

Parvatibai Chowgule College of Arts and Science (Autonomous)

Accredited by NAAC with Grade 'A+'
Best Affiliated College-Goa University Silver Jubilee Year Award

PRINCIPAL'S MONTHLY ACADEMIC REPORT

APRIL 2022

It is my pleasure to present the monthly report of exemplary activities and remarkable achievements for the month of April, 2022.

Highlights of the Month

World Day of Portuguese language

Under the MOU with Camões, Cooperation and Language Institute, I.P.; Parvatibai Chowgule College in collaboration with Camões, Centro de Língua Portuguesa, Panjim celebrated the 'World Day of Portuguese language' on 5th May, 2022 in the College.

The highlight of the day was the inauguration of the exhibition on the Life and Works of Nobel Prize laureate for literature in 1998 *José Saramago* of Portugal. The dignitaries present were Prof. Delfim Correia da Silva, Director of Camões Instituto de Cooperação e da Língua, Goa and visiting lecturer at the University of Goa; Dr. Shaila R. Ghanti, Offg. Principal; Dr. Ananya Das, Vice-Principal; Mr. Tolentino Colaco, faculty- Department of Portuguese and Dr. Sachin Moraes, Dean of Arts.

The exhibition was displayed in the Tigers Coop opened for the students and public from 5th to 8th May, 2022. The inaugural function was attended by staff and students. To commemorate the 'World Day of Portuguese Language', screening of the movies in Portuguese was held in College for students and public from 6th to 8th May, 2022.

The function was coordinated by Ms. Trupti Faldessai.



Lightning of the traditional lamp by Prof. Delfim Correia da Silva





Prof. Delfim Correia da Silva along with Dr. Shaila Ghanti, Offg. Principal and Dr. Ananya Das, Vice-Principal inaugurating the Exhibition

Students Achievements

• Ms. Sejal Lotlikar, SYBSc Physics student, won *Second Place* in the online powerpoint competition in 'Astronomy' organized by the Physics Department, Dhempe College, Miramar in collaboration with Association of Friends of Astronomy (Goa) on 26th March, 2022.



Ms. Sejal Lotlikar

 Ms. Joshvel Fernandes, FYBSc Botany student, won First Place at the e-Poster Presentation Competition organized on the occasion of 'World Wetland Day 2022' by Dhempe College of Arts and Science, Miramar Panaji on 7th April, 2022.



Ms. Joshvel Fernandes

• Ms. Nidhi Naik and Ms. Avira Barretto, SYBA English- Writing for the Media students won the *Second Place* and *Third Place* respectively at the Students' Editor Competition organized by Kare Law College, Margao in December 2021. A special mention for SY student Ms. Lenzie Rebelo who also received a certificate as an *honourable* mention. The prize distribution for the event was on 13th April, 2022.



Ms. Nidhi Naik, Ms. Avira Barretto and Ms. Lenzie Rehelo

- Ms. Nadia Sadiq (FYBA English) won the following Competitions:
 - a) Second Place at the All Goa Inter-collegiate Elocution Competition organized by the Literary Association of Dnyanprassarak Mandal's College and Research Centre, Assagao, Bardez – Goa on 21st April, 2022.



Ms. Nadia Sadiq

b) Best Delegate award at the Model United Nations conference organized online by the International Republic Model United Nations (IRMUN) on 30th April and 1st May, 2022. Ms. Sadiq was part of the ECOSOC (Economic and Social Committee) and represented the United States of America, where the agenda for discussion was "Mainstreaming a gender perspective into all policies and programs in the United Nations system."



Snapshot of the online conference

 Ms. Jisha Ponnachan, student of MA Part -II won the Second Place at Epiphany 4.0 - Research Paper Presentation Competition organized by Dnyanprassarak Mandal's College and Research Centre, Assagao, Bardez - Goa on 22nd April, 2022. Ms. Jyoti Pandey, a TYBA student also participated.



Ms. Jisha Ponnachan

• Mr. Suvidhya Dharwadkar, student of M.A. Hindi Part - I was invited for a Research Paper Presentation on the topic 'Challenges for Indian Languages-

Present Scenario' at the Two day International Conference organized by Bhasha Sahodari Delhi held at Institute Menezes Braganza, Panaji on 15th and 16th April, 2022.



Mr. Suvidhya Dharwadkar presenting the research paper on the topic 'Challenges for Indian Languages- Present Scenario'

Students from the Department Geology participated in the one day event, 'GEOSPHERE-Where geologists meet' organized by Dnyanprassarak Mandal's College and Research Center, Assagao Mapusa, Goa in association with Geological Society of Goa on 20th April, 2022. Ms. Apoorva Pimprikar (SYBSc) & Mr. Shubham Vidhyarthi (TYBSc) won the First runners-up in Quiz Competition, Mr. Kenneth Fernandes (SYBSc) won the First Place in Photograph Competition and Ms. Lisa Rodrigues won the First Place in a Creative Competition titled 'Geology in my backyard'.



Students' participation in the 'GEOSPHERE- Where geologists meet'



Ms. Apoorva Pimprikar & Mr. Shubham Vidhyarthi Runners-up - Quiz Competition



Mr. Kenneth Fernandes
First Place - Photography Competition



Ms. Lisa Rodrigues
First Place - 'Geology in my
Backyard' Competition

Faculty Achievements

• Dr. Bhanumati Pilli, Assistant Professor, Department of Geography and Dr. Sachin Savio Moraes, Head, Department of Sociology were selected from Western Region (Gujarat, Maharashtra, Goa) to take part in the UGC'S Unnat Bharat Mission 2.0, 1st Master Trainer's Program for Community Based Participatory Research from 20th April to 22nd April 2022 organised by Western Region Centre for Unnat Bharat at Rashtrasant Tukadoji Maharaj Nagpur University.





Dr. Bhanumati Pilli and Dr. Sachin Moraes at the Unnat Bharat Mission 2.0, Master Trainer's Program

Research Papers Published

- Ms. Padmini C. Panjikar, Assistant Professor, Department of Chemistry, published the following review article:
 - Banerjee, M; Panjikar P. C.; Das, D., Iyer S.; Bhosle A. A., Chatterjee; A. (2022). "Grindstone chemistry: A "green" approach for the synthesis and derivatization of heterocycles" *Tetrahedron*. 112: 132753–132805. Impact factor 2.457(2022)
- Ms. Glynis Dias, Assistant Professor, Department of Konkani published a
 Research Paper titled 'महाबळेश्वर सैल हांच्या कादंबऱ्यांतलो समाजीक संघर्श: हावठण आनी
 काळीगंगा कादंबऱ्यांच्या संदर्भांत' on 'Latitude', the annual Research Journal of
 Government College, Sanquelim.

Research Papers Presented

• Ms. Cialini Fernandes, Assistant Professor, Department of Konkani presented a research paper on the topic 'विन्सी क्वाद्रुश हांच्या कथांतलो समाज' at a State Level Seminar ROMI KONKNNI KOTHA: Ek PROVAS organized by St. Xavier's College, Mapusa in collaboration with Dalgado Konknni Akademi on 30th March, 2022.

Faculty Participation

- Mr. Lawrie Colaco, Sr. Consultant Training & Skill Development participated in the following programmes:
 - a) Three Months Certification course on 'Corporate Social Responsibility: Its Applied Aspects' from HCL Foundation Academy in February 2022.
 - b) Online orientation workshop titled 'Skill development and vocational education in India: An orientation workshop' organized by National Skills Network, India on 7th April, 2022.
 - c) Webinar on 'Designing Skill development programmes for the 21st Century' on 1st April, 2022.
 - d) Webinar on 'Developing Skilling Content for India Learners' organized by eSkill India Team (*National Skill Development Corporation (NSDC)*) on 10th March, 2022
 - e) National Conference on 'Future Trends in Hospitality & Tourism Marketing Management' organized by Ajeenkya D Y Patil University on 25th March, 2022.
- Ms. Shivani Shrihari Verenker, Assistant Professor, Department of Konkani along with three students from the Department of Konkani attended a State level Seminar on the topic, 'गोंयची लोकसंस्कृताय: संवर्धन आनी जतनाय' organized by Government College of Quepem on 5th April, 2022.
- Dr. Sachin Savio Moraes, Head, Department of Sociology attended a One Day State Level Workshop for Sociology teachers on 'GEC and SEC courses' organized by the Department of Sociology, Government College, Quepem on 25th April, 2022.
- Ms. Glynis Dias and Ms. Shivani Shrihari Verenker, Assistant Professors, Department of Konkani along with seven students from the Department of Konkani attended a two day National Seminar titled, 'স্থাব্য স্বাৰক্ষ্য' organized by Sant Sohirobanath Ambiye Government College of Arts and Commerce, Virnoda Pernem on 28th and 29th April, 2022.
- Mrs. Poonam M. Joshi, Librarian and Mrs. Aditi Y. Malik, Librarian Grade I Department of Library & Information Science attended the following:
 - a) An online International Webinar on 'Research Indicators, Publishing Ethics Predatory Journals and Academic Research Services in the Higher Education Sector' jointly organized by the Library Department of Skyline University College, Sharjah & Skyline University Nigeria on 6th April, 2022. The resource persons were Mr. Raja Visvanathan, Scientist-C (Computer Science) at INFLIBNET Gandhinagar, Gujarat, Govt of India

- and Dr. J. Arumugam, PhD. Librarian, PSG College of Technology, Coimbatore, Tamil Nadu.
- b) Workshop on 'Guide to identify Fake/Predatory/Cloned Journals in Academics' for College Librarians and Librarian Grade I of Goa organized by Directorate of Higher Education at Directorate of Higher Education, New SCERT Building, Porvorim on 12th April, 2022.

Other Activities by Departments

1) Department of Botany

• The students of Agricultural Development Trust's Shardabai Pawar Mahila Arts, Commerce & Science College, Baramati, Pune along with the faculties visited our College campus and the Department of Botany as a part of their study tour on 20th April, 2022.



Students and faculties of Agricultural Development Trust's Shardabai Pawar Mahila Arts, Commerce & Science College, Baramati, Pune

Visit to ICAR-CCARI, Old Goa
 Students of S.Y.B.Sc. and T.Y.B.Sc. from the Department of Botany along with the two faculty members Mrs. Amisha Pednekar and Dr. Sankrita Gaonkar visited ICAR-Central Coastal Agricultural Research Institute, Old Goa on 26th April, 2022. The study visit was a part of the practical sessions.



Visit to ICAR-CCARI, Old Goa

• Dr. Uma Masur, Head, Department of Botany was deputed for 7th Edition of Science Film Festival of India (SCIFFI 2022) at Entertainment Society of Goa (ESG) complex as a member of organising committee of SCIFFI 2022 being an EC member of Vidnyan Parishad, Goa from 26th to 28th April, 2022.



2) Department of Economics

• The Department of Economics, Parvatibai Chowgule College of Arts and Science in association with the Research Cell of the CES College, Cuncolim – Goa organized an intercollegiate Paper Presentation event on the topic 'Goa: Yesterday, Today and Tomorrow' at CES College, Cuncolim on 23rd April, 2022. Three students from the Department of Economics along with a faculty member Ms. Aishwarya Desai participated in the event.

Our students Ms. Manshi Nagar (TYBA) won the *First Place* with a cash prize of Rs. 1000/- and a certificate, Ms. Safa Khan(FYBA) won the *Third Place* with a cash prize of Rs. 500/- and a certificate & Ms. Anuj Almeida(SYBA) with a participation certificate.



Winners and participants along with Offg. Principal, Vice- Principal and faculty members

Financial Literacy and Awareness Program

The Board of Industry Academia Partnership (BIAP) in association with the Department of Economics, Parvatibai Chowgule College of Arts and Science organised an online talk on 'Financial Literacy and Awareness Program' on 1st April, 2022. The guest speaker for the session was Ms. Daksha Gogia, Trainer for financial literacy and Investor Education, Board of Industry Academia Partnership.

The session focused on the importance of financial literacy and early investment. The resource person spoke about different financial instruments, the benefits of long-term investment and the importance of fundamental analysis before investing. The informative session helped students to gain knowledge about the benefits of early investment, and ways to invest which will help them become financially independent and make better financial decisions. The incharge of the event was Ms. Shermin A. Shaikh, Assistant Professor, Department of Economics. A total of 58 students from various departments of the college attended the talk.

3) Department of English

- The Department of English guided by Assistant Professor Mr. Andrew Barreto organized a talk on 'Basics of Financial Planning & Taxation' in collaboration with the financial management company Financial Wisdom, and the Department of Economics on 7th April, 2022. The speaker for the event was Ms. Manalee Vernekar, Founder & CEO Financial Wisdom. She advised the students in long term savings and judicious use of money and how to gain from the compounding interest. Dr. Debashish Majumdar, Head, Department of Economics was the Guest of Honour for the valedictory session. A total of over 92 students and faculty members were present for the session.
- Students enacted Vijay Tendulkar's play Ghashiram Kotwal as a part of their continuous assessment for the course Twentieth Century English Drama on 11th April, 2022.
- Assistant Professor Mr. Shubhankar Shah organized a
 workshop titled 'Basics of Photography' for faculty and
 students in the college on 22rd & 23rd April, 2022.
 Around 22 students attended the workshop where
 they were introduced to the technical, compositional
 and practical elements of photography on day one
 along with a hands-on session with DSLRs and
 cameras on day two.



Workshop on 'Basics of Photography'

• Departmental Event - Celebrating Shakespeare! The Department of English students with their club English Tygers club commemorated the birth & death anniversary of William Shakespeare with a cosplay event at the campus, followed by an animated movie showcase of four of his plays on 23rd April, 2022. A total of 60 students participated on the festive day. Students cosplayed characters from his plays, and those who could not, watched his plays.



 Ms. Loretta Rodrigues, Assistant Professor organized a Performance Poetry session on 29th April, 2022 as part of the TYBA Representation of Gender and Sexuality Course in collaboration with the department's poets' and writers' club 'Club Carpediem'. The students performed poems by poets from the queer community. Meraki Goa - Special Magazine on Goa
 Students of the UG Writing for the Media Course have written and created a special Goa@60 Magazine under the faculty supervision of Assistant Professor Mr. Andrew Barreto.

CLUB ACTIVITIES:

• CLUB CARPE DIEM

As a part of etc. (english tygers club) Club Carpe Diem met regularly every Friday to share poems, anecdotes, music and stand-up!

- a) 01 April 2022 Session #8 of Club Carpe Diem was a special on April Fool's Day, where a special session of the stand-up The Giggle Spot was also organized in the Lower Auditorium with over 90 students in attendance. The event was hosted by *Avira Barretto (SYBA) and Leander Fernandes (TYBA)* respectively.
- b) 08 April 2022 Session #9 of Club Carpe Diem was a special on Group Performances, organized in the AV room with over 40 students in attendance. The event was hosted by *Sarah Lobo & Smriti Tamankar(SYBA)* and saw a variety of group performances as well as individual performances.
- c) 22 April 2022 Session #10 of Club Carpe Diem was themed as Nightmares, organized in the AV room with over 40 students in attendance. The event was hosted by *Rachel Fernandes (SYBA)* and saw a variety of performances on the theme.
- d) 29 April 2022 Session #11 of Club Carpe Diem was a special on Gender & Sexuality hosted by Gabbrielle Fernandes and Megan Martins and performances from the students of the Gender & Sexuality Course were the highlight of the evening. With many students using the safe space to address their own sexuality the session was an extremely emotional one. The students in attendance were over 50 with over 30 people performing during the session.

• ZEITGEIST - The Film Club

- a) 01 April 2022 Ms. Loretta Rodrigues, Assistant Professor organized a movie screening as part of the TYBA Representation of Gender and Sexuality Course in collaboration with the department's movie club 'Zeitgeist'. The movie 'Howl' (2013) directed by Rob Epstein, Jeffrey Friedman was showcased to over 30 students who were in attendance
- b) 22 April 2022 Ms. Loretta Rodrigues, Assistant Professor organized a movie screening as part of the TYBA Representation of Gender and Sexuality Course in collaboration with the department's movie club

'Zeitgeist'. The movie 'XXY' (2007) directed by Rob Epstein, Jeffrey Friedman was showcased to over 30 students who were in attendance. The Argentinaian film dealt with the topics of sexuality and Intersex.

- c) 26 April 2022 Mr. Shubhankar Shah, Assistant Professor organized a movie screening as part of the FYBA Introduction to Linguistics & Stylistics Course in collaboration with the department's movie club 'Zeitgeist'. The movie 'Snatch' (2000) directed by Guy Richie was showcased to around 50 students who were in attendance. The focus of the movie was on the phonetic elements of the different accents and dialects spoken by people in Britain as well as the rest of the world and how language and communication are interlinked.
- d) 30 April 2022 Mr. Shubhankar Shah, Assistant Professor organized a movie screening as part of the TYBA Contemporary Literary Theory Course in collaboration with the department's movie club 'Zeitgeist'. The movie 'The Great Gatsby' (2013) directed by Baz Luhrmann was showcased to around 22 students who were in attendance. The movie was screened as a visual interpretation of the novel since the novel is the primary text used for analysis in the various theories learnt in the course.

• Book.ish - Book Chat Club

Ms. Archa Sancou, Assistant Professor organized book chats in collaboration with the department's club Ignite and Bookish book chats as a part of Children's Literature Elective. Students had a book chat as a part of their Continuous assessment. Each of these book chats focussed on different aspects of analysis such as common tropes, illustrations, hidden motives, reflections of author's repressions, etc. Almost all the book chats were attended by 25-30 students.

- a) 07 April 2022: Harry Potter: Tropes- Cliches or Quintessential: What makes Young Adult Fiction so popular? handled aspects such as common tropes, fan theories, YA fiction were discussed as a part of the book chat. Zoya Shaikh Pinto Rebelo was the resource person and almost 32 students actively participated in the book chat.
- b) 13 April 2022: *Peter Pan: A Look back* was organized as part of Continuous assessment. Nathan Colaco was the resource person and around 28 students attended the same. Topics such as the hidden facts about the author, imagery in the text and the dark elements of Children's fiction were discussed.
- c) 19 April 2022: Gender through fables: Status of Women in Panchatantra tales was organized as part of Continuous assessment. Priyanka Naik Desai was the resource person and around 28 students attended the

same. Topics such as patriarchy, themes and its relevance and gender were discussed.

d) 28 April 2022: *Shel Silverstein's Children's Poetry* was organized as part of Continuous assessment. Jisha Ponnachan and Rukma Kanolkar were the resource persons and around 28 students attended the same. Topics such as illustrations, dark humor and age- appropriateness were discussed.

4) Department of Geology

Field trip to Sanguelim reclaimed iron ore mine

A field trip was organized to Sanquelim reclaimed iron ore mine for the students of the Department of Geology to give the students an exposure to the mining industry. Sanquelim Mine is the only mine in Goa that has been reclaimed successfully which is a legal requirement as per the laws, like (MCDR 1966) governing the mining operations. The students got to witness how a mining site & its biodiversity can be restored after the closure of a mine. The field trip was co-ordinated by faculty members Ms. Swati Ghadi & Mr. Malcolm Afonso.



Reclaimed iron ore mine visit

5) Department of Konkani

• Ms. Cialini Fernandes, Assistant Professor compèred the annual award felicitation ceremony organized by Konkani Bhasha Mandal at Ravindra Bhavan Margao on 4th April, 2022.

World Konkani Day

The Department of Konkani in collaboration with 'Chalo School Mega Drive' celebrated the 'World Konkani Day' on 9th April, 2022 to commemorate the 76th Death Anniversary of the father of Konkani language Shennoi Goembab. On this occasion the department organized 'Singing Competition' and 'Wealth out of Waste Competition' for the students of Konkani Department. Mr. Soham Dhargalkar (SYBA) won *First Place*, Mr. Chloy



Costa (FYBSc) won *Second Place* and Ms. Rhea Dias (SYBA) won *Third Place* for the 'Singing Competition'. Ms. Samiksha Naik (SYBA) won *First Place*, Ms. Vanshika Lotliker (TYBA) won *Second Place* and Ms. Simran Costa (TYBA) won *Third Place for* 'Wealth out of waste Competition'.

• Tiatr Screening

Eight students of SYBA, Department of Konkani along with the faculty Ms. Glynis Dias, Ms. Shivani Verenker and Ms. Cialini Fernandes attended screening of a Konkani Tiatr at Ravindra Bhavan, Margao on 25th April, 2022. The objective was that the students would get a visual experience of the Tiatr as a part of their course 'Special study of Konkani Tiatr'.



• Meet the Author

As a part of the course syllabus, nine students of SYBA, Department of Konkani along with the faculty Ms. Glynis Dias, Ms. Shivani Verenker and Ms. Cialini Fernandes visited a renowned Konkani writer Mr. Devidas Kadam on 26th April, 2022 at his residence at Rawandfond, Margao – Goa.



6) Department of Sociology

The Department of Sociology in collaboration with the Human Club organized a rally, a short film screening and face painting on the occasion of 'World Autism Week' on 8th April, 2022 in the college. The event was a great success and taught students an important lesson in activism and sensitivity regarding autism.



World Autism Day Rally

Screening of the film

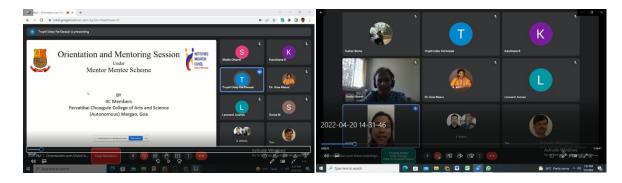
7) Institution Innovation Cell

Orientation cum Vision building/Mentoring Session for Mentee Institutes Under the mentor mentee scheme IIC, the IIC committee of College conducted an online Orientation cum Vision Building / Mentoring Session for all the key functionaries of IIC members of mentee institutes on 20th April, 2022.

The Orientation Programme focused on the key functionaries of IIC, best practices and driving mechanism for I & E Ecosystem and discussion on resource mobilization strategies.

The session began with an introduction session by Ms. Trupti Faldessai, member of IIC; Dr. Shaila R. Ghanti, Off. Principal/ Convener IIC presented on the topic "Innovation & Entrepreneurship Ecosystem" in the college; Dr. Kanchana elaborated on various key functionaries of IIC and Mr. D. Prabhakaran shared the 'Best Practices'.

The programme was attended by Dr. D.Y.Patil Unitech Society's Dr. D. Y. Patil Arts Commerce and Science College Pimpri, Pune, Maharashtra; Rosary College of Commerce & Arts, Navelim, Goa and Vidya Pratishthans Arts Science and Commerce College, Baramati, Maharashtra.



Snapshot of the Orientation Programme

8) Centre for Teaching and Learning (CTL)

CTL in collaboration with IQAC had organized the following workshops and webinar:

- a) Workshop on 'Blogging as a Knowledge Sharing Tool' for faculties of the College on 1st April, 2022. The resource person was Mr. Malcolm Afonso, Assistant Professor, Department of Geology. He shared his experience on how blogging can be used for subject-specific topics as well as a platform to connect with like-minded people. A total of 16 faculties attended the workshop.
- b) 'Blended Learning: An Introduction', a focused learning workshop for faculty & students on 12th April, 2022. The resource person was Mr. Andrew Barreto, Assistant Professor, Department of English. Around 20 students and faculty attended the workshop, where they were introduced to the concept of Blended Learning and how to incorporate it in classrooms for enhanced student engagement.
- c) 'Bloom's Taxonomy', a focused learning workshop for faculty and students on 19th April, 2022. The resource person was Mr. Andrew Barreto, Assistant Professor, Department of English. Around 16 students and faculty attended the workshop, where they were introduced to the concept of Bloom's Taxonomy and how to incorporate it in course curriculums to create Learning outcomes as well as higher order assessments.

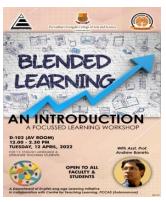
- d) 'Flipped Learning An Introduction', a focused learning workshop for faculty and students on 19th April, 2022 The resource person was Mr. Andrew Barreto, Assistant Professor, Department of English. Around 20 students and faculty attended the workshop where they were introduced to Flipped learning its tenets, benefits and pitfalls.
- e) 'How to Flip Classes?', a focused learning workshop for faculty and students on 26th April, 2022. The resource person was Mr. Andrew Barreto, Assistant Professor, Department of English. Around 213 students and faculty attended the workshop, where they were shown how to flip their classes, the processes, and the various tools that could be used to enhance the classroom.
- f) Online webinar on 'Reflective Teaching' for faculty on 29th April, 2022. The resource person was Mr. Robert Clements, Famous Author, Columnist & Public Speaker. Around 23 participated in the webinar.

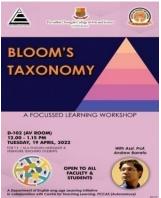


Workshop on 'Blogging as a Knowledge Sharing Tool' along with the resource person Mr. Malcolm Afonso

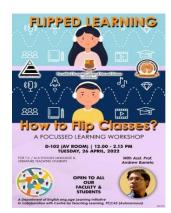


Snapshot of the webinar 'Reflective Teaching' along with the resource person Mr. Robert Clements









Posters of the Workshops

9) Career and Personal Counselling Centre

In the month of April 2022, the Career and Personal Counselling Centre witnessed a total of 15 Counselling sessions on academic and personal issues, three new students for personal counselling and 7 follow-up sessions were conducted for them. Three students from our college and two from other colleges approached the Career and Personal Counselling Centre for career guidance.

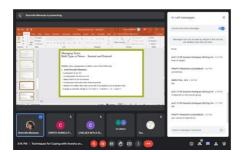
The Career and Personal Counselling Centre organized the following:

• The Regional Employment Exchange, Government of Goa in collaboration with Parvatibai Chowgule College of Arts and Science conducted an Orientation session for Third Year students on 18th April, 2022 .The resource person was Dr. Charlane Pereira e Rebello M.A, Ph.D, SET (Psychology). She delivered a session on the topic "Dealing with Interview Anxiety, Rejection and Waitlist".



The resource person Dr. Charlane Pereira e Rebello delivering the session

• An online talk on 'Strategies for Coping with Stress and Anxiety' for all undergraduate and postgraduate students by Ms. Sharmila Menezes, College Counsellor on 28th April, 2022. The talk aimed at helping the students realize the importance of mental health and dealing progressively with situations when under stress and anxiety. A total of 25 students participated in the talk.



Snapshot of the session

Dr. Shaila R. Ghanti Officiating Principal

Date: 30/05/2022