



Chowgule Education Society's  
Parvatibai Chowgule College of Arts and Science  
(Autonomous)

Accredited by NAAC with Grade 'A+'  
Best Affiliated College-Goa University Silver Jubilee Year Award

## HIGHLIGHTS - OCTOBER 2024



*Saraswati Pujan*

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## Activities and remarkable achievements for the month of October 2024

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**From the Principal's Desk**

Dear All,

Greetings!

I hope this message finds you well. We are happy to share some of the activities organized by various Departments and College Committees for the month of October 2024.

Season's Greetings and wish you all a Happy & Prosperous New Year 2025!

**Prof. (Dr.) Sangeeta G. Sankhalkar**  
**Principal**

## ACADEMIC SECTION

### Highlights of the Month

- **Induction Ceremony of ‘Advitiya Netrutva’**  
‘Advitiya Netrutva’, Student Leadership Group & Student Sports Leadership Group for the academic year 2024-25 was inducted on 3<sup>rd</sup> October, 2024.



“Advitiya Netrutva”  
Student Leadership Group  
2024-25



“Advitiya Netrutva”  
Student Sports Leadership Group  
2024-25

- **Saraswati Pujan**  
The College performed Shree Devi Saraswati Puja in the Heritage Hall on 9<sup>th</sup> October, 2024.



*A glimpse of the Shree Devi Saraswati Puja*

## Other Activities

### • Voter Registration Camp

Electoral Literacy Club of the College in collaboration with AERO and ERO of 30- Fatorda AC organized a 'Voter Registration Camp' on 17<sup>th</sup> October, 2024. The camp was organized for the purpose of increasing enrolment of voters in the age group of 18 years and above. 14 students, 2 faculty members and 2 external members attended the camp.



A glimpse of the 'Voter Registration Camp'

## Observatory Days

### • Gandhi Jayanti 2024

The College along with the NSS unit organized a 'Cleanliness Drive' to celebrate Gandhi Jayanti on 2<sup>nd</sup> October, 2024. A short ceremony in the Heritage Hall was followed by students and teachers of the college working together to clean the campus and the areas around the college. In doing so, the college emphasized its commitment to a cleaner surrounding and a cleaner nation.



A glimpse of Gandhi Jayanti 2024 Shramadan

- **Celebration of ‘Rashtriya Ekta Diwas’ and ‘Vigilance Awareness Week 2024’**

The ‘Vigilance Awareness Week 2024’ was also celebrated in College on 28<sup>th</sup> October, 2024 by administering the ‘Integrity’ Pledge.

On the occasion of Birth Anniversary of Sardar Vallabhbhai Patel, National Unity Day was observed in College on 30<sup>th</sup> October, 2024 by administering the ‘Rashtriya Ekta Diwas’ Pledge. All the non-teaching staff attended the same.



*Staff members taking the ‘Rashtriya Ekta Diwas’ Pledge*



*Staff members taking the Vigilance Awareness Week 2024’ Pledge*

## Students Section

### Students Achievements

- A total of 10 students of the **Department of Zoology** participated in the **'Wilderness 7.0'**, an all Goa inter-collegiate event organized by the **Department of Zoology, of Ganpat Parsekar College of Education, Harmal Goa** on 4<sup>th</sup> October, 2024.

The students won *First Place* in 'Quiz Competition' and 'Mr. Wilderness', *Second Place* in 'Dishsect Competition' and *Third Place* in 'Wild Echoes Poster Competition' and 'Photography Competition'.

The **Department of Zoology** of our College team emerged as **First Runners-Up** in the event and were awarded with a trophy and certificates.



Department of Zoology  
*First Runners-Up*  
'Wilderness 7.0'

- Ms. Samiya Ramnath Anurlekar**, student of **F.Y.B.Sc. Zoology** won the **Second Place** for **State Level Rangoli Competition** of the theme **'Nocturnal Diversity of Goa'**.

**Mr. Siddhant Nair** and **Ms. Samaira Bi Fatani**, students of **SYBSc Zoology**, won the **First Place** at the **State Level Quiz Competition**.

The event was organized as a part of the **73<sup>rd</sup> Wildlife Week Celebration by Goa Forest Department, Government of Goa** on 3<sup>rd</sup> and 5<sup>th</sup> October, 2024 respectively.





**Ms. Samiya Ramnath Anurlekar**  
**Second Place**  
State Level Rangoli Competition



**Mr. Siddhant Nair & Ms. Samaira Bi Fatani,**  
**First Place**  
State Level Quiz Competition

- Two students Mr. Anijay Prabhu, S.Y.B.A. and Ms. Shanelle Fernandes, T.Y.B.A. participated in the inter-collegiate competitions Photography and Reel Making with the theme 'Gender Equity Ideathon' organized by St. Xavier's College, Mapusa on 7<sup>th</sup> October, 2024. The event aimed to promote awareness and discussion on gender equity among students. **Mr. Anijay Prabhu** bagged the **First Place** in **Reel making competition**.



**Mr. Anijay Prabhu**  
**Winner**  
Reel Making Competition

- Students from the Department of Hindi **Ms. Gautami Mazgaonkar** (F.Y.B.A.) secured the **Third Prize** with a cash prize of Rs.1000/ and **Ms. Anjali Naik** (SYBA) got the **Fourth Prize** with a cash prize of Rs.750/ for the **Elocution Competition** on the topic 'Culture of Integrity for the Prosperity of the nation's Prosperity'- 'सत्यनिष्ठा की संस्कृति से राष्ट्र की समृद्धि' organized by Goa Shipyard, Limited on the occasion of Vigilance Awareness Week at MES College, Zuarinagar on 10<sup>th</sup> October 2024.
- The Project team of the Department of Biotechnology under the guidance of Dr. Shaiesh S. Morajkar, Assistant Professor in the Department presented their innovative product "*Salsorb: Biosorbent-based Packed-Bed Column*", at the State Level Thematic Project Competition for the National Youth Festival organized by the Goa State Council of Science & Technology (GSCST) at the Science Centre on 16<sup>th</sup> October, 2024.

They have been selected as one of the top 10 teams that will represent the State of Goa at the National Level Competition from 12<sup>th</sup> to 16<sup>th</sup> January, 2025.

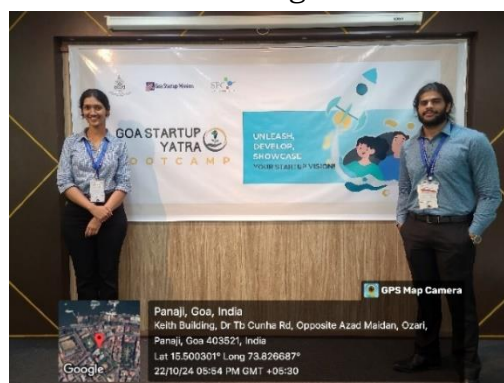


*Students and faculty for the National Youth Festival*

- **Ms. Stancy Tom and Mr. Sanman Bandekar, students of T.Y.B.Sc. Biochemistry**, made an outstanding contribution at the prestigious **Goa Start-up Yatra Bootcamp**, organized by the **Start-up Promotion Cell, Government of Goa** on the 21<sup>st</sup> and 22<sup>nd</sup> October, 2024.

They showcased their final year project and Start-up idea. They were shortlisted among the **top 5 Start-up ideas** in the bootcamp amongst a total of 25 entries all over Goa.

They were the only students having a science-based project compared to the entire crowd who were engineering based, making their accomplishment even more significant. Their achievements even earned them recognition from **Shri. Rohan Khaunte, the Honourable IT Minister of Goa**, who appreciated their efforts and their forward-thinking idea.



*Ms. Stancy Tom and Mr. Sanman Bandekar*

### Students Participation

- Two T.Y.B.Sc.-Geology students Ms. Siya Vernekar and Ms. Sahana M attended a One-day hands-on workshop titled '*Exploring Earth from a Bird's Eye: Drone Workshop*' organized by the Department of Geology, Government College of Arts, Science and Commerce, Sanquelim in association with the Directorate of Higher Education, Government of Goa on 10<sup>th</sup> October, 2024.



Students for the 'Exploring Earth from a Bird's Eye: Drone Workshop'

- Seven students of S.Y.B.Sc.-Biotechnology successfully completed the workshop on 'Cell culture technology and 3D Bioprinting' for the purpose of skill upgradation organized by BITS Pilani K K Birla Goa campus at the Innovation lab of BGIIES, BITS BIRAC BioNEST, BITS Pilani KK Birla Goa campus from 17<sup>th</sup> to 19<sup>th</sup> October, 2024.



Students for the workshop on 'Cell culture technology and 3D Bioprinting'

- Students of T.Y.B.Sc.-Biotechnology along with Dr. Ravina Pai and Dr. Shaiesh Morajkar, Assistant Professors, Department of Biotechnology visited Sewage Treatment Plant, Panaji as part of the practical curriculum for Environmental Biotechnology on 18<sup>th</sup> October, 2024.



Students and faculty at the Sewage Treatment Plant, Panaji

## Faculty Section

### Faculty Achievements

- **Dr. Uma Masur**, Head, Department of Botany completed NPTEL an online certification course of 8 weeks in Plant Cell Bioprocessing.
- **Ms. Sharanya Ravindranath**, Assistant Professor, **Department of Economics** has successfully qualified for the **University Grants Commission National Eligibility Test (UGC-NET)** June 2024, held on 28<sup>th</sup> August 2024 in the subject of Economics. She has qualified for eligibility to pursue admission to Ph.D. programme.
- **Ms. Krupali Prasad Gauns Dessai**, Assistant Professor, **Department of Economics** has successfully qualified for the **University Grants Commission National Eligibility Test (UGC-NET)** held on 28<sup>th</sup> August 2024 in the subject of Economics.



Ms. Sharanya Ravindranath



Ms. Krupali Prasad Gauns Dessai

### Invitation as Plenary Speaker/Resource Person

- Dr. Meghana S Devli, Head & Associate Professor, Department of Geology conducted a one-day workshop on '*Instrumentation in Gemmology*' for SY students of Geology, Government College of Arts, Science and Commerce, Sanquelim Goa as part of their Skill-Enhancement Course on 3<sup>rd</sup> November, 2024.
- Mr. Shubhankar Shah, Assistant Professor, Department of English was invited as a Judge for the following events:
  - a) '*Poster Competition*' organized by the Department of Commerce in association with the Skill Development and Monitoring Cell of Government College of Commerce and Economics, Borda - Goa (Autonomous) for School, Higher Secondary and College students of Goa on 8<sup>th</sup> October, 2024.
  - b) '*Sizzle and Slam Competition*' hosted by the Debate Club, as part of Halloween Tigers Day organised by Tigers Club Management Board of our College on 19<sup>th</sup> October, 2024.

## Faculty Participation

### Attended

- Dr. Rupali Tamuly, Head & Associate Professor, Department of Economics attended a National Two-day online training workshop on ‘Machine learning and Economics: Theory, Applications and Implications’ organized by South Asian University, Delhi from 5<sup>th</sup> to 6<sup>th</sup> October, 2024.
- Mr. Sachit Kuttikar, Assistant Professor, Department of Geology attended the One-day hands-on workshop titled ‘Exploring Earth from a Bird’s Eye: Drone Workshop’ organized by the Department of Geology, Government College of Arts, Science and Commerce, Sanquelim in association with the Directorate of Higher Education, Government of Goa on 10<sup>th</sup> October, 2024.
- Prof. (Dr.) Nandkumar Sawant, Head, Department of Geography and Research Center and Mr. Rosario D’Costa, Research Scholar attended Three Days National Level Faculty Development Programme (FDP) on ‘Research Methodology’ organized by Ideal Institute of Academic & Research Advancement (IIRA), Ministry of MSME from 13<sup>th</sup> to 15<sup>th</sup> October, 2024.
- Ms. Elicia Aguiar and Ms. Mamta Kavlekar Assistant Professors, Department of Sociology attended the two days International Consultation Combatting Sex Trafficking in Goa organized by ARZ NGO in collaboration with the Goa State Women’s Commission at Hotel Fidalgo, Panjim on 23<sup>rd</sup> and 24<sup>th</sup> October, 2024.



Faculty for the two days International Consultation Combatting Sex Trafficking in Goa

- Ms. Diksha Karapurkar and Ms. Siddhi Shirodkar, Assistant Professors, Department of Geology attended One Day Faculty Development Programme on ‘Machine Learning: From Theory to Practice’ organized by the Department of Computer Science on 24<sup>th</sup> October, 2024.
- Prof. (Dr.) Sangeeta G. Sankhalkar, Principal attended a four days’ workshop on ‘Academic Leadership & Universal Human Values (UHV)’ organized by the Directorate of Higher Education, Goa at the Multipurpose Hall, Directorate of Art & Culture, Sanskruti Bhavan, Patto, Panaji-Goa from 22<sup>nd</sup> to 25<sup>th</sup> October, 2024.

Prof. Rajeev Sangal (RS), Professor-Emeritus, IIIT Hyderabad; Prof. Anil K Tripathi (AKT), Professor, Computer Sc. & Engg. (CSE), IIT(BHU)Varanasi; Prof. Anand Kumar (AK), Retd. Professor, Surgery, IMS, BHU, Varanasi and Prof. Ranjani Parthasarathy (RP), Retd. Professor, CSE, Anna University, Chennai engaged the faculties during the workshop.

The workshop focused the importance of human values to be inculcated in academic institutions involving relationships & culture, team building and effective dialogue.



*Principal for the four days' workshop on 'Academic Leadership & Universal Human Values (UHV)'*

## Department Activities

### 1) Department of Botany

- The Department club Botanica organized an event '*The Nature Unleashed: Fun with wild flora*' on 17<sup>th</sup> October, 2024. The main objective was to educate participants about the wild flora and its economic and ecological significance through interactive activities.

It consisted of 3 main components:

Poster Presentations: Showcased wild flora with descriptions and economic importance.

Culinary Demonstrations: Featured local dishes made from wild plants.

Natural Dye Creation: Demonstrated the use of plants for crafting natural dyes.

Participants learned about the ecological and economic significance of wild flora. They explored the use of local plants in homemade dishes, promoting sustainable cooking practices, increased recognition of the importance of preserving local plant species and their habitats.

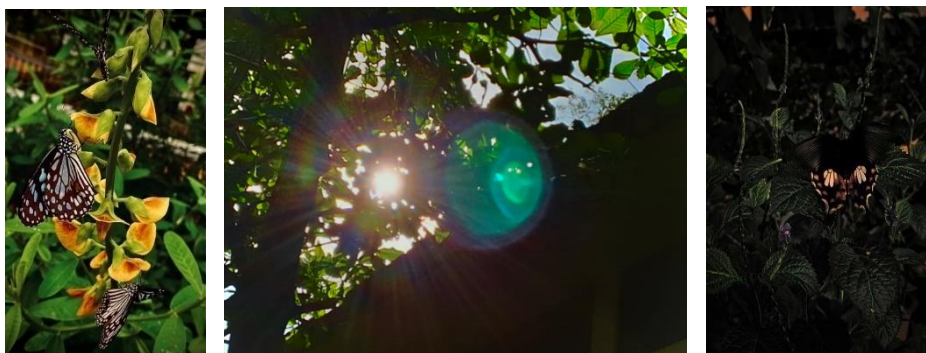


Participants of the event '*The Nature Unleashed: Fun with wild flora*'

### 2) Department of Biochemistry

The Department in association with their Synergy club organized the following activities:

- '**Scrabble Showdown**' for the students of the Department on 11<sup>th</sup> October, 2024. The students had to complete a crossword puzzle which was based on their knowledge in biochemistry over the years. Students **Ms. Sadiyah Khan**, won the **first place**, **Mr. Horrace Mascarenhas** won the **second place** and **Ms. Rainha Pereira** and **Mr. Mafran Dias** won the **third place**.
- Photography contest titled '*BEHIND THE BOOKS: the Hidden Gems of Campus*' for the students of the department on 18<sup>th</sup> October, 2024. Students showcased their creativity by capturing unique spots around the college. The contest aimed to encourage the students to explore the campus and discover the hidden beauty around the campus. The winners for this competition were **Ms. Ruana Dias** won **first place**, **Ms. Rainha Pereira** won the **second place** and **Mr. Mafran Dias** won the **third place**.



Winning entries for the photography contest

### 3) Department of Environment Science and Impact Assessment

- ‘Terra Tribe’ club of the Department of Environment Science and Impact Assessment (ESIA) in collaboration with ‘Biochrome’ Club of the Department of Biotechnology organized a visit to the Netravali Wildlife Sanctuary in the celebration of the World Wildlife Week 2024 on 4<sup>th</sup> October, 2024. 65 students along with the faculty members of the Department of ESIA visited the wild life sanctuary.



Students and faculty members for the visit to the Netravali Wildlife Sanctuary

### 4) Department of Chemistry

- Dr. Mayuri Naik, Assistant Professor in the Department received the grant of financial assistance for conducting the workshop entitled ‘Fascinating World of Chemical Sciences’ for school students from Goa State Research Foundation applied under the GSRF Summer/Winter School Scheme (2024-25).

The Post Graduate Department of Analytical Chemistry organized the following events:

- Workshop on ‘Unleashing Research potential: Laboratory to industry’ on 5<sup>th</sup> October, 2024. The resource persons were Dr. Hari K. Kadam, Assistant Professor of Analytical Chemistry, School of Chemical Sciences Goa University and Dr. Amol S. Jadhav, Manager in Analytical Research Lab, Unichem Laboratories Limited, Pilerne Goa.

Dr. Hari K. Kadam spoke on Analytical Chemistry: Nurturing Research and Dr. Amol S. Jadhav spoke on Applications of Analytical Chemistry in Industrial Research and thereafter gave a



talk on Principle, Instrumentation and applications to Gas Chromatography(GC) and High Performance Liquid Chromatography (HPLC). A total of 80 students and 5 faculty members attended the Workshop.



The resource persons Dr. Hari K. Kadam and Dr. Amol S. Jadhav delivering the sessions on 'Unleashing Research potential: Laboratory to industry'



Participants along with the resource persons

## 5) Department of Computer Science

- Industrial Visit

An alumni-facilitated industrial visit '*Connecting Theory to Practice*' was organized at Creative Capsule, Verna on 4<sup>th</sup> October, 2024. Students from Computer Science Department attended an interactive session on AI, Business Intelligence and Machine Learning. Experts in these fields provided valuable insights and highlighted the future of these technologies. The visit also included a tour of the office, where participants had the opportunity to clarify doubts and gain a better understanding of the industry's direction. A total of 22 students and 4 faculty members visited the company.





Students and faculty for the industrial visit at Creative Capsule, Verna

- Workshop on Recent Trends in Computer Science

The Department organized the workshop on ‘Recent trends in computer science Decode the Magic: How ChatGPT understands Language’ on the 14<sup>th</sup> October, 2024. The resource person was Ms. Riya Naik, PhD Research Scholar, K K Birla BITS Pilani Goa Campus. The workshop aimed to demonstrate how ChatGPT works using large language models (LLMs). It provided participants with an interactive exploration of AI, focusing on ChatGPT's text generation and interpretation, powered by deep learning and natural language processing (NLP). A total of 9 students and 9 faculty members attended the workshop.



The resource person Ms. Riya Naik delivering the session on ‘Recent trends in computer science Decode the Magic: How ChatGPT understands Language’



Participants along with the resource person

- FDP on ‘Machine Learning: From Theory to Practice’

The Department organized a Faculty Development Programme (FDP) on ‘Machine Learning: From Theory to Practice’ on 24<sup>th</sup> October, 2024. The objective of organizing the Faculty Development Program (FDP) was to strengthen both the theoretical understanding and practical skills of our faculty members in the field of Machine Learning.

The resource persons were Dr. Harikrishnan N B, Assistant Professor, Department of Computer Science and Information Systems, BITS Pilani K K Birla Goa Campus and Dr. Gargi Prabhu, Visiting Assistant Professor, Department of CS& IS, BITS Pilani, K K Birla Goa Campus.

Dr. Harikrishnan emphasized the growing importance of Machine Learning, explaining its evolution and laying the ground

work with an overview of linear algebra concepts crucial for Machine Learning. Hands-on sessions were conducted on algorithms such as Linear Regression, K-Nearest Neighbors (KNN) and Decision Trees, allowing participants to apply these techniques.

Dr. Gargi led a session focused on the use of Machine Learning algorithms in research, highlighting their application in energy conservation. She demonstrated how Machine Learning techniques can be used to predict power consumption of CUDA kernels.



Participants



Faculty members along with the resource persons

## 6) Department of Economics

- The Department organized a career guidance talk by alums for TYBA students under the series 'Know Your Alumni' on 19<sup>th</sup> October, 2024. The resource person was Mr. Shraddesh Kenkre, alumni (Batch 2018-21) and Senior Consultant (Solution architect FP and A programme) Ernst and Young (EY), Mumbai.



Mr. Shraddesh Kenkre delivering the guidance talk



Participants along with the resource person

## 7) Department of English

- The Bard by the Mandovi 2024 - The Shakespeare Festival Goa, the fourteenth edition was organized by the students of the Department under their club banner of etc. - ergo. The theme of this year's Shakespeare Festival was 'Psychedelic Shakespeare Fantasia'. A total of 6 high schools and higher secondary schools participated in the event. A total of 175 students participated in the event. The **winners trophy** was won by **Vidya Vikas Academy, Margao** while **St. Xavier's HSSC, Mapusa**, and **Loyola HSSC, Margao** were the **Runners up** and **Second Runners up** respectively.



**Winners – Vidya Vikas Academy, Margao**  
The Shakespeare Festival



**Runners up - St. Xavier's HSSC, Mapusa**  
The Shakespeare Festival



**Second Runners up - Loyola HSSC, Margao**  
The Shakespeare Festival



**Organizing Team**  
The Shakespeare Festival

- The Department of English under the guidance of Dr Sonia Fernandes Da Costa, Head & Associate Professor, Department of English celebrated 'Goan Day' on 17<sup>th</sup> October, 2024. Students of various other Departments from Hindi, Marathi, French, Konkani participated in the same. Students performed traditional Goan folk dances such as Goff, Kutti, Fugdi, Corridinho, Dhalo and also sang the Mando. Students of Goan Literature and Culture course also showcased Goan cuisine.



*A glimpse of the 'Goan Day'*

- The Department organized various activities under the ETC (English Tyger's Club)  
Club Carpe Diem- Poets & Writers Club  
The students presented their poems, songs and performances.
  - 10 October 2024 - of Mental Health, Care, and Comfort

- 17 October 2024 - celebrating all things Goan
- 24 October 2024 - teeny weeny Halloweeny

### Zeitgeist - The Film Club

Movie showcase, with pre-movie presentation and post-movie discussion.

- 8 October 2024 - *Pulp Fiction*
- 9 October 2024 - *The Lord of the Rings: The Fellowship of the Ring*

The postgraduate department in English conducted the following activities. Ms. Siffonia D'Mello, Assistant Professor, MA in English conducted the following activities.

- As part of the course 'Women's Literature' an activity 'Women in Dialogue' was organized on 1<sup>st</sup> October, 2024 featuring MA in English Part-II students who brought to life major themes from poems by celebrated poets such as Adrienne Rich, Kae Tempest, Hilda Doolittle, Kamala Das, and Sylvia Plath. This engaging event highlighted the power of women's poetry in expressing the struggles, hardships and resilience of women throughout history.



*A glimpse of the activity 'Women in Dialogue'*

- The Department organized a workshop on 'Content Creation and Publishing' on 4<sup>th</sup> October, 2024 as a part of the 'Technical and Media Writing' course. The resource person for the workshop was Mr. Frederick Noronha, Freelancer and Journalist based in Goa. Mr. Noronha provided valuable insights into the intricate world of content creation, emphasizing the essential skills needed for effective writing in the media landscape, how to write effectively for various media formats and explained how technical jargons can enhance or hinder communication, depending on the audience. A total of 13 students attended the workshop.



*The resource person Mr. Frederick Noronha delivering the session on 'Content Creation and Publishing'*

- A 'Gallery Walk' was organized by MA English Part-I students for the course 'English Poetry' on 9<sup>th</sup> October, 2024. The event was coordinated by the Course instructor- Assistant Professor Salija M. Krishna. Through the gallery walk students showcased the distinct features of poetry classed under the respective literary movement chosen by them. Students learned about the defining features of each genre of English poetry and the poets associated with it through the activity.



*A glimpse of the 'Gallery Walk'*

- For the course 'Indian Literature in Translation' students brought important plays to life through performance. The works they enacted were *Silence! The Court is in Session*, *Tughlaq*, and *Evam Indrajit*. Each group was given the privilege of immersing themselves in one of these plays, allowing them to engage with the texts in a dynamic way. This approach deepened their understanding of the plays and enhanced their empathy by allowing them to step into the shoes of diverse characters and grasp their motivations and struggles.



*Students enacting different characters*

## 8) Department of Geography & Research Center Student Achievement

- Ms. Radhika Dhuri, M.A. Geography Part II student (Batch 2023-24) has been selected at the University of Munich, Germany for the Master's Programme in Cartography. She had successfully cleared Lectureship eligibility UGC –NET for the academic year 2023-24.



Ms. Radhika Dhuri

### Department Activities

- Field Work on sustainability

Field work was organized to understand the water management system and livelihood in Curtorim by the local community on 21<sup>st</sup> October, 2024 as a part of the Skill Enchance “PRA Techniques Transect walk and personal interview as the core method to collect information of Social Science (SEC) for the first year. Around 08 students attended the field work where they used Transect walk and personal interview method.



Students for the field work at Curtorim

- Research Activity - College Journal Club

As a part of the college Journal Club Series two Ph.D. Research Scholars of the Department. Mr. Deepak Kumbhar and Mr. Aucy Travasso presented tools and techniques in geographical research on 1<sup>st</sup> October, 2024. They spoke on the Use of GIS in monitoring Urban Sprawl and on the Use of techniques in sediment collection of the river course. 23 students and 08 faculty members attended the activity.

- Subject Based Talks

The resource person Dr. J. Killivalavan, Assistant Professor, Department of Geography, Bharathidasan University, Thirichapalli, Tamil Nadu delivered a subject based talk on ‘Ground water Quality for Sustainable Development’ which aimed to highlight the importance of groundwater quality for sustainable development and public health on 4<sup>th</sup> October, 2024. 34 students and 4 faculty members attended the same.



Dr. J. Killivalavan

- Tree Plantation

The Department and the Community Outreach Cell of College in association with Camp Souza and Salcete FC, Goa organized a ‘Tree Plantation Drive’ on 16<sup>th</sup> October, 2024. Faculty, Dr. Adrian Ferro of Department addressed the initiatives undertaken by the Department emphasizing sustainability through various community-driven activities.

The plantation drive focused on the theme “*Ek Ped Maa ke Naam*” during which a total of 50 saplings were planted by faculty and students of Geography and “*Advitiya Netrutva*”-Students’ Leadership Group of the College.



Students and Faculty planting saplings at Pateapur-Nuven, Goa



- **Intercollegiate Event GEO-INDIA 3.0**  
The Department organized 'GEO-INDIA 3.0' an intercollegiate event on 10<sup>th</sup> October, 2024. Five colleges from across Goa, with 140 students participated in the event. A notable addition to this year's event was the introduction of rolling trophy for the winners, sponsored by AGES (Association of Geography Ex-Students). The overall **winners** of the event were **Government College, Khandola**, while **Ganpat Parsekar College** claimed the **runner-up** position.



*Winners- 'GEO-INDIA 3.0'  
Government College, Khandola*

- **Inauguration of GLOBE (Students Club)**  
The Department inaugurated GLOBE (Geographers Love Our Beautiful Environment), a student club aimed at Geography beyond classroom. The event began with an introduction to the club, a departmental song, and a special badging ceremony for the elected committee of GLOBE for the academic year 2024-2025. A new department T-shirt was also revealed during the ceremony.



*Elected committee of GLOBE*

## 9) Department of Geology

- The Department organized a 'Field Trip and Cleanliness Drive' to Bondla Ultramafic complex and nearby areas of Ganje and Dhamshe Bondla on 2<sup>nd</sup> October, 2024. A total of 21 S.Y.B.Sc. (major) and T.Y.B.Sc. students and 5 faculty members attended the same.



Students for the 'Field Trip and Cleanliness Drive'

- The Department in its endeavour of Academia Industry linkage organized a technical session by Mr. Alroy Cardozo, an alumni of the Department on 5<sup>th</sup> October, 2024. He shared his journey from starting as a mudlogger. A total of 38 students attended the talk.



Mr. Alroy Cardozo delivering the session



Participants

- A 'field trip' was organized to Betul and Nuvem beach for students of SYBA MDC-Multi Disciplinary course by Ms. Diksha Karapurkar and Ms. Siddhi Shirodkar, Assistant Professors from the Department on 9<sup>th</sup> October, 2024. A total of 21 students attended the same.



Students for the field trip

- A 'field trip' to Cabo de Rama, Canaconawas organized for students of FYBA MDC-Multi Disciplinary course by Mr. Sachit Kuttikar, Assistant Professor, Department of Geology on 14<sup>th</sup> October, 2024. A total of 21 students attended the same.



Students for the 'field trip' to Cabo de Rama, Canacona

- The Department in association with the College Journal club activity (PCCAS-CJC) conducted the club activity and talk about research project using GIS for the students of Geology on 22<sup>nd</sup> October, 2024. The guest speakers for the event were T.Y.B.Sc. Geology students Ms. Nimisha Borkar who spoke on the topic '*Assessing heat dynamics in Goa*' and Ms. Preeti Ekawade who spoke on topic '*Landslide susceptibility mapping of South Goa*'. A total of 19 students and 5 faculty members attended the same.



The guest speaker Ms. Nimisha Borkar delivering the session on '*Assessing heat dynamics in Goa*'



Ms. Preeti Ekawade delivering the session on '*Landslide susceptibility mapping of South Goa*'

## 10) Department of Psychology

The Department organized various sessions promoting mental well-being and mindfulness on 10<sup>th</sup> October, 2024.

- '*Stress management, Mindfulness and Psychological flexibility*' open to all was conducted by alumni of the department – Ms. Rucha Kare (MA Clinical Psychology), Ms. Neha Dukle (MA Clinical Psychology), Ms. Urvi Umarye (MA Counselling Psychology), Lyanne Fernandes (MSc. Clinical Psychology), and Ms. Shamira Aguiar (MSc Clinical Psychology). This session uncovered how mindfulness practices can reduce anxiety, improve focus, and help students become more engaged in their learning process.
- '*Mindfulness*' for the teaching staff by Ms. Jofira Fernandes, College Counsellor. The session provided practical mindfulness techniques, aimed at helping faculty members develop greater self-awareness, manage stress more effectively and improve their well-being to help reduce stress and enhance focus in a demanding educational environment.
- '*Mindfulness and Stress management*' for non-teaching staff by alumni of the Department Ms. Neha Dukle (MA Clinical Psychology), Ms. Urvi Umarye (MA Clinical Psychology) & Ms. Rucha Kare (MA Clinical Psychology).

Psychology). This interactive workshop aims to introduce participants to the principles of mindfulness, empowering them with practical tools to manage workplace stress and improve overall well-being.

- d) Two mental health camps were organized by Third-year students of the Department.



Session conducted on 'Stress management & Psychological flexibility' by alumni for students



Session conducted by Ms. Jofira Gonsalves on 'Mindfulness' for the teaching staff



Session on 'Mindfulness and Stress management' by Alumni for non-teaching staff



Stall setup by the Third-Year students for expressing emotions using art

The postgraduate Department in Psychology organized the following activities.

- The MA in Child Psychology and Child Development Part-I students conducted the following activities as part of their practical course 'Counselling Therapies for Children I'
  - a) 'Art Therapy' on the UG students on 9<sup>th</sup> October, 2024. The MA Part-I students gained practical exposure and the use of the various techniques of Art Therapy. A total of 14 UG students participated in the same.
  - b) Seven online psychoeducational workshops for parents.
    - i. Mental Health Awareness: Fact v/s Myth- Breaking the Stigma
    - ii. A Parent's Guide to Peer Pressure

- iii. Unlocking Connections: How to Communicate with Kids for Better Understanding
- iv. Empowering Parents to build resilient kids
- v. Stress-Free Parenting: Unlocking New Paths to Emotional Well-being
- vi. How to tackle parental burnout
- vii. Curbing the Craving: Managing Screen Addiction in Kids

These workshops were designed to psycho-educate parents through audio-visual aids, help parents better understand their child's problems and foster a healthy parent-child relationship. This also helped our students apply the theoretical learning's of the course and gain practical exposure.



Screenshot of the online workshops

- A workshop titled 'Surf Smart: Safe Adventures Online' was conducted by MA Part-II students at Gujarati Samaj Educational Trust, Aquem Margao on 14<sup>th</sup> October, 2024. The workshop aimed at promoting online safety among students. Interactive activities and real-life scenarios were used to make students aware of potential online dangers, such as cyber bullying, phishing scams and the importance of communicating with trusted adults.



MA Part-II student delivering the session on Surf Smart: Safe Adventures Online'

## 11) Department of Sociology

- Students of the Department visited their respective Higher Secondary Schools as ex-students, sharing their academic experiences and insights. The objective of this initiative was to engage students with their juniors, promoting Sociology as a discipline, and reflecting on its societal

benefits. The visits were scheduled between 6<sup>th</sup> September to 6<sup>th</sup> October 2024 with prior permission from the schools.



*Students visiting different HSS*

- The students from HUMAN-Dosto Club of the Department visited the 'Nazareth Home', for the elderly in Navelim on 1<sup>st</sup> October, 2024. Almost 35 inmates of the old age home had an interactive dialogue, played various games, sang songs and danced with the students. A total of 30 students along with Ms. Mamta Kavlekar, Assistant Professor of the Department participated in the visit.



*Students at the 'Nazareth Home'*

- As part of the course 'Understanding Goa's Culture' TYBA students of the Department had a practical assessment on the Unit 3: Understanding the cuisine of Goa, in which they depicted food stalls outside the canteen area on 3<sup>rd</sup> October, 2024. The assesment was based on analysing Goan food its prepration and changes, religious differences in cuisines and the Portuguese influence in food was analysied through a Sociological Perspective by the students.



*A glimpse of the food stalls*

- The Department conducted a 'study trip' for the students of Sociology at Gaondongri Village in Canacona taluka on 5<sup>th</sup> October, 2024. The field trip was conducted with regards to two courses i.e. Rural Sociology and Introducing Sociology. Through the course Rural Sociology, the field-trip aimed at providing the students an understanding of the Tribal-village agrarian structure and livelihood strategies, the village co-operations operating. The Village of Gaondongri being completely rural with a wild life sanctuary tag to the village can be related to the course Introducing Sociology in understanding the type of society existing in the village. A total of 51 students along with Dr. Sachin Savio Moraes, Head & Assistant Professor; Ms. Siana D'Mello, Assistant Professor of the Department visited the village.



*Interaction with the member of a Village Co-operative society*



*Depiction of the Traditional occupation*



*Students and faculty at an Agricultural Farm having an immersive filed experience*



*Students and Faculty at the Co-operative Society*

- T.Y.B.A. students of the Department depicted continuity and challenges of Goa's ganv, caste, occupation, attire, folk dances and festivals on 17<sup>th</sup> October, 2024 as a part of the practical continuous assesment for the course 'Understanding Goa's Culture'. The learning outcome of this practical assesment was that the students recreated various aspects of Goan culture through demonstration.



Students recreating various aspects of Goan culture through demonstration

## 12) Career and Personal Counselling Centre

- The Career and Personal Counselling Centre in collaboration with Internal Committee organised an E-Poster Making Competition on the topic 'Elimination of Violence Against Women' to sensitize students regarding the hardships women face when they are not provided with a safe environment and to highlight the laws in place to protect women who are subject to violence in the second week of October. A total of 3 students participated in the same. **Mr. Aditya Patil**, student of F.Y.B.Sc. won the **First Place**.



The Winning E-Poster  
Designed by Mr. Aditya Patil



## Activities by College Committees

### 1) National Service Scheme (NSS)

- Blood Donation Camp

The NSS unit in collaboration with the Indian Red Cross Society, Salcete Branch and Goa Medical College Blood Bank, organized a blood donation camp for the students and teachers of the college on 11<sup>th</sup> October, 2024. There were more than 40 donors.



*Blood Donation Camp*

- WWF Talk on Sustainable Approach to Integrated Waste Management (SAIM)

The NSS Unit in collaboration with World Wildlife Fund (Goa), and Saahas Zero Waste, organized a talk on ‘Sustainable Approach to Integrated Waste Management (SAIM) in Goa’ on 17<sup>th</sup> October, 2024. The resource person was Ms. Lisha da Costa, WWF Goa. They were made aware of the issues faced by present waste management systems and how the above approach is a better option for our future generations. A total of 32 volunteers and students attended the same.



*The resource person Ms. Lisha da Costa delivering the session on ‘Sustainable Approach to Integrated Waste Management (SAIM) in Goa’*

### 2) Institution’s Innovation Cell (IIC)

- Institution’s Innovation Council organized an Inter-Departmental Competition on ‘Ideation’. Students had to submit their ideas on the themes: Waste Management, Healthy Lifestyles Renewable Energy, Usage

of Technology in daily life. Final round of presentation was held on 14<sup>th</sup> October, 2024. 8 teams participated in the same.

Following were the winners:

<b>First Prize</b> <b>(Cash Prize Rs. 2000/-)</b>	Team Radhiwise	- Ms. Isha Desai and Ms. Anaiza Borges (T.Y.B.Sc.-Biotechnology)
<b>Second Prize</b> <b>(Cash Prize Rs. 1000/-)</b>	Team Caffermax	- Ms. Stancy Tom and Mr. Sanman Bandekar (T.Y.B.Sc.-Biochemistry)
<b>Third Prize</b> <b>(Cash Prize Rs. 500/-)</b>	Team Wellness Angels	- Ms. Valanka Jilda Rebelo and Ms. Glita Travasso (M.A. English Part-II)



Winners of Inter-Departmental Competition on 'Ideation'

### 3) Research and Development Cell (RDC)

- A workshop on 'Research and Publication Ethics' was organized by RDC-IPR, Legal and Ethical Matters Committee on 11<sup>th</sup> October, 2024 by Ms. Poonam Joshi, College Librarian. She spoke on the various types of plagiarism and how to recognise and avoid such malpractices. 93 students from Science Stream and 3 faculty members attended the same.



Ms. Poonam Joshi delivering the session on 'Research and Publication Ethics'



Participants

### 4) Community Outreach Cell

- The Community Outreach Cell of the College organized a heartwarming community outreach activity aimed at supporting the Gujarathi Samaj School for Differently Abled on 21<sup>st</sup> October, 2024 from 9:30 a.m. to 1:00 p.m. with the purpose of setting up a fundraiser for the school.

Dr. Sachin Moraes coordinated the activity as convenor of the Community Outreach Cell.

The highlight of the event was the sale of unique products handcrafted by the children from the Gujarathi Samaj School, intended for Diwali celebrations. These items, thoughtfully displayed in the college corridor, included festive decor and gift items, showcasing the children's creativity and efforts.



*A glimpse of the fund-raising activity with the Gujarathi Samaj School for Differently Abled*

### 5) Internal Committee

- The College Internal Committee in collaboration with the Rotary Club, Margao organized a talk on the 'Prevention of Sexual Harassment at workplace' on 3<sup>rd</sup> October, 2024 with an objective to bring about the awareness. The resource person was Adv. Yamini Dalvi, Assistant Professor, Kare College of Law for the students of the College. She highlighted on the POSH-ACT and its importance. The talk was attended by President Dr. Maria Pinto e Saldanha, Ms. Harriet Fernandes and Ms. Sharon Henriques of the Rotary Club. A total of 36 students and 4 external members attended the talk.



*The resource person Adv. Yamini Dalvi delivering the session on 'Prevention of Sexual Harassment at workplace'*



*Internal Committee members along with the resource person*

## RESEARCH SECTION

### Papers Presented

- Dr. Pradeep R. Jatal, Incharge & Assistant Professor, Department of Hindi presented paper “हिंदी की चयनित कविताओं में दलित त्रासदी” for the two day’s Inter National Seminar on “मुख्य धारा और दलित साहित्य” organized by the Shenoi Goembab School of Languages and Literature - Department of Hindi, Goa University in collaboration with Kendriya Hindi sansthan Agra and Gomantak Rashtrabhasha vidyapith, Madgaon on 14<sup>th</sup> and 15<sup>th</sup> October, 2024.



Dr. Pradeep R. Jatal delivering the session on  
“हिंदी की चयनित कविताओं में दलित त्रासदी”

- Ms. Aditi Y. Malik, Librarian Grade-I attended and presented a paper titled “राष्ट्रीय शिक्षणधोरणांतवाचनालयांची बदलती भूमिका” at the two days National Conference on ‘Digital Technologies are the future’ organized by Nirmala Institute of Education, Altinho in collaboration with Directorate of Higher Education, Porvorim on 24<sup>th</sup> and 25<sup>th</sup> October 2024.
- Ms. Lavixia E. G. Carvalho, Assistant Professor & Coordinator and Ms. Mitzy S. Crasto, Assistant Professor, MA in Child Psychology and Child Development participated in an International Conference (online mode) on ‘Mental Healthcare in India: Basics and Beyond’ organized by the Indian Mental Health & Research Centre in collaboration with Shia P. G. College, Lucknow on 5<sup>th</sup> and 6<sup>th</sup> October, 2024.

Ms. Lavixia presented a paper entitled ‘*Mindfulness and Decision-Making Ability among Undergraduate Students: A Correlational and Comparative Analysis*’.

Ms. Mitzy presented a paper entitled ‘*The Role of Self-Esteem in Perceived Loneliness among Adolescents/ Young Adults: Examining Gender Differences*’.

## SPORTS SECTION

### 1) Department of Physical Education & Sports Management

- Inter College Tennikoit Championship 2024-25  
Chowgule College Women's and Men's Teams participated in the Inter-Collegiate Tennikoit Championship 2024-25 from 7<sup>th</sup> to 10<sup>th</sup> October, 2024.

The Women's Team competed on 7<sup>th</sup> and 8<sup>th</sup> October and successfully reached the quarter-finals of the tournament. The team comprised of Ms. Sakshi Mishra, Ms. Alvia Fernandes, Ms. Atisha Shinde and Ms. Siena Fabiola Diniz.

The Men's Team played their matches on 9<sup>th</sup> and 10<sup>th</sup> October, advancing till the semi-finals. This team consisted of Mr. Rishikesh Chawan, Mr. Amitkumar Kevat, Mr. Anuj Mahesh Naik and Mr. Nachiket Raju Naik.



**Tennikoit Women Team**  
From L to R  
Ms. Atisha Shinde Ms. Sakshi Mishra, Ms. Alvia  
Fernandes and Ms. Siena Fabiola Diniz



**Tennikoit Men Team**  
From L to R  
Mr. Nachiket Raju Naik, Mr. Anuj Mahesh Naik,  
Mr. Amitkumar Kevat and Mr. Rishikesh Chawan

- Tiger Sportz Fiesta 13.0  
The Tiger Sportz Fiesta, an inter-departmental club multi-sport tournament (Season XIII), began on 2<sup>nd</sup> October, 2024 with the Campus Run event. Club Biochrome (Biotechnology) emerged victorious in both categories of the Campus Run.  
The Campus Run was followed by the Panna Challenge and Rhythmic Yogasana events on 10<sup>th</sup> October, 2024. In the Panna Challenge, Club Insync (B.Voc.) won in the boys' category, while Club Biochrome (Biotechnology) took the title in the girls' category. The Chowgule Birders Club (Zoology) and Cos Yo (Mathematics) were the championship in the Rhythmic Yogasana for the boys' and girls' categories, respectively.



*Campus Run*

*Rhythmic Yogasana*



*Panna Challenge*

*We will come back soon with more highlights of our campus in the upcoming issues.  
Your comments and suggestions are valuable to us.  
Email: [principal@chowgules.ac.in](mailto:principal@chowgules.ac.in)*

*Thank you.*

**Date: 27/12/2024**