्रपत्र प्रस्तुत किया।

४. सुविध्य धारवाडकर (द्वितीय वर्ष कला) ने पी.ई.एस. महाविद्यालय कला एवं विज्ञान तथा केन्द्रीय हिन्दी संस्थान आगरा द्वारा आयोजित राष्ट्रीय संगोष्ठी में प्रपत्र प्रस्तुत किया।

**एम.ए. स्तर :**

१. हिंदी के स्नातकोत्तर विभाग से द्वितीय वर्ष एम. ए. की छात्रा सची नाईक ने जुलाई-दिसंबर २०१९ में त्रैमासिक पत्रिका 'हिंदुस्तानी ज़बान युवा' से 'साधारणीकरण पर आचार्य रामचंद्र शुक्ल की मान्यताएँ नामक लेख प्रकाशित किया है।

२. रामचंद्र मिशन द्वारा 'प्रेम विस्तार है और स्वार्थ संकुचित' विषय पर आयोजित राज्य स्तरीय निबंध

लेखन प्रतियोगिता में द्वितीय वर्ष एम. ए. की छात्रा सची नाइक ने तीसरा स्थान पर और छाया वेलिप ने पाँचवा स्थान प्राप्त किया।

३. दि. २४-२५ जनवरी २०२० को सुश्री वंदना आमेरकर और सुश्री हवीबा बी शेख, एम.ए. द्वितीय हिंदी की छात्राओं ने गोवा मराठी अकादमी, गोवा द्वारा रविन्द्र भवन, सांखली, गोवा में आयोजित 'अकादमी श्रीजन संगम २०२०' में भाग लिया और उसमें द्वितीय पुरस्कार प्राप्त किया।
४. दि. २०/०८/२०२० को सुश्री वंदना आमेरकर और सुश्री हवीबा बी शेख, एम.ए. द्वितीय वर्ष की छात्राओं ने आर.पी.डी. कॉलेज बेलगाम, कर्नाटक द्वारा 'आज की शिक्षा यात्रा' विषय पर आयोजित भाषण प्रतियोगिता सहभाग लिया।
५. दि. २१ जनवरी २०२० को कोंकणी और हिंदी विभाग, पी.ई.एस. कॉलेज ऑफ आर्ट्स एंड साइंस, पोंडा, गोवा और केंद्रीय हिंदी संस्थान, आगरा, यूपी. के संयुक्त तत्वावधान में आयोजित दो दिवसीय राष्ट्रीय संगोष्ठी में एम. ए. प्रथम और द्वितीय वर्ष के सोलह छात्रों ने सहभाग लिया।

#### अध्यापक विशेष :

#### प्रा. प्रदीप जटाल :

#### हिन्दी दिवस विशेष पर :

- १) इंडियन मायनिंग ब्यूरो गवर्नमेंट ऑफ इंडिया, मड़गांव द्वारा आयोजित 'राजभाषा हिन्दी दिवस' के उपलक्ष्य में प्रमुख अतिथि के रूप में आमंत्रित किया गया था। (३ सितंबर २०१९)
- २) केंद्रीय विद्यालय फोंडा द्वारा आयोजित 'राजभाषा

हिन्दी पखवाड़ा' में 'हिन्दी दिवस विशेष' पर मुख्य अतिथि के रूप में आमंत्रित किया गया था। (३ सितंबर २०१९)

#### प्रकाशन :

- १) आर.के. पेब्लिकेशंस, मुंबई- महाराष्ट्र द्वारा प्रकाशित डॉ. जयराम गाडेकर की सम्पादकीय पुस्तक 'स्वातंत्र्योत्तः मंचीय नाटक' पुस्तक में 'इन्ना की आवाज और रंगमंच' नामक शोधालेख प्रकाशित। (ISBN NO-978-81-904851-3-5 Pp. 113 to 117)

#### प्रकाशनार्थ :

महात्मा गांधी की ५० वीं जयंती के उपलक्ष्य में असगर वजाहत के नाटक पर आधारित 'गोडसे @ गांधी.कॉम: संवादहीनता बनाम संवाद' विषय पर शोध आलेख।

#### अंतरराष्ट्रीय संगोष्ठी में प्रपत्र प्रस्तुति :

शासकीय महाविद्यालय कला, विज्ञान एवं वाणिज्य महाविद्यालय, सांखली एवं उच्च शिक्षा विभाग, गोवा के संयुक्त तत्वावधान में 'वैश्विक स्तर पर हिन्दी की स्वीकृति एवं व्याप्ति' विषय पर आयोजित दो दिवसीय अंतरराष्ट्रीय संगोष्ठी में, 'प्रवासमा महिला कथाकारों की हिन्दी कहानियाँ चित्रित द्वंद्व एवं बाहरी चुनौतियाँ।' पर प्रपत्र प्रस्तुत किया। (२९-३० जनवरी, २०२०)

#### प्रा. अलका गावस :

- १) उच्च शिक्षा निदेशालय, गोवा सरकार तथा राष्ट्रीय उच्चतर शिक्षा अभियान के संयुक्त तत्वावधान में आयोजित मास्टर क्लास सिरिस में 'Are Teachers Redundant in the age of MOOCS: A Teacher's View' विषय पर सहभाग लिया। (११ जुलाई २०१९)
- २) हिन्दी विभाग, संत सोहिरोबानाथ आंबिए शासकीय कला एवं वाणिज्य महाविद्यालय, पणजी, गोवा तथा उच्च शिक्षा निदेशालय, गोवा

सरकार, पर्वरी, बार्देश गोवा के संयुक्त तत्वावधान में 'इक्कीसवीं शताब्दी के हिन्दी उपन्यास: नई संवेदनाएँ' विषय पर आयोजित एक दिवसीय राष्ट्रीय संगोष्ठी में सहभाग लिया।

- ३) केरला विश्वविद्यालय द्वारा आयोजित 'ऑल इंडिया सोशियोलोजिकल कॉन्फ्रेंस' में सहभाग लिया। (२७ से २९ दिसम्बर २०१९)

#### डॉ. ऋषिकेश मिश्र :

- १) शासकीय महाविद्यालय सांखली में एक दिवसीय राष्ट्रीय संगोष्ठी में '२१ सदी में तुलसी साहित्य की प्रासंगिकता' इस विषय पर प्रपत्र प्रस्तुत किया। (५ अक्टूबर २०१९)
- २) मुंबई विश्वविद्यालय के हिन्दी विभाग तथा श्री भगवत परिवार, मुंबई के संयुक्त तत्वावधान द्वारा आयोजित 'अंतराष्ट्रीय रामायण सम्मेलन' में सहभाग लिया। (२८ से ३० नवंबर २०१९)
- ३) आर. सी मारुति हाई स्कूल, अंधेरी (ई), मुंबई में एस.एस.सी. वर्ग के विदाई कार्यक्रम में प्रमुख अतिथि के रूप में आमंत्रित किया गया और एक प्रेरक व्याख्यान दिया। (२२ फरवरी २०२०)
- ४) कोंकणी विभाग, पी.ई.एस. कॉलेज ऑफ आर्ट्स एंड साइंस, पोंडा, गोवा और केंद्रीय हिन्दी संस्थान, आगरा, यू.पी. के संयुक्त तत्वावधान में आयोजित दो दिवसीय राष्ट्रीय संगोष्ठी में 'हिन्दी और कोंकणी भाषा एवं साहित्य की चुनौतियाँ' विषय पर प्रपत्र प्रस्तुत किया। (२१ जनवरी २०२०)
- ५) हिन्दी विभाग, गोवा विश्वविद्यालय, गोवा द्वारा आयोजित दो दिवसीय राष्ट्रीय संगोष्ठी २०१० में 'संस्मरण साहित्य में भूमंडलीकरण के दंश वाया

वह जो यथार्थ था' विषय पर प्रपत्र प्रस्तुत किया। (२ जनवरी २०२०)

#### रेडियो टॉक :

ऑल इंडिया रेडियो पणजी, गोवा के लिए 'भारतीय गणतन्त्र: सदैव अग्रसार' विषय पर रेडियो वार्ता। (२२ अक्टूबर २०२० को रात ९.१५ बजे प्रसारित हुई।)

#### प्रा. शांभवी नाईक :

- १) हिन्दी विभाग पार्वतीबाई चौगुले महाविद्यालय मडगांव, बी.ओ.एस. सदस्य।

#### प्रा. अकबर शेख :

- १) केरला विश्वविद्यालय द्वारा आयोजित 'ऑल इंडिया सोशियोलोजिकल कॉन्फ्रेंस' में सहभाग लिया। (२७ से २९ दिसम्बर २०१९)
- २) पार्वतीबाई चौगुले महाविद्यालय मडगांव, हिन्दी विभाग बी.ओ.एस. सदस्य।

#### प्रकाशन :

१. 'हस्ताक्षर' (उत्कृष्ट साहित्य का मासिक दस्तावेज़) नामक पत्रिका में 'प्रेम जनमेजय के व्यंग्यों में विविध पक्ष' इस विषय पर शोधालेख प्रकाशित हुआ। (ISSN 2454-6984)

#### प्रा. प्रदीप जटाल

हिन्दी विभाग प्रमुख



*"No matter how small you start,  
always dream big."*

**- Stephen Richards**

## DEPARTMENT OF HISTORY



- The History Forum provides a platform for the students to promote different aspects of History in various ways. The inaugural of the History Forum was held on 12th July 2019 in the upper auditorium of the college premises. Prior to the inaugural, elections were held to choose members who would represent the History Forum. The forum members elected for the academic year 2019-2020 are: Aditya Godbole, Paloma D'Souza, Suvidhya Dharwadkar, Nathan Colaço, Sarah D'Souza, Riya Shirsat, Muskan Sheikh, Nehal Sakalkar, Pushpa Pujari, Lindsay Antao, Shania Fernandes and Jaff Fernandes. Sarita Naik Tari- Head of the Department and Associate Professor, Vanessa Barros Colaço- Assistant Professor and Noel Goes- Asst. Professor, pinned badges to the forum members and formally inaugurated the History Forum. The department also held a welcome function for the First Year students, on the same day.
- A guest lecture was organized on 27th July 2019. Ms. Sawani Shetye, the founder of Bhoomij heritage delivered the lecture. She enlightened the students on the significance of archaeological sources in studying history.
- The Department of History organized a visit to the Legislative Assembly on 5th August 2019. The students witnessed the session that highlighted the Congratulatory motion, in view of the historic event that had taken place on 5th August where article 370 of the constitution of India was scraped, which had given Jammu and Kashmir Special status.
- Suvidhya Dharwadkar (SYBA), delivered a speech on Independence Day 15th August 2020.
- A field trip was organized to different heritage sites on 21st September 2019. The students along with Assistant Professor Noel Goes, visited the following heritage sites: Rivona Caves, Rock Carvings at Usgalimal, Mahadeva temple at Kurdi, Menezes Braganza house, Chandor.
- Ms. Vanessa Barros Colaço- Assistant Professor, delivered a speech on 'The life and legacy of Sardar Vallabhbhai Patel' on the occasion of National Unity Day, Ekta Divas, 31st October 2019.
- The students of the Department of History along with the Department of Sociology went on a study tour to Hyderabad from 29th November to 3rd December 2019.
- The students of the department performed the traditional Kunbi dance on the occasion of Goa's Liberation Day, 19th December 2019.
- Mr. Noel Goes- Assistant Professor, delivered a lecture on 'Goan Heritage' for the Swedish students, under Sweden- Goa Exchange Programme 2019-20 on 15th January 2020.
- The Department of History in collaboration with the Department of Konkani, commemorated 'Asmitai Dis', on 16th January 2020, on the occasion of the historic Opinion Poll Day. A quiz competition on the theme 'Goan history, literature, culture and heritage', was held. A competition on traditional and authentic Goan food was also conducted, where students had to display the authentic flavours of Goan cuisine through their dishes. The commemoration of 'Asmitai Dis', enabled students to get a glimpse of the unique Goan identity, history and culture.
- The department organized a field trip to Directorate of Archives and Archaeology,

Panaji; Goa State Central Library, Panaji and Jesus of Nazareth Church, Siridao on 21st January 2020. The students were able to see how historical and public records are maintained and used in the oldest archives of the country. At the Central library, students were shown how the library functions and they also saw some of the oldest newspapers and rare books available there.

- On the occasion of Republic Day, 26th January 2020, Aditya Godbole (FYBA), from the Department of History, delivered a speech on the fundamental right 'Freedom of speech and expression', enshrined in the Indian Constitution and the students of the department presented a street play 'Satyamev Jayate', based on the theme of liberty, equality, justice and the role of media in a democracy. It highlighted the significance of the Indian Constitution and projected how certain rights are being used/misused in our country today. It highlighted issues of gender sensitisation, justice, equality and freedom of expression.
- Ms. Vanessa Barros Colaço- Assistant Professor, delivered a lecture on the relevance of IPR in Academics to the SYBA students on 28th January 2020.
- Swati Mishra (SYBA) participated in an elocution competition on 29th January 2020, organized by Directorate of Higher Education, Goa.
- Aditya Godbole (FYBA) and Lester Dourado (SYBA) won the Third place in an all Goa quiz competition organized by the Directorate of Higher Education, Government of Goa, as part of 70th year of the adoption of the Constitution of India, held on 30th January 2020.
- A field trip was organized for the Inter-Disciplinary History students on 1st February, 2020. The students along with Mr. Noel Goes visited Petroglyphs at

Pansalimal, Rivona Buddhist Caves, Mahadeva Curdi Temple, Chandor Heritage House.

- The department of History took the initiative to gather the teaching faculty, administrative staff and the students of Parvatibai Chowgule College to participate in an all Goa Mando competition on 13th February 2020. The competition was organized by Government College of Commerce and Economics, Borda, Margao, Goa. The same Mando was re-performed by the participants at Parvatibai Chowgule College on 14th February 2020.
- Mr. Noel Goes- Assistant Professor, delivered a lecture on 'History of Goa' for the students of Sir Parashurambhau College, Pune, who visited Parvatibai Chowgule College of Arts and Science, (Autonomous) on 4th March 2020.
- The Students of the Department of History performed the street play 'Satyamev Jayate' for the Students of Sir Parashurambhau College, Pune who visited Parvatibai Chowgule College of Arts and Science (Autonomous) on 4th March 2020.
- The Department of History organized a field trip for the GEC students on 7th March 2020. The students along with Mr. Noel Goes visited Reis Magos Fort, Chapora Fort and Indian Customs and Central Excise Museum.

#### **Vanessa M.A. Barros Colaço**

Assistant Professor  
Department of History

*No matter what people tell you, words and ideas can change the world."*

**- Robin Williams**

## DEPARTMENT OF KONKANI



Konkani Department organized Welcome function for the students of FYBA on 3<sup>rd</sup> July 2019. The selection of office bearer for the 'Konkani Kala ani Saunkrutik Mandal' (Konkani Club) was also done on the same day, where Akash Gaonkar, student from SYBA was elected as a chairperson of the club.

The Department organized two workshops for the newly joined students of FYBA as Single-Major Konkani and Double-Major Konkani. –

1. Devnaagari Typing Workshop: from 4<sup>th</sup> to 6<sup>th</sup> July (02 Hrs. per day)
2. Konkani Shudhhalekhan Workshop : from 11<sup>th</sup> to 13<sup>th</sup> July (02 hrs. per day)

Department jointly organized 'Lokmanya Tilak Death Anniversary' on 1<sup>st</sup> August 2019 along with Marathi and Hindi department where Dr. Tukaram Rongte, an eminent Writer, scholar and HOD of Marathi Department, Savitribai Phule University was the Chief Guest.

### Shennoi Goembab Jayanti -

Shennoi Goembab Jayanti was celebrated by the Department on 23<sup>rd</sup> June, 2019. Dr. Gunaji Desai, scholar of Shenoi Goembab Literature was the chief guest for the function. The programme started with the lighting of the traditional lamp and a welcome song by the S.Y.B.A. Konkani students. First newsletter of the Department “Piki Piki Kaajule” was inaugurated in the auspicious presence of Dr. Desai.

### Srujanotsav 2019 -

'Srujanotsav' a festival of Creativity was organised by the department from 19<sup>th</sup> to 21<sup>st</sup> August 2019. Sahitya Academy Award winner Eminent Konkani Poet Shri Paresh Kamat was

the Chief Guest during Inaugural Function. It was presided by Principal Dr. N. N. Sawant.

National level Konkani Writer Mrs Gwadalupe Dias was the Chief Guest for Concluding Function. Different Competitions like Poetry, Short Story writing, Fataashyo, Singing, Dancing, Face painting, Mahendi and Goan Food were organised. A big number of Students participated in event.

### Community Outreached activities :

A Special Community Outreached activities was organised to Mayem Village in order to conduct Socio-cultural study of Mayem Village of Bicholim Taluka on 22<sup>nd</sup> December 2019. 30 Students along with three teachers namely Dr. H. C. Chopdekar, Dr. G. S. Desai and Ms. Shubha Barad attended this activity. Students also participated 'GramaLok' Programme conducted by Sahitya Academy at Haturlim Mayem where they could able to witness 'Dhaalo' a cultural heritage of Goa. As a obligation towards village our students are documenting 'Dhaalo' which will be given to villagers in order to preserve it in the concrete script.

Students also visited Harvalem - Sanquelim Caves in order to understand the Socio-Historical background of the said village

This year under the guidance of Dr. Gunaji Deasi, Associate Professor from our department altogether 18 students participated in 'Chalo School Mega Drive activity'. They have conducted various community programs at Govt. Primary School Rumdamol, GPS Davorlim, GPS Vidyanagar, GPS Motidongor and GPS Multipurpose Gogol Borda. Apart from regular teaching our students conducted various activities for the school students and teachers, such as Celebration of National Science Day, International Women's Day, Matrubhasha Divas and Vidhyarthi Divas as per the availability of school classes.

Dr. G. S. Desai, Associate Professor Organized *Matrubhasha Divas Program* at Padri Jose Vaz High School, Sancvale on 20<sup>th</sup> February 2020 and handed over rupees 5000/- each to the two students of the school securing distinctions at the class tenth examination conducted by Goa Board of Secondary and Higher Secondary Education. A cheque of rupees 5000/- was also handed over to the Principal of the school.

### **Student achievement and participation :**

04 students of TYBA namely Sweta Palkar, Smyra Travasso, Tanvi Prabhudesai and Saloni Pai Kane awarded a scholarship of Rs.12000/- each from the Goa Konkani Akademi for the financial year 2019-20.

Akash Gaonkar, a single major student of S.Y. B. A. participated in several literary competition and could able to achieved following awards –

The third prize in Research paper competition on “Achievements of Damodar Mauzo's Literary Writing's” organised by Department of Konkani, Govt. College Quepem and Department of Higher Education Porvorim-Goa. on 3<sup>rd</sup> August 2019.

Secured third prize for the Research Paper writing Competition organised by Parikrama Knowledge Terminus on 12<sup>th</sup> January 2020.

Secured The first prize in Poetry writing Competition (Srujanotsav 2019-20) organised by Parvatibai chowgule College of Arts and Science Autonomous, Margao-Goa and Second prize in Essay writing competition in the Srujanotsav 2019-20 organised by The Department of Konkani, Parvatibai Chowgule college of Arts and Science Autonomous, Margao-Goa.

08 Students Attended 2 days National conference on “Eco-critical presence in Konkani literature Depiction, Discourse and Denouncement” held on 6<sup>th</sup> and 7<sup>th</sup> march 2020

organised by P.E.S. R.S.N. College of Arts and Science Farmagudi - Goa in collaboration with Directorate of Higher Education Govt. of Goa and Goa State Bio-Diversity Board Govt. of Goa

06 Students from our Department Attended “Damodar Mauzo's Sahitya Darshan” Kala sadhak programme organised by Fr. Agnel College of Commerce and Arts Pilar-Goa held on 25<sup>th</sup> September 2019.

05 Students from our Department Attended a workshop on “How to write a Research paper in Konkani” jointly organised by The department of Konkani, Goa University and Goa Konkani Academy held on 27<sup>th</sup> July 2019 at Goa University, Taleigao-Goa

10 students along with one faculty member Dr. Rakhi Amonkar, Assistant Professor participated in the “National Level Poetry Festival” organized by Kavita Trust, Manglore and Konkani Bhasha Mandal, Margao on 11 & 12<sup>th</sup> January 2020.

### **Major Achievements of Faculty :**

- Dr. H. C. Chopdekar got prestigious 'T. M. Pai Foundation Literary Award 2019' a National Award for his book 'SahityaDhara' by T. M. Pai Foundation, Manipal, Karnataka.
- Dr. H. C. Chopdekar has been appointed as a Editorial Board member on Konkani Research Journal 'Saasai' by Vice Chancellor of Goa University for three years (2019 to 2022)
- Dr. H. C. Chopdekar has been Appointed as a Coordinator of 'Manuscript Selection committee' of Goa Konkani Academy, Govt. Of Goa for the 2019-20 consequently for second year.
- Dr. H. C. Chopdekar was chosen as a President of 19<sup>th</sup> Yuva Konkani Sahitya Sammelan jointly organised by Goa

Konkani Akademi and Ganpat Parsekar College of Education at Harmal Goa on 6<sup>th</sup> and 7<sup>th</sup> February 2020.

- Dr. G. S. Desai, Associate Professor Award and Recognition given by Office of the Collector & District Election Officer, South Goa District felicitated on National Electoral day 2020 for the recognition of work rendered as *Best Nodal Officer for South Goa District for the year 2019-20*.
- Dr. G. S. Desai, Associate Professor Awarded Director General NCC Plaque for the meritorious work rendered as Associate NCC Officer. This special Award for creating Awareness in health, hygiene and sanitation among the NCC cadets of our state was handed over by Director General NCC in the presence of DDG NCC Karnataka & Goa, Training Officer DDG NCC office Karnataka & Goa.
- Dr. G. S. Desai, Associate Professor Certified State Resource Person of (GIPARD) Goa Institute of Public Administration and Rural Development and National Trainer, DoT. Conducting sessions for elected representatives of Panchayati Raj and newly recruited Government officials of Government of Goa.
- Dr. G. S. Desai, Associate Professor Organized awareness programs on health, hygiene, sanitation and waste management for the Municipality Workers, Elected Panchayat Members and Teachers at various levels for the year 2019-20-

#### **Book Published:**

- Dr. H. C. Chopdekar book entitle 'Samiksha Eka Sahitya Saadakaachi' was released by eminent Hindi poet Guljaar on 3<sup>rd</sup> August 2019 at Ravindra Bhavan,

Margao. It is published by Alina Publication, Dongri Goa with an ISBN no. 978-81-922937-5-2

- Dr. H. C. Chopdekar submitted a final copy of completed Project entitle 'Konkani Rangmachyecho Itihaas' to Vishwa Konkani Kendra Manglore on 16<sup>th</sup> August 2019. The Project was of Rs. 2 lacks.
- Dr. H. C. Chopdekar book entitle 'Samaajbhaasvidnyaan : Bhaasheek Adhyayanaachem Aarvillem Shaastra' was released by the hands of Sahitya Akademy Award winner Marathi writer
- Dr. Rajan Gawas during 17<sup>th</sup> Yuva Konkani Sahitya Sammelan on 6<sup>th</sup> February 2020 at Ganpat Parsekar College Harmal Goa. It is published by Goa Konkani Akademi, Panjim Goa.

#### **Research Papers Published:**

1. Chopdekar H. C. (2019) "Geomchya Konkani-Marathi Natakalti Mithaksrusti" published in 'Anannya' (Research Journal) Volume 11 Issue 01 Pp. 154 to 163, August 2019. Goa Konkani Academy, Panaji Goa.
2. Chopdekar H. C. (2019) "Gathan te Sapanmogi : Eka Sahitya Saadakacho Vaastavsparshi kathapravaas" published in book entitled 'Samiksha Eka Sahitya Saadakachi' published by Alina Publication, Goa with an ISBN no. 978-81-922937-5-2
3. Chopdekar H. C. (2019) "Konkani Naatkatli MithakSrushti : Ek Chikitsak Molaavni" published in Research Journal 'Anannya' published by Goa Konkani Akademi, Panjim Goa. (January – June 2019).
4. Chopdekar H. C. (2020) "Gomantakaateel Lokgeetaateel



Samaajdarshan : Ek Chikitsak Mullyankan” published in the 'Akshay Wangmay' a UGC approved & Peer Reviewed International Research Journal on the Issue 'Folk Literature and Folk Media' with an ISSN No. 2229-4929. Page No.13 – 17.

### **Research Papers Presented:**

1. Chopdekar H. C. (2019) presented a research paper entitled “Damodar Maujo haache Kadambaritli Asturi Pratima” in the National level seminar 'Akshar Damodar' jointly organised by Directorate of Higher Education, Government College Quepem and Ravindara Bhavan, Margao on 2<sup>nd</sup> and 3<sup>rd</sup> August 2019.
2. Chopdekar H. C. (2019) presented a research paper entitled “Research Methodology for Konkani Scholars” the State level Workshop organised by The Department of Konkani, Goa University, Taleigao on 6<sup>th</sup> August 2019.
3. Chopdekar H. C. (2019) presented a research paper entitled “Konkani Sahityatlo Goemcho Muktisangraam” the National State level Seminar jointly organised by The Department of Konkani, Dhempe College of Arts and Science, Panjim and Snehwardhan Publication, Pune on 7<sup>th</sup> December 2019.
4. Chopdekar H. C. (2020) presented a research paper entitled “Hindi Evam Konkani Natak : Ek Tulanatmak Adhyayan” in the National State level Seminar jointly organised by The Department of Konkani, PES RSN College of Arts and Science Goa and Kendreey Hindi Saunthan, Agra at PES College on 20<sup>th</sup> and 21<sup>st</sup> January 2020.
5. Chopdekar H. C. (2020) presented a

research paper entitled “Konkani Kavitetlo Paryavarneey ani Paristhitiey Vicharan” in the National State level Seminar jointly organised by The Department of Konkani, PES RSN College of Arts and Science Goa and Goa State Biodiversity Board, Govt. of Goa at PES College on 6<sup>th</sup> and 7<sup>th</sup> March 2020.

6. Chopdekar H. C. (2020) presented a research paper entitled “Konkani Kavitetlo Vidrohi Swar” in the State level Seminar jointly organised by The Department of Konkani, Dhempe College of Arts and Science, Panjim and Snehwardhan Publication, Pune on 12<sup>th</sup> March 2020.

### **Resource person in a Seminar / Workshops :**

1. Dr. H.C. Chopdekar, Head & Associate Professor was invited as resource person for the one day workshop entitled 'Soft skills in learning Languages' to guide students of Bhandhari Community from Goa. It was organized by Bhandari Credit Cooperative Society, Goa. At Azad Bhavan Porvarim Goa on 25<sup>th</sup> August 2019.
2. Dr. H.C. Chopdekar, Head & Associate Professor was invited as Chief Speaker for the to guide parents and Students on the topic 'Knowledge is a Power' organized by Dona Leonor Memorial High School, Porvorim Goa on 27<sup>th</sup> July 2019.
3. Dr. H.C. Chopdekar, Head & Associate Professor was invited as Chief Speaker for the 'Kala-Sadhak Damodar Maujo' programme organised by The Department of Konkani, Fr. Agnel College of Arts & Science, Pilar Goa on 13<sup>th</sup> August 2019.
4. Dr. H.C. Chopdekar, Head & Associate Professor was invited as Resource Person

to deliver a lecture for the Students and Teacher of Sweden Exchange programme on the Topic 'Goan Culture and Languages' organised by The Students Support services, Parvatibai Chowgule College of Arts & Science, Margao Goa on 14<sup>th</sup> January 2020.

5. Dr. H. C. Chopdekar, Head & Associate Professor was invited as Guest lecturer by Department of Konkani, Govt. College Quepem on the titled "Prakruticho Paas : A Critical Appreciation" on 14<sup>th</sup> March 2020.
6. Dr. G. S. Desai, Associate Professor Participated in the *Certification (Orientation & Assessment) of Master Resource Persons* organized by National Institute of Rural Development and Panchayati Raj, Ministry of Rural Development, Government of India and based on the Assessment recognized as *Certified Master Resource Person in A Category* for specified themes, whose services are recommended to be used by the States / State Institutes of Rural Development and Panchayati Raj / ETCs for Training & Capacity Building of Panchayati Raj Functionaries and Empowerment of Local Self Governments for Sustainable Rural Development.
7. Dr. Rakhi Amonkar, Assistant Professor delivered a Special session on Career Guidance in Konkani Subject' at Carmel college of Arts and Science, Nuvem Goa on 30<sup>th</sup> January 2020.
8. Ms. Shubha Barad, Assistant Professor was Invited as Resource Person for the Late Ramesh Veluskas Kaavyagosti programme organised by MA Section, Dept. of Konkani, Govt. College

Quepem on 15<sup>th</sup> February 2020.

9. Barad Shubha, Assistant Professor was Invited as a Resource Person For Interactive Session of 19<sup>th</sup> Yuva Konkani Sahitya Sammelan held at Ganpat Parsekar College of Education, Harmal on 7<sup>th</sup> and 8<sup>th</sup> February 2020.

#### **Seminar / Symposium / Literary Activities Attended:**

10. Dr. H. C. Chopdekar and Dr. G. S. Desai, Associate Professors from the department attended National Level Seminar "Akshar Damodar" organized by Government College, Quepem and Directorate of Higher Education, Porvorim at Ravindra Bhavan, Margao on 2<sup>nd</sup> & 3<sup>rd</sup> August 2019
11. Dr. H.C. Chopdekar, Head & Associate Professor, Dr. G. S. Desai, Associate Professor and Dr. Rakhi Amonkar, Assistant Professor attended 3<sup>rd</sup> Bal Sahitya parishad which was held at Ravindra Bhavan on 19<sup>th</sup> and 20<sup>th</sup> September 2019 which was organised by Konkani Bhasha Mandal, Goa.
12. Dr. H.C. Chopdekar, Head & Associate Professor and Ms. Shubha Barad, Assistant Professor attended 19<sup>th</sup> Yuva Konkani Sahitya sammelan organised by Goa Konkani Akademi and Ganpat Parsekar College of Education at Harmal Goa on 6<sup>th</sup> and 7<sup>th</sup> February 2020.
13. Dr. H. C. Chopdekar and G. S. Desai, Associate Professors attended 2 days National conference on "Eco-critical presence in Konkani literature Depiction, Discourse and Denouncement" held on 6<sup>th</sup> and 7<sup>th</sup> march 2020 organised by P.E.S. R.S.N. College of Arts and Science Farmagudi - Goa in collaboration with Directorate of Higher Education Govt. of Goa and Goa State Bio-Diversity Board

- Govt. of Goa.
14. Dr. G. S. Desai, Associate Professor Attended a state level programme 'Kavigoshti organised by Sahitya Academy New Delhi at Shri Mallikarjun college Canacona on 25<sup>th</sup> September 2019
  15. Dr. G. S. Desai, associate Professor Attended Development of *Village Disaster Management Plan* held from 3<sup>rd</sup> to 5<sup>th</sup> October 2019 organized by National Institute of Disaster Management and Goa Institute of Public Administration and Rural Development.
  16. Dr. G. S. Desai, associate Professor attended the workshop organized on *Economic Development and Social Transformation through GPDP in Coastal States and Union Territories*, which was conducted on 30<sup>th</sup> and 31<sup>st</sup> October 2019 at SIRD &PR Chennai. (This workshop was organized by the National Institute of Rural Development and Panchayati Raj, Hyderabad in collaboration with the State Institute of Rural Development and Panchayat Raj Tamil Nadu.)
  17. Dr. G. S. Desai, Associate Professor attended the Training of Trainers (ToT) Program on *Unified Panchayat Enterprise Suite (PES) Portal and other e-Panchayat Applications* on 7<sup>th</sup> and 8<sup>th</sup> February, 2020 at ANSSIRD, Mysore.
  18. Dr. G. S. Desai, Associate Professor attended a Workshop on *Capacity building of State Level Master Trainers on Development of Appropriate Learning Materials for different Stakeholders of Gram Panchayat functioning*. This workshop was conducted at NIRD&PR at Rajendranagar, Hyderabad between 24<sup>th</sup> and 28<sup>th</sup> February 2020.
  19. Dr. G. S. Desai, Associate Professor attended '*Goemchem Konkantlem Maukhik Sahitya*' a National level seminar organized by Sahitya Academy New Delhi in collaboration with Govt. College Quepem and Niz Kalakar, Ambavlim Goa held on 12<sup>th</sup> January 2020.
  20. Dr. Rakhi Amonkar, Assistant Professor attended Kavita Fest 2020, which was held at Ravindra Bhavan on January 11<sup>th</sup> and 12<sup>th</sup>. Kavita Trust organized the fest in association with Konkani Bhasha Mandal, Goa.
  21. Ms. Shubha Barad, Assistant Professor attended State Level Symposium on "Baki Darsha" organised by the department of konkani on the occasion of 35<sup>th</sup> death anniversary of eminent literalist Bakibab Borkar on 8<sup>th</sup> July 2019
  22. Ms. Shubha Barad, Assistant Professor attended National Level Seminar "अक्षर दामोदर" organised by Government College, Quepem and Directorate of Higher Education, Porvorim at Ravindra Bhavan, Margao on 2<sup>nd</sup> & 3<sup>rd</sup> August 2019
  23. Ms. Shubha Barad, Assistant Professor, Attended a guest lecture organised by Department of Konkani, Govt. College Quepem titled "Prakruticho Paas : A Critical Appreciation" by Dr. Hanumant Chopdekar. 14<sup>th</sup> March 2020 -

**Dr. Hanumant C. Chopdekar**

Head,

Department of Konkani



## मराठी विभाग अहवाल



### १. लोकमान्य टिळक पुण्यतिथी :

पार्वतीबाई चौगुले महाविद्यालयाच्या (स्वायत्त) भाषा विभागाच्या वतीने दिनांक १ ऑगस्ट २०१९ रोजी महाविद्यालयाच्या वरच्या सभागृहात लोकमान्य टिळक पुण्यतिथी साजरी करण्यात आली. लोकमान्य टिळकंच्या थोर विचारांवरती पुर्नविचार करण्यात यावा हा या कार्यक्रमाचा मुख्य हेतू होता. पुणे विद्यापीठाचे विभागप्रमुख डॉ. तुकाराम रोंगटे या प्रसंगी प्रमुख पाहुणे म्हणून उपस्थित होते. 'देशातील तरुण हे सुपीक जमिनिसारखे असतात, असे लोकमान्य टिळक म्हणायचे. त्यामुळे प्रथम तरुणांना एकत्र करा; समाज आपोआपच बदलेल.' असे या वेळी प्रमुख पाहुणे डॉ. तुकाराम रोंगटे आपल्या भाषणात म्हणाले.

यावेळी व्यासपीठावर कॉलेजचे प्राचार्य डॉ. नंदकुमार सावंत, भाषा विभागाचे अधिष्ठाता तथा कोकणी विभागप्रमुख डॉ. हनुमंत चोपडेकर, मराठी विभागप्रमुख प्रा. श्रीकृष्ण अडसूळ उपस्थित होते.

मराठी विभागाच्या वतीने गेली २७ वर्षे लो. टिळकांच्या पुण्यतिथीच्या निमित्ताने विशेष व्याख्यान आयोजित केले जात आहे. टिळकांचे विचार विद्यार्थ्यांपर्यंत पोहोचविण्यासाठी विभागातर्फे निबंध लेखन स्पर्धेचे आयोजनही करण्यात आले. विद्यार्थ्यांनी त्यात उत्सूर्तपणे भाग घेत आपल्या लेखनकौशल्याचे प्रदर्शन केले. कार्यक्रमाचे सूत्रसंचालन कु. कृष्णा पालयेकर ह्याने केले तर डॉ. हनुमंत चोपडेकर यांनी सर्व उपस्थितांचे आभार मानले.

### २. लेखक तुमच्या भेटीला:

या उपक्रमांतर्गत मराठी विभागातर्फे दि. ५ ऑगस्ट रोजी गोमंतकातील प्रवास वर्णनकार आणि पत्रकार सौ. गीता नायक यांना प्रमुख अतिथी म्हणून आमंत्रित करण्यात आले. या प्रसंगी विद्यार्थ्यांनी गीता नायक यांच्या प्रवासवर्णनावरती शोधनिबंध सादर केले. शेवटी

प्रश्नोत्तर सत्रात विद्यार्थ्यांकडून प्रमुख अतिथींना त्यांच्या साहित्याशी निगडित प्रश्नही विचारण्यात आले. एकूणच विद्यार्थ्यांना गोमंतकीय लेखकांची ओळख व्हावी आणि त्या निमित्ताने त्यांच्यामध्ये साहित्यवाचनाची कला रुजावी या हेतूने हा उपक्रम राबविण्यात आला होता.

यावेळी सभागृहात मराठी विभागप्रमुख प्रा. श्रीकृष्ण अडसूळ, मराठी विभागाचे शिक्षक तसेच विद्यार्थी उपस्थित होते. कु. कृष्णा पालयेकर याने कार्यक्रमाची सूत्रे सांभाळली तर कु. तेजल बोरकर हिने उपस्थितांचे आभार मानले.

### ३. श्रावणधारा:

विद्यार्थ्यांमध्ये काव्य या साहित्यप्रकाराप्रती गोडी निर्माण व्हावी आणि त्यांनी कविता लेखनाकडे वळावे या उदात्त हेतूने दरवर्षीच्या नेमाप्रमाणे यंदाही चौगुले महाविद्यालयाच्या मराठी विभागाच्या वतीने श्रावण महिन्यात 'श्रावणधारा' या खास कार्यक्रमाचे आयोजन करण्यात आले. यावेळी विद्यार्थ्यांनी आपल्या प्रतिभेचा आविष्कार करीत 'श्रावणधारा' या विषयावरती स्वरचित तसेच मराठीतील प्रसिद्ध कवींच्या कवितांचे वाचन केले. या कार्यक्रमासाठी गोमंतकीय कवयित्री सौ. अनुया शिरोडकर ह्या प्रमुख पाहुण्या म्हणून अपस्थित होत्या. त्यांचे विद्यार्थ्यांना मार्गदर्शन लाभले. यावेळी मंचावर मराठी विभागाचे प्रमुख प्रा. श्रीकृष्ण अडसूळ उपस्थित होते. त्यांनीही विद्यार्थ्यांना मार्गदर्शन केले. कु. शांभवी तळावलीकर आणि कु. तेजल बोरकर ह्यांनी सूत्रसंचालन केले तर शेवटी अपूर्वा नाईक हिने सर्वांचे आभार मानले.

### ४. स्वामी विवेकानंद जन्मशताब्दीनिमित्त निबंध व वक्तृत्व स्पर्धा :

दि. २२ डिसेंबर २०१९ रोजी स्वामी विवेकानंद जन्मशताब्दी वर्षानिमित्त स्वामी विवेकानंद केंद्र कन्याकुमारी यांच्या वतीने मराठी विभागातर्फे मराठी, कोकणी आणि हिंदी भाषांतून विद्यार्थ्यांसाठी निबंध तसेच वक्तृत्व स्पर्धेचे आयोजन करण्यात आले. स्वामी विवेकानंदांचे विचार आणि त्यांचे जीवनकार्य आजच्या तरुणांना माहित व्हावे हे या स्पर्धेच्या आयोजनामागचे

मुख्य उद्दिष्ट होते.

स्वामी विवेकानंद केंद्र कन्याकुमारी, यांच्यातर्फे दि. १२ जानेवारी रोजी डॉ. मिनेझिस ब्रागांड्रा हॉलमध्ये आयोजित करण्यात आलेल्या परिषदेमध्ये स्पर्धेत सहभागी झालेल्या तसेच विजेत्या झालेल्या सर्व स्पर्धकांना बक्षिसे देण्यात आली.

#### ५. वर्तमान मराठी साहित्य आणि तंत्रज्ञान या विषयावर तीन दिवसीय राष्ट्रीय चर्चासत्र (ऑनलाईन)

पार्वतीबाई चौगुले महाविद्यालय (स्वायत्त), मराठी विभागाद्वारे दि. ३१ जुलै ते २ ऑगस्ट २०२० रोजी 'वर्तमान मराठी साहित्य आणि तंत्रज्ञान' या विषयावर तीन दिवसीय राष्ट्रीय चर्चासत्र (ऑनलाईन) घेण्यात आले. यावेळी गोवा तसेच महाराष्ट्रातील जवळजवळ नऊ वेगवेगळ्या महाविद्यालयातील प्राख्यात अभ्यासक तज्ञ, विचारवंत प्राध्यापक साधनव्यक्ती म्हणून लाभले होते. तसेच गोवा, पंजाब, महाराष्ट्र या सारख्या १३ विविध राज्यांतून लोकांनी या चर्चासत्रासाठी नावनोंदणी केली होती. या मध्ये एकूणच साहित्यव्यवहार, तंत्रज्ञान तसेच अध्ययन अध्ययन तंत्रज्ञानाचा वापर या सर्वांबाबत चर्चा करण्यात आली. सर्व साधनव्यक्तींनी केलेल्या सहकर्म्यामुळे तसेच मार्गदर्शनामुळे हे चर्चासत्र अतिशय अभ्यासपूर्ण आणि विचारांना गती देणारे असे ठरले.

#### विद्यार्थी विशेष:

१. कुमारी श्रिया टेंगसे या विद्यार्थीनीने नाशिक येथे आयोजित करण्यात आलेल्या अखिल भारतीय वक्तृत्व स्पर्धेत सर्व भाषांतील एकूण २३० स्पर्धकांमध्ये द्वितीय क्रमांक पटकवला.

२. राज्यस्तरीय संस्कृत संस्थान, नवी दिल्ली तर्फे आयोजित करण्यात आलेल्या अखिल भारतीय शास्त्रीय स्पर्धा २०१९ मध्ये कु. श्रिया टेंगसे हिला कविता सादरीकरणामध्ये प्रथम पारितोषिक प्राप्त झाले.

३. स्वामी विवेकानंद केंद्र कन्याकुमारीच्या वतीने मराठी विभागाद्वारा आयोजित करण्यात आलेल्या

वक्तृत्व स्पर्धे मध्ये कु. श्रिया टेंगसे आणि कु. शर्वरी भावे यांना अनुक्रमे पहिले आणि दुसरे बक्षीस प्राप्त झाले तर निबंध स्पर्धेमध्ये कु. तेजल बोरकर, कु. शर्वरी भावे आणि कु. शांभवी तळावलीकर यांना अनुक्रमे प्रथम, द्वितीय आणि तृतीय क्रमांकाचे बक्षीस प्राप्त झाले.

४. गोवा मराठी आकदमीने आयोजित केलेल्या "सृजनसंगम २०२०" मध्ये पार्वतीबाई चौगुले महाविद्यालयाला द्वितीय बक्षीस प्राप्त झाले. यामध्ये कु. श्रिया टेंगसे हिला वक्तृत्व स्पर्धा, विडंबन काव्य स्पर्धा आणि आशयघन पत्रलेखन स्पर्धेमध्ये पहिले बक्षीस प्राप्त झाले. समूह नांदी गीत गायनासाठी दर्शना परांजपे, श्रेया करकडे, उर्वी उमर्ये, तन्वी शिरोडकर, अदिती जांभळे, शांती मयेकर, अंकिता कामत, वेदिक बेहरे, मानसी पेंडसे यांच्या गटाला दुसरे तर प्रतिक मराठे, श्रेया जाधव, यांच्या गटाला तिसरे बक्षीस प्राप्त झाले. युगल गीत स्पर्धेमध्ये श्रेया करकडे आणि उर्वी उमर्ये यांना दुसरे बक्षीस प्राप्त झाले तर छायाचित्र स्पर्धेमध्ये बाबाजी गावकर याला पहिले बक्षीस प्राप्त झाले. कु. कृतिका जाण ही "कुमारी सृजनसंगम २०२०" ठरली.

५. गोवन वार्तामध्ये कु. श्रिया टेंगसे हिचे 'श्रिया उवाच' या शिर्षकाखाली 'शांतता', 'सौभाग्य', 'बाप समजून घेताना', 'यक्षप्रश्न', 'पराधीन आहे जगती', 'मनी रेंगाळणाऱ्या वाटा', 'वळणावर आंब्याच्या' यासारखे लेख प्रसिद्ध झाले.

६. दि. २ मे २०२० रोजी कु. शर्वरी भावे या द्वितीय वर्षाच्या विद्यार्थीनीचा 'कोरोना नंतरचा भारत आणि आम्ही' हा लेख प्रसिद्ध झाला.

७. दि. ६ ऑगस्ट २०१९ रोजी 'गोमंतकांच्या युवा स्पंदन या पानावरती कु. शांभवी सावंत ताळवलीकर या द्वितीय वर्षाच्या विद्यार्थीनीची 'मैत्री' या नावाची कविता प्रसिद्ध झाली.

८. या वर्षी बेंगलोरमध्ये घेण्यात आलेल्या 'नेटबॉल' या राष्ट्रीय पातळीवरील खेळामध्ये कु. शांभवी सावंत तळावलीकर या द्वितीय वर्षाच्या विद्यार्थीनीने गोवा राज्याच्या मुलींच्या संघाचे नेतृत्व केले.

९. कु. कृष्णा पालयेकर या द्वितीय वर्षाच्या विद्यार्थ्यांचा 'व्हॉइस ऑफ स्टुडंट्स' या अराजकीय विद्यार्थी संघटनेचा अध्यक्ष म्हणून निवड झाली.

१०. कृष्णा पालयेकर या विद्यार्थ्यांचा नेहरू युवा केंद्र, भारत सरकार आयोजित 'प्रभावी भाषण स्पर्धेत कु. कृष्णा पालयेकर या विद्यार्थ्यांची निवड.

११. रायटिंगस्टार्स केरी तर्फे आयोजित 'दिवाळी सांज' मध्ये कु. कृष्णा पालयेकर याने सूत्रसंचालन केले.

१२. सावित्रीबाई फुले प्रतिष्ठान गोवातर्फे आयोजित 'माता सावित्री समारोह २०२०' मध्ये कु. कृष्णा पालयेकर याने सूत्रसंचालन केले.

### शिक्षकविशेष :

#### कु तृप्ती फळ देसाई

१. दि. २७ आणि २८ नोव्हेंबर रोजी गोवा विद्यापीठाच्या मराठी विभागाद्वारा आयोजित 'ऐतिहासिक मराठी साहित्य' या विषयावरील दोन दिवसीय राष्ट्रीय परिसंवादात सहभाग घेतला.

२. स्नेहवर्धन प्रकाशन संस्था, पुणे आणि धेंपे महाविद्यालय, मीरामार-पणजी यांच्या संयुक्त विद्यमाने दि. ७ डिसेंबर २०१९ रोजी संस्कृती भवन, पणजी येथे आयोजित करण्यात आलेल्या एक दिवसीय आंतरराष्ट्रीय चर्चासत्रात सहभाग घेतला.

३. गोवा मराठी आकदमीने दि. २४ आणि २५ जानेवारी रोजी आयोजित केलेल्या 'सृजनसंगम २०२०' या युवा महोत्सवात समन्वय शिक्षक म्हणून विद्यार्थ्यांना मार्गदर्शन केले.

#### प्रा. अंजली नाईक :

१. प्रा. अंजली नाईक हिने गोवा विद्यापीठाच्या मराठी विभागाद्वारा दिनांक २७ आणि २८ नोव्हेंबर २०१९ रोजी आयोजित 'ऐतिहासिक मराठी साहित्य' या दोन दिवसीय राष्ट्रीय परिसंवादात अभ्यासक म्हणून सहभाग घेतला.

२. स्नेहवर्धन प्रकाशन संस्था, पुणे आणि धेंपे महाविद्यालय, मीरामार-पणजी यांनी संयुक्तपणे दि. ७ डिसेंबर २०१९ आयोजित केलेल्या एक दिवसीय आंतरराष्ट्रीय चर्चा सत्रात सहभाग घेतला.

३. दि. १२ जानेवारी २०२० रोजी विवेकानंद शिला स्मारकच्या सुवर्ण महोत्सवी सोहळ्या-निमित्त विवेकानंद केंद्र कन्याकुमारी, गोवा शाखा आयोजित विवेकानंद विचार परिषदेत समन्वय शिक्षक म्हणून विद्यार्थ्या सोबत सहभाग नोंदविला.

#### प्रा. प्रमोद पवार:

१. 'मराठी भाषेसाठी मल्टिमिडिया : वापर व उपयोजन' या विषयावरती राजश्री शाहू महाविद्यालय, परभणी यांनी दि. ७ मे २०२० रोजी आयोजित केलेल्या राष्ट्रीय चर्चासत्रात, शोधनिबंध सादर.

२. 'नवे तंत्रज्ञान शिक्षकांसाठी नवी संधी' नॉर्थ महाराष्ट्र विद्यापीठ व अखिल भारतीय शिक्षक संघ, जळगाव यांच्या वतीने दि. २१ मे २०२० रोजी आयोजित करण्यात आलेल्या आंतरराष्ट्रीय चर्चासत्रात शोधनिबंध सादर.

३. 'मराठी भाषेला ई तंत्रज्ञान : एक नवी संधी' या विषयावरती श्रीमती राधाबाई सारडा महाविद्यालय, अमरावती यांद्वारे दि. ८ जून २०२० रोजी आयोजित राष्ट्रीय चर्चासत्रात शोधनिबंध सादर.

४. '२००० नंतरच्या मराठी नाटयलेखन तंत्राचे स्वरूप' या विषयावर आर. सी. पटेल कला, विज्ञान आणि वाणिज्य महाविद्यालय, धुळे यांनी दि. ९ जून २०२० रोजी आयोजित केलेल्या आंतरराष्ट्रीय चर्चासत्रात शोधनिबंध सादर.

#### मराठी विभाग



## DEPARTMENT OF MATHEMATICS



The Mathematics Department of Parvatibai Chowgule College conducted many activities during the year 2019-2020.

### 1. National Level Training Programs

- Om Prakash of TYBSc attended the Level O MTTs programme held at IISER Thiruvananthapuram, Kerala from 20th May 2019 to 15th June 2019. There he underwent training for 4 weeks under guidance of reputed faculty from various IITs, HSERs and other reputed institutions of India.
- Om Prakash of TYBSc has been selected to attend the Level I MTTs programme to be held at IISER Thiruvananthapuram, Kerala from 18th May 2020 to 12th June 2020.
- Mifron Fernandes of SYBSc attended the Mini MTTs programme held at B. K. Birla College (Autonomous) Kalyan, Maharashtra from 4th November 2019 to 9th November 2019. There he underwent training for one week under guidance of reputed faculty from various IITs and other reputed institutions of India.
- Mifron Fernandes of SYBSc has been selected to attend the Level O MTTs programme to be held at IIT Ropar, Punjab from 18th May 2020 to 12th June 2020.

### 2. Participation in Talent Search Exams

Six students of TY BSc and one each from SY and FY BSc answered the Madhava Mathematics Competition at Goa University on 12th January 2020. It is a National Level talent Search Competition held across India

### 3. Participation in Intercollegiate events

Swetlena Viegas, Namisha Tari, Neha Bhat and Rolinda Fernandes presented at the Inter Collegiate Power Point Competition on the topic "Research Contributions of Indian Mathematicians" at DM College Assagaoon 8th January 2020.

- A team of 18 Students of SY and TYBSc Maths represented the college in the inter collegiate Mathematics event X-iom held by Govt College of Arts, Science and Commerce, Sanquelim Goa on 25th January 2020. They won Second place in the following events,
  - Mayuresh Pritam Sinai Khandeparker in Slide Wars
  - Shivani Naik and Raveena Bandekar in Down The Ages
  - Cipriano Simoes, Ranjit Sharma and Leander de Melo in Math Whiz
  - Shivani Parab and Shubhra in Build Your Math
  - Mayuresh, Mohamad Shaikh, Siddhant Naik, Namisha Tari in Solve to Hunt

### 4. Seminars Attended at BITS Pilani, K.K. Birla Goa Campus

- Rován Vaz, Om Prakash, Mifron Fernandes, Leander de Melo and Cipriano Simoes attended seminar on "Topological realization of finite order mapping classes" by Dr. Shiv Prasad, Indian Institute of Technology Goa on 28th November 2019.
- Rován Vaz, Om Prakash and Mifron Fernandes attended seminar on "Convergence and Integration of Mathematics and Engineering (Optimal

Control Systems)” by Prof. D. Subbaram Naidu, University of Minnesota Duluth, USA on 7th January 2020.

- Om Prakash, Mifron Fernandes, attended seminar “On Optimal Frames for Erasers” by Prof. R. N. Mohapatra, University of Central Florida, Orlando, Florida, USA. on 30th January 2020.
- Rován Vaz, Om Prakash, Mifron Fernandes and Denver Rodrigues attended seminar on “Bisynchronous Games” by Mizanur Rahaman, BITS GOA on 4th February 2020.

#### 5. **Prof. D.B. Wagh Memorial Lecture Series:**

The department organized the Prof D.B. Wagh Memorial Lecture Series, a 4 Day National Level Seminar from 17th February to 20th February 2020. The program was partially funded by The Mathematics Consortium, Pune. Four speakers were invited to speak for the same. They were

**Vinayak Sholapurkar;** S.P. College, Pune University, Pune. He gave lectures on “Theory of Differential Forms and de Rahm Cohomology”. (7 hours)

**Hemant Bhate;** Dept of Mathematics, Pune University, Pune. He gave lectures on “Fourier Analysis on Groups”. (7 hours)

**A J Jayanthan;** Dept of Mathematics, Goa University, Goa. He gave lectures on “Plane Geometry”. (7 hours)

**Vijay Patankar;** BITS Pilani K.K. Birla Goa Campus, Goa. He gave lectures on “Some applications of Plane Geometry”. (2 hours)

The total program was of 23 hours of lectures over a period of 4 days. A total of 31 participants attended the program which included 22 undergraduates, 4

research scholars and 5 faculties from various colleges of Goa.

#### 6. **Departmental Study Tour :**

Rován Vaz organized a visit to the Indian Institute of Science Bangalore to attend the Open Day Program on 29th February 2020. A group of 33 Students of SYBSc Maths and Statistics were taken along. The students visited various departments and centres on the IISc Campus. They got an opportunity to interact with researchers and see their works. They also visited The JRD Tata Memorial Library on the campus, which is amongst the biggest Libraries in South Asia.

The students also visited the Orion Mall, travelled by Bangalore Metro, visited Wonderla Amusement park, local shopping markets and Brindavan Botanical Garden in Bangalore.

#### 7. **Department Picnic**

Rován Vaz took a group of 40 students of FY, SY and TYBSc Maths and Statistics for a picnic to Palolem Beach on 21st December 2019.

#### 8. **Intra Departmental Activities**

The students of the department organized the Mathematical Premium League. A Cricket League having mixed teams of boys and girls from SY and TYBSc “Maths and Statistics.

The Students also organised a Meme Wars Competition.

**Rován Vaz**





## DEPARTMENT OF PHILOSOPHY



The activities organised by the department;

Religion and the diversity within religions is a concept that catches the attention of any listener. Religious Pluralism being a different approach to this diversity, was talked about on the 3rd of March 2020, at 10:30 am in the upper auditorium of Paravtibai Chowgule College. This talk was organized by the Department of Philosophy and the special speaker who addressed the students on this important topic was Dr Sonia Sikka, a professor at the University of Ottawa, Canada.

The talk began with a brief introduction about the profession and background of Dr Sonia Sikka, given by one of the Philosophy Student, Risa Cabral. After the short welcome and introduction, Dr Sonia Sikka proceeded with her talk about religious pluralism. She talked about the diversity existing within religions: intra and inter diversity. She further talked about the different aspects of different religions like Buddhism, Islam, Jainism, Hinduism and Christianity. With the help of her PPT Dr Sonia explained and elaborated on the festivals of every religion and their importance. She also stated her conventions about the current issues regarding religions as well as the past conflicts that arose due to religions. She states that most of the times these conflicts were not about religious beliefs but more about gaining a territory or between people who held a different identity religiously. After giving this detailed introduction about the diversity within religions, she went on to touch the topic of Religious Pluralism. Religious Pluralism mainly addresses the concept that 'all religions are equally true'. The phrase defines that the different doctrines and ideologies of all religions are true at the same time.

Further she discussed the points in favour and in opposition to this phrase (Religious Pluralism). Examples of arguments given by philosophers regarding this concept was provided with explanations. To give an argument in favour of religious pluralism, a Tao parable of elephant and the blind men was explained by Dr Sonia Sikka. She also commented that religion is not all about faith but faith is an aspect of religion. To give an objection to Religious Pluralism, Dr Sonia Sikka provided arguments questioning the contradictory truths in religion to co-exist at the same time. Towards the end, Dr Sonia provided her views on this topic. She believed that Humans should be free to choose whatever they want to believe in and whichever religious doctrine they want to follow. Co-existence of Religious Pluralism can be possible. However, she concluded the talk with a piece of advice to the students. She suggested that one should not blindly believe every doctrine, but rather critically reason particular questions that the religion fails to answer or provide the full truth to.

After the talk given by Dr Sonia a small session of question and answers was held for the audience to clear their doubts on this concept. A Vote of Thanks was proposed by Saroj Usgaonkar, a teacher from the Department of Philosophy. The guest lecture ended successfully with the clicking of pictures with Dr Sonia Sikka and the students and teachers of Philosophy Department at 12 pm.

### **Report of the talk conducted on "The Relevance of Ancient Nalanda Teachings in Our Modern Times"**

A talk on "The Relevance of Ancient Nalanda Teachings in Our Modern Times" by Dalai Lama was organized by Goa University at Kala Academy on 11th December 2019 at 10 am.

Students from the Department of Philosophy along with Assistant professor Saroj Usgaonkar attended the talk.

A brief introduction was provided to the listeners about the past and present life of Dalai

Lama before he graced the listeners with his presence. They introduced him by imparting the knowledge on how Dalai Lama means Teacher with the 'Depth of Ocean' as Dalai stands for 'Ocean' and Lama means 'Guru'.

For the welcoming of Dalai Lama three songs were performed by a choir. One of which was especially produced by the music composer from Goa University named The Oceanic Cantata. The performance was spectacular with a great performance by the Japanese Artist Mika who enchanted everyone with her violin playing skills.

Dalai Lama upon his turn to address the audience dealt with how India and the world requires to focus on developing the mind and infusing old Nalanda techniques into today's education system. He talked how humans can develop their brains and overcome their empowering emotions. How through our ancient techniques we can understand ourselves better and attain mind peace. Thus, being able to experience sufferings with a positive outlook. He also shared some funny experiences of his life wherein he had encountered people from different countries and religion. After he finished his talk a small question and answer session was held. After answering all the questions the programme ended with the National Anthem sung by the choir along with the audience.

### **Report of All Goa Inter-Collegiate Seminar**

**By National Confederation of Human Rights Organization**

**Dated: 10th December 2019; Time: 9:00 am - 5:00 pm**

A day Seminar on "advancing Democracy and Human Rights in India – the role of youth" was organized by NCHRO-Goa Chapter in Collaboration with Council for Social Justice and Peace celebrating 70th anniversary of International Human Rights day on 10th December 2019 at St, John Paul II Complex. A seminar was held to impart knowledge of the

provisions in law for the implementation of Human Rights provisions among students. It also served to motivate students to become aware of the values of a just and humane society regardless of differences in religion and culture; and the students were enabled to acquire skills to serve as human rights monitors and defenders in society. The Seminar started at 9:20 with the welcome, addressed by Prof. Joan Rebello and key notes on the Seminar was presented by Mrs. Deepika D'Souza. Various guest lectures delivered the important and motivational knowledge through respective topics.

The guest lecturers were Mr. Rohit Prajapati (PSS) spoke on Social and mainstream media, Mr. Krishnakant spoke on RTI, Campaigns and Social Change. The talk on 'working to protect vulnerable populations' like 1. Child rights, 2. Migrants and Trafficking and 3. Gender Justice were been presented by Ms. Roselle Solomon, Mr. Arun Pandey (ARZ) and Adv. Albertina Almeida respectively. Students from ten colleges gave active participation in the seminar. The students from ParvatibaiChowgule college of Arts & Science, Autonomous attended this Seminar along with a teacher Miss Saroj Usgaonkar (Asst. Prof., Department of Philosophy). Our students also presented a video on 'Old-age people' putting forth their importance in society and providing concern towards their care and need. In the second half of the Seminar there was a workshop for the participants.

Our students who showed active participation in the workshop were Lyanne S. Fernandes (TYBA), Margaret V. Ferrao (TYBA), Madhav Suria Sinai Cuncolienar (TYBA), Manthan Naik (TYBA). In the workshop the students were asked to have group discussions on certain topics dealing with Human rights policies and procedures and were asked to present it through role-plays, debates, street-play, etc. The Seminar ended with the vote of thanks and distribution of certificated by Fr. Savio Fernandes, the Chairperson of NCHRO.

## DEPARTMENT OF PHYSICS



1. Dr. Ananya Das, Associate Professor, Department of Physics has been sanctioned an amount of Rs. 4,30,000/- under promotion of Science Education Scheme of DHE for her project titled "Study of Bose-Hubbard Model Using Real space Renormalization Group Method".
2. Dr. Ashish M. Desai presented a poster entitled "Numerically solving the Schrödinger Equation for a Double Potential Well using Eight order Numerov Method" and was awarded the Best Poster Presentation in the International Conference on "Functional Materials and Simulation Techniques" jointly organized by Chandigarh University, University of Mauritius, Mauritius and Concordia University, Canada held on 7th and 8th June 2019 at Chandigarh University.

Dr. Ashish Desai receiving the best poster award

3. Dr. Ananya Das published a paper entitled "Spin 1 bosons in optical superlattice" in AIP conference proceedings 2115, 030016 (2019). This paper was published online on 12th July 2019.
4. Physics Department organized a subject talk entitled "Observing Atomic Interactions using X-rays" which was delivered by Dr. Venkatesh Hathwar, UGC Assistant Professor, Physics Department, Goa University, on 10th August 2019. This talk was attended by 58 students and 5 faculty members.

Dr. Venkatesh Hathwar delivering his talk on "Observing Atomic Interactions using X-rays"

5. Physics Department organized a subject talk entitled "The charm and beauty of Nature" by Dr. Santosh Kumar Das, School of Physical Sciences, IIT, Goa on 31st August 2019. This talk was attended by 30 students and 5 faculty members.

Dr. Santosh Kumar Das delivering a subject talk on "Observing the Charm and Beauty of Nature"

6. Dr. Ananya Das attended a One Day Workshop on "Scope and Limitation of Goa University TYBSc Physics (CBCS) syllabus and Model Question Paper held at Dhempe College, Miramar on 14th September 2019.
7. Dr. Ashish M. Desai participated in the five days workshop on "Computational Material Science (COMATS-2019)" organized by Centre of Excellence in Advanced Materials (CAM) and Inter-University Centre of Nanomaterials and Devices (IUCND), Cochin University of Science and Technology held from 29th Oct. 2019 to 2nd November 2019.
8. Mr. Yatin P. Desai attended a Two-day workshop on "Material Science between University of Porto, University of Coimbra and Goa University" held on 18th and 19th November 2019 at Goa University.
9. Dr. Ananya Das along with Mr. Clint N. Fernandes and Sidhanth S. Prabhu Desai from 2018 - 2019 Physics batch participated in 2 days National Conference on 'Recent Advances in synthesis, Characterization Techniques and applications of materials', held on 29th and 30th November 2019; organized by Department of Physics, K. J. Somaiya College of Science & Commerce Vidyavihar (E), Mumbai. Mr. Clint N. Fernandes made an oral presentation of

their paper entitled 'Structural and Dielectric Properties of PCT Ceramics'. The paper presented in the conference is an outcome of the Third Year B. Sc. Project work undertaken by Clint N. Fernandes, Sidhanth S. Prabhu Desai, Xavier A. Quadros and Rashmi R. Gowda, under the supervision of Dr. Ananya Das.

Dr. Ananya Das, Mr. Clint Fernandes and Mr. SidhanthPrabhudesaiduringthe group photograph of participants of the conference

10. Mr. Yatin P. Desai attended and presented a paper on "Structural and Magnetic Studies of Nanocrystalline Ni-Zn Ferrites Synthesized by Sol-Gel Method" during 64th DAE Solid State Physics Symposium held at Indian Institute of Technology, Jodhpur-Rajasthan from 18th to 22nd December 2019. The symposium was organized by Bhabha Atomic Research Center, Mumbai and sponsored by BRNS, Department of Atomic Energy, Government of India. The paper is co-authored by Third Year B.Sc. students of 2018-2019 batch viz. Sahil Jamwal, Sneha Modiyil, Shubham Chodankar, Rishabh Sathe. The paper is the outcome of the project work taken up by these students.
11. Six Third Year B.Sc. Students viz. Mr. Nikhil Mesquita, Ms. Shantadurga Desai, Ms. Rucha Desai, Ms. Ophra Gracius, Ms. Valencia Fernandes and Mr. Sidharth Nath T.S.; Participated in IAPT- UGCP (Winter Camp in Physics) at BITS Pilani Goa Campus from 19th to 22nd December, 2019.
12. Ms. Srinidhi Pawar from Third Year B.Sc. attended a Radio Astronomy Winter School jointly organized by Inter University Center for Astronomy and Astrophysics (IUCAA) and National Center for Radio Astronomy (NCRA) at IUCAA, Pune from 16th to 24th December.
13. Dept of Physics organised a talk under the DBT - Star College scheme on 23rd December 2019 from 10:30 to 11:30 am on the topic "The Hype and Hopes Surrounding Nanostructures Explained Simply" by Prof. Vijay Singh, Centre for Excellence in Basic Sciences, Mumbai. This talk was attended by students of Physics and Chemistry and the faculty members of Dept of Physics. Prof. Vijay Singh outlined a simple scaling approach to understand some of the properties of semiconductor nanostructures. He explained how exotic phenomena such as the fabrication of a single electron transistor and the long-standing goal of integrating optics and electronics on the same chip are possible with semiconductor nanostructures. He pointed out how Quantum effects become significant at nano-scales.
14. Prof. Vijay Singh also gave a talk on "Teaching Methodology in Science" from 12.00 to 1.00 pm which was attended by the teaching faculty from sciences and students of Dept. of Physics and Chemistry. In his talk he spoke on science education and its importance in implementing it in classroom. He specifically focused on Peer Instruction and Demonstrate Derive and Deduce (DDD) teaching methodologies. Some of our faculty members immediately acknowledged and were motivated to adopt these methods in their classrooms.
15. Mr. Yatin P. Desai has been granted a research project entitled "Study of Zinc Oxide Composite Doped with Transition Metal Ions (Mn, Ni, Co, Fe)" by Department of Science and Technology, Government of Goa. The first instalment of Rs. 3,20,000/- has been sanctioned.

16. Mr. Yatin P. Desai was a resource person for the session on “Experiments Through Films” during 5th Science Film Festival of India on 16th January 2020 at Campal-Panaji, Goa.

17. Four faculty members Dr. Ananya Das, Mr. Yatin P. Desai, Dr. Ashish Desai and Ms. Pearl Oliveira along with ten T.Y. B.Sc. students attended Goa Physics Meet 2020 at IIT Goa, Farmagudi on 25th January 2020. Four posters were presented by students during the meet.

18. Under DBT Star college Scheme, Department of Physics organised a two-day lecture series on “Thermodynamics and Statistical Physics” on 31st January and 1st February, 2020. Resource persons of were Prof. A. V. Kulkarni and Dr. Toby Joseph from BITS Pilani, Goa Campus.

Prof. Toby Joseph delivering his talk

19. The department organized “Physics Day” on 6th February 2020. The event commenced at 10.00 am and started with the Oral Presentation competition in which the participants presented on topics like Exoplanets, time dilation and Particle accelerators. Next was Poster Presentation competition on “Recent advances in Physics” where participants were judged on creativity, content and familiarity of the subject.

Another event was the Treasure Hunt in which students were put in pairs and had to go through a series of clues and tasks to get the prize. The final event was the Working model competition where the students showcased the very essence of unbridled knowledge of physical phenomena at work.

The Chief guest of the event was Dr. Sudipta Kanungo and he gave a popular talk on “Relativity & Quantum Mechanics: Emerging Materials for the

last decade”. The talk was followed by the valedictory function and the day came to a conclusion with the prize distribution to all the winners by Dr. Sudipta Kanungo.

Chief Guest Dr. Sudipta Kanungo along with Faculty and Students of the Physics Department.

20. Mr. Yatin P. Desai along with four Third Year BSc students; Ms. Shantadurga Desai, Ms. Disha Sinai Sangaonkar, Ms. Nagma Mirabhai and Shreya Karkade; participated and presented a paper entitled “Structural and Magnetic Studies of Doped Nickel Ferrite” in a National Conference on “Frontiers in Medicinal Chemistry and Nanotechnology” organised by Dyanprassarak Mandal’s College and Research Centre, Assagao, Bardez-Goa on 14th and 15th February 2020.

21. Four faculty members Dr. Ananya Das, Mr. Yatin P. Desai, Dr. Ashish Desai and Ms. Pearl Oliveira along with T.Y.B.Sc. students Participated in State level IAPT convention organised by Indian Association of Physics Teachers, Goa Chapter at PES college, Farmagudi on 22nd February 2020. Four posters were presented by students in this event. During the valedictory function, Third year B. Sc. student, Mr. Sidharth Nath T. S. was felicitated for his meritorious performance in the NGPE examination conducted by IAPT during academic year 2018-2019.

22. Department of Physics have successfully implemented an Interdisciplinary Project on “Installation of Solar Panels and Solar Street Lights to Harness Solar Energy” under DBT Star College Scheme. This project was taken up as an internship project by a group of students who

worked as interns to complete a part of their internship. The project was proposed by Prof. N. N. Sawant, Dr. Nandini Vaz Fernandes and it was coordinated and executed by Mr. Yatin P. Desai along with nine FYBSc students. The project comprised of two parts; the first part included the installation of solar panels on the rooftop of building block D to utilise solar energy to empower electrical gadgets on the first floor of D-block. The second part of the project included the illumination of road from college main gate to college office using solar street lights.

23. Physics department organized a Workshop on “Teaching methodology and Laboratory Demonstrations in Physics” on 7th March 2020. Resource persons for the workshop were Dr. Praveen Pathak, Scientific Officer, Homi Bhabha Centre of Science Education, TIFR, Mumbai and Mr. Shirish Pathare, Scientific Officer, Homi Bhabha Centre of Science Education, TIFR, Mumbai. The objective of the workshop was to introduce students and faculty to recent teaching pedagogies and its implementation and to demonstrate several experiments in physics to improve conceptual understanding of different areas of physics.

Mr. Shirish Pathare delivering his talk during the workshop.

24. Dr. Ananya Das and Mr. Yatin P. Desai Participated in the National Symposium on “Recent Trends in Condensed Matter Physics and Materials Science” held on March 12th and 13th, 2020 at Goa University.

## DEPARTMENT OF PORTUGUESE



The Department of Portuguese and Center for Portuguese Language and Culture (CPLC) of Parvatibai Chowgule College of Arts and Science Autonomous, in collaboration with Instituto Camões: Center for Portuguese Language in Panjim, under the protocol of cooperation established between Chowgule College and Instituto Camões in July 2008, has been dynamic in the promotion of Portuguese Language and Culture in South Goa.

Two of our SYBA students have completed Semester III and IV at the University of Porto, Portugal. This academic year, the Department of Portuguese initiated the Third year Bachelor of Arts under Autonomy.

Apart from the B.A. Minor courses, several certificate courses in association with Instituto Camões were also conducted during the year for the students and the general public. The courses comprised of Intensive Basic course A1, Portuguese Elementary A2, Portuguese Intermediate B1 and Portuguese Vantage B2. The duration of each level course was 120 hours. We had an overwhelming response of 7 batches in all, during this academic year.

The Department also screened Portuguese movies with English subtitles on the last Saturday of every month, open to students as well as the general public. We are proud to have created a small community of regulars who have been attending these screenings religiously for the past 7 years.



## DEPARTMENT OF PSYCHOLOGY



### A) FACULTY ACHIEVEMENTS

#### 1. Dr. Sobita Kirtani

- Dr. Sobita Kirtani presented a paper titled "A Psychological Analysis of Damodar Mauzo's Short Stories" at the Two Day National Seminar titled Akshar Damodar organized by the Konkani Department of Government College, Quepem in association with Directorate of Higher Education and Ravindra Bhavan, Margao on 2nd and 3rd August at Ravindra Bhavan Margao.
- Dr. Sobita Kirtani presented a paper titled "Life Satisfaction and Health in Elderly people in Goa" at the National Seminar On 11th February 2020 organized by Department of Social Work, Don Bosco College Panaji Goa In Association with National Institute of Social Defence New Delhi (Ministry of Social Justice and Empowerment Government of India).
- Dr. Sobita Kirtani served as a panel expert at the Symposium on "Uncovering the Susegado Self: Understanding of Goan Personality through Psycholexical Lens" at Multidisciplinary National Conference titled "Cultural Symbiosis: Psycho-social Perspectives and Challenges" on 12th February, 2020 organized by Bombay Psychological Association (BPA) and the Department of Psychology of St. Xavier's College, Mapusa. Dr. Kirtani spoke about "The BFI in Goa: Understanding personality through Etic Approach".

#### 2. Mr. Aresh Naik

- Mr. Aresh Naik conducted a session on 'Suicide Prevention' at the 4th annual 'Counselling in Clinical Practice (CICP)' workshop, organized by Antarman from

3rd-8th June, 2019 at Panjim, Goa.

- Mr. Aresh Naik attended the 8th Annual State Conference of the Psychiatric Society of Goa on 29th and 30th June, 2019 at Goa. The theme for the conference was 'Technology and Mental Health'.
- Mr. Aresh Naik has been invited to be a General Body member for Sangath, which is a mental health NGO serving as the Nodal Agency for the National Trust for the Welfare of Persons with Autism, Mental Retardation, Cerebral Palsy and Multiple Disabilities. Sangath was awarded the MacArthur Foundation's International Prize for Creative and Effective Institutions in 2008 and was adjudged as the Public Health Champion for 2016 by the World Health Organization.
- Aresh Naik participated in the International Symposium on Innovating Care for Addictions and Gender-based Violence, organised to celebrate 5 years of the Addictions Research Group at Sangath, in partnership with the state Institute of Health and Family Welfare, Directorate of Health Services, Goa' The symposium was held on 31st January from 9.00 am to 6 pm at the State Institute of Health and Family welfare, Mapusa.

#### 3. Dr. Golda Vas

- Dr. Golda Vas from the department of psychology in collaboration with the NSS unit has been conducting regular meditation sessions for the teaching and non-teaching staff of the college since 22.06.2020 titled 'PCCAS Meditation Sessions'.
- Dr. Golda Vas attended an online webinar on 'IP Protection Through Patents, Copyrights and Trademarks' from 23rd to 26th June 2020.

#### 4. Ms. Aiswarya Babu

- Aiswarya M Babu participated in the online training workshop on Rational Emotive Behaviour Therapy (Basic Level) held from 22nd-24th May, 2020 hosted by Your Dost Academy.
- Aiswarya M Babu participated in the online training workshop on Past life regression in Hypnosis (Basic Level) held on 7th May, 2020 hosted by Your Dost Academy.
- Aiswarya M Babu successfully completed 30 credits of The International Certified Career Coach Program (Foundation level-1) organised by Mindler on April 10-11th, 2020.
- Aiswarya M Babu participated in a workshop on the topic "ART THERAPY IN CRISIS MANAGEMENT" organised by MpowerU on 7 April 2020 by resource person Ms.AASTHA AHUJA -Psychologist and Psychotherapist Founder – MpowerU.
- Aiswarya M Babu participated in the intensive online training workshop series on Cognitive Behaviour Therapy for Common Emotional Disorders (Advanced Level) held from 8th April-12th April 2020 hosted by Your Dost Academy.
- Aiswarya M Babu participated in online workshop on 'Introduction to Supportive therapy' organised by Cognizavest on 13th April, 2020.

#### 5. Ms. Asawari Nayak

- Ms. Asawari Nayak presented a paper titled 'Clearing Biana For Goans: Readings of a Controversial Port Town' at the National Conference from 27<sup>th</sup> to 29<sup>th</sup> December 2019. The Research Committee was RC-10: Gender Studies. Conference was titled 45th All India Sociological Conference entitled, "Environment, Culture and Development: Discourses and

Intersections". The organizers were The Indian Sociological Society and was held at the University of Kerala, Kariavattom Campus, Thiruvananthapuram.

- Ms. Asawari Nayak has contributed towards publication in an Edited Book (Feb, 2020). Two entries titled "Mada, Nall" and "Susegad" were published in the book titled "Keywords for India: A Conceptual Lexicon for the 21<sup>st</sup> Century. The Co-Author of the book is Mr. Alito Siqueira. The books were released in February 2020. The editors of the book are Ms. Rukmini Bhaya Nair and Mr. Peter Ronald DeSouza. Publisher: Bloomsbury Academic, London, UK. ISBN: 9781350039230

#### Common Webinars attended

- Dr. Sobita Kirtani, Ms. Aiswarya M. Babu and Mr. Aresh Naik attended a two-day online Faculty Development Program organized by the Center for Teaching Learning, on the 23rd and 24th of June, 2020. The program focussed on Effective Online Teaching Learning Evaluation. The resource person for the program was Dr. Vini Sebastian, Associate Professor, St. Xavier's Institute of Education.
- Dr. Sobita Kirtani and Ms. Aiswarya M Babu attended a Webinar on 'Use of Elsevier Tools for Developing Research Workflow and Academic Writing' held on 18th May 2020. This was organized by the Directorate Of Higher Education in association with Elsevier.

#### B) ACTIVITIES OF THE DEPARTMENT

- The Second Year and Third Year students organized a fresher's party for the First Year students on the 5th of July, 2019.
- The Department of Psychology organized its annual exhibition – Psychospectrum on 10th August, 2019. Students of both the Undergraduate and Post-Graduate Departments presented charts/models



/equipment/tests as also had games and social experiments depicting psychological principles. Nine Higher Secondary Schools attended the exhibition with over 250 students accompanied by their teachers. A team from 'Antarman – Centre for Psychosocial Wellbeing' also attended the event. Faculty, non-teaching staff and students from within the College also attended the exhibition.

- The Department of Psychology organized their annual Discussion Forum on the 30th of August 2019. This year's topic for discussion was "LGBTQ rights: The Journey of a Rainbow." The event was open to all students and teachers from colleges across Goa as well as the general public. Four speakers addressed the gathering, shedding light on all aspects of the topic from different viewpoints. The speakers were Christine Fernandes, CEO of the Goa Rainbow Trust, Rakhee Bhide, parent of a child who has come out as a lesbian, Preetha Mathew, counsellor at Antarman and Prasanna Timblo, an advocate.
- One day seminar was conducted on the 13<sup>th</sup> of September, 2019 hosted by the Goa Dyslexia Association in collaboration with the Post graduate department of Psychology in Parvatibai Chowgule College of Arts and Science Autonomous. Resource persons Dr. AveenashDesouza, Dr. Narindar Kinger and Dr. KersiChadva.
- The Department of Psychology organized a talk by Dr. Avinash De Souza on the topic 'Counselors and Special Educators- Challenges in the Indian Senario' on 12<sup>th</sup> December 2019 in the Upper Auditorium. The talk was open to all who are associated with the field, professionals, and students as well.
- The Department of Psychology organized their annual Psychology event 'MindKraft'

on 08<sup>th</sup> January 2020. The theme for the event was 'Suicide Prevention' and was set in accordance with the theme of the 'World Mental Health Day'. The event was inaugurated at the hands of Dr. Shaila Ghanti, Vice Principal of our esteemed institute. MES College were declared the overall champions of the event for the 3<sup>rd</sup> time in a row.

- The Department of Psychology, Parvatibai Chowgule College of Arts and Science (Autonomous) took up the initiative of starting a series of talks titled "Career Talks" for the students of the department. The talks were held on 28<sup>th</sup> and 29<sup>th</sup> April 2020 and the speakers for the talks were Ms. Sangrail Brito Carvalho and Ms. Kimberly Pereira respectively.
- The Department of Psychology conducted a series of online webinars titled, "Managing the Exam Mindset" for the benefit of students of the College. The webinars were held from the 15<sup>th</sup> till the 19<sup>th</sup> of June, 2020. The following sessions were conducted:
  - \* Prioritizing Mental Health: Tips to handle Exam Anxiety and Stress' by Ms. Aiswarya M. Babu.
  - \* Effective Time Management and Study Skills' by Ms. Tanya Keni
  - \* SEED: Sleep, Exercise, Emotional Contagion and Diet' by Dr. Sobita Kirtani
  - \* Meditation: Bringing the Mind Home' by Dr. Golda Vas.
- Mr. Aresh Naik conducted an online webinar titled 'Know Your Rights: The Mental Health Care Act 2017', on the 25<sup>th</sup> of June, 2017. The session was open to all students and staff of the college. The session focussed on the features of the MHCA2017 and the sections outlined therein. A total of 38 participants attended the session.

**C) STUDENT'S CONTRIBUTION**

- Ms. Sharvani Chandvale participated in the International symposium on Innovating care for Addictions and Gender-based Violence, organised to celebrate 5 years of the Addictions Research Group at sangath, in partnership with the state Institute of Health and Family Welfare, Directorate of Health Services, Goa' The symposium was held on 31st January from 9.00 am to 6 pm at the State Institute of Health and Family welfare, Mapusa.
- On 29th February 2020 students from the undergraduate Department of Psychology accompanied by Dr. Golda Vas participated in the annual departmental activity organized by MES college, Zuarinagar titled 'Psychozest'. The following students participated in different activities throughout the day Ms. Sabrin Shaikh, Mr. Lester Dourado, Ms. Nashmiya Khan, Mr. Rohan Naik, Ms. Prachi Pawaskar, Ms. Vishwanee Padiyar, Ms. Sejal Almeida, Ms. Anushri Bhende, Ms. Kashish Aggarwal and Mr. Slavio Gomes.
- Part 1 Students of MA Child Psychology & Child Development Participated and secured the 2nd position in the annual departmental event 'Psychozest' hosted by MES College of Arts & Commerce, Zaurinagar on 29th February, 2020. The following students participated: Ms. Subhiksha Mahalaxmi, Ms. Clizma D'Costa, Chrysanne Dias, Bethilda Andrade, Anjali Sharma, Janhanvi Pendse, Manasi Shrirodkar, Nayshir Vaz & Rosebel Fernandes.


**DEPARTMENT OF  
SOCIOLOGY**


The Department of Sociology keeping in mind the vision strongly believes in the holistic development of the students and teachers. The department takes keen interest in organizing and promoting teachers and students to participate in multiple learning activities, so as to help them discover and build qualities of leadership, rationality, ethics and knowledge. The Department is proud to present the annual report of 2019-2020, which is based on the team work of teachers and students.

A) Faculty related activities and achievements in the Department

**I. Dr. Sachin Savio Moraes**

1. Presented a paper titled 'International Migration and experience of man in rural-Goa' at the 13th National Sociology Conference on "Science, technology and Society: Responses, Reflections and Responsibility" organized by Dharwad, Karnatak University on 13th and 14th September
2. Dr. Sachin Savio Moraes, faculty from the Department of Sociology was invited as a guest faculty by the Department of Sociology- Government College-Qupem to deliver a lecture on "Careers in Sociology" on the 5th of October 2019 between 12.30 to 2.00 PM.
3. Dr. Sachin Savio Moraes from the Department of Sociology was invited as a Resource Person in Government High School-Fatorpa at their annual camp on personality development on 17th November 2019 to speak on 'Careers after 10th and 10th +2'.
4. Dr. Sachin Savio Moraes from the Department of Sociology was invited as a Resource Person in S. S. Angle Higher

Secondary School on the occasion of our Annual Science Fiesta on 19th February, 2020. He conducted a session on the topic 'Coping with Academic Stress' for benefit of the students and the staff.

## **II. Ms. Sayali Gaunkar**

1. Presented a paper titled "Tourism and its life- world impact on women- An Ethnographic case study of Agonda' for which she was awarded a certificate of merit as 'Best Paper Presenter' in her Research Committee ' Gender and Society at the 13th National Sociology Conference on "Science, technology and Society: Responses, Reflections and Responsibility' organized by Dharwad, Karnatak University on 13th and 14th September.
2. Ms. Sayali Gaunkar, faculty from the Department of Sociology delivered a lecture on 'How Do I Make Classroom Interactive' at Shishu Vikas High School, Ravanfond-Navelim on 14th October 2019.

## **B) Students related activities / achievements of the department:**

1. The Students namely Larissa Fernandes, Ashwani Borkar and Vanshika Sawant all (TYBA) from Department of Sociology participated at the 13th National Sociology Conference on "Science, technology and Society: Responses, Reflections and Responsibility' organized by Dharwad, Karnatak University on 13th and 14th September.
2. The two students from Department of Sociology presented papers for the State level students seminar 'Socio-Expression' on 19th September 2019 which was organised by M.E.S College of Arts and Commerce, Zuarinagar, Goa. Ms Salome Fernandes (FYBA) won the Second place for presenting her paper on 'Are Women in Goa Aware of Legal Aid?: A Micro-Perspective and Bakhita Afonso (SYBA)

won Third place for presenting a paper titled ' The Idea of Women empowerment in the Society: A Multidimensional Micro Perspective'

## **3. Volunteering for YOUNG DEFENDERS OF HUMAN RIGHTS**

The Six students namely Salome Fernandes (FYBA), Anish Agni (FYBA), Sejal (FYBA), Nicole (FYBA), Ciena (FYBA) and Zeeka Khan (SYBA) from the Department of Sociology have volunteered to collaborate with National Confederation of Human rights organization (NCHR) Goa unit. The students had undergone an introductory session on Human Rights in the month of August followed by a rigorous session involving volunteers from other colleges which was held in Clergy Home Margao on 21st September 2019 at 3.00PM. The students above also actively participated and volunteered in organizing the Human Rights Day, which was held on 10 December 2019.

4. One faculty Ms. Sayali K Gaunkar along with 26 students from FYBA (Sociology), SYBA (Sociology), TYBA (Sociology) attended 45TH ALL INDIA SOCIOLOGICAL CONFERENCE on Environment, Culture and Development: Discourses and Intersections held on December 27, 28 and 29, 2019 at Kariavattom Campus, University of Kerala, Thiruvananthapuram.

## **C) Activities conducted by the department:**

1. On 30th July 2019 the Department of Sociology organised a field trip for the students as part of their Rural Sociology course (S.Y.B.A/T.Y.B.A). The Students had to travel to the village of PisonyarBarshe in Canacona. Students had to interact with the villagers and learn about their village agrarian setup, they also had to learn about the process of growing paddy crops by

doing it themselves along with the villagers. The students also had to understand the agrarian structure of rural society. The total of 47 students along with faculty Ms. Sayali K Gaunkar visited the place.

2. The Department of Sociology organised the annual departmental trek to Nainya Valpoi Sattari on 4th August 2019. The total of 67 students (FYBA, SYBA, and TYBA) along with two faculties of the department Ms. Sayali K. Gaunkar and Dr. Sachin Savio Moraes accompanied the students.
3. The Department of Sociology inaugurated the Departmental Forum DOSTO (Department of Sociology Student-Teacher Organisation) on 10th August 2019 in the lower Auditorium. The DOSTO will help students to hone leadership skills through the forum. The DOSTO aims at working together and organising varied activities for the benefits of the students during the academic year.
4. The Department of Sociology organised a panel discussion on the theme 'My Career through Sociology' on 14th August 2019 at 2.00PM to 3.00PM in lower auditorium. The department invited three Alumni as speakers, Ms. Edina Roncon, Mr. Rahul Prabhudesai and Mr. Joel Dias to speak on the said theme. A total of 67 students from FYBA, SYBA and TYBA were present for the panel discussion.
5. The Department of Sociology Organized an Alumni meet for the ex-students on 14th August 2019 at 3.00PM to 4.00PM, a total of 25 alumni were present for the same. The aim of this meet was to provide a platform for the alumni to rekindle and reconnect to the department and help them in understanding how they could contribute towards the department.

#### 6. Human Right workshop

The Department of Sociology in collaboration with National Confederation

of Human rights organisation (NCHR) Goa unit organized a workshop on 'Human Rights' on 9th August 2019 at 2.30PM to 4.30PM. The aim of the workshop was to shed light on the idea of human rights and varied types of human rights violations. The workshop had three speakers namely Ms Joan Rebello, Ms Deepika D'Souza, Ms Lydia Menon all from (NCHR). The totals of 38 students (FYBA, SYBA, and TYBA) were present for the workshop. The workshop was very fruitful as the speakers used participatory method.

7. The Department of Sociology in collaboration with Directorate of Visiting Research Professors Programme, D. D Kosambi chair professor in interdisciplinary studies, Goa University organised a guest lecture on 'Framing 'Technology and Society': From Colonial to Digital India' by Professor Dhurv Raina (Professor at JNU, New Delhi and visiting Professor at university of Cambridge) on 23 September 2019 at 10.30AM to 11.30 in lower auditorium a total of 105 people consisting of Principal Dr. N. N. Sawant, Dean of Social Sciences, Dr. Debashish Majumdar, faculty and students attended the same.
8. The department of sociology organised the 4th edition of Goenkarponn 2020 an inter higher secondary event on 28th January 2020. A total of six higher secondaries participated namely St. Alex Higher Secondary School, Curtorim, Harmal Panchkroshi Harmal, CTN Higher Secondary Curchorim, Cuncolim United Higher Secondary, Maria Bambina Higher Secondary School Cuncolim. The chief Guest for the event was Mr. Devidas Gaonkar who is a journalist and tribal activist from Goa. This event was coordinated by the faculty from the Department Ms. Sayali K. Gaunkar under the guidance of head of the department Dr. Sachin Savio Moraes. There were total of eight competitions like folk dance, quiz,

fashion show, sweets, feast and festivals, street play, current issues, flag painting. First place for the event was bagged by Cuncolim United Higher Secondary School and runner's up was HarmalPanchkroshi Higher Secondary School HarmalPernem.

9. The Department of Sociology organised a talk in association with Goa University Directorate of Visiting Research Professor Programme Nana Shirgoankar Chair in Indian Music. on the topic 'Women in Gandhian Satyagraha' on 1st February 2020 in the lower Auditorium from 11:00 am to 12:30pm by Prof. Vidhya Shah. There were 85 students present in total from the college.
10. The Department of Sociology organized a field trip to Marle and Baddem Villages of the Cotigao Wild life sanctuary-Canacona, on 7th and 8th March 2020, for its Qualitative Research Course and other students of Fy, Sy, Ty, along with two teachers from the department i.e. Dr. Sachin Savio Moraes and Ms. Sayali Desai Gaunkar took part in this field trip. This field trip was overnight community stay with the Velips of Marle Village and a Day long trek to the make shift village of Baddem-Dando. The main objective was to understand the life style, and varied facets of their culture and traditions of the Velip Community. The local help for this field trip was rendered by Mr. Devidas Gaonkar a social activists and News reporter.
11. The department of Socioloigy organized the first edition of its inter-collegiate event 'SOCIUS' meaning companionship on the 14th of March 2020 in the lower auditorium. A total of 40 students from three colleges participated in the event that began at 10.00 am and ended at 1.00 pm. The day saw a total of three paper presentations by the students of

participating colleges.

### **Community Outreach Programmes**

1. Agricultural drive at Pisonyar Village in Qupem Taluka: Students had to interact with the villagers and learn about their village agrarian setup, they also had to learn about the process of growing paddy crops by doing it themselves along with the villagers. The students also had to understand the agrarian structure of rural society. The total of 47 students along with faculty Ms.Sayali K Gaunkar visited the place. The students thus helped the villagers in the paddy cultivation process.
2. Panchayat Welfare Development: The students from the department of Sociology collaborated with a total of 10 panchayats i.e. Xeldem, Davorlim, CurtiPonda, Raia, Navelim, Velsao, Guirdolim, Balli, Nuvem Benaulim and Orlim. A total of 50 students in a group of five students adopted a panchayat to work. The students took up the following works during the period of 1st August 2019 to 15th September 2019.
  - a. Swatch Bharat Abhiyan
  - b. Survey for Conducting Sanitation check of the village
  - c. Survey of old age count in the village
  - d. Computer Coaching to the kids of Nuvem Panchayat
  - e. Street Play for Villagers to spread the message on Swatch Baharat Abhiyam
  - f. Cleanliness drive by the students
3. The Paper bag project: The Human Club of the department undertook the paper bag project. The project ran for the period between 1st September till 5th December 2019. During this period a total of 30 students created 14, 500 paper bags to be distributed in the Margao-Market, amongst the 30 students, three students created total of 300 cloth bags. The aim of this

- G. Student Progression
- H. Community Outreach activities
- I. Green Initiatives

#### A. ACTIVITIES CONDUCTED: 07

- 1) **World Mangrove Day Celebration:** The department of Zoology, along with department of Geography and Botany of Parvatibai Chowgule College, in association with Mangrove Society of India, celebrated 'World Mangrove day' on Friday 26th July 2019. The Mangrove day Celebration, was planned to sensitise students of different age groups on various aspects of Mangroves viz. its biodiversity, its importance, consequences of its destruction and need for conservation of mangroves. Dr. Nandkumar Sawant, delivered a session on "Mangroves of Goa in Troubled Water – Mitigation Strategies". Dr. Nandini Vaz Fernandes spoke on 'Life Sans Mangroves', where she discussed the uniqueness of mangrove ecosystem highlighting the adaptations seen in the flora and fauna of mangrove ecosystem.
  - a. **Poster Competition:** Poster competition was held for School children of Class VIII, IX and X. The Theme of the competition was 'Importance of mangroves. 27 students from six schools participated in the poster competition. Every team had to give 'Slogan' on mangrove conservation.
  - b. **Painting Competition:** Painting competition on the theme 'Mangrove Ecosystem' was held for the students of Chowgule College.
  - c. **Photography Competition:** For the students of Botany, Geography and Zoology, photography competition was organised on the theme 'Mangrove Flora and Fauna'.
- 2) **INDUSTRY-ACADEMIA LECTURE SERIES OF CHOWGULE'S BIRDERS CLUB (CBC):** CBC organized Industry-Academia Lecture Series in Collaboration with Goa Forest Department, on 09th

August 2019. The event was attended by 157 students and teachers. The speakers of the event were Dr. N Palanikanth, Deputy Conservator of Forest (DCF) and Mr. Anand Jadhav, Assistant Conservator of Forest (ACF) of Forest Department, Government of Goa. Chief Guest of the function was Principal, Dr. Nandkumar Sawant. He spoke on the need to have such industry-academia interactions which give students opportunity to directly interact with experts on the field of wildlife.

- 3) **LAUNCH OF APP ON BIRD IDENTIFICATION:** The department of Zoology launched 'Bird ID App' at the hands of Principal, Dr. Nandkumar Sawant along with Dr. N Palanikanth, Deputy Conservator of Forest (DCF) on 9th August 2019. The app has around 65 birds listed on the campus by faculty of zoology department over past 05 years. The app is free and can be used by non-biologists too, as it gives the ID of birds by simple tags such as colour, beak length, leg length etc. The app can be downloaded from the link <http://www.fossclubgoa.com/chowgulefossclub/bird/web/>
- 4) **BIRDWALK OF CBC:** The Chowgule's Birder Club (CBC) organized its first bird walk for academic year 2019-2020 on 24th August 2019 at the Maina-Curtorim Wetland. A total of 17 student participants were accompanied by two faculty members (Mr. Stephen Jonah Dias; Dr. Nandini Vaz Fernandes).
- 5) **WILDLIFE STATE LEVEL QUIZ:** As a part of the 68th Wildlife week celebration, Forest Department of Govt. Of Goa, organised Quiz Competition for college students on 05th October 2019, in association with Department of Zoology of Parvatibai Chowgule College. Mr. Sanjay Waradkar, Dy. Conservator of Forest, Wildlife and Ecotourism, and 04 RFOs were present for the function.

project was to reduce the use of plastic and use alternatives that are eco-friendly. The project was lead by Dr. Sachin Savio Moraes.

4. International Women's Day-Menstrual Hygiene Programme and Awareness for Tribal Women of Marle Village in Cotigoa Wild life sanctuary : The Department of Sociology undertook a field trip to Marle Village in Cotigoa Wild life sanctuary-Canacona Goa on the 7th and 8th of March 2020. As part of our community outreach the students and teachers interacted with the Tribal village women. During the course of interaction through house visits, students and teachers created awareness of menstrual hygiene. The students and teachers then had a common programme for the women in the village headman courtyard and celebrated International Women's Day for the first time in the History of the Village. The students and teachers propagated the use of sanitary pads and also distributed the same by talking about the benefits.
5. Visit to Patients of Dillasa Centre of Palliative Care: A total of 41 Students spend 3 hours each on 1st and 2nd of February 2020 in the Pallative Care Home managed by Dillasa a non-profit organization duly supported by the Indian Medical Association at Ponda-Goa. The students interacted and shared time to understand the patients and their needs. The students got sensitized towards to need and welfare of the less fortunate section of society such as the inmates of this Centre.

**Dr. Sachin Savio Moraes**  
Head of the Department

## DEPARTMENT OF ZOOLOGY



The Department of Zoology of Chowgule College offers Undergraduate programme, to create Zoologists with sound knowledge of fundamental and applied Zoology and empower them with employability skills for placement in wildlife, Fishery, and pathological and genetic technician or as researcher. The department organizes various programmes / activities for the students focused on executing the mission of the department. The faculty members are actively involved in research activities and have contributed to knowledge in their respective fields through research publications and as resource persons for scientific associations. Department conducts academic activities to foster team spirit and enhance the soft skills. Academic activities such as industry-Academia lectures and workshops are part of the learning process of the department. The students are given ample opportunities to enhance their academic skills as well as soft skills through the co-curricular and extracurricular activities. Concern for the environment and responsibility towards the community is a virtue taught to the students. This year 05 research papers were presented / published and 02 best paper awards were received by the faculty. 05 research grants (ongoing and new) were received by faculty. Students' research projects were selected for the innovation competitions and bagged prizes. Students also received prizes for various subject related events. Report of the activities and achievements of faculty members and students for 2019-2020 is given below:

- A. Activities conducted: 07
- B. Faculty and Student Achievements: 06
- C. Research papers published /presented: 05
- D. Research Grants received/ongoing: 05
- E. Faculty / Student participation in Seminar/ conferences/activities
- F. Invited as resource person: 06



**6) WILDLIFE ESSAY COMPETITION:**

Forest department sought the expertise of Principal and team of 08 teachers from science section to judge the essays of essay competition for Schools in Goa, organised by Goa forest department. A total of 350 essays in English, Konkani and Marathi were evaluated by Ms. Amisha Pednekar, Ms. Padmini Panjikar, Mr. Stephen Dias, Ms. Gautami Manakikar, Ms. Madhu Balekai, Ms. Tessa Vaz, Ms. Prasanna Gaonkar and Dr. Nandini Vaz Fernandes.

**7) DHE SPONSORED CERTIFICATE COURSE:**

The Department of Zoology of Parvatibai Chowgule College, in association with Directorate of Higher Education, Govt. of Goa conducted a certificate course in "Wildlife Monitoring Techniques" from 05th December to 12th December 2019. The Chief guest of the function was Shri. Subhash Chandra IFS-PCCF, Goa forest Department and Guest of honour was Shri. Vipul Ghare, Asst. Director (Academics), Directorate of Higher Education (DHE)-Government of Goa. The course was coordinated by Mr. Stephen Dias and Dr. Nandini Vaz Fernandes and was funded by DHE, Govt. of Goa.

**8) SEMINAR ON IPR: IT'S RELEVANCE IN ACADEMICS FOR ZOOLOGISTS:**

The Faculty of Department of Zoology organized a Seminar on "IPR: It's Relevance in Academics for Zoologists" on 24th January, 2020 for the SYBSc students of the department. 33 students attended the seminar. The session was conducted by Dr. Nandini Vaz Fernandes, and Ms. Madhu Balekai.

**B. FACULTY AND STUDENT ACHIEVEMENTS: 06****1) Best Research Paper:**

- 1) **First Place:** Dr. Nandini Vaz Fernandes was awarded the First place for Best paper

presentation for her research work "Cytogenetic and Fluorescent In-Situ Hybridization evaluations in Prognosis of Chronic Myeloid Leukemia" at the National seminar on 'Current trends in Identification and Diagnosis' organised by Govt. College Khandola on 10th December 2019 in collaboration with Directorate of Higher Education, Govt. of Goa. A total of 52 papers were presented.

- 2) **First Place:** Research paper 'Impact of Some Anthropogenic Activities on Mangrove Biodiversity - Case Study from Goa' Presented by Ms. Madhu Balekai, Dr. Nandini Vaz Fernandes and Prasanna Naik Gaonkar at National Conference on "Wetland Ecosystem, Biodiversity Conservation and Management", bagged the first place. The conference was conducted by NVV Arts, Commerce and Science College, Lanza, Maharashtra, on 2nd February 2020 in association with 'Mangrove Society of India' and 'Mangrove & Marine Biodiversity Conservation Foundation of Maharashtra'. A total of 50 research papers were presented at the conference by researchers from colleges and universities.

- 3) **Gold Medal in Zoology:** Ms. Prasanna Naik Gaonkar faculty of the Zoology Department was awarded the 'Zoology Department Gold Medal' at the hands of Prof. Varun Sahani, Vice Chancellor of Goa University, for obtaining highest marks in Zoology at M.Sc.

**2) Innovation Competition:**

- i) Miss Tessa was awarded first place as best promising idea 'BAG 4 LIFE' along with her group members. The business idea canvas mainly aimed at solving an existing problem and turning it into a business. Mr. Abhiraj Singh Bhatti was also awarded for his promising idea 'Fazenda de peixe' for the same event. Both of them were



felicitated at the 18th international Entrepreneurship Forum (IEF) conference on Entrepreneurship as a social movement held on 13th and 14th December 2019 at Sanskruti Bhavan Goa, at the hands of DHE Director Shri. Prasad Iolayenkar.

- ii) **Selected for Goa Waste Management Hackathon:** Ms. Valanca Fernandes, Elrica Coutinho, Prapti Nayak, Akshaya Karekar and Simona Fernandes, students of TYBSc Zoology, guided by Dr. Nandini Vaz Fernandes were selected to be part of 'Goa Waste Management Hackathon' organized by the Goa State Innovation Council. The students 'Innovative idea' on Solid Waste Management and disposal in Goa was selected for presentation at the Hackathon held on 18th & 19th of Feb 2020 at Don Bosco College of Engineering, Fatorda..
- iii) **Selected for 'KALPAK' Poster Presentation:** Research project of Ms. Valanca Fernandes and Ms Elrica Coutinho guided by Dr. Nandini Vaz Fernandes, was selected by the DHE, Govt. of Goa, to be presented at 'KALPAK' poster presentation organized on the 26th of February to 28th February 2020 to commemorate Science Day. The students presented their work on "Efficacy of Microbial Consortium on Composting of Organic Material" at the KALPAK event.
- 3) **Zoology Fest winners:** The zoology department of Parvatibai Chowgule College of Arts and Science were crowned as "second runner's up at the inter collegiate event "Zoo Manthan 2020", organised by Government College of Arts, Science and Commerce, Sanquelim. The events were:
- 4) **Green Teachers:** Dr. Nandini Vaz Fernandes, Ms. Madhu Balekai, Ms. Amisha pednekar and Ms. Divyarani Rivonkar, were designated as 'Green Teachers' and were granted fund by Govt. Of Goa for organising green initiatives on

the campus and community for the academic year 2019-2020. Objective of this programme is to stimulate environment awareness.

#### C. RESEARCH PAPERS PUBLISHED / PRESENTED: 05

1. Fernandes NV(2019). Bioaccumulation of heavy metals from mining effluents in the tissues of Puntius narayani. Journal of Human Ecology, 68(1-3): 195-202 (2019) ISSN:0970-9274.
2. Sawant N N and Fernandes NV (2019) Institutional Strategies for making Graduates more Employable- A study, International Journal of Education Science 241 (1-3) 34-42 ISSN:2456-6322.
3. D' Souza A and Pai IK(2019). A comparative study on dragonfly diversity on a plateau and an Agro-ecosystem in goa, India. Journal of threatened Taxa. 11(8).pp14010- 14021. ISSN: 0974-7907.
4. Fernandes NV (2019). "Cytogenetic and Fluorescent In-Situ Hybridization evaluations in Prognosis of Chronic Myeloid Leukemia". Paper presented at National seminar on 'Current trends in Identification and Diagnosis' organised by Govt. College Khandola in collaboration with Directorate of Higher Education, Govt. of Goa, on 10th Dec 2019.
5. Balekai M, Fernandes NV, Vaz T and Naik Gaonkar P (2020). Impact of Some Anthropogenic Activities on Mangrove Biodiversity - Case Study from Goa." Paper presented at National Conference on "Wetland Ecosystem, Biodiversity Conservation and Management", organized by NVV Arts, Commerce and Science College, Lanza, Maharashtra, in association with 'Mangrove Society of India' and 'Mangrove & Marine Biodiversity Conservation Foundation of Maharashtra' on 2nd – 3rd Feb 2020.
6. Manakikar G, Talavnekar P D'Costa

K(2020). "A study on spider diversity of Divar island". Online International Conference on Biodiversity Conservation and Tourism jointly organised by Shikshan Vikas Mandal's Shri. S. H. Kelkar College of Arts, Commerce and Science in Association with Joint Director Office, Higher Education, Konkan Region, Panvel on 17th May, 2020.

#### D. RESEARCH GRANTS:

- i) Stephen Dias and Nandini Vaz Fernandes received Grant from Directorate of Higher Education, Govt. of Goa for conducting 'Certificate course in Wildlife Monitoring Techniques' from 05th December to 12th December 2019.
- ii) Dr. Nandkumar Sawant and Dr. Nandini Vaz Fernandes received a grant from MHRD- supported Centre of Excellence in Science and Mathematics Education (COESME) IISER Pune, for organizing Regional level workshop, on Research Based Pedagogical Tools (RBPTs) for Undergraduate Science Teachers from 5th to 7th March, 2020.
- iii) **Interdisciplinary Project:** Dr. Nandini Vaz Fernandes and Dr. Nandkumar Sawant received Project grant from Goa Forest Department, Govt. of Goa for preparing Management Plan for Bondla Wildlife Sanctuary.
- iv) **Interdisciplinary Project:** Dr. Nandini Vaz Fernandes and Dr. Nandkumar Sawant, along with team members Mr. Wendham Gray and Mr. Castor Goudinho, received Project grant from Goa Forest Department for Project on 'Wildlife Activity monitoring' App development.
- v) **Ongoing:** Dr. Nandini Vaz Fernandes has an ongoing research project on "Evaluation of Effectiveness of Methodologies Used in

Conducting Practicals of Graduate and Undergraduates Courses in Biological Sciences", Funded by DST – DHE.

#### E. PARTICIPATION IN SEMINARS / WORKSHOPS / CONFERENCES

- 1) Dr. Nandini Vaz Fernandes attended 'International Conference on 'Issues and Challenges in Doctoral Research' (ICICDR-2019) on 25th and 26th August 2019, organized by Goa University along with ITM Gwalior.
- 2) Dr. Nandini Vaz Fernandes and Ms. Madhu Balekai participated in the 'Eco Training workshop' under the aegis of 'National Green Corps, held on 30th September 2019, at Ravindra Bhavan Margao Goa organised by DHE-Govt of Goa.
- 3) Dr. Nandini Vaz Fernandes visited Indian Institute of Science Education and Research (ISSER) Pune from 26th to 29th November 2019, for the purpose of research on Practical pedagogy in biological sciences, funded by Directorate of Higher Education, Govt. of Goa.
- 4) Ms. Gautami Manakikar along with 25 students attended Manohar Parrikar Vidyan Mahotsav, organized by the Department of Science, of Science, Technology & Waste Management, Government of Goa on 13th December 2019 at Ravindra Bhavan, Margao.
- 5) Dr. Nandini Vaz Fernandes and Mr. Vrushab Mhapsekar attended National seminar on 'Current trends in Identification and Diagnosis' organised by Govt. College Khandola in collaboration with Directorate of Higher Education, Govt. of Goa on 10th Dec 2019.
- 6) Ms. Gautami Manakikar, along with 07 students attended the 3rd Bird Festival of Goa organized by the Goa Forest Department from the 17th -19th January 2020 at Valpoi, Sattari.

- 7) Ms. Madhu Balekai, attended a Short Term Course titled "Workshop on MOOCs, e-Content Development and Open Educational Resources" organised by HRDC, Goa University from 17th to 23rd December 2019.
- 8) Dr. Nandini Vaz Fernandes, Faculty from Department of Zoology, attended Short Term Course on "Challenges in Higher Education" organised by HRDC, Goa University from 17th to 23rd December, 2019.
- 9) Ms. Tessa Vaz along with two students from the TyBsc Mr. Abhiraj Singh Bhatti and Ms. Prachi Talavnekar attended conference on 'Entrepreneurship as a social movement' on 13th and 14th December 2019 at Sanskruti Bhavan Goa, organized Directorate Of Higher Education Govt of Goa.
- 10) Dr. Nandini Vaz Fernandes, Balekai Madhu and Gaonkar Prasanna attended National conference on "Wetland Ecosystem, Biodiversity Conservation and Management" organized at NVV Arts, Commerce and Science College, Lanza, Maharashtra on 2nd and 3rd February 2020.

#### **F. INVITED AS RESOURCE PERSON:**

1. Dr. Nandini Vaz Fernandes was invited as Plenary Speaker for National Conference, on "Wetland Ecosystem, Biodiversity Conservation and Management" organized at NVV Arts, Commerce and Science College, Lanza, Maharashtra on 2nd and 3rd February 2020. She delivered a session on "Role of Academicians in Conservation of wetlands and Biodiversity."
2. Dr. Nandini Vaz Fernandes was Chairperson for National Conference, on "Wetland Ecosystem, Biodiversity Conservation and Management" organized at NVV Arts, Commerce and Science College, Lanza, Maharashtra on

2nd and 3rd February 2020.

3. Dr. Nandini Vaz Fernandes was the resource person for the workshop organized by IQAC on "Academic Writing and Integrity" for the new faculty members on 7th January, 2020..
4. Dr. Nandini Vaz Fernandes was the resource person for the workshop on "research Methodology", organized for LifeScience Students of Parvatibai Chowgule College, on 12th July 2019.
5. Dr. Nandkumar Sawant, Dr. Nandini Vaz Fernandes and Mr. Andrew Baretto, under the aegis of MOU with Carmel College for Women, Nuvem conducted a Workshop on "Using Bloom's Taxonomy in Teaching Learning" on 18th October, 2019.
6. Dr. Nandini Vaz Fernandes was the resource person for the seminar on "IPR in Academic", organized for Faculty members of Parvatibai Chowgule College, on 14th December 2019.
7. Dr. Nandini Vaz Fernandes and Ms. Madhu Balekai were the resource persons for the Seminar on "IPR – Its relevance in Academics for Zoologists", organized students of Parvatibai Chowgule College, on 24th January 2019.
8. Dr. Nandini Vaz Fernandes was the resource person for 7 Day Faculty Development Programme on "Institutional Benchmarking of Best Practices" organized by IQAC of DPM's Shree Malikarjun & Shri. Chetan Manju Desai College Canacona from 8th -14th June 2020.

#### **G. STUDENT PROGRESSION**

This year, 02 students secured admission in Foreign Universities in Netherland and UK. 13 students obtained PG admission in top universities in India and 09 Students got admission to PG courses in Goa. Some of the universities students were inducted in are

Groningen University Netherland, University of Reading, UK, and Ramaiah University of applied Sciences, Institute of clinical research. Mumbai etc.

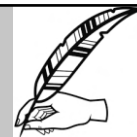
For the GUART exam (2019-20): Rank 1 to 8 was secured by students of Zoology department of Chowgule College. A total of 09 students of Zoology cleared the GUART entrance exam.

#### **H. COMMUNITY OUTREACH:**

Community Outreach activities By Department of Zoology: As part of social responsibility, the TYBSc students carry out community outreach activities every year since 2017, under the guidance of all the faculty members of the department. 12 community outreach activities were carried out by faculty and students of department of Zoology. As a part of Institutional social responsibility, the college participated in the Mop Up Day(MUD) of monitoring Deworming of children at various schools in association with the health officers of 'Urban health Centre' Margao Goa. Ms. Tessa Vaz. Ms. Madhu Balekai and Dr. Nandini Vaz Fernandes coordinated the programme. Faculty members of Chowgule College along with medical officers, monitored the MUD activities in Anganwadis, Schools and higher secondaries on 16th August 2019. Other community outreach activities undertaken include beach cleaning and awareness on importance of marine life, Awareness on the plastic pollution, importance of physical fitness, Awareness on the importance of personal hygiene, Awareness on Malaria and Dengue, motivation campaign for blood donation, road safety awareness, Government schemes for SC/ST population.

24 green initiative awareness activities were conducted by students under the guidance of Dr. Nandini Vaz Fernandes, Ms. Madhu Balekai, Ms. Tessa Vaz and Ma. Gautami Manakikar.

## **DEPARTMENT OF BIOCHEMISTRY**



The Department of Biochemistry began the academic year with 20 students in F.Y.BSc, 19 in S.Y.BSc and 14 in T.Y.BSc. the current T.Y.BSc batch would be the second batch to pass out under autonomy.

Three students of the Batch of 2018-19 are currently pursuing their Masters in Biochemistry at Goa University.

#### **FACULTY ACHIEVEMENTS**

##### **I) DR. ADUJA NAIK, ASSISTANT PROFESSOR IN THE DEPARTMENT OF BIOCHEMISTRY**

J. Vijayasanthi, Sachin R. Adsare, Archana G. Lamdande, Aduja Naik, K. S. M. S. Raghavarao. G. Prabhakar (2019) Recovery of proteins from coconut milk whey employing ultrafiltration and spray drying. Journal of Food Science and Technology 57, 22–31(2020) <https://doi.org/10.1007/s13197-019-04025-9>. Journal of Food Science and Technology ISSN: 0022-1155 (listed in SCI expanded). Publisher: Springer. Impact factor: 1.85

##### **II) MS. SARAH T. MESQUITA**

Ms. Sarah T. Mesquita, Assistant Professor of the Department, has successfully cleared the State Eligibility Test (SET) that was held in the month of June 2019.

#### **FACULTY ACTIVITIES**

- A. Dr. Supriya N. Prabhu Khorjuvenkar was are source person for the theoretical and practical session 'Fermented products from Coconut & Cashew apples' held on 26.02.2020 for the short term training course on 'Entrepreneurial opportunities in Fermented Food technology' funded by DHE, Goa held from 24th to 29th February 2020 at Parvatibai Chowgule College of Arts and Science Autonomous, Gogol, Margao Goa.



- B. Dr. Aduja Naik was a source person for the theoretical and practical session on the 'Chemistry of Bread Making' held on 25.02.2020 for the short term training course on 'Entrepreneurial opportunities in Fermented Food technology' funded by DHE, Goa held from 24th to 29th February 2020 at Parvatibai Chowgule College of Arts and Science Autonomous, Gogol, Margao Goa.
- C. Dr. Supriya N. Prabhu Khorjuvenkar, Ms. Bhavya Bhat & Ms. Sarah T. Mesquita participated in a Technical workshop on Basic Molecular Biology Laboratory Tools and Techniques organized by BITS BIRAC BioNEST at BITS Pilani Campus from 9th – 13th July 2019.
- D. Dr. Supriya N. Prabhu Khorjuvenkar attended Master Class IX, of the Master Class Series on the topic 'Would Technology help in making students better learners'? Organized by DHE on 13th February 2020 at Panjim, Goa.
- E. Dr. Supriya N. Prabhu Khorjuvenkar & Ms. Sarah T. Mesquita attended a DBT funded Regional workshop on Research Based Pedagogical Tools held at Parvatibai Chowgule College of Arts and Science Autonomous, Gogol, Margao Goa from 5th – 7th March 2020.
- F. Dr. Aduja Naik was invited to talk on "Nutrition" on 27th September 2019 on the occasion of 'Poshan Maah' (nutrition month) that was celebrated by National Service Scheme (NSS) unit of Parvatibai Chowgule College.
- G. Ms. Sarah Mesquita and Dr. Aduja Naik attended a 2-day workshop on "Membrane Processes for Application in Food, Water and Health Sector". The workshop was held on 31st Jan & 1st Feb, 2020 in the BITS BIRAC BioNEST Incubator, BITS, Pilani K.K Birla Goa Campus.

## DEPARTMENTAL ACTIVITIES

- A) Dr. Aduja Naik along with Ms. Madhavi Motankar coordinated a Leadership Training Camp that was organized for the FY students (B.A. and B.Sc.) of Parvatibai Chowgule College on 28th and 29th June 2019 by M. R. Pai Foundation and Forum of Free Enterprise, Mumbai. The objective of the program was "building good citizenship". The resource persons were Mr. Rajiv Luv and Mr. Vivek Patki who are eminent corporate trainers. Various activities like games, lectures, team activities, etc. were carried out for two days after which the students felt truly motivated and confident about themselves. The event was a great success benefiting 80 students, some of which saying that the program helped them to "realize our true potential" and "finding the right direction in life" It was jointly organized by the Biochemistry and Biotechnology departments.
- B) The second years students enrolled for the Skill Enhancement Course – Food and Fermentation Technology along with their course coordinator, Dr. Aduja Naik visited the facility of Paul John Whisky Distillery, Cuncolim, Goa on 20th September 2019. The visit to the facility was to understand the process of making single malt Whiskey. Prior to commencing the tour of the facility, the Visitor Centre Guides briefly introduced the company, their product and their vision. As an aid to the unacquainted, a concise explanation about Whisky as a product was also given.
- C) The Departments of Biochemistry and Biotechnology of Parvatibai Chowgule college of Arts and Science, Margao, Goa organised Directorate of Higher Education, Goa sponsored short-term training course on "Entrepreneurial Opportunities in Fermentation Food Technology" from 24th to 29th February 2020 in the college premises. A total of 25 under-graduate science students participated in the training

course. The objective of the workshop is to develop entrepreneurial spirit among participants for inspiring them to set up their start-up and to take up improved formulations from traditional fermented food products. Resource persons from various fields were invited to deliver lecture and give hands on training in their expertise such fruit wine making, bread making, production of fermented products from Cashew and Coconut, Yogurt and Curd making, Probiotic product development, Food Safety Compliance, Business Model Canvassing and Intellectual Property Rights. Dr. Aduja Naik, Assistant Professor, Department of Biochemistry, was the convener of the short-term course.

- D) A study tour was organized by Dr. Aduja Naik to Nanu farms, Sulcorna, Quepem on 15th February 2020, as a part of the skill enhancement course- Food and Fermentation Technology (Biochemistry). A total of 47 students from Departments of Zoology, Chemistry and Botany attended this study tour. Several processes such as Neera collection, vinegar production, coconut sugar production, manufacture of Virgin Coconut Oil and various other processes involved in the production of value-added products from agricultural produce from the farm were explained to the students as they visited the facility.
- E) Dr. Supriya Prabhu Khorjuvekar, along with the T.Y. students of Biochemistry visited the Sewage treatment plant at Santa Inez, Panjim as a part of their environmental biochemistry course curriculum on 18th September 2019. The Panjim sewage treatment plant treats sewage water of 14-15 MLD (Millions of Liters per Day) volume into clean water that is safe to be discharged back into the environment. Students were able to observe, grasp the knowledge and learn about different stages of water treatment and the technology of using various filters and chemicals as well in detail.

## N.C.C. REPORT



### INFANTRY WING

This academic year we completed our enrollment in full strength and conducted first Parade on Friday, 26th July, 2019. This year the NCC cadets strength was reduced to fifty six cadets. We enrolled 26 new cadets in Infantry Wing as per the vacancy.

Our cadets participated in "The International Day of Yoga" on 21st June, 2019 held in our college.

On 15th August, 2019 we conducted our first Ceremonial Parade. Major Dr. Gunaji Sadanand Desai was the Parade Commander. Newly enrolled cadets were given "Promise Parade Oath". The cadets were also given 'Anti-Dowry Oath & Anti-Corruption Oath' by Major Dr. Gunaji Sadanand Desai.

On 23 August 2019 a Seminar was held in the Lower Auditorium of the Parvatibai Chowgule College of Arts and Science (Autonomous). The Seminar was to enlighten the students about the avenues available for students to join the Indian Air Force. The Guest speaker for the day was Wing Commander Fernando Da Costa who was given the task of providing us with the immense knowledge that he had acquired over his years of service. The aspirants included the college students and the enthusiastic NCC Cadets of the College.

On Sunday, 15th September 2019, monsoon trek was organized for the NCC cadets of College at Bhagwan Mahavir Wild Life Sanctuary, Collem – Goa. The trek was headed by Major Dr. Gunaji Desai, Cadet Senior Under Officer Bevilio Goes and Senior Under Officer Smyra Travassos. A local citizen Mr. Tukaram guided the trek.

A Talk was conducted on the topic 'CAREERS AND OPPURTUNITIES IN INDIAN NAVY' on

27th September 2019. The talk was undertaken by the two officers of Indian Navy namely commander Naga Bhushan N. and his team of Officers.

Every year the cadets eligible to answer their B and C certificates must attend at least one camp conducted by NCC. Many camps have a selection procedure for these camps. A total of 21 NCC cadets of the 2019-2020 batch of Parvatibai Chowgule College, attended the organised camps.

18 NCC Cadets attended Annual Training Camp organised at Peddem Sports Complex, Mapusa-Goa from 30th November 2019 to 09th December 2019. During this 10 days camp various activities related to NCC were conducted. Our cadets got prizes in various competitions conducted during this camp.

Cadets Mrugnayni Raikar, Shrutika Naik, Jesi Poomani, Afrin Sayed, Bernice Viegas, Kasia Dias, Shrinki Keshav Bhosle and Smyra Levi Travassos won the 2nd place in Group Singing and also participated in Rajya Raksha Mantri cultural program in this camp.

Cadet Swizen Gomes along with the above-mentioned achievements also won the 3rd Place in the Firing Competition.

Cadet Faiza Sanadi and Cadet Sanjana Sawant won 2nd place in Group Singing competition.

Apart from these cadets Indrajit Kollali, Namesh Naik, Amit Kumar Panda and Shashikant Parab also attended the CATC held at Mapusa Goa.

Cadet Soniya Sambhaji Rajai attended the second CATC held in the month of January at Peddem Sports Complex, Mapusa-Goa.

At Goa and Karnataka Group level Cadet Ratish Naik attended two camps; namely the Group RDC-1 held at Dharwad and the CATC and participated in Drill Contingent of Rajya Raksha Mantri and the RDC celebration at Campal Panaji.

Cadet Daksh Raikar attended the Group RDC-1 CATC and the Group RDC-2 which was held at

Belgavi, Karnataka.

Cadet Ashish Yadav attended the Group RDC-1, RCTC and the Basic Leadership Camp which was held at Mysore.

Cadet Valerie S.A. Fernandes attended the Basic Leadership Camp at Hubballi.

Senior Under Officer Bevilio Philip Goes attended the Army Attachment Camp organised by MEG Centre in Bangalore. The main motto of these camps was to instil values of understanding, respect, socialising and gaining knowledge in fields related to NCC and the Indian Army.

We conducted our second Ceremonial Parade on 19th December, 2019 on Goa Liberation Day. Major Dr. Gunaji Desai was the Parade Commander.

The third Ceremonial Parade was conducted on 26th January, 2020. Major Dr. Gunaji Desai was the Parade Commander.

Under Chalo School Mega Drive an Initiative of BMT Goa and our College, four cadets Sanadi Faiza, Travassos Smyra Levi, Namesh Naik and Shashikant Parab conducted special coaching classes for the students Govt. Middle School, Rumdamoll; Govt. Primary School, Motidongor; These cadets conducted Science Exhibition on 28th February, 2019 in all the above schools.

Last academic year seven cadet appeared for the C Certificate Exam in February 2019. Two cadets Cadet Senior Under Officer Guarda Breznev and Under Officer Chodankar Shubham got A grade and five cadets Senior Under Officer Naik Manthan, SGT Raikar Sampat, SGT Tarai Sanjay Kumar, Junior Under Officer Chimmalgi Vidhyashri and CQMS DSouza Maria Sevina secured B Grade. Whereas eighteen cadets appeared for the B Certificate Exam in February 2019. Out of those cadets seven Cadets got B grade and six Cadets got C Grade.

This year twelve cadets appeared for B Certificate Examination 2019 on 15th & 16th

February, 2020 and nine cadets appeared for C Certificate Examination 2019 on 22nd & 23rd February, 2020.

Major Dr. Gunaji Sadanand Desai attended Development of Village Disaster Management Plan held from 3rd to 5th October 2019 organized by National Institute of Disaster Management and Goa Institute of Public Administration and Rural Development.

Attended the workshop organized on Economic Development and Social Transformation through GPDP in Coastal States and Union Territories, which was conducted on 30th and 31st October 2019 at SIRD & PR Chennai.

This workshop was organized by the National Institute of Rural Development and Panchayati Raj, Hyderabad in collaboration with the State Institute of Rural Development and Panchayat Raj Tamil Nadu.

Attended the Training of Trainers (ToT) Program on Unified Panchayat Enterprise Suite (PES) Portal and other e-Panchayat Applications on 7th and 8th February, 2020 at ANSSIRD, Mysore.

Participated in the Certification (Orientation & Assessment) of Master Resource Persons organized by National Institute of Rural Development and Panchayati Raj, Ministry of Rural Development, Government of India and based on the Assessment recognized as Certified Master Resource Person in A Category for specified themes, whose services are recommended to be used by the States / State Institutes of Rural Development and Panchayati Raj / ETCs for Training & Capacity Building of Panchayati Raj Functionaries and Empowerment of Local Self Governments for Sustainable Rural Development.

Certified State Resource Person of (GIPARD) Goa Institute of Public Administration and Rural Development and National Trainer, DoT. Conducting sessions for elected representatives of Panchayati Raj and newly recruited Government officials of Government of Goa.

Award and Recognition given by Office of the Collector & District Election Officer, South Goa District felicitated on National Electoral day 2020 for the recognition of work rendered as Best Nodal Officer for South Goa District for the year 2019 -20.

Awarded Director General NCC Plaque for the meritorious work rendered as Associate NCC Officer. This special Award for creating Awareness in health, hygiene and sanitation among the NCC cadets of our state was handed over by Director General NCC in the presence of DDG NCC Karnataka & Goa, Training Officer DDG NCC office Karnataka & Goa.

Organized awareness programs on health, hygiene, sanitation and waste management for the Municipality Workers, Elected Panchayat Members and Teachers at various levels.

**Major Dr. Gunaji Sadanand Desai**  
In-charge NCC Infantry Wing



*"Keep your face always toward the sunshine—and shadows will fall behind you."*

**- Walt Whitman**



*"Extraordinary things are always hiding in places people never think to look."*

**- Jodi Picoult**



*"Setting goals is the first step in turning the invisible into the visible."*

**-Tony Robbin**



## NATIONAL SERVICE SCHEME (NSS)



### Report of Activities

NSS programme officers for the academic year 2019-2020 were Mr. Pradeep Jatal, Dr. Mayuri Naik, Mr. Ashish Ashwini and Mrs. Vanessa Colaco.

350 volunteers were enrolled for NSS for the academic year 2019-2020.

**21.06.2019**

#### International Day of Yoga

3 Workshops - Yoga sessions were conducted. 29 NSS volunteers participated in these sessions. A seminar was also organized for NSS volunteers in which 22 NSS volunteers had participated.

**28.08.2019**

#### Blood donation camp

A blood donation camp was organized in association with Indian Red Cross Society, Salcete Branch and Goa Medical College blood bank, Bambolim, Goa in the college campus. 120 students including NSS volunteers and staff participated in the camp and 63 units (60 NSS volunteers and other college students + 03 staff) were donated to GMC blood bank.

**30.08.2019**

#### India Post Payments Bank Financial Awareness Program

NSS volunteers attended the awareness program on postal banking and its benefits.

**September 2019**

#### Interactive session on "Nutrition"

113 NSS volunteers attended a talk on

"Nutrition" by Dr. Aduja Naik which was organized on 27<sup>th</sup> September 2019 to celebrate 'Poshan Maah' (Nutrition Month). This interactive session included the discussion on nutrition in adolescents, eating disorders in teenagers and diet during exams.

**02.10.2019**

#### 150<sup>th</sup> birth anniversary of Mahatma Gandhi

##### a) Swacchata oath

197 NSS volunteers along with 77 teaching staff, 36 non-teaching staff sworn Swacchata oath.

##### b) Talk on harmful effects of single use plastic

197 NSS volunteers along with 77 teaching staff, 36 non-teaching staff attended the talk delivered by Mrs. Amisha Shirodkar.

##### c) Shramdaan

197 NSS volunteers participated in the cleanliness drive by cleaning 2 wheeler parking area, four wheeler parking area, area near canteen, woods, and tiger activity centre in college campus.

**05.11.2019**

#### Rashtriya Ekta Diwas

Rashtriya Ekta Diwas (National Unity Day) was celebrated to mark the birth Anniversary of the *Iron Man of India*, Shri. Sardar Vallabhbhai Patel. Total 64 teaching and non-teaching staff attended the programme.

**13.12.2019**

#### AYUDH volunteer orientation session

103 NSS volunteers participated in the AYUDH (Awaken Youth, Unite for Dharma) orientation session. Mr. Shakti Prasad, management trainee in the office of youth empowerment, Amrita Vishwa Vidyapeetham, Amritapuri campus and Mr. Binal Kumar, management trainee in the office of youth empowerment, Amrita

university, Amritapuri campus oriented the NSS volunteers about AYUDH Youth Retreat 2019.

### **11.01.2020 to 17.01.2020**

#### **National Road Safety Week 2020**

##### **a) Survey of 2/4-wheeler vehicles**

NSS volunteers conducted a survey of 2/4-wheeler vehicles of 61 teaching and non-teaching staff, 10 people at gym and 170 students of the college from 15-17<sup>th</sup> January 2020.

##### **b) Poster competition**

31 NSS volunteers participated in the poster competition held on 17<sup>th</sup> January 2020 on the theme "Road safety". These posters gave a strong message about road safety.

##### **c) Road safety rally**

129 NSS volunteers along with NSS Programme officers actively participated in the road safety rally held on 17<sup>th</sup> January 2020. The rally aimed to spread the awareness through various posters and slogans about the road safety by compulsorily wearing helmets while riding 2-wheelers on the road.

### **January 2020**

#### **Swachhta Pakhwada**

##### **a) Swachhta pledge**

35 NSS volunteers took Swachhta pledge on 16 January 2020.

##### **b) Poster making and Slogan writing competitions**

10 NSS volunteers participated in Poster making competition whereas 15 NSS volunteers participated in Slogan writing competition conducted on 20 January 2020.

##### **c) Best out of waste competition**

03 NSS volunteers participated in Best out of waste competition held on 27 January 2020.

### **24.01.2020**

#### **National Voter's Day**

18 NSS volunteers took the Voters' Day Pledge along with NSS Programme officers.

### **26.01.2020**

#### **Republic Day Celebrations**

Flag hoisting was attended by NSS volunteers and 19 NSS volunteers participated in a Street Play performed in the college campus.

### **18.02.2020**

#### **Blood donation camp**

A blood donation camp was organized in association with Indian Red Cross Society, Salcete Branch and Goa Medical College blood bank, Bambolim, Goa in the college campus. 120 students including NSS volunteers and staff participated in the camp and 55 units (52 NSS volunteers and other college students + 03 staff) were donated to GMC blood bank.

### **06.03.2020 and 07.03.2020**

#### **Women's Day celebration**

55 NSS volunteers participated in Women's Day celebration held on 6<sup>th</sup> March 2020.

16 NSS volunteers participated in Women's Day celebration held on 7<sup>th</sup> March 2020.

### **22.03.2020 to 25.03.2020**

#### **Awareness on prevention of Corona virus – COVID-19**

45 NSS volunteers participated in Corona virus – COVID-19 Awareness programme through Social Media platforms such as Whatsapp, Facebook, etc. on 22<sup>nd</sup> March 2020.

35 NSS volunteers participated in Corona virus – COVID-19 Awareness programme through Social Media platforms such as Whatsapp, Facebook, etc. on 23<sup>rd</sup> March 2020.

32 NSS volunteers participated in Corona virus – COVID-19 Awareness programme through Social Media platforms such as Whatsapp, Facebook, etc. on 24<sup>th</sup> March 2020.

52 NSS volunteers participated in Corona virus – COVID-19 Awareness programme through Social Media platforms such as Whatsapp, Facebook, etc. on 25<sup>th</sup> March 2020.

**05.06.2020**

### **World Environment Day**

25 NSS volunteers participated in the Poster making event on the main theme as “Time for Nature” with sub themes being a) Environmental Awareness, b) Man-Environment relationship and c) Changing Environment and Natural disaster.

**21.06.2020**

### **6<sup>th</sup> International Day of Yoga**

#### **a) Online session on Yoga and Meditation**

NSS volunteers attended the online session on “Yoga and Meditation” conducted by Dr. Golda Vas via Google meet, on 20<sup>th</sup> June 2020.

#### **b) Yoga @ home, Yoga with family**

NSS volunteers participated in the “6<sup>th</sup> International Day of Yoga” on the theme “Yoga @ home, yoga with family” conducted by the Government of India, Ministry of Youth Affairs and Sports on 21<sup>st</sup> June 2020.

**23.06.2020**

### **Online workshop on Swachhta and Jalshakti**

24 NSS volunteers participated in a two hour online workshop on **Swachhta and Jalshakti** (Under Online Workshop on Swachhta Action Plan, an initiative by Mahatma Gandhi National Council of Rural Education) conducted by Dr. Mayuri M. Naik, NSS Programme Officer.

### **Beach Cleanup**

NSS volunteers took part in cleaning at Colva beach.

### **Campus Cleaning and Beautification**

Campus Cleaning drives were organized by NSS Unit in which NSS volunteers carried out cleaning in the various college premises.

### **Making of cloth bags**

NSS volunteers made several cloth bags to aid in the use of more of cloth bags over environmentally harmful plastic bags.

### **Dr. Mayuri Naik**

NSS programme officer



*“Thousands of candles can be lighted from a single candle, and the life of the candle will not be shortened. Happiness never decreases by being shared.”*



#### **- Buddha**

*“As we express our gratitude, we must never forget that the highest appreciation is not to utter words, but to live by them.”*

#### **- John F. Kennedy**



*“What we think, we become.”*

#### **- Buddha**

**DEPARTMENT OF PHYSICAL  
EDUCATION AND SPORTS  
MANAGEMENT  
"TIGERSPORTZ"**



The TIGERSPORTZ club system entered its successful tenth Year in June 2019. Nineteen regular sports clubs applied for re-affiliation in sporting activities such as Athletics, Badminton, Basketball, Boxing, Cricket, Chess, Cycling, Football, Futsal, Kabaddi, Marathon, Martial Arts, Power Sports, Tae Kwon do, Tennis, Tennikoit, Table Tennis, Volleyball and Zumba. Clubs such as Carrom, Yoga, E-Sports, Hockey and Handball didn't continue from previous year. Pencak Silat Club applied for temporary membership.

Chowgule Tiger Club Management Board (TCMB) established in 2017 was reconstituted for the year 2019-20 to coordinate all the Student governed clubs. Mr. Addi De Souza was appointed as faculty in charge of TCMB and Mr Sajid Syed as faculty in charge of various Clubs. Chairman and General Secretary of Students' Sports Council were given the responsibility of managing various sports clubs. All the affiliated clubs were categorised under five heads, Sports and related activities, Literary Activities, Cultural Activities, Social Outreach Activities and Life Skills Activities.

### **TIGER SPORTS COUNCIL**

On being authorised by Principal, Dr. Nandkumar Sawant Faculty adviser of students' affairs, Dr. Devashish Bagchi nominated following students in the Chowgule College Tigers Students' Sports Council for the academic year 2019-20.

Fernandes Valdo Felix, (for all PG Degree & Diploma students).

Tamang Dipesh (for all BVoc students).

Naik Sonal Pradeep, Gomes Gayle Maria and Dias Chrisneil Savio Anthony (TYBA).

Morajkar SayyoniLaxman, Prabhu Shravan Rajesh, Fernandes Kimberly Alda, Colaco

Alois, Behare Arya Uday and Moraes Medora (TYBSc).

Alvares Nayshirl Virgilia, Afonso Bakhita Clemy and D'Cruz Jeff Savio (SYBA).

Furtado Chloe Maria, Khan Hassan Nasir, Nandihalli Shahbaz Annu, Bhat Anirudh Krishnaraj and Naik Rushad Rajan (SYBSc).

Sanjeev Yamanappa Nayak Lamani, Lyventer Carl Fernandes, Maeve Psyche Fernandes and Bandodker Alisha Amarendra (FYBA).

Adhya Ajit Kamat, Wayne Lester Jason Fernandes, Radha Santosh Shirsat, Pathan Adnan Khan and Akshay Hanumanth Prabhu Velgunkar (FYBSc).

Naik Sonal Pradeep of TYBA and Alvares Nayshirl Virgilia of SYBA were appointed as Chairman and General Secretary respectively.

Tiger Sports Council organised Inter Class "TIGER SPORTS FIESTA 3.0" and Goan Traditional games, Basketball day, Strong women, Futsal departmental tournament, Table Tennis for the bonafide students of the college. Inter college Chess, Table Tennis, Futsal, Control Cricket, Strongman&Strongwoman events were organised for the students of other affiliated colleges of Goa University.

Along with team and individual events both for college students as well as students of other colleges the Sports council organised mass fitness events such as Fitness Test, Walkathon, Marathon, Campus Run for all members of college community.

The Sports council assisted various sports clubs in conducting routine club activities such as learn-a-skill, competitive training program, Internal events and inter collegiate events.

The Sports Council and various Sports Clubs also assisted the College Students' Council in organising TATHASTU 2K19.

A total number of 642 students registered for different clubs and 1500 students participated in various extracurricular activities organised by affiliated clubs in association with Students' Council, Students' Sports Council and Tiger Club Management board.

### **CHOWGULE TIGERS AT INTER COLLEGIATE SPORTS CHAMPIONSHIPS ORGANISED BY GOA UNIVERSITY**

College women swimming team won second place in the inter college championship.

College participated in women section only. Saachi Ajay Gramopadhye and Kiran Gurudas Shet Narvekar, both of SYBA (English Major) represented the college women team in Freestyle and back stroke sprints.

Saachi Gramopadhye won gold medals in 100 meters freestyle and 50 meters back stroke events while Kiran Shet Narvekar won silver medals in 100 meters freestyle and 50 meters freestyle events.

College men tennis team won second place in the inter college championship.

The college team was led by Joshua Aaron D'Silva of SYBVoc. Other members of the team were Shaikh Mohamad Ali, Simoes Cipriano, Da Costa Steve Junior (All TYBSc) and Madhav Suria Sinai Cuncolienar of TYBA.

College men table tennis team won third place in the inter college championship. The team was winner in previous two year's championships. The team was led by Jadav Nikhil Ajay of TYBSc. Other members of the team were Yash Nitin Naik of TYBA, Fernandes Valdo Felix of MSc IT, Bhat Anirudh Krishnaraj and Madhwani Mueen Mansoor Ali (both SYBSc)

College men cycling team won third place in the inter college Cycling championship.

The team was led by Sidharth Nath T S of TYBSc who secured first place and well assisted by Darshan Hosamani of FYBSc who secured second place in individual category. The other members of the team were Shaik Sahil Muzawar (SYBSc), Lotlikar Sairaj Mahesh (TYBSc) and Mark Rodrigues (FYBSc).

In the men section of inter college Tae Kwon Do competition, Alistair Theodosio Silveira Souza of TYBSc won silver medal in below 63 kg weight category Tamang Dipesh of TY BVoc won silver medal in in below 58 kg weight category, Alexander Rodrigues of TY BSc won bronze medal in below 87 kg weight category. In the women section, Sonal Desai of SYBSc won bronze medal in below 53 kg weight category, Aloma D Silva of FYBSc won bronze medal in below 53 kg weight category, Alvisha Colaco of FYBSc won bronze medal in below 49 kg weight category and Delinka Genoviva of FYBSc won bronze medal in below 63 kg weight category.

In the inter college best physique (Body Building) competition, Nikhil Prabhu of SYBSc

won silver medal in up to 70 kg weight category and Deepraj Desai of SYBVoc won silver medal in up to 65 kg weight category.

### **CHOWGULE TIGERS AT INTERCOLLEGIATE SPORTS EVENTS ORGANISED BY OTHER INSTITUTIONS**

College team won second place in inter college sports event 'Helios 2.0' organised by Shree Damodar College of Commerce and Economics, Margao, goa.

D' Costa Grizel Hanselia of SYBA won second place in inter collegiate "strong woman" competition.

Sidharth Nath T S of TYBSc participated in All Goa Open Cycling Road Race organised by Guirdolim Sports Club and clinched a Gold Medal in college student's category.

### **CHOWGULE TIGERS AT THE STATE / NATIONAL LEVEL SPORTS CHAMPIONSHIPS.**

Gramopadhye Saachi Ajay of SYBA participated and won a silver medal in 100 mtrs freestyle swimming at Khelo India National Games in under 21 age category held at Guwahati, Assam. She also participated in Senior National Aquatics Championship held at Bhopal, Madhya Pradesh.

Shet Narvekar Kiran Gurudas of SYBA participated and won a bronze medal in 100 mtrs freestyle swimming at Khelo India National Games in under 21 age category held at Guwahati, Assam.

Furtado Chloe Maria of SYBSc participated in National Pencak Silat Championship held at Bhopal, Madhya Pradesh. She also participated in 1st Goa State Pencak Silat Beach

Championship and secured gold medal in 74 weight category.

D'Souza Daniella Joaquina of SYBA participated in National Rugby Tournament held at Patna, organised by Rugby India.

Laishram Lanleima Devi of SYBA participated in Goa State Gymnastic Championship and won silver medal.

Alambatta Agildas of TYBSc represented Goa University in cricket at West Zone Inter Varsity Cricket Championship held at Gwalior, Madhya Pradesh.

Rivonkar Shubham Chandrashekher of SYBSc participated at 1st Inter State South and West Zone combined mixed team badminton tournament held at Chittapur, Kalaburghi, Karnataka.

### **DR. DEVASHISH BAGCHI**

Dr. Devashish Bagchi, College Director of Physical Education and Head of the Department of Physical Education and Sports Management, was invited as an expert for penal discussion on 'Wholistic development through Physical Education' at the International Conference in Physical Education and Sports Sciences organised by S.S. Dempo College, Cuzira, Bambolim, Goa and Govt. College of Arts, Science and Commerce, Sanquelim, Goa in collaboration with Directorate of Higher Education and National Association of Physical Education and Sports Sciences (NAPESS). He was a member of Chowgule College staff futsal team that finished runners up in All Goa Inter Collegiate Staff Futsal Tournament organised by Chowgule college jointly with MES College Zuarinagar.

He was Chief Guest at the annual sports day functions of Bloomz International School, Raia, Goa, Little's School, Fatorda, Goa and Smartians, Aquem, Margao, Goa.

He was Chief Guest at the inauguration ceremony of Goa State Gymnastic Championship organised by Krida Bharati, Goa.

Besides overseeing the activities of Department of Physical Education and Sports Management, Dr. Devashish Bagchi was also appointed Faculty Adviser of Students' Affairs, Convenor of College Anti Ragging Committee, College Extracurricular Activity Committee, College Disciplinary Committee, Students' Leave Committee and Gender Champion Committee. He is a member of College Internal Quality Assurance Cell and member of Academic Council of the college.

He was elected unanimously as the President of Association of College Directors of Physical Education of Goa (ACDOPEG). He is the national coordinator (Academics) of All India Council of Physical Education (AICPE) and Life Member of National Association of Physical Education and Sports Sciences (NAPESS). He is Chairman of Indian Study Circle of Physical Education and Sports Sciences (ISCOPES) and President of Goa Study Circle of Physical Education and Sports Sciences (GSCOPES).

### **SUDESH SURESH MANJREKAR**

Mr. Sudesh Manjrekar, Multi-tasking staff working at the Department of Physical Education and Sports Management, participated in Chowgule Futsal League 2019 organised by Chowgule Sports Centre. He was also a member of Chowgule College staff futsal team that finished runners up in All Goa Inter Collegiate Staff Futsal Tournament organised by

Chowgule college jointly with MES College Zuarinagar. He was awarded Man of the Match in the finals. He also represented Department of Computer Science at the Inter Departmental Futsal Tournament organised by Tiger Futsal Club. Besides working meticulously within the Department of Physical Education and Sports Management (DPSM), Sudesh Manjrekar accompanied all the college sports teams for various inter collegiate sports tournament organised within Goa State and assisted Students' Sports Council and affiliated Sports Clubs of the college in conducting internal events and activities.

**DR. DEVASHISH BAGCHI,**  
College Director of Physical Education  
& Head Of The Department.



*"Once you replace negative thoughts with positive ones, you'll start having positive results."*

**- Willie Nelson (Musician)**



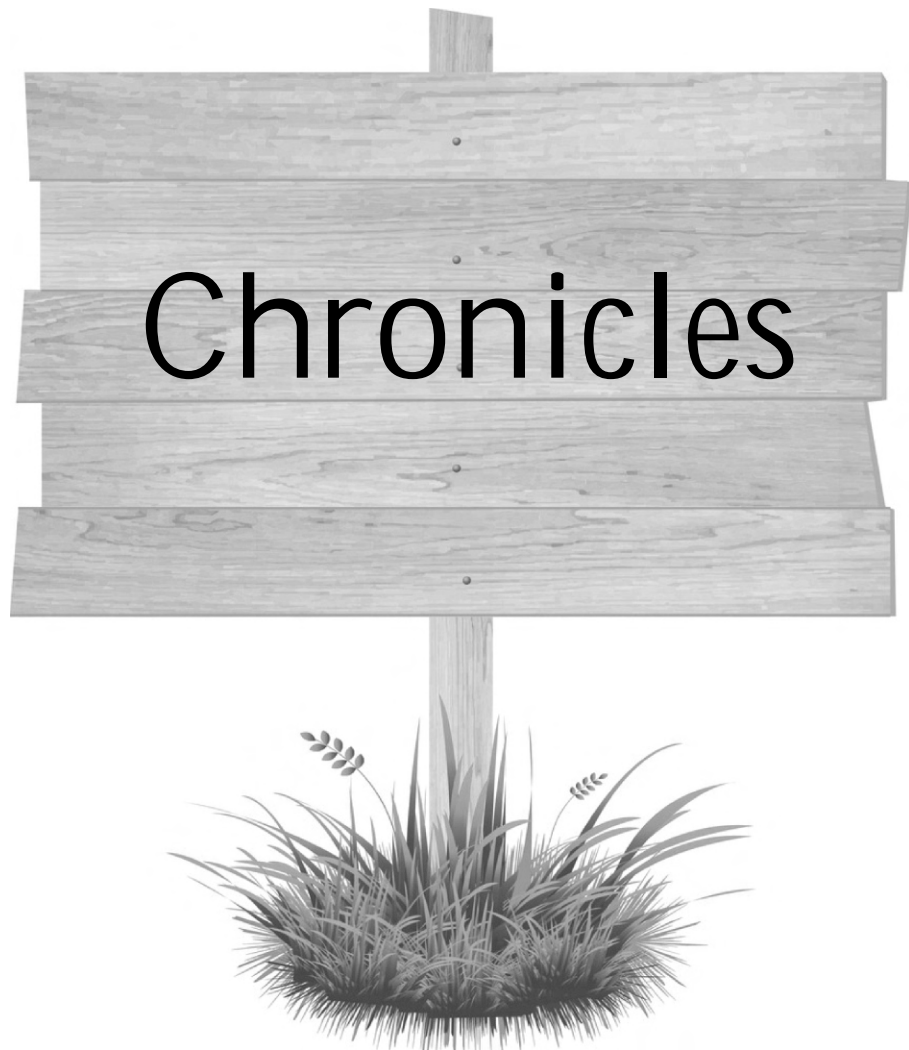
*The great thing in this world is not so much where you stand, as in what direction you are moving.*

**- Oliver Wendell Holmes**



*No matter what people tell you, words and ideas can change the world."*

**- Robin Williams**





## CHRONICLE



### June 2019

- 19th June to 21st June - Orientation program conducted by college for F.Y.B.A/B.Sc/B.Voc.
- 21st June - "The International Day of Yoga" celebration.
- 23rd June - Department of Konkani celebrated Shenvoi Goemab Jayanti.
- 28th and 29th June - Dr. Aduja Naik along with Ms. Madhavi Motankar coordinated a Leadership Training Camp that was organized for the FY students (B.A. and B.Sc.) of Parvatibai Chowgule College.

### July 2019

- 3-8th July - Mr. Aresh Naik, faculty from the Department of Psychology conducted a session on 'Suicide Prevention' at the 4th annual 'Counselling in Clinical Practice (CICP)' workshop, organized by Antarman at Panjim, Goa.
- 7th July - Dr. Ashish M. Desai, faculty from the Department of Physics, was awarded for the Best Poster Presentation on "Numerically Solving the Schrödinger Equation for a Double Potential Well Using Eight Order Numerov Method" at the International Conference on "Functional Materials and Simulation Techniques" jointly organized by Chandigarh University, University of Mauritius, and Concordia University, Canada at Chandigarh University.
- 11th July - World Population Day was observed.
- 12th July - Under the DBT Star College scheme a Training Programme was

organized on 'GPS – Basics & Field Applications' for students.

- 12th July - A Training Programme on 'GPS – Basics & Field Applications' was organized for the students of Skill Enhancement Course on Participatory Rapid Appraisal Techniques and SYBSc Geography students.
- 14th July - The National Day of France was celebrated by the Department of French.
- 23rd July - Under DBT Star College Scheme a talk was organized, on 'Avenues for Geologists in India'.
- 23rd July - A Student-Expert cum Alumni interaction session was organised by the department of Geology.
- 23rd July - The Department Hindi organized "Tulsidas Evam Premchand Jayanti"
- 24th July - visit to ONGC, Institute for Petroleum Safety, Health and Environment Management, Ipsheim at Betul, Goa was organized as part of the curriculum in Petroleum Geology, for the third year Geology students.
- 26th July - Under DBT Star College Scheme the department of Zoology, along with Department of Geography and Botany in association with Mangrove Society of India, celebrated 'World Mangrove Day'.
- 28th July - The College, in association with Kafmar Environmental Services organized monthly Colva Beach Cleanup drive.
- 30th July - the Department of Sociology organised a field trip for the students as part of their Rural Sociology course

### August 2019

- 1st August – Department of Marathi, Konkani and Hindi jointly celebrated 'Lokmanya Tilak Punyatithi'.
- 3rd August - "Eco Feud"- a debate inter class

competition for the students of economics was organized by the department economics.

- 4th August - Club GLOBE (Geographers' Loving Our Beautiful Environment) organized a Monsoon Trek to Mainapi Waterfalls, Netravali.
- 4th August - The Department of Sociology organized the annual departmental trek to NainyaValpoiSattari.
- 5th August - the guest lecture of Mrs. Geeta Nayak was organized by the department of Marathi for the students of the department
- 6th & 9th August - An Orientation Programme for the newly appointed teachers was held.
- 6th August - Under DBT Star College scheme, Club NEBULITES of the Department of Geology organised a Seminar and a poster competition on the topic "Coastal Regulation Zone Management in Goa: CRZ AND CZMP"
- 9th August - Hiroshima Nagasaki Day was observed in remembrance of the atomic bombings on Japanese cities of Hiroshima and Nagasaki in 1945.
- 09th August - Industry-Academia Lecture Series in Collaboration with Goa Forest Department was held.
- 9th August - The Department of Sociology in collaboration with National Confederation of Human rights organisation (NCHR) Goa unit organized a workshop on 'Human Rights'.
- 10th - 'Biotechnology crossword competition' was conducted by Biochrome-Biotechnology Club.
- 10th August - Workshop on Statistical Computing and Data Visualization using R was organized by the Department of Computer Science, under the DBT Star

College scheme was attended by students and faculty of Computer Science and Mathematics department.

- 10th August - Physics Department organized a subject talk entitled "Observing Atomic Interactions using X-rays" which was delivered by Dr. Venkatesh Hathwar, UGC Assistant Professor, Physics Department, Goa University.
- 10th August - The Department of Psychology organized its annual exhibition - Psychospectrum.
- 10th August - The Department of Sociology inaugurated the Departmental Forum DOSTO (Department of Sociology Student-Teacher Organization).
- 13th July - Under DBT Star college scheme an awareness programme on 'No Single Use Plastic' (No SUP) was organized by the department of zoology in association with Arannya Environment Research Organization (AERO).
- 14th August - The Department of Sociology organised a panel discussion on the theme 'My Career through Sociology'.
- 14th August - The Department of Sociology Organized an Alumni meet for the ex-students on
- 15th August - The college celebrated Independence Day.
- 15th - Celebrated 'Van Mahotsav' with the theme 'Planting trees: A stride towards Green Goals' on the occasion of 73rd Independence Day by planting 50 saplings in college campus sponsored by the Forest Department, QuepemGoa..
- 16th August - The College participated in the Mop Up Day (MUD) of monitoring Deworming of children at various schools in association with the health officers of 'Urban health Centre' Margao

Goa.

- 19th to 21st August - 'Srujanotsav' a festival of Creativity was organised by the Department of Konkani.
- 22nd August - A One-Day Workshop on Creative Writing was held on the theme "Travel Writing".
- 22nd August - The Department of Marathi organised 'Shravandhara - A poetry recitation program'.
- 23 August - An Inter - higher Secondary School event "ECO VISION" was organised by the department economics.
- 24th August - An interschool event 'STIMULUS' was organised for "Special Kids" of such schools by the department of Chemistry.
- 26th August to 31st August - Department of Computer Science organized "Techweek 2019" under DBT Star college scheme
- 26th August - 'Founder's Day' was celebrated by the college.
- 28th and 29th - Oral paper presentation by Ms. Madhavi M. Motankar at the World Congress on Biotechnology and Health Care Summit 2019 for the "International Conference on Biotechnology and Healthcare Summit" at IISC, Bangalore. Also, presented a poster along with 4 T.Y.B.Sc. Biotechnology students for the same event.
- 28th August - N.S.S. unit of the college organised a 'Blood Donation Camp' in association with Indian Red Cross Society, Salcete Branch and Goa Medical College blood bank, Bambolim, Goa.
- 29th to 30th - Dr. R. Kanchana attended a two-day State level workshop on 'Green Audit of College Campuses' organised by Dyanprassarak Mandal's College and Research Centre, Assagao, Bardez.. Also, four Biotechnology students presented

their ideas in the Innovative Idea Competition at the same event.

- 30th August - The Department under the 'Talking Tree Series' organized a talk of Ms. Vidyun Sabhaney, Graphic Artist and Author, to share her expertise on the graphic novel industry and supplement the course of 'Visual Narratives: Perspectives'.
- 30th August - The N.S.S. unit of the college, organized an awareness program on "Postal Banking and its Benefits".
- 30th August - A workshop on "Outcome based Education" was held for the faculty of the College.
- 30th of August - The Department of Psychology organized their annual Discussion Forum.
- 31st - Department of Biotechnology conducted Hands-on training workshop on Mushroom cultivation was organized as part GEC.
- 31st August - The Post Graduate students from the Department of English, under the guidance of Ms. Shubhangi Thakur, organized a Panel discussion on, 2019 at the Dogears Bookstore Margao.
- 31st August - a Hands-on training workshop on Mushroom cultivation was organized by the department of Biochemistry for students.
- 31st August - Physics Department organized a subject talk entitled "The charm and beauty of Nature" by Dr. Santosh Kumar Das, School of Physical Sciences, IIT, Goa.

### September 2019

- 1st to 14th - Ms. Madhavi M. Motankar along with 9 students from other disciplines participated in the 'International Sweden Academic and Socio-cultural Exchange Programme' at Tullinge and Bromma Gymnasium in Stockholm.

- 6th September - Mr. Mahesh Matha, authored a book "Struts - A Comprehensive Study" published on Kindle Direct Publishing platform.
- 13th of September - One day seminar was conducted by the department of Psychology.
- 23rd September - The Department of Sociology in collaboration with Directorate of Visiting Research Professors Programme, D. D Kosambi Chair Professor in Interdisciplinary Studies, Goa University organised a Guest lecture on 'Framing 'Technology and Society': From Colonial to Digital India'
- 27th September - A Talk was conducted on the topic 'CAREERS AND OPPORTUNITIES IN INDIAN NAVY'.

#### **October 2019**

- 04th October - A Workshop on "Academia-Industry Linkage" for the faculty members of Social Sciences was conducted.
- 5th October – 'Biotechnology Painting competition' was organized on the theme 'Innovations in Biotechnology' by Biochrome – Biotechnology Club.
- 14th October - The meeting of the Academic Council was held.
- 13th - 14th October - Mr. Ramu P. Pagi conducted a certificate course in Gretl (Free Software for Statistical Package) for all the Undergraduate and Postgraduate Social Science Students,
- 23rd October - The College organized a talk entitled 'Positivity' for all the members of teaching faculty.
- 30th October to 23rd November – Ms. Madhavi M. Motankar successfully completed the Faculty Induction programme in Life Sciences under the aegis of MHRD's PMMMNMTT on Teachers and Teaching Scheme at IISER, Pune.

#### **November 2019**

- 7th November - Administrative and Academic Audit taken up with the final report being approved by the external members.
- 8th November - The Twelfth Meeting of the Governing Body was held.
- 16th to 10th November - A Certificate Course in "Computerized Accounting in Higher Educational Institutions" was conducted for the Clerical Staff of the college.
- 26th November - The Constitution Day (National Law Day or Samvidhan Divas) was celebrated to commemorate the adoption of the Constitution of India.
- 30th November - Dr. Surendra Thakur Desai and Dr. Pitre, Faculty from Gogate Jogalekar College, Ratnagiri, visited our college.

#### **December 2019**

- 4th & 5th December 2019 - Scratch Programming' was organized under the DBT Star College Scheme 2019 as a Community Outreach Program
- 11th and 12th December - Under DBT Star College Scheme the Department organised a Two-Day Kitchen Gardening Workshop.
- 11th and 12th – Biotechnology students won the Runners-up trophy for 'Chiasma', an Intercollegiate event organised by the Department of Biotechnology at Dhempe College, Miramar, Goa.
- 12th December - The Department of Psychology organized a talk by Avinash De Souza on the topic 'Counselors and Special Educators-Challenges in the Indian Scenario'..
- 14th December - The IQAC organised a Seminar on " IPR:It's Relevance in

Academics".

- 14th December - The IQAC organised a Seminar on "Metrics as a Measure of Scholarly Articles".
- 14th December – Department of Economics organized community outreach program, “Skill Building: Personality development for children age 6 to 14”.
- 16th December - Seminar on “Career Guidance and Test Taking Strategies” was organized for TY & PG II students organized.
- 16th December - One-Day Workshop on Field-based Training - On Site Use of Current Meter and Field Testers to Test Water for SY & TYBSc Students and Teaching and Non-teaching Staff of Geography was organized
- 17th December - One-Day Workshop on Hands on Training in Water and Soil Testing - Water and Soil Testing Lab Techniques for SY&TYBSc Students and Teaching and Non-teaching Staff Of Geography was organized
- 19th December - Goa Liberation Day was celebrated .
- 19th to 22nd– Third year Biotechnology students accompanied by Ms. Hashma Mujawar and Ms. Vallanka Dias visited CFTRI, Mysore; Monsanto Research Centre and IBAB at Bangalore.
- 20th– ‘Biotechnology Debate Competition’ was conducted on the topic ‘Test tube baby – Boon or Bane?’ by
- 21st December - A workshop on “Power Point Presentation” was conducted by the Principal for all the new faculty members.
- 21st December – The department of Hindi in collaboration with Konkani Railway organised workshop on ‘career options in hindi’
- 22nd December - A Special Community Outreached activities was organised by the department of Konkani to Mayem Village in order to conduct Socio-cultural study of Mayem Village of Bicholim Taluka
- 22nd December - the department of Marathi in joint collaboration with Swami Vivekananda Kendra Kanyakumari, organised an essay writing and elocution competition for the students.
- 23rd December - Dept of Physics organised a talk under the DBT - Star College scheme on the topic “The Hype and Hopes Surrounding Nanostructures Explained Simply”.

### January 2020

- 7th January - The IQAC conducted a Workshop on “Academic Writing and Integrity” for the new faculties of the college.
- 08th January - The Department of Psychology organized their annual Psychology event ‘MindKraft’.
- 10th January - Under DBT Star College Scheme Mr. Vasant Hede, delivered a motivational talk on “Product Development Phases – Story Telling-Innovators in Campus”, for the faculty members.
- 10th& 11th January - Basic Training in GIS was organized for students of Geography under DBT Star College Scheme.
- 11th January - A Workshop on “Design Thinking”, organized by Dr. Shaila Ghanti.
- 11th– ‘Eco-friendly cooking competition’ wherein interesting, novel ideas of healthy dishes cooked without fuel were presented organized by Biochrome – Biotechnology Club.
- 11th to 17th January - The college observed National Road Safety Week.

- 13th to 26th January - The International Exchange Centre welcomed 9 students and five faculty from Tullinge Gymnasium and Bromma Gymnasium, Stockholm, Sweden.
- 15th Jan - Talk on Career Guidance for students of T.Y. B.Sc which provided important information about higher studies and job opportunity options after B.Sc. in Computer Science.
- 16th January - A Seminar on "Innovation/Social Innovation & Entrepreneurship", was conducted by Mr. Tarun Krishna Kumar, a well known experienced start up consultant, cum adviser, for the TY students studying Entrepreneurship and Finance.
- 17th January - A Special Lecture on 'Research Methodology' for faculty and students of the department of was organized.
- 28th January - The department of sociology organised the 4th edition of Goenkarponn 2020 an inter higher secondary event.
- 23rd January - A National Seminar on 'Landscapes Evolution and Transformation' was organized by the department of Geography.
- 24th February - Dr. Mayuri M. Naik, was awarded Ph. D degree in Chemistry.
- 20th to 24th January - Dr. Beatrice Moppert, Faculty, Department of Geography, University of Reunion Island, visited our college.
- 24th January - The Faculty of Department of Zoology organized a Seminar on " IPR: It's Relevance in Academics for Zoologists".
- 26th January - Republic Day was celebrated with Principal Dr. Nandkumar N. Sawant unfurling the flag with an address to the gathering.

- 28th January - The department of sociology organised the 4th edition of Goenkarponn 2020.
- 31st January - The Department of Geography hosted its eight edition of the intercollegiate event "Geographize".

### **February 2020**

- 1st February - The Department of Sociology organised a talk in association with Goa University Directorate of Visiting Research Professor Programme Nana Shirgoankar Chair in Indian Music. on the topic 'Women in Gandhian Satyagraha'.
- 1st – Sixth Biotechnology Alumni meet was organized by Biochrome – Biotechnology Club.
- 3rd February - 15 students accompanied by two faculty of Department of Geography of Lal Bahadur Shastri College, Satara, visited our institute.
- 4th of February - The Department of Economics organized their annual Inter collegiate event "Revelations 2020".
- 6th February - The department of Physics organized "Physics Day".
- 10 February - "Nebula 2020" Intra Departmental Geology Events was organized.
- 11th February - Career Guidance talk in Geology for students of undergraduate and higher secondary students was given by Alumni, Kiran Sawant, Proprietor of Dip Direction, Goa.
- 11th of February - Geological Exhibition for Students of Higher Secondary Schools from Across Goa was organized by the department of Geology.
- 11 February - Student Presentation on Internship Activities was organized by the Students of the Department of Geology.
- 12th and 13th – Department of

Biotechnology organized two days 'National Workshop on Sciencetoonics' on the theme 'Clean India' sponsored by DST, Goa.

- 14th Feb 2020 - Members of FOSS Club, organized Coding Competition for Students of Department of Computer Science in Lower Auditorium.
- 13th and 14th—Ms. Madhavi M. Motankar along with five Biotechnology project students presented a poster at the UGC-SAP National Seminar on New Vistas in Botany held at Goa University.
- 17th February - Workshop on Mobile GIS Epicollect 5 was conducted for the students of Geography.
- 17th and 18th February - Lecture-cum demonstration series on "Geometrics, kinematics and dynamics of rock deformation" and "Identification and Interpretation of Deformation Structures and their Variation from Field Observations" was organised.
- 17th to 20th February – the Department of Mathematics organised Prof. D. B. Wagh Memorial Lecture Series..
- 22-Feb - Two days Hands on Workshop on Automated Software Testing using Selenium and jmeter under DBT Star College Scheme for the students and faculties of Department of Computer Science.
- 22nd February – Department of Hindi organised Parvati reader's club.
- 24th to 29th – Department of Biotechnology and Biochemistry organised the DHE, Goa sponsored short-term training course on the "Entrepreneurial Opportunities in Fermentation Food Technology"
- 25th February - The department of Hindi organised an inter-collegiate elocution

competition.

- 26th February - The Department of Chemistry successfully organized Intercollegiate Event "Kynesis 2020".
- 26th to 28th— Two Biotechnology students guided by Dr. R. Kanchana presented a poster for the All Goa Exhibition entitled 'Kalpak' organized by DHE, Goa at Adil Shah Palace (Old Secretariat), Panaji Goa.

### **March 2020**

- 3rd of March - a talk of Dr Sonia Sikka, a professor at the University of Ottawa, was organized by the Department of Philosophy,
- 6th March - State Level Student Seminar for Young Scholars to the Postgraduate and Undergraduate student of Economics was organised by the department of Economics.
- 7th March - Physics department organized a Workshop on "Teaching methodology and Laboratory Demonstrations in Physics".
- 7th and 8th March - The Department of Sociology organized a field trip to Marle and Baddem Villages of the Cotigao Wild life sanctuary-Canacona.
- 13th and 14th March— Three Oral paper presentations by fifteen Third year Biotechnology students along with Dr. R. Kanchana and Ms. Madhavi Motankar participated at Two Days National Seminar 'Combating Malnutrition through Dietary Diversification: Strategies and Challenges' organized by the Goa College of Home Science in association with DHE, Goa and NABARD, Panaji.
- 14th March - The department of Economics organized eco day.
- 14th of March - The department of Sociology organized the first edition of its inter-collegiate event 'SOCIUS'.

- 21st March - Innovation and Incubation Cell (IIC) of the College, electronically organised "Business Plan Competition- To invite Innovative Business Models from Students" under IPR Cell, Goa State Council of Science & Technology Scheme.
- MHRD's Innovation Cell (MIC) organised "India First Leadership Talk Series" during the month on various topics during the COVID-19 Pandemic for the benefit of the faculty and students.
- Dr. Sangeeta G. Sankhalkar, Faculty from the Department of Botany, has been awarded the Indian National Science Academy (INSA) visiting Scientist Fellowship 2020-21 for three months to undertake research work in a reputed Indian Institute/University.

#### April 2020

- 28th and 29th April - The Department of Psychology, took up the initiative of starting a series of talks titled "Career Talks" for the students of the department.

#### June 2020

- Dr. Nandkumar Sawant, Principal and Dr. Sangeeta Sankhalkar, Department of Botany, have been conferred with the designation of 'Professor'.
- 8th June to 14th June - An on-line webinar on 'Institutional Benchmarking of Best Practices' was co-hosted by the college along with Shri Mallikarjun and Shri Chetan Manju Desai College of Arts, Commerce and Science, Canacona, and a few reputed institutes across India.
- 15th till the 19th - The Department of Psychology conducted a series of online webinars titled, "Managing the Exam Mindset" for the benefit of students of the College.
- 23rd and 24th June - The Centre for Teaching Learning (CTL) powered by IQAC

conducted Expert FDP Webinar Series on Effective Online Teaching, Learning and Evaluation for the faculty of our College.

- 22nd June - Dr. Golda Vas, Faculty from the Department of Psychology, in collaboration with the NSS unit has been conducting regular 'PCCAS Wellness and Meditation Sessions' for all staff of the college.
- Prof. Nandkumar Sawant, Principal, was appointed as a Member of International Editorial Board(2020-2025) of the 'Konkan Geographer'- Journal of the Konkan Geographer's Association of India, Sindhudurg, Maharashtra.
- 30th June to 04th July - The Department under the Student Development programme organised a webinar on Economics involving a talk series by alumni of the department.
- 10th August - The Centre for Teaching Learning (CTL), powered by IQAC conducted an Expert FDP webinar series II on "Effective Online Teaching Learning Evaluation"
- 11th July - The faculty of Social Sciences organised a webinar on World Population Day.
- 11th July - The Department of Economics organised a digital national quiz on "World Population Day".
- 31 July - Farewell given to Mrs. Neeta Dhopeswarkar, Assistant Professor in M.Sc (IT), Seminar Hall.
- 31st July to 2nd August - The department have organised a three-day online seminar on the topic 'Vartaman Marathi Sahitya ani Tantradyan'.





# Winners of Endowment Prizes

## **VALES QUEENY LAVISHA**

Dr. S. S. Phadke Prize (Konkani)

## **ANJALI**

Shri R. S. Rao Prize for securing highest marks at XII Exam in Mathematics and Joining B.Sc. with Maths as one of the subject

## **FERNANDES PRESHLEY**

Shri R. S. Rao Prize for Securing highest marks in Mathematics at B.Sc. Final Exam.

## **FERNANDES CLINT NOEL**

Prof. Devidas Jaiwant Malkarnekar Memorial Prize awarded for passing TYBSc University Examination at first attempt & securing highest total marks in Physics (obtaining min. 60% marks)

## **ALICIA FERNANDES**

Ms. Pratima Naik Memorial Prize B.A. Final Highest Marks in Geography

## **ALICIA FERNANDES**

Ms. Pratima Naik Memorial Prize B.A. Final Highest Marks in Geography (GIRL)

## **FERNANDES DWAYNE ROBERT**

Ms. Pratima Naik Memorial Prize M.A. Final Highest Marks in Geography

## **PAI KANE NIRIKSHA SUDIN**

Shri Raghunath & Smt. Laximibai Raghunath Nagwekar Memorial Prize for Highest Aggregate Marks in Chemistry

## **SRINIDHI SHARAD PAWAR**

Physics Department Prize (T.Y.B.Sc.)

## **S. JASHMI C.**

Dr. K. U. Rao Prize for securing max marks in English (Single Major)





# **WINNERS OF BLUE CROSS SCHOLARSHIP**

**(Awarded to the Girl students having scored above 65% at HSSC Exam)**

- |     |                               |   |          |
|-----|-------------------------------|---|----------|
| 1.  | Clarissa Sarina Gonsalves     | - | (81.50%) |
| 2.  | Fatima Mariyam Bareeto        | - | (71.16%) |
| 3.  | Ranjana R. Rajeev             | - | (73.00%) |
| 4.  | Pooja Bisht                   | - | (80.00%) |
| 5.  | Pooja Murari Rawat            | - | (80.60%) |
| 6.  | Josette Espicioza Rosy Nazare | - | (89.00%) |
| 7.  | Samadrito Dash                | - | (80.00%) |
| 8.  | Pranita Ravi Khanolkar        | - | (74.00%) |
| 9.  | Verlekar Mayuri Manoi         | - | (74.50%) |
| 10. | Beverly Mariyam Almedia       | - | (76.83%) |



# WINNERS OF GOVERNMENT SCHOLARSHIP

## Merit Based Awards

- |     |                          |   |                           |
|-----|--------------------------|---|---------------------------|
| 1.  | Menifa Moraes            | : | FYBA (56.00%)             |
| 2.  | Chelsea Lizy Gomes       | : | FYBA (78.00%)             |
| 3.  | Jesslin Dias             | : | FYBA (60.00%)             |
| 4.  | Joycie Gaunkar           | : | FYBA (61%)                |
| 5.  | Amisha Ruth Colaco       | : | FYBSC (66%)               |
| 6.  | Joel Oliveria            | : | FYBSC (80%)               |
| 7.  | Melvita Alvaris          | : | SYBSC                     |
| 8.  | Jenny Vales              | : | FYBSC (66%)               |
| 9.  | Norman Chris Mascarenhas | : | FYB Vocational (60%)      |
| 10. | Melisa Cardoso           | : | FYBSC Biotechnology (69%) |
| 11. | Ashnah Colaco            | : | FYBA (85%)                |

## Post Metric Scholarship

- |     |                          |   |                           |
|-----|--------------------------|---|---------------------------|
| 1.  | Menifa Moraes            | : | FYBA (56.00%)             |
| 2.  | Chelsea Lizy Gomes       | : | FYBA (78.00%)             |
| 3.  | Jesslin Dias             | : | FYBA (60.00%)             |
| 4.  | Joycie Gaunkar           | : | FYBA (61%)                |
| 5.  | Amisha Ruth Colaco       | : | FYBSC. (66%)              |
| 6.  | Joel Oliveria            | : | FYBSC (80%)               |
| 7.  | Jenny Vales              | : | FYBSC (66%)               |
| 8.  | Norman Chris Mascarenhas | : | FYB Vocational (60%)      |
| 9.  | Melisa Cardoso           | : | FYBSC Biotechnology (69%) |
| 10. | Ashnah Colaco            | : | FYBA (85%)                |
| 11. | Kasja Sifa Dias          | : | TYBSC                     |
| 12. | Kevin Jose D'silva       | : | TYBSC                     |
| 13. | Aniksha Anand Mayekar    | : | SYBSC                     |



# Winners of Government Scholarship

## Post Graduate Students

- |     |                         |   |                            |
|-----|-------------------------|---|----------------------------|
| 14. | Niteen Krishna Gaonkar  | : | MA Geography (Part-I)      |
| 15. | Sagar Laxman Velip      | : | MA Geography (Part-I)      |
| 16. | Pallesh Prabhakar Velip | : | MA Geography (Part-I)      |
| 17. | Priya Dias              | : | MA Geography (Part-I)      |
| 18. | Raveena Tukaram Gaonkar | : | MA Geography (Part-II)     |
| 19. | Neera Oliveria          | : | MA Geoinformatics (Part-I) |
| 20. | Ram Shanu Velip         | : | PGDCA                      |
| 21. | Umartha Narayan Velip   | : | PGDCA                      |
| 22. | Rasika Anand Gaonkar    | : | PGDCA                      |
| 23. | Sunita Vithoba Gaonkar  | : | PGDCA                      |
| 24. | Sudesh Laxman Gaonkar   | : | PGDCA                      |
| 25. | Melisha Teresa Quadaros | : | PGDCAGMLT                  |
| 26. | Mrunali Khushali Velip  | : | MA Hindi (Part-II)         |
| 27. | Chaya Prabhakar Velip   | : | MA Hindi (Part-II)         |
| 28. | Niraj Gurudas Goankar   | : | MA Hindi (Part-II)         |



## Mr. Dilip Kare Award



1. Shirodkar Rutuja Rajesh : Biotechnology (Single Major) (89.11%)
2. Griezelle Roycee Da'silva : Chemistry (Single Major) (88.67%)
3. Coutinho Simran Bertina : Biotechnology (Single Major) (84.67%)
4. Gaonkar Rupesh Dilip : Chemistry (Single Major) (83.14%)
5. Fernandes Charlene Jasmine : Chemistry (Single Major) (82.22%)
6. Maurya Neha : Biochemistry (Single Major) (81.11%)
7. Mandrekar Tanvesh Sandip : Mathematics, Computer Science (Major-Minor) (80.91%)
8. Ayush Barkatali Noorani : Computer Science (Single Major) (80.22%)
9. Da'Costa Roshni : Biochemistry (Single Major) (79.78%)
10. Mayekar Shanti Murari : Chemistry (Single Major) (79.33%)
11. Naik Vaishnavi Pramod : Chemistry (Single Major) (79.11%)
12. Bhat Shatakshi Shantosh : Zoology (Single Major) (78.44%)
13. Patagundi Yogita Devanand : Computer Science (Single Major) (78.00%)
14. Goankar Bhargavi Lakshmikant : Biotechnology (Single Major) (77.43%)
15. Sharma Biplab : Computer Science (Single Major) (77.33%)







**TEACHING FACULTY ARTS**



**TEACHING FACULTY SCIENCE**





**NON TEACHING FACULTY**



**BIOTECHNOLOGY TYBSC**





**BIOCHEMISTRY TYBSC**



**BOTANY TYBSC**





**CHEMISTRY TYBSC**



**M.Sc CHEMISTRY**





**COMPUTER SCIENCE TYBSC**



**COMPUTER SCIENCE - MSC. IT**





**COMPUTER SCIENCE - PGDCA**



**ECONOMICS TYBA**





**ENGLISH TYBA**



**MA ENGLISH**





**GEOLOGY TYBSC**



**HINDI TYBA**





**MA HINDI**



**MARATHI TYBA**



# कोंकणी

DEPARTMENT







**PHYSICS TYBSC**



**PHILOSOPHY TYBA**





**PORTUGUESE TYBA**



**PSYCHOLOGY TYBA**





**SOCIOLOGY TYBA**



**ZOOLOGY TYBSC**





NCC



NSS





**STUDENTS' COUNCIL**



**SPORTS COUNCIL**



## STUDENTS ACHIEVEMENTS



2018-19  
KB Rao Award Winner  
June 2019



Ramya Warriar (SYBA)  
1st Place State Elocution Competition  
26th July 2019



Jashmi SC (English MA I)  
Winner 1st Epiphany 3.0  
State Paper presentation  
1st Oct. 2019



Ramya Warriar (SYBA)  
Third Place State Elocution  
Competition (12th Dec. 2019)



Krystal Fernandes  
Wins Consolation Prize  
at Mumbai ComicCon



Loretta Rodrigues (Eng. MA II)  
Best Research Paper 2  
7th March 2020



Salome Fernandes (SY English)  
participated in Solo Singing Competition  
14th February 2020



## STUDENTS ACHIEVEMENTS



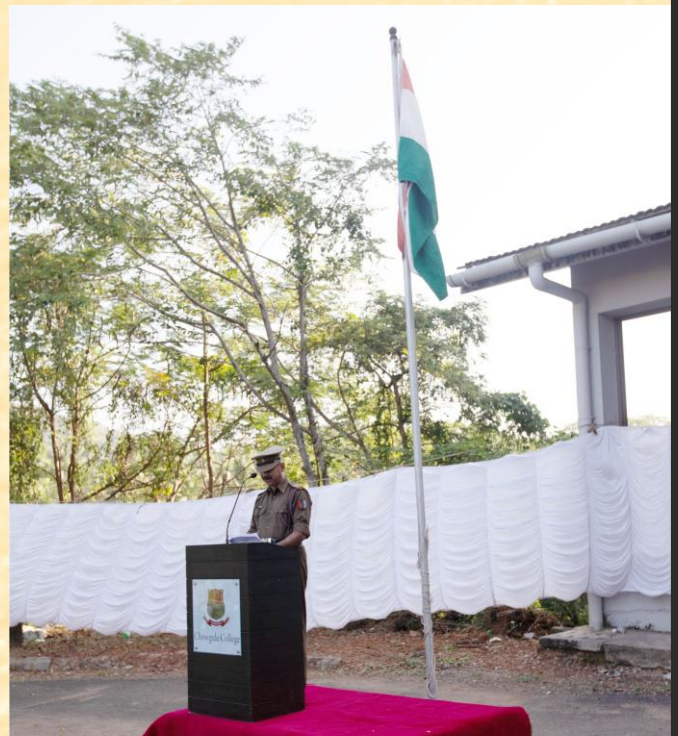
English Tygers Club wins Wordsup 4.0 Intercollegiate Fest



## Independence day Celebration



## Liberation Day Celebration





## Republic Day Celebration



## Constitution Day Celebration







TBBTM 2019 Shakespeare Fest.

COSFEST GOA 2020

COSFEST GOA 2020

Cosfest Goa 2020

ENGLISH TYGERS EVENTS!

Pegasus XII

english tygers club wins Wordsup 2020



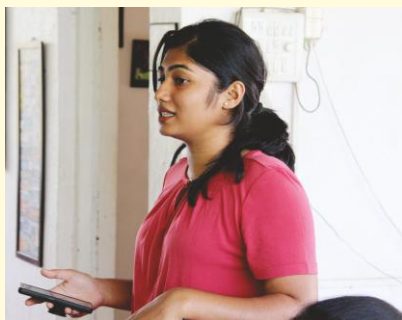




## *Club Carpe Diem's - Women's Day Sunday* Celebrated by Dept. of English through *english tygers' club*

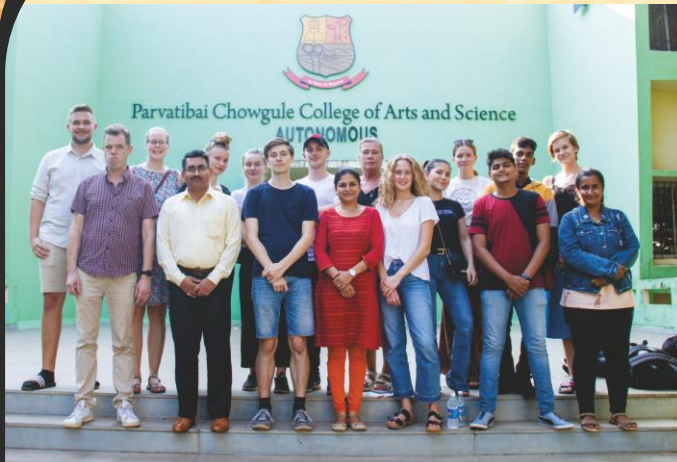
*Club Carpe Diem*, under the aegis of *english tygers' club* (etc.), run by the department of English organized their third open-mic poetry, story and music session at *AJ's Restaurant* (linkage partner), their host for their open-mic series. Organized by Asst. Prof. Andrew Barreto, this session held on 08 March 2020 was dedicated to Women's Day titled - ***Women's Day Sunday***. There were special performances from the MA English Part I & II students led by their instructor Asst Prof. Shubhaangi Thakur, who shared specially selected poems and short stories from women who inspired them. Second year Creative Writing students also shared their original poems based on the day on what it feels like to be a woman, and interestingly what it is to be a man too! Participants from out of college, and ex-students who attended the session also shared their writings on the day and there were discussions about things that affect women in the world today. The event was capped off by a music session. There were 45 participants (32 F/13 M) at the event with around 20 performances.

**Asst. Prof. Andrew Barreto**





## Swedish Students Socio-Cultural & Academic Exchange Visit





## Swedish Students Socio-Cultural & Academic Exchange Visit





# Students Council Activities



Avighna



Bhramhastra



Dance Group



Fashion Show Group





## Students Council Activities



**Savyas**





## Students Council Activities



Tathastu



Plexus Winners



## Students Council Activities

2<sup>nd</sup> October





## Science Fest



## German Students cultural visit





## Ekta Diwas



## Mando



## Diwali Camp





# GOEMKARPONN





## Dyslexia



## College Fire Drill Demo

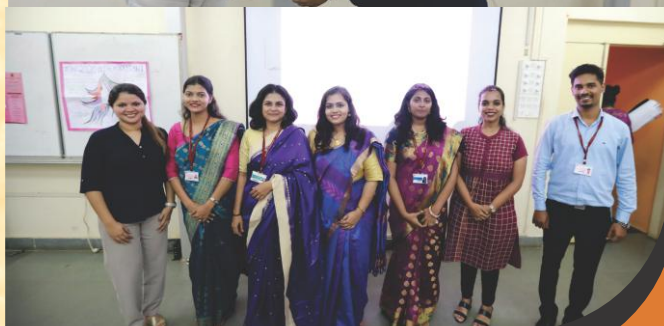




## Prerna Diwas 2020



## Womens Day Celebration 2020





## Botany Department



## Hindi One Day Workshop





## Department of Computer Science - Achievements and Activities



Winners "Inspirus" Date: 19th and 20th of September 2019 Venue: Don Bosco College of Engineering, Fatorda



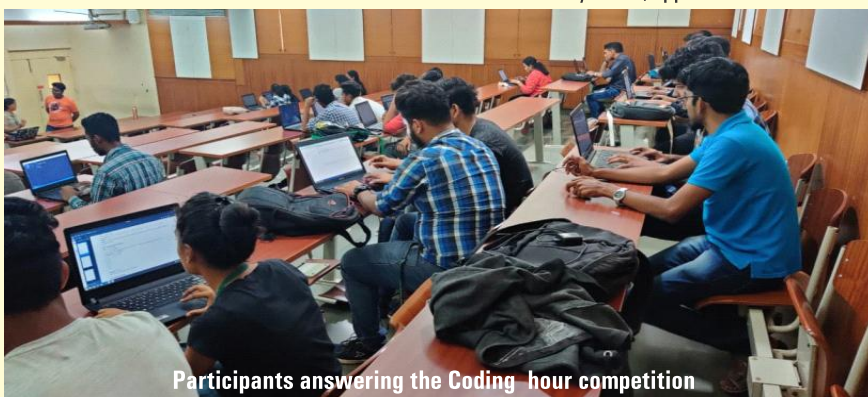
Winners of 'Noesis' a tech event organized by Rosary College, Navelim Goa



HACKATHON - Coding Competition  
Date and Venue: 28th February 2019, Upper Auditorium



'Coding Hours 2.0'  
Date: 17th of January 2019.  
Venue: Lower Auditorium



Participants answering the Coding hour competition



Student participants with certificate

'Coding Hours 3' Date: 14th February 2020 Venue: Lower Auditorium



## Talking Tree Series English Department 2019-20





# Konkani Department





## Shrawandhara



## Psychology Dyleia Association





## Social Science Stories



## Zoology Department

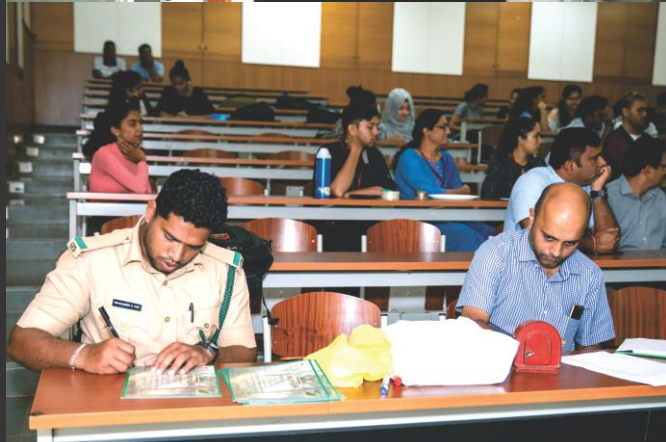


## Wildlife





## Wildlife Week Celebration Competition



## Mushroom Cultivation



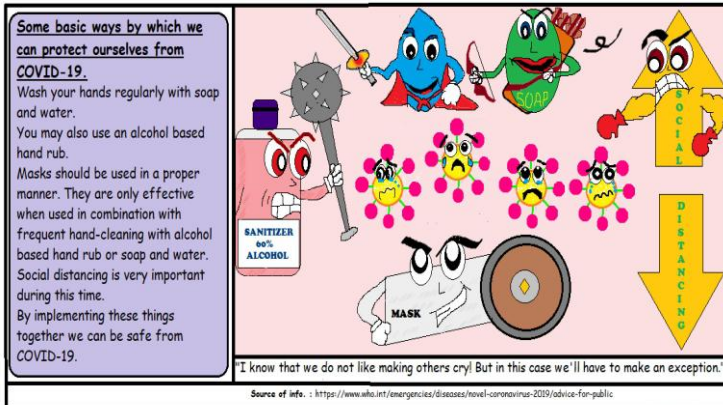
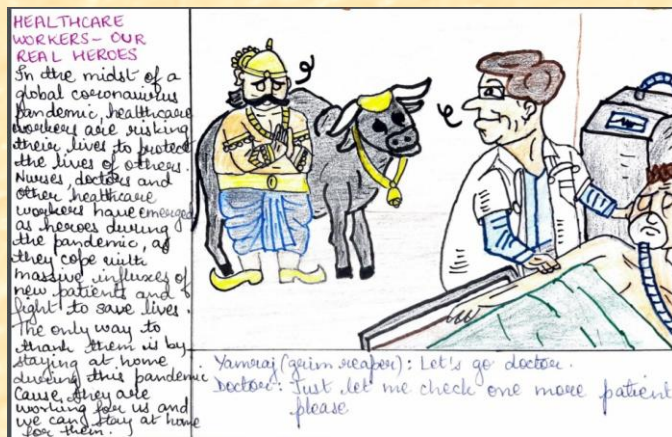
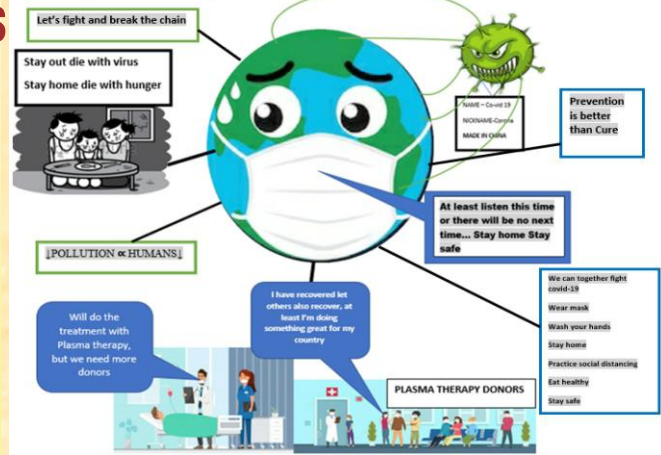
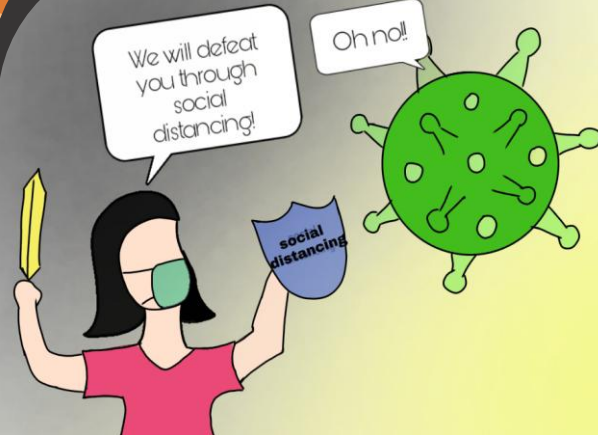


# CHOWGULE TIGERS





# SCIENTOONS



During this COVID-19 pandemic, apart from hand hygiene and social distancing, face hygiene is also very important. Rubbing your Eyes, Scratching or Picking your Nose or Touching your Mouth with Unclean or Unwashed hands should be avoided. Mucous membranes act as portals into the body for a virus like COVID-19.

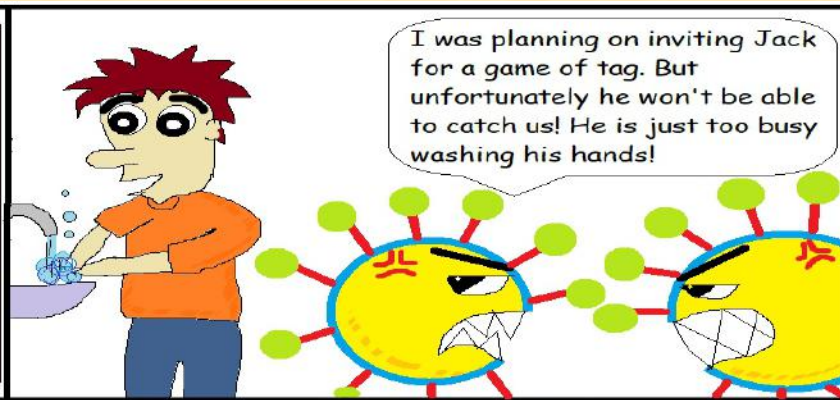


Source of info. : <https://www.nytimes.com/2020/03/02/well/live/coronavirus-spread-transmission-face-touching-hands.html>

M. Da Costa



Washing your hands with Soap and Water for 20 seconds will help in destroying the virus. A sanitizer with at least 60% alcohol will also work.



Source of info. : <https://www.cdc.gov/handwashing/when-how-handwashing.html>

M. Da Costa

Being near an infected person who coughs, sneezes, or talks can expose you to the COVID-19 virus. COVID-19 spreads mainly from person-to-person, via close contact (within six feet).



Source of info. : <https://www.health.com/condition/infectious-diseases/how-is-coronavirus-spread>

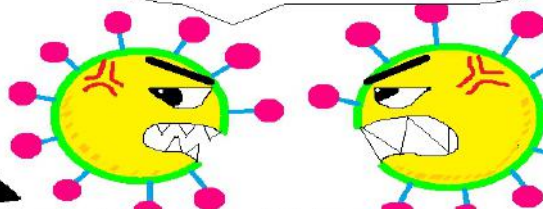
M. Da Costa

#### PROPER METHOD OF USING MASKS

- \* Clean your hands with soap and water or a sanitizer before wearing a mask.
- \* Cover your mouth and nose with the mask and do not leave any gaps between your face and the mask.
- \* Avoid touching the mask while using it and as soon as it becomes damp replace it.
- \* When discarding the mask remove it from behind and discard it immediately in a closed bin. After that clean your hands with soap and water or a sanitizer.



I thought that we might at least be able to infect Krishh. But unfortunately he has upgraded his costume!



Source of info: <https://www.who.int/emergencies/diseases/novel-coronavirus-2019/advice-for-public/when-and-how-to-use-masks>

Credits to PRIYANKA SHANKE

M. Da Costa

During this Quarantine it is very important for us to Behave Responsibly!

- \* PRACTICE SOCIAL DISTANCING and DO NOT LEAVE THE HOUSE UNLESS THERE IS AN EMERGENCY.
- \* MAINTAIN PROPER HYGIENE.
- \* WHEN ILL STAY AT HOME AND DO NOT PANIC.
- \* WEAR A MASK WHEN GOING OUT AND DISPOSE IT PROPERLY AFTER USE.
- \* AVOID TOUCHING YOUR EYES, NOSE OR MOUTH WITH UNCLEAR OR UNWASHED HANDS.





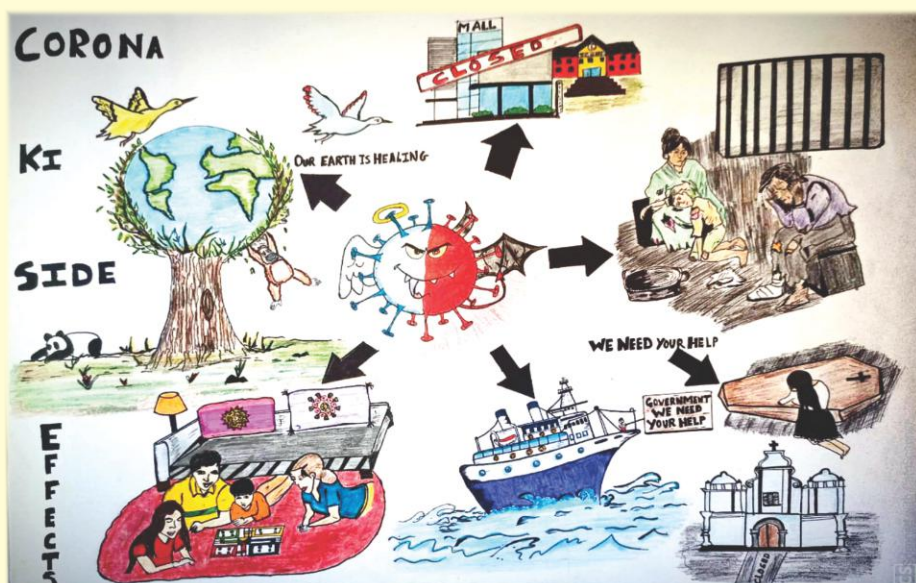
## Our talented artist



Shreesiddhi Vinod Bhomkar  
SYBSc Biotech



Swati Kumari Mishra  
FYBSc Biotech



Melisha Cardoso  
FYBSc Biotech



*Our talented artist*



**Prathamesh Pundalik Shetgaonkar**  
FYBSc Biotech



**Shreya Muralidhar Arundekar**  
TYBSc-Biotech



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TY-BSc Biotech