

Profile: Ms Lavixia E. G. Carvalho, Assistant Professor, MA Child Psychology & Child Development.

Education:

- MA in Psychology (Clinical), 2022.
- BA in Psychology (Honours), 2020.
- Dissertation topic (MA): ‘The Influence of Mindfulness on Marital Adjustment and Subjective Wellbeing among Married Individuals.’
- Project (BA): ‘A Study on Social Adjustment of the Elderly.’

Achievements:

Has been part of the National Mental Health Helpline as a helpline expert by The PsyK-Life, April 2023. Completed a 3 months internship with Socially Souled (India’s largest psychology and mental health community) from December to March, 2023. Also interned at other mental health organisations. Facilitated an online workshop organised by Inchara Mental Health Initiative in March 2023.

Has successfully completed the Career Counselling Practitioner Course on 30th January 2023 organised by HR’O’HOUR. Completed a 2-day online training in Therapeutic Intervention for Child Sexual Abuse- Level Advanced organised by Arpan NGO on 9th and 10th December 2022. Successfully completed the Intensive Training-based Diploma in Psychotherapies from September – November 2022 organised by Psykey-Unlock Psychology.

Completed an Experiential Counselling Training from 12th September- 16th September 2022 organised by Psykey-Unlock Psychology. Completed a Crash Course in Industrial Psychology held from 22nd August-24th August 2022 organised by Chanakya-Mental Health Services. Completed an Intensive Training in Cognitive-Behavioral Therapy held from 8th August- 12th August 2022 organised by Psykey-Unlock Psychology. Completed a Crash Course in Counselling Psychology held from 25th March- 27th March 2022 organised by Chanakya-Mental Health Services. Completed an online Course in Family Therapy held from 26th October- 30th October 2021 organised by Chanakya-Mental Health Services.

Position: Currently working as the Assistant Professor for the Master’s Program in Child Psychology and Child Development at Parvatibai Chowgule College.

