

**Parvatibai Chowgule College of Arts & Science  
(Autonomous)  
Margao – Goa**

**MINUTES OF ONLINE MEETING  
OF THE BOARD OF STUDIES IN PSYCHOLOGY  
HELD ON 12<sup>th</sup> November 2020 AT 10.00am**

Vide Chowgule College notice (F.133(C)/600 dated 22<sup>nd</sup> October, 2020) an online meeting of this BoS was convened on 12<sup>th</sup> November, 2020, via Google Meet. Since the number of members present represented the Quorum, the BoS began its proceedings.

Minutes are presented in the format.

Members present:

1. Mrs. Sobita Kirtani - Chairperson
2. Mr. Aresh Naik – Member Secretary
3. Dr. Ubaldina Noronha – Vice-Chancellor’s Nominee
4. Dr. Shanmukh Vasant Kamble – Academic Council Nominee
5. Dr. Aldina Braganza – Academic Council Nominee
6. Dr. Ravindra Agrawal – Industry Representative
7. Ms. Aditi Tendulkar - Alumni
8. Ms. Aiswarya M. Babu – Member
9. Ms. Shobika Jaju – Member
10. Ms. Tanya Keni – Member

Absent with intimation

1. Dr. Golda Vas – Member
2. Ms. Rochelle Pereira – Member

## Proceedings

The Chairperson welcomed the members of the Board of Studies (BoS). The Chairperson introduced and explained the agenda for the meeting and Board transacted the following business:

### Agenda Items:

1. To approve changes in UG Syllabus.
2. To approve changes in PG Syllabus.
3. Any Other Business

### PART A: Resolution:

#### **For the UG Section**

- i. The BoS passed the resolution to approve changes in the syllabus to the following courses at the undergraduate program.

<b>Course Titles</b>	<b>Code</b>	<b>Nature of course</b>
Sport Psychology	PSY-III.E-4	Elective

- ii. The BoS passed the resolution to approve changes in the course learning outcomes of the following courses at the undergraduate program.

<b>Course Titles</b>	<b>Code</b>	<b>Nature of course</b>
Neuropsychology I	PSY-VI.E-15	Elective

- iii. The BoS approved the list of online courses that Third Year students can attend, to accumulate internship hours for AY 2020-21.
- iv. The BoS approved the LOCF document with minor edits.
- v. The BoS approved the renaming of Course Outcomes to Course Learning Outcomes for all courses, in accordance with the LOCF document.

### For the PG Section

- i. The BoS passed the resolution to approve changes in the syllabi of the following courses in the postgraduate program.

<b>Course Titles</b>	<b>Code</b>	<b>Nature of course</b>
Case studies in Child Development	PG-PSY-I. S-2	Core
Case studies in Child Psychopathology	PG-PSY-II. S-4	Core
Case Study-ways to understand psychotherapies	PG-PSY-III.S-6	Core
Case Studies in Understanding Childhood Disabilities and Understanding Special needs	PG-PSY-IV.S-8	Core

**PART B:** Important Points/ recommendations of BoS that require consideration / approval of Academic Council:

### For the UG Section

- i. The BoS passed the resolution to approve changes in the syllabus to the following courses at the undergraduate program.

<b>Course Titles</b>	<b>Code</b>	<b>Nature of course</b>
Sport Psychology	PSY-III.E-4	Elective

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- v. The BoS approved the renaming of Course Outcomes to Course Learning Outcomes for all courses, in accordance with the LOCF document.

**For the PG Section**

- i. The BoS passed the resolution to approve changes in the syllabi of the following courses in the postgraduate program.

<b>Course Titles</b>	<b>Code</b>	<b>Nature of course</b>
Case studies in Child Development	PG-PSY-I. S-2	Core
Case studies in Child Psychopathology	PG-PSY-II. S-4	Core
Case Study-ways to understand psychotherapies	PG-PSY-III.S-6	Core
Case Studies in Understanding Childhood Disabilities and Understanding Special needs	PG-PSY-IV.S-8	Core

The foregoing minutes of the meeting were read out by the Member Secretary and they were unanimously approved by all the members present.

- 1. Mrs. Sobita Kirtani - Chairperson
- 2. Mr. Aresh Naik – Member Secretary
- 3. Dr. Ubaldina Noronha – Vice-Chancellor’s Nominee
- 4. Dr. Shanmukh Vasant Kamble – Academic Council Nominee
- 5. Dr. Aldina Braganza – Academic Council Nominee
- 6. Dr. Ravindra Agrawal – Industry Representative

7. Ms. Aditi Tendulkar - Alumni
8. Ms. Aiswarya M. Babu – Member
9. Ms. Shobika Jaju – Member
10. Ms. Tanya Keni – Member

Date: 12<sup>th</sup> November, 2020

Signature of the Chairperson

(Sobita Kirtani)

PART C: The remarks of the Dean of the Faculty:-

- a. The minutes are in order
- b. The minutes may be placed before the Academic Council with remark, if any.
- c. Important points of the minutes which need clear policy decision of the Academic council to be recorded.

Date:

Signature of the Dean: \_\_\_\_\_

**Courses revised at the BoS held on 12th  
November, 2020**

**Course: Case studies in Child Development**

**Code: PG-PSY-I.S-2**

**Marks: 75**

**Credits: 03**

**Course Objectives:**

1. To train students in basic observational skills.
2. To help the students develop analytical skills and abilities.

**Outcomes:** At the end of this course students will be able to:

- CO 1. Identify children's strengths and behaviours that require intervention.
- CO2. Record the pattern of interaction and behaviour of children with others.
- CO3. Analyse causes of faulty behaviours in children
- CO4. Recommend therapeutic treatment

**Course Description:**

This course focuses on helping the students develop practical knowledge about working on field as child psychologists. The course content will focus on helping the students develop skills to identify, observe, analyze and report the case. Students will be given both theoretical cases (through books and movies) as also practical cases so that they develop a clear & better understanding of dealing with clients on field.

## **Syllabus**

### **Unit I. Movie Review** (Any one)

(15 marks)

Number of Hours: 05

- 1- Inside Out
- 2- Finding Nemo
- 3- Dumbo
- 4- Brave

**Unit II. Book Review (Any one)**

(15 marks)

Number of Hours: 20

1. DIBS in search of self. – Real case from Woolf's book.
2. I am Sybil
3. Bell Jar

**Unit III Case Study Analysis**

(45 marks)

Number of Hours: 20

**Case Studies in Child Development**

- I. One Online published case study
- II. Two Case studies by local clinician and mental health professionals.



### **Assessment and Evaluation:**

Movie review: Students will have to watch a movie and present it in the class with reference to: Plot of the movie; description of the central characters; analysis of the characters and the movie from a psychological perspective; suggest psychological treatment if any; critical evaluation of the movie.

Book review: Students will have to read a book and present it in the class with reference to: Theme of the book; description of the central characters; analysis of the characters and the book from a psychological perspective; suggest psychological treatment if any; critical evaluation of the book.

# Students can choose any movie/book other than the ones prescribed with prior approval of the concerned teacher.

### **Case Study Analysis: Case Study:**

Students will be provided with three case studies, out of which two would be by local mental health professionals and remaining one would be a published case online. Students are required to analyze three cases with respect to the development of a child along the following parameters and submit a detailed report of the cases:

The consolidated report should include the following details:

1. Developmental milestones
2. Socio-economic factors
3. Parental influences and parenting styles
4. Physical Development (prenatal development, motor development)
5. Emotional Development
6. Cognitive Development
7. Social Development

8. Behavioural patterns of the child

9. Problem behaviour in any

10. Recommendations if any

X-X-X-

**Semester II**

**Course: Case studies in Child**

**Psychopathology**

**Code: PG-PSY-II.S-4**

**Marks: 75**

**Credits: 03**

**Course Objectives:**

1. To train students in participant observational skills.
2. To help the students develop analytical skills and abilities.

**Outcomes:** At the end of this course students will be able to:

CO1 Identify children's strengths and behaviours that require intervention.

CO2 Record the pattern of interaction and behaviour of children with others.

CO3 Analyze causes of faulty behaviours in children.

CO4 Recommend therapeutic treatment.

**Course Description:**

This course focuses on helping the students develop practical knowledge about working on field as child psychologists. The course content will focus on helping the students develop skills to identify, observe, analyze and report the case. Students will be given both theoretical cases (through books and movies) as also practical cases so that they develop a clear & better understanding of dealing with clients on field.

## **Syllabus**

### **Unit I. Movie Review (Any one)**

(15 marks)

Number of Hours: 05

- A. Girl Interrupted
- B. Gone Girl
- C. Split
- D. We need to talk about Kevin

### **Unit II. Book Review (Any one)**

(15 marks)

Number of Hours: 20

- A. Genie, the feral child – case review
- B. The woman who can't forget – book review

### **Unit III Case Study Analysis**

(45 marks)

Number of Hours: 20

### **Case Studies in Child Psychopathology**

- III. One Online published case study
- IV. Two Case studies by local clinician and mental health professionals

### **Assessment and Evaluation:**

Movie review: Students will have to watch a movie and present it in the class with reference to:

Plot of the movie; description of the central characters; analysis of the characters and the movie from a psychological perspective; suggest psychological treatment if any; critical evaluation of the movie.

Book review: Students will have to read a book and present it in the class with reference to:

Theme of the book; description of the central characters; analysis of the characters and the book from a psychological perspective; suggest psychological treatment if any; critical evaluation of the book.

# Students can choose any book or cases other than the ones prescribed with prior approval of the concerned teacher.

### **Case Study Analysis:**

Case Study Analysis: Case Study:

Students will be provided with three case studies, out of which two would be by local mental health professionals and remaining one would be a published case online. Students are required to analyze three cases with respect to the any degree of child pathology / problem behavior and its impact on the development of a child along the following parameters and submit a detailed report of the cases:

The consolidated report should include the following details:

3. Developmental milestones
4. Socio-economic factors

3. Parental influences and parenting styles
4. Physical Development (prenatal development, motor development)
5. Emotional Development
6. Cognitive Development
7. Social Development
8. Behavioural patterns of the child
9. Problem behaviour & therapeutic plan, treatment modalities
10. Recommendations if any

X-X-X-

### **Semester III**

**Course: Case studies – way to understand**

**Psychotherapies**

**Code: PG-PSY-III.S-6**

**Marks: 75**

**Credits: 03**

#### **Course Objectives:**

1. To train students in basic observational skills.
2. To help the students develop analytical skills and abilities.

**Outcomes:** At the end of this course students will be able to:

CO1 Identify children's strengths and behaviours that require intervention.

CO2 Record the pattern of interaction and behavior of children with others.

CO3 Analyse causes of faulty behaviours in children

CO4 Recommend therapeutic treatment.

#### **Course Description:**

This course focuses on helping the students develop practical knowledge about working on field as child psychologists. The course content will focus on helping the students develop skills to identify, observe, analyse and report the case. Students will be given both theoretical cases (through books and movies) as also practical cases so that they develop a clear & better understanding of dealing with clients on field.

#### **Syllabus**

##### **Unit I. Movie Review**

(15 marks)

Number of Hours: 10

1. Movie Review 1
2. Movie Review 2

### 3. Comparative Analysis of the two movies.

(In the first two semesters, students have only reviewed one movie each student; in this semester, now that the students have understood and are more familiar with the process of the movie reviewing, they will have to review two movies based on a similar theme around pathology/a disability/ special needs and compare these movies from a psychological perspective)

## **Unit II Case Formulation**

(15 marks)

Number of Hours: 10

Students are required to review and examine hypothetical case pertaining to Child Psychology/ Pathology and have to identify the steps in which they would approach the problem behavior in a particular case. Students are required to prepare a report and engage in discussion with the class. Each student will be required to review one case.

## **Unit III Case study analysis**

(45 marks)

Number of Hours:25

- V. One Online published case study
- VI. One Case study by local clinician and mental health professionals
- VII. Comparative Analysis



## **Assessment & Evaluation:**

### Unit I. Movie Review

Movie review: Students will have to watch two movies and do a comparative analysis and submit a report with reference to the following pointers given below:

Plot of the movie; description of the central characters; analysis of the characters and the movie from a psychological perspective; suggest psychological treatment if any; critical evaluation of the movie.

# Students would be given movie suggestions by the course teacher. Students need to take prior approval from the course teacher before choosing the movies.

### Unit II Case Formulation

Students are required to review one case and formulate the case discussion for the same. They have to submit a report using DSM Case formulation and psychodiagnostic formulation and engage in discussion with the class. Each student will be required to present one case.

### Unit III Case study analysis

Students will be provided with two case studies, out of which one would be by local mental health professionals (Special child case) and one would be a published case online (case with normal development or mild problem behavior). The students are expected to analyze the two cases and also make a comparative report. Students have to submit a consolidated report where in the focus would be on understanding the developmental differences between normal children and special children with respect to the following:

1. Behavioural development
2. Academic performance
3. Developmental Milestones
4. Peer relationships
5. Physical development
6. Emotional development.

7. Cognitive Development

8. Parental influence/ parenting styles

9. Problem behaviour & therapeutic plan, treatment modalities

10. Recommendations

**X-X-X-X**

## **Semester IV**

**Course: Case studies in Childhood Disabilities and Understanding Special needs**

**Code: PG-PSY-IV.S-8**

**Marks: 75**

**Credits: 03**

### **Course Objectives:**

1. To train students in basic observational skills.
2. To help the students develop analytical skills and abilities.

**Outcomes:** At the end of this course students will be able to:

- CO1. Identify children's strengths and behaviours that require intervention.
- CO2. Record the pattern of interaction and behaviour of children with others.
- CO3. Analyse causes of faulty behaviours in children
- CO4. Recommend therapeutic treatment.

### **Course Description:**

This course focuses on helping the students develop practical knowledge about working on field as child psychologists. The course content will focus on helping the students develop skills to identify, observe, analyse and report the case. Students will be given both theoretical cases (through books and movies) as also practical cases so that they develop a clear & better understanding of dealing with clients on field.

### **Syllabus**

#### **Unit I. Movie Review**

(15 marks)

Number of Hours: 10

1. Movie Review 1
2. Movie Review 2
3. Comparative Analysis of the two movies.

(In the first two semesters, students have only reviewed one movie each student; in this semester, now that the students have understood and are more familiar with the process of

the movie reviewing, they will have to review two movies based on a childhood disability/ special needs and compare these movies from a psychological perspective)

**Unit II Case Formulation**

(15 marks)

Number of Hours: 10

Students are required to review and examine hypothetical case pertaining to Childhood disability/ special needs and have to identify the steps in which they would approach the particular case. Students are required to prepare a report and engage in discussion with the class. Each student will be required to review one case.

**Unit III Case Study Analysis**

(45 marks)

Number of Hours: 25

VIII. One Online published case study

IX. Two Case studies by local clinician and mental health professionals

#Cases pertaining to childhood disability or special needs

## **Assessment and Evaluation:**

### Movie review:

- Students will have to watch two movies based on childhood disability or with reference to any special needs and present it in the class with reference to: Plot of the movie; description of the central characters; analysis of the characters and the movie from a psychological perspective; suggest psychological treatment if any; critical evaluation of the movie.

- Students will also have to compare the two movies based on the above points and submit a report of the same.

# Students would be given movie suggestions by the course teacher. Students need to take prior approval from the course teacher before choosing the movies.

### Case Formulation:

Students will be given one case (case pertaining to a childhood disability or special need) each to present in class and discuss with the others. Each student will be expected to submit a report on the case discussion using the DSM case formulation and psychodiagnostic formulation. Students will be examining how to approach a child, the problem behavior and treatment modality etc. in the case discussion.

### Case Study Analysis

Students will be provided with two case studies, out of which one would be provided by local mental health professionals (Special child case) and one would be a published case online (case with childhood disability/special needs). The students are expected to analyze the two cases and submit a consolidated report. The case study component will focus on children with special needs and planning interventions for enhancing their development in the following areas:

11. Behavioural development
12. Academic performance
13. Developmental Milestones
14. Peer relationships

15. Physical development
16. Emotional development.
17. Cognitive Development
18. Parental influence/ parenting styles
19. Problem behaviour & therapeutic plan, treatment modalities
20. Recommendations

**X-X-X-X**

## ANNEXURE A

**Board of Studies- Department of Psychology**

**12<sup>th</sup> November, 2020**

**(Summary of changes incorporated in the syllabus)**

### **Changes for the UG program**

<b>Sem</b>	<b>Course Title</b>	<b>Changes Proposed</b>	<b>Specify the reason for the change</b>
III	Sport Psychology	Unit II. Attitude to Sports omitted Units III and IV: Merged in one unit Unit V: Coaching Psychology omitted Two new units introduced: <b>Group processes and Performance enhancement and other issues</b>	Total number of units had to be reduced to match the number of credits being offered. Reference book was changed as the previous one wasn't targeted for psychology students.
V	Neuropsychology I	Course Learning Outcome 3 to be omitted	This outcome is already addressed by another elective in the same vertical, hence it is removed from this course.

### **Changes for the PG program**

<b>Sem</b>	<b>Course Title</b>	<b>Changes Proposed</b>	<b>Specify the reason for the change</b>
I	Case studies in Child Development	To replace field visits to schools for case observations, with sourcing cases online and from local professionals	Due to Covid restrictions, schools haven't begun classes on campus. As such, students cannot visit the campuses for field visits.
II	Case studies in Child Psychopathology		
III	Case Study-ways to understand psychotherapies		
IV	Case Studies in Understanding Childhood Disabilities and Understanding Special needs		