

Profile: Aiswarya M Babu, Assistant Professor & Coordinator for MA Child Psychology & Child Development

Education:

- MSc Psychology -Indian Institute of Psychology and Research (IIPR), Bangalore December,
- BA. Psychology- Goa University April, 2014
- HSSC(Arts) Goa Board of Secondary and Higher Secondary March 2011
- SSCE Goa Board of Secondary and Higher Secondary March 2009
- Dissertation Topic
- (MSc): The Relationship between Emotional Intelligence and Occupational Stress amongst Working Male professionals with Working and Non-Working wives. Project
- (BA): The Relationship between Emotional Intelligence and Locus of control on Procrastination among College Students

Achievements:

Attended the ATAL FDP Program on 'Leadership Excellence' organised by National Institute of Technology, Goa.

Attended an online workshop on the topic Know Your Rights for Professionals organised by Umeed Child Development Centre, Mumbai.

Attended a State Level Lecture Series on Community Resilience – Advanced Level of Healthcare Therapeutics and Strategies for the Differently Abled Millennials: Inclusivity in Society. Organised by MES College of Arts and Science, Zuarinagar Vasco.

Completed 10 hours of online training workshop in family and marital therapy conducted by Dr. Tania Roy under Your dost academy.

Has completed for 5 days online intensive training program on Applied behaviour analysis conducted by Mind Weavers, Kerala.

Co- organised a workshop on Rational emotive behaviour therapy for MA students of the department at Parvatibai Chowgule college of arts & science, Autonomous

Attended a two days national seminar on the theme Integrative therapy, innovation & best practices organised by Goa college of home science in association with the directorate of higher education, Goa.

Attended an online Mindfulness Therapeutic workshop on 21st January 2023 conducted by team Manoshala. Has successfully completed the “Basic Proficiency Test in Digital Tools for Education” conducted by Tech for Educators.

Completed an online course of 16 hours of training in Acceptance and Commitment Therapy conducted by Dr. Gitanjali Natarajan, HOD Department of Clinical Psychology, AIIMS Kochi & Dr. Urmila Pilay, Chartered Clinical Psychologist, London.

Participated in the intensive online workshop series on Trauma Informed Approach held from 4th – 6th September, 2020 organized by Your Dost Academy, India.

Participated in a live online training workshop on the topic ‘Eye Movement Desensitization and Reprocessing: Fundamentals and Beyond’ on Saturday 29th August, 2020 organized by Your Dost Academy, India.

Participated in the intensive online workshop series on Rational Emotive Behavior Therapy (Basic level) held on 7th May, 2020 organized by Your Dost Academy, India.

Successfully completed 30 credits of the International certified career coach program (Foundation level-1) organized by Mindler on April 10-11, 2020.

Participated in the intensive online training workshop series on Cognitive Behavior Therapy for common emotional disorders (advanced level) held from 8th -12th April, 2020 organized by Your Dost Academy, India

Has been the member of the Organizing team of ICSSR Sponsored National Interdisciplinary Conference on ‘Women Empowerment and Society in India (With special reference to Goa): Prospects and Challenges’, organized collaboratively by the Departments of Sociology and Geography & Research Center, Parvatibai Chowgule College, (Autonomous), Margao, Goa held on 22nd & 23rd February, 2019.

Participated in the International Conference on Solution Focused Practices 2018 and presented a paper titled ‘Solution Focused therapy an Armour to Educational Counsellors’ held at Christ University, Bangalore India from 13th to 15th December, 2018.

Presented a Paper at the 26th Annual Conference of National Academy of Psychology, IIT Madras in December, 2016

Completed the Training and Initiation for Reiki Level 1 & 2 in Usui and Karuna Reiki system of Natural Healing with Shivi Krishna- Reiki Master at The Mythic Tarot & Reiki in April, 2016

Positions held:

Teaching Assistant, Department of Psychology Indian Institute of Psychology and Research, Bangalore. September 2016 to December 2016 • Teaching PG students of Psychology

Affiliated to Bangalore University and Recognized by Government of Karnataka •Certificate
Course Coordinator: Learning Disability Basic Counselling Skills

Shadow Teacher/ Learning Support Assistance Canadian International School, Yelahanka,
Bangalore March 2017 to April 2017 Providing assistance and behavioural training for 4year
old Japanese Boy.

Consultant Counsellor Your-Dost- Online Counselling Portal

May 2017 to September 2017 Providing Online counselling

Assistant Professor- Master's Program in Child Psychology & Child Development Department
of Psychology from July 2017 to present